

IOWA HAWKEYES

Women's Swimming Contact: Amber Gartner

SWIMMING & DIVING WEEKLY RELEASE

November 29, 2004

2004-05 WOMEN'S SCHEDULE

(1-2, 0-2 Big Ten)

Oct. 9	Intrasquad	
Oct. 22-23	Wisconsin	L, 108-243
Nov. 6	at Minnesota	L, 129-171
Nov. 12	Truman State	W, 171-123
Nov. 19-21	at Minnesota Invitational	4th
Dec. 4	Iowa State	1 p.m.
	<i>(Iowa City, IA)</i>	
Jan. 2-13	at Winter Training in Honolulu, HI	
Jan. 21	Northern Iowa	5 p.m.
	<i>(Iowa City, IA)</i>	
Jan. 22	Illinois	1 p.m.
	<i>(Iowa City, IA)</i>	
Jan. 29	Northwestern & Ohio State	1 p.m.
	<i>(Iowa City, IA)</i>	
Feb. 16-19	at Big Ten Champ's	11 a.m./7 p.m.
	<i>(Bloomington, IN)</i>	
Mar. 4-6	Iowa Senior Championships	TBA
Mar. 10-13	at NCAA Diving Qualifier	TBA
Mar. 17-19	at NCAA Champ's	11 a.m./7 p.m.
	<i>(West Lafayette, IN)</i>	

2004-05 TOP TIMES

50 free	Abby VanMaaren	23.78
100 free	Katie Martin	52.04
200 free	Jennifer Skolaski	1:52.44
500 free	Jennifer Skolaski	5:01.88
1,000 free	Katelyn Eustis	10:23.04
1,650 free	Jaelyn Sarna	18:49.33
100 back	Jennifer Skolaski	56.41
200 back	Jennifer Skolaski	2:01.12
100 breast	Katie Haeger	1:05.84
200 breast	Kristen Eide	2:23.00
100 fly	Kelly Werner	56.49
200 fly	Andrea Hemphill	2:06.17
200 IM	Jennifer Skolaski	2:06.21
400 IM	Katelyn Eustis	4:31.85
200 free relay	VanMaaren, Kelly	1:36.47
	Schulte, K. Haeger	
400 free relay	Martin, VanMaaren	3:27.37
	Kelly, Skolaski	
800 free relay	Eustis, Skolaski	7:40.71
	VanMaaren, Martin	
200 med. relay ...	Skolaski, E. Haeger	1:46.14
	Werner, K. Haeger	
400 med. relay ...	Skolaski, K. Haeger	3:51.22
	Werner, Martin	
One-Meter	Lisette Planken	326.55
Three-Meter	Nancilea Underwood	348.25

THIS WEEK -- The University of Iowa women's swimming team will host in-state rival Iowa State Saturday at the Fieldhouse Pool in Iowa City. Competition is slated to begin at 1 p.m.

HY-VEE CY-HAWK SERIES -- Iowa leads the inaugural Hy-Vee Cy-Hawk Series 3-2. Iowa recorded a 17-10 football victory on Sept. 11 in Iowa City. Iowa State posted a 6-1 women's soccer victory on Oct. 31 in Ames. A point system will track each institution's performance and will culminate in one institution winning the annual trophy for the Hy-Vee Cy-Hawk Series. The Hawkeyes take on the Cyclones three times this week, with the women's basketball teams squaring off on Wednesday, swimming Saturday and wrestling Sunday.

SCOUTING IOWA STATE -- The Hawkeyes competed against the Cyclones in the Minnesota Invitational, taking fourth while the Cyclones finished fifth. Iowa State has also lost to Minnesota and Illinois. The Cyclones are led by sophomore Lauren Breunig, who recorded personal-bests in the 100 and 200 free at the Minnesota Invitational.

HAWKEYE TAKE FOURTH AT MINNESOTA INVITE -- The Hawkeyes tallied 610 points over the three-day invite, taking fourth behind Minnesota, Wisconsin, and Nebraska. **Jennifer Skolaski** and **Kelly Werner** took first and second in the 200 back, while **Andrea Hemphill** finished second in the 200 fly and **Katie Martin** came in third in the 100 free. **Lisette Planken** was the top finisher in one meter diving, setting a meet record with a score of 299.85. She also finished second in the three meter competition. Skolaski and Werner also performed well in the 100 back, taking second and third, respectively.

UNDERWOOD NAMED DIVER OF WEEK -- Junior diver **Nancilea Underwood** dominated both the one- and three-meter diving events against Truman State and for her efforts was named Big Ten Diver of the Week on November 16th. The honor was her second straight.

WOMEN'S HEAD COACH MARC LONG -- Former Hawkeye Assistant Coach **Marc Long** is in his first season as interim head coach after serving two seasons as assistant. Prior to joining the women's swimming program, Long served as Iowa's assistant men's swimming coach (1998-2001). As a Hawkeye swimmer, Long was a six-time all-American, a two-time Big Ten Champion and a two-time first team all-Big Ten selection. He is assisted by former Hawkeye swimmer Frannie DeBord.

DIVING COACH BOB RYDZE -- **Bob Rydze** is in his 30th year as diving coach of the men and women's teams at the University of Iowa, and is the dean of Big Ten swimming and diving coaches.

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