



# IOWA FIELD HOCKEY

**WEEK 7: @ #9 NORTHWESTERN (OCT. 14) & @ #12 MICHIGAN (OCT.16)**

## 2016 SCHEDULE

(9-5, 1-3)

8/27	..... at #7 Wake Forest	..... W, 2-1
8/28	..... vs. #1 North Carolina	..... L, 1-4
9/2	..... vs. Fairfield	..... W, 4-1
9/4	..... vs. Saint Louis	..... W, 11-0
9/10	..... vs. Monmouth	..... W, 4-0
9/11	..... at Kent State	..... W, 2-0
9/16	..... vs. #4 Penn State *	..... L, 3-4
9/18	..... vs. Ball State #	..... W, 4-1
9/23	..... vs. #6 Maryland *#	..... L, 2-4
9/25	..... vs. Rutgers *#	..... L, 1-2
9/30	..... at Indiana *#	..... W, 2-1 (OT)
10/2	..... at #7 Louisville	..... L, 0-2
10/7	..... vs. Central Michigan #	..... W, 11-0
10/9	..... vs. UC Davis	..... W, 5-0
10/14	.. at #9 Northwestern *	..... 3 p.m.
10/16	.. at #12 Michigan *	..... Noon
10/21	.. vs. Michigan State *#	..... 3 p.m.
10/27	.. at Ohio State *!	..... 2:30 p.m.

### Big Ten Tournament (College Park, Md.)

11/3	..... Quarterfinals	..... TBA
11/4	..... Semifinals!	..... TBA
11/6	..... Final!	..... TBA

### NCAA Tournament (Ann Arbor, Mich.)

11/12	... Round one	..... TBA
11/13	... Quarterfinals	..... TBA
11/18	... Semifinals	..... TBA
11/20	... Championship	..... TBA

All game times listed are Central  
 \* Big Ten Conference Games  
 ! Televised by Big Ten Network  
 # Streamed live on BTN2GO

## RANKINGS

No.	Team	Points
1.	Connecticut (18)	759
2.	Syracuse (11)	752
3.	<b>North Carolina (6)</b>	<b>705</b>
4.	Duke (5)	702
5.	<b>Penn State</b>	<b>609</b>
6.	<b>Maryland</b>	<b>573</b>
7.	<b>Louisville</b>	<b>509</b>
8.	Delaware	500
9.	<b>Northwestern</b>	<b>449</b>
10.	Virginia	431
11.	Princeton	366
12.	<b>Michigan</b>	<b>354</b>
13.	Boston College	324
14.	Boston University	206
15.	Stanford	198
16.	IOWA	182
17.	<b>Wake Forest</b>	<b>168</b>
	Albany	168
19.	Old Dominion	130
20.	American	69

\* - 2016 Opponent

### THIS WEEK

The 16th-ranked University of Iowa field hockey team (9-5, 1-3) is back in action this weekend as they travel for a pair of conference games. The Hawkeyes will face No. 9 Northwestern in Evanston, Illinois on Friday at 3 p.m. (CT) and will take on No. 12 Michigan at noon (CT) at Phyllis Ocker Field in Ann Arbor, Michigan.

### SCOUTING NO. 9 NORTHWESTERN

Northwestern enters this weekend with a 10-4 overall record and a 4-1 conference mark. The Wildcats are ranked ninth and are tied for first place in the Big Ten standings. Northwestern has three wins over top 10 teams, including wins over then-No. 4 Penn State (5-3) and No. 6 Maryland (3-2). The Wildcats' four losses came to then-No. 17 Boston College (2-1), No. 4 Duke in overtime (3-2), Indiana (2-1), and then-No. 8 Louisville (2-0). Senior Isabel Flens ranks third in goals in the Big Ten (12). Flens is also ranked fourth in points in the Big Ten (30). Junior Sophie Miller has a team-high nine assists, which also places her third in the Big Ten. Senior goalkeeper Lindsay von der Luft has the third best save percentage in the Big Ten (.753).

### IOWA VS. NORTHWESTERN -- THE SERIES

- Iowa leads the series, 52-22-4.
- The Hawkeyes are 22-13-2 when facing the Wildcats in Evanston.
- The last time the two teams met was last season. The Hawkeyes lost that match, 4-0, in Evanston, Illinois.

### SCOUTING NO. 12 MICHIGAN

Michigan has an 8-5 overall record and a 3-2 conference mark entering this weekend's action. The Wolverines are ranked 12th and are fourth in the Big Ten. Michigan has defeated then-No.1 North Carolina (1-0) and then-No. 11 Stanford (2-1). All four of the Wolverines' losses have come to top 10 teams including losses to then-No. 4 Penn State (3-1) and then-No. 8 Maryland (2-1) in overtime. Michigan has Big Ten wins over Michigan State (4-1), Ohio State (1-0), and Rutgers (3-1). Junior goalkeeper Sam Swenson is currently tied for first in the Big Ten with three shutouts. Swenson has the second best goals against average in the Big Ten (1.80) and is eighth in saves (35) and saves per game (3.20).

### IOWA VS. MICHIGAN -- THE SERIES

- The Hawkeyes lead the series, 40-23.
- Iowa is 17-9 when facing Michigan at Phyllis Ocker Field.
- The Hawkeyes and the Wolverines faced each other twice last season, once in the regular season and also in the Big Ten Tournament. Michigan won both matches, defeating the Hawkeyes, 4-0, in the first match, and 1-0 in double overtime in the Big Ten Tournament.

### LAST TIME OUT

The 16th-ranked University of Iowa field hockey team defeated UC Davis Sunday, 5-0, at Grant Field. The Hawkeyes have now shut out their last two opponents.

"This definitely gave us a lot of momentum," said UI head coach Lisa Cellucci. "We had a chance to do a lot of things that we wanted to work on for our upcoming games. We unleashed some offense scoring 16 goals on the weekend, and getting two shutouts is great."

The Hawkeyes got on the board early scoring in the seventh minute. Red shirt senior Natalie Cafone scored her 14th goal of the season when UC Davis turned the ball over and Cafone took the ball down the field and put the ball right under the cross bar to give Iowa a 1-0 lead.

Iowa continued its scoring in the 33rd minute when freshman Katie Birch notched her 10th goal of the year. The freshman scored off a corner to give the Hawkeyes a 2-0 lead.

Senior Sophie Plasteras added to the Hawkeyes lead in the 49th minute. UC Davis turned the ball over in front of its own cage, and the senior took advantage of the opportunity to give the home team a 3-0 advantage.

Cafone scored her second goal of the contest in the 55th minute. Cafone had her first shot saved by the UC Davis goalkeeper, but Cafone was able to locate the rebound and put it in the cage. The goal marks Cafone's 63rd career goal, which moves her into eighth in career goals scored as a Hawkeye.

## BIG TEN STANDINGS

	Conf.	Over.
#5 Penn State	4-1	12-1
#6 Maryland	4-1	10-3
#9 Northwestern	4-1	10-4
#12 Michigan	3-2	8-5
Indiana	2-2	7-7
<b>#16 IOWA</b>	<b>1-3</b>	<b>9-5</b>
Rutgers	1-3	7-5
Michigan State	1-3	5-8
Ohio State	0-4	5-8

(Results as of Oct. 10)

## 2016 ROSTER

00	Katie Jones	Jr.
1	Chandler Ackers	Sr.
4	Makenna Grewe	So.
5	JoElla Guagliardo	Jr.
6	Mallory Lefkowitz	Jr.
7	Sophie Plasteras	Sr.
9	Natalie Cafone	Sr.
10	Isabella Brown	So.
11	Katie Birch	Fr.
12	Taylor Omweg	Jr.
15	Riley Kniptash	Fr.
16	Isabella Solaroli	Fr.
19	Ryley Miller	Fr.
20	Sophie Sunderland	Fr.
22	Lara Bampfield	Fr.
24	Melissa Progar	So.
25	Avery Semler	Fr.
44	Alexandra Pecora	Jr.
96	Leslie Speight	Fr.

## ATHLETIC COMMUNICATIONS

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## MEDIA INFORMATION

### INTERVIEW OPPORTUNITY

Members of the University of Iowa field hockey team and coaching staff will be available for interviews each Tuesday before practice during the regular season.

To attend, please contact UI field hockey communications contact Kevin Quinn by phone (708-336-1294) or email (kevin-quinn@uiowa.edu). Be sure to include which coaches and student-athletes you would like to speak with to ensure availability.

Iowa rounded out its scoring as time expired. The Hawkeyes were awarded a penalty corner with two seconds remaining and senior Chandler Ackers scored on the play. Junior Melissa Progar and freshman Sophie Sunderland were credited assists on the final goal.

Iowa registered 22 shots and had seven penalty corners. Senior goalkeeper Alexandra Pecora made one save in her third complete shutout of the season.

### HAWKEYES SPREAD THE WEALTH

Six different Hawkeyes scored and four different Hawkeyes were credited with assists in Friday's match against Central Michigan as the Hawkeyes defeated the Chippewas, 11-0. Sunday's match against UC Davis saw four different Hawkeyes tally goals and three different Hawkeyes register assists in the 5-0 victory. Senior Chandler Ackers recorded a hat trick on Friday, while redshirt senior Natalie Cafone scored two goals in both matches. Senior Sophie Plasteras, and freshman Katie Birch each scored a goal in both matches. Junior Melissa Progar tallied a team-high six assists on the weekend.

### STATISTICALLY SPEAKING

Iowa has now beaten two opponents (Saint Louis and Central Michigan), 11-0 this season.

Iowa's 11 goals and 39 shots against Saint Louis are the second and third most, respectively, by a Big Ten team in a match this season.

Individually, Alexandra Pecora posted back-to-back shutouts against Monmouth and Kent State, and combined with Katie Jones to blank Saint Louis and Central Michigan. Pecora recorded her third shutout of the season in Sunday's victory over UC Davis. The senior is tied for first in the Big Ten with three shutouts.

Natalie Cafone ranks in the top-10 in a number of statistical categories in the Big Ten. The Hawkeye senior ranks third in shots per match (4.71), second in points per match (2.71), tied for first in goals per match (1.07), tied for first in goals (15), and leads the Big Ten with 38 points.

Freshman Katie Birch is also in the top-10 in a handful of statistical categories in the Big Ten. The freshman ranks first in shots (70) second in shots per game (5.00), tied for eighth in points (14), and tied for first in game winning goals (3).

Junior Melissa Progar recorded six assists last weekend, four against Central Michigan and two against UC Davis. The junior is second in assists (10) and assists per game (0.71) in the Big Ten.

Iowa is the only Big Ten team to have three players record hat tricks this season. The Hawkeyes are the only team to have two players (Katie Birch and JoElla Guagliardo) record hat tricks in the same game (Saint Louis).

### CAFONE MOVES UP IN RANKS

Natalie Cafone scored two goals against Central Michigan and UC Davis last weekend giving her 63 career goals. With the goals Cafone passes former Hawkeye Kell Flanagan (62) and is now eighth all-time in career goals at Iowa. The redshirt senior is now goal behind former Hawkeye Kerry Lassard (64) for seventh.

## CAFONE NAMED BIG TEN OFFENSIVE

### PLAYER OF THE WEEK

Natalie Cafone has been named Big Ten Offensive Player of the Week, the league office announced Tuesday. It marks the fourth weekly honor of Cafone's career and the fourth weekly award for the Hawkeyes this season.

A native of Fairfield, New Jersey, Cafone scored four goals and registered one assist last weekend, helping the Hawkeyes to a pair of shutout wins over Central Michigan (11-0) and UC Davis (5-0). Cafone was dominate in both games, registering five points (two goals, one assist) against Central Michigan and scoring two goals on a team-high 10 shots against UC Davis.

Iowa has won a weekly conference award four times this year. Senior goalkeeper Alexandra Pecora was named Big Ten Defensive Player of the Week on Sept. 13, while Katie Birch garnered Freshman of the Week accolades on Aug. 30 and Sept. 6.

### PECORA NAMED NFHCA DEFENSIVE PLAYER OF THE WEEK (SEPT. 14)

Senior Alexandra Pecora was named Longstreth/NFHCA Division I Player of the Week, the NFHCA office announced on Sept. 14. It marked the first national weekly honor of Pecora's career.

Pecora, who earned her second career Big Ten Defensive Player of the Week award on Sept. 13 helped the Hawkeyes post wins over Monmouth (4-0) on Sept. 10 and Kent State (2-0) on Sept. 11. The goalkeeper registered back-to-back shutouts, recording one save against Monmouth and six against Kent State.

In her four years at Iowa, the Marlton, New Jersey, native has played in a total of 52 games and accumulated 207 saves. Pecora has six shutouts in her career.

### NEWCOMERS

The Hawkeyes welcomed back 14 players, including seniors Chandler Ackers, Natalie Cafone, Sophie Plasteras, and Alexandra Pecora. In addition to the returnees, Iowa welcomed five newcomers to 2016 roster, including Katie Birch (MF/D), Ryley Miller (MF), Isabella Solaroli (MF), Leslie Speight (GK), and Sophie Sunderland (MF).

### HAWKEYES IN THE NCAA TOURNAMENT

The Hawkeyes have been selected to the NCAA Tournament 22 times in program history – the most of any school as a member of the Big Ten Conference. The Hawkeyes are 26-23 all-time in tournament play, including 9-5 in first round match-ups and 11-6 in second round contests. Iowa has advanced to 11 NCAA Final Fours, winning the 1986 national championship. The Hawkeyes' 26 tournament victories and 11 NCAA Final Fours are the most of any school as a member of the Big Ten Conference.

### LOOKING AHEAD

The Hawkeyes are back in action next weekend as they wrap up regular season play. Iowa will host its last home game of the season on Friday as they face Michigan State at 3 p.m. (CT) at Grant Field. Admission is free. The Hawkeyes will conclude the regular on Sunday when they face Ohio State at 2:30 p.m. (CT) in Columbus, Ohio.



# IOWA FIELD HOCKEY

## SEASON STATS

### 2016 Iowa Field Hockey Iowa Combined Team Statistics (as of Oct 09, 2016) All games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	9-5	5-3	3-1	1-1
CONFERENCE	1-3	0-3	1-0	0-0
NON-CONFERENCE	8-2	5-0	2-1	1-1

Date	Opponent	Score	Att.	#	Player	gp	g	a	pts	sh	sh%	sog	sog%	gw	pk-att
Aug 27	at #7 Wake Forest	w 2-1	446	11	BIRCH, KATIE	14	10	3	23	70	.143	34	.486	3	0-0
Aug 28	vs #1 North Carolina	L 1-4	146	9	CAFONE, NATALIE	14	15	8	38	66	.227	35	.530	2	0-0
Sep 02	FAIRFIELD	w 4-1	143	1	ACKERS, CHANDLER	14	7	6	20	21	.333	10	.476	0	1-1
Sep 04	SAINT LOUIS	w 11-0	170	7	PLASTERAS, SOPHIE	14	7	1	15	17	.412	14	.824	1	0-0
Sep 10	vs Monmouth	w 4-0	0	20	SUNDERLAND, SOPHI	14	2	4	8	14	.143	6	.429	0	0-0
Sep 11	at Kent State	w 2-0	112	5	GUAGLIARDO, JOELLA	14	4	1	9	11	.364	8	.727	1	0-0
* Sep 16	#4 PENN STATE	L 3-4	195	6	LEFKOWITZ, MALLORY	14	1	3	5	9	.111	6	.667	0	0-0
Sep 18	BALL STATE	w 4-1	213	16	SOLAROLI, ISABELLA	14	2	0	4	7	.286	5	.714	0	0-0
* Sep 23	#6 MARYLAND	L 2-4	150	24	PROGAR, MELISSA	14	1	10	12	5	.200	4	.800	1	0-0
* Sep 25	RUTGERS	L 1-2	150	4	GREWE, MAKENNA	8	2	3	7	5	.400	3	.600	1	0-0
* Sep 30	at Indiana	wot 2-1	203	12	OMWEG, TAYLOR	14	0	5	5	5	.000	1	.200	0	0-0
Oct 02	at #7 Louisville	L 0-2	246	22	BAMPFIELD, LARA	4	1	0	2	2	.500	2	1.000	0	0-0
Oct 07	CENTRAL MICHIGAN	w 11-0	101	25	SEMLER, AVERY	2	0	0	0	0	.000	0	.000	0	0-0
Oct 09	UC DAVIS	w 5-0	177	19	MILLER, RYLEY	2	0	0	0	0	.000	0	.000	0	0-0
				15	KNIPTASH, RILEY	11	0	0	0	0	.000	0	.000	0	0-0
				10	BROWN, ISABELLA	14	0	0	0	0	.000	0	.000	0	0-0
					Total	14	52	44	148	232	.224	128	.552	9	1-1
					Opponents	14	20	15	55	118	.169	61	.517	5	0-0

TEAM STATISTICS	IOWA	OPP
SHOT STATISTICS		
Goals-Shot attempts	52-232	20-118
Goals scored per game	3.71	1.43
Shot pct.	.224	.169
Shots on goal-Attempts	128-232	61-118
SOG pct.	.552	.517
Shots/Game	16.6	8.4
CORNER KICKS	98	56
PENALTY KICKS	1-1	0-0
PENALTIES		
Yellow cards	4	3
Red cards	0	0
ATTENDANCE		
Total	1299	1007
Dates/Avg Per Date	8/162	4/252
Neutral Site #/Avg	2/73	

#	Goalie	GP	Min.	GA	GAAvg	Saves	Pct	W-L-T	Sho
00	JONES, KATIE	2	70:00	0	0.00	0	.000	0-0-0	0/2
44	PECORA, ALEXANDR	14	911:50	20	1.97	41	.672	9-5-0	3/2
	Total	14	981:50	20	1.83	41	.672	9-5-0	5
	Opponents	14	981:50	52	4.77	76	.594	5-9-0	1

Goals by Period	1st	2nd	OT	Total
Iowa	24	27	1	52
Opponents	9	11	0	20

Shots by Period	1st	2nd	OT	Total
Iowa	116	115	1	232
Opponents	47	71	0	118

Saves by Period	1st	2nd	OT	Total
Iowa	15	26	0	41
Opponents	42	34	0	76

Corners by Period	1st	2nd	OT	Total
Iowa	56	42	0	98
Opponents	24	32	0	56

Fouls by Period	1st	2nd	OT	Total
Iowa	38	30	0	68
Opponents	40	31	0	71

