

THE UNIVERSITY OF IOWA



HAWKEYE ROWING

Rowing Contact: Alison Moeller

October 17, 2005

Schedule

Fall 2005

- 9/24 at Head of Des Moines
(7 medals)
10/09 at Head of the Rock
(3 top twenty finishes)
10/22-23 at Head of the Charles
(Boston, MA)
**10/30 Head of the Iowa
(Iowa City, IA)**

Spring 2006

- 1/6-14 at Winter Camp
(Cocoa Beach, FL)
3/18-20 at Longhorn Invitational
(Austin, TX)
4/1 **Minnesota
(Iowa City, IA)**
4/8 at Princeton
4/15 at Double Dual
(Madison, WI)
4/29 at Big Ten Championships
(Minneapolis, MN)
5/11-14 at Central Regionals
(Oakridge, TN)
5/25-28 at NCAA Championships
(TBA)

Iowa Quickfacts

Head Coach..... Mandi Kowal
Assistant Coaches Emily Wagstrom
..... Laura Macfarlane
2005 Big Ten Finish..... 7th

Sports Information

Contact..... Alison Moeller
Phone Number 319/335-9411
Fax..... 319/335-9417
Web www.hawkeyesports.com

HAWKEYES TO COMPETE AT HEAD OF THE CHARLES

THIS WEEK: The University of Iowa varsity rowing team will travel to Boston, MA, this weekend to compete in the 41st annual Head of the Charles Regatta. Competition will be held Saturday, from 9:30 a.m. until 4:30 p.m., and Sunday, from 7:45 a.m. to 5 p.m.

THE RACE: This three-mile race course upstream on the Charles River cuts through the heart of Cambridge and Boston. Rowers will start at the Boston University boathouse, wind their way through five triple-arch bridges and cross the finish line near Artesani Park. The races will be in a head race format. Teams will start the race one after another, with a 15 second break between each entry. The team that completes the course in the best time wins.

THE COMPETITION: The Hawkeyes will be racing against varsity and club squads from across the country. In the Championship 8+, Iowa will face two Big Ten teams, Michigan and Minnesota. In the same race, East coast teams such as Princeton and Yale will be prime competition for the Hawkeye rowers.

LAST TIME OUT: The Hawkeye novice rowers began their season at the Head of the Rock Regatta on October 9 at Rockford, IL. The novices had four boats competing in the Women's Novice 8. The **Iowa B** boat placed 10th, with a time of 21:10. The **Iowa A** boat finished 11th with a time of 21:16. Rounding out Iowa's top twenty finishers was the **Iowa D** boat, 15th with a time of 22:35. The **Iowa C** boat finished 23rd in 25:19.

HEAD COACH: **Mandi Kowal** is in her 12th year as head coach of the Hawkeyes. In the 1997 and 1998 NCAA Rowing Championships, she coached the Varsity 4+ teams to fourth and eighth-places finishes, respectively. Kowal began her rowing career at the University of Wisconsin in 1981. She was a two-time rowing World Champion in the Women's Lightweight 4- (1986-1987). She was named Female Athlete of the Year in 1987 by the US Rowing Association and was inducted into the United States Rowing Hall of Fame in 1997.

