

# IOWA HAWKEYES

Swimming & Diving Contact: Marcus Dittmer

**SWIMMING & DIVING WEEKLY RELEASE**

**January 17, 2005**

## 2005-06 Schedule & Results

- 10/13 at Wisconsin w/Wisconsin-Milwaukee  
*Men: vs. Wisconsin, Lost 80-162,*  
*vs. Wisconsin-Milwaukee, Won 163-78*  
*Women: vs. Wisconsin, Lost 78-164,*  
*vs. Wisconsin-Milwaukee Won 172-71*
- 10/21 Minnesota  
*Men: Lost 66-224*  
*Women: Lost 131-169*
- 11/4 at Kansas# w/ Missouri State\*  
*Men: vs Missouri State, Lost 54.5-85.5*  
*Women: vs Kansas, Lost 120.5-175.5*  
*vs. Missouri State, Won 97-43*
- 11/11 Truman State\*  
(Men: Won 176.5-82.5  
Women: Won 142.5-119.5)
- 12/2-4 Ohio State Invitational\*  
*Men: 6th, 164*  
*Women: 6th, 274.5*
- 1/2-12 Hawaii Training Trip\*  
(Honolulu, HI)
- 1/21 Illinois# & Missouri\***  
**(Iowa City -- 1 p.m.)**
- 1/27 at Northwestern\*  
(Evanston, IL -- 5 p.m.)
- 1/28 at Illinois-Chicago\*  
(Chicago, IL -- 1 p.m.)
- 2/3 at Northern Iowa#  
(Cedar Falls, IA -- TBA)
- 2/15-18 Women's Big Ten Championships  
(Columbus, OH -- 11 a.m./7 p.m.)
- 2/23-25 Men's Big Ten Championships  
(Bloomington, IN -- noon/7 p.m.)
- 3/3-5 Iowa Senior Championships\*  
(Iowa City -- All Day)
- 3/9-11 NCAA Diving Qualifier\*  
(Columbus, OH -- TBA)
- 3/16-18 Women's NCAA Championships  
(Athens, GA -- All Day)
- 3/23-25 Men's NCAA Championships  
(Atlanta, GA -- All Day)

All times local to site. \* -- co-ed meet,  
# -- women's only meet, ^ -- men's only meet

**THIS WEEK** -- The Iowa men and women's swimming team will be hosting Illinois and Missouri on Saturday, January 21. This will be the final home meet for the Hawkeye seniors. The meet is scheduled for 1 p.m. in the Fieldhouse Pool in Iowa City. Admission is free.

**ON ILLINOIS** -- The Illini women are 4-3 and have defeated Oakland, Toledo, Marshall and Illinois State and have fallen to Kentucky, Louisville and Indiana. They also placed sixth at the UIC Diving Invitational, second at the Northwestern Relays, fifth at the Ohio State Invitational and third in a triangular with Michigan and Notre Dame.

**ON MISSOURI** -- The Missouri men's team is 2-0 and have defeated Texas A&M and Missouri State (156-144). They have placed first at the Show-Me-Showdown, second in the Big 12 Relays, fifth at the Purdue Invite and ninth at the Texas Invite.

The Missouri women's team is 0-2-1 and have defeated Missouri State (196.5-98.5), tied with Texas and fallen to Texas A&M and Kansas (125-175). They placed first at the Show-Me-Showdown, third at the Big 12 Relays, fourth at the Purdue Invite and seventh at the Texas Invite. The Tigers will square off against Iowa State in Ames on Friday night before traveling to Iowa City on Saturday.

**THE LAST TIME...** -- The last time the Iowa men swam against Missouri was in a tri-angular in Iowa City on January 28-29, 2005. The Tiger men defeated the Hawkeyes 213.5-149.5. The Hawkeyes hold the all-time series advantage at 6-1 versus the Tigers. The last time the Iowa women took on the Illinois women was on January 22, 2005 and fell to the Illini 152-148 and last challenged Missouri on January 31, 2003 and were downed by the Tigers 175-125. Iowa trails in the all-time series with Illinois at 7-10 and is tied with Missouri at 3-3.

**LAST COMPETITION** -- The University of Iowa's women's swimming and diving team last competed at Iowa State on December 9. The Hawkeyes came away victorious by a score of 156-144, improving their season record to 4-3 (0-2 Big Ten).

157 Carver-Hawkeye Arena Iowa City, IA 52242

Phone: 319-335-9411 Fax: 319-335-9417

Internet: [www.hawkeyesports.com](http://www.hawkeyesports.com)

E-mail: [marcus-dittmer@uiowa.edu](mailto:marcus-dittmer@uiowa.edu)

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The Hawkeyes were once again led by the seniors. Kelly Werner finished first in the 100 and 200 backstroke and the 100 butterfly, while senior diver Nancilea Underwood won the one-meter (291.37) and the three-meter (338.47). The 200 medley relay team of Alison Gschwend, Emmy Haeger, Kelly Werner and Katie Martin placed first. Martin, senior, also placed first in the 50 freestyle and second in the 100 freestyle. The 400 freestyle team of Martin, Emily Hoefler, Robin Samples and Karen Kelly took top honors in a time of 3:31.25.

The Hawkeyes also had great performances from its freshmen. Alison Gschwend took second place in the 100 backstroke (58.04), Andrea Hemphill placed third in the 1,000 freestyle (10:42.65) and Ashley Dell and Heather Hall finished third and fourth in the 500 freestyle, with times of 5:11.55 and 5:12.07, respectively.

The Hawkeye men last competed at the Ohio State Invitational, where they finished sixth with 164 points. Freshman **Nick Divan** finished fifth in the 1,650 freestyle (15:52.10) and 11th in the 500 freestyle (4:34.62). Older brother, junior **Paul Divan** placed seventh in the 200 breaststroke and 12th in the 100 breaststroke. Senior **Trevor Haley** finished sixth in the 400 individual medley, 15th in the 200 individual medley and 12th in the 200 butterfly.

**HEAD COACH MARC LONG** -- Marc Long is in his second season as head coach for the University of Iowa women and first for the men. He served two seasons as the Iowa women's assistant coach (2003-04) before taking over. He also served as a Hawkeye men's assistant coach from 1998-2001.

**DIVING COACH BOB RYDZE** -- Bob Rydze is in his 31st year as diving coach of the men and women's teams at the University of Iowa. He is dean of Big Ten swimming and diving coaches. During his tenure with the Hawkeyes, Rydze has coached 29 all-Americans, nine Big Ten and one NCAA Champion.

### 2005-06 Top Times

#### Men:

50 free	Nathan Keeling	21.90
100 free	Cameron Dye	47.91
200 free	Nick Divan	1:43.68
500 free	Nick Divan	4:34.62
1,000 free	Nick Divan	9:30.62
1,650 free	Nick Divan	15:52.10
100 back	Andrej Lenert	53.26
200 back	Andrej Lenert	1:54.57
100 breast	Dragos Agache	56.82
200 breast	Andrej Lenert	1:56.72
100 fly	Nathan Keeling	51.02
200 fly	Trevor Haley	1:53.29
200 IM	Trevor Haley	1:54.56
400 IM	Trevor Haley	4:04.79
200 free relay		1:27.50
400 free relay		3:11.72
800 free relay		6:56.35
200 med. relay		1:35.98
400 med. relay		3:28.79
One-Meter	Drew DeLashmutt	253.58
Three-Meter	Adam Walker	274.35

#### Women:

50 free	Katie Martin	24.01
100 free	Katie Martin	52.21
200 free	Erica Noah	1:55.15
500 free	Ashley Dell	5:02.05
1,000 free	Ashley Dell	10:15.73
1,650 free	Ashley Dell	17:25.18
100 back	Kelly Werner	56.80
200 back	Kelly Werner	2:02.66
100 breast	Emmy Haeger	1:05.20
200 breast	Emmy Haeger	2:21.24
100 fly	Kelly Werner	57.08
200 fly	Andrea Hemphill	2:07.18
200 IM	Kelly Werner	2:06.35
400 IM	Andrea Hemphill	4:34.58
200 free relay		1:36.11
400 free relay		3:31.25
800 free relay		7:46.53
200 med. relay		1:46.27
400 med. relay		3:50.69
One-Meter	Nancilea Underwood	307.35
Three-Meter	Nancilea Underwood	365.78