IOWA HAWKEYES

Women's Swimming Contact: Amber Gartner

SWIMMING & DIVING WEEKLY RELEASE

November 1, 2004

2004-05 WOMEN'S SCHEDULE (0-1, 0-1 Big Ten)

Oct. 9	Intrasquad	9 a.m.	
Oct. 22-23	Wisconsin	L, 108-243	
Nov. 6	at Minnesota	1 p.m.	
	(Minneapolis, MN)		
Nov. 12	Truman State	5 p.m.	
	(Iowa City, IA)		
Nov. 19-21	at Minnesota Invitational	12 p.m.	
	(Minneapolis, MN)		
Dec. 4	Iowa State	1 p.m.	
	(Iowa City, IA)		
Jan. 2-13	at Winter Training in Honolulu, HI		
Jan. 21	Northern Iowa	5 p.m.	
	(Iowa City, IA)		
Jan. 22	Illinois	1 p.m.	
	(Iowa City, IA)		
Jan. 29	Northwestern & Ohio Stat	e 1 p.m.	
	(Iowa City, IA)		
Feb. 16-19	at Big Ten Champ's 11	a.m./7 p.m.	
	(Bloomington, IN)		
Mar. 4-6	Iowa Senior Championship	ps TBA	
Mar. 10-13	e .		
Mar. 17-19	at NCAA Champ's 11	a.m./7 p.m.	
	(West Lafayette, IN)		

2004-05 TOP TIMES

50 free	.Abby VanMaaren	24.31
100 free	.Katie Martin	52.04
200 free	.Katelyn Eustis	1:54.56
500 free	.Jennifer Skolaski	5:04.66
1,000 free	.Jaclyn Sarna	11:11.23
100 back	.Kelly Werner	57.06
200 back	.Kelly Werner	2:02.77
100 breast	.Kristen Eide	1:06.91
200 breast	.Kristen Eide	2:24.54
100 fly	.Kelly Werner	57.64
200 fly	.Andrea Hemphill	2:07.40
200 IM	.Katelyn Eustis	2:09.21
400 IM	.Katelyn Eustis	4:32.93
200 free relay	.VanMaaren, K. Haeger	1:36.69
	Martin, E. Haeger	
400 free relay	.Skolaski, VanMaaren	3:29.80
	Martin, K. Haeger	
200 med. relay	.Skolaski, E. Haeger	1:46.14
	Werner, K. Haeger	
400 med. relay	.Werner, Eide	3:54.49
	Hemphill, Martin	
One-Meter	.Lisette Planken	326.55
Three-Meter	.Lisette Planken	328.35

THIS WEEK -- The University of Iowa women's swimming team will travel to Minneapolis, MN Saturday to take on the Minnesota Golden Gophers at the University Aquatic Center. Competition is set to begin at 1 p.m.

SCOUTING MINNESOTA -- The Golden Gophers opened the 2004-05 season with a 194-98 victory over Iowa State last weekend, winning all 16 events. Minnesota posted an 8-2 dual mark and a 4-1 Big Ten record in 2003-04 and took fifth at the Big Ten Championships. Seven swimmers represented the Golden Gophers at the 2004 NCAA Championships, including second-team all-Big Ten selection Katy Coombe. Coombe returns for her final season after taking second place in the 50 free and setting a Minnesota school record of 22.94 at Big Tens. NCAA National Qualifiers Abbie Bowden and Kate Hardt also return for Minnesota.

IOWA FALLS TO WISCONSIN -- In the season opener, the Iowa women fell 243-108 to the Wisconsin Badgers at the Fieldhouse Pool October 22-23. Senior Lisette Planken recorded two school-record performances, winning the three-meter diving event with a score of 328.35 and taking first in the one-meter event with a score of 326.55. Junior Andrea Hemphill also took first in the 200 fly.

<u>PLANKEN NAMED DIVER OF WEEK</u> -- For the fourth time in her career, Planken was named Big Ten Women's Diver of the Week. The senior from Amersfoort, Netherlands won both the one- and three-meter events in Iowa's co-ed season opener against Wisconsin, setting school records in both events.

WOMEN'S HEAD COACH MARC LONG — Former Hawkeye Assistant Coach Marc Long enters his first season as interim head coach after serving two seasons as assistant. Prior to joining the women's swimming program, Long served as Iowa's assistant men's swimming coach (1998-2001). As a Hawkeye swimmer, Long was a six-time all-American, a two-time Big Ten Champion and a two-time first team all-Big Ten selection. He is assisted by former Hawkeye swimmer Frannie DeBord.

DIVING COACH BOB RYDZE — Bob Rydze is in his 30th year as diving coach of the men's and women's teams at the University of Iowa, and is the dean of Big Ten swimming and diving coaches.

157 Carver-Hawkeye Arena Iowa City, IA 52242 Phone: 319-335-9411 Fax: 319-335-9417 Internet: www.hawkeyesports.com E-mail: sportsinfo@hawkeyesports.com