

IOWA HAWKEYES



University of Iowa Athletic Communications – Jordan Bucher, Cross Country Contact

CROSS COUNTRY WEEKLY RELEASE

Sept. 10, 2014

2014 SCHEDULE

Date	Opponent (Location)	Time
8/29	at Bulldog 4K Classic (Des Moines, Iowa).....	5 p.m.
9/12	at Illinois State Invitational (Normal, Ill.).....	5 p.m.
9/20	Big Ten Preview (Iowa City, Iowa).....	8 a.m.
10/03	at Notre Dame Invitational (South Bend, Ind.)...1	p.m.
10/18	at Pre-National Invitational (Terre Haute, Ind.)..10	a.m.
11/02	Big Ten Championships (Iowa City, Iowa)10:45	a.m.
11/14	NCAA Midwest Regional (Peoria, Ill.).....	1 p.m.
11/22	NCAA Championships (Terre Haute, Ind.).....	11 a.m.

All times are Central and subject to change.

Home events in **BOLD**.

2014 QUICK FACTS

General Information

Location: Iowa City, Iowa

Enrollment: 31,498

Conference: Big Ten

Facility: Ashton Cross Country Course

Coaching Information

Head Coach: Layne Anderson

Year at Iowa: 12th

Alma Mater, Year: The Citadel, 1989

Volunteer Assistant Coach: John Michael Brandt

Year at Iowa: 1st

Alma Mater, Year: Iowa, 2014

Media Information

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FOLLOW THE HAWKS

Facebook: U of I Cross Country and Track & Field

Twitter: @IowaXC_TF

Instagram: iowaxctf

*Follow the Hawkeyes for updates on the team throughout the 2014 season.

THIS WEEK

The University of Iowa men's and women's cross country team travels to Normal, Illinois for the Illinois State Invitational on Friday. The women's 5,000-meter race will begin at 5 p.m. (CT) and the men's 8,000-meter race will follow.

ANDERSON RECORDS FIRST WIN

Ben Anderson came away with his first collegiate win at the Bulldog 4K Classic. The sophomore crossed the finish line with a time of 12:30. Six of Iowa's seven competitors placed in the top 10. Iowa dominated the field with a 51 point win over second-place Creighton. Freshmen Brook Price and Josh Sindelar made their collegiate debuts, placing fifth (12:42) and 19th overall (13:03).

BRUNS MAKES HAWKEYE DEBUT

Freshman Courtney Bruns opened her career as a Hawkeye with an eighth place finish (15:08) to lead the team. Junior Jocelyn Todd followed with a 12th place finish (15:24). Iowa finished fourth overall, falling two points shy of Northern Iowa's team score.

IN THE RANKINGS

The men's cross country team is currently ranked 15th in the Midwest Region.

SEASON DEBUTS

Iowa's top two returners, seniors Kevin Lewis and Ben Witt, are expected to make their season debuts Friday. Lewis returns as the Hawkeyes' top finisher from 2013, leading the team in each of his five competitions. Also making his season debut is sophomore Kevin Docherty, who competed in every meet for the Hawkeyes last season. On the women's side, Lisa Gordon will compete for the first time since her injury last fall. Gordon owns the 10th best time in school history in the 4,000 meters, which she recorded at the 2012 Toledo Bubble Buster.

HEAD COACH LAYNE ANDERSON

Layne Anderson is in his 12th year as the head coach for the Iowa women's cross country team, and his first year as the head coach for the men's cross country team.

2014 BIG TEN CHAMPIONSHIPS

The 2014 Big Ten Championships will take place on the Hawkeyes' home turf at the Ashton Cross Country Course on Nov. 2. This year's meet marks the 100th running of the Big Ten Men's Cross Country Championships. For more information go to <http://www.hawkeyesports.com/sports/c-xc/spec-rel/iowa-xc-big10-championship.html>.

UP NEXT

Iowa hosts the Big Ten Preview at the Ashton Cross Country Course on Sept. 20th. The event starts at 8 a.m. (CT).

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Men's Top 10 All-Time Best Performers

6,000 Meters

1. Eric MacTaggart 18:18 2005 Hawkeye Invite
2. Jeff Thode 18:21 2009 Hawkeye Invite
3. Dan Haut 18:24 2005 Hawkeye Invite
4. Jeff Kent 18:27 2005 Hawkeye Invite
5. Nick Holmes 18:30 2009 Hawkeye Invite
6. Adam Roche 18:33 2005 Hawkeye Invite
Sam Bailin 18:33 2009 Hawkeye Invite
Kevin Lewis 18:33 2013 Iowa Invite
9. Jesse Luciano 18:40 2008 Hawkeye Invite
10. Tommy Tate 18:41 at 2006 Early Bird Invite

8,000 Meters

1. Jesse Luciano 23:01 at 2008 Auburn Invite
2. Micah VanDenend 23:39 at 2006 Pre-Nationals
3. Eric MacTaggart 23:24 at 2008 Auburn Invite
4. Jeff Thode 23:27 at 2010 Bradley Classic
5. Sam Bailin 23:36 at 2008 Auburn Invite
6. Tommy Tate 23:46 at 2008 Auburn Invite
7. Mark Battista 23:48 at 2008 Auburn Invite
8. Andy Napier 23:56 at 2008 Auburn Invite
9. Brendan Camplin 24:01 at 2008 Auburn Invite
10. Bruce MacTaggart 24:04 at 2008 Auburn Invite

10,000 Meters

1. Jeff Thode 29:55 at 2010 NCAA Regional
2. Matt Esche 30:10 at 2002 NCAA Regional
3. Jesse Luciano 30:17 at 2008 NCAA Champ's
4. Micah VanDenend 30:26 at 2002 NCAA Regional
5. Kevin Herd 30:28 1993
6. Joe Welter 30:28 at 2002 NCAA Regional
7. Tony Rakaric 30:31 at 2002 NCAA Regional
8. Dan Haut 30:39 at 2002 NCAA Regional
9. Alex Webster 30:40 at 2006 NCAA Regional
10. Nick Holmes 30:43 at 2011 Chili Pepper Festival

Ashton Cross Country Course Records

Women's 3,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/9/06 9:47

Women's 4,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/15/07 13:14

Women's 6,000 Meters

Danette Doetzel, Michigan State - B1G Champ's - 10/31/04 20:33

Men's 6,000 Meters

Eric MacTaggart, Iowa - Hawkeye Invitational - 9/2/05 18:18

Men's 8,000 Meters

Simon Bairu, Wisconsin - Big Ten Champ's - 10/31/04 23:45

Men's 10,000 Meters

Antonio Vega, Minnesota - NCAA Regional - 11/12/05 30:52

Women's Top 10 All-Time Best Performers

3,000 Meters

1. Diane Nukuri 9:47 2006 Hawkeye Open
2. Meghan Armstrong 10:01 2006 Hawkeye Open
3. Brooke Eilers 10:15 2010 Iowa Invite
4. Besty Flood 10:18 2010 Iowa Invite
5. Amanda Hardesty 10:21 2009 Hawkeye Invite
Lauren Hardesty 10:21 2010 Hawkeye Invite
7. Kelsey Hart 10:22 2011 Iowa Invite
8. Shannon Stanley 10:25 2006 Hawkeye Open
Krista Anderson 10:25 2006 Hawkeye Open
Racheal Marchand 10:25 2008 Hawkeye Invite

4,000 Meters

1. Diane Nukuri 13:14 2007 Hawkeye Open
2. Kayla Beattie 13:41 2012 Toledo Bubble Buster
3. Megan Ranegar 13:45 2012 Toledo Bubble Buster
4. Meghan Armstrong 13:47 2007 Hawkeye Open
Mareike Schulle 13:47 2012 Toledo Bubble Buster
6. Nicole Benson 13:52 2012 Toledo Bubble Buster
7. Jolly Burke 14:03 2007 Hawkeye Open
8. Nikki Chapple 14:09 2004 Hawkeye Triangular
9. Krista Anderson 14:14 2007 Hawkeye Open
10. Lisa Gordon 14:17 2012 Toledo Bubble Buster

5,000 Meters

1. Diane Nukuri 15:55 at 2007 Auburn Invite
2. Racheal Marchand 16:15 at 2008 Auburn Invite
3. Meghan Armstrong 16:25 at 2007 Auburn Invite
4. Nan Doak 16:31 at 1983 Big Ten Champ's
5. Jolly Burke 16:33 at 2007 Auburn Invite
6. Jenny Spangler 16:34 at 1983 Big Ten Champ's
7. Renee Doyle 16:41 at 1986 Purdue Invite
8. Tracy Dahl 16:42 at 1991 Illinois St. Invite
9. Sarah Spencer Perry 16:50 at 2008 Auburn Invite
10. Brooke Eilers 16:53 at 2008 Auburn Invite

6,000 Meters

1. Diane Nukuri 19:37 at 2007 NCAA Regional
..... at 2007 Big Ten Champ's*
2. Mareike Schulle 19:43 at 2012 NCAA Champ's
3. Racheal Marchand 19:54 at 2008 NCAA Champ's
4. Meghan Armstrong 20:07 at 2007 NCAA Regional
5. Jolly Burke 20:20 at 2007 Big Ten Champ's
6. Betsy Flood 20:22 at 2010 NCAA Regional
7. McKenzie Melander 20:41 at 2011 Big Ten Champ's
8. Megan Ranegar 20:43 at 2012 NCAA Champ's
9. Kayla Beattie 20:54 at 2011 Wisconsin Invite
10. Nikki Chapple 21:04 at 2004 NCAA Regional

* - This time is also the Big Ten Championships Record.