

IOWA HAWKEYES



University of Iowa Athletic Communications – Jordan Bucher, Cross Country

CROSS COUNTRY WEEKLY RELEASE

NOV. 11, 2014

2014 SCHEDULE

Date	Opponent (Location)	Time
8/29	at Bulldog 4K Classic (Des Moines, Iowa).....	5 p.m.
9/12	at Illinois State Invitational (Normal, Ill.).....	5 p.m.
9/20	Big Ten Preview (Iowa City, Iowa).....	8 a.m.
10/03	at Notre Dame Invitational (South Bend, Ind.)...1	p.m.
10/18	at Pre-National Invitational (Terre Haute, Ind.)..10	a.m.
11/02	Big Ten Championships (Iowa City, Iowa)10:45	a.m.
11/14	NCAA Midwest Regional (Peoria, Ill.).....	1 p.m.
11/22	NCAA Championships (Terre Haute, Ind.).....	11 a.m.

All times are Central and subject to change.

Home events in **BOLD**.

2014 QUICK FACTS

General Information

Location: Iowa City, Iowa
Enrollment: 31,498
Conference: Big Ten
Facility: Ashton Cross Country Course

Coaching Information

Head Coach: Layne Anderson
Year at Iowa: 12th
Alma Mater, Year: The Citadel, 1989

Volunteer Assistant Coach: John Michael Brandt

Year at Iowa: 1st
Alma Mater, Year: Iowa, 2014

Media Information

Cross Country SID: Jordan Bucher
E-Mail Address: jordan-bucher@uiowa.edu
Phone: (507) 254-1464
Web Site: hawkeyesports.com

FOLLOW THE HAWKEYES

Facebook: U of I Cross Country and Track & Field

Twitter: @IowaXC_TF

Instagram: iowaxctf

*Follow the Hawkeyes for updates on the team throughout the 2014 season.

THIS WEEK

The University of Iowa cross country team heads to Peoria, Illinois, to compete at the NCAA Midwest Regional on Friday. The women's 6,000-meter race begins at 12 p.m. (CT) and the men's 10,000-meter race follows at 1 p.m. (CT) at the Newman Golf Course.

IN THE RANKINGS

The men's team is ranked eighth in the most recent USTFCCCA Regional rankings, released Nov. 3. The Hawkeyes were slotted just behind Big Ten opponents Illinois (6) and Minnesota (7).

ABOUT THE NCAA REGIONAL

This will be the sixth time Bradley University hosts an NCAA Cross Country Regional Championship, and the fourth time the event takes place at the Newman Golf Course. Thirty teams from twelve conferences are represented at the 2014 Midwest Regional. The top two teams and the next four individuals -- not on qualifying teams -- earn a spot to compete at the NCAA Championship on Nov. 22 in Terre Haute, Indiana. Additional teams and individuals are chosen through an at-large selection process following the regional competition.

NATIONAL CHALLENGERS

The Hawkeye women face two teams ranked inside the USTFCCCA Top 30 on Nov. 4. Those teams include Iowa State (5) and Minnesota (20). Oklahoma State and Tulsa also received votes in the poll. The Hawkeye men will race against three of the nation's top 30 teams. They include Oklahoma State (4), Tulsa (23), and Oklahoma (26). Iowa State also received votes.

LEWIS NAMED ALL-BIG TEN

Senior Kevin Lewis was named first team All-Big Ten following a sixth place finish at the 2014 Big Ten Championships on Nov. 2 at the Ashton Cross Country Course. He is Iowa's first All-Big Ten cross country performer since Jeff Thode in 2010, and the first to earn first-team honors since Micah VanDenend's third place finish in 2006. Lewis completed the 8,000-meter course with a personal best performance of 23:52, a time that ranks eighth all-time in school history.

ROLLING ON ASHTON

Fifteen Hawkeyes recorded career-best performances at the 2014 conference championships. Senior Ben Witt finished second for the Iowa men, clocking a personal best time of 24:24 to place 34th overall. On the women's side, sophomore Katie Adams (50) posted a personal best time of 21:21 to lead Iowa to an 11th place finish. Her time was approximately a 40-second improvement from last year's Regional meet.

NCAA MIDWEST REGIONAL HISTORY

Lewis was an all-region honoree following a 15th place finish at the 2013 NCAA Midwest Regional. He joins the list that includes VanDenend (2002, 2005-06), Thode (2009-11), and former teammate Nick Holmes (2011). Mareike Schrulle is Iowa's last female runner to advance to the NCAA Championship. She placed seventh in the 6,000-meters with a collegiate-best 19:43 at the 2012 NCAA Championships. That time ranks second all-time at Iowa. The top 25 finishers earn all-region honors.

S300 Carver-Hawkeye Arena
Iowa City, IA 52242

Phone: 319-335-9411

E-mail: jordan-bucher@uiowa.edu
hawkeyesports.com



Men's Top 10 All-Time Best Performers

6,000 Meters

1. Eric MacTaggart 18:18 2005 Hawkeye Invite
2. Jeff Thode..... 18:21 2009 Hawkeye Invite
3. Dan Haut 18:24 2005 Hawkeye Invite
4. Jeff Kent 18:27 2005 Hawkeye Invite
5. Nick Holmes 18:30 2009 Hawkeye Invite
6. Adam Roche 18:33 2005 Hawkeye Invite
Sam Bailin..... 18:33 2009 Hawkeye Invite
Kevin Lewis..... 18:33 2013 Iowa Invite
9. Jesse Luciano 18:40 2008 Hawkeye Invite
10. Tommy Tate 18:41 at 2006 Early Bird Invite

8,000 Meters

1. Jesse Luciano 23:01 at 2008 Auburn Invite
2. Micah VanDenend..... 23:39 at 2006 Pre-Nationals
3. Eric MacTaggart 23:24 at 2008 Auburn Invite
4. Jeff Thode..... 23:27 at 2010 Bradley Classic
5. Sam Bailin..... 23:36 at 2008 Auburn Invite
6. Tommy Tate 23:46 at 2008 Auburn Invite
7. Mark Battista..... 23:48 at 2008 Auburn Invite
8. Kevin Lewis..... 23:52 2014 Big Ten Champ's
9. Andy Napier 23:56 at 2008 Auburn Invite
10. Brendan Camplin..... 24:01 at 2008 Auburn Invite

10,000 Meters

1. Jeff Thode..... 29:55 at 2010 NCAA Regional
2. Matt Esche 30:10 at 2002 NCAA Regional
3. Jesse Luciano 30:17 at 2008 NCAA Champ's
4. Micah VanDenend..... 30:26 at 2002 NCAA Regional
5. Kevin Herd..... 30:28 1993
6. Joe Welter 30:28 at 2002 NCAA Regional
7. Tony Rakaric..... 30:31 at 2002 NCAA Regional
8. Dan Haut 30:39 at 2002 NCAA Regional
9. Alex Webster..... 30:40 at 2006 NCAA Regional
10. Nick Holmes 30:43 at 2011 Chili Pepper Festival

Ashton Cross Country Course Records

Women's 3,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/9/06..... 9:47

Women's 4,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/15/07..... 13:14

Women's 6,000 Meters

Danette Doetzel, Michigan State - B1G Champ's - 10/31/04..... 20:33

Men's 6,000 Meters

Eric MacTaggart, Iowa - Hawkeye Invitational - 9/2/05..... 18:18

Men's 8,000 Meters

Simon Bairu, Wisconsin - Big Ten Champ's - 10/31/04..... 23:45

Men's 10,000 Meters

Antonio Vega, Minnesota - NCAA Regional - 11/12/05..... 30:52

Women's Top 10 All-Time Best Performers

3,000 Meters

1. Diane Nukuri 9:47 2006 Hawkeye Open
2. Meghan Armstrong 10:01 2006 Hawkeye Open
3. Brooke Eilers..... 10:15 2010 Iowa Invite
4. Besty Flood..... 10:18 2010 Iowa Invite
5. Amanda Hardesty..... 10:21 2009 Hawkeye Invite
Lauren Hardesty 10:21 2010 Hawkeye Invite
7. Kelsey Hart 10:22 2011 Iowa Invite
8. Shannon Stanley..... 10:25 2006 Hawkeye Open
Krista Anderson 10:25 2006 Hawkeye Open
Racheal Marchand..... 10:25 2008 Hawkeye Invite

4,000 Meters

1. Diane Nukuri 13:14 2007 Hawkeye Open
2. Kayla Beattie..... 13:41 2012 Toledo Bubble Buster
3. Megan Ranegar 13:45 2012 Toledo Bubble Buster
4. Meghan Armstrong 13:47 2007 Hawkeye Open
Mareike Schulle..... 13:47 2012 Toledo Bubble Buster
6. Nicole Benson..... 13:52 2012 Toledo Bubble Buster
7. Jolly Burke 14:03 2007 Hawkeye Open
8. Nikki Chapple 14:09 2004 Hawkeye Triangular
9. Krista Anderson 14:14 2007 Hawkeye Open
10. Lisa Gordon 14:17 2012 Toledo Bubble Buster

5,000 Meters

1. Diane Nukuri 15:55 at 2007 Auburn Invite
2. Racheal Marchand..... 16:15 at 2008 Auburn Invite
3. Meghan Armstrong 16:25 at 2007 Auburn Invite
4. Nan Doak..... 16:31 at 1983 Big Ten Champ's
5. Jolly Burke 16:33 at 2007 Auburn Invite
6. Jenny Spangler 16:34 at 1983 Big Ten Champ's
7. Renee Doyle 16:41 at 1986 Purdue Invite
8. Tracy Dahl..... 16:42 at 1991 Illinois St. Invite
9. Sarah Spencer Perry 16:50 at 2008 Auburn Invite
10. Brooke Eilers..... 16:53 at 2008 Auburn Invite

6,000 Meters

1. Diane Nukuri 19:37 at 2007 NCAA Regional
..... at 2007 Big Ten Champ's*
2. Mareike Schulle..... 19:43 at 2012 NCAA Champ's
3. Racheal Marchand..... 19:54 at 2008 NCAA Champ's
4. Meghan Armstrong 20:07 at 2007 NCAA Regional
5. Jolly Burke 20:20 at 2007 Big Ten Champ's
6. Betsy Flood..... 20:22 at 2010 NCAA Regional
7. McKenzie Melander 20:41 at 2011 Big Ten Champ's
8. Megan Ranegar 20:43 at 2012 NCAA Champ's
9. Kayla Beattie..... 20:54 at 2011 Wisconsin Invite
10. Nikki Chapple 21:04 at 2004 NCAA Regional

* - This time is also the Big Ten Championships Record.