



UNIVERSITY OF IOWA TRACK AND FIELD



INDOOR TRACK AND FIELD CHAMPIONSHIPS

February 24-25, 2012
Devaney Center Indoor Track

THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



TRACK AND FIELD CONTACT: BRANDEE BRITT

February 22, 2012

2011-12 IOWA TRACK & FIELD INDOOR SCHEDULE

Date	Meet	Result
Jan. 4	New Year's Classic (Iowa City, Iowa)	No Team Scores
Jan. 21	at Adidas Classic (Lincoln, Neb.)	M: 2nd W: 3rd
Jan. 27-28	at Razorback Invite (Fayetteville, Ark.)	No Team Scores
Feb. 3-4	at Meyo Invite (South Bend, Ind.)	No Team Scores
	at New Balance Invite (New York City, New York)	No Team Scores
Feb. 10-11	at Iowa State Classic (Ames, Iowa)	No Team Scores
	at Tyson Invite (Fayetteville, Ark.)	No Team Scores
	Husky Invite (Seattle, Wash.)	No Team Scores
Feb. 17	Iowa Invitational (Iowa City, IA)	No Team Scores
Feb. 24-25	at Big Ten Championships (Lincoln, Neb.)	
Mar. 3	at NCAA Last Chance Meet (TBA)	
Mar. 9-10	at NCAA Championships (Boise, Idaho)	

IOWA COACHING STAFF

Layne Anderson	Head Track & Field Coach
Larry Wieczorek	Director of Track & Field
Scott Cappos	Director of Field Events
Clive Roberts	Assistant Coach
.....	Horizontal jumps, women's short
.....	sprints, hurdles, relays
Christi Smith	Assistant Coach
.....	Combined events, vertical jumps
Joey Woody	Assistant Coach
.....	Men's sprints, short hurdles and relays
.....	women's long sprints and hurdles

THIS WEEK

The University of Iowa track and field team travels to Lincoln, Neb. to compete at the Big Ten Indoor Championships on Friday and Saturday. The meet will be held at Devaney Center Indoor Track on the University of Nebraska campus. The championships are scheduled to begin Friday at 10 a.m. and continue through Saturday. Live Results will be available on hawkeyesports.com.

2011 MEN'S BIG TEN INDOOR CHAMPIONSHIPS

The Hawkeye men finished fourth as a team at last year's Indoor Big Ten Championships. The team crowned six athletes in three events. Justin Austin took the 200 meter title running a time of 21.23, while Troy Doris took the title in the triple jump with his leap of 52-6 (16.00m). The 1,600-meter relay team also earned a Big Ten title. The team of Patrick Richards, Ethan Holmes, Erik Sowinski, and Steven Willey ran a time of 3:12.13 to finish first.

2011 WOMEN'S BIG TEN INDOOR CHAMPIONSHIPS

The Hawkeye women tied for eighth place at last year's Big Ten Indoor Championships. Betsy Flood was the runner up in the 3,000 and 5,000 meters. Flood ran both races in career record-setting times. Ashley Liverpool earned a second place finish in the 400 meters with a time of 54.79. The women's 1,600-meter relay team also captured a second place finish. The team of Liverpool, Tiffany Hendricks, Nicole Erickson, and Bethany Praska ran a time of 3:40.38.

AUSTIN GETS BIG TEN RECOGNITION

Junior Justin Austin was recognized Monday as the Big Ten Track Athlete of the Week. Austin earned a first place finish in the 60 meters (6.97) and the 200 meters (21.48) Feb.17 at the Iowa Invitational. His 200 meter converted time (21.08) ranks second in the Big Ten and 13th nationally. Austin's 60 meter time is ranked seventh in the Big Ten.

DORIS RANKED THIRD IN NATION

Senior Troy Doris's triple jump leap of 53-5 (16.28m) at the Razorback Invitational ranks first in the Big Ten. That mark also ranks third in the nation. Doris currently holds the triple jump record at Iowa (54-0; 16.46m).

SOWINSKI IN TOP 20

Erik Sowinski is ranked third in the conference for his performance in the 600 meters at the adidas Classic. Sowinski ran a time of 1:16.91 to break the school record. Sowinski is also ranked fifth in the Big Ten in the 800 meters. His 800 meter time of 1:48.58 ranks 13th in the nation.

SCHRULLE AMONG TOP FIVE

Graduate Student Mareike Schrulle is ranked fifth in the Big Ten in the 3,000 meters. Schrulle's time of 9:23.97 ranks seventh all-time at Iowa.

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LIVERPOOL RANKED SIXTH

Sophomore Ashley Liverpool is currently ranked sixth in the Big Ten in the 400 meters. Liverpool ran a time of 54.82 at the Notre Dame Meyo Invitational on Feb. 3. Liverpool's personal best mark of 54.09 currently ranks fourth all-time at Iowa.

MEET THE RECORD HOLDERS

Seven Hawkeyes on the 2012 roster account for 10 individual school records. They include:

Justin Austin: 60 (6.69) and 200 meters (20.80)
 Troy Doris: Triple Jump (54-0/16.46m)
 McKenzie Melander: Mile (4:39.78)
 Jordan Mullen: 60-meter hurdles (7.75)
 Erik Sowinski: 600 (1:16.91) and 800 meters (1:47.98)
 Kelsey Taylor: Weight Throw (60-4 1/2/18.40)
 Jeff Thode: Mile (3:58.72) and 3,000 meters (8:00.38)

NEXT ON THE BLOCK

The Hawkeyes will split team's between Ames, Iowa, and South Bend, Ind. for the Last Chance Meet on Mar. 3.

HEAD COACH LARRY WIECZOREK

Larry Wieczorek is in his 25th season as head men's cross country coach and his 16th season as head men's track and field coach at the University of Iowa. He served as an assistant track and field coach for 12 years before taking the helm in 1997.

Last season, Wieczorek guided 28 qualifiers, made up of 20 student-athletes competing in 13 individual events and two relays to the NCAA Outdoor Championships preliminary round.

HEAD COACH LAYNE ANDERSON

Layne Anderson is in his fourth year as head coach of the University of Iowa women's cross country and track and field teams. He has served as the Hawkeyes' head women's cross country coach for the past eight seasons, and was the interim head women's track and field coach in 2008. From 2003-07, he served as an assistant women's track and field coach for the Hawkeyes.

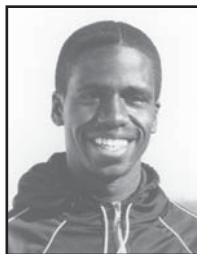
2011-12 INDOOR SEASON LEADERS

MEN'S		WOMEN'S	
60 meters	Troy Doris/Justin Austin..... 6.79	60 meters	Raven Moore 7.63
60 meter hurdles	Jordan Mullen..... 7.78	60-meter hurdles	Khanishah Williams 8.96
200 meters	Justin Austin 21.48	200 meters	Erin Jones 24.31
400 meters	Justin Austin 47.61	400 meters	Ashley Liverpool..... 54.82
600 meters	Erik Sowinski 1:16.91	500 meters	Kelsey Quinn..... 1:14.84
800 meters	Erik Sowinski 1:48.58	600 meters	Nicole Erickson 1:32.74
1,000 meters	Eric Sowinski 2:24.15	800 meters	Lena Placzek..... 2:16.54
3,000 meters	Jeff Thode 8:16.36	3000 meters	Mareike Schrulle 9:23.97
Mile	Jeff Thode 4:06.11	Mile	Brooke Eilers 4:50.15
High Jump	Jeffery Herron..... 2.10 m	High Jump	Khanishah Williams 1.73 m
Pole Vault	Kyle Reid..... 4.78 m	Pole Vault	Brittany Holst 3.43 m
Long Jump	Jeffery Herron..... 7.33 m	Long Jump	Carisa Leacock 5.84 m
Triple Jump	Troy Doris 16.28 m	Triple Jump	Carisa Leacock 12.33 m
Shot Put	Ryan Lamparek..... 17.37 m	Shot Put	Rachel Curry..... 14.67 m
Weight Throw	Matt Banse..... 20.62 m	Weight Throw	Jasmine Simpson 17.55 m
1,600 meter relay	Van Cleave, Richards, Sowinski, Rickels 3:11.20	1,600-meter relay	Simonson, Erickson, Sack, Liver- pool 3:42.42

INDOOR ALL-TIME TOP TEN PERFORMERS



Justin Austin



Rodney Chambers



Jim Costello



Troy Doris



Bill Hansen



John Hickey



Ethan Holmes

60 Meters

1. Justin Austin, 2011 6.69
2. Kurt Felix, 1999..... 6.73
3. Tony Branch, 1999..... 6.78
4. **Troy Doris, 2012..... 6.79**
5. Paul Chaney, Jr., 2009..... 6.80
- D’Juan Richardson, 2010..... 6.80**
7. Derrick Burks, 2005..... 6.81
8. Zeke Sayon, 2010..... 6.82
- Tevin-Cee Mincy, 2011..... 6.82**
10. Tim Dodge, 2001..... 6.83

60-Meter Hurdles

1. Jordan Mullen, 2011..... 7.75
2. Dion Trowers, 1997..... 7.87
3. Russell Peterson, 2004..... 7.97
4. DeRocco Reed, 2000..... 8.03
- Dan Davis, 2012..... 8.03**
6. **Ethan Holmes, 2011..... 8.08**
7. **Torry Campbell, 2012..... 8.11**
8. Jordan Crosby, 2005..... 8.16
9. D’Juan Richardson, 2009..... 8.20
10. Justin Poots, 2001..... 8.22

200 Meters

1. Justin Austin, 2011..... 20.80
2. Anthuan Maybank, 1993..... 21.11
3. Bashir Yamini, 1999..... 21.19
4. Tim Dodge, 2000..... 21.26
5. Paul Chaney, Jr., 2009..... 21.34
6. George Page, 1997..... 21.35
7. Zach Digney, 2004..... 21.39
8. Tony Branch, 1998..... 21.46
9. David Chaplin, 2006..... 21.49
10. Adam Kunkel, 2001..... 21.55

400 Meters

1. Steven Willey, 2010..... 46.75
2. Terrence Duckett, 1984..... 46.81
3. Andre Morris, 1995..... 47.15
4. Monte Raymond, 1998..... 47.18
5. Anthuan Maybank, 1990..... 47.25
6. **Patrick Richards, 2011..... 47.35**
7. Juan Coleman, 2002..... 47.40
8. **Justin Austin, 2012..... 47.61**
9. Curtis Chung, 1989..... 47.65
10. Ray Varner, 2008..... 47.66

600 Meters

1. Erik Sowinski, 2012..... 1:16.91
2. Steven Willey, 2011..... 1:17.94
3. Pat McGhee, 1988..... 1:18.30
4. Chris Barton, 2011..... 1:18.75
5. Adam Hairston, 2009..... 1:19.05
6. Monte Raymond, 1997..... 1:19.18
7. Scott Williamson, 2001..... 1:19.19
8. D’Juan Strozier, 1990..... 1:19.20
9. Gary Falls, 1991..... 1:19.32
10. Zach Splan, 2007..... 1:19.39

800 Meters

1. Erik Sowinski, 2011..... 1:47.98
2. Adam Hairston, 2010..... 1:49.26
3. **Nick Kuczvara, 2010..... 1:49.59**
4. **Nathan Prom, 2012..... 1:50.90**
5. Dave Novotny, 1996..... 1:51.27
6. Jim Docherty, 1973..... 1:51.30
7. Rod Chambers, 1989..... 1:51.33
8. Jim Donovan, 1999..... 1:51.52
9. Michael Layne, 1997..... 1:51.54
10. Bill Frazier, 1963..... 1:51.80

Mile

1. **Jeff Thode, 2011..... 3:58.72**
2. Ed DeLashmutt, 1981..... 4:04.01
3. Larry Wieczorek, 1968..... 4:04.40
4. John Clark, 1972..... 4:05.94
5. Adam Thomas, 2002..... 4:07.13
6. Kevin Herd, 1992..... 4:07.26
7. Jesse Luciano, 2009..... 4:07.29
8. Jake Berns, 2006..... 4:07.43
9. Micah VanDenend, 2007..... 4:07.54
10. Ted Wheeler, 1956..... 4:07.74

3,000 Meters

1. **Jeff Thode, 2011..... 8:00.38**
2. Micah VanDenend, 2006..... 8:00.81
3. Eric MacTaggart, 2006..... 8:08.79
4. Stetson Steele, 2000..... 8:09.54
5. Dan Haut, 2005..... 8:11.36
6. Kevin Herd, 1994..... 8:11.51
7. **Nick Holmes, 2010..... 8:15.48**
8. Andy Napier, 2008..... 8:15.70
9. Larry Wieczorek, 1968..... 8:17.00
10. Matt Esche, 2004..... 8:17.28

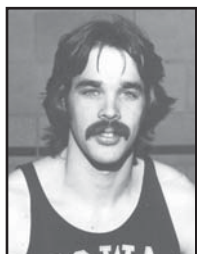
5,000 Meters

1. Micah VanDenend, 2007..... 13:56.46
2. Stetson Steele, 2000..... 14:00.52
3. Dan Haut, 2006..... 14:06.16
4. Eric MacTaggart, 2006..... 14:13.41
5. **Jeff Thode, 2011..... 14:16.00**
6. Matt Esche, 2004..... 14:18.43
7. Jeff Kent, 2007..... 14:18.86
8. Jesse Luciano, 2009..... 14:20.99
9. Nick Nordheim, 2002..... 14:22.99
10. Kevin Herd, 1994..... 14:27.57

Heptathlon

1. Dan Rolling, 2010.....5,205 points
2. Ryan Niver, 2008.....5,149 points
3. Frank Prill, 2010.....5,015 points
4. **Jack Eckert, 2012..... 4,840 points**
5. Scott Faber, 2000.....4,784 points
6. Cam Appleman, 1997.....4,685 points
7. **Kyle Reid, 2010..... 4,662 points**
8. Bobby Windauer, 2007.....4,644 points
9. Jacob Drewry, 1995.....4,612 points
10. Mark Mankivsky, 2008.....4,453 points

INDOOR ALL-TIME TOP TEN PERFORMERS



Bill Knoedel



Anthuan Maybank



Jordan Mullen



Patrick Richards



Dan Rolling



Erik Sowinski



Jeff Thode

High Jump

1. Bill Knoedel, 1976.....7-3 (2.21)
Bill Hansen, 1978.....7-3 (2.21)
3. Scott Hudek, 19937-0 1/2 (2.15)
4. Pat Meade, 19877-0 1/4 (2.14)
5. Mike Lacy, 1984.....7-0 (2.13)
6. M. Cunningham, 19846-11 1/4 (2.11)
7. **Jeffery Herron, 20106-11 (2.11)**
Peter Hlavin, 19806-11 (2.11)
Brandon Oest, 2010.....6-11 (2.11)
Dan Rolling, 20086-11 (2.11)
Graham Valdes, 2010.....6-11 (2.11)

Pole Vault

1. Todd Wigginton, 198417-1 (5.21)
2. Dave Nielsen, 197516-10 (5.13)
3. Curt Brock, 1979.....16-6 (5.03)
4. Alex Zona, 2010.....16-4 3/4 (5.00)
Kyle Reid, 201016-4 3/4 (5.00)
6. Phil Wertman, 197116-4 (4.98)
7. Jeff Raymond, 2008.....16-2 (4.93)
8. John Teffer, 197216-1 (4.90)
9. Chad Ohly, 199515-9 (4.80)
Rich Palumbo, 198915-9 (4.80)

Long Jump

1. Anthuan Maybank, 1992.....26-5 1/2 (8.06)
2. Bashir Yamini, 1998.....26-0 1/4 (7.93)
3. Darren Smith, 1991.....25-2 (7.67)
4. Paul Jones, 1990.....24-11 1/4 (7.60)
5. Ronnie McCoy, 1984.....24-9 (7.54)
6. Matty Gorman, 2006.....24-8 1/2 (7.53)
7. Charles Jones, 1980.....24-8 1/4 (7.52)
8. Quinn Early, 198624-7 1/4 (7.50)
9. **Jeffery Herron, 201124-7 (7.49m)**
10. Lee Farmer, 194223-9 1/4 (7.24)

Triple Jump

1. **Troy Doris, 201154-0 (16.46)**
2. Paul Jones, 199052-1 1/4 (15.88)
3. Mike Lacy, 198349-0 (14.93)
4. Owen Gill, 198248-10 3/4 (14.90)
5. Josh Bean, 2009.....48-10 (14.88)
6. Gordon Finch, 198848-3 3/4 (14.72)
7. Matty Gorman, 200648-3 1/2 (14.72)
8. Pat Miller, 198447-11 (14.60)
9. Brian Quarles, 1980.....46-9 3/4 (14.26)
10. Darren Smith, 1992.....46-3 1/2 (14.11)

Shot Put

1. John Hickey, 2009.....63-0 (19.20)
2. Jeremy Allen, 200162-10 1/2 (19.16)
3. Shane Maier, 2006.....61-2 (18.64)
4. G. Kostrubala, 1986.....60-10 3/4 (18.55)
5. Andy Banse, 200560-9 1/4 (18.52)
6. Ken Kemeny, 2004.....60-0 1/2 (18.30)
7. Chris Gambol, 1987.....59-0 (17.98)
8. A. van der Westhuizen, 1999 58-10 3/4 (17.95)
9. A.J. Curtis, 200857-9 1/2 (17.61)
10. **Ryan Lamparek, 201257-0 (17.37)**

Weight Throw

1. Jim Costello, 200269-4 3/4 (21.15)
2. **Matt Banse, 2012.....67-0 (20.62)**
3. A. van der Westhuizen, 2001..67-7 1/2 (20.61)
4. Adam Hamilton, 200766-9 1/4 (20.35)
5. Jeremy Allen, 200165-10 1/4 (20.07)
6. Chris Voller, 2005.....63-4 (19.30)
7. **Ryan Lamparek, 201161-0 1/4 (18.60)**
8. Brad Daufeldt, 2004.....60-4 1/2 (18.40)
9. Ryan Jordan, 200859-0 (17.98)
10. **Ben Stancombe, 2012.....57-4 3/4 (17.49)**

1,600-Meter Relay

1. Richards, E. Holmes, Sowinski, Willey, 2011 3:06.66
2. Rozell, Davis, Raymond, Yamini, 1998.....3:06.80
3. Coleman, Faber, Strang, Peterson, 20023:07.44
4. **Richards, Sowinski, E. Holmes, Willey, 2011 3:07.84**
5. Greer, Williams, Smith, Duckett, 19843:08.14
6. Card, Coleman, Williamson, Dodge, 2001.....3:08.21
7. Davis, Rozell, Page, Morris, 19953:08.77
8. Dodge, Williamson, Card, Peterson, 2001.....3:08.82
9. **Richards, E. Holmes, Barton, Willey, 20113:08.85**
10. Branch, Dodge, Donovan, Yamini, 1999.....3:08.99

3,200 Meter Relay

1. Cooke, Nie, Monsey, Chambers, 19907:13.02
2. Corrigan, Blackman, Strozier, Chambers, 1989.....7:29.00
3. English, Blackman, Strozier, Chambers, 1989 7:36.20
4. 1977.....7:39.40
5. 1986.....7:40.90
6. Bouske, Herd, Chambers, Koon, 19927:43.94
7. Bouska, Cook, White, Herd, 19927:48.63
8. 1992.....7:49.86
9. 1986.....7:50.10
10. Roseman, Rerko, Novotny, Branigan, 1993.....7:51.36

Distance Medley Relay

1. 1999.....9:46.83
2. 1977.....9:48.80
3. 1978.....9:49.70
4. **Kuczvara, Barton, Kuhlman, N. Holmes, 2010.....9:51.05**
5. Marchese, Varner, Hairston, Luciano, 2009.....9:52.52
6. Paul, Varner, Hairston, **Thode, 20109:52.71**
7. **Prom, Richardson, Sowinski, Thode, 20119:57.44**
8. Trainor, Faber, Cunningham, Allen, 20029:58.14
9. Newell, Eisenlauer, Tice, Clark, 197310:00.0
10. Criswell, Hexum, Schum, Eastland, 1971.....10:01.40



Micah VanDenend



Todd Wigginton



Steven Willey

INDOOR ALL-TIME TOP TEN PERFORMERS



Kineke Alexander



Meghan Armstrong



Tracy Dahl



Nicole Erickson



Karessa Farley



Senta Hawkins



Lauren Hardesty

60 Meters

1. Elaine Jones, 1983 7.43
2. Peaches Roach, 2005 7.45
3. Shellene Williams, 2004 7.50
4. Jiselle Providence, 2002 7.52
5. Rhonda-Kaye Trusty, 2010 7.55
6. **Erin Jones, 2011..... 7.55**
7. Angela Menson, 1982..... 7.57
8. **Raven Moore, 2012 7.63**
9. Tamara Dixon, 2002..... 7.64
10. Lakeya Boatright, 1999..... 7.68

60-Meter Hurdles

1. Karessa Farley, 2009..... 8.21
2. Tiffany Johnson, 2006 8.33
3. Paula Ruen, 1998 8.39
4. Sarah Steffen, 2002..... 8.45
5. Renee White, 2008 8.45
6. Colleen Prendergast, 2000 8.57
7. Tammilee Kerr, 2008..... 8.60
8. Kimberly Stanford, 2008 8.63
9. Diane Steinhart, 1981..... 8.64
10. Ruqayya Raheem, 1999..... 8.74

200 Meters

1. Kineke Alexander, 2006..... 23.49
2. Shellene Williams, 2004 23.62
3. Marlene Poole, 1994..... 23.66
4. Yolanda Hobbs, 1995 23.66
5. Erica Broomfield, 1998 23.81
6. **Erin Jones, 2011..... 24.01**
7. Rhonda-Kaye Trusty, 2010 24.05
8. Peaches Roach, 2007 24.09
9. Jiselle Providence, 2002..... 24.44
10. **Raven Moore, 2012 24.65**

400 Meters

1. Kineke Alexander, 2007 51.48
2. Ellen Grant, 1996..... 52.65
3. Shellene Williams, 2004 52.83
4. **Ashley Liverpool, 2011 54.09**
5. Tiffany Hendricks, 2011 55.06
6. Wynsome Cole, 1997 55.45
7. Nicole Charles, 2002 55.59
8. Senta Hawkins, 1988..... 55.66
9. Marlene Poole, 1993..... 55.20
10. Aisha Hume, 2002 56.33
- Lindsey McCalla, 2006 56.33

600 Yards

1. Senta Hawkins, 1987..... 1:21.06
2. Aisha Hume, 2004..... 1:21.74
3. Kay Stormo, 1982..... 1:22.49
4. **Nicole Erickson, 2012..... 1:22.61**
5. Bethany Praska, 2009 1:23.12
6. **Hannah Simonson, 2012..... 1:23.18**
7. Chris Davenport, 1982..... 1:24.14
8. Sophia Poncè, 2007 1:24.55
9. Wynsome Cole, 1995 1:24.83
10. **Maisie Vachuska, 2012..... 1:25.38**

600 Meters

1. Kineke Alexander, 2008 1:27.45
2. Bethany Praska, 2011..... 1:28.14
3. Senta Hawkins, 1987..... 1:30.77
4. Karen Layne, 1990 1:31.45
5. Kay Stormo, 1982 1:32.30
6. Aisha Hume, 2004 1:32.41
7. **Nicole Erickson, 2012..... 1:32.74**
8. Sophia Chow, 2002..... 1:33.54
9. Tiffany Hendricks, 2011 1:34.16
10. Ann Pare, 1997..... 1:34.95

800 Meters

1. Bethany Praska, 2011..... 2:05.01
2. Jeanne Kruckeberg, 1989..... 2:06.38
3. Michelle Lahann, 2004..... 2:06.83
4. Briana Benning, 1996 2:09.22
5. Kay Stormo, 1981 2:11.04
6. Ann Pare, 1997..... 2:11.19
7. Lauren Hardesty, 2011..... 2:11.80
8. Atalie Barber, 2003 2:12.10
9. Shannon Stanley, 2005..... 2:12.13
10. **Betsy Flood, 2011..... 2:12.73**

Mile

1. **McKenzie Melander, 2011..... 4:39.78**
2. Jeanne Kruckeberg, 1989..... 4:40.19
3. Meghan Armstrong, 2006 4:40.59
4. Lauren Hardesty, 2011..... 4:41.01
5. Tina Stec, 1994..... 4:42.63
6. **Betsy Flood, 2010 4:42.70**
7. Penny O'Brien, 1981..... 4:43.72
8. Diane Nukuri, 2007 4:46.25
9. Michelle Lahann, 2004..... 4:47.23
10. Amanda Hardesty, 2010 4:48.69

3,000 Meters

1. Tracy Dahl, 1993 9:15.57
2. Meghan Armstrong, 2008 9:17.50
3. Diane Nukuri, 2008 9:20.07
4. **Betsy Flood, 2011 9:20.09**
5. Nan Doak, 1982..... 9:21.60
6. Jenny Spangler, 1986 9:22.41
7. **Mareike Schrulle, 2012 9:23.97**
8. Krista Anderson, 2006 9:29.75
9. Amanda Hardesty, 2010 9:30.17
10. **McKenzie Melander, 2012..... 9:33.76**



Tiffany Hendricks



Elaine Jones



Tammilee Kerr



Ashley Liverpool



McKenzie Melander



Lisa Moats

INDOOR ALL-TIME TOP TEN PERFORMERS



Diane Nukuri



Bethany Praska



Peaches Roach



Gail Smith



Jessie Strand



Kelsey Taylor



Renee White

5,000 Meters

1. Tracy Dahl, 1993 15:49.52
2. Nan Doak, 1985..... 15:55.45
3. Racheal Marchand, 2009 15:55.70
4. Diane Nukuri, 2008..... 16:01.36
5. Jenny Spangler, 1982..... 16:08.74
6. Judy Parker, 1981..... 16:16.63
7. **Betsy Flood, 2011 16:20.67**
8. Jennifer Brower, 1992..... 16:22.19
9. Nikki Chapple, 2004 16:27.04
10. Jodi Hersberger, 1982 16:32.24

High Jump

1. Peaches Roach, 20056-0 3/4 (1.85)
2. Mary Mol, 1983.....6-0 (1.83)
3. Becky Kaza, 1995.....5-9 3/4 (1.77)
4. Caleigh Bacchus, 2010.....5-9 1/4 (1.76)
5. Kristi Dinkla, 1985.....5-8 1/2 (1.74)
6. Kacey Childs, 2001.....5-8 1/2 (1.74)
7. Traci Claussen, 1987.....5-8 (1.73)
8. **Khanishah Williams, 2012.....5-8 (1.73)**
9. Kathy Gillespie, 1983.....5-7 3/4 (1.72)
10. Lynn McMillan, 1988.....5-7 1/4 (1.71)
11. Tammilee Kerr, 20085-7 1/4 (1.71)

Pole Vault

1. Jessie Strand, 2004 12-5 1/2 (3.80)
2. Sarah Burgett, 2007 11-10 (3.61)
3. **Kirsten Weismantle, 2011 11-5 3/4 (3.50)**
4. **Brittany Holst, 2012..... 11-3 (3.43)**
5. **Katie Truedson, 2010 10-11 3/4 (3.35)**
6. Gina Shannon, 200110-6 (3.20)
7. Kacey Childs, 20019-0 (2.75)
8. Amy Kasparbauer, 2000.....8-0 (2.44)

Long Jump

1. Lisa Moats, 198619-6 (5.95)
2. Renee White, 2006.....19-3 1/4 (5.87)
3. Tiffany Johnson, 200719-2 1/2 (5.85)
4. **Carisa Leacock, 2012 19-2 (5.84)**
5. Davera Taylor, 1984.....19-1 1/2 (5.83)
6. Yolanda Hobbs, 199319-1 (5.80)
7. Kamesha Marshall, 2005 18-11 1/4 (5.77)
8. Catharine Parmiter, 2000.....18-7 1/2 (5.68)
9. **Zinnia Miller, 2012.....18-5 3/4 (5.63)**
10. Jessie Strand, 2000.....18-3 1/4 (5.57)

Triple Jump

1. Renee White, 2008.....42-4 (12.90)
2. Tiffany Johnson, 2007 41-3 3/4 (12.59)
3. **Carisa Leacock, 2012 40-5 1/2 (12.33)**
4. Becki Borg, 198739-6 (12.04)
5. Lynn McMillan, 1988.....38-2 (11.63)
6. Lisa Moats, 198535-1 (10.69)
7. Becca Franklin, 200434-3 (10.44)

Shot Put

1. Gail Smith, 198551-0 (15.54)
2. Lisa Van Steenwyk, 199350-5 1/4 (15.37)
3. Kamesha Marshall, 200549-2 1/4 (14.99)
4. Denise Taylor, 199248-9 (14.86)
5. **Rachel Curry, 2012.....48-1 3/4 (14.67)**
6. Megan Maurer, 199547-5 3/4 (14.47)
7. Laura Kriener, 199047-5 (14.45)
8. Jennifer Gilson, 2002.....46-11 (14.30)
9. Jennifer Moon, 2000.....45-9 (13.94)
10. Tiffany Medenwaldt, 2010.....45-9 (13.94)
11. **Micaela Haight, 2011.....45-9 (13.94)**

Weight Throw

1. Kelsey Taylor, 201160-4 1/2 (18.40)
2. Majesty Tutson, 201158-4 (17.78)
3. Becca Franklin, 200758-3 1/4 (17.76)
4. **Jasmine Simpson, 2012 57-7 (17.55m)**
5. **Annemie Smith, 201257-3 3/4 (17.47)**
6. **Ashlyn Gulvas, 2012..... 57-0 3/4 (17.39m)**
7. Erin O'Hern, 2008.....56-3 (17.14)
8. Mandy Chandler, 200954-4 1/2 (16.57)
9. Kerri Blackstone, 199950-9 3/4 (15.48)
10. Tiffany Medenwaldt, 2010.....50-8 3/4 (15.45)

Pentathlon

1. Tammilee Kerr, 20083,974 points
2. Chris Davenport, 19833,798 points
3. Kamesha Marshall, 20053,701 points
4. Tiff Pedersen, 20043,511 points
5. Maureen Abel, 19793,427 points
6. Janet Adams, 19813,360 points
7. Janelle Jaspers, 19873,366 points
8. Kacey Childs, 19993,224 points
9. Katie Herrmann, 20043,154 points

1,600-Meter Relay

1. **Liverpool, Hendricks, Praska, Erickson, 2011 3:36.97**
2. **Liverpool, Hendricks, Erickson, Praska, 2011 3:37.58**
3. Hendricks, Erickson, Praska, Liverpool, 2011 3:39.15
4. Hendricks, Praska, Erickson, Liverpool, 2011 3:40.42
5. McCalla, Granger, Alexander, Johnson, 2006 3:40.52
6. **Simonson, Erickson, Sack, Liverpool, 2012 3:42.42**
7. Johnson, McCalla, Alexander, Granger, 2006 3:42.44
8. Alexander, Johnson, Ponce, M. Mims, 2007 3:42.75
9. White, Alexander, Kerr, Hendricks, 2008 3:43.83
10. Hendricks, Trusty, Praska, K. Mims, 2010 3:44.29

Distance Medley Relay

1. Armstrong, Alexander, L. Hardesty, Nukuri, 2008 11:20.11
2. Melander, Hendricks, L. Hardesty, Eilers, 2011 11:22.44
3. Stormo, Davenport, Williams, O'Brien, 1981 11:23.02
4. Melander, Praska, Hendricks, Flood, 2011 11:24.07
5. Flood, Hendricks, L. Hardesty, Melander, 2010 11:25.01
6. Melander, Hendricks, Flood, Marchand, 2009 11:27.34
7. Benning, Poole, Salsberry, Stec, 1994 11:28.03
8. Stormo, Davenport, Hayden, Doak, 1982 11:29.54
9. Armstrong, Granger, Stanley, K. Anderson, 2006 11:29.54
10. Lahann, Williams, Stanley, Arens, 2004 11:30.36

University of Iowa Track and Field

Big Ten Indoor Championships 2012

- HAWKEYES TO WATCH -



Troy Doris

Senior - Jumps
Bolingbrook, Ill.
College of DuPage

Hawk Item -- 2011 All-American... placed sixth in triple jump (53-5 1/2, 16.29m) at 2011 NCAA Championships... Big Ten Indoor and Outdoor Champion in triple jump (52-6 16.00m)... currently leads the Big Ten in the triple jump with a leap of 53-5 (16.28m).



Justin Austin

Junior - Sprints
Milwaukee, Wis.
Kentucky

Hawk Item -- 2011 All-American... placed fifth in 200 meters with a school record setting 20.8 at NCAA Championships.

Personal -- born October 8, 1989... son of Tanz Robertson... engineering major.



Patrick Richards

Senior - Sprints
Colorado Springs, Colo.
Widefield

Hawk Item -- 2011 All-American... ran lead leg on 1,600-meter relay that placed fourth at NCAA Championships (3:07.16)... also ran lead leg on 1,600-meter relay that won Big Ten title (3:12.13)

Personal -- born August 6, 1990... son of Patrick and Deborah Richards... communication studies and interdepartmental studies major.



Ethan Holmes

Junior - Sprints
Clinton, Iowa
Clinton

Hawk Item -- All-American, ran second leg on 1,600-meter relay that placed fourth at NCAA Championships (3:07.16)... also ran second leg on 1,600-meter relay that won Big Ten title (3:12.13).

Personal -- born March 16, 1991... son of Dan and Renee Holmes... art and health and human physiology major.



Erik Sowinski

Senior - Middle Distance
Waukesha, Wis.
West High School

Hawk Item -- Two-time 2011 All-American ran third leg on 1,600-meter relay that placed fourth at NCAA Championships (3:07.16)... also ran second leg on 1,600-meter relay that won Big Ten title (3:12.13).

Personal -- born December 21, 1989... son of Bryan and Jane Sowinski... integrative physiology major.



Betsy Flood

Senior - Middle Distance
Des Moines, Iowa
Dowling

Hawk Item -- runner-up in 3,000 (9:17.09) and 5,000 meters (16:15.67) at Big Ten Championships, posting team-leading and collegiate-best times... the 3,000-meter time ranks fourth and the 5,000-meter time ranks seventh all-time at Iowa.

Personal -- born March 24, 1990... daughter of Steve and Ann Flood... international studies major.



Ashley Liverpool

Sophomore - Sprints
Cincinnati, Ohio
Walnut Hills

Hawk Item -- runner-up in 400 meters (54.09) and ran lead leg on 1,600-meter relay that placed second (3:37.58) at Big Ten Championships.

Personal -- born February 11, 1992... daughter of Lee and Jackqueline May Jr. and Gregory Liverpool, Jr... health and human physiology interest.



Nicole Erickson

Senior - Sprints
Cedar Rapids, Iowa
Kennedy

Hawk Item -- ran third leg on 1,600-meter relay that placed second at Big Ten Championships, setting a then-school record of 3:37.58.

Personal -- born October 26, 1989... daughter of Scott and Cindy Erickson... sport studies major.