

# THE UNIVERSITY OF IOWA



# HAWKEYE TRACK & FIELD



TRACK CONTACTS: CHRIS BREWER & STEPHANIE DITTMER

May 23, 2011

## 2011 OUTDOOR SCHEDULE

Date	Meet
Mar. 25-26	Stanford (W) Stanford, CA
April 1-2	LSU Invite <i>Baton Rouge, LA</i>
April 8-9	Sun Angel Classic <i>Tempe, AZ</i>
April 16	War Eagle Invitational <i>Auburn, AL</i>
April 16-17	Jim Duncan Invitational <i>Des Moines, IA</i>
April 23	Musco Twilight XII <i>Iowa City, IA</i>
April 28-30	Drake Relays <i>Des Moines, IA</i>
May 13-15	Big Ten Championships <i>Iowa City, IA</i>
May 26-28	<b>NCAA Regional</b> <i>Eugene, OR</i>
June 8-11	NCAA Championships <i>Des Moines, IA</i>

## BIG TEN CHAMPIONSHIPS MEDALISTS

	Event	Mark	Place
<b>Men</b>			
<b>Justin Austin</b>	100m	10.21*	3rd
	200m	<b>20.46</b>	1st
<b>Matt Byers</b>	Javelin	<b>245-8</b>	1st
<b>Troy Doris</b>	Triple Jump	<b>53-8 1/4*</b>	1st
<b>Ethan Holmes</b>	110 hurdles	13.73	2nd
	400 hurdles	50.65	2nd
<b>D'Juan Richardson</b>	400 hurdles	51.52	3rd
<b>Erik Sowinski</b>	800 meters	1:48.58	2nd
<b>Steven Willey</b>	400 meters	46.68	2nd
<b>Holmes, Barton, Sowinski, Willey</b>	1,600m relay	3:06.70	2nd
<b>Women</b>			
<b>Bethany Praska</b>	800 meters	<b>2:05.63</b>	1st
<b>Praska, Hendricks, Erickson, Liverpool</b>	1,600m relay	<b>3:36.51</b>	1st
<b>Betsy Flood</b>	5,000 meters	16:12.01	2nd
	10,000 meters	35:05.10	2nd
<b>Majesty Tutson</b>	Discus	172-4*	2nd

### Champions in BOLD

\*School Record

## THIS WEEK

The University of Iowa track and field team travels to Eugene, Ore. to compete at the NCAA West Regional, May 26-28. The student-athletes will work to secure a place on the final NCAA Championships performance list at the Historic Hayward Field on the campus of Oregon University. The championships will be held in Des Moines, Iowa, June 8-11.

## NCAA SELECTIONS

33 student-athletes were chosen to participate in the NCAA Regional. Selections were based on the top-48 performances in each event throughout the western region.

The men's team will feature 20 student-athletes in 13 individual events and two relays. The number of qualifiers ties Iowa's record for qualifiers in a single season set last year when 20 student-athletes advanced to the NCAA Regional in Austin, Texas. The Hawkeyes have individuals ranked among the top-10 in six events.

The women's team sends 13 student-athletes to compete in nine individual events and a relay. Freshmen **Ashley Liverpool** and **Carisa Leacock** are the lone newcomers to compete for Iowa at the regional event.

## ONE, TWO, THREE

Nine Hawkeyes will compete in more than one event, including **Justin Austin** (100, 200, 4x100), **Ethan Holmes** (110 hurdles, 400 hurdles, 4x400), **Chris Barton** (400, 4x400), **Steven Willey** (400, 4x400), **Erik Sowinski** (800, 4x400), **Jeffrey Herron** (long jump, high jump), **Liverpool** (400, 4x400), **Tiffany Hendricks** (400 hurdles, 4x400) and **Bethany Praska** (800, 4x400).

## THE BIG TEN CHAMPIONS

The men's team was crowned Big Ten Champion at the outdoor conference meet held in Iowa City May 13-15. The Hawkeyes clinched the title over Minnesota with a second place finish in the final race of the three-day competition. The Hawkeyes trailed by just half a point entering the 4x400-meter relay.

The first place finish marks the first time since 1967, and third time in school history, that the University of Iowa men's team earned the distinction. Head Coach **Larry Wieczorek** was on the previous Big Ten Championship team.

## COACH OF THE YEAR

Head men's track and field coach **Larry Wieczorek** was named the Big Ten Conference's Coach of the Year following his team's historical finish at the outdoor championships. The veteran head coach, in his 24th year at Iowa, earned the honor for the first time in his career after leading his team to its first conference title since 1967.

## BACK-TO-BACK

Sophomore **Matt Byers** became the 19th Hawkeye in school history to score consecutive Big Ten Championship titles in the same event. Byers, a two-time NCAA regional qualifier in the javelin, launched the javelin 235-4 (71.73m) to take the 2011 crown.

## PRASKA IS GOLDEN

Senior **Bethany Praska** was the first Iowa woman to claim a Big Ten Championship since 2009 when she secured the gold medal with a time of 2:05.63 in the 800 meter run. Praska, a school record holder in the event, also set a Francis X. Cretzmeyer Track record with the time.

With the final race of the 2011 outdoor championships, Praska ran the lead leg of the women's 1,600-meter relay team that also claimed gold. The Hawkeyes-Praska, **Tiffany Hendricks**, **Nicole Erickson** and **Ashley Liverpool**, crossed the finish line in 3:36.15, also a facility record, and became the first women's relay team to capture a conference crown since 2003.

## IS HE FLYING?

Junior **Troy Doris** flew through the air during the triple jump competition to land 53-8 1/2 feet (16.37m) into the sand pit at the Big Ten Championships. The Bolingbrook, Ill., native earned a first place finish in the triple jump and a place atop the victor's stand to match his finish at the indoor conference championships. Doris' mark is a school record and ranks No. 7 in the country.

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## 200 METERS TO GOLD

Sophomore **Justin Austin** ran the fastest 200 meters in Iowa history to clinch a gold medal at the conference championships. Austin pulled away from the pack during the last 50 meters to clock a 20.46, the sixth fastest time in the country. The first place time was also a facility record.

## THIRD RECORD FOR TUTSON

Sophomore **Majesty Tutson** wasn't satisfied with the school record she set at the Sun Angel Classic, so she set a new record with her first throw in the women's discus competition at the Big Ten Championships. The mark, 167-11 3/4 (51.25), was bested by Tutson's fifth throw of the day which landed 172-4 feet (52.52m) from the circle. The Iowa City native's efforts earned her a second place in the event and a third school record of the season.

## 25 LAPS AROUND THE TRACK

Junior **Betsy Flood** braved the weather conditions during the conference championships and ran the two longest races of the weekend in the 10,000 meters (25 laps) and 5,000 meters (12.5 laps). Flood, a native of Des Moines, Iowa, finished runner-up in both events, clocking times of 35:05.10 and 16:12.01, respectively.

Despite the fact it was Flood's collegiate debut in the 10k, her time ranks eighth all-time, while her time in the 5k is the fourth fastest in program history.

## AUSTIN'S IMMEDIATE IMPACT

At the conclusion of his first year on the team, Austin was named the Big Ten Conference's Athlete of the Championships and Athlete of the Year for his contribution to the Iowa track and field team.

Austin is just the fourth Hawkeye in program history to earn the distinction of the Big Ten's athlete of the year or championships. The conference athlete of the year scored 21 points in the team's Championship-winning efforts at the outdoor meet.

## WHEN THE SCHOOL RECORD ISN'T ENOUGH

Sophomore **Matt Byers** broke a nine-year old javelin school record at the LSU Invite (April 2). Byers registered a toss of 245-8 (74.89) to best Bill Neumann's 2002 school record (244-8), which also happened to be the Big Ten record. Byers won the Big Ten javelin title as a freshman last season and currently ranks No. 6 in the country.

## BETHANY GETTING HISTORICAL

Senior **Bethany Praska** has made the most of her senior campaign. The Longmont, Colo., native set the 800 meter outdoor school record at the War Eagle Invitational with a 2:05.46 performance. Praska set the indoor 800 meter school record and captured a Big Ten 600 meter title during the indoor season. She also earned All-American honors following a seventh place finish at the NCAA Indoor Championships.

## HEAD COACH LARRY WIECZOREK

**Larry Wieczorek** is in his 24th season as head men's cross country coach and his 15th season as head men's track and field coach at the University of Iowa. He served as an assistant track and field coach for 12 years before taking the helm in 1997.

## HEAD COACH LAYNE ANDERSON

**Layne Anderson** is in his third year as head coach of the University of Iowa women's cross country and track and field teams. He has served as the Hawkeyes' head women's cross country coach for the past seven seasons, and was the interim head women's track and field coach in 2008.

## 2011 OUTDOOR SEASON LEADERS - MEN

<b>100 meters</b>	Justin Austin .....	10.21*
<b>110-meter hurdles</b>	Ethan Holmes .....	13.73
<b>200 meters</b>	Justin Austin .....	20.46*
<b>400 meters</b>	Steven Willey .....	46.48
<b>400-meter hurdles</b>	Ethan Holmes .....	50.65
<b>800 meters</b>	Erik Sowinski .....	1:48.15
<b>1,500 meters</b>	Jeff Thode .....	3:45.54
<b>3K Steeple Chase</b>	Mark Battista .....	9:16.94
<b>5,000 meters</b>	Jeff Thode .....	14:12.40
<b>Shot Put</b>	Matt Banse .....	55-7 1/2 (16.95m)
<b>Discus</b>	Ryan Lamparek .....	170-7 (52.00m)
<b>Hammer</b>	Matt Banse .....	199-11 (60.94m)
<b>Javelin</b>	Matt Byers .....	245-8 (74.89m)*
<b>High Jump</b>	Valdes, Oest, Herron 6-10 3/4 (2.10m)	
<b>Long Jump</b>	Jeffery Herron.....	24-0 3/4 (7.33m)
<b>Triple Jump</b>	Troy Doris ...	53-8 1/4 (16.37m)*
<b>Pole Vault</b>	Kyle Reid.....	13-11 1/4(4.25m)
<b>400-meter relay</b>	Mincy, Sayon, Chaney, Austin .....	39.86
<b>1,600-meter relay</b>	Holmes, Barton, Sowinski, Willey ....	3:06.70

## 2011 OUTDOOR SEASON LEADERS - WOMEN

<b>100 meters</b>	Erin Jones .....	11.81
<b>100-meter hurdles</b>	Mary-Kate Schmitt .....	16.07
<b>200 meters</b>	Kelsey Mims.....	24.17
<b>400 meters</b>	Ashley Liverpool.....	53.87
<b>400-meter hurdles</b>	Tiffany Hendricks .....	59.65
<b>800 meters</b>	Bethany Praska.....	2:05.46*
<b>1,500 meters</b>	McKenzie Melander.....	4:21.35
<b>3,000 meters</b>	Betsy Flood.....	9:28.89
<b>3K Steeple Chase</b>	Hannah Roeder.....	10:39.83
<b>5,000 meters</b>	Betsy Flood.....	16:12.01
<b>10,000 meters</b>	Betsy Flood.....	35:05.10
<b>Hammer Throw</b>	Ashlyn Gulvas .....	182-3 (54.93m)
<b>Javelin</b>	Amanda Stahle .....	138-5 (42.20m)
<b>Discus</b>	Majesty Tutson .....	172-4 (52.52m)*
<b>Shot Put</b>	Rachel Curry.....	46-1/2 (14.03m)
<b>Long Jump</b>	Carisa Leacock .....	19-11 ½(6.08m)
<b>High Jump</b>	Zinnia Miller .....	5-7 (1.70m)
<b>Pole Vault</b>	Kirsten Weismantle .....	12-0 (3.66m)
<b>400-meter relay</b>	Hendricks, Jones, Liverpool, Leacock.....	45.77
<b>1,600-meter relay</b>	Praska, Hendricks, Liverpool, Erickson.....	3:35.93*
<b>Sprint Medley</b>	Jones, Hendricks, Liverpool, Praska .....	3:48.63*

\*School Record

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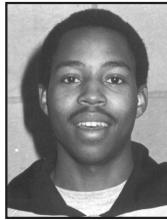
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Jeremy Allen



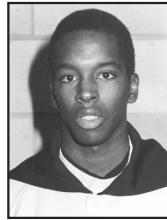
Gordon Beecham



A.J. Curtis



Chris Davis



Terrence Duckett



Bill Frazier



Victor Greer

#### 100 Meters

1. Justin Austin, 2011.....10.21
2. George Page, 1996.....10.25
3. Anthuan Maybank, 1994.....10.31
4. Tim Dwight, 1997.....10.31
5. Bob Lawson, 1976.....10.36
6. Robert Smith, 1984.....10.39
7. Curtis Chang, 1987.....10.40
8. Jeff Patrick, 1983.....10.41
9. Tim Dodge, 2002.....10.41
10. Jerry Fisher, 1991.....10.45

#### 110-Meter High Hurdles

1. Pat McGhee, 1989.....13.50
2. Dion Trowers, 1996.....13.62
3. Ronnie McCoy, 1985.....13.66
4. Ethan Holmes, 2011.....13.73
5. Jordan Mullen, 2011.....13.79
6. James Armstrong, 1991.....13.89
7. Doug Jones, 1986.....14.06
8. Chris Williams, 1983.....14.24
9. Rajeev Balkrishnan, 1993.....14.29
10. Gary Falls, 1992.....14.48

#### 200 Meters

1. Justin Austin, 2011.....20.46
2. Jeff Patrick, 1983.....20.47
3. Anthuan Maybank, 1994.....20.55
4. Andre Morris, 1995.....20.64
5. George Page, 1996.....20.67
6. Terrence Duckett, 1982.....20.74
7. Tim Dodge, 2002.....20.78
8. Bashir Yamini, 1999.....20.82
9. Dennis Kohl, 1966.....20.84
10. Tim Dwight, 1997.....20.91

#### 400 Meters

1. Anthuan Maybank, 1993.....44.99
2. Andre Morris, 1995.....45.15
3. Mike Mondane, 1967.....45.20
4. Steven Willey, 2010.....45.78
5. Gary Hollingsworth.....46.30
6. Harold Leonard, 1986.....46.45
7. Tony Branch, 1999.....46.60
8. Prince Riley, 2007.....46.61
9. George Page, 1996.....46.66

#### 400-Meter Hurdles

1. Pat McGhee, 1988.....48.83
2. Monte Raymond, 1998.....50.09
3. Ray Varner, 2010.....50.24
4. Paul Steele, 1989.....50.45
5. Russell Peterson, 2001.....50.50
6. Ethan Holmes, 2011.....50.65
7. Adam Kunkel, 2001.....50.73
8. Jon Reimer, 1967.....50.94
9. Gary Falls, 1991.....51.08
10. D'Juan Richardson, 2011....51.12

#### 800 Meters

1. Bill Frazier, 1962 .....1:47.64
2. D'Juan Strozier, 1990.....1:47.82
3. Erik Sowinski, 2010.....1:48.00
4. Adam Hairston, 2008.....1:48.53
5. Michael Layne, 1999.....1:49.61
6. Bill Thiesen, 1985.....1:49.74
7. Andy Wiese, 1985.....1:50.22
8. Paul Chepkwony, 1984.....1:50.36
9. Rod Chambers, 1989.....1:50.60
10. Jim Donovan, 1998.....1:50.68

#### 1,500 Meters

1. Jeff Thode, 2010.....3:43.02
2. Joel Moeller, 1978.....3:44.01
3. Jim Docherty, 1978.....3:44.30
4. Dan Waters, 1986.....3:46.35
5. Kevin Herd, 1994.....3:46.64
6. John Clark, 1977.....3:46.84
7. Ted Wheeler, 1956.....3:48.24
8. Jesse Luciano, 2007.....3:49.99
9. M. VanDenend, 2007.....3:50.20
10. John Dobbs, 1985.....3:50.70

#### 3,000-Meter Steeplechase

1. Deacon Jones, 1956.....8:47.40
2. Steve Pershing, 1978.....8:54.59
3. Andy Morris, 2000.....8:56.21
4. Matt Gerard, 1994.....8:57.01
5. Andy Napier, 2008.....8:57.54
6. Rollie Kitt, 1967.....9:02.90
7. Al Greene, 1985.....9:02.96
8. Tony Rakaric, 2005.....9:03.29
9. Mark Battista, 2010.....9:04.60
10. Sean Gale, 1993.....9:08.00

#### 5,000 Meters

1. Micah VanDenend, 2007..13:49.31
2. Larry Wieczorek, 1968.....13:56.00
3. Kevin Herd, 1993.....13:59.00
4. Stetson Steele, 2000.....14:02.76
5. Eric MacTaggart, 2005.....14:04.79
6. Dan Haut, 2006.....14:07.30
7. Jesse Luciano, 2010.....14:08.71
8. Matt Esche, 2006.....14:12.07
9. Jeff Thode, 2011.....14:12.60
10. Chase Kadlec, 2010.....14:14.45

#### 10,000 Meters

1. Stetson Steele, 2000.....28:44.47
2. Eric MacTaggart, 2006.....28:50.23
3. Nick Nordheim, 2002.....29:44.71
4. Trent Corey, 2002.....29:45.25
5. Chad Schwitters, 1999.....29:56.00
6. Nick Holmes, 2010.....30:02.31
7. Dan Haut, 2006.....30:03.08
8. Kevin Herd, 1994.....30:05.21
9. Paul Sarris, 2001.....30:08.40
10. Matt Esche, 2004.....30:08.82

#### Decathlon

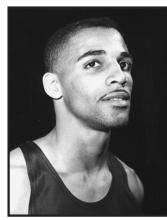
1. Dan Rolling, 2010.....6,957 pts
2. Scott Faber, 2000.....6,839 pts
3. Ryan Niver, 2008.....6,837 pts
4. Chad Ohly, 1994.....6,641 pts
5. Gary Kostrubala, 1984.....6,498 pts
6. Frank Prill, 2008.....6,381 pts
7. Jacob Drewry, 1994.....5,820 pts

#### High Jump

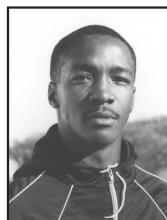
1. Bill Hansen, 1978.....7-4 (2.23)
2. Bill Knoedel, 1975.....7-4 (2.23)
3. M. Cunningham, 1986.....7-1 (2.16)
4. Kenneth Lansing, 1988.....7-1 (2.16)
5. Pat Meade, 1987.....7-0 (2.13)
6. Scott Hudek, 1993.....6-11 (2.11)
7. Jeremy Petsche, 2008.....6-11 (2.11)
8. G. Valdes, 2010.....6-11 (2.11)
9. Ryan Kelly, 2008.....6-10 3/4 (2.10)
10. Brandon Oest, 2011.....6-10 3/4 (2.10)
11. J. Herron, 2011.....6-10 3/4 (2.10)



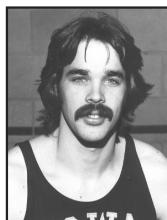
Bill Hansen



Deacon Jones



Paul Jones



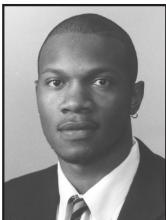
Bill Knoedel



Anthuan Maybank



Pat McGhee



Andre Morris

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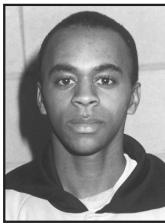
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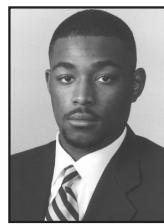
**George Page**



**Jeff Patrick**



**Dan Rolling**



**Ed Rozell**



**Robert Smith**



**Stetson Steele**

#### Long Jump

1. Anthuan Maybank, 1993 ..... 27-1 (8.25)
2. Bashir Yamini, 1997 ..... 26-8 1/4 (8.13)
3. Paul Jones, 1989 ..... 25-10 1/4 (7.88)
4. Darren Smith, 1991 ..... 25-9 3/4 (7.86)
5. Quinn Early, 1986 ..... 25-7 1/4 (7.80)
6. Ed Gordon, 1931 ..... 25-4 3/8 (7.68)
7. Matty Gorman, 2006 ..... 25-1 1/4 (7.65)
8. Ronnie McCoy, 1985 ..... 25-0 (7.62)
9. Jeffery Herron, 2010 ..... 24-9 (7.54)
10. Joe Robinson, 1976 ..... 24-2 3/4 (7.38)

#### Triple Jump

1. Troy Doris, 2011 ..... 53-8 1/2 (16.37m)
2. Paul Jones, 1990 ..... 52-0 1/2 (15.86)
3. Gordon Finch, 1988 ..... 50-9 1/4 (15.47)
4. Mike Lacy, 1984 ..... 50-5 (15.36)
5. Pat Miller, 1985 ..... 49-8 1/2 (15.25)
6. Matt Gorman, 2008 ..... 49-2 1/2 (15.00)
7. Owen Gill, 1982 ..... 49-1 (14.96)
8. Josh Bean, 2010 ..... 48-10 3/4 (14.90)
9. Ed Gordon, 1931 ..... 48-0 1/8 (14.63)
10. Mike Means, 1981 ..... 47-0 1/2 (14.34)

#### Pole Vault

1. Todd Wigginton, 1984 ..... 17-0 (5.18)
2. Chad Ohly, 1994 ..... 16-8 3/4 (5.10)
3. Curt Broek, 1978 ..... 16-8 (5.08)
4. Phil Wertman, 1971 ..... 16-7 (5.05)
- Kelly Scott, 1988 ..... 16-7 (5.05)
6. John Teffer, 1972 ..... 16-2 (4.93)
7. Kyle Reid, 2010 ..... 16-1 1/4 (4.91m)
8. Alex Zona, 2009 ..... 16-0 3/4 (4.90)
9. Steve Brewer, 1983 ..... 16-0 (4.88)
- Doug Pennino, 1985 ..... 16-0 (4.88)

#### Shot Put

1. Jeremy Allen, 2001 ..... 63-2 3/4 (19.27)
2. Ken Kemeny, 2005 ..... 62-3 (18.97)
3. Shane Maier, 2006 ..... 62-2 1/4 (18.95)
4. Andy Banse, 2005 ..... 61-11 1/2 (18.88)
5. John Hickey, 2008 ..... 61-9 1/2 (18.83)
6. Chris Gambol, 1987 ..... 60-0 1/2 (18.30)
7. A.J. Curtis, 2008 ..... 59-8 1/4 (18.19)
8. A. van der Westhuizen, 2000 ..... 58-8 3/4 (17.90)
9. Ryan Lamparek, 2010 ..... 58-4 (17.78)
10. Gary Kostrubala, 1985 ..... 58-1 (17.70)

#### Discus

1. A.J. Curtis, 2007 ..... 202-11 (61.84)
2. Gary Kostrubala, 1986 ..... 202-4 (61.68)
3. Jeremy Allen, 2001 ..... 195-4 (59.54)
4. Tim Brodersen, 2005 ..... 193-6 (58.98)
5. Brad Daufeldt, 2004 ..... 185-0 (56.40)
6. **Nick Brayton, 2009** ..... 180-11 (55.15)
7. Andy Banse, 2005 ..... 180-0 (54.86)
8. Eric Rothwell, 2004 ..... 179-7 (54.73)
9. Shane Maier, 2008 ..... 178-7 (54.43)
10. Ryan Lamparek, 2009 ..... 177-3 (54.04)

#### Hammer

1. A. van der Westhuizen, 2001 ..... 222-11 (67.94)
2. Adam Hamilton, 2007 ..... 222-2 (67.73)
3. Jim Costello, 2002 ..... 217-7 (66.32)
4. Brad Daufeldt, 2004 ..... 207-10 (63.34)
5. Chris Voller, 2005 ..... 206-0 (62.80)
6. **Matt Banse, 2011** ..... 199-11 (60.94m)
7. Jeremy Allen, 2001 ..... 199-0 (60.66)
8. **Ben Stancombe, 2011** ..... 197-6 (60.20)
9. Ryan Jordan, 2007 ..... 184-6 (56.23)
10. **Ryan Lampraeak, 2010** ..... 181-7 (55.35)

#### Javelin

1. **Matt Byers, 2011** ..... 245-8 (74.89)
2. Bill Neumann, 2002 ..... 244-8 (74.58)
3. Dan Ralph, 2000 ..... 227-10 (69.44)
4. Zach Schimp, 2010 ..... 211-0 (64.32)
5. Kale Katt, 2007 ..... 204-0 (62.17)
6. Joel Storm, 2004 ..... 203-5 (62.01)
7. Matt Stank, 2001 ..... 199-0 (60.66)
8. A. van der Westhuizen, 1999 ..... 173-11 (53.00)
9. Craig Jennings, 2006 ..... 173-4 (52.83)
10. Scott Faber, 2000 ..... 173-1 (52.78)

#### 400-Meter Relay

1. Beecham, Duckett, Greer, R. Smith, 1984 ..... 39.48
2. Page, Davis, Rozell, Morris, 1996 ..... 39.73
3. **Mincy, Sayon, Chaney, Austin, 2011** ..... 39.86
4. Felix, Branch, Dodge, Yamini, 1999 ..... 39.96
5. Beecham, Duckett, Greer, Patrick, 1983 ..... 39.99
6. Dwight, Branch, Davis, Yamini, 1998 ..... 40.00
7. Goode, Fisher, Morris, Maybank, 1994 ..... 40.00
8. Dwight, Branch, Dodge, Yamini, 1999 ..... 40.00
9. Williamson, Dodge, Peterson, Digney, 2002 ..... 40.04

#### 1,600-Meter Relay

1. Morris, Davis, Page, Rozell, 1995 ..... 3:03.11
2. Branch, Dwight, Dodge, Yamini, 1999 ..... 3:03.29
3. Ferree, Frazier, Mondane, Reimer, 1967 ..... 3:04.10
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**Jeff Thode**



**Micah  
VanDeneed**



**Arno van der  
Westhuizen**



**Todd Wigginton**

# THE UNIVERSITY OF IOWA



# HAWKEYE TRACK & FIELD



TRACK CONTACTS: CHRIS BREWER & STEPHANIE DITTMER



Kineke Alexander



Meghan Armstrong



Nicole Charles



Nan Doak



Tina Floyd



Becca Franklin



Yolanda Hobbs

#### **100 Meters**

1. Vivien McKenzie, 1985.....11.45
2. Davera Taylor, 1984.....11.51
3. Erica Broomfield, 1998.....11.53
4. Jiselle Providence, 2001.....11.57
5. Tanja Reid, 1994.....11.60
- Peaches Roach, 2005.....11.60
7. Yolanda Hobbs, 1995.....11.62
8. Elanie Jones, 1985.....11.69
9. R.K. Trusty, 2010.....11.74
10. Lakeya Boatright, 2000.....11.77

#### **400 Meters**

1. Kineke Alexander, 2006.....51.35
2. Shellene Williams, 2004.....51.94
3. Ellen Grant, 1996.....52.65
4. **Ashley Liverpool, 2011.....53.87**
5. Senta Hawkins, 1988.....54.01
- Bethany Praska, 2011.....54.01**
7. Marlene Poole, 1994.....54.03
8. Elaine Jones, 1983.....54.40
9. Nicole Charles, 2001.....54.48
10. Stacey-Leigh Bynoe, 2000.....54.73

#### **1,500 Meters**

1. Meghan Armstrong, 2006.....4:17.41
2. **Betsy Flood, 2010.....4:17.75**
3. J. Kruckeberg 1989.....4:19.71
4. **Lauren Hardesty, 2010.....4:20.40**
5. Diane Nukuri, 2007.....4:20.95
- McKenzie Melander, 2010.....4:21.18**
7. Penny O'Brien, 1985.....4:21.43
8. Kay Stormo, 1982.....4:22.24
9. Michelle Lahann, 2004.....4:24.00
10. Shannon Stanley, 2006.....4:25.08

#### **5,000 Meters**

1. Nan Doak, 1985.....15:45.84
2. Diane Nukuri, 2008.....15:59.39
3. M. Armstrong, 2008.....16:08.83
4. **Betsy Flood, 2011.....16:12.01**
5. Jenny Spangler, 1983.....16:17.21
6. Tracy Dahl, 1992.....16:18.77
7. R. Marchand, 2008.....16:27.02
8. **Brooke Eilers, 2011.....16:26.46**
9. **McKenzie Melander, 2011.....16:28.47**
10. **Amanda Hardesty, 2010.....16:37.01**

#### **100-Meter Hurdles**

1. Tiffany Johnson, 2007.....13.20
2. Karessa Farley, 2009.....13.53
3. C. Prendergast, 1999.....13.60
- Paula Ruen, 2000.....13.60
5. Sarah Steffen, 2002.....13.65
6. Ruqayya Raheem, 1998.....13.90
7. Brenda Calhoun, 1984.....13.94
8. Wynsome Cole, 1997.....14.10
9. Kimberly Stanford, 2008.....14.11
10. Renee White, 2008.....14.20

#### **400-Meter Hurdles**

1. Mary Knoblauch, 1981.....56.16
2. Wynsome Cole, 1998.....56.67
3. Chris Davenport, 1981.....59.18
4. Sarah Steffen, 2002.....59.59
5. **Tiffany Hendricks, 2011.....59.65**
6. Beverly Powell, 1991.....59.96
7. Diane Steinhart, 1980.....1:00.56
8. Ruqayya Raheem, 1999.....1:00.62
9. Keely Huber, 2002.....1:00.98
10. **Hannah Simonson, 2011.....1:01.35**

#### **3,000 Meters**

1. Diane Nukuri, 2008.....9:18.82
2. Penny O'Brien, 1985.....9:20.61
3. **Betsy Flood, 2010.....9:22.63**
4. Nan Doak, 1985.....9:23.04
5. Tracy Dahl, 1992.....9:23.53
6. M. Armstrong, 2006.....9:28.03
7. **Brooke Eilers, 2011.....9:30.08**
8. J. Kruckeberg, 1989.....9:30.69
9. **McKenzie Melander, 2011.....9:34.13**
10. Jennifer Brower, 1992.....9:34.59

#### **10,000 Meters**

1. Diane Nukuri, 2008.....33:17.01
2. Jennifer Brower, 1991.....33:23.38
3. M. Armstrong, 2008.....33:28.00
4. Nan Doak, 1985.....33:33.03
5. Jenny Spangler, 1983.....33:39.24
6. R. Marchand, 2008.....34:05.87
7. Tracy Dahl, 1992.....34:30.09
8. **Betsy Flood, 2011.....35:05.10**
9. Nikki Chapple, 2004.....35:06.35
10. Megan Lessard, 2010.....35:28.03

#### **200 Meters**

1. Shellene Williams, 2004.....23.50
2. Kineke Alexander, 2006.....23.58
3. Davera Taylor, 1984.....23.59
4. Vivien McKenzie, 1985.....23.61
5. Yolanda Hobbs, 1995.....23.65
6. R.K. Trusty, 2010.....23.74
7. Tanja Reid, 1995.....23.75
8. Elanie Jones, 1983.....23.84
9. Jiselle Providence, 2001.....24.00
10. Lakeya Boatright, 2000.....24.14

#### **800 Meters**

1. **Bethany Praska, 2011.....2:05.46**
2. Kay Stormo, 1982.....2:05.67
3. Michelle Lahann, 2004.....2:06.79
4. Aisha Hume, 2005.....2:08.50
5. J. Kruckeberg, 1987.....2:08.75
6. Ann Pare, 1997.....2:09.25
7. M. Armstrong, 2006.....2:10.15
8. Sophia Poncé, 2007.....2:10.35
9. Briana Benning, 1996.....2:10.47

#### **3,000-Meter Steeplechase**

1. Jessica Schmidt, 2008.....10:27.18
2. Sarah Arens, 2004.....10:34.50
3. **Hannah Roeder, 2009.....10:39.83**
4. Danielle Berndt, 2011.....10:41.60
5. **Kelsey Hart, 2011.....10:47.56**
6. Katie Ellis, 2010.....11:02.62
7. Michelle Lahann, 2003.....11:16.21
8. B. Thompson, 2003.....11:19.50

#### **Heptathlon**

1. Tammilee Kerr, 2008.....5,532
2. Kathy Gillespie, 1983.....5,262
3. Tiff Pedersen, 2004.....4,976
4. Janet Adams, 1981.....4,855
5. Ruqayya Raheem, 1997.....4,665
6. Angela Chadwick, 1993.....4,493
7. **Missy Miller, 2010.....4,227**
8. Angie Hensel, 2004.....4,073
9. Janelle Jaspers, 1987.....4,000



Aisha Hume



Aisha James



Tiffany Johnson



Tammilee Kerr



Vivien McKenzie



Tiffany Medenwaldt



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