

IOWA HAWKEYES



University of Iowa Sports Information -- Lea Stover, Cross Country Contact

CROSS COUNTRY WEEKLY RELEASE

November 6, 2006

Women's Schedule & Results

9/1	at Early Bird Invite <i>1st/20 pts.</i>
9/9	Hawkeye Open <i>(2-0)</i>
9/30	at Auburn Invite <i>1st/16pts.</i>
10/14	at Pre-Nationals <i>10th/346 pts.</i>
10/29	at Big Ten Championship <i>6th/112 pts.</i>
11/11	NCAA Midwest Regional <i>(Minneapolis, MN)</i>
11/19	NCAA Championship <i>(Terre Haute, IN)</i>

WOMEN'S MIDWEST REGIONAL RANKINGS

1. Minnesota
2. Illinois
3. IOWA
4. Nebraska
5. Oklahoma State
6. Wichita State
7. Missouri
8. Oklahoma
9. Southern Illinois
10. Tulsa



Women's Top Times

Name	3,000	5,000	6,000
K. Anderson	10:25	17:26	21:48
M. Armstrong	10:01	16:23	20:34
J. Burke	---	16:59	22:10
J. Docherty	11:07	18:36	---
K. Ellis	10:57	17:45	---
M. Esche	10:53	17:50	---
R. Marchand	10:29	17:02	20:53
D. Nukuri	9:47*	16:10*	21:16
C. Schaefer	10:52	---	23:18
J. Schmidt	---	17:44	22:37
S. Stanley	10:25	16:56	21:49

All distances are in meters.

*Indicates new school records

THIS WEEK -- The men and women's cross country teams will travel to Minneapolis, MN, to compete in the Midwest regional meet Saturday. The women will race in the 6,000-meter run at 11 a.m., while the men will race in the 10,000-meter run at 12:15 p.m. This meet is a qualifying meet for the NCAA Championships on November 19th in Terre Haute, IN.

WOMEN'S LAST TIME OUT -- The women's cross country team competed in the Big Ten Championships in Bloomington, IN. Junior **Meghan Armstrong** led the Hawkeyes to a sixth place finish. Armstrong finished eighth with a time of 20:54 and received Big Ten conference honors. Other Hawkeye runners were junior **Racheal Marchand** (12th, 21:05), junior **Diane Nukuri** (16th, 21:16), freshman **Krista Anderson** (35th, 22:09), freshman **Jolly Burke** (42nd, 22:26), junior **Jessica Schmidt** (52nd, 22:44), senior **Shannon Stanley** (59th, 22:53), junior **Molly Esche** (60th, 22:56) and freshman **Chrissy Schaefer** (68th, 23:18).

MEN'S LAST TIME OUT -- The men's cross country team competed in the Big Ten Championships in Bloomington, IN. They were led to a fifth place finish by senior **Micah Vandenend** (3rd, 24:20). Junior **Eric MacTaggart** (10th, 24:44), senior **Jeff Kent** (33rd, 25:29), sophomore **Blake Schlotzhauer** (40th, 25:40), sophomore **Andy Napier** (58th, 26:07) and redshirt freshman **Tommy Tate** (75th, 27:02) also ran for the Hawkeyes. Both Vandenend and MacTaggart received Big Ten honors for the Hawkeyes.

HAWKEYES IN THE RANKINGS -- Latest rankings by the United States Track and Field and Cross Country Coaches' Association were released October 31st. The women's team is ranked 23rd in the national rankings and third in the region. The men's cross country team is ranked 28th in the national rankings and fourth in the regional rankings. For complete results visit www.usfccca.com.

THE MEET -- The top two teams of each region will automatically advance to the NCAA Championships. An additional 13 teams will be selected at-large by Division I track and field subcommittees on Sunday, November 12th. Individually, the first four individuals not on a qualifying team from each region will advance to the finals. Two additional individuals placing in the top 25, and not on already qualifying teams, will be selected at-large to compete in the finals. The Iowa women's team enters the regional meet ranked third. They will battle for the top two spots against Big Ten schools Minnesota and Illinois. Iowa men's cross country will head into regionals ranked fourth. They look to fight off Oklahoma State and Minnesota for a spot in the top two and a trip to the NCAA Championships.

HAWKEYE WOMEN'S COACH LAYNE ANDERSON -- Layne Anderson is in his fourth year as head women's cross country coach at Iowa. In his three years with the cross country team, the Hawkeyes have made strong strides toward recapturing the program's success of the 1980's. The team recorded identical seventh-place finishes at the 2004 and 2005 Big Ten Championships, which was Iowa's highest finish since placing fifth in 1993. Iowa has also improved its finish at the NCAA midwest regional each season, placing ninth in 2003, seventh in 2004 and sixth in 2005. The Hawkeyes have also set school records in the 3,000 and 6,000 meters and the 4,000-meter record.

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Men's Schedule & Results

9/1	at Early Bird Invite 1st/24 pts.
9/9	Hawkeye Open <i>win over Loyola (19pts.)</i>
9/23	at Roy Griak Invite <i>13th/318pts.</i>
10/14	at Pre-Nationals <i>5th/270 pts.</i>
10/29	at Big Ten Championships <i>5th/136 pts.</i>
11/11	at NCAA Midwest Regional <i>(Minneapolis, MN)</i>
11/20	at NCAA Championships <i>(Terre Haute, IN)</i>

MEN'S MIDWEST REGIONAL RANKINGS

(TOP TEN)

1. Kansas
2. Minnesota
3. Oklahoma State
- 4. Iowa**
5. Iowa State
6. Illinois
7. Missouri
8. Drake
9. Tulsa
10. Southern Illinois



Men's Top Times

Name	6,000	8,000
B. Camplin	19:24	---
J. Kent	---	24:39
J. Luciano	18:51	24:34
E. MacTaggart	---	24:04
H. Moenck	20:09	---
A. Napier	18:50	25:32
J. Renaud	19:22	---
B. Schlotzhaur	19:12	24:52
M. Stout	19:04	---
T. Tate	18:41	25:42
M. VanDenend	---	23:39
A. Webster	19:41	---

All distances are in meters.

HAWKEYE MEN'S COACH LARRY WIECZOREK -- Larry Wieczorek is in his 20th season as Iowa men's cross country coach. During his tenure, the cross country team has placed sixth or higher nine times at the NCAA Regional Championships, has posted 27 all-region selections and qualified for the NCAA Championships four times. In 2002, Wieczorek was named Midwest Region Coach of the Year honors by the United States Cross Country Association after the Hawkeyes won the NCAA Regional for the first time in school history. In 2004, the Hawkeyes recorded their highest placings under Wieczorek at the Big Ten (3rd) and NCAA Championships (13th). Wieczorek was a two-time Big Ten champion and a member of Iowa's last Big Ten track championship team in 1967. Wieczorek still owns the Iowa record in the indoor two miles.

QUOTING COACH ANDERSON -- "We are ranked third headed into regionals. We have raced, trained and prepared well for this meet and placing in the top two and a trip to nationals are all in reach for our team."

QUOTING COACH WIECZOREK -- "We have had a great week of practice and the guys are running well. There are six or seven teams that have the potential to qualify for nationals and I feel like we are one of those teams."

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