

IOWA HAWKEYES

Swimming & Diving Contact: Ashley Carlson

WOMEN'S SWIMMING & DIVING WEEKLY RELEASE

JAN. 24, 2011

2010-11 Schedule/ Results (3-4 Overall, 1-4 Big Ten)

10/2	Black/Gold Intrasquad* Black-100, Gold-90
10/8	Truman State* W, 159-99
10/15	University of Wisconsin* L, 208-92
10/22	at Michigan State* W, 175-125
11/5	at University of Minnesota* Minneapolis, MN L, 180-114
12/ 3-5	Hawkeye Invitational* 3rd/9 Teams- 853 points
12/10	Iowa State# W, 173-108 174-126
1/8	at Tampa Relays 1st/4 Teams- 194 points
1/15	at Illinois# L, 174-126
1/22	Northwestern* L, 191.5-104.5
1/27-2/6	U.S. Diving Nationals Iowa City, IA -- TBD
1/28-29	at Shamrock Invitational* South Bend, IN -- All Day
2/4	Western Illinois* & UNI# Iowa City, IA -- TBA
2/16-19	at Big Ten Championships# Bloomington, IN -- Prelim/Final
2/23-26	at Big Ten Championships^ Minneapolis, MN -- Prelim/Final
3/26-27	Last Chance NCAA Qualifier# TBA
3/5-6	Last Chance NCAA Qualifier^ TBA
3/ 11-13	at NCAA Diving Qualifier* TBA
3/17-19	at NCAA Championships# Austin, TX -- Prelim/Final
3/24-26	at NCAA Championships^ Minneapolis, MN -- Prelim/Final
4/ 16	Alumni Meet* Iowa City, IA -- 11 am

All times are local to site.

* -- co-ed meet # -- women's only meet
^ -- men's only meet % - Hy-Vee Cy-Hawk Series

THIS WEEK

The University of Iowa women's swimming and diving team will travel to South Bend, Ind., to compete at the Shamrock Invitational this weekend. The event will take place Jan. 28-29 and is set up prelims/finals format.

QUOTING HEAD COACH MARC LONG

"We are anxious to get our swimmers and divers to the Notre Dame Invite to face quality teams and competitors in preparation for Big Ten Championships that are just around the corner."

USA DIVING WINTER NATIONAL CHAMPIONSHIPS

America's best divers will be gathering in Iowa City to compete for national titles in the 1-meter springboard, 3-meter springboard, 10-meter platform, synchronized 3-meter springboard and synchronized 10-meter platform events Jan. 27-Feb.6 at the Campus Recreation and Wellness Center.

Nine members of the 2008 U.S. Olympic Diving Team are expected to compete, including 3-time Olympian and four-time world silver medalist Troy Dumais (Ventura, Calif.), World silver medalists David Boudia (Noblesville, Ind.), Thomas Finchum (Indianapolis, Ind.), Mary Beth Dunnichay (Elwood, Ind.) and Haley Ishimatsu (Seal Beach, Calif.); World Cup silver medalists Kelci Bryant (Chatham, Ill.) and Ariel Rittenhouse (Santa Cruz, Calif.); and national champions Christina Loukas (Riverwoods, Ill.), and Chris Colwill (Brandon, Fla.).

Iowa will have three divers competing at the competition, in senior **Deidre Freeman**, junior **Veronica Rydze** and men's freshman diver **Arsen Sarkisian**.

This event marks the first major diving event to be held at the new CRWC facility and it will be the first time that USA Diving has ever held its national championships at the University of Iowa.

For more information visits, http://www.usadiving.org/05redesign/events/2011_winter_nats.htm

BIG TEN CHAMPIONSHIPS

The 2011 Big Ten Championships is less than a month away. The University of Indiana is hosting the event Feb. 16-19 at the Counsilman Aquatics Center.

LAST EVENT

The Hawkeyes dropped a 191.5-104.5 dual meet against Northwestern at home Jan. 22. Junior **Daniela Cubelic** posted a first-place in the 100 back (56.86) and went to on place second in the 200 back (2:05.24). Junior diver **Veronica Rydze** had a strong performance on the three-meter board, placing first with a collegiate best score of 319.80.

TOUR EARNS BIG TEN HONOR

Senior **Katarina Tour** was named Big Ten Swimmer of the Week after her outstanding performance against Iowa State Dec. 10. Tour helped the Hawkeyes defeat the Cyclones, 173-108.

WOMEN'S IOWA HAWKEYES: SWIMMING & DIVING WEEKLY RELEASE --

HEAD COACH MARC LONG

Marc Long is in his seventh season as head coach for the University of Iowa swimming team. It is his sixth as head coach of the combined program. During his tenure as head coach of both programs, 17 school records have fallen and 39 Hawkeyes have provisionally qualified for the NCAA Championships.

DIVING COACH BOB RYDZE

Bob Rydze is in his 36th year as diving coach of the men and women's teams at the University of Iowa. Rydze served as Team Leader for USA Diving at the 2008 Olympics in Beijing, China. During his tenure with the Hawkeyes, Rydze has coached 31 all-Americans, nine Big Ten and one NCAA Champion.

CAMPUS RECREATION AND WELLNESS CENTER-

Ground was broken for the Campus Recreation and Wellness Center in October 2007. The facility opened in August 2010 and is the new home of the Hawkeyes. It is located at the corner of Burlington and Madison streets and cost approximately \$69 million. The facility includes a 50-meter competition pool, a separate diving well, a leisure pool with lap lanes and 24,000 square feet of fitness space.

IOWA SWIMMING HISTORY & TRADITION

Iowa was one of the first schools in the nation to compete on a collegiate level and competed at the first NCAA Championship. From 1937 to 1960, Iowa placed in the NCAA top 10 18 times, crowning nine NCAA and 22 Big Ten Champions.

CAPTAINS COUNCIL

Eight student-athletes have been named to the 2010-11 Captains Council. **April Allen, Danielle Carty, Daniela Cubelic, Max Dittmer, Bryan Hill, Jordan Huff, Ryan Phelan** and **Katarina Tour** were each voted to the council by their peers and coaches.

MALONE NAMED ASSOCIATE HEAD COACH

Frannie Malone was named to the position of associate head coach Oct. 11. Malone had served as an assistant coach and recruiting coordinator since joining the Hawkeye coaching staff in 2004.

2010-11 Top Times

Women:

50 Free	Danielle Carty	23.62
100 Free	Katarina Tour	51.07
200 Free	Daniela Cubelic	1:50.94
500 Free	Lauren Eytalis	4:57.65
1,000 Free	Lauren Eytalis	10:08.54
1,650 Free	Lauren Eytalis	17:04.42
100 Back	Daniela Cubelic	55.62
200 Back	Daniela Cubelic	1:59.70
100 Breast	Katarina Tour	1:02.53 (B)
200 Breast	Karolina Wartalowicz	2:19.27
100 Fly	Katarina Tour	55.40
200 Fly	Haley Gordon	2:03.35
200 IM	Haley Gordon	2:03.05
400 IM	Haley Gordon	4:22.04
200 Free Relay		1:33.35
400 Free Relay		3:24.59 (B)
800 Free Relay		7:35.05
200 Medley Relay		1:42.74
400 Medley Relay		3:44.17
One-Meter Diving	Deidre Freeman	320.20
Three-Meter Diving	Deidre Freeman	352.50
Platform Diving	Lauren Kelba	221.35

(B) - NCAA B Cut, * -- school record