

THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



TRACK CONTACTS: CHRIS BREWER, NATHAN SHEEHAN

FEBRUARY 1, 2010

2009-10 IOWA TRACK & FIELD INDOOR SCHEDULE

Date	Meet	Time (CT)
12/6	Intrasquad Meet	
1/9	at Illinois Dual (M)	W, 80.5-79.5
1/16	Iowa Open	
1/22-3	at Jack Johnson Classic	4th - 271.5
	at Razorback Invitational	All Day
2/5-6	at Meyo Invite	4:00 p.m./8:00 a.m.
	at Husker Invitational	5:00 p.m./noon
2/12-13	at Cyclone Classic	TBA
2/13	at Husky Classic	TBA
2/19	Iowa Invitational	5 p.m.
2/27-28	at Big Ten Championships	TBA
3/6	at Last Chance Meet	TBA
3/12-13	at NCAA Championships	TBA

NCAA QUALIFIERS

NAME	YEAR	EVENT
Erik Sowinski....	So.....	800 meters 1,600-meter relay
Ray Varner	Sr. .	1,600-meter relay
Steven Willey....	Jr...	1,600-meter relay
Kevin Dibbern ...	Fr. .	1,600-meter relay

THIS WEEK

The University of Iowa will again split competitors between two meets, this time in South Bend, IN at the Meyo Invite and in Lincoln, NE, for the Husker Invitational. Both meets start in the evening on Friday, Feb. 5 and will conclude in the afternoon the following day.

Competition at the University of Notre Dame will commence at 4 p.m. CT with the men's and women's long jump, weight throw, men's pole vault, women's high jump, women's and men's 5,000 meters, Distance Medley Relay, 300-meter dash, 1,000 meters, and the 500 meters. Competition will resume Saturday morning with the majority of the running events and the remaining field events.

The Husker Invitational, hosted by the University of Nebraska, will begin on Friday at 5 p.m. with the men's and women's weight throw, long jump, the women's pole vault, the men's and women's 5,000 meters, and the preliminaries for the men's and women's 60-meter dash, 60-meter hurdles, 400-meter dash, and 200-meter dash. Saturday events will begin at 12 p.m.

LAST TIME OUT - RAZORBACK INVITE/ JACK JOHNSON INVITE

Four individuals provisionally qualified during the second day of competition at the Razorback Invite in Fayetteville, AK. The 1,600-meter relay team of sophomore **Erik Sowinski**, senior **Ray Varner**, junior **Steven Willey**, and freshman **Kevin Dibbern** took third place with a mark of 3:10.35 to provisionally qualify for the NCAA Championships. Sowinski also provisionally qualified in the 800 meters earlier that day, with a winning time 1:50.09, a personal best that ranks second all-time at Iowa. Sowinski's mark currently ranks 13th in the NCAA Division-1, as does the 4x4 relay team.

The women's 1,600-meter relay team also performed well, finishing second with a time of 3:50.25. The team consisted of juniors **Tiffany Hendricks**, **Bethany Praska**, **Kara-Aretha Graham**, and sophomore **Kelsey Mims**. Praska also finished second in the 600 meters (1:33.21).

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Senior **Caleigh Bacchus** won the high jump for the second time this season with a height of 5-8 1/2 (1.74m). The women's mile squad took six of the top seven spots, with junior **Amanda Hardesty** leading the Hawkeyes (2nd, 4:54.22).

MEN'S HEAD COACH LARRY WIECZOREK ON THIS WEEKEND'S COMPETITION

"This past weekend, I was on pins and needles with nothing to do and no meet. I'm chomping at the bit to get back in there and compete. We'll be splitting competitors between Nebraska and Notre Dame, and I think this presents a great opportunity to take a big step forward with our program."

WOMEN'S HEAD COACH LAYNE ANDERSON ON THIS WEEKEND'S COMPETITION

"This weekend presents a great opportunity for our team. We'll be facing some tremendous competition and we need to be ready to perform at our highest level, and I really believe we can do that."

UP NEXT - Iowa will split competitors between the Cyclone Classic in Ames, IA on Feb. 12th and 13th, and the Husky Invitational on the 13th.

INDOOR SEASON LEADERS

MEN'S	WOMEN'S
60 meters D'Juan Richardson 6.84	60 meters Raven Moore 7.73
60 meter hurdles Jordan Mullen 8.16	60-meter hurdles Mariah Jordan 9.02
200 meters Kevin Dibbern 21.81	200 meters Raven Moore 25.28
300 meters D'Juan Richardson 34.34	300 meters Raven Moore 40.99
400 meters Steven Willey 47.59	400 meters Rhonda-Kaye Trusty 59.68
600 meters Erik Sowinski 1:19.38	600 meters Bethany Praska 1:33.21
800 meters Erik Sowinski 1:50.09P	800 meters Lauren Hardesty 2:16.49
1,000 meters Kyle Reid 2:46.80	Mile Amanda Hardesty 4:52.32
Mile Brian Marchese 4:12.65	3,000 meters Megan Ranegar 10:13.43
3,000 meters Jesse Luciano 8:27.13	High Jump Caleigh Bacchus 5-08 1/2
High Jump Jeffrey Herron 6-10 1/4	Pole Vault Katie Truedson 10-1 1/4
Pole Vault Alex Zona 16-4 3/4	Long Jump Emily Moore 17-4 3/4
Long Jump Josh Bean 22-2 1/2	Shot Put Tiffany Medenwaldt 44-8 3/4
Triple Jump Josh Bean 47-2 1/4	Weight Throw Kelsey Taylor 52-10
Shot Put Ryan Lamparek 56-7 1/4	Pentathlon Missy Miller 2,749
Weight Throw Matt Banse 60-4 1/2	
Heptathlon Kyle Reid 4,662	1,600-meter relay Tiffany Hendricks, Kara-Aretha Graham, Bethany Praska, Kelsey Mims
1,600 meter relay Kevin Dibbern, Steven Willey, Ray Varner, Erik Sowinski 3:10.35P	3:47.45