

# THE UNIVERSITY OF IOWA



## HAWKEYE TRACK & FIELD



TRACK CONTACTS: CHRIS BREWER & STEPHANIE DITTMER

April 26, 2011

### 2011 OUTDOOR SCHEDULE

Date	Meet
Mar. 25-26	Stanford (W) Stanford, CA
April 1-2	LSU Invite Baton Rouge, LA
April 8-9	Sun Angel Classic Tempe, AZ
April 16	War Eagle Invitational Auburn, AL
April 16-17	Jim Duncan Invitational Des Moines, IA
April 23	Musco Twilight XII Iowa City, IA
<b>April 28-30</b>	<b>Drake Relays Des Moines, IA</b>
May 6	Central Invite Pella, IA
May 13-15	Big Ten Championships

### HAWKEYES IN BIG TEN TOP 5

Men	Event	Mark	Rk.
<b>Justin Austin</b>	100 meters	10.53	5th
	<b>200 meters</b>	<b>20.87</b>	<b>1st</b>
Steven Willey	400 meters	46.48	3rd
Erik Sowinski	800 meters	1:48.15	3rd
Jeff Thode	1,500 meters	3:45.54	4th
Jordan Mullen	110 hurdles	13.79	2nd
<b>Ethan Holmes</b>	110 hurdles	14.02	3rd
	<b>400 hurdles</b>	<b>51.05</b>	<b>1st</b>
D'Juan Richardson	400 hurdles	51.12	2nd
Graham Valdes	High Jump	6-10.75	T-3
Jeffrey Herron	High Jump	6-10.75	T-3
Brandon Oest	High Jump	6-10.75	T-3
Troy Doris	Triple Jump	51-5	2nd
<b>Matt Byers</b>	<b>Javelin</b>	<b>245-8</b>	<b>1st*+</b>
Iowa (m)	400m relay	39.86	2nd
Iowa (m)	1,600m relay	3:08.10	3rd
Women	Event	Mark	Rk.
Ashley Liverpool	400 meters	53.87	2nd
<b>Bethany Praska</b>	400 meters	54.01	4th
	<b>800 meters</b>	<b>2:05.46</b>	<b>1st*</b>
Betsy Flood	5,000 meters	16:16.41	3rd
Brooke Eilers	5,000 meters	16:29.41	5th
Carisa Leacock	Long Jump	19-11.5	4th
Majesty Tutson	Discus	166-11	5th*
Iowa (w)	400m relay	45.77	4th
Iowa (w)	1,600m relay	3:36.52	2nd

Conference leader in **BOLD**

\*School Record

+Conference Record

### THIS WEEK

The University of Iowa Track and Field team travels to Des Moines, Iowa, to compete in the 102nd Drake Relays at Drake Stadium Thursday-Saturday. The Hawkeyes open the relays Thursday at 4:40 p.m. with the women's 4xmile Relay. Preliminary heats in 10 races will begin at 8 a.m. Friday morning. Finals in 12 running events are slated for the afternoon session, beginning at 12:15 p.m. The Saturday session will begin at 8 a.m. The Saturday afternoon session, which features finals in 36 races and seven field events, begins at 12:30 p.m. with the men's triple jump.

### LET'S START WITH THE WOMEN'S 4XMILE

The Hawkeye women set a Drake Relays 4xmile record last season en route to a second place finish. Betsy Flood, Amanda Hardesty, Lauren Hardesty and McKenzie Melander finished in 19:05.63, but Minnesota edged the Hawkeyes down the stretch to capture the title and claim the new event record. Iowa is a favorite to contend for the title Thursday at 4:40 p.m.

### BEFORE WE CLEAR THE STADIUM

The men's 4x4 team will compete for a Relays title at 4:10 p.m. in the final event of the Friday afternoon session. Steven Willey, Chris Barton, Erik Sowinski and Patrick Richards placed second in 3:05.73 at last year's event. It was the quartet's first appearance in a season that ended with a seventh place finish at the NCAA Championships.

### WHEN THE SCHOOL RECORD ISN'T ENOUGH

Sophomore Matt Byers broke a nine-year old javelin school record at the LSU Invite (April 2). Byers registered a toss of 245-8 (74.89) to best Bill Neumann's 2002 school record (244-8), which also happened to be the Big Ten record. Byers won the Big Ten javelin title as a freshman last season and currently ranks No. 6 in the country.

### LOCAL CHAPTER IN THE RECORD BOOK

Iowa City native Majesty Tutson climbed to the top of the school record list with a discus toss of 166-10.5 (50.87) at the Sun Angel Classic April 9. Tutson's discus performance ranks fifth among Big Ten performers and 37th nationally. Tutson also ranks eighth in Iowa program history in the hammer throw.

### HOLMES ON HURDLES

Sophomore Ethan Holmes owns the conference's top mark in the 400 hurdles and ranks third in the 110 high hurdles. Holmes captured a first place finish in the 400 hurdles at the Musco Twilight Meet (4/23), turning in a personal-best 51.05, the eighth best performance in program history. His 400m hurdles time ranks No. 14 nationally.

### BETHANY GETTING HISTORICAL

Senior Bethany Praska has made the most of her senior campaign. The Longmont, Colo., native set the 800 meter outdoor school record at the War Eagle Invitational with a 2:05.46 performance. Praska set the indoor 800 meter school record and captured a Big Ten 800 meter title during the indoor season. She also earned All-American honors following a seventh place finish at the NCAA Championships.

### RELAY DOMINANT

The men's 4x1 team ranks No. 2 in the Big Ten and 16th nationally with a 39.86 mark. Tevin-Cee Mincy, Zeke Sayon, Paul Chaney and Justin Austin own the third fastest mark in program history.

### 4x1 AT THE RELAYS

Iowa's 400-meter relay team earned a first place finish at the 2009 Drake Relays and a sixth place finish last season. Iowa's 2009 team included D'Juan Richardson, Zeke Sayon, Patrick Richards and Paul Chaney. The quartet won with a time of 40.71.

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### 4x4 DOIN' WORK

The women's 4x4 team - Bethany Praska, Tiffany Hendricks, Ashley Liverpool and Nicole Erickson - rank second in the Big Ten and 20th nationally with a 3:36.52 mark. That time trails the school record by just .26 seconds.

### WILLEY OR WON'T HE?... HE WILL

Senior All-American and defending Big Ten 400 meter champion Steven Willey captured a first-place finish in his outdoor season debut at the Sun Angel Classic. Willey's 46.48 performance currently ranks third among Big Ten competitors and 29th nationally. His effort ranks seventh among Iowa's all-time top performers.

### HIGH MARKS IN THE 110-HIGH HURDLES

Sophomores Jordan Mullen and Ethan Holmes rank second and third, respectively, among the Big Ten's 110m hurdles leaders. Mullen placed second (13.79) and Holmes fourth (14.02) at the War Eagle Invitational April 16 to climb to fourth and sixth, respectively, on Iowa's top performers list. The duo recently claimed the top two spots at last weekend's Musco Twilight Meet. Mullen (13.97) edged Holmes (14.21) for the title.

### ROLLING 800s

Junior Erik Sowinski and senior Adam Hairston rank third and eighth, respectively, amongst Big Ten competitors in the 800 meters. Sowinski ran 1:48.15 while capturing first place at the LSU invitational (4/2) and Hairston ran 1:49.53 to place fifth at the Sun Angel Classic (4/9). Sowinski's time ranks 11th nationally. He and Hairston rank third and fourth, respectively, on Iowa's 800m all-time performers list.

### A PAIR OF TOP 5s

Freshman Ashley Liverpool and senior Bethany Praska rank second and fourth, respectively, among the Big Ten's 400 meter competitors. They are the only teammates ranked in the conference's top five. Liverpool's time of 53.87 ranks fourth in Iowa school history and Praska's 54.01 mark ties for fifth.

### BIG TEN OUTDOOR CHAMPIONSHIPS

The University of Iowa will host the Big Ten Outdoor Track and Field Championships May 13-15 at the Cretzmeyer Track in Iowa City, Iowa. Visit the Championships page on [hawkeyesports.com](http://hawkeyesports.com) for complete meet information.

### HEAD COACH LARRY WIECZOREK

Larry Wieczorek is in his 24th season as head men's cross country coach and his 15th season as head men's track and field coach at the University of Iowa. He served as an assistant track and field coach for 12 years before taking the helm in 1997.

### HEAD COACH LAYNE ANDERSON

Layne Anderson is in his third year as head coach of the University of Iowa women's cross country and track and field teams. He has served as the Hawkeyes' head women's cross country coach for the past seven seasons, and was the interim head women's track and field coach in 2008.

### 2011 OUTDOOR SEASON LEADERS - MEN

100 meters	Justin Austin	10.53
110-meter hurdles	Jordan Mullen	13.79
200 meters	Justin Austin	20.87
400 meters	Steven Willey	46.48
400-meter hurdles	Ethan Holmes	51.05
800 meters	Erik Sowinski	1:48.15
1,500 meters	Jeff Thode	3:45.54
3K Steeple Chase	Mark Battista	9:18.71
5,000 meters	Chase Kadlec	15:32.72
10,000 meters		
Shot Put	Matt Banse	55-7 1/2 (16.95m)
Discus	Ryan Lamparek	170-7 (52.00m)
Hammer	Ben Stancombe	197-6 (60.2m)
Javelin	Matt Byers	245-8 (74.89m)*
High Jump	Valdes, Oest, Herron	6-10 3/4 (2.10m)
Long Jump	Jeffery Herron	23-11 1/2 (7.30m)
Triple Jump	Troy Doris	51-5 (15.67m)
Pole Vault	Kyle Reid	13-11 1/4 (4.25m)
400-meter relay	Mincy, Sayon, Chaney, Austin	39.86
1,600-meter relay	Willey, Richardson, Holmes, Sowinski	3:08.10

### 2011 OUTDOOR SEASON LEADERS - WOMEN

100 meters	Erin Jones	11.81
100-meter hurdles	Mary-Kate Schmitt	16.07
200 meters	Kelsey Mims	24.17
400 meters	Ashley Liverpool	53.87
400-meter hurdles	Tiffany Hendricks	59.65
800 meters	Bethany Praska	2:05.46*
1,500 meters	Lauren Hardesty	4:27.02
3,000 meters	Betsy Flood	9:28.89
3K Steeple Chase	Danielle Berndt	10:51.21
5,000 meters	Betsy Flood	16:16.41
10,000 meters		
Hammer Throw	Jasmine Simpson	180-2 (54.93m)
Javelin	Amanda Stahle	131-10 (40.19m)
Discus	Majesty Tutson	166-11 (50.87m)*
Shot Put	Rachel Curry	46-1/2 (14.03m)
Long Jump	Carisa Leacock	19-11 1/2 (6.08m)
High Jump	Zinnia Miller	5-5 (1.65m)
Pole Vault	Kirsten Weismantle	11-5 3/4 (3.50m)
Heptathlon		
400-meter relay	Hendricks, Jones, Liverpool, Leacock	45.77
800-meter relay		
1,600-meter relay	Praska, Hendricks, Liverpool, Erickson	3:36.52

\*School Record

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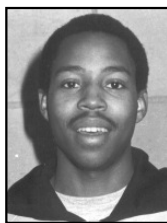
## HAWKEYE TRACK & FIELD



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Jeremy Allen



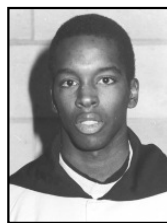
Gordon Beecham



A.J. Curtis



Chris Davis



Terrence Duckett



Bill Frazier



Victor Greer

### 100 Meters

1. George Page, 1996.....	10.25
2. Anthuan Maybank, 1994.....	10.31
Tim Dwight, 1997.....	10.31
4. Bob Lawson, 1976.....	10.36
5. Robert Smith, 1984.....	10.39
6. Curtis Chang, 1987.....	10.40
7. Jeff Patrick, 1983.....	10.41
Tim Dodge, 2002.....	10.41
9. Jerry Fisher, 1991.....	10.45
10. Andre Morris, 1996.....	10.47

### 110-Meter High Hurdles

1. Pat McGhee, 1989.....	13.50
2. Dion Trowers, 1996.....	13.62
3. Ronnie McCoy, 1985.....	13.66
4. <b>Jordan Mullen, 2011.....</b>	<b>13.79</b>
5. James Armstrong, 1991.....	13.89
6. <b>Ethan Holmes, 2011.....</b>	<b>14.02</b>
7. Doug Jones, 1986.....	14.06
8. Chris Williams, 1983.....	14.24
9. Rajeev Balkrishnan, 1993.....	14.29
10. Gary Falls, 1992.....	14.48

### 200 Meters

1. Jeff Patrick, 1983.....	20.47
2. Anthuan Maybank, 1994.....	20.55
3. Andre Morris, 1995.....	20.64
4. George Page, 1996.....	20.67
5. Terrence Duckett, 1982.....	20.74
6. Tim Dodge, 2002.....	20.78
7. Bashir Yamini, 1999.....	20.82
8. Dennis Kohl, 1966.....	20.84
9. <b>Justin Austin, 2011.....</b>	<b>20.87</b>
10. Tim Dwight, 1997.....	20.91

### 400 Meters

1. Anthuan Maybank, 1993.....	44.99
2. Andre Morris, 1995.....	45.15
3. Mike Mondane, 1967.....	45.20
4. Steven Willey, 2010.....	45.78
5. Gary Hollingsworth.....	46.30
6. Harold Leonard, 1986.....	46.45
7. <b>Steven Willey, 2011.....</b>	<b>46.48</b>
8. Tony Branch, 1999.....	46.60
9. Prince Riley, 2007.....	46.61
10. George Page, 1996.....	46.66

### 400-Meter Hurdles

1. Pat McGhee, 1988.....	48.83
2. Monte Raymond, 1998.....	50.09
3. Ray Varner, 2010.....	50.24
4. Paul Steele, 1989.....	50.45
5. Russell Peterson, 2001.....	50.50
6. Adam Kunkel, 2001.....	50.73
7. Jon Reimer, 1967.....	50.94
8. <b>Ethan Holmes.....</b>	<b>51.05</b>
9. Gary Falls, 1991.....	51.08
10. <b>D'Juan Richardson, 2011.....</b>	<b>51.12</b>

### 800 Meters

1. Bill Frazier, 1962.....	*1:47.64
2. D'Juan Strozier, 1990.....	1:47.82
3. <b>Erik Sowinski, 2010.....</b>	<b>1:48.00</b>
4. <b>Adam Hairston, 2008.....</b>	<b>1:48.53</b>
5. Michael Layne, 1999.....	1:49.61
6. Bill Thiesen, 1985.....	1:49.74
7. Andy Wiese, 1985.....	1:50.22
8. Paul Chepkwony, 1984.....	1:50.36
9. Rod Chambers, 1989.....	1:50.60
10. Jim Donovan, 1998.....	1:50.68

### 1,500 Meters

1. <b>Jeff Thode, 2010.....</b>	<b>3:43.02</b>
2. Joel Moeller, 1978.....	3:44.01
3. Jim Docherty, 1978.....	3:44.30
4. Dan Waters, 1986.....	3:46.35
5. Kevin Herd, 1994.....	3:46.64
6. John Clark, 1977.....	3:46.84
7. Ted Wheeler, 1956.....	3:48.24
8. Jesse Luciano, 2007.....	3:49.99
9. M. VanDenend, 2007.....	3:50.20
10. John Dobbs, 1985.....	3:50.70

### 3,000-Meter Steeplechase

1. Deacon Jones, 1956.....	8:47.40
2. Steve Pershing, 1978.....	8:54.59
3. Andy Morris, 2000.....	8:56.21
4. Matt Gerard, 1994.....	8:57.01
5. Andy Napier, 2008.....	8:57.54
6. Rollie Kitt, 1967.....	9:02.90
7. Al Greene, 1985.....	9:02.96
8. Tony Rakaric, 2005.....	9:03.29
9. Mark Battista, 2010.....	9:04.60
10. Sean Gale, 1993.....	9:08.00

### 5,000 Meters

1. Micah VanDenend, 2007.....	13:49.31
2. Larry Wiczorek, 1968.....	13:56.00
3. Kevin Herd, 1993.....	13:59.00
4. Stetson Steele, 2000.....	14:02.76
5. Eric MacTaggart, 2005.....	14:04.79
6. Dan Haut, 2006.....	14:07.30
7. Jesse Luciano, 2010.....	14:08.71
8. Matt Esche, 2006.....	14:12.07
9. Chase Kadlec, 2010.....	14:14.45
10. Jeff Kent, 2007.....	14:21.05

### 10,000 Meters

1. Stetson Steele, 2000.....	28:44.47
2. Eric MacTaggart, 2006.....	28:50.23
3. Nick Nordheim, 2002.....	29:44.71
4. Trent Corey, 2002.....	29:45.25
5. Chad Schwitters, 1999.....	29:56.00
6. Nick Holmes, 2010.....	30:02.31
7. Dan Haut, 2006.....	30:03.08
8. Kevin Herd, 1994.....	30:05.21
9. Paul Sarris, 2001.....	30:08.40
10. Matt Esche, 2004.....	30:08.82

### Decathlon

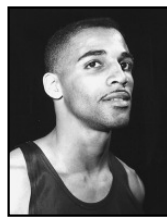
1. Dan Rolling, 2010.....	6,957 pts
2. Scott Faber, 2000.....	6,839 pts
3. Ryan Niver, 2008.....	6,837 pts
4. Chad Ohly, 1994.....	6,641 pts
5. Gary Kostrubala, 1984.....	6,498 pts
6. Frank Prill, 2008.....	6,381 pts
7. Jacob Drewry, 1994.....	5,820 pts

### High Jump

1. Bill Hansen, 1978.....	7-4 (2.23)
Bill Knoedel, 1975.....	7-4 (2.23)
3. M. Cunningham, 1986.....	7-1 (2.16)
Kenneth Lansing, 1988.....	7-1 (2.16)
5. Pat Meade, 1987.....	7-0 (2.13)
6. Scott Hudek, 1993.....	6-11 (2.11)
Jeremy Petsche, 2008.....	6-11 (2.11)
<b>G. Valdes, 2010.....</b>	<b>6-11 (2.11)</b>
9. Ryan Kelly, 2008.....	6-10 3/4 (2.10)
<b>Brandon Oest, 2011. 6-10 3/4 (2.10)</b>	
<b>J. Herron, 2011.....</b>	<b>6-10 3/4 (2.10)</b>



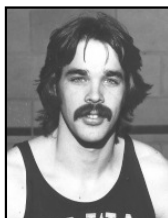
Bill Hansen



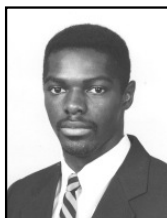
Deacon Jones



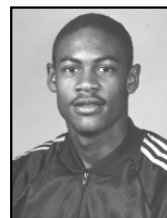
Paul Jones



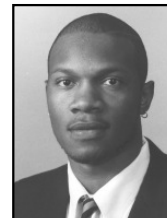
Bill Knoedel



Anthuan Maybank



Pat McGhee



Andre Morris

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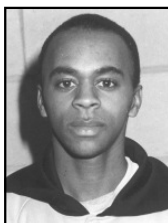
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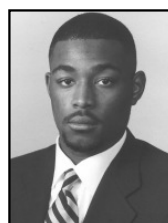
George Page



Jeff Patrick



Dan Rolling



Ed Rozell



Robert Smith



Stetson Steele

### Long Jump

1. Anthuan Maybank, 1993 ..... 27-1 (8.25)
2. Bashir Yamini, 1997 ..... 26-8 1/4 (8.13)
3. Paul Jones, 1989 ..... 25-10 1/4 (7.88)
4. Darren Smith, 1991 ..... 25-9 3/4 (7.86)
5. Quinn Early, 1986 ..... 25-7 1/4 (7.80)
6. Ed Gordon, 1931 ..... 25-4 3/8 (7.68)
7. Matty Gorman, 2006 ..... 25-1 1/4 (7.65)
8. Ronnie McCoy, 1985 ..... 25-0 (7.62)
9. Jeffery Herron, 2010 ..... 24-9 (7.54)
10. Joe Robinson, 1976 ..... 24-2 3/4 (7.38)

### Triple Jump

1. Paul Jones, 1990 ..... 52-0 1/2 (15.86)
2. **Troy Doris, 2011** ..... **51-5 (15.67)**
3. Gordon Finch, 1988 ..... 50-9 1/4 (15.47)
4. Mike Lacy, 1984 ..... 50-5 (15.36)
5. Pat Miller, 1985 ..... 49-8 1/2 (15.25)
6. Matty Gorman, 2008 ..... 49-2 1/2 (15.00)
7. Owen Gill, 1982 ..... 49-1 (14.96)
8. Josh Bean, 2010 ..... 48-10 3/4 (14.90)
9. Ed Gordon, 1931 ..... 48-0 1/8 (14.63)
10. Mike Means, 1981 ..... 47-0 1/2 (14.34)

### Pole Vault

1. Todd Wigginton, 1984 ..... 17-0 (5.18)
2. Chad Ohly, 1994 ..... 16-8 3/4 (5.10)
3. Curt Broek, 1978 ..... 16-8 (5.08)
4. Phil Wertman, 1971 ..... 16-7 (5.05)
5. Kelly Scott, 1988 ..... 16-7 (5.05)
6. John Teffer, 1972 ..... 16-2 (4.93)
7. Kyle Reid, 2010 ..... 16-1 1/4 (4.91m)
8. Alex Zona, 2009 ..... 16-0 3/4 (4.90)
9. Steve Brewer, 1983 ..... 16-0 (4.88)
10. Doug Pennino, 1985 ..... 16-0 (4.88)

### Shot Put

1. Jeremy Allen, 2001 ..... 63-2 3/4 (19.27)
2. Ken Kemeny, 2005 ..... 62-3 (18.97)
3. Shane Maier, 2006 ..... 62-2 1/4 (18.95)
4. Andy Banse, 2005 ..... 61-11 1/2 (18.88)
5. John Hickey, 2008 ..... 61-9 1/2 (18.83)
6. Chris Gambol, 1987 ..... 60-0 1/2 (18.30)
7. A.J. Curtis, 2008 ..... 59-8 1/4 (18.19)
8. A. van der Westhuizen, 2000 ..... 58-8 3/4 (17.90)
9. Ryan Lamparek, 2010 ..... 58-4 (17.78)
10. Gary Kostrubala, 1985 ..... 58-1 (17.70)

### Discus

1. A. J. Curtis, 2007 ..... 202-11 (61.84)
2. Gary Kostrubala, 1986 ..... 202-4 (61.68)
3. Jeremy Allen, 2001 ..... 195-4 (59.54)
4. Tim Brodersen, 2005 ..... 193-6 (58.98)
5. Brad Daufeldt, 2004 ..... 185-0 (56.40)
6. Nick Brayton, 2009 ..... 180-11 (55.15)
7. Andy Banse, 2005 ..... 180-0 (54.86)
8. Eric Rothwell, 2004 ..... 179-7 (54.73)
9. Shane Maier, 2008 ..... 178-7 (54.43)
10. **Ryan Lamparek, 2009** ..... **177-3 (54.04)**

### Hammer

1. A. van der Westhuizen, 2001 ..... 222-11 (67.94)
2. Adam Hamilton, 2007 ..... 222-2 (67.73)
3. Jim Costello, 2002 ..... 217-7 (66.32)
4. Brad Daufeldt, 2004 ..... 207-10 (63.34)
5. Chris Voller, 2005 ..... 206-0 (62.80)
6. Jeremy Allen, 2001 ..... 199-0 (60.66)
7. **Matt Banse, 2010** ..... **199-0 (60.66)**
8. **Ben Stancombe, 2011** ..... **197-6 (60.20)**
9. Ryan Jordan, 2007 ..... 184-6 (56.23)
10. **Ryan Lamparek, 2010** ..... **181-7 (55.35)**

### Javelin

1. **Matt Byers, 2011** ..... **245-8 (74.89)**
2. Bill Neumann, 2002 ..... 244-8 (74.58)
3. Dan Ralph, 2000 ..... 227-10 (69.44)
4. Zach Schimp, 2010 ..... 211-0 (64.32)
5. Kale Katt, 2007 ..... 204-0 (62.17)
6. Joel Storm, 2004 ..... 203-5 (62.01)
7. Matt Stank, 2001 ..... 199-0 (60.66)
8. A. van der Westhuizen, 1999 ..... 173-11 (53.00)
9. Craig Jennings, 2006 ..... 173-4 (52.83)
10. Scott Faber, 2000 ..... 173-1 (52.78)

### 400-Meter Relay

1. Beecham, Duckett, Greer, R. Smith, 1984 ..... 39.48
2. Page, Davis, Rozell, Morris, 1996 ..... 39.73
3. **Mincy, Sayon, Chaney, Austin, 2011** ..... **39.86**
4. Felix, Branch, Dodge, Yamini, 1999 ..... 39.96
5. Beecham, Duckett, Greer, Patrick, 1983 ..... 39.99
6. Dwight, Branch, Davis, Yamini, 1998 ..... 40.00
- Goode, Fisher, Morris, Maybank, 1994 ..... 40.00
- 1998 ..... 40.00
- Dwight, Branch, Dodge, Yamini, 1999 ..... 40.00
10. Williamson, Dodge, Peterson, Digney, 2002 ..... 40.04

### 1,600-Meter Relay

1. Morris, Davis, Page, Rozell, 1995 ..... 3:03.11
2. Branch, Dwight, Dodge, Yamini, 1999 ..... 3:03.29
3. Ferree, Frazier, Mondane, Reimer, 1967 ..... 3:04.10
4. Rozell, Morris, Davis, Yamini, 1996 ..... 3:04.71
5. Willey, Barton, Richards, Sowinski, 2010 ..... 3:05.61
6. Cameron, Williams, McGhee, McCoy, 1985 ..... 3:06.00
7. Rozell, Davis, Dwight, Raymond, 1997 ..... 3:06.06
- Dodge, Kunkel, Coleman, Peterson, 2001 ..... 3:06.06
9. Davis, Rozell, Morris, Raymond, 1996 ..... 3:06.54
10. Williamson, Dodge, Strang, Coleman, 2002 ..... 3:06.69

### Distance Medley Relay

1. Pershing, Moeller, Slack, Docherty, 1978 ..... 9:39.94
2. Young, Barton, Kuczwarra, Luciano, 2010 ..... 9:42.97
3. Theisen, Williams, Wiesa, Waters, 1985 ..... 9:54.04
4. Luciano, Pierre, Hairston, VanDenend, 2007 ..... 9:54.07
5. VanDenend, Riley, O'Hollearn, Rakaric, 2006 ..... 9:54.97
6. Feeldy, Eischeid, Novotny, Peters, 1996 ..... 9:55.71
7. Thomas, Wise, Cunningham, S.Allen, 2001 ..... 10:01.57
8. Thomas, Wakenight, Dziubski, Rakaric, 2003 ..... 10:01.72
9. Trainor, Coleman, Cunningham, Allen, 2002 ..... 10:01.93
10. English, Blackman, Stroler, Chambers, 1988 ..... 10:04.25



Jeff Thode



Micah  
VanDenend



Arno van der  
Westhuizen



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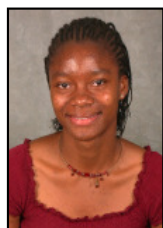
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## HAWKEYE TRACK & FIELD



TRACK CONTACTS: CHRIS BREWER & STEPHANIE DITTMER



Kineke Alexander



Meghan Armstrong



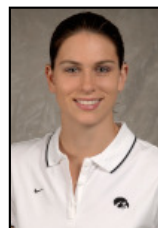
Nicole Charles



Nan Doak



Tina Floyd



Becca Franklin



Yolanda Hobbs

### 100 Meters

1. Vivien McKenzie, 1985.....11.45
2. Davera Taylor, 1984.....11.51
3. Erica Broomfield, 1998.....11.53
4. Jiselle Providence, 2001.....11.57
5. Tanja Reid, 1994.....11.60
6. Peaches Roach, 2005.....11.60
7. Yolanda Hobbs, 1995.....11.62
8. Elanie Jones, 1985.....11.69
9. R.K. Trusty, 2010.....11.74
10. Lakeya Boatright, 2000.....11.77

### 100-Meter Hurdles

1. Tiffany Johnson, 2007.....13.20
2. Karessa Farley, 2009.....13.53
3. C. Prendergast, 1999.....13.60
4. Paula Ruen, 2000.....13.60
5. Sarah Steffen, 2002.....13.65
6. Ruqayya Raheem, 1998.....13.90
7. Brenda Calhoun, 1984.....13.94
8. Wynsome Cole, 1997.....14.10
9. Kimberly Stanford, 2008.....14.11
10. Renee White, 2008.....14.20

### 200 Meters

1. Shellene Williams, 2004.....23.50
2. Kineke Alexander, 2006.....23.58
3. Davera Taylor, 1984.....23.59
4. Vivien McKenzie, 1985.....23.61
5. Yolanda Hobbs, 1995.....23.65
6. R.K. Trusty, 2010.....23.74
7. Tanja Reid, 1995.....23.75
8. Elaine Jones, 1983.....23.84
9. Jiselle Providence, 2001.....24.00
10. Lakeya Boatright, 2000.....24.14

### 400 Meters

1. Kineke Alexander, 2006.....51.35
2. Shellene Williams, 2004.....51.94
3. Ellen Grant, 1996.....52.65
4. Ashley Liverpool, 2011.....53.87
5. Senta Hawkins, 1988.....54.01
6. Bethany Praska, 2011.....54.01
7. Marlene Poole, 1994.....54.03
8. Elaine Jones, 1983.....54.40
9. Nicole Charles, 2001.....54.48
10. Stacey-Leigh Bynoe, 2000.....54.73

### 400-Meter Hurdles

1. Mary Knoblauch, 1981.....56.16
2. Wynsome Cole, 1998.....56.67
3. Chris Davenport, 1981.....59.18
4. Sarah Steffen, 2002.....59.59
5. Tiffany Hendricks, 2011.....59.65
6. Beverly Powell, 1991.....59.96
7. Diane Steinhart, 1980.....1:00.56
8. Ruqayya Raheem, 1999.....1:00.62
9. Keely Huber, 2002.....1:00.98
10. Hannah Simonson, 2011.....1:01.35

### 800 Meters

1. Bethany Praska, 2011.....2:05.46
2. Kay Stormo, 1982.....2:05.67
3. Michelle Lahann, 2004.....2:06.79
4. Aisha Hume, 2005.....2:08.50
5. J. Kruckeberg, 1987.....2:08.75
6. Ann Pare, 1997.....2:09.25
7. M. Armstrong, 2006.....2:10.15
8. Sophia Poncé, 2007.....2:10.35
9. Briana Benning, 1996.....2:10.47

### 1,500 Meters

1. Meghan Armstrong, 2006.....4:17.41
2. Betsy Flood, 2010.....4:17.75
3. J. Kruckeberg 1989.....4:19.71
4. Lauren Hardesty, 2010.....4:20.40
5. Diane Nukuri, 2007.....4:20.95
6. McKenzie Melander, 2010.....4:21.18
7. Penny O'Brien, 1985.....4:21.43
8. Kay Stormo, 1982.....4:22.24
9. Michelle Lahann, 2004.....4:24.00
10. Shannon Stanley, 2006.....4:25.08

### 3,000 Meters

1. Diane Nukuri, 2008.....9:18.82
2. Penny O'Brien, 1985.....9:20.61
3. Betsy Flood, 2010.....9:22.63
4. Nan Doak, 1985.....9:23.04
5. Tracy Dahl, 1992.....9:23.53
6. M. Armstrong, 2006.....9:28.03
7. Brooke Eilers, 2011.....9:30.08
8. J. Kruckeberg, 1989.....9:30.69
9. McKenzie Melander, 2011.....9:34.13
10. Jennifer Brower, 1992.....9:34.59

### 3,000-Meter Steeplechase

1. Jessica Schmidt, 2008.....10:27.18
2. Sarah Arens, 2004.....10:34.50
3. Hannah Roeder, 2009.....10:40.86
4. Danielle Berndt, 2011.....10:51.21
5. Kelsey Hart, 2011.....10:56.98
6. Katie Ellis, 2010.....11:02.62
7. Michelle Lahann, 2003.....11:16.21
8. B. Thompson, 2003.....11:19.50

### 5,000 Meters

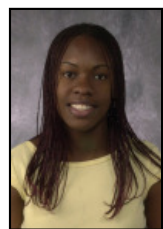
1. Nan Doak, 1985.....15:45.84
2. Diane Nukuri, 2008.....15:59.39
3. M. Armstrong, 2008.....16:08.83
4. Betsy Flood, 2011.....16:16.41
5. Jenny Spangler, 1983.....16:17.21
6. Tracy Dahl, 1992.....16:18.77
7. R. Marchand, 2008.....16:27.02
8. Brooke Eilers, 2011.....16:29.47
9. McKenzie Melander, 2011.....16:30.63
10. Amanda Hardesty, 2010.....16:37.01

### 10,000 Meters

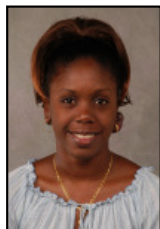
1. Diane Nukuri, 2008.....33:17.01
2. Jennifer Brower, 1991.....33:23.38
3. M. Armstrong, 2008.....33:28.00
4. Nan Doak, 1985.....33:33.03
5. Jenny Spangler, 1983.....33:39.24
6. R. Marchand, 2008.....34:05.87
7. Tracy Dahl, 1992.....34:30.09
8. Nikki Chapple, 2004.....35:06.35
9. Megan Lessard, 2010.....35:28.03
10. Lindsay Anderson, 2010.....35:31.40

### Heptathlon

1. Tammilee Kerr, 2008.....5,532
2. Kathy Gillespie, 1983.....5,262
3. Tiff Pedersen, 2004.....4,976
4. Janet Adams, 1981.....4,855
5. Ruqayya Raheem, 1997.....4,665
6. Angela Chadwick, 1993.....4,493
7. Missy Miller, 2010.....4,227
8. Angie Hensel, 2004.....4,073
9. Janelle Jaspers, 1987.....4,000



Aisha Hume



Aisha James



Tiffany Johnson



Tammilee Kerr



Vivien McKenzie



Tiffany Medenwald



Diane Nukuri

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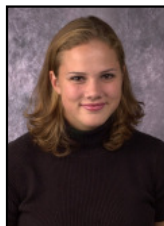
## HAWKEYE TRACK & FIELD



TRACK CONTACTS: CHRIS BREWER & STEPHANIE DITTMER



Marlene Poole



Alana Redfern



Tanja Reid



Peaches Roach



Jessica Schmidt



Sarah Steffen



Kay Stormo

### High Jump

1. Peaches Roach, 2006.....6-1 1/4 (1.86)
2. Mary Mol, 1983 .....6-0 (1.83)
3. Caleigh Bacchus, 2010 .....5-10 (1.78)
4. Lynn McMillan, 1988 .....5-9 1/4 (1.76)
5. Kacey Childs, 2001 .....5-8 1/2 (1.74)
6. Kristi Dinkla, 1985 .....5-8 (1.73)
- Becky Kaza, 1995 .....5-8 (1.73)
- Eve Cullinan, 2003 .....5-8 (1.73)
- Jenni Elbert, 2005 .....5-7 (1.70)
- Nancy Tessmer, 1991 .....5-6 1/2 (1.69)
- Tammilee Kerr, 2008 .....5-6 1/2 (1.69)

### Long Jump

1. Aisha James, 2003.....22-3 (6.78)
2. Renee White, 2008 .....20-3 3/4 (6.19)
3. **Carisa Leacock, 2011 .....19-11 1/2 (6.08)**
4. Becki Borg, 1988.....19-7 1/4 (5.97)
5. Lisa Moats, 1986.....19-6 (5.95)
6. Tammilee Kerr, 2008 .....19-4 1/4 (5.90)
7. Yolanda Hobbs, 1993.....19-2 1/2 (5.85)
8. Jane Dunlevy, 1977.....18-6 (5.64)
9. Raqayya Raheem, 1997 .....18-5 1/4 (5.62)
- Tiff Pedersen, 2004.....18-5 1/4 (5.62)

### Triple Jump

1. Renee White, 2008 .....43-10 (13.36)
2. Tiffany Johnson, 2007.....41-8 3/4 (12.72)
3. Becki Borg, 1988.....40-7 1/2 (12.38)
4. Lynn McMillan, 1988 .....39-6 1/2 (12.05)
5. Lynn, 1998 .....39-0 (11.88)
6. Kacey Childs, 2001 .....37-8 (11.48)
7. Becca Franklin, 2004 .....36-10 1/2 (11.24)
8. Janna Houtz, 1984 .....33-10 1/2 (10.32)
9. Latoya Stiffend, 2002 .....32-6 (9.90)
10. Bridget Besch, 2003.....30-10 1/2 (9.41)

### Shot Put

1. Lisa Van Steenwyk, 1992.....50-8 (15.44)
2. Gail Smith, 1984.....50-3 1/4 (15.32)
3. Denise Taylor, 1992 .....50-1 3/4 (15.28)
4. Kamesha Marshall, 2005 .....48-6 3/4 (14.80)
5. Laura Kriener, 1990 .....48-2 1/2 (14.69)
6. Jennifer Gilson, 2002 .....47-10 (14.58)
7. Jennifer Moon, 2000 .....47-5 1/4 (14.46)
8. **Rachel Curry, 2011 .....46-5 (14.03)**
9. Mandy Chandler, 2006.....46-0 (14.02)
10. Tiffany Medenwaldt, 2010..45-11 3/4 (14.01)

### Discus

1. **Majesty Tutson, 2011 .....166-11 (50.87)**
2. Tiffany Medenwaldt, 2010 .....161-3 (49.16)
3. Denise Taylor, 1992.....160-5 (48.90)
4. Lisa Van Steenwyk, 1991.....159-1 (48.50)
5. Gail Smith, 1983.....158-2 (48.22)
6. **Ashlyn Gulvas, 2011 .....154-11 (47.23)**
7. Kamesha Marshall, 2005 .....152-11 (46.62)
8. Jennifer Moon, 2000 .....150-8 (45.92)
9. Laura Kriener, 1989.....150-3 (45.80)
10. Megan Maurer, 1997 .....149-2 (45.48)

### Hammer Throw

1. Becca Franklin, 2007 .....195-0 (59.45)
2. **Jasmine Simpson, 2011 .....180-2 (54.93)**
3. **Kelsey Taylor, 2011 .....172-0 (52.42)**
4. Tiffany Medenwaldt, 2010 .....171-11 (52.40)
5. **Ashlyn Gulvas, 2011 .....169-2 (51.56)**
6. Erin O'Hern, 2008 .....168-9 (51.45)
7. Kerri Blackstone, 1999.....161-10 (49.32)
8. Majesty Tutson, 2010 .....156-09 (47.77)
9. Mandy Chandler, 2009.....154-6 (47.09)
10. Megan Maurer, 1998 .....145-6 (44.36)

### Javelin

1. Alana Redfern, 2003 .....181-5 (55.30)
2. Tammilee Kerr, 2008.....163-5 (49.81)
3. Mandy Beck, 1999 .....153-4 (46.74)
4. Terri Soldan, 1983.....152-6 1/4 (46.48)
5. Shani Renning, 1990.....152-3 (46.40)
6. Clara Simon, 1981 .....149-9 (45.64)
7. Janet Adams, 1984 .....148-7 (45.28)
8. Mickey Schoborg, 1985.....137-5 1/4 (41.88)
9. **Amanda Stahle, 2011 .....131-10 (40.19)**
10. Sara Joens, 1987 .....127-1 (38.74)

### Pole Vault

1. Jessie Strand, 2003 .....12-10 1/4 (3.92)
2. Sarah Burgett, 2006.....12-1 3/4 (3.70)
3. **K. Weistmantle, 2011.....11-5 3/4 (3.50)**
4. Katie Truedson, 2010 .....11-5 1/4 (3.49)
5. Gina Shannon, 2001 .....11-2 1/4 (3.41)
6. Kacey Childs, 2000 .....8-0 1/2 (2.45)
7. Gina Shannon, 1998 .....8-0 (2.44)

### 400-Meter Relay

1. Poole, Reid, Floyd, Hobbs, 1994.....44.63
2. Charles, Williams, Providence, James, 2003 .....44.71
3. Floyd, Hobbs, Poole, Reid, 1994.....44.80
4. Fouchè, Williams, Providence, James, 2003.....45.02
5. Alexander, Granger, Johnson, Roach, 2006 .....45.11
6. Johnson, Roach, Clarke, Trusty, 2007 .....45.21
7. Johnson, Alexander, Granger, Roach, 2005 .....45.30
8. Granger, Johnson, Alexander, Roach, 2005 .....45.39
9. Underwood, Reid, Philip, Hobbs, 1995.....45.50
10. Boatright, Bynoe, Providence, Prendergast, 2000 .....45.50

### 1,600-Meter Relay

1. Hume, Charles, Steffen, Williams, 2003.....3:36.26
2. **Praska, Hendricks, Liverpool, Erickson, 2011 ...3:36.52**
3. McCalla, Granger, Alexander, Johnson, 2006 .....3:38.36
4. Alexander, Graham, Jones, M. Mims, 2007 .....3:39.36
5. Jones, Alexander, Johnson, M. Mims, 2007 .....3:39.64
6. McCalla, Alexander, Sheeley, Hume, 2005 .....3:39.67
7. Hendricks, Trusty, Erickson, Praska, 2010 .....3:39.88
8. McCalla, Hume, Sheeley, Alexander, 2005 .....3:40.43
9. Layne, Simpson, Powell, McReil, 1989 .....3:41.23
10. **Jones, Hendricks, Praska, Liverppol, 2011 .....3:41.39**

### Distance Medley Relay

1. Hoskins, Powell, Schneckloth, Kruckeberg, 1989 11:22.18
2. Armstrong, Alexander, Poncé, Stanley, 2007.....11:25.05
3. Stanley, McCalla, Hume, Armstrong, 2005 .....11:34.04
4. Barber, Williams, Hume, Arens, 2004 .....11:34.56
5. Thompson, Williams, Hume, Arens, 2003 .....11:39.02
6. 2000.....11:39.83
7. Davenport, xx, xx, xx, 1981 .....11:41.44
8. Pare, Grant, Benning, Gilchrist, 1997.....11:41.92
9. Dhy, Erickson, Docherty, Anderson, 2010 .....11:43.06
10. Butler, Hume, Barber, Arens, 2001 .....11:47.16



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