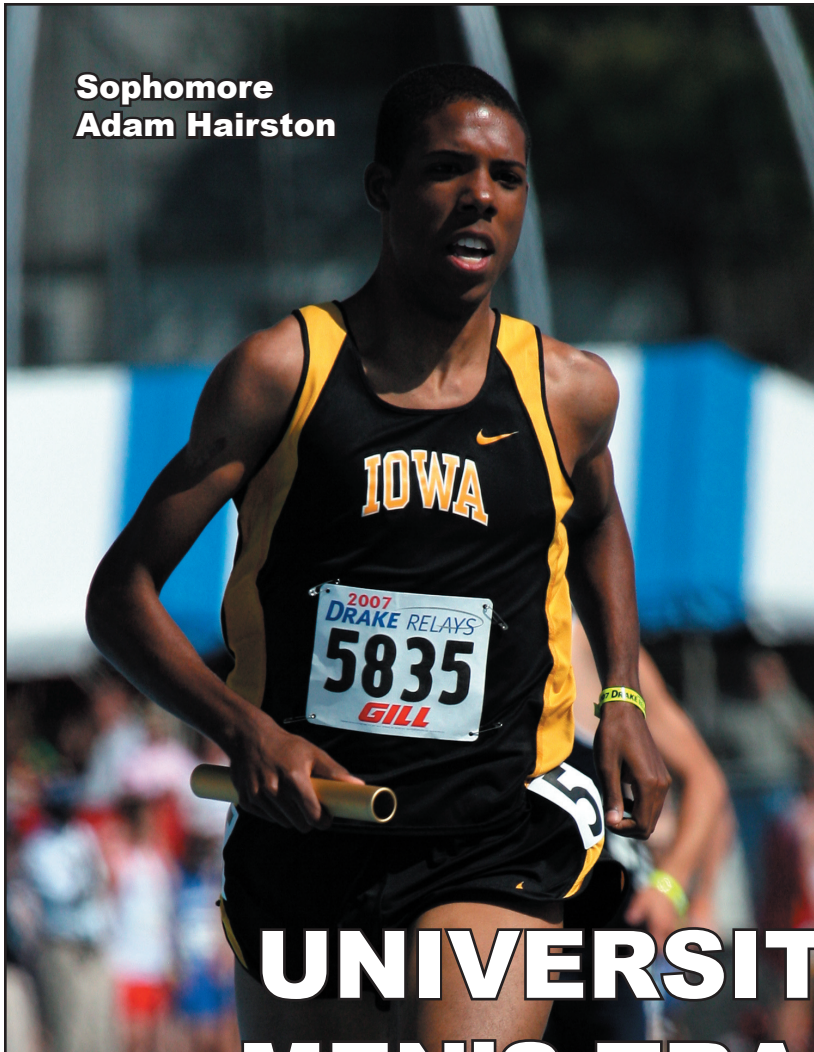


Sophomore
Adam Hairston

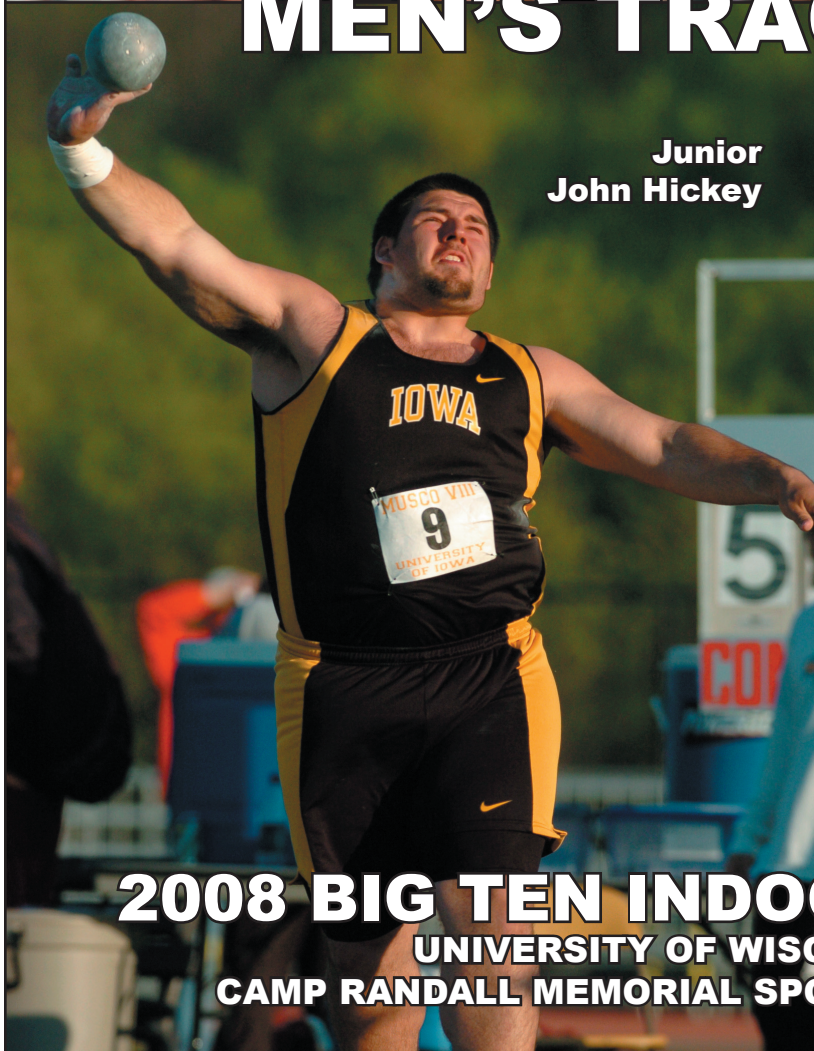


Senior
Shane Maier



UNIVERSITY OF IOWA MEN'S TRACK & FIELD

Junior
John Hickey



Senior
Micah
VanDenend



2008 BIG TEN INDOOR CHAMPIONSHIPS
UNIVERSITY OF WISCONSIN - MADISON, WI
CAMP RANDALL MEMORIAL SPORTS CENTER - MARCH 1-2, 2008

THE UNIVERSITY OF IOWA



HAWKEYE MEN'S TRACK & FIELD



MEN'S TRACK CONTACT: TRACI WAGNER

FEBRUARY 26, 2008

2008 MEN'S INDOOR SCHEDULE & RESULTS

Date	Meet	Location/Result
1/19	Iowa Open	6 champs
1/26	at J. Johnson Invite	5 champs
2/1-2	at UNI Open	7 champs
2/8-9	at Meyo Classic	2 champs
2/15-16	at Cyclone Classic	1 champ
2/16	at Husky Classic	0 champs
2/22	Iowa Invitational	9 champs
3/1-2	at Big Ten Championships (Madison, WI)	
3/7-8	at Alex Wilson Invite (South Bend, IN)	
	at Washington Qualifier (Seattle, WA)	
3/8	at Last Chance Qualifier (Ames, IA)	
3/14-15	NCAA Championships (Fayetteville, AR)	

2008 MEN'S INDOOR SEASON BESTS

60 Meters Paul Chaney, Jr.	6.87
60 Hurdles Frank Prill	8.33
200 Meters	... Paul Chaney, Jr.	21.74
400 Meters	... Ray Varner	48.01
600 Meters	... Zach Splan	1:20.25
800 Meters	... Adam Hairston	^* 1:49.86
1,000 Meters	Frank Prill	% 2:50.63
Mile James Paul	4:13.85
3,000 Meters	Andy Napier	8:15.70
5,000 Meters	Micah VanDenend	^ 14:07.06
1,600-Meter Relay (Splan, Willey, Varner, Barton)	3:12.36
High Jump Dan Rolling	6-11
Pole Vault Jeff Raymond	15-7 3/4
Long Jump Matty Gorman	23-5 1/2
Triple Jump	... Josh Bean	46-10 1/4
Shot Put John Hickey	^ 62-8
Wt. Throw Ryan Jordan	58-3 1/4
Heptathlon	... Ryan Niver	4,984

^ -- NCAA Provisional Qualifier,
*school record, \$ - facility record,
% - heptathlon event

THIS WEEK -- The Hawkeyes will compete at the Big Ten Championships Saturday, and Sunday in Madison, WI. All events will be held at the Camp Randall Memorial Sports Center on the University of Wisconsin campus. All-session tickets are \$25 for reserved seating, \$20 for adult general admission, and \$15 for students/seniors/youth general admission. Single session tickets, if available will go on sale at 8:30 a.m. Feb. 29. Ticket are available through the University of Wisconsin Athletic Ticket Office at 1-800-462-2343 or uwbadgers.com.

NCAA QUALIFIERS -- The Hawkeyes have provisionally qualified four student-athletes in three events for the NCAA Indoor Championships, which will be held March 14-15 in Fayetteville, AR. Their event, qualifying marks and where they rank in the Big Ten and the nation are listed below.

Name	Event	Mark	Big 10/NCAA Ranking
Adam Hairston	800 Meters	1:49.86	2nd/18th
John Hickey	Shot Put	62-8 (19.10 m)	1st/6th
Shane Maier	Shot Put	58-11 1/4 (17.96 m)	3rd/16th
Micah VanDenend	5,000 Meters	14:07.06	3rd/25th

HICKEY, HAIRSTON ARE BIG TEN CONTENDERS - Hawkeye junior **John Hickey** and sophomore **Adam Hairston** could be two of Iowa's contenders for Big Ten individual titles this weekend. Hickey leads the conference in the shot put with the collegiate-best 62-8 he posted last weekend at the Iowa Invite. Hickey won the 2007 Big Ten outdoor shot put title. Hairston's 800-meter time of 1:49.86 that broke the Iowa school record in that event ranks second in the Big Ten.

Senior **Shane Maier** is the defending Big Ten indoor shot put champion, and ranks third in the conference with his season-best throw of 58-11 1/4. Senior distance runner **Micah VanDenend**, who won the 2007 Big Ten outdoor 10,000-meter title, has the third-best 5,000-meter time (14:07.06) in the conference.

IOWA IN BIG TEN HISTORY -- Iowa has won three Big Ten indoor track team titles and 73 event titles since the first meet was held in 1911. The Hawkeyes won titles in 1926 and 1929 and were co-champions with Michigan in 1963. Iowa has had two student-athletes earn Big Ten Indoor Freshman of the Year honors. **Bashir Yamini** earned the honor in 1996 for placing second in the high jump and **Jeremy Allen** earned it in 1998 for placing second in the shot put. Former Hawkeye **Ed DeLashmutt** set the Big Ten Indoor Championships 1,500-meter record of 3:49.90 in 1981. That record is now retired.

2007 BIG TEN INDOOR REVIEW -- Junior **Shane Maier** became Iowa's third Big Ten indoor shot put champion and the 73rd conference event winner in school history at the 2007 Big Ten Indoor Championships at Bloomington, IN. Maier threw a season-best 60-11 1/4 to win his first Big Ten title. Iowa finished seventh with 46.50 points. Wisconsin won its fifth-straight Big Ten indoor team title, scoring 120.

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THE UNIVERSITY OF IOWA



HAWKEYE MEN'S TRACK & FIELD



MEN'S TRACK CONTACT: TRACI WAGNER

PAGE 2

BIG TEN CHAMPIONSHIPS SCHEDULE OF EVENTS

Saturday, March 1

- 10:00 a.m. Heptathlon 60 Meters
- 10:40 Heptathlon Long Jump
- 11:50 Heptathlon Shot Put
- 12:50 p.m. Heptathlon High Jump
- 1:30 Long Jump (T&F)
3,000 Meters - Unseeded Finals
- 1:40 Shot Put (T&F)
- 1:45 Pole Vault (T)
- 2:00 60 Meters (T)
- 2:30 Mile (T)
- 3:00 400 Meters (T)
- 3:20 60 Meters (S)
- 3:30 800 Meters (T)
- 3:50 60-Meter Hurdles (S)
- 4:00 600 Meters (T)
- 4:15 200 Meters (T)
- 4:40 3,000 Meters - Seeded Finals
- 5:00 Distance Medley Relay (F)

Sunday, March 2

- 10:20 a.m. Heptathlon 60-Meter Hurdles
- 11:00 Heptathlon Pole Vault
- Noon High Jump (T&F)
Triple Jump (T&F)
- 12:50 p.m. Weight Throw (T&F)
- 1:00 5,000 Meters - Unseeded Finals
- 1:30-3:30 Heptathlon 1,000 Meters
- 1:50 Mile (F)
- 2:00 400 Meters (F)
- 2:10 60 Meters (F)
- 2:20 800 Meters (F)
- 2:30 60-Meter Hurdles (F)
- 2:40 600 Meters (F)
- 2:50 200 Meters (F)
- 3:00 5,000 Meters - Seeded Finals
- 3:25 1,600-Meter Relay (F)

The Hawkeyes picked up over half of their team points in the shot put and high jump. Maier and sophomore **John Hickey** went 1-2 in the shot put. Hickey threw a collegiate-best 60-2 1/4 for second place, making him only the sixth Iowa shot putter to throw over 60 feet. In the high jump, redshirt freshman **Trey Stross**, junior **Jeremy Petsche** and sophomore **Ryan Kelly** placed fourth, fifth and seventh, respectively. Stross jumped a collegiate-best 6-9 3/4.

Freshman **Paul Chaney, Jr.**, was Iowa's only double-event scorer, placing seventh in the 200 meters (21.67) and eighth in the 60 (6.91). Iowa's other top finishers were seniors **Adam Hamilton** (5th-weight throw) and **Jeff Kent** (10th-5,000 meters), juniors **Micah VanDenend** (2nd-5,000 meters) and **Aaron Reed** (9th-long jump), sophomore **Prince Riley** (7th-400 meters), and freshmen **Adam Hairston** (8th-800 meters) and **Ray Varner** (9th-400 meters).

2008 MEN'S TEAM CAPTAINS NAMED -- Seniors **Shane Maier**, **Max Milder** and **Micah VanDenend** have been named team captains for the 2008 season. Maier and VanDenend both served as captains last season. Maier, from Storm Lake, IA, is the defending Big Ten indoor shot put champion and a two-time all-region honoree. He and four other Hawkeye throwers hold the school record for most times qualified for the NCAA Midwest Regional (4). VanDenend, a native of Glenbard, IL, is the defending Big Ten 10,000-meter champion and won the 2006 NCAA Midwest Cross Country Regional title. The three-time all-region honoree currently holds four of Iowa's school distance records. Milder, a sprinter from Council Bluffs, IA, is a two-time regional qualifier, earning all-region honors as part of the 400-meter relay last season.

MACTAGGART EARNS MUSIC AWARD -- Hawkeye junior distance runner **Eric MacTaggart** earned an "Outstanding Jury" award from the University of Iowa School of Music. MacTaggart missed the 2007 cross country season in order to participate in the Hawkeye marching band, which is a music education requirement. A trombone player, he was one of the brass area students to receive the honor which is awarded to those who receive an "A" on their semester-ending final performance exam from all four major professors who comprise the jury.

HAWKEYE MEN'S COACHING STAFF -- Head Coach **Larry Wieczorek** is in his 12th season at the helm of the Iowa men's track team. He has coached 25 all-Americans and 42 Big Ten Champions at Iowa. The team's highest conference meet finishes during his tenure are second at the 1999 outdoor meet and fourth at the 1997 indoor meet. As a runner, **Wieczorek** was a six-time Big Ten champion for Iowa - winning four track and two cross country titles - and a four-time all-American. In 1998, **Wieczorek** was inducted into the National Iowa Varsity Club Hall of Fame. He is assisted by three-time Indiana all-American **Scott Cappos** and World Champion and four-time Northern Iowa all-American **Joey Woody**.



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2008 INDOOR TEAM SEASON BESTS

60 METERS (AQ -- 6.63, PQ -- 6.74, SR -- 6.73)

Paul Chaney, Jr.	6.87 #	at ISU Classic	2/16/08
Max Milder	6.98	at J. Johnson Invite	1/26/08
Lee Elbert	7.01	Iowa Open	1/19/08
Aaron Reed	7.04 #	Iowa Open	1/19/08
		at J. Johnson Invite	1/26/08
Dan Rolling	7.25	at UNI Invite	2/1/08
Ryan Niver	7.29 #^	at UNI Invite	2/1/08
Frank Prill	7.44 #^	at UNI Invite	2/1/08
	7.44 #	at ISU Classic	2/16/08
Mark Mankivsky	7.54 #	at J. Johnson Invite	1/26/08

60-METER HURDLES (AQ - 7.70, PQ -- 7.91, SR -- 7.87)

Frank Prill	8.33 #	Iowa Invite	2/22/08
Brice Wilson	8.37 #	at ISU Classic	2/15/08
Ray Varner	8.45 #	at Meyo Invite	2/9/08
Matt Rammelsberg	8.53 #	Iowa Invite	2/22/08
Ryan Niver	8.70 #	Iowa Invite	2/22/08
Mark Mankivsky	8.78	at ISU Classic	2/15/08
		Iowa Invite	2/22/08
Bobby Windauer	9.07	at J. Johnson Invite	1/26/08
Dan Rolling	9.81 #^	at UNI Invite	2/2/08

200 METERS (AQ -- 21.08, PQ -- 21.48, SR -- 21.11)

Paul Chaney, Jr.	21.74	at ISU Classic	2/15/08
Max Milder	21.99	at ISU Classic	2/15/08
Ray Varner	22.21 #	at ISU Classic	2/15/08
Lee Elbert	22.24	at Meyo Invite	2/9/08
Chris Barton	22.68 #	at ISU Classic	2/15/08
Matt Rammelsberg	22.81 #	at ISU Classic	2/15/08
Brandon McSkimming	22.83 #	at ISU Classic	2/15/08
Cody Mixon	23:15 #	Iowa Invite	2/22/08
Brice Wilson	24.24 #	at UNI Invite	2/2/08

400 METERS (AQ -- 46.55, PQ -- 47.65, SR -- 46.81)

Ray Varner	48.01 #	at Meyo Invite	2/9/08
Steven Willey	48.51 #	at ISU Classic	2/16/08
Chris Barton	49.13 #	at Meyo Invite	2/9/08
Brandon McSkimming	49.89 #	at ISU Classic	2/16/08
Matt Rammelsberg	50.58 #	at ISU Classic	2/16/08
Connor Elmitt	51.47 #	at J. Johnson Invite	1/26/08

600 METERS (SR -- 1:18.30)

Zach Splan	1:20.25	Iowa Invite	2/22/08
Steven Willey	1:20.66 #	Iowa Invite	2/22/08
Cannon Dolan	1:21.02 #	Iowa Invite	2/22/08
Adam Hairston	1:21.19 #	Iowa Open	1/19/08
Daniel Peoples	1:22.17 #	at J. Johnson Invite	1/26/08
Ray Varner	1:22.23 #	at J. Johnson Invite	1/26/08

800 METERS (AQ -- 1:48.80, PQ -- 1:51.10, SR -- 1:51.27)

Adam Hairston	1:49.86 !*#	at Meyo Invite	2/9/08
Cannon Dolan	1:54.62	at Meyo Invite	2/9/08
Zach Splan	1:56.03	at Meyo Invite	2/9/08
Dan Kuhlman	1:57.49 #	Iowa Invite	2/22/08
Robert Ingram	1:59.30 #	Iowa Invite	2/22/08
Tyler Anderson	2:01.59 #	Iowa Open	1/19/08

1,000 METERS

Frank Prill	2:50.63 ^	at UNI Invite	2/2/08
Dan Rolling	2:54.15 #^	at UNI Invite	2/2/08
Mark Mankivsky	2:56.82 #^	at UNI Invite	2/2/08
Ryan Niver	3:02.92 ^	at UNI Invite	2/2/08

MILE (AQ -- 4:00.30, PQ -- 4:04.80, SR -- 4:04.01)

Bruce MacTaggart	4:23.74 #	Iowa Invite	2/22/08
James Paul	4:13.85 #	at ISU Classic	2/16/08
Andy Napier	4:15.08 #	Iowa Invite	2/22/08
Eric MacTaggart	4:15.86	Iowa Invite	2/22/08
Micah VanDenend	4:16.73	Iowa Invite	2/22/08
Heath Moenck	4:18.76 #	Iowa Invite	2/22/08
Robert Ingram	4:30.82 #	at UNI Invite	2/2/08

3,000 METERS (AQ -- 7:55.80, PQ -- 8:06.30, SR -- 8:00.81)

Andy Napier	8:15.70 #	at ISU Classic	2/16/08
Eric MacTaggart	8:28.24 #	at ISU Classic	2/16/08
Brendan Camplin	8:39.68 #	Iowa Invite	2/22/08

5,000 METERS (AQ -- 13:49.80, PQ -- 14:11.90, SR -- 13:56.46)

Micah VanDenend	14:07.06 !	at Husky Classic	2/16/08
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1,600-M. RELAY (AQ -- 3:08.10, PQ -- 3:12.00, SR -- 3:06.80)

Splan, Willey, Varner, Barton	3:12.36	at Meyo Invite - 2/9/08	
Iowa A - at ISU Classic	3:14.25	- 2/16/08	
Iowa B - at ISU Classic	3:17.00	- 2/16/08	
Splan, Chaney, Jr., Varner, Barton	3:17.82	at Jack Johnson Invite - 1/26/08	
Iowa A - at UNI Invite	3:19.22	- 2/2/08	
Varner, Barton, McSkimming, Splan	3:20.80	Iowa Open - 1/19/08	
McSkimming, Willey, Dolan, Elmitt	3:21.81	at Jack Johnson Invite - 1/26/08	
Milder, Chaney, Jr., Elbert, Elmitt	3:22.15	Iowa Open - 1/19/08	
Rammelsberg, Dolan, Willey, Hairston	3:24.14	Iowa Open - 1/19/08	
Mankivsky, Peoples, Hairston, Rolling	3:25.08	at Jack Johnson Invite - 1/26/08	
Iowa B - at UNI Invite	3:25.22	- 2/2/08	
Rammelsberg, McSkimming, Kuhlman, Anderson	3:25.46	Iowa Invitational - 2/22/08	
Mankivsky, Kuhlman, Anderson, Prill	3:29.40	Iowa Open - 1/19/08	
Niver, Windauer, Rolling, Paul	3:31.20	Iowa Open - 1/19/08	

! -- NCAA provisional qualifier, * -- school record,
- collegiate best, ^ - heptathlon event

2008 INDOOR TEAM SEASON BESTS

HIGH JUMP (AQ -- 2.24 meters, PQ -- 2.14 meters, SR -- 2.21 meters)

Dan Rolling	6-11 (2.11 m) #^	at ISU Classic	2/16/08
Ryan Kelly	6-9 3/4 (2.08 m) #	Iowa Invite	2/22/08
Jeremy Petsche	6-8 1/4 (2.04 m)	Iowa Invite	2/22/08
Graham Valdes	6-8 1/4 (2.04 m) #	Iowa Invite	2/22/08
Trey Stross	6-7 (2.01 m)	at ISU Classic	2/16/08
Ryan Niver	6-4 3/4 (1.95 m)	Iowa Open	1/19/08
Matty Gorman	6-1 1/2 (1.87 m)	at Jack Johnson Invite	1/26/08
Bobby Windauer	6-0 (1.83 m)	at Jack Johnson Invite	1/26/08
Frank Prill	5-10 3/4 (1.80 m) #	Iowa Open	1/19/08
Mark Mankivsky	5-3 (1.60 m) ^	at UNI Invite	2/1/08

POLE VAULT (AQ -- 5.50 meters, PQ -- 5.20 meters, SR -- 5.21 meters)

Jeff Raymond	15-7 3/4 (4.77 m)	at Jack Johnson Invite	1/26/08
Alex Zona	15-7 3/4 (4.77 m) #	at Jack Johnson Invite	1/26/08
Ryan Niver	14-5 1/4 (4.40 m) ^	at UNI Invite	2/2/08
Mark Mankivsky	14-5 1/4 (4.40 m) #^	at UNI Invite	2/2/08
Frank Prill	14-1 1/4 (4.30 m)	at UNI Invite	2/2/08
Bobby Windauer	12-7 1/2 (3.85 m) #	Iowa Invite	2/22/08
Dan Rolling	11-9 3/4 (3.60 m) #^	at UNI Invite	2/2/08

LONG JUMP (AQ -- 7.85 meters, PQ -- 7.50 meters, SR -- 8.06 meters)

Matty Gorman	23-5 1/2 (7.15 m)	Iowa Open	1/19/08
Aaron Reed	23-0 1/2 (7.02 m)	at Jack Johnson Invite	1/26/08
Ryan Niver	22-5 3/4 (6.85 m) #^	at UNI Invite	2/1/08
Cody Mixon	22-5 1/4 (6.84 m) #^	at UNI Invite	2/1/08
Bobby Windauer	20-9 (6.32 m)	at Jack Johnson Invite	1/26/08
Dan Rolling	20-6 1/4 (6.25 m) ^	at UNI Invite	2/1/08
Frank Prill	20-0 1/2 (6.11 m) ^	at UNI Invite	2/1/08
Mark Mankivsky	19-11 1/2 (6.08 m) #^	at UNI Invite	2/1/08
Dan Rolling	19-5 1/2 (5.93 m)	at Jack Johnson Invite	1/26/08

TRIPLE JUMP (AQ -- 13.30 meters, PQ -- 12.65 meters, SR -- 15.88 meters)

Matty Gorman	46-3 1/2 (14.11 m)	at UNI Invite	2/2/08
Josh Bean	46-10 1/4 (14.28 m) #	Iowa Invite	2/22/08
Aaron Reed	45-5 (13.84 m)	at Meyo Invite	2/9/08
Cody Mixon	40-0 3/4 (12.21 m) #	Iowa Invite	2/22/08

SHOT PUT (AQ -- 19.30 meters, PQ -- 17.75 meters, SR -- 19.16 meters)

John Hickey	62-8 (19.10 m) #!	Iowa Invite	2/22/08
Shane Maier	58-11 1/4 (17.96 m) !	Iowa Invite	2/22/08
A.J. Curtis	57-8 1/4 (17.58 m) #	at UNI Invite	2/2/08
Mark Schaapveld	54-9 1/4 (16.69 m)	at UNI Invite	2/2/08
Ryan Niver	37-8 1/2 (11.49 m)	at Jack Johnson Invite	1/26/08
Dan Rolling	34-1 1/4 (10.39 m) #^	at UNI Invite	2/1/08
Mark Mankivsky	32-11 3/4 (10.05 m) #^	at UNI Invite	2/1/08
Frank Prill	32-3 3/4 (9.85 m) ^	at UNI Invite	2/1/08

WEIGHT THROW (AQ -- 21.50 meters, PQ -- 19.50 meters, SR -- 21.15 meters)

Ryan Jordan	58-3 1/4 (17.76 m)	Iowa Open	1/19/08
Mark Schaapveld	53-10 1/4 (16.41 m)	Iowa Invite	2/22/08

HEPTATHLON (AQ -- 5,650 points, PQ -- 5,300 points, SR -- 4,984 points)

Ryan Niver	4,933 points	at UNI Invite	2/1-2/08
Frank Prill	4,717 points #	at UNI Invite	2/1-2/08
Dan Rolling	4,634 points #	at UNI Invite	2/1-2/08
Mark Mankivsky	4,453 points #	at UNI Invite	2/1-2/08

IOWA'S BIG TEN TOP 15 INDOOR RANKINGS

60 Meters

Paul Chaney, Jr. _____ 10th

200 Meters

Paul Chaney, Jr. _____ 8th

400 Meters

Ray Varner _____ 7th

600 Meters

Zach Splan _____ 9th

800 Meters

Adam Hairston _____ 2nd

5,000 Meters

Micah VanDenend _____ 3rd

1,600-Meter Relay

Splan, Willey, Varner, Barton ___ 5th

High Jump

Dan Rolling _____ 3rd

Ryan Kelly _____ 9th

Jeremy Petsche _____ 13th

Graham Valdes _____ 13th

Long Jump

Matty Gorman _____ 5th

Aaron Reed _____ 11th

Triple Jump

Josh Bean _____ 14th

Shot Put

John Hickey _____ 1st

Shane Maier _____ 3rd

A.J. Curtis _____ 5th

Mark Schaapveld _____ 12th

Weight Throw

Ryan Jordan _____ 15th

Heptathlon

Ryan Niver _____ 5th

Frank Prill _____ 11th

Dan Rolling _____ 12th

Mark Mankivsky _____ 15th

! -- NCAA provisional qualifier

* -- school record

- collegiate best

^ - heptathlon event

IOWA'S ALL-TIME BEST PERFORMERS

60 Meters

1. Kurt Felix, 1999..... 6.73
2. Tony Branch, 1999..... 6.78
3. Derrick Burks, 2005..... 6.81
4. Tim Dodge, 2001..... 6.83
5. **Lee Elbert, 2006..... 6.86**
6. **Paul Chaney, Jr., 2008..... 6.87**
7. Adam Kunkel, 2001..... 6.89
8. Zach Digney, 2004..... 6.90
Omar Isaacs, 2004..... 6.90
David Chaplin, 2006..... 6.90

60-Meter Hurdles

1. Dion Trowers, 1997..... 7.87
2. Russell Peterson, 2004..... 7.97
3. DeRocco Reed, 2000..... 8.03
4. Jordan Crosby, 2005..... 8.16
5. Justin Poots, 2001..... 8.22
6. Tony Branch, 1999..... 8.24
7. Monte Raymond, 1997..... 8.29
8. **Frank Prill, 2008..... 8.33**
9. **Brice Wilson, 2008..... 8.37**
10. **Ray Varner, 2008..... 8.45**

200 Meters

1. Anthuan Maybank, 1993..... 21.11
2. Bashir Yamini, 1999..... 21.19
3. Tim Dodge, 2000..... 21.26
4. George Page, 1997..... 21.35
5. Zach Digney, 2004..... 21.39
6. **Paul Chaney, Jr., 2007..... 21.45**
7. Tony Branch, 1998..... 21.46
8. David Chaplin, 2006..... 21.49
9. Adam Kunkel, 2001..... 21.55
10. Tim Dwight, 1997..... 21.56

400 Meters

1. Terrence Duckett, 1984..... 46.81
2. Andre Morris, 1995..... 47.15
3. Monte Raymond, 1998..... 47.18
4. Anthuan Maybank, 1990..... 47.25
5. Juan Coleman, 2002..... 47.40
6. Curtis Chung, 1989..... 47.65
7. Ed Rozell, 1997..... 47.73
8. David Pierre, 2007..... 47.79
9. Chris Davis, 1997..... 47.83
10. Mike Mondane, 1968..... 47.84

600 Meters

1. Pat McGhee, 1988..... 1:18.30
2. Monte Raymond, 1997..... 1:19.18
3. Scott Williamson, 2001..... 1:19.19
4. D'Juan Strozier, 1990..... 1:19.20
5. Gary Falls, 1991..... 1:19.32
6. **Zach Splan, 2007..... 1:19.39**
7. Matt O'Hollearn, 2006..... 1:19.54
8. Ryan Strang, 2003..... 1:19.69
9. Prince Riley, 2007..... 1:19.82
10. Brian Thomas, 1991..... 1:19.83

800 Meters

1. **Adam Hairston, 2008..... 1:49.86**
2. Dave Novotny, 1996..... 1:51.27
3. Jim Docherty, 1973..... 1:51.30
4. Rod Chambers, 1989..... 1:51.33
5. Jim Donovan, 1999..... 1:51.52
6. Michael Layne, 1997..... 1:51.54
7. Bill Frazier, 1963..... 1:51.80
8. Mike Cunningham, 2002..... 1:51.98
9. John Clark, 1973..... 1:52.20
10. D'Juan Strozier, 1989..... 1:52.53

Mile

1. Ed DeLashmutt, 1981..... 4:04.01
2. Larry Wiczorek, 1968..... 4:04.40
3. John Clark, 1972..... 4:05.94
4. Adam Thomas, 2002..... 4:07.13
5. Kevin Herd, 1992..... 4:07.26
6. Jake Berns, 2006..... 4:07.43
7. **Micah VanDenend, 2007..... 4:07.54**
8. Ted Wheeler, 1956..... 4:07.74
9. Jim Docherty, 1978..... 4:07.80
10. Danny Waters, 1986..... 4:09.20

3,000 Meters

1. **Micah VanDenend, 2006..... 8:00.81**
2. **Eric MacTaggart, 2006..... 8:08.79**
3. Stetson Steele, 2000..... 8:09.54
4. Dan Haut, 2005..... 8:11.36
5. Kevin Herd, 1994..... 8:11.51
6. **Andy Napier, 2008..... 8:15.70**
7. Larry Wiczorek, 1968..... *8:17.00
8. Matt Esche, 2004..... 8:17.28
9. Jim Docherty, 1978..... *8:17.40
10. Danny Waters, 1986..... *8:18.83

5,000 Meters

1. **Micah VanDenend, 2007... 13:56.46**
2. Stetson Steele, 2000..... 14:00.52
3. Dan Haut, 2006..... 14:06.16
4. **Eric MacTaggart, 2006..... 14:13.41**
5. Matt Esche, 2004..... 14:18.43
6. Jeff Kent, 2007..... 14:18.86
7. Nick Nordheim, 2002..... 14:22.99
8. Kevin Herd, 1994..... 14:27.57
9. Tony Rakaric, 2005..... 14:31.45
10. Chad Schwitters, 1999..... 14:33.40

Pentathlon

1. Scott Faber, 2000.....3,460 pts
2. Joe Estes, 1993.....3,451 pts
3. Cam Appleman, 1997.....3,208 pts
Chad Ohly, 1993.....3,208 pts

Heptathlon

1. **Ryan Niver, 2006.....4,984 pts**
2. Scott Faber, 2000.....4,784 pts
3. **Frank Prill, 2008.....4,717 pts**
4. Cam Appleman, 1997.....4,685 pts
5. **Bobby Windauer, 2007.....4,644 pts**
6. **Dan Rolling, 2008.....4,634 pts**
7. Jacob Drewry, 1995.....4,612 pts
8. **Mark Mankivsky, 2008.....4,453 pts**

High Jump

1. Bill Knoedel, 1976.....7-3 (2.21)
Bill Hansen, 1978.....7-3 (2.21)
3. Scott Hudek, 1993.....7-0 1/2 (2.15)
4. Pat Meade, 1987.....7-0 1/4 (2.14)
5. Mike Lacy, 1984.....7-0 (2.13)
6. M. Cunningham, 1984.....6-11 1/4 (2.11)
7. **Dan Rolling, 2008.....6-11 (2.11)**
8. Ken Lansing, 1989.....6-10 3/4 (2.10)
J. Petsche, 2006.....6-10 3/4 (2.10)
10. **Ryan Kelly, 2008.....6-9 3/4 (2.08)**
Trey Stross, 2007.....6-9 3/4 (2.08)

Pole Vault

1. Todd Wigginton, 1984.....17-1 (5.21)
2. Dave Nielsen, 1975.....16-10 (5.13)
3. Curt Brock, 1979.....16-6 (5.03)
4. Phil Wertman, 1971.....16-4 (4.98)
5. John Teffer, 1972.....16-1 (4.90)
6. Steve Brewer, 1983...15-6 1/4 (4.73)
7. Chad Ohly, 1995.....15-9 (4.80)
8. Rich Palumbo, 1989.....15-9 (4.80)
9. **Jeff Raymond, 2008.....15-7 3/4 (4.77)**
Alex Zona, 2008.....15-7 3/4 (4.77)

Names in bold are current team members.

IOWA'S ALL-TIME BEST PERFORMERS

Long Jump

1. Anthuan Maybank, 1992 26-5 1/2 (8.06)
2. Bashir Yamini, 1998 26-0 1/4 (7.93)
3. Darren Smith, 1991 25-2 (7.67)
4. Paul Jones, 1990 24-11 1/4 (7.60)
5. Ronnie McCoy, 1984 24-9 (7.54)
6. **Matty Gorman, 2006** **24-8 1/2 (7.53)**
7. Charles Jones, 1980 24-8 1/4 (7.52)
8. Quinn Early, 1986 24-7 1/4 (7.50)
9. Lee Farmer, 1942 23-9 1/4 (7.24)
10. **Aaron Reed, 2006** **23-8 (7.21)**

Triple Jump

1. Paul Jones, 1990 52-1 1/4 (15.88)
2. Mike Lacy, 1983 49-0 (14.93)
3. Owen Gill, 1982 48-10 3/4 (14.90)
4. Gordon Finch, 1988 48-3 3/4 (14.72)
5. **Matty Gorman, 2006** **48-3 1/2 (14.72)**
6. Pat Miller, 1984 47-11 (14.60)
7. **Josh Bean, 2008** **46-10 3/4 (14.28)**
8. Brian Quarles, 1980 46-9 3/4 (14.26)
9. Darren Smith, 1992 46-3 1/2 (14.11)
10. **Aaron Reed, 2006** **45-5 1/4 (13.85)**

Shot Put

1. Jeremy Allen, 2001 62-10 1/2 (19.16)
2. **John Hickey, 2008** **62-8 (19.10)**
3. **Shane Maier, 2006** **61-2 (18.64)**
4. Gary Kostrubala, 1986 60-10 3/4 (18.55)
5. Andy Banse, 2005 60-9 1/4 (18.52)
6. Ken Kemeny, 2004 60-0 1/2 (18.30)
7. Chris Gambol, 1987 59-0 (17.98)
8. A. van der Westhuizen, 1999 58-10 3/4 (17.95)
9. **A.J. Curtis, 2008** **57-8 1/4 (17.58)**
10. Chris Cassata, 2000 56-3 (17.14)

Weight Throw

1. Jim Costello, 2002 69-4 3/4 (21.15)
2. A. van der Westhuizen, 2001 67-7 1/2 (20.61)
3. Adam Hamilton, 2007 66-9 1/4 (20.35)
4. Jeremy Allen, 2001 65-10 1/4 (20.07)
5. Chris Voller, 2005 63-4 (19.30)
6. Brad Daufeldt, 2004 60-4 1/2 (18.40)
7. **Ryan Jordan, 2007** **58-4 3/4 (17.80)**
8. Eric Rothwell, 2002 57-2 1/4 (17.43)
9. Chris Cassata, 2000 56-1 3/4 (17.11)
10. Tim Brodersen, 2005 55-8 1/2 (16.98)

1,600-Meter Relay

1. Rozell, Davis, Raymond, Yamini, 1998 3:06.80
2. Coleman, Faber, Strang, Peterson, 2002 3:07.44
3. Greer, Williams, Smith, Duckett, 1984 3:08.14
4. Card, Coleman, Williamson, Dodge, 2001 3:08.21
5. Davis, Rozell, Page, Morris, 1995 3:08.77
6. Dodge, Williamson, Card, Peterson, 2001 3:08.82
7. Branch, Dodge, Donovan, Yamini, 1999 3:08.99
8. Dodge, Card, Williamson, Peterson, 2000 3:09.33
9. Dodge, Branch, Felix, Yamini, 1999 3:09.37
10. Branch, Davis, Rozell, Yamini, 1998 3:10.01

3,200 Meter Relay

1. Cooke, Nie, Monsey, Chambers, 1990 7:13.02
2. Corrigan, Blackman, Strozier, Chambers, 1989 7:29.00
3. English, Blackman, Strozier, Chambers, 1989 7:36.20
4. 1977 7:39.40
5. 1986 7:40.90
6. Bouske, Herd, Chambers, Koon, 1992 7:43.94
7. Bouska, Cook, White, Herd, 1992 7:48.63
8. 1992 7:49.86
9. 1986 7:50.10
10. Roseman, Rerko, Novotny, Branigan, 1993 7:51.36

Distance Medley Relay

1. 1999 9:46.83
2. 1977 9:48.80
3. 1978 9:49.70
4. Trainor, Faber, Cunningham, Allen, 2002 9:58.14
5. Newell, Eisenlauer, Tice, Clark, 1973 10:00.0
6. Criswell, Hexum, Schum, Eastland, 1971 10:01.40
7. Atkins, Olson, Layne, Allen, 2000 10:01.54
8. Layne, Raymond, Donovan, Bakker, 1998 10:02.06
9. Trainor, Leick, Tweedy, Rakaric, 2004 10:02.09
10. 2000 10:04.23

Names in bold are current team members.

HAWKEYES TO WATCH



Paul Chaney, Jr.
Sprints - Sophomore
St. Louis, MO
University High School

Career Highlights -- all-region honoree as part of 400-meter relay... regional qualifier.

2008 -- Indoor - ran collegiate-best 60 meters (6.87) at ISU Classic, which ranks sixth in school history... leads team in 60 and 200

meters (21.74)... won 60 meters at UNI (6.89) and Iowa Opens (6.94)... runner-up in 60 (6.88) and 200 meters (21.95) at Iowa Invite... won 200 meters (22.09) at Jack Johnson Classic.

2007 -- Football - caught 19 passes for 210 yards and one touchdown as a wide receiver... played in 10 of 12 games... ranked 10th in the Big Ten in kickoff returns average (18.0) for all games... returned 13 kickoffs for 234 yards and three punts for 13 yards... letterwinner.

Chaney's Collegiate Bests

Event	Time	Meet	Date
60 Meters (I)	6.89	at Iowa State Classic at UNI Invite	2/10/07 2/2/08
100 Meters (O)	10.62	at Big Ten Championships	5/13/07
200 Meters (I)	21.45	at Last Chance Qualifier	3/3/07



Matty Gorman
Jumps - Junior
Gainesville, FL
Buchholz High School

Career Highlights -- 2006 Big Ten Indoor long jump champion... NCAA provisional qualifier in long jump (2006)... two-time regional qualifier.

2008 -- Indoor - leads team in long jump (23-5 1/2) and triple jump (46-3 1/2)... won long jump at Iowa Open (23-5 1/2) and Jack Johnson Classic (23-3 1/2)... placed third with season-best triple jump (46-3 1/2) at UNI Open.

Gorman's Collegiate Bests

Event	Mark	Meet	Date
100 Meters (O)	11.07		
L. Jump (O)	25-1 1/4 (7.65 m)	at Springtime Inv.	4/1/06
T. Jump (O)	48-9 1/2 (14.87 m)	at Messersmith Inv.	4/9/05
H. Jump (I)	6-7 1/2 (2.02 m)	at Panther Invite	1/28/06



Adam Hairston
Distance - Sophomore
Cedar Rapids, IA
Kennedy High School

Career Highlights -- set school 800-meter record (1:49.86)... regional qualifier... USATF Junior National all-American in 800 meters.

2008 -- Indoor - NCAA provisional qualifier in 800 meters... his qualifying time of 1:49.86 won Meyo Invite, broke the Iowa school record and ranks second in the Big Ten and 18th in the nation... runner-up in 600 meters (1:21.19) at Iowa Open.

Hairston's Collegiate Bests

Event	Time	Meet	Date
600 Meters (I)	1:21.19	Iowa Open	1/19/08
800 Meters (I)	1:49.86	at Meyo Invite	2/9/08
1,500 Meters (O)	3:58.97	at LSU Relays	3/24/07
Mile (I)	4:19.94	Iowa Invite	2/16/07



John Hickey
Throws - Junior
Piermont, NY
Tappan Zee High School

Career Highlights -- 2007 Big Ten outdoor shot put champion... two-time NCAA provisional qualifier... two-time regional qualifier... won shot put (63-3 1/4) at USATF Junior National Championships... placed fourth in shot put (65-2) at 2006

IAAF World Junior Championships in Beijing, China.

2008 -- Indoor - NCAA provisional qualifier in shot put... his qualifying mark of 62-8 leads the Big Ten, ranks second in school history and sixth in the nation... won shot put and posted provisional qualifying marks in five times... won shot put at Iowa Invite (62-8), Iowa Open (61-3), Jack Johnson Classic (61-0), UNI Open (58-9 1/4) and Meyo Invite (57-3 1/2)... runner-up in shot put at Husky Classic (58-3).

Hickey's Collegiate Bests

Event	Distance	Meet	Date
Shot Put (O)	62-8 (19.10 m)	Iowa Invite	2/22/08
Hammer (O)	171-10 (52.38 m)	Musco Twilight IX	4/21/07
Javelin (O)	150-11 (46.00 m)	Musco Twilight IX	4/21/07

HAWKEYES TO WATCH



Shane Maier
Throws - Senior
Storm Lake, IA
Storm Lake High School

Career Highlights -- 2007 Big Ten indoor shot put champion... two-time all-region honoree... tied school record for most times qualified for NCAA regional (4) with four other Iowa throwers... four-time NCAA provisional qualifier... four-

time regional qualifier... two-time team co-captain.

2008 -- Indoor - NCAA provisional qualifier in shot put... his qualifying mark of 58-11 1/4 ranks third in the Big Ten and 16th in the nation... runner-up in shot put at Iowa Invite (58-11 1/4), Iowa Open (58-3) and Meyo Invite (56-6)... placed third in shot put (57-1 1/2) at Husky Classic.... team co-captain.

Maier's Collegiate Bests

Event	Distance	Meet	Date
Discus (O)	171-2 (52.17 m)	Musco Twilight VIII	4/22/06
Shot Put (O)	62-2 1/4 (18.95 m)	at Big Ten Champ's	5/14/06



Ryan Niver
Multi-Events - Senior
Mason City, IA
Mason City High School

Career Highlights - holds school heptathlon record (4,984 pts.).

2008 -- Indoor - leads team in heptathlon (4,933 points)... placed third in the "A" heptathlon group at UNI Open with a season-best 4,933 points... that total is just 51

points short of the school record he set in 2006... ran collegiate-best 60-meter hurdles (8.70) at Iowa Invite... posted collegiate-best long jump (22-5 3/4) as part of heptathlon at UNI Open.

Niver's Collegiate Bests

Event	Mark	Meet	Date
60 Meters (I)	7.28	Big Ten Champ's	2/25/06
60 Hurdles (I)	8.70	Iowa Invite	2/22/08
100 Meters (O)	11.32	at Messersmith Inv.	4/9/05
100 Hurdles (O)	15.98	at Big Ten Champ's	5/14/05
400 Meters (O)	51.51	at Big Ten Champ's	5/11/07
1,000 Meters (I)	3:00.87	Big Ten Champ's	2/27/05
1,500 Meters (O)	5:26.67	at Big Ten Champ's	5/14/05
Long Jump (I)	22-5 3/4 (6.85 m)	at UNI Open	2/1/08

Niver's Collegiate Bests (Continued)

High Jump (I)	6-9 (2.06 m)	at Gladstein Inv.	1/27/07
Pole Vault (O)	14-9 (4.50 m)	Musco Twilight IX	4/21/07
Shot Put (I)	41-1 1/2 (12.53 m)	at Big Ten Champ's	2/26/05
		at J. Johnson Classic	1/21/06
Discus (O)	135-0 (41.14 m)	at Springtime Inv.	4/1/06
Javelin (O)	162-5 (49.50 m)	at Big Ten Champ's	5/15/05
Heptathlon (I)	4,984 points	Big Ten Champ's	2/26/06
Decathlon (O)	6,591 points	at Big Ten Champ's	5/12/07



Micah VanDenend
Distance - Senior
Glen Ellyn, IL
Glenbard South High School

Career Highlights -- 2007 Big Ten outdoor 10,000-meter champion... 2006 NCAA Midwest Region Cross Country champion... two-time cross country all-region honoree... set school records in indoor 3,000 (8:00.81) and 5,000 meters

(13:56.46), and outdoor 5,000 meters (13:49.31)... ran on school-record setting 6,400-meter relay (16:55.43)... three-time NCAA provisional qualifier... two-time track regional qualifier... two-time team co-captain.

2008 -- Indoor - provisionally qualified for the NCAA Championships in the 5,000 meters with a season-best and team-leading 14:07.06... that time ranks third in the Big Ten and 20th in the nation.

VanDenend's Collegiate Bests

Event	Time	Meet	Date
1,500 Meters (O)	3:50.20	Musco Twilight IX	4/21/07
Mile (I)	4:07.54	at Meyo Invite	2/3/07
3,000 Meters (I)	8:00.81	at Alex Wilson Invite	3/4/06
5,000 Meters (O)	13:49.31	at Stanford Invite	3/31/07
6,000 Meters (CC)	19:02	Hawkeye Invite	9/3/04
Five Miles (CC)	25:09	at M. Keatinge Invite	10/2/04
8,000 Meters (CC)	24:33	at M. Keatinge Invite	10/1/05
10,000 Meters (CC)	30:26.17	at NCAA Regional	11/16/02