UNIVERSITY OF IOWA





2010 Big Ten Championships February 24-27 McCorkle Aquatic Pavilion Columbus, OH



THE UNIVERSITY OF IOWA



HAWKEYE SWIMMING & DIVING



SWIMMING & DIVING CONTACT: ASHLEY CARLSON

FEBRUARY 23, 2010

2009-10 SCHEDULE & RESULTS

Men's Record: 9-1 (4-0 Big Ten)

DATE	MEET	RESULT
10/3	Intrasquad Meet	Black: 305 Gold 209
10/9	Truman State	W, 182-76
10/16	Wisconsin	W, 162-138
10/23	Michigan State	W, 193-105
	Wis. Milwaukee	W, 198-94
10/24	Missouri State	W, 188.5-109.5
11/6	Minnesota	W, 184-114
11/20-22	Hawkeye Invitational	1st/4 teams
12/3-5	ConocoPhillips Short Cour	se 6th/53 teams
	National Championships	
1/6	Tampa Relays	1st/3 teams
1/23	Northwestern	W, 149.5-144.5
1/29-30	Shamrock Invite	
	Notre Dame	W, 197-171
	Missouri	W, 184-183.5
	Denver	W, 236-125
2/5	W. Illinois	W, 162-52
2/24-27	Big Ten Championships	
	Columbus, OH Prelim/Fina	al
3/6-7	Last Chance NCAA Qualif	er
	TBA TBA	
3/12-14	NCAA Diving Qualifier	
	TBA TBA	
3/25-27	NCAA Championships	
	Columbus, OHPrelim/Fin	nal
4/17	Alumni Meet	
	Iowa City, IA 11 a.m.	

Home meets in **BOLD**.

THIS WEEK

The Iowa men's swimming and diving team will compete in the Big Ten Championships Wednesday-Saturday at Columbus, OH. All events will be held at the McCorkle Aquatic Pavilion on the Ohio State University campus. Event prelims are scheduled to start at 11 a.m. (CT) each day, while event finals are set to start at 6 p.m. (CT) each evening.

All-session tickets are \$40 for adults and \$25 for students (age 3-college). Single-session tickets are \$8 for adults and \$5 for students. Tickets are available through ticket master at 1-800-745-3000.

A portion of the three-day event will air March 7 at 11 a.m. (CT) on the Big Ten Network.

2009 BIG TEN REVIEW

Freshmen **Duncan Partridge**, **Ryan Phelan**, and **Paul Gordon**, sophomore **Max Dittmer**, juniors **Brian Farris** and **Nick Divan** and senior **James Dragon** also swam legs on the placewinning relays. Divan placed 10th in the 1,650 free (15:14.78). Phelan placed 15th in the 50 free (20.24). Hawkeye divers **Frank Van Dijkhuzen** and **Michael Gilligan** placed 12th on one-meter (319.20) and 13th on platform (335.45), respectively.

IOWA IN BIG TEN HISTORY

lowa has won three Big Ten team titles in school history (1936, 1981, 1982), and crowned 104 individual conference champions (76 in individual events, 20 in relays and eight in diving).

Three Hawkeyes have earned Swimmer of the Championships honors - Artur Wojdat (1991, 1992), Rafal Szukala (1994) and Ales Abersek (2000). Wojdat was named Big Ten Swimmer of the Year three times (1990, 1991, 1992), while former Hawkeye John Davey earned the honor twice (1987, 1988). Diving coach Bob Rydze has been named conference diving coach of the year three times (1985, 1986 and 1995).

Two Hawkeye divers top the list of all-time Big Ten top performers. **Timo Klami** scored a 625.60 on one-meter (11 dives) in 2003, while **Randy Abelman** posted a 448.20 on three-meter (6 dives) in 1981.

lowa won its last Big Ten individual swimming titles in 2000 when **Ales Abersek** took the 100 (47.68) and 200 fly (1:44.93) crowns and **Jay Glenn** won the 200 free (1:36.84). lowa's last Big Ten diving champion was **Timo Klami** on three-meter (596.40) in 2003. lowa's last Big Ten relay champion was the

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MEN'S 2009-10 SEASON BESTS

Event Team Leader Mark
50 free Ryan Phelan20.43
100 free Paul Gordon 44.77
200 free Paul Gordon1:38.33
500 free Nick Divan4:27.16
1,000 free9:37.20
1,650 free Patrick Weigand15:57.88
100 back Max Dittmer50.36
200 back Byron Butler1:49.20
100 breast Sean Hagan56.65
200 breast Sean Hagan2:04.29
100 flyPaul Gordon48.96
200 fly1:51.46
200 IM1:51.71
400 IMDonny Warren4:01.29
200 free relayPhelan, Partridge, Huff, Hagan1:20.62
400 free relayHuff, Partridge, Phelan, Gordon2:58.42
800 free relayGordon, Divan, Huff, Partridge6:37.51
200 med. relayDittmer, Ryan, Gordon, Hagan1:31.42
400 med. relayDittmer, Hagan, Gordon, Partridge3:18.83
One-MeterMike Gilligan340.00
Three-MeterFrank Van Dijkhuzen379.30

200 free relay of **Krzystzof Cwalina**, **Tim Schnulle**, **Jim Mulligan** and **Rafal Szukala** (1:19.69) in 1995.

HEAD COACH MARC LONG

Marc Long is in his sixth season as head coach for the University of Iowa swimming program. It's his fifth year as head coach of the combined programs. During his tenure as head coach of both programs, 10 school records have fallen and 45 Hawkeyes have provisionally qualified for the NCAA Championships. Under Long, the men's team has a 27-18 record, while the women's squad has a 39-34 mark.

As a Hawkeye swimmer (1987-89), Long was a multiple NCAA finalist, six-time all-American and three-time Big Ten Champion, winning two conference titles in the 100 fly and one as part of the 400 free relay. He was voted a team captain in 1989 and helped lead the Hawkeyes to a Big Ten runners-up finish, and their highest team placing (eighth) in modern day history at the NCAA Championships. Long swam on lowa's Big Ten and NCAA record setting 200 free relay that year.

Long is assisted by **Kirk Hampleman** (Auburn, 2002), **Frannie Malone** (lowa, 2000) and **Nathan Mundt** (Tampa, 2001).

DIVING COACH BOB RYDZE

Bob Rydze is in his 35th year as diving coach of the Hawkeye men and women's teams. During his tenure with the Hawkeyes, Rydze has coached 31 all-Americans, nine Big Ten and one NCAA Champion. Rydze served as Team Leader for USA Diving at the 2008 Olympics in Beijing, China.

IOWA SWIMMING HISTORY & TRADITION

Since 1917, the University of Iowa swimming and diving program has been rich in tradition. Iowa was one of the first schools in the nation to compete on a collegiate level, and competed at the first NCAA Championship. From 1937 to 1960, Iowa placed in the NCAA top 10 18 times, crowning nine NCAA and 22 Big Ten champions. In its 93-year history, the Iowa men's team has produced 17 Olympians, 26 NCAA champions and 382 all-Americans.

lowa's facility, the Field House Pool, was the world's largest indoor pool when it was dedicated in January 1927. Head Coach **Dave Armbruster**, who founded the team in 1917 and coached until 1957, designed the facility. The Field House pool was the birthplace of the butterfly stroke. Armbruster

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and swimmer **Jack Sieg** collaborated in its development in the 1930s. The acceptance of the new stroke encountered considerable controversy and was first used Feb. 25, 1935, in lowa City in the medley relay in a dual against Wisconsin. The relay included **Dick Westerfield**, Sieg and **Adolph Jacobsmeyer**. Sieg's time was five seconds faster than the existing 100-yard world record.

CAMPUS RECREATION AND WELLNESS CENTER

Ground was broken for the Campus Recreation and Wellness Center in October, 2007. The Iowa Swimming and Diving team will break-in the new facility at the start of the 2010-11 season. The facility is located at the corner of Burlington and Madison streets and is expected to cost \$69 million.

FIELD HOUSE POOL

lowa just completed its 83rd and final season in the historic Field House Pool. lowa's Field House Pool was built in 1927 and was, at the time, the world's largest indoor swimming pool. In 1979, the pool underwent a \$400,000 renovation. Diving platforms were added in 1980. The pool is 150 feet long and 60 feet wide, with eight lanes. Diving facilities include a pair of one and three meter springboards, plus five and ten meter platforms.

BIG TEN CHAMPIONSHIPS SCHEDULE OF EVENTS

Wednesday, February 24, 2009 Finals- 6 p.m. (CT) 200 Medley Relay

800 Freestyle Relay

Thursday, February 25, 2009 Prelims - 11 a.m. (CT)

500-yard freestyle

200-yard individual medley

50-yard freestyle

1-meter diving - Trials - 1:30 pm

1-meter diving Consolation Finals

Finals - 6 p.m. (CT)

500-yard freestyle 200-yard individual medley 50-yard freestyle 1-meter diving 400-yard medley relay (Timed Final) Friday, February 26, 2009 Prelims - 11 a.m. (CT)

400-yard individual medley

100-yard butterfly

200-yard freestyle

100-yard breaststroke

100-yard backstroke

3-meter diving - Trials-1:30 pm

3-meter diving - Consolation Finals

Finals - 6 p.m. (CT)

200-yard free relay

400-yard individual medley

100-yard butterfly

200-yard freestyle

100-yard breaststroke

100-yard backstroke

3-meter diving - Finals

800-yard freestyle relay

Saturday, February 27, 2009

Prelims - 11 a.m. (CT)

200-yard backstroke

100-yard freestyle

200-yard breaststroke

200-yard butterfly

Platform diving - Trials - 1:30 pm

Platform diving - Consolation Finals

1,650-yard freestyle - (all but last heat)

Finals - 6 p.m. (CT)

1,650-yard freestyle - (last heat)

200-yard backstroke

100-yard freestyle

200-yard breaststroke

200-yard butterfly

Platform diving - Finals

400-yard freestyle relay

University of Iowa Sports Information Office - 157 Carver-Hawkeye Arena, Iowa City, IA 52242
Phone: 319/335-9411 - Fax: 319/335-9417 - www.hawkeyesports.com



Men's All-Time Top Performers









Dragos Agache



B.J. Blair



Jory **Blauer**



Stewart Carroll



Krzysztof **Cwalina**



John Davey

	Randy	Ales
	Abelman <i>A</i>	Abersek
	Freestyle	
1.	Dave Kohmetscher, 1	
2.	Tom Williams, 1986.	
3.	Krzysztof Cwalina, 19	
4.	Ryan Phelan, 2009	
5.	Matt Wood, 1983	
6.	Steve Grams, 1989	
7.	Dan Dumford, 1987	
8.	Bryan Farris, 1984	
9.	Duncan Partridge, 20	
10	. Matt Smith, 1993	20.25
10	0 Freestyle	
1.	Krzysztof Cwalina, 19	9443.84
2.	Steve Grams, 1989	43.91
3.	Matt Wood, 1983	43.96
4.	Matt Smith, 1993	
5.	Jim Mulligan, 1996	
6.	Bryan Farris, 1984	
7.	Artur Wojdat, 1991	44.25
8.	Tom Williams, 1986.	
9.	Dan Dumford, 1987.	
10	. Dave Kohmetscher, 1	.98944.30
20	0 Freestyle	
1.	Artur Wojdat, 1990	1:33.41
2.	Conor Dwyer, 2009 .	1:36.34
3.	Graeme Brewer, 198	21:36.39
	Jay Glenn, 2001	1:36.39
5.	Gavin Lilley, 1988	1:37.08
6.	Matt Smith, 1992	1:37.29
7.	Jim Mulligan, 1996	1:37.54
8.	Eric Bacon, 1989	1:37.63
9.	Dan Stoppenhagen, 3	1993 1:37.75
10	. Tomasz Gawronski, 1	991.1:38.03
50	0 Freestyle	
1.	Artur Wojdat, 1989	4:12.24
2.	Erik Bacon, 1987	
3.	Graeme Brewer, 198	
4.	Tom Gawronski, 1989	
5.	Nick Divan, 2009	
6.	John Davey, 1986	
_		

7. Gavin Lilley, 1988......4:22.42 8. Drew Donovan, 1982......4:24.23

9. Conor Dwyer, 2009......4:24.74

10. Ron McKeon, 19814:25.72

1,6	550 Freestyle	
1.	Artur Wojdat, 1991	14:42.06
2.	Tom Gawronski, 1991	
3.	Gavin Lilley, 1988	
4.	Nick Divan, 2009	
5.	Ron McKeon, 1981	
6.	James Lorys, 1983	
7.	Alan Hayes, 1985	
, . 8.	Scott Wisner, 1980	
o. 9.	Ryan Evans, 2009	
_		15. 10.55
	0 Backstroke	
1.	Matt Smith, 1993	
2.	Kevin Velleca, 2004	
3.	Nick Hinz, 2001	
4.	Jory Blauer, 1997	
5.	Wil Whaley, 2008	
6.	Mike Johnson, 1992	49.35
7.	Max Dittmer, 2009	
8.	Andrei Ciurca, 2004	
9.	Jay Glenn, 1998	
10.	Dave Ross, 1984	
	Tom Roemer, 1982	
20	O Baakstuaks	
20' 1.	0 Backstroke Wil Whaley, 2008	1.46 11
1. 2.	Matt Smith, 1992	
3.	Nick Hinz, 2001	
4.	Jory Blauer, 1995	1.40.79
5.	Andrei Ciurca, 2004	1.48.03
6.	Bogdan Deac, 2000	
7.	Tom Roemer, 1982	
8.	Max Dittmer, 2009	
9.	Matt Young, 1992	
10.	Rick Williams, 1988	1:48.58
	0 Breaststroke	
1.	Dragos Agache, 2007	
2.	Marco Minonne, 1998.	
3.	Andrei Prada, 2002	
4.	Sean Hagan, 2009	
5.	Cal Shelangoski, 2005	
6.	Rob Leyshon, 1990	
7.	Ryan Phelan, 2009	
8.	Chris Brunson, 2003	
9.	Doug Mencl, 1989	55.83
40	T 1101 1 1000	

10. Todd Slaybaugh, 1988 55.86

200 Breaststroke 1. Dragos Agache, 2007......1:58.40 Rob Leyshon, 1991 1:58.43 Marco Minonne, 1998.....1:59.44 4. Sean Hagan, 2009.....1:59.89 Chris Brunson, 2003 2:00.65 Cal Shelangoski, 2005.....2:01.90 Andrei Prada, 2002......2:02.00 Paul Divan, 2005......2:02.41 Elliot Ptasnik, 2004......2:02.54 10. Todd Slaybaugh, 1988 2:03.34 100 Butterfly 1. Rafal Szukala, 1994...... 4 2. Ales Abersek, 2000 4 3. Marc Long, 1988.....4 4. Jason Snider, 2002......4 Mike Johnson, 1991 4 Nick Hinz, 2000......4 Nathan Keeling, 2006 48 8. Paul Gordon, 2009......48 Aaron Kahn, 2000......49 10. Tom Williams, 1986 49 200 Butterfly 1. Rafal Szukala, 1992......1:4 2. Ales Abersek, 2000 1:4 3. John Davey, 1988......1:4 4. Mike Johnson, 1990 1:4 5. Jason Snider, 2002......1:4 Charlie Roberts, 1981..... 1:4 Roland Zschiegner, 1989 . 1:4 Tyler Holcomb, 1997 1:4 9. Nate Keeling, 2007 1:4 10. Erik Mitchell, 19931:4 200 Individual Medley 1. John Davey, 1988.....1:4 2. Sean Hagan, 2009.....1:4 2. Jory Blauer, 1997.....1:4 Marco Minonne, 1998.....1:4 Erik Marchitell, 1995 1:4 Tom Roemer, 19821:5 Roland Zschiegner, 1989 . 1:5

Mike Curley, 1985.....1:5

8. Jason Snider, 2003......1:5 10. Paul Gordon, 2009 1:5

7.43	1.
7.68	2.
7.93	3.
8.54	4.
8.70	5.
8.80	6.
8.89	7.
8.96	8.
9.26	9.
9.27	10
4.73 4.93 6.30 7.05 7.76 8.25 8.53 8.59 8.74	1. 2. 3. 4. 5. 6. 7. 8. 9. 10
8.02 8.79 9.41 9.65 9.72 0.08 0.23 0.27 0.35 0.39	1. 2. 3. 4. 5. 6. 7. 8. 9. 10

40	0 Individual Medley
1.	John Davey, 19863:47.88
2.	Marko Milenkovic, 20013:53.11
3.	Erik Marchitell, 1993 3:54.72
4.	Trevor Haley, 20043:55.93
5.	Avi Mednick, 20003:56.73
6.	Bogdan Deac, 1997 3:57.36
7.	Mark Stori, 19873:57.42
8.	Mike Curley, 19833:58.17
9.	Roland Zschiegner, 1989 . 3:58.80
10.	Matt Young, 19923:59.00
On	e-Meter Diving (6)
	0 . ,
1.	Timo Klami, 2004358.28
2.	Randy Ableman, 1981 355.60
3.	Tete Gil, 1997351.68
4.	Michael Gilligan, 2009 340.00

F. Van Dijkhuizen, 2008... 333.60

B.J. Blair, 1995 329.85

Ira Stein, 1985 323.50

Simon Chrisander, 2002 ... 320.20

Glen Galemmo, 1986 311.50

LO.	Tomasz Rossa, 1989	.309.45
Эn	e-Meter Diving (11)	
L.	Timo Klami, 2003	.625.60
2.	Simon Chrisander, 1999	.552.45
3.	Tete Gil, 1996	.547.40
1.	B.J. Blair, 1992	.546.65
5.	Vico Hidalgo, 1996	.537.85
<u>5</u> .	Randy Ableman, 1981	.515.80
7.	Jeff Stein, 1996	.503.15
3.	Brad Virkler, 1999	.489.20
€.	Mark Brown, 1994	.499.00
LO.	Tomasz Rossa, 1989	. 473.85

J.	IVIAIR DIOWII, 1337	. 755.00
10.	Tomasz Rossa, 1989	. 473.85
Thi	ree-Meter Diving (6)	
1.	Randy Ableman, 1981	.448.20
2.	Timo Klami, 2003	.389.10
3.	F. Van Dijkhuizen, 2009	. 379.30
4.	Vico Hidalgo, 1995	.361.80
5.	Ira Stein, 1986	.350.78
6.	Michael Gilligan, 2009	. 348.15
7.	Tete Gil, 1997	.348.08
8.	B.J. Blair, 1995	.343.80
9.	Roberto Gutierrez, 2003	.338.32
10.	Tomasz Rossa, 1988	.335.18



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Men's All-Time Top Performers







Michael Gilligan



Jay Glenn



Nick Hinz



Eric

400 Medley Relay



Timo



Dave hmetsch



Marco

	5	
Th	ree-Meter Diving (11)	
1.	Timo Klami, 2004	608.15
2.	Simon Chrisander, 1998	607.70
3.	Randy Ableman, 1981	588.70
4.	Tete Gil, 1996	576.45
5.	B.J. Blair, 1991	556.95
6.	Vico Hidalgo, 1996	544.60
7.	Brad Virkler, 1999	533.30
8.	Tomasz Rossa, 1989	533.10
9.	Roberto Gutierrez, 2002	531.10
10.	Glen Galemmo, 1985	505.50
DIa	atform Diving	
1.	Michael Gilligan, 2007	327 60
	Withat diligan, 2007	327.00
Pla	atform Diving (11)	
1.	B.J. Blair, 1991	628.90
2.	Robert Gutierrez, 2003	498.40
3.	Simon Chrisander, 2002	487.10
4.	Timo Klami, 2002	464.85
20	0 Free Relay	
1.	Cwalina, Szukala, Smith, Kirch, 1993	1:18.95
2.	Cwalina, Schnulle, Mulligan, Szukala, 1995	
3.	Grams, Kohmetscher, Long, Kellner, 1989	
4.	1991	
5.	Phelan, Partridge, Huff, Hagan, 2009	1:20.62
6.	Partridge, Phelan, Salhus, Dwyer, 2009	1:20.95
7.	River, Ross, Khoo, Schnulle, 1996	
8.	Dumford, Trappe, Kellner, Kohmetscher, 1989	
9.	Leibrand, Smith, Meadows, Kirch, 1992	1:21.84



Jim Mulligan



Andrei Prada



Matt Smith



Dan Stoppenhagen



Rafal Szukala



Wil Whaley



Artur Wojdat

	Kirch	Klami	Kohmetscher	Minnone
		rada, Snider, 2002		1:21.86
4	00 Free Relay			
1			n, Szukala, 1994	
2			/alina, 1995	
3		0	alina, 1993	
4			s, 1987	
5			ellner, 1989	
6				
7			ımford, 1988	
8	•		l, 1982	
9			er, 1987	
1	O. Brewer, Farris,	Roemer, Brask, 19	981	2:58.22
8	00 Free Relay			
1	. Stoppenhagen	, Gawronski, Wojd	lat, Carroll, 1991	6:29.40
2	. Gawronski, Ca	rroll, Wojdat, John	son, 1991	6:29.42
3	. Davey, Lilley, W	/ilson, Bacon, 198	8	6:30.11
4	Bacon, Stewar	t, Gawronski, Woje	dat, 1990	6:31.51
5	. Smith, Stopper	nhagen, Szukala, N	/Iulligan, 1993	6:31.72
6	. Szukala, Smith	, Stoppenhagen, Je	ohnson, 1992	6:32.59
7	. Bacon, Grams,	Gawronski, Wojda	at, 1989	6:32.69
8	. Donovan, Harr	ison, Roemer, Bre	wer, 1982	6:33.51
9	. Salhus, Dwyer	, Miner, Whaley, 2	008800	6:33.95
1	0. Szukala, Cwalir	na, Mulligan, Stop	penhagen, 1994	6:34.19
2	:00 Medley Rela	ıy		
1			1	1:29.74
2			a, 1995	
3		•	, 1993	
4			nson, 2001	

 5. Ciurca, Prada, Snider, Buys, 2002
 1:30.27

 6. Hinz, Mednick, Abersek, Glenn, 2000
 1:30.37

 7. 1991
 1:30.71

 8. Dittmer, Ryan, Gordon, Hagan, 2009
 1:31.42

 9. Whaley, Hagan, Keeling, Dwyer, 2008
 1:31.44

 10. Lenert, Agache, Keeling, Tweedy, 2006
 1:31.77

 1. Blauer, Minnone, Szukala, Cwalina, 1995.
 3:15.86

 2. Johnson, Gaeth, Szukala, Smith, 1993.
 3:16.23

Hinz, Prada, Abersek, Glenn, 2001......3:16.88

 Williams, Leyshon, Long, Kohmetscher, 1989
 3:17.13

 Blauer, Minnone, Hayes, Schnulle, 1997
 3:17.60

 Ross, Coveney, Wood, Farris, 1984
 3:18.49

 Davey, Slaybaugh, Bacon, Dumford, 1987
 3:18.70

 Whaley, Agache, Dragon, Farris, 2007
 3:18.74

 Dittmer, Hagan, Gordon, Partridge, 2009
 3:18.83

 Blauer, Harvey, Szukala, Cwalina, 1995
 3:19.17

Names in bold are current team members.





Meet The Hawkeyes



Max Dittmer
Back/IM
Junior
Muscatine, IA
Muscatine High School

2009-10 -- swam a team-best 50.36 in the 100 back... swam the lead leg on team-best 200 medley relay (1:20.62) and team-best 400 medley relay (3:18.83)... his collegiate best time of 49.41 in the 100 back set at

last year's Big Ten Championships is the seventh fastest time in school history.

Dittmer's Collegiate Best Times

Event	Time	Meet	Date
50 Free	21.53	at Big Ten Championships	2/28/08
100 Free	49.04	at Ohio State Invite	12/2/07
100 Back	49.41	at Big Ten Championships	2/27/09
200 Back	1:48.33	at Big Ten Championships	2/28/09
100 Fly	52.53	at Western Illinois	1/16/09
200 IM	1:49.10	at Big Ten Championships	2/26/09



Nick Divan
Free/IM
Senior
San Juan Capistrano, CA
Mission Viejo High School

2009-10 -- swam a team-best 4:27.16 in the 500 free at the Short Course Nationals...swamateam-best 9:37.20 in the 1,000 free vs. Minnesota... collegiat best tie of 4:21.25 set at

last year's Big Ten Championships ranks fifth all-time in school history...his time of 15:14.78 in the 1,650 freestyle ranks fourth all-time in school history.

Divan's Collegiate Best Times

Event	Time	Meet	Date
200 Free	1:38.98	at Big Ten Championships	2/27/09
500 Free	4:21.25	at Big Ten Championships	2/26/09
1,000 Free	9:27.50	Northwestern	1/24/09
1,650 Free	15:21.84	at Missouri Invite	12/5-7/08
100 Back	53.82	vs. Western Illinois	1/19/07
50 Breast	28.55	vs. Western Illinois	1/19/07
100 Breast	59.76	Iowa Senior Championshi	ps 3/3/06
100 Fly	53.63	Iowa Senior Championshi	ps 3/3/06
100 IM	55.53	at Missouri & Drury	11/4/06
200 IM	1:56.36	at Mizzou Duals	11/3/06
400 IM	3:59.12	at Big Ten Championships	2/17/07

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Meet The Hawkeyes





Michael Gilligan Diving

Senior
Hamilton Township, NJ
Hamilton West High School

2009-10 -- scored collegiate-best on one-meter (340.00) at Minnesota, a score that ranks fourth best in school history... his personal-best three-meter score (348.15) ranks sixth best

in school history.



Ryan Phelan

Free/Breast Sophomore Cedar Rapids, IA Washington High School

2009-10 -- led Hawkeyes with a teambest 20.43 in the 50 free at Northwestern... was a member of two of lowa's top finished relay teams... led off the 200 free relay (1:20.62) and

swam the third leg of the 400 free relay (2:58.42.

Gilligan's Collegiate Best Scores

Event	Score	Meet	Date
One-Meter (6)	340.00	at Minnesota	11/6/09
Three-Meter (6)	348.15	Missouri	1/31/09
Three-Meter (11)	249.75	at Minnesota	11/7/08
Platform	327.60	at Big Ten Championships	2/18/07



Paul Gordon

Free
Sophomore
Sioux Falls, SD
Washington High School

2009-10 -- led the Hawkeyes in three individual races and was a member of two team-leading relays... swam a personal-best 44.77 in the 100 free at the Shamrock Invite... swam

a personal-best 1:38.33 in the 200 free vs. Minnesota... swam a collegiate-best time of 48.96 in the 100 fly, the eighth best time in school history.

Gordon's Collegiate Best Times

Event	Time	Meet	Date
100 Free	44.77	at Shamrock Invite	1/29-30/10
200 Free	1:38.33	at Minnesota	11/6/09
500 Free	4:30.16	at Shamrock Invite	1/29-30/10
100 Fly	48.96	vs. Minnesota	11/6/09
200 Fly	1:54.57	at Truman State	10/9/09
200 IM	1:50.39	at Missouri Invite	12/5-7/08

Phelan's Collegiate Best Times

Time	Meet	Date
19.98	at Big Ten Championships	2/26/09
45.07	at Big Ten Championships	2/28/09
56.98	at Big Ten Championships	2/27/09
	19.98 45.07	19.98 at Big Ten Championships 45.07 at Big Ten Championships



Frank Van Dijkhuizen

Diving Senior Amsterdam, Netherlands Willem Blaeu College

2009-10 -- posted the team's seasonbest three-meter score (379.30) vs. MIchigan State, the third highest

score in school history... his one-meter collegiate best (333.60) ranks fifth in school history.

Van Dijkhuizen's Collegiate Best Scores

Event	Score	Meet	Date
One-Meter (6)	333.60	vs. Western Illinois	1/18/08
Three-Meter (6)	379.30	Mich. State/UW-Milw.	10/23/09
Three-Meter (11)	318.83	at Minnesota	11/7/08

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