

# IOWA HAWKEYES

Swimming & Diving Contact: Ashley Carlson

**WOMEN'S SWIMMING & DIVING WEEKLY RELEASE**

**Jan. 30 2012**

## 2011-12 Season Schedule (Overall 8-5, Big Ten 3-4)

10/8	<b>Black/Gold Intrasquad*</b> <b>Iowa City, Iowa -- Gold W-181-91</b>
10/20	Wisconsin* Madison, Wis. -- W- 224-74
10/29	<b>Michigan State*</b> <b>Iowa City, Iowa -- W, 184.5-93.5</b>
11/4	<b>Minnesota*</b> <b>Iowa City, Iowa -- L, 205-95</b>
11/18	<b>Purdue*</b> <b>Iowa City, Iowa -- L , 182-118</b>
12/ 2-4	<b>Hawkeye Invitational*</b> <b>Iowa City, Iowa -- 3rd/8 teams 629 pts</b>
12/9	at Iowa State% Ames, Iowa -- W, 176-124
1/6	at Training Trip Competition Arizona, L- 168-91- 168-91 New Mexico State, W- 160-102 Northern Arizona, W Oregon State, W-145-117
1/14	<b>Illinois#</b> <b>Iowa City, Iowa -- W, 195.5-120.5</b>
1/21	at Northwestern* -- L, 165.5-133.5 Harvard# -- W, 153-146
1/27-28	at Shamrock Invitational* South Bend, Ind. -- W, 216-154
2/2	at Northern Iowa# Cedar Falls, Iowa -- 6 p.m.
2/3	<b>Western Illinois (Senior Meet)</b> <b>Iowa City, Iowa -- 6 p.m.</b>
2/15-18	<b>at Big Ten Championships#</b> <b>Iowa City, Iowa -- Prelim/Final</b>
2/19	<b>Hawkeye/Big Ten Long Course Invite#</b> <b>Iowa City, Iowa -- Prelim/Final</b>
3/8-10	<b>Diving NCAA Zone Qualifer</b> <b>Iowa City, Iowa -- TBA</b>
3/15-17	at NCAA Championships# Auburn, Ala. -- Prelim/Final
3/22-24	at NCAA Championships^ Federal Way, Wash.-- Prelim/Final
4/14	<b>Alumni Meet*</b> <b>Iowa City, Iowa -- 11 a.m.</b>

All times are local to site.

\* -- co-ed meet

# -- women's only meet

% -- Iowa Corn Cy-Hawk Series

## THIS WEEK

The University of Iowa women's swimming and diving team will travel Northern Iowa Feb. 2 to take on Northern Iowa. The meet is set to start at 6 p.m. The Hawkeyes will return home on Feb. 3 to host Western Illinois. The competition is set to start at 6 p.m. and will recognize Iowa's senior class.

## EVENT PROMOTIONS

Friday's meet is Iowa's "Camper Reunion" night. All those who have attended Iowa swimming camps are invited to attend the meet. The first 50 fans will receive FREE gold poms. There will be a raffle for \$50 Scheels Gift Card. Fans can also register to win a one pair of tickets to the Women's Big Ten Championships and Men's Big Ten Championships.

Hawkeye fans can also pick up 2011-12 swimming and diving posters, calendar cards, stickers and bumper stickers from the marketing table located in the pool gallery at the main entrance.

## LIVE STATS

For live results from your computer or smart phone, visit:

<http://live.iowaswimming.com/swimming/>

Free WiFi is available at the CRWC for all students and faculty.

## SCOUTING NORTHERN IOWA

The University of Northern Iowa enters Thursday's meet with a 1-8 record. The Panthers last competed against Illinois State on Jan. 28 and were defeated 179-115.

Stacey Simmer is in her seventh season with the Panthers. The Panthers finished fourth in the MVC Championships last season, earning 11 top-10 finishes. Throughout the season, the team broke four school records.

## SCOUTING WESTERN ILLINOIS

Western Illinois comes into Friday's meet with a 0-8 record. The Leathernecks last competed on Jan. 28 at home against Milwaukee. Western Illinois lost 132-64.

Greg Nauman is in his third season as head coach of the Western Illinois swimming and diving program. In the 2010-11 season, Naumann saw 11 Leathernecks put their names in the record book.

Naumann took over at Western Illinois after serving as the assistant coach at Truman State where his responsibilities included serving as the primary recruiter for the men's team, coordinating travel arrangements, organizing workouts and assisting the head coach in daily duties.

## FOLLOW THE HAWKEYES

Become fans of the official Iowa swimming and diving page by going to <http://www.facebook.com/IowaSwimmingandDiving> to follow the Hawkeyes on Facebook. Fans can also follow the black and gold on Twitter at <http://twitter.com/#!/IowaHawkeyeSwim>.

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# IOWA HAWKEYES: WOMEN'S SWIMMING & DIVING WEEKLY RELEASE

## SETTING THE RECORD STRAIGHT

Iowa freshman Becky Stoughton owns school and pool records in the 1,000 free (9:39.44), 500 free (4:43.79) and 400 IM (4:16.01). She also holds the school record in the 200 free (1:48.52). All of her times surpass the NCAA provisional cut times.

She crushed her previous school record time in the 1,000 free by over 11 seconds with a time of 9:39.44 against Minnesota on Nov. 4. She bested her previous record (9:51.32), which she set against Wisconsin on Oct. 20.

Stoughton broke her previous school and pool record in the 400 IM and 500 free at the Iowa Hawkeye Invitational on Dec. 2-4.

The Peoria, Ill., native also set the pool record in the 1,000 free at the University of Wisconsin's Natatorium with a time of 9:51.32.

Combining pool and school records, Stoughton has set 16 records so far this season.

The Hawkeyes set pool records in the 200 fly, 200 IM and one-meter springboard at Iowa State's Beyer Hall Pool when Iowa defeated the Cyclones, 176-124 on Dec. 9.

Abbey Tuchscherer set the pool record in the 200 fly with a time of 2:01.17, to break a 20-year-old record.

Stoughton posted a pool record in the 200 IM with her time of 2:03.70. Stoughton's time beat the previous record, which was held by former Iowa swimmer Katarina Tour (2:03.74) in 2009.

Senior diver Veronica Rydze compiled a collegiate best score of 312.90 on the one-meter springboard to set a pool record.

On Jan. 27, Stoughton set the pool record in the 500 free with a time of 4:47.28 at the Rolfs Aquatics Center on the campus of Notre Dame. The previous record was set in 2008 with a time of 4:47.67.

## NCAA PROVISIONAL CUT TIMES

The Hawkeyes currently have NCAA 'B' provisional qualifying cuts in six events this season:

- 200 Free, Becky Stoughton (1:48.52)
- 200 Back, Becky Stoughton (1:58.38)
- 1,000 Free, Becky Stoughton (9:29.44)
- 1,650 Free, Becky Stoughton (16:28.18)
- 400 IM, Becky Stoughton (4:16.01)
- 200 Medley Relay (1:41.41)
- 400 Free Relay (3:23.31)

## WEEKLY HONORS

Becky Stoughton was selected as the Division I National Swimmer of the Week by collegeswimming.com and Big Ten Conference Swimmer of the Week on Nov. 8 for her efforts against Minnesota.

Senior Veronica Rydze was named the Big Ten Diver of the Week on Dec. 6 after claiming the 1 and 3-meter diving titles at the Hawkeye Invitational.

Sophomore Abbey Tuchscherer was named Big Ten Co-Swimmer of the Week on Dec. 13 for her efforts against in-state rival Iowa State.

Stoughton was named the Big Ten Freshman Swimmer of the Week on Dec. 10 after recording first place finishes in the 500 and 1,000 free at No. 5 Arizona. She was also tabbed Big Ten Conference Freshman of the week on Jan. 24 for her performance against Northwestern.

## U.S. DIVING SELECTS RYDZE

Senior diver Veronica Rydze has been selected to represent the USA Diving National Team at the 2012 Canada Cup - Fina Grand Prix. The competition will be held on May 3-5 in Montreal.

Rydze will be competing in the 3-meter synchronized diving event alongside former Hawkeye diver Deidre Freeman. The duo finished fifth in the event at the 2012 USA Diving Winter National Championships and World Cup Trials in December, finishing with 519.30 points.

UI diving coach Bob Rydze has also been chosen as one of three coaches for the USA Diving National Team at the Canada Cup.

## U.S. DIVING NATIONALS

Senior diver **Veronica Rydze** competed in the one-meter and three-meter springboards as well as the three-meter synchro with former Iowa All-America diver **Deidre Freeman** at the 2011 USA Diving Winter National Championships and World Cup Trials.

Rydze posted a seventh place finish on the 1-meter with a score of 258.38 and placed 36th on the 3-meter springboard with 213, finishing better than 38 competitors. Rydze and Freeman dove to a fifth place finish in the three-meter synchro with 519.3 points.

## CANADIAN DIVING WINTER CHAMPIONSHIPS

Sophomore diver **Lauren Kelba** competed at the Canadian Diving Winter Championships and World Cup Trials on Dec. 15-18. Kelba performed five dives on the 3-meter springboard in the preliminaries to place 23rd overall with 231 points.

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## RETURNING ALL-AMERICANS

The women's squad returns All-America diver **Veronica Rydze**. She earned the accolade after finishing 13th on the 1-meter board (296.35) at the NCAA Championships.

## LAST EVENT

The Hawkeyes competed at the Shamrock Invitational on Jan 27-28 at the Rolfs Aquatics Center. After three sessions of competition, the Hawkeyes fell to host Notre Dame (201-169) and 14th-ranked Ohio State (217-146).

## NEXT EVENT

Friday's meet against Western Illinois marks the last regular season dual meet of the season. The Hawkeyes will have a week break before hosting the Big Ten Championships Feb. 15-18.

## CAMPUS RECREATION AND WELLNESS CENTER

Ground was broken for the Campus Recreation and Wellness Center in October 2007. The facility opened in August 2010 and is home for the Hawkeyes. It is located at the corner of Burlington and Madison streets and cost approximately \$69 million. The facility includes a 50-meter competition pool, a separate diving well, a leisure pool with lap lanes and 24,000 square feet of fitness space.

## BIG TEN CHAMPIONSHIPS

The University of Iowa hosts the 2012 Big Ten Women's Swimming and Diving Championships on Feb. 15-18 at the Campus Recreation and Wellness Center in Iowa City, Iowa.

Visit the official Championship page at [hawkeyesports.com/sports/w-swim](http://hawkeyesports.com/sports/w-swim) for information on tickets, travel, parking, results, schedule of events and more.

Iowa previously hosted the 1985 Big Ten Women's Swimming and Diving Championships at the UI Field House.

Iowa will also be host to the 2012 Men's Big Ten Swimming and Diving Championships on Feb. 22-25. The same site has not hosted both the men and women's Big Ten Championship meets since 1987 and 1988 when they were held in Indianapolis.

## HEAD COACH MARC LONG

Marc Long is in his eighth season as head coach of the University of Iowa swimming team. It's his seventh as head coach of the combined program. During his tenure as head coach of both programs, 36 school records have fallen and 74 Hawkeyes have provisionally qualified for the NCAA Championships.

## DIVING COACH BOB RYDZE

Bob Rydze is in his 37th year as diving coach of the men and women's teams at the University of Iowa. Rydze served as

Team Leader for USA Diving at the 2008 Olympics in Beijing. During his tenure with the Hawkeyes, Rydze has coached 33 All-Americans, nine Big Ten and one NCAA Champion.

## IOWA SWIMMING HISTORY & TRADITION

Iowa was one of the first schools in the nation to compete on the collegiate level and competed at the first NCAA Championship. From 1937 to 1960, Iowa placed in the NCAA top 10 18 times, crowning nine NCAA and 22 Big Ten champions.

## CAPTAINS COUNCIL

Six student-athletes have been named to the 2011-12 Captains' Council. **Ryan Phelan**, **Jordan Huff** and **Kyle Noser** will captain the men's squad, while **Daniela Cubelic**, **Danielle Carty** and **Haley Gordon** will captain the women's squad. The Captains' Council was voted on by their peers and coaches.

## 2011-12 TOP TIMES

50 Free .....	Heather Arseth .....	23.51
100 Free .....	Danielle Carty .....	50.95
200 Free .....	Becky Stoughton.....	1:48.52*
500 Free .....	Becky Stoughton.....	4:43.79***(B)
1,000 Free .....	Becky Stoughton.....	9:39.44***(B)
1,650 Free .....	Becky Stoughton.....	16:27.77 (B)
100 Back .....	Daniela Cubelic.....	55.86
200 Back .....	Becky Stoughton.....	1:58.38 (B)
100 Breast .....	Hannah Maher.....	1:03.13
200 Breast .....	Karolina Wartalowicz.....	2:16.89
100 Fly .....	Abbey Tuchscherer .....	54.77
200 Fly .....	Abbey Tuchscherer .....	2:01.17
200 IM.....	Haley Gordon.....	2:03.36
400 IM.....	Becky Stoughton.....	4:16.01*** (B)
200 Free Relay .....	Arseth, Maher, .....Carty, Cubelic .....	1:33.91
400 Free Relay.....	.....Carty, Arseth, .....Hovren, Stoughton.....	3:23.31 (B)
800 Free Relay .....	Hovren, Stoughton, .....Cubelic, Maher.....	7:29.89
200 Medley Relay.....	.....Carty, Wartalowicz, .....Gordon, Arseth.....	1:41.41(B)
400 Medley Relay....	.....Cubelic, Wartalowicz, .....Tuchscherer, Stoughton .....	3:45.19
One-Meter Diving .....	Veronica Rydze.....	312.30
Three-Meter Diving ....	Veronica Rydze.....	345.90
Platform.....	Lauren Kelba.....	253.65

(B) - NCAA B Cut, \* -- school record, \*\* -- Pool Record, ^ -- NCAA diving Standard