

THE UNIVERSITY OF IOWA



Women's Gymnastics

Women's Gymnastics Contact -- Jana Hemphill

April 12, 2004

2004 Schedule

17-9 Overall, 7-2 Big Ten

Cancun Invitational	2nd, 195.35
Iowa State	L, 196.95-196.725
Michigan	W, 196.75-196.325
NC State	W, 196.775-193.725
Utah	L, 197.65-195.9
Maryland	W, 197.15-196.325
at Ill. St. w/UIC	1st, 195.8
Minnesota	W, 196.025-195.75
at Wash. w/Utah & UIC	3rd, 196.9
at Iowa State	L, 197.575-195.65
at Big Ten Champs	3rd, 196.5
at NCAA Regionals	2nd, 195.7
A15 at NCAA Nationals	1 p

2004 Indiv./Team Bests

Vault: **9.975**
Alexis Maday and Stephanie Gran
Uneven Bars: **9.975***
Alexis Maday, twice, last vs Minnesota
Balance Beam: **9.950**
Alexis Maday at Illinois State (2/20)
Floor Exercise: **9.975^**
Maday vs ISU, and Gran vs Michigan
All-Around: **39.75***
Maday at Maryland (2/14)

Team Vault: **49.525***
at Utah (2/6)
Team Uneven Bars: **49.3**
Twice, vs NC State and at Maryland
Team Balance Beam: .. **49.425***
at Illinois State (2/20)
Team Floor: **49.55***
vs Iowa State (1/17)
Team Total: **197.150***
at Maryland (2/14)

^ -- Ties School Record
 * -- School Record

Hawkeyes on the Web

The media and public can find a valuable and timely source of information about Iowa athletics at its world wide web site:

www.hawkeyesports.com

GymHawks Travel to NCAA Championships

This Week: The Iowa women's gymnastics squad will travel to Los Angeles, CA, Thursday through Saturday, to compete at the NCAA Championships. On Thursday, the GymHawks will compete in the preliminary team competition at 1 p.m. The top three finishers from each preliminary session will move on to the Super Six Team Finals on Friday at 7 p.m. The top four individuals in each event from each session will advance to the individual event finals to be held Saturday at 7 p.m. All competition will take place at UCLA's Pauley Pavilion.

The Competition: Iowa will compete in the first session with Stanford, Nebraska, Florida, Georgia and Oklahoma. In the second session, competing teams are UCLA, LSU, Utah, Alabama, Arizona State and Michigan.

Competitive Team Order: The following is the rotation order for Thursday afternoon's competition. Iowa will begin on bars, move to beam, have a bye before going to floor and finish on vault.

Session I -- 1 p.m.

<u>Rot.</u>	<u>V</u>	<u>Bye</u>	<u>Bars</u>	<u>Beam</u>	<u>Bye</u>	<u>F</u>
1	STAN	FL	IA	OK	GA	NE
2	NE	STAN	FL	IA	OK	GA
3	GA	NE	STAN	FL	IA	OK
4	OK	GA	NE	STAN	FL	IA
5	IA	OK	GA	NE	STAN	FL
6	FL	IA	OK	GA	NE	STAN

Live Stats: Live stats for the NCAA Championships will be available on UCLA's website (www.uclabruins.com) and the official NCAA sports website (www.ncaasports.com).

Consecutive Trips to NCAA: This is the second consecutive season the GymHawks have traveled to the NCAA Championships. Last season marked the first time Iowa ever competed at the championships. The GymHawks hope to better their finish of a year ago, when they finished 11th. Alexis Maday received first-team all-America honors on bars and second-team honors in the all-around.

NCAA Regional Notes: Iowa placed second with a score of 195.7. Alexis Maday tied for second on bars, fifth on vault and floor and tied for third in the all-around. Freshman Danielle Legeai tied for second on beam with a career-high 9.9. Annie Rue tied for fourth on beam and fifth on bars, while teammate Romina Mazzoni tied for seventh on bars.

In The Rankings: Iowa is 20th in the latest GymInfo Poll. The GymHawks are ranked in all four individual events. Iowa is tied for eighth on vault, 11th on floor, 16th on bars and 24th on beam.

GymInfo Poll

Top 25 - Mar. 22 (by Regional Qualifying Avg.)

Team	Season Avg.
1. UCLA	198.055
2. Stanford	197.645
3. Alabama	197.625
4. Georgia	197.620
5. Utah*	197.575
6. Brigham Young	197.525
7. LSU	197.400
8. Florida	197.355
9. Iowa State*	197.210
10. Oregon State	197.165
11. Washington*	197.010
12. North Carolina	196.990
13. Nebraska	196.960
14. Denver	196.895
15. Oklahoma	196.865
16. Missouri	196.850
17. Arizona State	196.830
18. Arizona	196.785
19. Michigan*	196.750
20. Iowa	196.730
21. West Virginia	196.685
22. North Carolina State*	196.515
23. Auburn	196.435
24. Kent State	196.360
25. Arkansas	196.235

* -- GymHawks 2004 opponents (includes dual and Big Ten Championships)

Team Event

FX	11th	49.440
BB	24th	49.130
UB	16th	49.220
V	t8th	49.360

Individual Event

AA	Alexis Maday	9th	39.635
	Stephanie Gran	19th	39.520
V	Stephanie Gran	t12th	9.935
	Alexis Maday	t16th	9.935
	Kortny Williamson	t25th	9.910
UB	Alexis Maday	t2nd	9.955
FX	Alexis Maday	t8th	9.950
	Stephanie Gran	t25th	9.930

Sports Information

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Gymnastics Quick Facts

Head Coach: Mike Lorenzen
 Alma Mater/Year: Maryland/1986
 Record at Iowa/Years: 17-21/4
 Overall Record/Years: same
 Associate Head Coach: Larissa Libby
 Alma Mater/Year: Louisiana State/1996
 Assistant Coach: Derek May
 Alma Mater/Year: San Jose State/1994
 Gymnastics Secretary: Irene Pearson
 Gymnastics Office Phone: ... (319) 335-9741
 2003 Record: 5-5
 2003 Conference Record/Finish: 3-0/2nd
 2003 Postseason: NCAAs/11th
 Letterwinners Returning/Lost: 11/3
 Newcomers: 5

Hawkeye Gymnastics Continued...

Maday Second in Nation on Bars: Alexis Maday is tied for second in the nation on bars with a regional qualifying score of 9.955. Maday is also ranked ninth in the all-around (39.635), tied for eighth on floor (9.95) and tied for 16th on vault (9.935).

Individuals Nationally Ranked: The GymHawks also have Stephanie Gran and Kortny Williamson nationally ranked. Gran is 12th on vault (9.935 average), 19th in the all-around and tied for 25th on floor. Williamson is tied for 25th on vault.

Six Records Broken This Season: The GymHawks have broken six school records this year. All team records except for bars have been bested. Individual records that have been broken include the all-around and bars, while the floor record has been tied twice this season.

Senior Leadership: Seniors Alexis Maday and Stephanie Gran hold all the individual season bests for the GymHawks. On vault and floor, Maday and Gran are tied with scores of 9.975. On bars, Maday leads the team with a 9.975. Maday also has the highest score on beam with a 9.95 and leads in the all-around with a 39.75.

2004 Iowa Gymnastics Roster

Name	Ht.	Yr.	Hometown
Nathalie Balfour	5-5	So.	West Vancouver, British Columbia
Beth Dilick	5-3	Fr.	King George, VA
Liz Grajewski	5-4	So.	Covington, WA
Stephanie Gran	5-0	Sr.	Wauconda, IL
Brandy Killian	5-3	Sr.	Owosso, MI
Tiffany Kwan	5-3	So.	Unionville, Ontario
Danielle Legeai	4-11	Fr.	New Orleans, LA
Mindi Levitz	5-0	Jr.	Sunnyvale, CA
Krista Lewis	5-3	Fr.	Woodridge, IL
Alexis Maday	5-6	Sr.	Upper Marlboro, MD
Romina Mazzoni	5-5	Fr.	Buenos Aires, Argentina
Annie Rue	5-4	Jr.	Reisterstown, MD
Melissa Saliba	5-1	So.	Nashville, TN
Kortny Williamson	5-4	So.	Manheim, PA
Nicole Wong	5-7	Sr.	Virginia Beach, VA
Bobbie Zimmerman	5-5	Fr.	Naperville, IL

Head Coach: Mike Lorenzen (fifth season)

Associate Head Coach: Larissa Libby (fourth season)

Assistant Coach: Derek May (third season)