

# THE UNIVERSITY OF IOWA



# HAWKEYE TRACK & FIELD



TRACK CONTACTS: CHRIS BREWER, NATHAN SHEEHAN

FEBRUARY 15, 2010

## 2009-10 IOWA TRACK & FIELD INDOOR SCHEDULE

Date	Meet	Time (CT)
12/6	Intrasquad Meet	
1/9	at Illinois Dual (M)	W, 80.5-79.5
1/16	Iowa Open	
1/22-3	at Jack Johnson Classic	4th - 271.5
	at Razorback Invitational	
2/5-6	at Meyo Invite	
	at Husker Invitational	
2/11-13	at ISU Classic	
<b>2/19</b>	<b>Iowa Invitational</b>	<b>5 p.m.</b>
2/27-28	at Big Ten Championships	8/10 a.m.
3/5-6	at Alex Wilson Invitational	6 p.m./10 a.m.
3/6	at Last Chance Meet	10:30 a.m.
3/12-13	at NCAA Championships	TBA

## NCAA QUALIFIERS

NAME	YEAR	EVENT
Kevin Dibbern.....	Fr.....	1,600-meter relay
Betsy Flood .....	So.....	Mile
Adam Hairston .....	Sr.....	800 meters
Amanda Hardesty ....	So.....	3,000 meters
Erik Sowinski.....	So.....	800 meters
		1,600-meter relay
Ray Varner .....	Sr.....	1,600-meter relay
Steven Willey.....	Jr.....	400 meters
		1,600-meter relay

## THIS WEEK

The University of Iowa track and field teams return home for the Iowa Invitational this Friday. The meet will take place at the UI Recreation Building with events slated to start at 5 p.m. CST.

## LAST TIME OUT - IOWA STATE CLASSIC

Sophomore **Erik Sowinski** set a new school record in the 800 meters, winning with a time of 1:48.90. This beats his previous record, set at last weekend's Meyo Invite. Sowinski now holds two all-time records at Iowa, setting the record for the 600 meters (1:18.05) at the 2009 Indoor Big Ten Championships.

Sophomore **Betsy Flood** became the second member of the women's squad to provisionally qualify this season, placing third in the mile with a collegiate-best 4:46.09. This puts her fifth all-time at Iowa in that event. Junior **Steven Willey** and **Adam Hairston** met provisional qualifying marks for the second week in a row, Willey in the 400 meters (2nd, 47.15) and Hairston in the 800 meters (5th, 1:49.26). Hairston's finish places him behind Sowinski for second all-time at Iowa, and Willey's finish moves him up to third all-time in the 400 meters. The men's 1,600-meter relay team of Sowinski, Willey, freshman **Kevin Dibbern** and senior **Ray Varner** hit the provisional qualifying mark for the third time this season, winning the event with a season-best 3:09.83.

Walk-on freshman **Brandon Oest** impressed in his collegiate debut, winning Friday's high jump at 6-11 (2.11). Sophomore **Jeffrey Herron** placed fourth in Saturday's high jump, hitting the same mark. Both now lead the team and are tied for seventh all-time at Iowa with current Hawkeye senior **Dan Rolling**. Junior **Nick Kuczwar** barely missed the provisional qualifying mark in the 800 meters (8th, 1:50.84), but his finish is good enough to place him third all-time in that event right behind Sowinski and Hairston. Senior **Rhonda-Kaye Trusty**'s fifth place finish in the 60-meter dash (7.57) is a team-leading collegiate-best that ranks fifth in the Iowa record books.

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PAGE 2

**UP NEXT** - Iowa begins it's championship portion of the schedule with the Big Ten Championships on Feb. 27-28.

The men's championships will be hosted by the University of Minnesota in Minneapolis, MN. Saturday events at the University of Minnesota Fieldhouse are scheduled to begin at 10:30 a.m. CST and Sunday's events will start at 10:20 a.m.

The women's championships will be hosted by Penn State University in State Park, PA. Events will take place at the Ashenfelter Multi-Sport Facility, with Saturday action commencing at 8 a.m. and Sunday events beginning at 10 a.m.

## INDOOR SEASON LEADERS

MEN'S	WOMEN'S
<b>60 meters</b> ..... D'Juan Richardson ..... 6.84	<b>60 meters</b> ..... Rhonda-Kaye Trusty ..... 7.57
<b>60 meter hurdles</b> ..... Jordan Mullen ..... 8.03	<b>60-meter hurdles</b> ..... Karessa Farley ..... 8.44
<b>200 meters</b> ..... Kevin Dibbern ..... 21.81	<b>200 meters</b> ..... Rhonda-Kaye Trusty ..... 24.05
<b>300 meters</b> ..... D'Juan Richardson ..... 34.34	<b>300 meters</b> ..... Raven Moore ..... 40.99
<b>400 meters</b> ..... Steven Willey ..... 47.15P	<b>400 meters</b> ..... Tiffany Hendricks ..... 56.84
<b>600 meters</b> ..... Erik Sowinski ..... 1:19.38	<b>600 meters</b> ..... Bethany Praska ..... 1:33.21
<b>600 yards</b> ..... Dan Kuhlman ..... 1:11.73	<b>800 meters</b> ..... Bethany Praska ..... 2:11.83
<b>800 meters</b> ..... Erik Sowinski ..... 1:48.90P	<b>Mile</b> ..... Betsy Flood ..... 4:46.09P
<b>1,000 meters</b> ..... Nick Kuczwara ..... 2:25.84	<b>3,000 meters</b> ..... Amanda Hardesty ..... 9:30.17P
<b>Mile</b> ..... Jeff Thode ..... 4:06.89	<b>5,000 meters</b> ..... Hannah Roeder ..... 16:58.95
<b>3,000 meters</b> ..... Nick Holmes ..... 8:15.48	<b>High Jump</b> ..... Caleigh Bacchus ..... 5-08 3/4
<b>High Jump</b> ..... Herron/Oest ..... 6-11	<b>Pole Vault</b> ..... Katie Truedson ..... 10-11 3/4
<b>Pole Vault</b> ..... Alex Zona ..... 16-4 3/4	<b>Long Jump</b> ..... Emily Moore ..... 17-4 3/4
<b>Long Jump</b> ..... Josh Bean ..... 22-2 1/2	<b>Shot Put</b> ..... Tiffany Medenwaldt ..... 44-8 3/4
<b>Triple Jump</b> ..... Josh Bean ..... 47-2 1/4	<b>Weight Throw</b> ..... Kelsey Taylor ..... 52-10
<b>Shot Put</b> ..... Ryan Lamparek ..... 56-7 1/4	<b>Pentathlon</b> ..... Missy Miller ..... 2,749
<b>Weight Throw</b> ..... Matt Banse ..... 60-4 1/2	
<b>Heptathlon</b> ..... Kyle Reid ..... 4,662	
<b>Distance Medley</b> ..... Nick Kuczwara, Chris Barton Dan Kuhlman, Nick Holmes 9:51.05	<b>1,600-meter relay</b> ..... Tiffany Hendricks, Rhonda-Kaye Trusty, Bethany Praska, Kelsey Mims 3:44.29
<b>1,600 meter relay</b> ..... Kevin Dibbern, Steven Willey, Ray Varner, Erik Sowinski 3:09.83P	