



UNIVERSITY OF IOWA TRACK AND FIELD



OUTDOOR TRACK AND FIELD CHAMPIONSHIPS

May 10-12, 2013

Jesse Owens Memorial Stadium

THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



TRACK AND FIELD CONTACT: BRANDEE BRITT

May 8, 2013

2013 IOWA TRACK & FIELD OUTDOOR SCHEDULE

Date	Meet
Mar. 22-23	Alabama Relays (Tuscaloosa, Ala.)
Mar. 28	Central Invite (Pella, Iowa)
Mar. 29	Stanford Invite (Palo Alto, Calif.)
Apr. 4-6	Jim Click Invite (Tucson, Ariz.)
Apr. 12-13	Lee Calhoun Invite (Macomb, Ill.)
Apr. 20	Musco Twilight XIV (Iowa City, Iowa)
Apr. 25-27	Drake Relays (Des Moines, Iowa)
May 10-12	Big Ten Championships (Columbus, Ohio)
May 23-25	NCAA Regionals (Austin, Texas)
June 5-8	NCAA Championships (Eugene, Ore.)

IOWA COACHING STAFF

Larry Wieczorek Director of Track & Field

Layne Anderson... Head Track & Field Coach

Scott Cappos Director of Field Events

Clive Roberts..... Assistant Coach/
..... Director of Recruiting

Mike Scott..... Assistant Coach

Joey Woody Assistant Coach

THIS WEEK

The University of Iowa track and field team heads to Columbus, Ohio, for the Big Ten Outdoor Championships on May 10-12. The event will be held at the Jesse Owens Memorial Stadium and is scheduled to begin Friday at 11 a.m. (CT).

LIVE RESULTS

Live results will be available throughout the weekend on the track and field schedule page on hawkeyesports.com.

IN THE RANKINGS

The Hawkeye men's team is currently ranked No. 18 in the USTFCCCA Top 25 Division I National Team Computer Rankings. The men are also ranked sixth in the regional rankings, while the women are ranked 13th.

A SHOT AT HISTORY

Matt Byers looks to become the first athlete in school history to win four consecutive Big Ten titles in the same event. The senior is a three-time Big Ten javelin champion. His season-best toss of 234-8 (71.54m) currently ranks second in the Big Ten and 13th nationally. Byers also holds the school record (245-8; 74.89m) in the event.

TUTSON TAKES RELAYS FLAG

Senior Majesty Tutson recorded a school record-setting throw en route to a Drake Relays championship on April 26. Tutson recorded a toss of 181-1 (55.19m) besting her previous school record mark of 177-1 (54.21m). Her mark currently ranks second in the Big Ten and seventh in the nation.

AUSTIN MAINTAINS TOP SPOT

Senior Justin Austin has held the top 100 (10.22) and 200 (20.55) meter times in the Big Ten for four straight weeks. His 200 meters time ranks sixth in the nation, while his 100 meters mark ranks 13th. Austin currently holds the school record in both events (10.21; 20.31). Senior Josh Larney currently holds the third best 100 meters time (10.46) in the Big Ten.

KWAZA CLOCKS PERSONAL BEST

Lake Kwaza sprinted to a second-place finish at the Drake Relays on April 27. The freshman clocked a personal-best time of 11.60. That time ties for fifth all-time at Iowa. Her time currently ranks fifth in the Big Ten.

HOLMES GOES FOR GOLD

Senior Ethan Holmes has been the Big Ten 110-meter hurdles runner-up the past two seasons. Holmes clocked a time of 13.74 at the 2012 championships and recorded his personal-best time of 13.73 at the 2011 Big Ten Championships. His time ranks fourth all-time at Iowa. Holmes will be challenged by teammate Jordan Mullen. The senior holds a personal-best time of 13.77 that ranks fifth all-time at Iowa. The duo's season-best time of 13.77 currently ranks second in the Big Ten and 17th in the nation.

THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



TRACK AND FIELD CONTACT: BRANDEE BRITT

WILLIAMS LOOKS TO IMPROVE

Sophomore Khanishah Williams looks to improve upon her 11th-place finish in the high jump at the 2012 Big Ten Championships. Williams recorded a leap of 5-7 1/4 (1.71m). She has bested that mark twice this season. Her personal-best jump of 5-11 1/4 (1.81m) currently ranks second in the Big Ten and 22nd in the nation. Her mark also ranks third all-time at Iowa.

HAWKEYES IN THE 400 HURDLES

Seniors Ethan Holmes and Keaton Rickels both hold top 10 400-meter hurdle times. Holmes' season best time of 50.67 currently ranks second in the Big Ten (eighth nationally), while Rickels' time of 51.60 ranks sixth. Holmes' personal best time of 50.65 ranks sixth all-time at Iowa.

HAWKEYES IN THE HAMMER

Three Hawkeyes are currently ranked among the top 10 in the Big Ten hammer throw. Jasmine Simpson, the school record holder in the event, holds the third best mark in the conference 197-7 (61.23m), while sophomore Annemie Smith (188-4; 57.41m) and junior Ashlyn Gulvas (188-0; 57.30m) rank seventh and eighth, respectively.

DELAUNAY AMONG TOP THREE

Klyvens Delaunay holds the third best triple jump mark in the Big Ten. The freshman's personal-best leap of 50-6 1/4 (15.40m) also ranks 42nd nationally, and currently ranks fourth all-time at Iowa.

HULL CLIMBS DISCUS RANKINGS

Sophomore Gabe Hull earned a fifth-place finish at the 2012 Big Ten Championships with a toss of 187-1 (57.03m). Hull has bested that mark four times this season. His personal best mark of 196-2 (59.80m) currently ranks third in the Big Ten and ninth in the nation. It also ranks third all-time at Iowa.

MEET THE RECORD HOLDERS

Five Hawkeyes on the 2013 roster account for six individual school records. They include:

Justin Austin -- 100 meters (10.21); 200 meters (20.31)

Matt Byers -- javelin (245-8; 74.89m)

Majesty Tutson -- discus (177-10; 54.21m)

Jasmine Simpson -- hammer throw (197-7; 60.23m)

Kyle Reid -- decathlon (7,025 points)

The Hawkeyes 4X1 men's team also holds the school record (39.35).

NEXT ON THE BLOCK

The Hawkeyes head to Austin, Texas, to compete in the NCAA Regionals on May 23-25.

2013 OUTDOOR SEASON LEADERS

MEN

100 meters	Justin Austin	10.22
110-meter hurdles	Jordan Mullen/Ethan Holmes	13.77
200 meters	Justin Austin	20.55
400 meters	Kyle Reid	48.84
400-meter hurdles	Ethan Holmes	50.67
800 meters	Ryan Weir	1:50.01
1,500 meters	Ben Witt	3:52.72
3,000 meters	Jon Michael Brandt	8:46.09
3,000 meter steeple	Caleb Wilfong	9:14.36
5,000 meters	Kevin Lewis	14:08.04
10,000 meters	Jon Michael Brandt	30:16.62
High Jump	Kevin Spejcher	6-9 (2.06m)
Shot Put	Gabe Hull	56-9 1/4 (17.30m)
Discus	Gabe Hull	196-2 (59.80m)
Hammer	Ben Stancombe	193-6 (58.98m)
Javelin	Matt Byers	234-8 (71.54m)
Long Jump	Josh Larney	24-0 3/4 (7.33m)
Triple Jump	Klyvens Delaunay	50-6 1/4 (15.40m)
Pole Vault	Kyle Reid	15-9 (4.80m)
Decathlon	Kyle Reid	7,025 points
400-meter Relay	Mincy, Austin, Holmes, Larney	39.35
1,600-meter Relay	VanCleave, Rickels, Flattery, Weir	3:10.43

WOMEN

100 meters	Lake Kwaza	11.60
100-meter hurdles	Khanishah Williams	14.49
200 meters	Raven Moore	24.00
400 meters	Tayo Oladele-Ajose	1:00.61
400-meter hurdles	MonTayla Holder	59.90
800 meters	Adrienne Alexia	2:08.61
1,500 meters	Lisa Gordon	4:36.02
3,000 meters	Lisa Gordon	9:42.19
5,000 meters	Mareike Schrulle	16:26.40
Hammer Throw	Jasmine Simpson	197-7 (60.23m)
Javelin	Amanda Stahle	139-10 (42.64m)
Discus	Majesty Tutson	181-1 (55.19m)
Shot Put	Rachel Curry	46-1 1/4 (14.05m)
Long Jump	Sarah Ryan	18-11 3/4 (5.78m)
Triple Jump	Carisa Leacock	37-5 1/4 (11.41m)
High Jump	Khanishah Williams	5-11 1/4 (1.81m)
Pole Vault	Brittany Holst	11-1 (3.38m)
Heptathlon	Sarah Ryan	4,567 points
400-meter Relay	Kwaza, Moore, Holder, Miller	45.61
1,600-meter Relay	Holder, Moore, Kwaza, Nelson	3:43.13

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University of Iowa Track and Field

Big Ten Outdoor Championships

- 2013 Big Ten & National Leaders -

INDIVIDUALS

Men	Event	Time/Distance	Big Ten Ranking	National Ranking
Justin Austin	100m	10.22	1st	13th
Josh Larney	100m	10.46	3rd	65th
Justin Austin	200m	20.5	1st	6th
Ethan Holmes	110mH	13.77	2nd	17th
Jordan Mullen	110mH	13.77	2nd	17th
Ethan Holmes	400mH	50.67	2nd	8th
Keaton Rickels	400mH	51.60	6th	28th
Josh Larney	Long Jump	7.33m	7th	88th
Klyvens Delaunay	Long Jump	7.24m	10th	133rd
Klyvens Delaunay	Triple Jump	15.40m	3rd	42nd
Babatunde Amosu	Triple Jump	15.32m	5th	51st
Gabe Hull	Discus	59.80m	3rd	9th
Matt Byers	Javelin	71.54m	2nd	13th
Kyle Reid	Decathlon	7,025	3rd	36th
Jack Eckert	Decathlon	6,727	6th	71st

Women	Event	Time/Distance	Big Ten Ranking	National Ranking
Lake Kwaza	100m	11.60	5th	66th
MonTayla Holder	400mH	59.90	7th	75th
Mareike Schrulle	5,000m	16:26.40	9th	100th
Khanishah Williams	High Jump	1.81m	2nd	22nd
Majesty Tutson	Discus	55.19m	2nd	7th
Amanda Stahle	Javelin	42.64m	8th	137th
Allison Gattone	Javelin	42.27m	9th	150th
Jasmine Simpson	Hammer	60.23m	3rd	31st
Annemie Smith	Hammer	57.41m	7th	57th
Ashlyn Gulvas	Hammer	57.30m	8th	61st
Sarah Ryan	Heptathlon	4,567	9th	124th

RELAYS

Relay	Time	Big Ten Ranking	National Ranking
4X100 (Men)	39.35	2nd	6th
4X100 (Women)	45.61	5th	99th
4X400 (Men)	3:10.43	7th	78th
4X400 (Women)	3:43.13	8th	136th

University of Iowa Track and Field

2013 Big Ten Outdoor Championships

- HAWKEYES TO WATCH -



Jordan Mullen

Senior - Sprints/Hurdles

Atlantic, Iowa -- Atlantic

2013 -- Won 110-meter hurdles with a team-leading and collegiate-best 13.77 at Jim Click Shootout... that time ranks fifth all-time at Iowa... placed fourth in the 110-meter hurdles (13.86) and ran first leg on the third-place 400-meter relay team (39.66) at the Drake Relays... placed sixth in 200 meters with a collegiate-best 21.56 at Jim Click Shootout... won 110-meter hurdles (14.00), placed fourth in 100 meters (10.99) and 11th in 200 meters (22.39) at Lee Calhoun Invite.



Ethan Holmes

Senior - Sprints/Hurdles

Clinton, Iowa -- Clinton

2013 -- ran third leg on 400-meter relay that set school record (39.35) and won race at Jim Click Shootout... won 400-meter hurdles (50.67) and placed second in 110-meter hurdles (13.77) with team-leading times at Jim Click Shootout... won 400-meter hurdles (51.75) and placed second in 110-meter hurdles (13.95) at Alabama Relays... won 200 meters (21.67) and placed sixth in 100 meters (11.01) at Lee Calhoun Invite... placed fifth in the 100-meter hurdles at the Drake Relays (13.97).



Matt Byers

Senior - Javelin

Wichita, Kan. -- Wichita East

2013 -- won javelin with a team-leading 234-8 (71.54m) at Musco Twilight XIV... placed second at the Drake Relays (229-6; 69.95m)... placed second in javelin at Jim Click Shootout (233-8, 71.24m).



Justin Austin

Senior -- Sprints

Milwaukee, Wis. -- Brown Deer

2013 -- ran second leg on 400-meter relay that set school record (39.35) and won race at Jim Click Shootout... won 100 meters (10.37) and 200 meters (20.55) at Jim Click Shootout... ran lead legs on team-leading 800-meter relay (1:25.60) at Alabama Relays, that time ranks second all-time at Iowa... won 100 meters at Musco Twilight XIV (10.51)... ran second leg on the third-place 400-meter relay team (39.66) at the Drake Relays.



Lake Kwaza

Freshman - Sprints

Sycamore, Ill. -- Sycamore

2013 -- placed second in the 100 meters (11.60) and ran leads on sprint medley (3:54.51), and 1,600-meter (3:44.70) and 400-meter relay (46.38) at the Drake Relays... ran lead legs on team-leading 400-meter (46.46) and sprint medley relays (3:58.72)... the sprint medley time ranks fifth all-time at Iowa... won 200 meters at Lee Calhoun Invite (24.18) and placed ninth at Jim Click Shootout (24.81)... won 100 meters at Musco Twilight XIV (11.93).



Raven Moore

Junior - Sprints

Atlanta, Ga.-- Sandy Creek

2013 -- leads team 200 meters (24.00)... ran second leg on team-leading 400-meter (46.46) and sprint medley relays (3:58.72) at Alabama Relays... the sprint medley relay time ranks fifth all-time at Iowa... placed sixth in 100 meters (11.82) and third in 200 meters (24.00) at Jim Click Shootout... won 100 meters at Lee Calhoun Invite (12.14)... won 200 meters (24.54) and placed second in 100 meters (12.03) at Musco Twilight XIV.



Khanishah Williams

Sophomore - High Jump

Burlington, Iowa -- Burlington

2013 -- leads team in 100-meter hurdles (14.49) and high jump (5-11 1/4, 1.81m)... won high jump with a collegiate-best 5-11 1/4 (1.81m) at Jim Click Shootout... that mark ranks third all-time at Iowa... won 100-meter hurdles (14.49) and placed 12th in 200 meters (27.16) at Lee Calhoun Invite... placed fifth in high jump at Drake Relays (5-9 1/4, 1.76m)... placed fourth in high jump (5-7, 1.70m) and 16th in 100-meter hurdles (14.79) at Alabama Relays... placed fifth in 100-meter hurdles at Musco Twilight XIV (15.01)... place fifth in the high jump at the Drake Relays (5-9 1/4; 1.76m).



Majesty Tutson

Senior - Throws

Iowa City, Iowa -- City

2013 -- broke her own discus school record at the Drake Relays, placing first with a throw of 181-10 (55.19m)... broke a then school discus record at Jim Click Shootout, placing third with a throw of 177-10 (54.21m)... won discus at Central College Invite (164-5, 50.11m) and placed second at Alabama Relays (170-5, 51.95m)... placed second in discus (166-7, 50.77m), eighth in hammer throw (161-5, 49.20m) and 10th in shot put (39-9 1/4, 12.12m) at Musco Twilight XIV... hammer throw mark ranks 10th all-time at Iowa... placed second in discus (166-1, 50.64m) at Lee Calhoun Invite.

OUTDOOR ALL-TIME TOP TEN PERFORMERS



Jeremy Allen



Justin Austin



Matt Byers



A.J. Curtis



Troy Doris



Jeffery Herron



Deacon Jones

100 Meters

1. Justin Austin, 2011	10.21
2. George Page, 1996	10.25
3. Anthuan Maybank, 1994	10.31
Tim Dwight, 1997	10.31
5. Bob Lawson, 1976	10.36
6. Robert Smith, 1984	10.39
7. Curtis Chang, 1987	10.40
8. Jeff Patrick, 1983	10.41
Tim Dodge, 2002	10.41
10. Jerry Fisher, 1991	10.45

110-Meter High Hurdles

1. Pat McGhee, 1989	13.50
2. Dion Trowers, 1996	13.62
3. Ronnie McCoy, 1985	13.66
4. Ethan Holmes, 2011	13.73
5. Jordan Mullen, 2013	13.77
6. James Armstrong, 1991	13.89
7. Dan Davis, 2012	14.01
8. Doug Jones, 1986	14.06
9. Chris Williams, 1983	14.24
10. Rajeev Balkrishnan, 1993	14.29

200 Meters

1. Justin Austin, 2011	20.31
2. Jeff Patrick, 1983	20.47
3. Anthuan Maybank, 1994	20.55
4. Andre Morris, 1995	20.64
5. George Page, 1996	20.67
6. Terrence Duckett, 1982	20.74
7. Tim Dodge, 2002	20.78
8. Bashir Yamini, 1999	20.82
9. Dennis Kohl, 1966	20.84
10. Tim Dwight, 1997	20.91



Todd Wigginton



Arno van der Westhuizen

400 Meters

1. Anthuan Maybank, 1993	44.99
2. Andre Morris, 1995	45.15
3. Mike Mondane, 1967	45.20
4. Steven Willey, 2010	45.78
5. Gary Hollingsworth	46.30
6. Harold Leonard, 1986	46.45
7. Tony Branch, 1999	46.60
8. Prince Riley, 2007	46.61
9. George Page, 1996	46.66
10. Dick Eisenlauer, 1973	46.74
Terrence Duckett, 1983	46.74
Patrick Richards, 2010	46.74

400-Meter Hurdles

1. Pat McGhee, 1988	48.83
2. Monte Raymond, 1998	50.09
3. Ray Varner, 2010	50.24
4. Paul Steele, 1989	50.45
5. Russell Peterson, 2001	50.50
6. Ethan Holmes, 2011	50.65
7. Adam Kunkel, 2001	50.73
8. Jon Reimer, 1967	50.94
9. Gary Falls, 1991	51.08
10. D'Juan Richardson, 2011	51.12

800 Meters

1. Erik Sowinski, 2012	1:45.90
2. Bill Frazier, 1962	1:47.64
3. D'Juan Strozier, 1990	1:47.82
4. Adam Hairston, 2009	1:48.53
5. Michael Layne, 1999	1:49.61
6. Bill Thiesen, 1985	1:49.74
7. Ryan Weir, 2013	1:50.01
8. Andy Wiese, 1985	1:50.22
9. Paul Chepkwony, 1984	1:50.36
10. Rod Chambers, 1989	1:50.60

1,500 Meters

1. Jeff Thode, 2010	3:43.02
2. Joel Moeller, 1978	3:44.01
3. Jim Docherty, 1978	3:44.30
4. Dan Waters, 1986	3:46.35
5. Kevin Herd, 1994	3:46.64
6. John Clark, 1977	3:46.84
7. Ted Wheeler, 1956	3:48.24
8. Nick Holmes, 2012	3:49.53
9. Jesse Luciano, 2007	3:49.99
10. Micah VanDenend, 2007	3:50.20

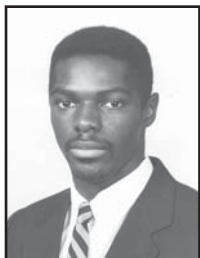
3,000-Meter Steeplechase

1. Deacon Jones, 1956	8:47.40
2. Steve Pershing, 1978	8:54.59
3. Andy Morris, 2000	8:56.21
4. Matt Gerard, 1994	8:57.01
5. Andy Napier, 2008	8:57.54
6. Rollie Kitt, 1967	9:02.90
7. Al Greene, 1985	9:02.96
8. Tony Rakaric, 2005	9:03.29
9. Mark Battista, 2010	9:04.60
10. Sean Gale, 1993	9:08.00

5,000 Meters

1. Micah VanDenend, 2007	13:49.31
2. Larry Wiczorek, 1968	13:56.00
3. Kevin Herd, 1993	13:59.00
4. Stetson Steele, 2000	14:02.76
5. Eric MacTaggart, 2005	14:04.79
6. Dan Haut, 2006	14:07.30
7. Kevin Lewis, 2013	14:08.04
8. Jesse Luciano, 2010	14:08.71
9. Matt Esche, 2006	14:12.07
10. Jeff Thode, 2011	14:12.40

OUTDOOR ALL-TIME TOP TEN PERFORMERS



Anthuan Maybank



Pat McGhee



Kyle Reid



Erik Sowinski



Stetson Steele



Jeff Thode



Micah VanDenend

10,000 Meters

1. Stetson Steele, 200028:44.47
2. Eric MacTaggart, 2006.....28:50.23
3. Nick Nordheim, 200229:44.71
4. Trent Corey, 200229:45.25
5. **Kevin Lewis, 2012.....29:54.02**
6. Chad Schwitters, 199929:56.00
7. Nick Holmes, 201030:02.31
8. Dan Haut, 200630:03.08
9. Kevin Herd, 199430:05.21
10. Paul Sarris, 200130:08.40

Decathlon

1. **Kyle Reid, 2013 7,025 pts**
2. Dan Rolling, 20106,957 pts
3. Scott Faber, 20006,839 pts
4. Ryan Niver, 20086,837 pts
5. **Jack Eckert, 2012..... 6,813 pts**
6. Chad Ohly, 19946,641 pts
7. Gary Kostrubala, 1984.....6,498 pts
8. Frank Prill, 20086,381 pts
9. Jacob Drewry, 19945,820 pts

High Jump

1. Jeffery Herron, 20127-4 1/4 (2.24)
2. Bill Hansen, 19787-4 (2.23)
3. Bill Knoedel, 1975.....7-4 (2.23)
4. M. Cunningham, 19867-1 (2.16)
5. Kenneth Lansing, 1988.....7-1 (2.16)
6. Pat Meade, 19877-0 1/4 (2.14)
7. Graham Valdes, 20126-11 3/4 (2.12)
8. Peter Hlavin, 19796-11 (2.11)
9. Scott Hudek, 19936-11 (2.11)
10. Jeremy Petsche, 2008.....6-11 (2.11)
11. **Brandon Oest, 2012.....6-11 (2.11)**

Pole Vault

1. Todd Wigginton, 198417-0 (5.18)
2. Chad Ohly, 199416-8 3/4 (5.10)
3. Curt Broek, 197816-8 (5.08)
4. Phil Wertman, 197116-7 (5.05)
5. Kelly Scott, 1988.....16-7 (5.05)
6. John Teffer, 197216-2 (4.93)
7. **Kyle Reid, 201016-1 1/4 (4.91m)**
8. Alex Zona, 200916-0 3/4 (4.90)
9. Steve Brewer, 198316-0 (4.88)
10. Doug Pennino, 1985.....16-0 (4.88)

Long Jump

1. Anthuan Maybank, 1993.....27-1 (8.25)
2. Bashir Yamini, 199726-8 1/4 (8.13)
3. Paul Jones, 198925-10 1/4 (7.88)
4. Darren Smith, 199125-9 3/4 (7.86)
5. Quinn Early, 198625-7 1/4 (7.80)
6. Ed Gordon, 193125-4 3/8 (7.68)
7. Matty Gorman, 2006.....25-1 1/4 (7.65)
8. Ronnie McCoy, 198525-0 (7.62)
9. Jeffery Herron, 201024-9 (7.54)
10. Joe Robinson, 1976.....24-2 3/4 (7.38)

Triple Jump

1. Troy Doris, 201254-8 (16.66)
2. Paul Jones, 199052-0 1/2 (15.86)
3. Gordon Finch, 1988.....50-9 1/4 (15.47)
4. **Klyvens Delaunay, 2013 50-6 1/4 (15.40)**
5. Mike Lacy, 198450-5 (15.36)
6. **Babatunde Amosu, 2013... 50-3 1/4 (15.32)**
7. Pat Miller, 1985.....49-8 1/2 (15.25)
8. Matty Gorman, 2008.....49-2 1/2 (15.00)
9. Owen Gill, 198249-1 (14.96)
10. Josh Bean, 2010.....48-10 3/4 (14.90)

Shot Put

1. Jeremy Allen, 200163-2 3/4 (19.27)
2. Ken Kemeny, 200562-3 (18.97)
3. Shane Maier, 200662-2 1/4 (18.95)
4. Andy Banse, 200561-11 1/2 (18.88)
5. John Hickey, 200861-9 1/2 (18.83)
6. Chris Gambol, 1987.....60-0 1/2 (18.30)
7. A.J. Curtis, 200859-8 1/4 (18.19)
8. A. van der Westhuizen, 2000 58-8 3/4 (17.90)
9. Ryan Lamparek, 201058-4 (17.78)
10. Gary Kostrubala, 1985.....58-1 (17.70)

Discus

1. A.J. Curtis, 2007202-11 (61.84)
2. Gary Kostrubala, 1986.....202-4 (61.68)
3. **Gabe Hull, 2013..... 196-2 (59.80)**
4. Jeremy Allen, 2001195-4 (59.54)
5. Tim Brodersen, 2005193-6 (58.98)
6. Brad Daufeldt, 2004.....185-0 (56.40)
7. Nick Brayton, 2009180-11 (55.15)
8. Andy Banse, 2005180-0 (54.86)
9. Eric Rothwell, 2004.....179-7 (54.73)
10. Shane Maier, 2008178-7 (54.43)

Hammer

1. A. van der Westhuizen, 2001 222-11 (67.94)
2. Adam Hamilton, 2007222-2 (67.73)
3. Jim Costello, 2002217-7 (66.32)
4. Brad Daufeldt, 2004.....207-10 (63.34)
5. Chris Voller, 2005206-0 (62.80)
6. Matt Banse, 2012201-11 (61.55)
7. Jeremy Allen, 2001199-0 (60.66)
8. **Ben Stancombe, 2011..... 197-6 (60.20)**
9. Ryan Jordan, 2007184-6 (56.23)
10. Ryan Lamparek, 2010181-7 (55.35)

Javelin

1. **Matt Byers, 2011245-8 (74.89)**
2. Bill Neumann, 2002244-8 (74.58)
3. Dan Ralph, 2000.....227-10 (69.44)
4. Zach Schimp, 2010.....211-0 (64.32)
5. Kale Katt, 2007204-0 (62.17)
6. Joel Storm, 2004203-5 (62.01)
7. Matt Stank, 2001199-0 (60.66)
8. **Jack Eckert, 2012..... 187-0 (57.01)**
9. **Kyle Reid, 2013 182-10 (55.73)**
10. A. van der Westhuizen, 1999 173-11 (53.00)

OUTDOOR ALL-TIME TOP TEN PERFORMERS

400-Meter Relay

1.	Mincy, Austin, E. Holmes, Larney, 2013	39.35
2.	Beecham, Duckett, Greer, R. Smith, 1984	39.48
3.	Mullen, Austin, E. Holmes, Larney, 2013	39.66
4.	Page, Davis, Rozell, Morris, 1996	39.73
5.	Mincy, Sayon, Chaney, Jr., Austin, 2011	39.86
6.	Richardson, Sayon, Chaney, Jr., Bee, 2009.....	39.94
7.	Felix, Branch, Dodge, Yamini, 1999	39.96
8.	Beecham, Duckett, Greer, Patrick, 1983	39.99
9.	Dwight, Branch, Davis, Yamini, 1998.....	40.00
	Goode, Fisher, Morris, Maybank, 1994	40.00
	1998.....	40.00
	Dwight, Branch, Dodge, Yamini, 1999	40.00

Shuttle Hurdle Relay

1.	McGhee, Armstrong, Falls, Stelle, 1989	57.80
2.	Wigginton, Jones, Lacey, McCoy, 1985.....	59.77
3.	1975.....	1:05.20

800-Meter Relay

1.	Richardson, Sayon, Richards, Chaney, Jr., 2009	1:24.85
2.	Austin, Brown, Larney, VanCleave, 2013	1:25.60
3.	Barclay, McCalister, Jensen, Elliott, 1979.....	1:26.39
4.	Thomas, Balkrishnan, Patterson, Freidrich 1991	1:28.38
5.	Balkrishnan, Patterson, Thomas, Freidrich, 1991.....	1:29.04

1,600-Meter Relay

1.	Morris, Davis, Page, Rozell, 1995	3:03.11
2.	Branch, Dwight, Dodge, Yamini, 1999.....	3:03.29
3.	Ferree, Frazier, Mondane, Reimer, 1967.....	3:04.10
4.	Rozell, Morris, Davis, Yamini, 1996.....	3:04.71
5.	Willey, Barton, Richards, Sowinski, 2010	3:05.61
6.	Willey, Richards, Sowinski, Barton, 2011.....	3:05.64
7.	Richards, Davey, E. Holmes, Sowsinski, 2012	3:05.77
8.	Cameron, Williams, McGhee, McCoy, 1985.....	3:06.00
9.	Rozell, Davis, Dwight, Raymond, 1997	3:06.06
	Dodge, Kunkel, Coleman, Peterson, 2001	3:06.06

Sprint Medley Relay

1.	Sayon, Austin, Willey, Sowinski, 2011	3:16.18
2.	Richards, Larney, Davey, Sowinski, 2012	3:17.25
3.	Richardson, Richards, Willey, Sowinski, 2010.....	3:17.74
4.	Armstrong, Thomas, Maybank, Strozier, 1991	3:18.93
5.	Yamini, Davis, Dodge, Donovan, 1999.....	3:19.87
6.	Richards, Chaney, Jr., Barton, Hairston, 2009.....	3:20.05
7.	McCorkle, Armstrong, Chung, Strozier, 1990	3:20.43
8.	Dodge, Yamini, Branch, Donovan, 1999.....	3:20.83
9.	Goode, Fisher, Thomas, Falls, 1992.....	3:21.02
10.	Dwight, Davis, Raymond, Donovan, 1997	3:21.05

3,200 Meter Relay

1.	Hairston, Prom, Thode, Sowinski, 2011	7:23.77
2.	Corrigan, Blackman, Strozier, Chambers, 1989	7:29.00
3.	Willey, Braff, Sowinski, Hairston, 2009	7:33.08
4.	Tweedy, Gajewski, Linden, O'Hollearn, 2005	7:33.12
5.	Cunningham, Tweedy, S. Allen, Thomas, 2001	7:34.12
6.	Long, Tweedy, Dziubski, O'Hollearn, 2004.....	7:35.10
7.	1999.....	7:36.43
8.	Prom, Slaymaker, Wheeler, Weir, 2012	7:38.15
9.	1986.....	7:40.18
10.	Novotny, Holtkamp, Rerko, Feeldy, 1995	7:44.68

Distance Medley Relay

1.	Pershing, Moeller, Slack, Docherty, 1978.....	9:39.94
2.	Kuczvara, Barton, Hairston, Thode, 2011	9:41.37
3.	N. Holmes, Van Cleave, Sowinski, Thode, 2012	9:41.59
4.	Young, Barton, Kuczvara, Luciano, 2010.....	9:42.97
5.	Prom, Davey, Weir, Witt, 2013	9:53.83
6.	Theisen, Williams, Wiesa, Waters, 1985	9:54.04
7.	Wilfong, Slaymaker, Teubel, Witt, 2013	9:54.05
8.	Luciano, Pierre, Hairston, VanDenend, 2007	9:54.07
9.	VanDenend, Riley, O'Hollearn, Rakaric, 2006.....	9:54.97
10.	Feeldy, Eischeid, Novotny, Peters, 1996	9:55.71

6,400 Meter Relay

1.	Rakaric, Webster, MacTaggart, VanDenend, 2006.....	16:55.43
2.	Paul, Kadlec, Thode, Luciano, 2010.....	17:01.46
3.	N. Holmes, Witt, Thode, Lewis, 2012	17:02.26
4.	Thomas, Allen, Rakaric, Lloyd, 2003.....	17:06.27
5.	Pittman, Novotny, Feeldy, Marquardt, 1995.....	17:12.49
6.	Bakker, Feeldy, Peters, Pittman, 1996.....	17:13.10
7.	Allen, Trainor, McDermott, Esche, 2002	17:14.53
8.	Kadlec, E. MacTaggart, Paul, Marchese, 2009	17:17.63
9.	Schwitters, Nordheim, Moeller, Thomas, 1999.....	17:18.04
10.	White, Roehl, Wood, Roseman, 1992	17:28.90

OUTDOOR ALL-TIME TOP TEN PERFORMERS



Kineke Alexander



Meghan Armstrong



Danielle Berndt



Nan Doak



Aisha James



Tiffany Johnson



Diane Nukuri

100 Meters

1. Vivien McKenzie, 1985	11.45
2. Davera Taylor, 1984	11.51
3. Erica Broomfield, 1998	11.53
4. Jiselle Providence, 2001	11.57
5. Tanja Reid, 1994	11.60
Peaches Roach, 2005	11.60
Lake Kwaza, 2013	11.60
8. Yolanda Hobbs, 1995	11.62
9. Elanie Jones, 1985	11.69
10. Rhonda Kaye Trusty, 2010	11.74

100-Meter Hurdles

1. Tiffany Johnson, 2007	13.20
2. Karessa Farley, 2009	13.53
3. C. Prendergast, 1999	13.60
Paula Ruen, 2000	13.60
5. Sarah Steffen, 2002	13.65
6. Ruqayya Raheem, 1998	13.90
7. Brenda Calhoun, 1984	13.94
8. Wynsome Cole, 1997	14.10
9. Kimberly Stanford, 2008	14.11
10. Renee White, 2008	14.20

200 Meters

1. Shellene Williams, 2004	23.50
2. Kineke Alexander, 2006	23.58
3. Davera Taylor, 1984	23.59
4. Vivien McKenzie, 1985	23.61
5. Yolanda Hobbs, 1995	23.65
6. Erin Jones, 2012	23.71
7. Rhonda Kaye Trusty, 2010	23.74
8. Tanja Reid, 1995	23.75
9. Elanie Jones, 1983	23.84
10. Ashley Liverpool, 2012	23.98

400 Meters

1. Kineke Alexander, 2006	51.35
2. Shellene Williams, 2004	51.94
3. Ashley Liverpool, 2012	52.47
4. Ellen Grant, 1996	52.65
5. Senta Hawkins, 1988	54.01
Bethany Praska, 2011	54.01
7. Marlene Poole, 1994	54.03
8. Elaine Jones, 1983	54.40
9. Nicole Charles, 2001	54.48
10. Stacey-Leigh Bynoe, 2000	54.73

400-Meter Hurdles

1. Mary Knoblauch, 1981	56.16
2. Wynsome Cole, 1998	56.67
3. Chris Davenport, 1981	59.18
4. Hannah Simonson, 2012	59.54
5. Sarah Steffen, 2002	59.59
6. Tiffany Hendricks, 2011	59.63
7. Nicole Erickson, 2012	59.77
8. MonTayla Holder, 2013	59.90
9. Beverly Powell, 1991	59.96
10. Kelsey Quinn, 2012	59.99

800 Meters

1. Bethany Praska, 2011	2:03.78
2. Kay Stormo, 1982	2:05.67
3. Michelle Lahann, 2004	2:06.79
4. Aisha Hume, 2005	2:08.50
5. Adrienne Alexia, 2013	2:08.61
6. Jeanne Kruckeberg, 1987	2:08.75
7. Kaitlyn Nelson, 2013	2:09.19
8. Ann Pare, 1997	2:09.25
9. Meghan Armstrong, 2006	2:10.15
10. Sophia Poncé, 2007	2:10.35

1,500 Meters

1. Meghan Armstrong, 2006	4:17.41
2. Betsy Flood, 2010	4:17.75
3. Jeanne Kruckeberg 1989	4:19.71
4. McKenzie Melander, 2012	4:20.22
5. Lauren Hardesty, 2009	4:20.40
6. Diane Nukuri, 2007	4:20.95
7. Penny O'Brien, 1985	4:21.43
8. Kay Stormo, 1982	4:22.24
9. Michelle Lahann, 2004	4:24.00
10. Shannon Stanley, 2006	4:25.08

3,000 Meters

1. Diane Nukuri, 2008	9:18.82
2. Penny O'Brien, 1985	9:20.61
3. McKenzie Melander, 2012	9:21.59
4. Betsy Flood, 2010	9:22.63
5. Nan Doak, 1985	9:23.04
6. Tracy Dahl, 1992	9:23.53
7. Meghan Armstrong, 2006	9:28.03
8. Brooke Eilers, 2011	9:30.08
9. Jeanne Kruckeberg, 1989	9:30.69
10. Jennifer Brower, 1992	9:34.59

3,000-Meter Steeplechase

1. Danielle Berndt, 2011	10:26.54
2. Jessica Schmidt, 2008	10:27.18
3. Sarah Arens, 2004	10:34.50
4. Hannah Roeder, 2011	10:35.22
5. Kelsey Hart, 2011	10:47.56
6. Katie Ellis, 2010	11:02.62
7. Michelle Lahann, 2003	11:16.21
8. Becca Thompson, 2003	11:19.50

5,000 Meters

1. Nan Doak, 1985	15:45.84
2. McKenzie Melander, 2012	15:57.13
3. Diane Nukuri, 2008	15:59.39
4. Betsy Flood, 2011	16:04.46
5. Meghan Armstrong, 2008	16:08.83
6. Brooke Eilers, 2011	16:11.86
7. Mareike Schulle, 2012	16:13.73
8. Jenny Spangler, 1983	16:17.21
9. Tracy Dahl, 1992	16:18.77
10. Racheal Marchand, 2008	16:27.02



Majesty Tutson



Lisa Van Steenwyk



Renee White



Shellene Williams

OUTDOOR ALL-TIME TOP TEN PERFORMERS



Tammilee Kerr



Vivien McKenzie



Bethany Praska



Alana Redfern



Peaches Roach



Jasmine Simpson



Jessie Strand

10,000 Meters

1. Diane Nukuri, 2008.....33:17.01
2. Jennifer Brower, 199133:23.38
3. Meghan Armstrong, 200833:28.00
4. Nan Doak, 1985.....33:33.03
5. Jenny Spangler, 1983.....33:39.24
6. Racheal Marchand, 200834:05.87
7. McKenzie Melander, 201234:29.83
8. Tracy Dahl, 199234:30.09
9. Betsy Flood, 2011.....35:05.10
10. Nikki Chapple, 200435:06.35

Heptathlon

1. Tammilee Kerr, 20085,633 pts
2. Kathy Gillespie, 1983.....5,262 pts
3. Tiff Pedersen, 20044,976 pts
4. Janet Adams, 1981.....4,855 pts
5. **Sarah Ryan, 2012..... 4,819 pts**
6. Ruqayya Raheem, 1997.....4,665 pts
7. Angela Chadwick, 1993.....4,493 pts
8. Missy Miller, 2010.....4,227 pts
9. Angie Hensel, 20044,073 pts
10. Janelle Jaspers, 1987.....4,000 pts

High Jump

1. Peaches Roach, 2006 6-1 1/4 (1.86)
2. Mary Mol, 1983..... 6-0 (1.83)
3. **Khanishah Williams, 2013.... 5-11 1/4 (1.81)**
4. Caleigh Bacchus, 2010..... 5-10 (1.78)
5. Lynn McMillan, 1988..... 5-9 1/4 (1.76)
6. Kacey Childs, 2001..... 5-8 1/2 (1.74)
7. Kristi Dinkla, 1985..... 5-8 (1.73)
- Becky Kaza, 1995..... 5-8 (1.73)
- Eve Cullinan, 2003 5-8 (1.73)
10. **Zinnia Miller, 2012..... 5-7 1/4 (1.71)**

Pole Vault

1. Jessie Strand, 2003..... 12-10 1/4 (3.92)
2. Sarah Burgett, 2006 12-1 3/4 (3.70)
3. **Kirsten Weismantle, 2011 12-0 (3.66)**
4. **Katie Truedson, 2010 11-5 1/4 (3.49)**
5. Gina Shannon, 2001..... 11-2 1/4 (3.41)
6. **Brittany Holst, 2013 11-1 (3.38)**
7. Kacey Childs, 2000..... 8-0 1/2 (2.45)

Long Jump

1. Aisha James, 2003 22-3 (6.78)
2. Renee White, 2008..... 20-3 3/4 (6.19)
3. **Carisa Leacock, 2011 19-11 1/2 (6.08)**
4. Becki Borg, 1988 19-7 1/4 (5.97)
5. Lisa Moats, 1986 19-6 (5.95)
6. Tammilee Kerr, 2008 19-4 1/4 (5.90)
7. Yolanda Hobbs, 1993 19-2 1/2 (5.85)
8. **Sarah Ryan, 2013..... 18-11 3/4 (5.78)**
9. Jane Dunlevy, 1977 18-6 (5.64)
10. Ruqayya Raheem, 1997..... 18-5 1/4 (5.62)
- Tiff Pedersen, 2004 18-5 1/4 (5.62)

Triple Jump

1. Renee White, 2008..... 43-10 3/4 (13.36)
2. Tiffany Johnson, 2007 41-8 3/4 (12.72)
3. **Carisa Leacock, 2012 40-10 1/2 (12.46)**
4. Becki Borg, 1988 40-7 1/2 (12.38)
5. Lynn McMillan, 1988..... 39-6 1/2 (12.05)
6. Lynn, 1998..... 39-0 (11.88)
7. Kacey Childs, 2001..... 37-8 (11.48)
8. Becca Franklin, 2004..... 36-10 1/2 (11.24)
9. Janna Houtz, 1984 33-10 1/2 (10.32)
10. Latoya Stiffend, 2002..... 32-6 (9.90)

Shot Put

1. Lisa Van Steenwyk, 1992 50-8 (15.44)
2. Gail Smith, 1984 50-3 1/4 (15.32)
3. Denise Taylor, 1992 50-1 3/4 (15.28)
4. Kamesha Marshall, 2005..... 48-6 3/4 (14.80)
5. Laura Kriener, 1990..... 48-2 1/2 (14.69)
6. Jennifer Gilson, 2002..... 47-10 (14.58)
7. Jennifer Moon, 2000..... 47-5 1/4 (14.46)
8. **Rachel Curry, 2011 46-5 (14.03)**
9. Mandy Chandler, 2006 46-0 (14.02)
10. Tiffany Medenwaldt, 2010 .. 45-11 3/4 (14.01)

Discus

1. **Majesty Tutson, 2013 181-1 (55.19)**
2. Tiffany Medenwaldt, 2010 161-3 (49.16)
3. Denise Taylor, 1992 160-5 (48.90)
4. Lisa Van Steenwyk, 1991 159-1 (48.50)
5. Gail Smith, 1983..... 158-2 (48.22)
6. **Ashlyn Gulvas, 2011..... 154-11 (47.23)**
7. **Courtney Fritz, 2012 154-1 (46.96)**
8. Kamesha Marshall, 2005..... 152-11 (46.62)
9. Jennifer Moon, 2000..... 150-8 (45.92)
10. Laura Kriener, 1989..... 150-3 (45.80)

Hammer Throw

1. **Jasmine Simpson, 2013 197-7 (60.23)**
2. Becca Franklin, 2007 195-0 (59.45)
3. **Annemie Smith, 2013 188-4 (57.41)**
4. **Ashlyn Gulvas, 2013..... 188-0 (57.30)**
5. Kelsey Taylor, 2011..... 177-0 (53.95)
6. Tiffany Medenwaldt, 2010 171-11 (52.40)
7. Erin O'Hern, 2008..... 168-9 (51.45)
8. **Chelsea Colpitts, 2013 162-5 (49.51)**
9. Kerri Blackstone, 1999 161-10 (49.32)
10. **Majesty Tutson, 2013 161-5 (49.20)**

Javelin

1. Alana Redfern, 2003..... 181-5 (55.30)
2. Tammilee Kerr, 2008 163-5 (49.81)
3. Mandy Beck, 1999..... 153-4 (46.74)
4. Terri Soldan, 1983 152-6 1/4 (46.48)
5. Shani Renning, 1990 152-3 (46.40)
6. Clara Simon, 1981 149-9 (45.64)
7. Janet Adams, 1984..... 148-7 (45.28)
8. **Amanda Stahle, 2012..... 141-5 (43.10)**
9. Mickey Schoborg, 1985 137-5 1/4 (41.88)
10. **Allison Gattone, 2013 138-8 (42.27)**

OUTDOOR ALL-TIME TOP TEN PERFORMERS

400-Meter Relay

1.	Poole, Reid, Floyd, Hobbs, 1994	44.63
2.	Charles, Williams, Providence, James, 2003	44.71
3.	Floyd, Hobbs, Poole, Reid, 1994	44.80
4.	Fouchè, Williams, Providence, James, 2003	45.02
5.	Alexander, Granger, Johnson, Roach, 2006	45.11
6.	Johnson, Roach, Clarke, Trusty, 2007	45.21
7.	Johnson, Alexander, Granger, Roach, 2005	45.30
8.	Granger, Johnson, Alexander, Roach, 2005	45.39
9.	Jones, R. Moore , Liverpool, Simonson, 2012	45.45
10.	Underwood, Reid, Philip, Hobbs, 1995	45.50
	Boatright, Bynoe, Providence, Prendergast, 2000	45.50

Shuttle Hurdle Relay

1.	Prendergast, Cole, Raheem, Ruen, 1998	56.44
2.	Cole, Prendergast, Raheem, Ruen, 1998	56.54
3.	Raheem, Prendergast, Cole, Ruen, 1998	57.53

800-Meter Relay

1.	Hobbs, Reid, Floyd, Poole, 1994	1:35.69
2.	Roach, McCalla, Alexander, Johnson, 2006	1:36.19
3.	Williams, Charles, Fouchè, Providence, 2003	1:37.49
4.	Herrmann, McCalla, Raymond, Roach, 2004	1:37.66
5.	Charles, Dixon, Knight, Prendergast, 2002	1:38.15
6.	Trusty, Hendricks, Graham, Erickson, 2009	1:38.79
7.	Prendergast, Dixon, Knight, Providence, 2001	1:38.73
8.	Dixon, Knight, Prendergast, Providence, 2001	1:38.93
9.	Dixon, Providence, Knight, Charles, 2001	1:39.68
10.	Underwood, Bynoe, Raheem, Wynter, 1997	1:39.72

1,600-Meter Relay

1.	Praska, Hendricks, Liverpool, Erickson, 2011	3:35.93
2.	Hume, Charles, Steffen, Williams, 2003	3:36.26
3.	Praska, Hendricks, Erickson, Liverpool, 2011	3:36.51
4.	Simonson, Liverpool, Erickson, Sack, 2012	3:37.57
5.	McCalla, Granger, Alexander, Johnson, 2006	3:38.36
6.	Simonson, Liverpool, Quinn, Erickson, 2012	3:38.49
7.	Liverpool, Jones, Erickson, Quinn, 2012	3:38.68
8.	Alexander, Graham, Jones, M. Mims, 2007	3:39.36
9.	Jones, Alexander, Johnson, M. Mims, 2007	3:39.64
10.	McCalla, Alexander, Sheeley, Hume, 2005	3:39.67

Sprint Medley Relay

1.	Jones, Hendricks, Liverpool, Praska, 2011	3:48.63
2.	Kwaza, R. Moore, Holder, Alexia, 2013	3:54.51
3.	Trusty, R. Moore , Hendricks, Praska, 2010	3:56.53
4.	Reid, Philip, Hobbs, Benning, 1995	3:56.54
5.	Roach, Alexander, McCalla, Stanley, 2005	3:56.99
6.	Kwaza, R. Moore, Alexia, Nelson, 2013	3:58.72
7.	Clarke, Graham, Jones, Poncé, 2007	3:59.34
8.	Underwood, Clarke, Philip, Benning, 1995	3:59.75
9.	Jones, R. Moore , Erickson, Alexia , 2012	4:00.19
10.	2005	4:00.26

3,200-Meter Relay

1.	Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987	8:46.45
2.	Lahann, Stanley, Hume, Barber, 2004	8:48.87
3.	Schneckloth, Roberts, Hawkins, Kruckeberg, 1989	8:49.38
4.	Flood, Dlhly, L. Hardesty, Docherty, 2009	8:53.91
5.	Armstrong, Stanley, Laney, Hume, 2005	8:54.27
6.	O'Brien, Camarigg, Williams, Stormo, 1981	8:54.36
7.	Flood, Melander, Praska, Hardesty, 2010	8:54.45
8.	Drapcho, Schlader, Williams, Stormo, 1980	8:56.14
9.	Drapcho, Mitchell, Schlader, Stormo, 1979	8:57.24
10.	Lahann, Hume, Thompson, Barber, 2003	9:02.58

Distance Medley Relay

1.	Hoskins, Powell, Schneckloth, Kruckeberg, 1989	11:22.18
2.	Armstrong, Alexander, Poncé, Stanley, 2007	11:25.05
3.	Stanley, McCalla, Hume, Armstrong, 2005	11:34.04
4.	Barber, Williams, Hume, Arens, 2004	11:34.56
5.	Thompson, Williams, Hume, Arens, 2003	11:39.02
6.	2000	11:39.83
7.	Schrulle, Erickson, Placzek, Eilers, 2012	11:40.57
8.	Davenport, xx, xx, xx, 1981	11:41.44
9.	Pare, Grant, Benning, Gilchrist, 1997	11:41.92
10.	Dlhly, Erickson, Docherty, Anderson, 2010	11:43.06

6,400-Meter Relay

1.	Flood, Melander, A. Hardesty, L. Hardesty, 2010	19:05.63
2.	Nukuri, Marchand, Henize, Armstrong, 2008	19:15.42
3.	Flood, Laesch, Ranegar , Melander, 2012	19:16.73
4.	Flood, Eilers , Melander, L. Hardesty, 2011	19:17.52
5.	Flood, Melander, A. Hardesty, Eilers , 2009	19:36.43
6.	Scott, Gordon, Schrulle, Gambrell, 2013	19:41.15
7.	Chapple, Laney, Donlon, Sokol, 2005	20:39.12
8.	Arens, Barber, Butler, Roberts, 2001	20:40.89
9.	Benning, Boland, Fleck, Coleman, 1995	20:43.07
10.	Arens, Sokol, Barber, Donlon, 2003	20:48.08