

# THE UNIVERSITY OF IOWA



# Women's Gymnastics

Women's Gymnastics Contact -- Jana Hemphill

March 15, 2004

## 2004 Schedule

9-6 Overall, 2-0 Big Ten

Cancun Invitational	2nd, 195.35
Iowa State	L, 196.95-196.725
Michigan	W, 196.75-196.325
NC State	W, 196.775-193.725
Utah	L, 197.65-195.9
Maryland	W, 197.15-196.325
at Ill. St. w/UIC	1st, 195.8
Minnesota	W, 196.025-195.75
at Wash. w/Utah & UIC	3rd, 196.9
at Iowa State	L, 197.575-195.65
<b>M20 at Big Ten Champs</b>	<b>6 p</b>
A3 at NCAA Regionals	6 p
A15 at NCAA Nationals	TBA

## 2004 Indiv./Team Bests

**Vault:** ..... **9.975**  
*Alexis Maday and Stephanie Gran*  
**Uneven Bars:** ..... **9.975\***  
*Alexis Maday, twice, last vs Minnesota*  
**Balance Beam:** ..... **9.950**  
*Alexis Maday at Illinois State (2/20)*  
**Floor Exercise:** ..... **9.975^**  
*Maday vs ISU, and Gran vs Michigan*  
**All-Around:** ..... **39.75\***  
*Maday at Maryland (2/14)*

**Team Vault:** ..... **49.525\***  
*at Utah (2/6)*  
**Team Uneven Bars:** ..... **49.3**  
*Twice, vs NC State and at Maryland*  
**Team Balance Beam:** .. **49.425\***  
*at Illinois State (2/20)*  
**Team Floor:** ..... **49.55\***  
*vs Iowa State (1/17)*  
**Team Total:** ..... **197.150\***  
*at Maryland (2/14)*

^ -- Ties School Record  
\* -- School Record

## Hawkeyes on the Web

The media and public can find a valuable and timely source of information about Iowa athletics at its world wide web site:

[www.hawkeyesports.com](http://www.hawkeyesports.com)

## No. 17 GymHawks Travel to Big Ten Championships

**This Week:** The 17th-ranked Iowa women's gymnastics squad will travel to Minneapolis Friday to compete in the Big Ten Championships. Competition will take place at the Sports Pavilion starting at 6 p.m.

**Scouting the Big Ten:** The Big Ten has three ranked teams. Iowa leads the pack at No. 17, with Michigan ranked 19th and Michigan State 25th.

**Vault:** Iowa is ranked first in the Big Ten, followed by Michigan and Penn State. The top three individual vaulters are all from Iowa. Alexis Maday is first, followed by Stephanie Gran and Kortny Williamson.

**Bars:** Iowa is ranked first as a team on bars, while Minnesota is ranked second and Michigan third. Iowa's Maday is first in the Big Ten on bars, while Michigan's Elise Ray is ranked second and Minnesota's Mary Skokut is third.

**Beam:** Michigan is ranked first in the Big Ten on beam. Iowa ranks second and Michigan State third. Ray from Michigan is the top beam individual. Maday is ranked second along with Michigan State's Sarah Alexander.

**Floor:** Iowa is the top-ranked team in the Big Ten. Michigan State is second and Michigan third. The top individual is Maday, followed by Gran. Tied at third are Minnesota's Yernberg and Michigan State's Alexander.

**All-Around:** Maday is ranked first, followed by Michigan's Ray Iowa's Gran.

**Iowa State Notes:** Iowa was defeated by No. 7 Iowa State. Senior Alexis Maday led the Hawkeyes with three individual wins and a second-place finish in the all-around. Maday tied for first on vault with Kortny Williamson. Maday also tied for first on bars and floor. Stephanie Gran placed fourth in the all-around and tied for second on beam.

**In The Rankings:** Iowa is 17th in the latest GymInfo Poll. The GymHawks are ranked on all four individual events. Iowa is 12th on vault and floor, 15th on bars and 20th on beam.

**Maday Second in Nation on Bars:** Alexis Maday is tied for second on bars with a regional qualifying score of 9.955. Maday is also ranked fourth in the all-around (39.635), tied for seventh on floor (9.945) and tied for 16th on vault (9.92).

## GymInfo Poll

Top 25 - Mar. 15 (by Regional Qualifying Avg.)

Team	Season Avg.
1. UCLA	198.040
2. Utah*	197.495
3. Alabama	197.455
4. Georgia	197.410
5. LSU	197.365
6. Stanford	197.350
7. Iowa State*	197.210
8. Florida	197.180
9. Brigham Young	197.125
10. Oregon State	197.090
11. Nebraska	196.960
12. Washington*	196.930
13. North Carolina	196.900
14. Missouri	196.775
15. Arizona	196.775
16. Oklahoma	196.745
<b>17. Iowa</b>	<b>196.610</b>
18. Denver	196.570
19. Michigan*	196.470
20. Auburn	196.435
21. West Virginia	196.335
22. Arizona State	196.325
23. North Carolina State*	196.240
24. Arkansas	196.235
25. Michigan State*	196.130

\* -- GymHawks 2004 opponents (includes dual and Big Ten Championships)

### Team Event

FX	12th	49.415
BB	20th	49.130
UB	15th	49.200
V	12th	49.280

### Individual Event

AA	Alexis Maday	4th	39.635
	Stephanie Gran	18th	39.495
V	Alexis Maday	t16th	9.920
	Stephanie Gran	19th	9.915
	Kortny Williamson	t20th	9.910
UB	Alexis Maday	t2nd	9.955
FX	Alexis Maday	t7th	9.945
	Stephanie Gran	t20th	9.925

## Sports Information

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## Gymnastics Quick Facts

Head Coach: ..... Mike Lorenzen  
 Alma Mater/Year: ..... Maryland/1986  
 Record at Iowa/Years: ..... 17-21/4  
 Overall Record/Years: ..... same  
 Associate Head Coach: ..... Larissa Libby  
 Alma Mater/Year: ..... Louisiana State/1996  
 Assistant Coach: ..... Derek May  
 Alma Mater/Year: ..... San Jose State/1994  
 Gymnastics Secretary: ..... Irene Pearson  
 Gymnastics Office Phone: ... (319) 335-9741  
 2003 Record: ..... 5-5  
 2003 Conference Record/Finish: ..... 3-0/2nd  
 2003 Postseason: ..... NCAAs/11th  
 Letterwinners Returning/Lost: ..... 11/3  
 Newcomers: ..... 5

## Hawkeye Gymnastics Continued...

**Individuals Nationally Ranked:** The GymHawks also have Stephanie Gran and Kortny Williamson nationally ranked. Gran is 18th in the all-around, 19th on vault and tied for 20th on floor. Williamson is tied for 20th on vault.

**Six Records Broken This Season:** The GymHawks have broken six school records this year. All team records except for bars have been bested. Individual records that have been broken include the all-around and bars, while the floor record has been tied twice this season.

**Senior Leadership:** Seniors Alexis Maday and Stephanie Gran hold all the individual season bests for the GymHawks. On vault and floor, Maday and Gran are tied with scores of 9.975. On bars, Maday leads the team with a 9.975. Maday also has the highest score on beam with a 9.95 and leads in the all-around with a 39.75.

**Quoting Coach Lorenzen:** "We've had some consistency issues on bars in the last month, but we still believe we're one of the best teams in the conference and the country. The Big Ten Championships are always competitive and we're excited to go up against some great competition in a neutral setting. We're looking forward to having our most enjoyable competitive experience of the year."

## 2004 Iowa Gymnastics Roster

Name	Ht.	Yr.	Hometown
Nathalie Balfour	5-5	So.	West Vancouver, British Columbia
Beth Dilick	5-3	Fr.	King George, VA
Liz Grajewski	5-4	So.	Covington, WA
Stephanie Gran	5-0	Sr.	Wauconda, IL
Brandy Killian	5-3	Sr.	Owosso, MI
Tiffany Kwan	5-3	So.	Unionville, Ontario
Danielle Legeai	4-11	Fr.	New Orleans, LA
Mindi Levitz	5-0	Jr.	Sunnyvale, CA
Krista Lewis	5-3	Fr.	Woodridge, IL
Alexis Maday	5-6	Sr.	Upper Marlboro, MD
Romina Mazzoni	5-5	Fr.	Buenos Aires, Argentina
Annie Rue	5-4	Jr.	Reisterstown, MD
Melissa Saliba	5-1	So.	Nashville, TN
Kortny Williamson	5-4	So.	Manheim, PA
Nicole Wong	5-7	Sr.	Virginia Beach, VA
Bobbie Zimmerman	5-5	Fr.	Naperville, IL

**Head Coach:** Mike Lorenzen (fifth season)

**Associate Head Coach:** Larissa Libby (fourth season)

**Assistant Coach:** Derek May (third season)