

High School Golf Coaches Clinic

Hosted by the University Of Iowa Women's Golf Program:

Head Coach, Megan Menzel

Assistant Coach, Laura Cilek

Date & Time: March 9th, 2013. 10:00 AM- 3:00 PM

Cost: \$100 per coach

Location: Carver Hawkeye Arena, Iowa City, IA

The program includes:

- Practice Ideas, games, and drill demonstrations
- Team building exercises, and mental skills development
- College outreach strategies, and recruiting information
- Pre-practice and tournament warm-up routines/ workouts
- Rules overview
- Health and nutritional information
- Question and answer session with Head Coach, Megan Menzel
- Lunch in Kinnick Stadium press box

Please send back the enclosed form and reserve your spot as soon as possible!!

You can call or email Laura Cilek with any questions: Laura-cilek@uiowa.edu, 319-325-3375



Join us for a fun and informational afternoon!