

**University of Iowa**  
**HAWKEYE INVITE**  
**Men's and Women's Track and Field Meet**

**Date:** Saturday, April 19, 2008

**Place:** Cretzmeyer Track and Field Complex  
University of Iowa  
Iowa City, IA

**Participating Teams**

Drake University  
Iowa State  
South Dakota State University  
UI-Chicago  
UNI (small group)  
Wisconsin (small group)  
Marquette University  
Western Illinois University  
Iowa

**Entry Procedure:** Please refer to the tentative events time schedule attached.

There will be a visiting team squad limit of 34 per team.

Entry limits: Four (4) per field event.

“B” teams will be permitted in the 4x400m relay event.

Registration for this year's Iowa Invitational will take place via the Internet at [www.directathletics.com](http://www.directathletics.com). Please see the enclosed document detailing the procedure for entering information. Deadline for registration is 1 p.m. Tuesday, April 15th.

*Unattached athletes by approval only; must contact*

*Scott Cappos at [scott-cappos@uiowa.edu](mailto:scott-cappos@uiowa.edu) by 11 a.m. Monday, April 16th.*

*ELITE UNATTACHED ENTRIES ONLY, UNATTACHED ENTRIES WILL NOT BE ALLOWED WITHOUT APPROVAL.*

**Entry Fee:** \$200 per team (per gender) or \$20 per athlete for partial team (9 or fewer athletes)

**Check In:** Meet information, competitors' numbers and heat sheets will be in the team packet. **All scratches will be between 9:30 and 10:00 a.m. when you pick up your packet on the day of the meet.**

**Implement Weigh In:** at the track and field shed: Saturday from 9:00-10:00 a.m. Return to pick up implements after 10:15 a.m.

**Meet Conduct:** NCAA rules will be followed.

**Blocks:** Blocks will be furnished and may be held by teammates to keep from slipping.

**Scoring:** Meet will not be scored.

**Surfaces & Spikes:** 400 meter poured track surface. Athletes are required to wear ¼” spikes or less. **All spikes will be inspected.** Javelin and Jump runways are of the same material. The throwing circles are concrete.

**Track Inspection/Practice:** Track is open for inspection and practice after 4 PM on Friday.

**Team Parking:** Park east of the Cretzmeyer Track in the gravel lot off Highway 6 by the hammer area.

**Dressing/Showering Facilities:** Dressing and shower facilities will be available at the meet site in the men’s and women’s locker rooms located in the lower level of the Recreation Building. You will need to bring your own towels.

**Athletic Training Facilities:** Athletic trainers and training facilities will be available to all teams throughout the duration of the meet and two hours prior to competition.

**Housing:** Please make your housing arrangements soon if you have not already done so. An Iowa City/Coralville visitor’s guide is enclosed to aide with any travel plans.

**Additional Information:** If you have any further questions, please contact Coach Scott Cappos at (319) 335-9392.

#### COACHES’ INSTRUCTIONS

Competitors must wear their numbers on the front, except for pole vault. Athletes must wear hip numbers on their left hip. They must pick up hip numbers at the clerk’s tent when they check-in for their event.

When they have finished competing, they must retain their credential to re-enter any sites of competition or team areas. Security will not permit any person who lacks a credential into team areas or event sites

Calls for events will be as follows:

- 1<sup>st</sup> call – 15 minutes before event
- Final call – 5 minutes before event

Only athletes competing in on-going field events will be permitted on the infield of the track. Coaches please stay off the infield.

Check-in for all running events is at the clerk of course tent located at the start of the 100m dash in the northwest corner of the track. Check-in for field events takes place at the event site.

Please turn relay cards in to the announcer’s table at least 30 minutes prior to the event.

Starting heights:

men’s PV: 4.50m (15cm increments)

women’s PV 3.00m (15cm increments)

men's HJ 1.80m (5cm increments)

women's HJ 1.50m (5cm increments)

HAWKEYE INVITATIONAL  
SATURDAY, APRIL 19, 2008

**SCHEDULE OF EVENTS-SATURDAY APRIL 19th**

**Field Events:**

- 11:00 a.m. Long Jump Men (Women to follow)  
Pole Vault Men (Women to follow)  
Javelin Men (Women to follow)  
Hammer Women (Men to follow)  
High Jump Women (Men to follow)
- 1:30 p.m. Discus Women (Men to follow) --follows the javelin  
Shot Put Men (Women to follow) follows the hammer  
Triple Jump Men (Women to follow) follows the long jump

**PRELIMS/B SECTIONS**

- 11:30 p.m. National Anthem  
11:35 p.m. 3,000m B Section (men then women)  
12:10 a.m. 110/100m Hurdles Prelims (women then men)---TOP 8 ADVANCE  
12:40 p.m. 100m Prelims (men then women)---TOP 8 ADVANCE

**Running Events (men then women) ROLLING TIME SCHEDULE at 1:15 p.m.**

- 1:15 p.m. 3,000m Steeple  
4x100m  
1,500m  
100/110m Hurdles  
400m  
100m  
800m  
400m Hurdles  
200m  
3,000m  
4x400m Relay (Approximately 5:00 p.m.)