

IOWA HAWKEYES

University of Iowa Athletic Communications --Brandee Britt, Cross Country



CROSS COUNTRY WEEKLY RELEASE

August 28, 2013

2013 Cross Country Season Schedule

- 8/30 Hawkeye Early Bird Invite
(Iowa City, Iowa)
- 9/13 Iowa Black & Gold Invite
(Iowa City, Iowa)
- 9/28 Roy Griak
(Minneapolis)
- 10/19 Wisconsin Inter-Regional
(Madison, Wis.)
- 10/20 Pre National Invite
(Terre Haute, Ind.)
- 11/3 Big Ten Championships
(West Lafayette, Ind.)
- 11/15 NCAA Midwest Regional
(Ames, Iowa)
- 11/23 NCAA Championships
(Terre Haute, Ind.)

2013 Cross Country Quick Facts

General Information

Location: Iowa City, Iowa
Enrollment: 31,498
Conference: Big Ten
Facility: Ashton Cross Country Course

Coaching Information

Head Men's Coach: Larry Wieczorek
Year at Iowa: 27th
Alma Mater, Year: Iowa, 1969

Head Women's Coach: Layne Anderson
Year at Iowa: 11th
Alma Mater, Year: The Citadel, 1989

Media Information

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* Find coach and student-athlete bios, schedules, results and features at hawkeyesports.com.

THIS WEEK

The University of Iowa men's and women's cross country teams kick off the 2013 season hosting the Hawkeye Early Bird Invitational on Friday. Action at the Ashton Cross Country Course begins at 6:45 p.m. with the women's 3K. The men's 4K event will follow.

SCHEDULE AT A GLANCE

The Hawkeyes open the season with consecutive home meets on Aug. 30 and Sept. 13. They'll compete at the Roy Griak in Minneapolis on Sept. 28 before beginning postseason preparations at the Pre-National Invitational (Oct. 20). The Big Ten Championships are Nov. 3 at Purdue, two weeks before the NCAA Regional in Ames, Iowa. The NCAA Championships are hosted by Indiana State in Terre Haute, Ind., on Nov. 23.

IN THE RANKINGS

Both the men's and women's cross country teams are ranked in the USTF-CCCA Regional rankings. The women's team is ranked 10th in the Midwest Region, while the men are ranked 11th.

KEY RETURNERS -- MEN

Jon Michael Brandt returns to the course for his senior season. Brandt was the top finisher for the Hawkeyes at the 2012 Bradley Open (8K, 25:17; 4th), Roy Griak Invite (8K; 25:20; 24th) and the NCAA Midwest Regional (10K; 31:57; 62nd). Kevin Lewis also returns for the Hawkeyes. The junior took the title at the 2012 Western Illinois Early Bird Invitational when he crossed the 6,000 meters line in 18:35. Lewis also won the 2011 Iowa Invitational (8K; 25:31).

KEY RETURNERS -- WOMEN

Sophomores Cindy Saliba and Lisa Gordon both competed at the Big Ten and NCAA Regional Championships last season. Saliba recorded a 6,000-meters personal best of 21:48 at the 2012 Wisconsin Adidas Invite, while Gordon owns the 10th best 4,000-meters time (14:17) in school history following her performance at the 2012 Toledo Bubble Buster.

BRANDT NAMED CAPTAIN

Larry Wieczorek named Jon Michael Brandt the 2013 Cross Country team captain. Brandt has competed at the Big Ten and NCAA Midwest Championship in each of the last two seasons.

HAWKEYE DEBUTS

Six newcomers will make their Hawkeye debut on Friday. They include: Katie Adams, Tess Wilberding, Samantha Zishka, Ben Anderson, Devin Docherty and Brook Price.

UP NEXT

The Hawkeyes host the Iowa Black & Gold Invite on Sept. 13. The meet features teams from Iowa State, Alabama, Baylor, Florida A&M.

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Men's Top 10 All-Time Best Performers

6,000 Meters

1. Eric MacTaggart.....18:182005 Hawkeye Invite
2. Jeff Thode.....18:212009 Hawkeye Invite
3. Dan Haut18:242005 Hawkeye Invite
4. Jeff Kent.....18:272005 Hawkeye Invite
5. Nick Holmes18:302009 Hawkeye Invite
6. Adam Roche.....18:332005 Hawkeye Invite
Sam Bailin18:332009 Hawkeye Invite
8. **Kevin Lewis.....18:352012 Early Bird Invite**
9. Jesse Luciano.....18:402008 Hawkeye Invite
10. Tommy Tate18:41at 2006 Early Bird Invite

8,000 Meters

1. Jesse Luciano.....23:01at 2008 Auburn Invite
2. Micah VanDenend23:39at 2006 Pre-Nationals
3. Eric MacTaggart.....23:24at 2008 Auburn Invite
4. Jeff Thode.....23:27at 2010 Bradley Classic
5. Sam Bailin23:36at 2008 Auburn Invite
6. Tommy Tate23:46at 2008 Auburn Invite
7. Mark Battista.....23:48at 2008 Auburn Invite
8. Andy Napier.....23:56at 2008 Auburn Invite
9. Brendan Camplin.....24:01at 2008 Auburn Invite
10. Bruce MacTaggart24:04at 2008 Auburn Invite

10,000 Meters

1. Jeff Thode.....29:55at 2010 NCAA Regional
2. Matt Esche.....30:10at 2002 NCAA Regional
3. Jesse Luciano.....30:17at 2008 NCAA Champ's
4. Micah VanDenend30:26at 2002 NCAA Regional
5. Kevin Herd.....30:281993
6. Joe Welter.....30:28at 2002 NCAA Regional
7. Tony Rakaric.....30:31at 2002 NCAA Regional
8. Dan Haut30:39at 2002 NCAA Regional
9. Alex Webster30:40at 2006 NCAA Regional
10. Nick Holmes30:43at 2011 Chili Pepper Festival

Ashton Cross Country Course Records

Women's 3,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/9/06 9:47

Women's 4,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/15/07 13:14

Women's 6,000 Meters

Danette Doetzel, Michigan St. - Big Ten Champ's - 10/31/04..... 20:33

Men's 6,000 Meters

Eric MacTaggart, Iowa - Hawkeye Invitational - 9/2/05 18:18

Men's 8,000 Meters

Simon Bairu, Wisconsin - Big Ten Champ's - 10/31/04 23:45

Men's 10,000 Meters

Antonio Vega, Minnesota - NCAA Regional - 11/12/05 30:52

Women's Top 10 All-Time Best Performers

3,000 Meters

1. Diane Nukuri.....9:472006 Hawkeye Open
2. Meghan Armstrong10:012006 Hawkeye Open
3. Brooke Eilers10:152010 Iowa Invite
4. Besty Flood10:182010 Iowa Invite
5. Amanda Hardesty.....10:212009 Hawkeye Invite
Lauren Hardesty.....10:212010 Hawkeye Invite
7. Kelsey Hart.....10:222011 Iowa Invite
8. Shannon Stanley10:252006 Hawkeye Open
Krista Anderson10:252006 Hawkeye Open
Racheal Marchand10:252008 Hawkeye Invite

4,000 Meters

1. Diane Nukuri.....13:142007 Hawkeye Open
2. Kayla Beattie13:412012 Toledo Bubble Buster
3. Megan Ranegar.....13:452012 Toledo Bubble Buster
4. Meghan Armstrong.....13:472007 Hawkeye Open
Mareike Schrulle.....13:472012 Toledo Bubble Buster
6. Nicole Benson13:522012 Toledo Bubble Buster
7. Jolly Burke14:032007 Hawkeye Open
8. Nikki Chapple14:092004 Hawkeye Triangular
9. Krista Anderson14:142007 Hawkeye Open
10. **Lisa Gordon.....14:172012 Toledo Bubble Buster**

5,000 Meters

1. Diane Nukuri.....15:55at 2007 Auburn Invite
2. Racheal Marchand16:15at 2008 Auburn Invite
3. Meghan Armstrong16:25at 2007 Auburn Invite
4. Nan Doak16:31at 1983 Big Ten Champ's
5. Jolly Burke16:33at 2007 Auburn Invite
6. Jenny Spangler16:34at 1983 Big Ten Champ's
7. Renee Doyle.....16:41at 1986 Purdue Invite
8. Tracy Dahl16:42at 1991 Illinois St. Invite
9. Sarah Spencer Perry.....16:50at 2008 Auburn Invite
10. Brooke Eilers16:53at 2008 Auburn Invite

6,000 Meters

1. Diane Nukuri.....19:37at 2007 NCAA Regional
.....at 2007 Big Ten Champ's*
2. Mareike Schrulle.....19:43at 2012 NCAA Champ's
3. Racheal Marchand19:54at 2008 NCAA Champ's
4. Meghan Armstrong20:07at 2007 NCAA Regional
5. Jolly Burke20:20at 2007 Big Ten Champ's
6. Betsy Flood20:22at 2010 NCAA Regional
7. McKenzie Melander.....20:41at 2011 Big Ten Champ's
8. Megan Ranegar.....20:43at 2012 NCAA Champ's
9. Kayla Beattie20:54at 2011 Wisconsin Invite
10. Nikki Chapple21:04at 2004 NCAA Regional

* - This time is also the Big Ten Championships Record.