

THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



TRACK CONTACTS: TRACI WAGNER, JAKE HOLTORF

APRIL 23, 2007

2007 MEN'S OUTDOOR SCHEDULE & RESULTS

Date Meet - Location/Result

3/16-17 at Willie Williams Classic - 1 champ
3/23-24 at LSU Relays - 0 champs
3/30-31 at Stanford Invite - 0 champs
4/6 at Central College Invite - 2 champs
4/13-14 at John Jacobs Invite - 0 champs
4/14 at Jim Duncan Invite - 0 champs
4/15 at Lee Calhoun Memorial - 1 champ
4/21 Iowa Musco Twilight IX - 7 champs
4/26-28 at Drake Relays - Des Moines, IA
5/11-13 at Big Ten Champ's - University Park, PA
5/25-26 at NCAA Regional - Des Moines, IA
6/7-9 at NCAA Champ's - Sacramento, CA
6/20-24 at USATF Jr. & Sr. Ntis. - Indianapolis, IN

2007 MEN'S OUTDOOR SEASON BESTS

100 Meters..... Lee Elbert	10.69
110 Hurdles ... Frank Prill.....	14.94
200 Meters..... Lee Elbert	21.83
400 Meters..... Prince Riley.....	47.55
400 Hurdles ... Ray Varner	^ 51.63
800 Meters..... Adam Hairston	1:50.93
1,500 Meters.. Jesse Luciano.....	3:49.99
3,000 Meters.. Tommy Tate	8:31.67
3,000 Steeple. Andy Napier	9:22.79
5,000 Meters.. Micah VanDenend	^* 13:49.31
400-Meter Relay	^ 40.58 <i>(Milder, Chaney, Jr, Reed, Elbert)</i>
Sprint Medley Relay	3:23.32 <i>(Milder, Elbert, Riley, Hairston)</i>
1,600-Meter Relay	3:10.50 <i>(Pierre, Elbert, Varner, Riley)</i>
High Jump Jeremy Petsche	6-8 3/4 (2.05 m) Ryan Kelly..... 6-8 3/4 (2.05 m)
Long Jump..... Aaron Reed.....	23-8 (7.21 m)
Pole Vault	Jeff Raymond..... 15-5 (4.70 m)
Shot Put..... John Hickey ..	^ 60-1 1/4 (18.32 m)
Discus..... A.J. Curtis ..	^*! 202-11 (61.84 m)
Hammer..... Adam Hamilton.	^ 215-2 (65.59 m)
Javelin	Kale Katt

[^] -- NCAA Midwest Regional Qualifier

* -- school record, ! -- meet record

THIS WEEK -- The Hawkeye men and women's track teams will compete in the 98th running of the Drake Relays, Thursday thru Saturday, in Des Moines, IA. Events will be held on Jim Duncan Track in Drake Stadium. The meet is expected to sellout for the 41st straight year, which is the longest streak in U.S. track history. Drake Stadium seats 18,000. Tickets are available at (515) 261-3647 or at www.drakebulldogs.com. Following are ticket prices:

Competition Day	Ticket Price	Ticket Type
Thursday	\$5	General Admission - All Ages
Friday - Afternoon Session	\$25/\$13	Adult/Youth (Ages 14 & under)
Friday - Night Session	\$20/\$10	Adult/Youth (Ages 14 & under)
	\$20	Adult Reserved
Saturday	\$30	All Ages

ON THE AIR -- Portions of the Drake Relays will be broadcast on Des Moines Media-com channels. Friday's events will be shown on Mediacom Connections Channel 22 in Des Moines and Mediacom College Channel 16 from 5-9:30 p.m. Saturday's events will be aired on Mediacom College Channel 16 from 10:30 a.m.-5:30 p.m. Live video streaming coverage of the event will be available on the internet at the Drake Relays Telecast link at www.drakebroadcasting.com

2006 DRAKE RELAYS REVIEW -- The Hawkeyes crowned two champions at the 97th annual Drake Relays in Des Moines, IA. Sophomore **Kineke Alexander** won the women's special 400 meters (52.01), while junior **Tiffany Johnson** won the women's University 100-meter hurdles (13.58). Junior **Meghan Armstrong** placed third and qualified for the NCAA regional in the women's special 1,500 meters (4:26.01). For the men's team, sophomore **Shane Maier** placed second in the shot put (59-11 1/4), junior **Adam Hamilton** placed third in the hammer throw (213-6) and sophomore **Matty Gorman** placed third in the long jump (24-8 1/2) and fifth in the triple jump (48-0).

HAWKEYES BREAK RECORDS -- Four Hawkeyes have set school records so far this season. Senior distance runner **Micah VanDenend**, senior thrower **Becca Franklin**, sophomore jumper **Renee White** and sophomore thrower **A.J. Curtis** are the new record holders.

VanDenend shattered his own school 5,000-meter record at the Stanford Invite on March 31. The Glen Ellyn, IL, native became the first Hawkeye in school history to break 13:50 in that event with his time of 13:49.31. He set the previous record of 13:55.96 at the same meet last season.

Franklin broke her own hammer school record for the fourth time this season at Iowa Musco Twilight IX April 21. The toss of 195-0 surpassed her previous best of 187-11.

White also set a new triple jump school record at Auburn. Her winning jump of 41-3 3/4 bested the previous record of 41-3 1/4 set in 2006 by Iowa senior **Tiffany Johnson**.

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2007 WOMEN'S OUTDOOR SCHEDULE

Date	Meet - Location/Result
3/16-17	at Aztec Classic - 3 champs
3/30-31	at Stanford Invite - 0 champs at Missouri Relays - 2 champs
4/6-7	at Tiger Classic - 2 champs
4/13-14	at John Jacobs Invite - 0 champs
4/21	Iowa Musco Twilight IX - 8 champs
4/26-28	at Drake Relays - Des Moines, IA
5/11-13	at Big Ten Champ's - University Park, PA
5/25-26	at NCAA Regional - Des Moines, IA
6/6-9	at NCAA Champ's - Sacramento, CA

2007 WOMEN'S OUTDOOR SEASON BESTS

100 Meters.....	Rhonda-Kaye Trusty	% 11.64
100 Hurdles	Tiffany Johnson.....	^ 13.65
200 Meters.....	Rhonda-Kaye Trusty	24.23
400 Meters.....	Aditya Jones	57.77
400 Hurdles	Aditya Jones	1:01.80
800 Meters.....	Sophia Poncè.....	2:13.36
1,500 Meters...	Diane Nukuri	^ 4:20.95
3,000 Meters...	Diane Nukuri	9:23.90
5,000 Meters...	Meghan Armstrong	^ 16:18.74
10,000 Meters.	Diane Nukuri	& 33:31.69
400 Meter Relay	(Johnson, Alexander, Roach, Trusty)	45.84
1,600 Meter Relay	(Alexander, Jones, Johnson, Mims)	3:46.98
High Jump	Peaches Roach	5-10 3/4 (1.80 m)
Long Jump.....	Renee White	19-1 1/4 (5.82 m)
Triple Jump.....	Renee White	*^ 41-3 3/4 (12.58 m)
Pole Vault	Sarah Burgett....	11-9 3/4 (3.60 m)
Shot Put	Mandy Chandler.	39-1 1/2 (11.92 m)
Javelin	Tammilee Kerr.....	140-6 (42.83 m)
Hammer.....	Becca Franklin.*^!	195-0 (59.45 m)

[^] -- NCAA Midwest Regional qualifier,
& - NCAA provisional qualifier, * -- school record,
! -- meet record, % - wind-aided

Curtis broke a school record older than himself with his winning discus throw of 202-11 at the Central Collegiate Invite on April 6. He was born on February 7, 1987. The previous record of 202-4 was set in 1986 by former Hawkeye **Gary Kostrubala**. Curtis' throw also set a meet record and smashed his previous personal best of 173-11 in that event. He and Kostrubala are the only two Hawkeyes in school history to throw over 200 feet in that event.

IOWA'S REGIONAL QUALIFIERS -- The Hawkeyes have qualified seven women and 11 men to the NCAA Midwest Regional, which will be held May 25-26, at Drake Stadium in Des Moines, IA. Their events, qualifying marks and where they rank in the Big Ten, region and nation are listed below.

Women's Regional Qualifiers

Name	Event	Mark	Big 10/Region/Nation
Meghan Armstrong	1,500 Meters	4:21.86	6th/6th/23rd
	5,000 Meters	16:18.74	3rd/4th/16th
Becca Franklin	Hammer Throw	195-0 (59.45 m)	4th/7th/16th
Tiffany Johnson	100 Hurdles	13.65	4th/7th/35th
	Triple Jump	41-2 1/4 (12.55 m)	7th/8th/42nd
Racheal Marchand	5,000 Meters	16:40.27	5th/8th/39th
Diane Nukuri	1,500 Meters	4:20.95	4th/2nd/14th
	10,000 Meters	33:31.69 #	1st/1st/10th
Peaches Roach	High Jump	5-10 3/4 (1.80 m)	1st/4th/14th
Renee White	Triple Jump	41-3 3/4 (12.59 m)	1st/11th/42nd

Men's Regional Qualifiers

Name	Event	Mark	Big 10/Region/Nation
Paul Chaney, Jr.	400-Meter Relay	40.58	2nd/12th/47th
A.J. Curtis	Discus	202-11 (61.84 m)	1st/1st/4th
	Shot Put	56-2 (17.12 m)	5th/9th/55th
Lee Elbert	400-Meter Relay	40.58	2nd/12th/47th
Adam Hamilton	Hammer Throw	215-2 (65.59 m)	1st/2nd/13th
John Hickey	Shot Put	60-1 1/4 (18.32 m)	1st/2nd/13th
Kale Katt	Javelin	204-0 (62.17 m)	3rd/15th/63rd
Shane Maier	Shot Put	57-6 1/2 (17.54 m)	3rd/5th/34th
Max Milder	400-Meter Relay	40.58	2nd/12th/47th
Aaron Reed	400-Meter Relay	40.58	2nd/12th/47th
Micah VanDenend	5,000 Meters	13:49.31	1st/3rd/9th
Ray Varner	400 Hurdles	51.63	1st/11th/28th

-- NCAA provisional qualifier

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IOWA'S PAST DRAKE RELAYS CHAMPIONS

Women's Champions (9 Individuals, 4 Relays)

Event	Athlete, Year
100-Meter Hurdles	Paula Ruen, 1998
100-Meter Hurdles	Tiffany Johnson, 2006
400 Meters (SI)	Kineke Alexander, 2006
400-Meter Hurdles	Wynsome Cole, 1998
1,500-Meters	Jeanne Kruckeberg, 1989
10,000 Meters	Jennifer Brower, 1992
Shuttle Hurdle Relay	1998
3,200-Meter Relay	1990
Distance Medley Relay	1989, 1990
Javelin	Alana Redfern, 2003
Long Jump	Aisha James, 2003

Men's Champions (26 Individuals, 23 Relays)

Event	Athlete, Year
100 Meters	George Page, 1996
100 Meters	Leicester Farmer, 1942
200 Meters (SI)	Anthuan Maybank, 1994
200 Meters (SI)	Jeff Patrick, 1983
400 Meters (SI)	Anthuan Maybank, 1993
Mile	Deacon Jones, 1957
Two Miles	Deacon Jones, 1957
5,000 Meters	Stetson Steele, 2000
110-Meter Hurdles	Pat McGhee, 1988
Javelin	Bill Neumann, 2003
Javelin	Paul Fagerlind, 1945
Javelin	Mark Panther, 1935
Javelin	L.D. Weldon, 1930
Shot Put	Ken Kemeny, 2004
Shot Put	Chris Gambol, 1987
Discus	Robert Mitchell, 1928
Long Jump	Bashir Yamini, 1996
Long Jump	Anthuan Maybank, 1993
Long Jump	Ed Gordon, 1929-31
Pole Vault	Xavier Boyles, 1927
High Jump	Bill Hansen, 1978
High Jump	Bill Knoedel, 1976
High Jump	Milton Kuhl (5-way tie), 1942
400-Meter Relay	1927, 1928, 1935, 1952, 1998
800-Meter Relay	1929
1,600-Meter Relay	1923-24, 1926-29, 1938, 1963, 1967
3,200-Meter Relay	1929
Distance Medley Relay	1956
Shuttle Hurdle Relay	1932, 1955, 1984
Sprint Medley Relay	1952, 1956, 1992
SI -- Special Invitation Race, w -- wind aided	

HAWKEYE COACHES -- **Larry Wieczorek** and **James Grant** are in their 11th seasons at the helm of Iowa men and women's track, respectively.

Wieczorek has coached 24 all-Americans and 40 Big Ten Champions at Iowa. The Hawkeyes' highest conference meet finishes during his tenure are second at the 1999 outdoor meet and fourth at the 1997 indoor meet. As a runner, **Wieczorek** was a six-time Big Ten champion for Iowa, winning four track and two cross country titles. He was also a four-time all-American. In 1998, **Wieczorek** was inducted into the National Iowa Varsity Club Hall of Fame. He is assisted by three-time Indiana all-American **Scott Cappos** and World Champion and four-time Northern Iowa all-American **Joey Woody**.

In his tenure with the Hawkeyes, **Grant** has coached 24 Big Ten champions, 60 regional qualifiers, 21 all-region selections, 31 NCAA qualifiers, 12 all-Americans and one NCAA champion. Iowa placed third at the 2004 Big Ten Indoor Championships in Iowa City and sixth at the 2003 conference outdoor meet - the team's highest placings during **Grant's** tenure. The third-place indoor finish tied the team's highest conference finish in school history. He is assisted by three-time conference champion **Layne Anderson** and NCAA champion and four-time all-American **Victor Houston**.

LAST WEEK -- The Hawkeyes hosted the ninth annual Musco Twilight track meet at Cretzmeyer Track in Iowa City. The beautiful weather allowed eight meet records and one Iowa school record to fall during the eight-team co-ed meet. Collegiate competitors also tallied 38 regional qualifying performances.

For the women's team, Hawkeye senior **Becca Franklin** smashed her own school record in the hammer throw for the fourth time this season with a winning throw of 195-0. Senior **Peaches Roach** and juniors **Meghan Armstrong** and **Diane Nukuri** also won events and set meet records. Roach won the high jump (5-10 3/4), Armstrong won the 1,500 meters with a regional qualifying 4:21.86 and Nukuri won the 3,000 meters (9:23.91).

The men's team tripled its amount of individual regional qualifiers during the meet. The team had previously qualified four student-athletes, and added eight to the list Saturday. Freshman **Ray Varner** qualified in the 400-meter hurdles (51.63), junior **Kale Katt** won the pole vault with a career toss of 204-0. Junior **Shane Maier** (57-6 1/2) and sophomore **A.J. Curtis** (56-2) each qualified in the shot put, with sophomore **John Hickey** winning the event (60-1 1/4). The Hawkeye 400-meter relay of juniors **Max Milder**, **Aaron Reed**, **Lee Elbert** and freshman **Paul Chaney, Jr.**, also qualified for the regional with a winning time of 40.58. Senior **Adam Hamilton** won the hammer throw with a season-best mark of 215-2, which leads the Big Ten and ranks second in the region.