

THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



TRACK CONTACTS: STEPHANIE DITTMER

January 4, 2011

2010-11 IOWA TRACK & FIELD INDOOR SCHEDULE

Date	Meet
Mar. 25-26	Stanford (W) Stanford, CA
April 1-2	LSU Invite Baton Rouge, LA
April 8-9	Sun Angel Classic Tempe, AZ
April 15-17	Mt. SAC Relays Walnut, CA
April 23	Musco Twilight XII Iowa City, IA
April 28-30	Drake Relays Des Moines, IA
May 6	Central Invite Pella, IA
May 13-15	Big Ten Championships Iowa City, IA

IOWA COACHING STAFF

Layne Anderson	Head Women's Coach
Larry Wieczorek	Head Men's Coach
Scott Cappos	Assistant Coach
.....	Men's and Women's Throws
Clive Roberts	Assistant Coach
.....	Horizontal jumps, women's short
.....	sprints, hurdles, relays
Christi Smith	Assistant Coach
.....	Combined events, vertical jumps
Joey Woody	Assistant Coach
.....	Men's sprints, short hurdles and relays
.....	women's long sprints and hurdles

THIS WEEK

The Hawkeye women are traveling to Stanford, Cali. to compete at the Stanford Invite Friday and Saturday.

Seven Hawkeyes will compete in the 5,000 meter run, including Amanda Hardesty, Brooke Eilers, Betsy Flood, Hannah Roeder, McKenzie Melander, Kelsey Hart and Katherin Rehn. Lauren Hardesty, Lena Placzek, Brittany Dlhly and Megan Ranegar will run the 1,500 meter race.

OUTDOOR SEASON AT A GLANCE

The Hawkeyes will compete in seven meets prior to the Big Ten Championships, including the Drake Relays in Des Moines, Iowa.

Iowa is set to host the Musco Twilight XII meet April 23. The event will take place at the Francis X. Cretzmeyer Track.

The Hawkeyes will also be hosting the 2011 Big Ten Outdoor Championships. The three day event will begin Friday, May 13 and continue through Sunday, May 15.

Fans can stay up to date on all the championship information throughout the outdoor season by visiting the championship central site on hawkeyesports.com.

LAYNE ANDERSON

Layne Anderson is in his third year as head coach of the University of Iowa women's track and field team. He has served as the Hawkeyes' head women's cross country coach for the past seven seasons, and was the interim head women's track and field coach in 2008.

From 2003-07, he served as an assistant women's track and field coach for the Hawkeyes.

INDOOR NCAA CHAMPIONSHIPS

The men's and women's track and field teams had exceptional indoor seasons that included 10 NCAA Championship qualifiers and All-America honorees.

The men's team placed eighth at the National Championships, the highest an Iowa men's team has ever finished. The Hawkeyes boasted eight men among the top-10 athletes in the country. Notably, Erik Sowinski placed fourth in the men's 800 meter run and aided the 1,600-meter relay team in a fourth place finish.

The Iowa women's team was represented by school record holders Bethany Praska and McKenzie Melander. Praska placed seventh in the final run of the 800 meters and Melander finished 15th in the women's mile run.

Ten Hawkeye student-athletes earned the distinction of All-America honorees after their superb performances in the national spotlight.

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TRACK CONTACTS: CHRIS BREWER, STEPHANIE DITTMER

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COMING UP

Iowa travels to Baton Rouge, La. for the LSU Invite, April 1-2. The Hawkeye men will open their outdoor season at the event.

2009-10 OUTDOOR SEASON LEADERS

MEN'S	WOMEN'S
100 meters..... Zeke Sayon 10.51	100 meters Rhonda-Kaye Trusty 11.74
110-meter hurdles..... Jordan Mullen 14.06	100-meter hurdles..... Karessa Farley 13.50
200 meters..... Steven Willey..... 21.23	200 meters..... Rhonda-Kaye Trusty 23.74
400 meters..... Steven Willey..... 45.78	400 meters..... Rhonda-Kaye Trusty 55.09
400-meter hurdles Ray Varner 50.24	400-meter hurdles..... Tiffany Hendricks 1:01.36
800 meters..... Erik Sowinski 1:48.00	800 meters..... Bethany Praska..... 2:10.85
1,500 meters..... Jeff Thode 3:43.02	1,500 meters..... Betsy Flood..... 4:17.75
3,000 meters..... Chase Kadlec 8:28.64	3,000 meters..... Betsy Flood..... 9:22.63
Steeple Chase..... Mark Battista 9:04.60	Steeple Chase..... Danielle Berndt 10:56.47
5,000 meters..... Jesse Luciano..... 14:08.71	5,000 meters..... Betsy Flood..... 16:32.34
10,000 meters..... Nick Holmes 30:02.31	10,000 meters Megan Lessard..... 35:28.03
Shot Put..... R. Lamparek..... 58-4, 17.78m	Hammer Throw..... T. Medenwaldt.... 171-11, 52.40m
Discus R. Lamparek ... 171-3, 52.19m	Javelin..... Missy Miller..... 105-5, 32.14m
Hammer..... Matt Banse..... 199-0, 60.66m	Discus..... T. Medenwaldt..... 161-3, 49.16m
Javelin..... Matt Byers 232-2, 70.76m	Shot Put..... T. Medenwaldt.. 45-11 3/4, 14.01m
High Jump..... Oest/Valdes 6-11, 2.11m	Long Jump..... Emily Moore 18-0 1/4, 5.49m
Long Jump..... Jeff Herron..... 24-9, 7.54m	High Jump..... Caleigh Bacchus..... 5-10, 1.78m
Triple Jump..... Josh Bean.. 48-10 3/4, 14.90m	Pole Vault..... Katie Truedson ... 11-5 1/4, 3.49m
Pole Vault..... Kyle Reid..... 16-1 1/4, 4.91m	Heptathlon..... Missy Miller..... 4,227
Decathlon..... Dan Rolling..... 6,957	400-meter relay..... Farley, Trusty, Graham, R. Moore..... 45.60
400-meter relay..... Richardson, Sayon, Bee, Richards..... 40.31	800-meter relay..... Trusty, Graham, R. Moore, E. Moore 1:41.28
1,600-meter relay Richardson, Barton, Sowinski, Willey..... 3:05.61	1,600-meter relay Hendricks, Trusty, Erickson, Praska..... 3:39.88

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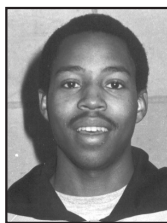
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Jeremy Allen



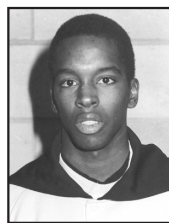
Gordon Beecham



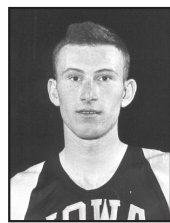
A.J. Curtis



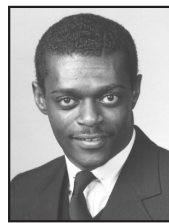
Chris Davis



Terrence Duckett



Bill Frazier



Victor Greer

100 Meters

- George Page, 1996.....10.25
- Anthuan Maybank, 1994.....10.31
Tim Dwight, 1997.....10.31
- Bob Lawson, 1976.....10.36
- Robert Smith, 1984.....10.39
- Curtis Chang, 1987.....10.40
- Jeff Patrick, 1983.....10.41
Tim Dodge, 2002.....10.41
- Jerry Fisher, 1991.....10.45
- Andre Morris, 1996.....10.47

110-Meter High Hurdles

- Pat McGhee, 1989.....13.50
- Dion Trowers, 1996.....13.62
- Ronnie McCoy, 1985.....13.66
- James Armstrong, 1991.....13.89
- Doug Jones, 1986.....14.06
Jordan Mullen, 2010.....14.06
- Chris Williams, 1983.....14.24
- Rajeev Balkrishnan, 1993.....14.29
- Gary Falls, 1992.....14.48
- Ethan Holmes, 2010.....14.49

200 Meters

- Jeff Patrick, 1983.....20.47
- Anthuan Maybank, 1994.....20.55
- Andre Morris, 1995.....20.64
- George Page, 1996.....20.67
- Terrence Duckett, 1982.....20.74
- Tim Dodge, 2002.....20.78
- Bashir Yamini, 1999.....20.82
- Dennis Kohl, 1966.....20.84
- Tim Dwight, 1997.....20.91
- Victor Greer, 1984.....20.98

400 Meters

- Anthuan Maybank, 1993.....44.99
- Andre Morris, 1995.....45.15
- Mike Mondane, 1967.....45.20
- Steven Willey, 2010.....45.78
- Gary Hollingsworth.....46.30
- Harold Leonard, 1986.....46.45
- Tony Branch, 1999.....46.60
- Prince Riley, 2007.....46.61
- George Page, 1996.....46.66
- Dick Eisenlauer, 1973.....46.74
Terrence Duckett, 1983.....46.74

400-Meter Hurdles

- Pat McGhee, 1988.....48.83
- Monte Raymond, 1998.....50.09
- Ray Varner, 2010.....50.24
- Paul Steele, 1989.....50.45
- Russell Peterson, 2001.....50.50
- Adam Kunkel, 2001.....50.73
- Jon Reimer, 1967.....50.94
- Gary Falls, 1991.....51.08
- Rajeev Balkrishnan, 1993.....51.14
- Scott Williamson, 2000.....51.74

800 Meters

- Bill Frazier, 1962.....*1:47.64
- D'Juan Strozier, 1990.....1:47.82
- Erik Sowinski, 2010.....1:48.00
- Michael Layne, 1999.....1:49.61
- Bill Thiesen, 1985.....1:49.74
- Adam Hairston, 2008.....1:49.96
- Andy Wiese, 1985.....1:50.22
- Paul Chepkwony, 1984.....1:50.36
- Rod Chambers, 1989.....1:50.60
- Jim Donovan, 1998.....1:50.68

1,500 Meters

- Jeff Thode, 2010.....3:43.02
- Joel Moeller, 1978.....3:44.01
- Jim Docherty, 1978.....3:44.30
- Dan Waters, 1986.....3:46.35
- Kevin Herd, 1994.....3:46.64
- John Clark, 1977.....3:46.84
- Ted Wheeler, 1956.....3:48.24
- Jesse Luciano, 2007.....3:49.99
- M. VanDenend, 2007.....3:50.20
- John Dobbs, 1985.....3:50.70

3,000-Meter Steeplechase

- Deacon Jones, 1956.....8:47.40
- Steve Pershing, 1978.....8:54.59
- Andy Morris, 2000.....8:56.21
- Matt Gerard, 1994.....8:57.01
- Andy Napier, 2008.....8:57.54
- Rollie Kitt, 1967.....9:02.90
- Al Greene, 1985.....9:02.96
- Tony Rakaric, 2005.....9:03.29
- Mark Battista, 2010.....9:04.60
- Sean Gale, 1993.....9:08.00

5,000 Meters

- Micah VanDenend, 2007.....13:49.31
- Larry Wiczorek, 1968.....13:56.00
- Kevin Herd, 1993.....13:59.00
- Stetson Steele, 2000.....14:02.76
- Eric MacTaggart, 2005.....14:04.79
- Dan Haut, 2006.....14:07.30
- Jesse Luciano, 2010.....14:08.71
- Matt Esche, 2006.....14:12.07
- Chase Kadlec, 2010.....14:14.45
- Jeff Kent, 2007.....14:21.05

10,000 Meters

- Stetson Steele, 2000.....28:44.47
- Eric MacTaggart, 2006.....28:50.23
- Nick Nordheim, 2002.....29:44.71
- Trent Corey, 2002.....29:45.25
- Chad Schwitters, 1999.....29:56.00
- Nick Holmes, 2010.....30:02.31
- Dan Haut, 2006.....30:03.08
- Kevin Herd, 1994.....30:05.21
- Paul Sarris, 2001.....30:08.40
- Matt Esche, 2004.....30:08.82

Decathlon

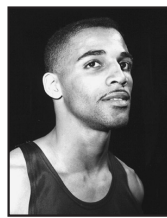
- Dan Rolling, 2010.....6,957 pts
- Scott Faber, 2000.....6,839 pts
- Ryan Niver, 2008.....6,837 pts
- Chad Ohly, 1994.....6,641 pts
- Gary Kostrubala, 1984.....6,498 pts
- Frank Prill, 2008.....6,381 pts
- Jacob Drewry, 1994.....5,820 pts

High Jump

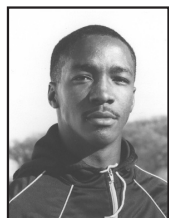
- Bill Hansen, 1978.....7-4 (2.23)
- Bill Knoedel, 1975.....7-4 (2.23)
- M. Cunningham, 1986.....7-1 (2.16)
- Kenneth Lansing, 1988.....7-1 (2.16)
- Pat Meade, 1987.....7-0 (2.13)
- Scott Hudak, 1993.....6-11 (2.11)
- Jeremy Petsche, 2008.....6-11 (2.11)
- G. Valdes, 2010.....6-11 (2.11)
- Ryan Kelly, 2008.....6-10 3/4 (2.10)
- Brandon Oest.....6-10 3/4 (2.10)



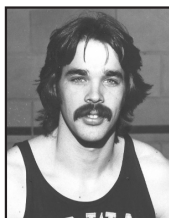
Bill Hansen



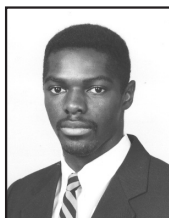
Deacon Jones



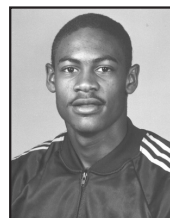
Paul Jones



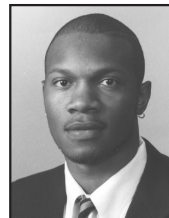
Bill Knoedel



Anthuan Maybank



Pat McGhee



Andre Morris

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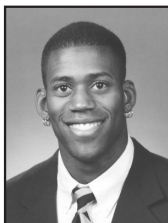
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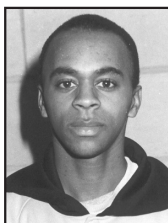
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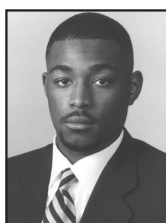
George Page



Jeff Patrick



Dan Rolling



Ed Rozell



Robert Smith



Stetson Steele

Long Jump

1. Anthuan Maybank, 1993 27-1 (8.25)
2. Bashir Yamini, 1997 26-8 1/4 (8.13)
3. Paul Jones, 1989 25-10 1/4 (7.88)
4. Darren Smith, 1991 25-9 3/4 (7.86)
5. Quinn Early, 1986 25-7 1/4 (7.80)
6. Ed Gordon, 1931 25-4 3/8 (7.68)
7. Matty Gorman, 2006 25-1 1/4 (7.65)
8. Ronnie McCoy, 1985 25-0 (7.62)
9. Jeffery Herron, 2010 24-9 (7.54)
10. Joe Robinson, 1976 24-2 3/4 (7.38)

Triple Jump

1. Paul Jones, 1990 52-0 1/2 (15.86)
2. Gordon Finch, 1988 50-9 1/4 (15.47)
3. Mike Lacy, 1984 50-5 (15.36)
4. Pat Miller, 1985 49-8 1/2 (15.25)
5. Matty Gorman, 2008 49-2 1/2 (15.00)
6. Owen Gill, 1982 49-1 (14.96)
7. Josh Bean, 2010 48-10 3/4 (14.90)
8. Ed Gordon, 1931 48-0 1/8 (14.63)
9. Mike Means, 1981 47-0 1/2 (14.34)
10. Aaron Reed, 2005 45-3 1/2 (13.80)

Pole Vault

1. Todd Wigginton, 1984 17-0 (5.18)
2. Chad Ohly, 1994 16-8 3/4 (5.10)
3. Curt Broek, 1978 16-8 (5.08)
4. Phil Wertman, 1971 16-7 (5.05)
5. Kelly Scott, 1988 16-7 (5.05)
6. John Teffer, 1972 16-2 (4.93)
7. Kyle Reid, 2010 16-1 1/4 (4.91m)
8. Alex Zona, 2009 16-0 3/4 (4.90)
9. Steve Brewer, 1983 16-0 (4.88)
10. Doug Pennino, 1985 16-0 (4.88)

Shot Put

1. Jeremy Allen, 2001 63-2 3/4 (19.27)
2. Ken Kemeny, 2005 62-3 (18.97)
3. Shane Maier, 2006 62-2 1/4 (18.95)
4. Andy Banse, 2005 61-11 1/2 (18.88)
5. John Hickey, 2008 61-9 1/2 (18.83)
6. Chris Gambol, 1987 60-0 1/2 (18.30)
7. A.J. Curtis, 2008 59-8 1/4 (18.19)
8. A. van der Westhuizen, 2000 58-8 3/4 (17.90)
9. Ryan Lamparek, 2010 58-4 (17.78)
10. Gary Kostrubala, 1985 58-1 (17.70)

Discus

1. A. J. Curtis, 2007 202-11 (61.84)
2. Gary Kostrubala, 1986 202-4 (61.68)
3. Jeremy Allen, 2001 195-4 (59.54)
4. Tim Brodersen, 2005 193-6 (58.98)
5. Brad Daufeldt, 2004 185-0 (56.40)
6. Nick Brayton, 2009 180-11 (55.15)
7. Andy Banse, 2005 180-0 (54.86)
8. Eric Rothwell, 2004 179-7 (54.73)
9. Shane Maier, 2008 178-7 (54.43)
10. Ryan Lamparek, 2009 177-3 (54.04)

Hammer

1. A. van der Westhuizen, 2001 222-11 (67.94)
2. Adam Hamilton, 2007 222-2 (67.73)
3. Jim Costello, 2002 217-7 (66.32)
4. Brad Daufeldt, 2004 207-10 (63.34)
5. Chris Voller, 2005 206-0 (62.80)
6. Jeremy Allen, 2001 199-0 (60.66)
7. Matt Banse, 2010 199-0 (60.66)
8. Ben Stancombe, 2010 185-11 (56.68)
9. Ryan Jordan, 2007 184-6 (56.23)
10. Ryan Lamparek, 2010 181-7 (55.35)

Javelin

1. Bill Neumann, 2002 244-8 (74.58)
2. Matt Byers, 2010 232-2 (70.76)
3. Dan Ralph, 2000 227-10 (69.44)
4. Zach Schimp, 2010 211-0 (64.32)
5. Kale Katt, 2007 204-0 (62.17)
6. Joel Storm, 2004 203-5 (62.01)
7. Matt Stank, 2001 199-0 (60.66)
8. A. van der Westhuizen, 1999 173-11 (53.00)
9. Craig Jennings, 2006 173-4 (52.83)
10. Scott Faber, 2000 173-1 (52.78)

400-Meter Relay

1. Beecham, Duckett, Greer, R. Smith, 1984 39.48
2. Page, Davis, Rozell, Morris, 1996 39.73
3. Felix, Branch, Dodge, Yamini, 1999 39.96
4. Beecham, Duckett, Greer, Patrick, 1983 39.99
5. Dwight, Branch, Davis, Yamini, 1998 40.00
- Goode, Fisher, Morris, Maybank, 1994 40.00
- 1998 40.00
- Dwight, Branch, Dodge, Yamini, 1999 40.00
9. Williamson, Dodge, Peterson, Digney, 2002 40.04
10. McCoy, Duckett, Greer, Smith, 1984 40.07

1,600-Meter Relay

1. Morris, Davis, Page, Rozell, 1995 3:03.11
2. Branch, Dwight, Dodge, Yamini, 1999 3:03.29
3. Ferree, Frazier, Mondane, Reimer, 1967 3:04.10
4. Rozell, Morris, Davis, Yamini, 1996 3:04.71
5. Willey, Barton, Richards, Sowinski, 2010 3:05.61
6. Cameron, Williams, McGhee, McCoy, 1985 3:06.00
7. Rozell, Davis, Dwight, Raymond, 1997 3:06.06
- Dodge, Kunkel, Coleman, Peterson, 2001 3:06.06
9. Davis, Rozell, Morris, Raymond, 1996 3:06.54
10. Williamson, Dodge, Strang, Coleman, 2002 3:06.69

Distance Medley Relay

1. Pershing, Moeller, Slack, Docherty, 1978 9:39.94
2. Young, Barton, Kuczwarra, Luciano, 2010 9:42.97
3. Theisen, Williams, Wiesa, Waters, 1985 9:54.04
4. Luciano, Pierre, Hairston, VanDenend, 2007 9:54.07
5. VanDenend, Riley, O'Hollearn, Rakaric, 2006 9:54.97
6. Feeldy, Eischeid, Novotny, Peters, 1996 9:55.71
7. Thomas, Wise, Cunningham, S.Allen, 2001 10:01.57
8. Thomas, Wakenight, Dziubski, Rakaric, 2003 10:01.72
9. Trainor, Coleman, Cunningham, Allen, 2002 10:01.93
10. English, Blackman, Stroler, Chambers, 1988 10:04.25



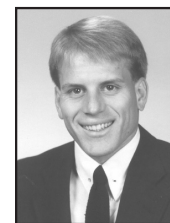
Jeff Thode



Micah
VanDenend



Arno van der
Westhuizen



Todd Wigginton

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