



IOWA HAWKEYES

MEN'S SWIMMING & DIVING

ESTABLISHED 1917

2014-15 SCHEDULE

Date	Opponent	Time
Oct. 3-4	*Michigan (Iowa City, Iowa)	L, 173-119
Oct. 11	Intrasquad Meet (Iowa City, Iowa)	Black, 86.5-85.5
Oct. 17	*at Michigan State (East Lansing, Mich.)	W, 174-126
Oct. 31	*at Minnesota (Minneapolis)	L, 163-137
Dec. 5-7	Hawkeye Invitational (Iowa City, Iowa)	1st, 918.5
Jan. 3	at St. Petersburg Classic (St. Petersburg, Fla.)	8 a.m.
Jan. 24	*Northwestern (Iowa City, Iowa)	11 a.m.
Jan. 30-31	at Shamrock Invitational (South Bend, Ind.)	All Day
Feb. 6	Western Illinois (Iowa City, Iowa)	6 p.m.
Feb. 25-28	Big Ten Championships (Iowa City, Iowa)	All Day
March 9-11	NCAA Zone Diving (Iowa City, Iowa)	All Day
March 26-28	NCAA Championships (Iowa City, Iowa)	All Day
April 11	Long Course Intrasquad (Iowa City, Iowa)	10 a.m.

All times Central and subject to change.

* - Big Ten dual |

IOWA ATHLETIC COMMUNICATIONS

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THIS WEEK

The University of Iowa men's swimming and diving team travels to St. Petersburg, Florida, for the St. Pete's Classic Relay on Jan. 3, at the North Shore Pool at 8 a.m. (CT).

LIVE RESULTS

Fans can follow this week's action via live results on the "Meet Mobile" swim meet application on cell phones and tablets. Download the application at this link: <http://www.active.com/mobile/meet-mobile-app>.

LOOKING AHEAD

The Hawkeyes return to action on Saturday, Jan. 24, hosting Northwestern in the Campus Recreation and Wellness Center Natatorium in Iowa City, Iowa.

SCOUTING THE FIELD

The Hawkeyes join a four-team field at the St. Pete's Invite this week competing alongside Sacred Heart, University of Arkansas - Little Rock, and South Dakota State.

BOSCHULT MAKES NATIONALS DEBUT

UI junior Addison Boschult made his nationals debut on Dec. 18, competing on the platform at the 2014 USA Winter Diving Nationals. The Omaha, Nebraska, native finished 11th after posting a score of 1,050.45 in the finals.

QUICK-CAP HAWKEYE INVITE

The University of Iowa men's swimming and diving team captured the Hawkeye Invitational title on Dec. 7, in the final race at the Campus Recreation and Wellness Center Natatorium. The Hawkeyes scored 918.5 points throughout the three-day event -- edging second-place Notre Dame (918).

RECORD-BREAKING WEEKEND

Five school records fell at the Hawkeye Invite from Dec. 5-7, in the CRWC Natatorium.

Jerzy Twarowski: 100 butterfly (46.70), 200 butterfly (1:44.00).

Grant Betulius: 100 backstroke (45.56).

Roman Trussov: 100 breaststroke (52.98).

Addison Boschult: Platform Diving (394.35).

BETULIUS QUALIFIES FOR NATIONALS

UI senior Grant Betulius posted an NCAA 'A' cut time of 45.56 in the 100 backstroke to lead off the 400-medley relay on Dec. 5, at the Hawkeye Invite. Betulius, a native of Naperville, Illinois, smashed the previous record, held by Dustin Rhoads (46.33) and topped the pool record of 46.30 that has held since the 2012 Big Ten Championships.

NEWCOMERS STEPPING UP

Two freshmen have posted top times for the Hawkeyes in 2014. Jerzy Twarowski has posted season bests in the 100 (46.70) and 200 butterfly (1:44.00), and holds the second-best time in the 200 IM (1:51.15). Chris Dawson posted top times in the 500 free (4:28.39), 1,000 freestyle (9:22.75), and the 1,650 free (15:28.38) as well as the 400 IM (3:56.72). Garrett Hoce holds the second-best time in the 400 IM (4:01.48). Two of Iowa's relay events include at least one newcomer as a member of the top quartets.





Marc Long is entering his 11th season as head coach for the University of Iowa swimming and diving team, and 10th leading both the men and women's squads. He served two seasons as the Iowa women's assistant coach (2003-04) before taking over the helm for the 2004-05 season. He also served as the Hawkeye men's assistant coach from 1998-2001.

During his tenure as head coach of both programs, 87 school records have fallen and 144 Hawkeyes have automatically or provisionally qualified for the NCAA Championships.

In 2013-14, Long guided the women's team to a 9-5 dual record with the nine victories being the second-highest total for the program in his tenure. The Hawkeyes went 4-3 in Big Ten duals, which led to a No. 20 ranking in the collegeswimming.

com poll on Dec. 29. The team posted school records in four individual and four relays throughout the course of the season.

The UI men's squad was ranked as high as No. 21 in the CSCAA poll for three weeks and three school records went down in 2013-14. Long coached senior Dustin Rhoads to the NCAA Championships in the 100 and 200-yard backstroke events, marking the fourth-straight year the Hawkeyes have been represented at the championship.

Both the men's and women's squads posted eighth place finishes at the 2014 Big Ten Championships. The UI women finished with 199 points, while the men tallied 188 points. At season's end, 31 Hawkeyes were named Academic All-Big Ten honorees -- the 19 women's selections were a school record, while the men tied a record with 12 receiving the accolade.

UNIVERSITY QUICK FACTS

Location: Iowa City, Iowa
 Enrollment 31,065
 Founded: 1847
 Nickname: Hawkeyes
 Colors Black and Gold
 Conference: Big Ten
 National Affiliation NCAA, Division I
 President: Sally Mason
 Director of Athletics: Gary Barta
 Swimming & Diving Administrator: Jane Meyer
 Swimming & Diving Secretary: Marie Kasperak
 Swimming & Diving Office 319-335-9741
 Home Facility .. Campus Recreation and Wellness Center (CRWC)
 Capacity 1,000

TEAM INFORMATION

Head Coach Marc Long
 Alma Mater/Year Iowa, 1991
 Men's Record at Iowa/Years 51-33/9
 Women's Record at Iowa/Years 71-51/10
 Email marc-long@uiowa.edu
 Associate Head Coach Frannie Malone
 Alma Mater/Year Iowa, 2000
 Email frannie-malone@uiowa.edu
 Diving Coach Todd Waikel
 Alma Mater/Year Purdue, 1994
 Email todd-waikel@uiowa.edu
 Assistant Coach Nathan Mundt
 Alma Mater/Year Tampa, 2001
 Email nathan-mundt@uiowa.edu
 Assistant Coach Kristine Brager
 Alma Mater/Year Wisconsin, 2008
 Email kristine-brager@uiowa.edu
 Assistant Coach Brandon King
 Alma Mater/Year Hope College, 2010
 Email brandon-king@uiowa.edu
 Men's Letterwinners Returning/Lost 20/13
 Women's Letterwinners Returning/Lost 20/9

SWIMMING TO THE POSTSEASON

Eight Hawkeyes -- Jerzy Twarowski (2), Roman Trussov (2), Jackson Halsmer (2), David Ernstsson (1), Chris Dawson (3), Grant Betulius (2), Chris Freeman (2), and Andrew Parker (1) -- have a combined 15 NCAA 'B' cut times in 2014. Betulius also holds an NCAA 'A' cut time in the 100 back (45.56).

DIVING TO THE POSTSEASON

Two Hawkeyes have posted NCAA Zone Standard diving scores on the 1-meter, 3-meter, and platform. Brandis Heffner posted qualifying dives on the 1-meter (325.88) and 3-meter (339.00). Addison Boschult posted qualifying dives on the 1-meter (310.95), 3-meter (367.13), and platform (394.35).

TRUSSOV LEADS BREASTSTROKERS

Junior Roman Trussov returns to lead the Iowa breaststrokes in 2014-15. The Kazakhstan native qualified for the NCAA Championships in both the 100 and 200 breaststroke as a freshman. He currently is the Iowa school record holder in the 100 (52.98) and 200 breaststroke (1:55.84).

A LONG WAYS FROM HOME

This year's team will feature three Hawkeyes from overseas. Jerzy Twarowski comes to the UI program from Krakow, Poland, Roman Trussov from Ust-Kamenogorsk, Kazakhstan, and David Ernstsson from Stockholm, Sweden.

A STRONG RESUME

Freshman Jerzy Twarowski joins the Hawkeyes following a strong junior career in Poland. Twarowski was a member of the Polish Junior National team, where he was a multiple gold medalist in international junior competitions. The butterfly specialist was also a Senior National qualifier in 2014, earning gold and bronze medals at the Polish Senior Championships.

TWAROWSKI: BIG NEWCOMER OF THE WEEK

UI freshman Jerzy Twarowski was named the Big Ten Freshman of the Week on Nov. 4. Twarowski earned the accolade after a breakout meet in the dual against Minnesota on Oct. 31. The Krakow, Poland, native claimed three top finishes and swam to season-best times in the 200-yard medley relay (1:29.46), 100 fly (48.65), and 200-fly, where he touched in with an NCAA 'B' cut time of 1:47.55.

BETULIUS BACK FOR SENIOR SEASON

Senior Grant Betulius returns as the most accomplished swimmer on the Hawkeye roster after garnering honorable mention All-America honor in three events in 2013 -- 100 back and 200 and 400-medley relays. The Naperville, Illinois, native is the Iowa school record holder in four events -- 100 back (46.33), 200-medley relay (1:25.82), 400-medley relay (3:09.66), and 800-free relay (6:26.79) -- heading into his senior season. Betulius posted NCAA "B" qualifying times in both the 100 and 200 backstroke last season. Betulius swam to the Hawkeyes lone win in the 100 backstroke against Michigan on Oct. 4. The Naperville, Illinois, native recorded a time of 49.27.

OFF THE HIGH DIVE

The Iowa diving team has experience and youth on its roster in 2014-15. The Hawkeyes return junior Addison Boschult and sophomore Brandis Heffner, while welcoming two incoming freshmen -- Evan Hull and Matt Mouser. Boschult led the Hawkeyes in 3-meter (343.20) and platform (381.50) last season. He qualified for NCAA Zone Diving in both events and finished fifth at the NCAA Zone D Diving Championships with a school-record score of 381.50 points on the platform. Boschult capped the 2013-14 season by garnering the "Lobby" Lobdell Award as the men's diving MVP.



FREEMAN JOINS STAFF

Former Hawkeye All-American Deidre Freeman joins the Iowa coaching staff as a volunteer assistant coach. Freeman, who coached from 2011-14 at Grinnell High School and Grinnell College, will work with diving coach Todd Waikel and the divers. Freeman is an accomplished diver in her own regard, as she was 1-of-14 women named to the 2014 AT&T Olympic Performance Squad. The group includes divers who most exhibit the skill and determination to become 2016 Olympic Team members. Freeman is still the Iowa record holder on both the 1 and 3-meter springboard events.

CHAMPIONSHIP SEASON

Six Hawkeyes competed in the Phillips 66 National Championships this past summer in Irvine, Calif. Senior Grant Betulius, juniors Mike Nelson, Brian Donatelli and Colleen Champa, and sophomores Kyle Patnode and Emma Sougstad each took part in competition. Sougstad earned a 16th-place finish in the 100 breaststroke.

RECORD BREAKING YEAR

The Hawkeyes broke three school records in 2013-14. Individually, Dustin Rhoads (200 backstroke - 1:42.94), Andrew Marciniak (100 breaststroke 53.58), and Addison Boschult (platform diving 381.50) all broke school records in their respective events.

A SPECIAL YEAR

The University of Iowa men's swimming and diving team will host the Big Ten, NCAA Zone Diving, and NCAA Championships as part of its 2014-15 schedule.

It is the second time the NCAA Men's Swimming and Diving Championships will be held in Iowa City. The UI hosted the 1927 NCAA Championship at the UI Field House.

The 2015 Big Ten Championships will take place Feb. 25-28, while the NCAA Zone D Diving Championships are set for March 9-11. The NCAA Championships will be held March 26-28. All events will be held at the UI Campus Recreation and Wellness Center Pool.

CAMPUS RECREATION AND WELLNESS CENTER

Ground was broken for the Campus Recreation and Wellness Center in October 2007. The facility opened in August 2010 and is home for the Hawkeyes. It is located at the corner of Burlington and Madison streets and cost approximately \$69 million. The facility includes a 50-meter competition pool, a separate diving well, a leisure pool with lap lanes and 24,000 square feet of fitness space.

IOWA SWIMMING AND DIVING TRADITION

Iowa was one of the first schools in the nation to compete on a collegiate level and competed at the first NCAA Championship. From 1937 to 1960, Iowa placed in the NCAA top 10 18 times, crowning nine NCAA and 22 Big Ten champions.

FOLLOW THE HAWKEYES

Become fans of the official Iowa Swimming and Diving fan page by going to facebook.com/iowaSwimmingandDiving to follow the Hawkeyes on Facebook. Fans can also follow on Twitter: @IowaHawkeyeSwim

2014-15 SEASON-BEST TIMES

50 Free	Jackson Halsmer	19.91(B)
100 Free	Jackson Halsmer	44.28(B)
200 Free	David Ernstsson	1:38.04
500 Free	Chris Dawson	4:28.39
1,000 Free	Chris Dawson	9:22.75
1,650 Free	Chris Dawson	15:28.38
100 Back	Grant Betulius	45.56 (A)**
200 Back	Grant Betulius	1:42.19 (B)
100 Breast	Roman Trussov	55.98 (B)*
200 Breast	Roman Trussov	1:55.95(B)
100 Fly	Jerzy Twarowski	46.70(B)*
200 Fly	Jerzy Twarowski	1:44.00 (B)*
200 IM	Chris Freeman	1:49.03(B)
400 IM	Chris Dawson	3:56.72
200 Free Relay	Holliday, Halsmer, Trussov, Betulius	1:23.14
400 Free Relay	Halsmer, Trussov, Twarowski, Betulius	3:09.76
800 Free Relay	J. Allen, Ernstsson, Freeman, Gannon	6:35.96
200 Medley Relay	Betulius, Trussov, Twarowski, Halsmer	1:26.60
400 Medley Relay	Betulius, Trussov, Twarowski, Donatelli	3:18.88
One-Meter Diving	Brandis Heffner	325.88 (ZS)
Three-Meter Diving	Addison Boschult	367.13 (ZS)
Platform Diving	Addison Boschult	394.35(ZS)*

(A) - NCAA A Cut (B) - NCAA B Cut * -- school record ** Pool Record (ZS) - NCAA Diving Zone Standard

