



WOMEN'S GYMNASTICS

Women's Gymnastics Contact -- Jana Hemphill

February 7, 2005

2005 GYM HAWK SCHEDULE

Super Six Chall..... 6th, 190.725
 Denver..... L, 195.1-191.8
 Illinois-Chicago .L, 191.125-190.325
 Iowa State..... 2nd/4, 192.4
 Illinois..... 1st/4, 194.025
 Feb. 11... Hearts Invite..... 7 p.m.
Feb. 19. Iowa State 8 p.m.
 Feb. 26... Minnesota..... 7 p.m.
 Mar. 4..... Michigan..... 6:30 p.m.
 Mar. 12 .. Auburn..... 2 p.m.
Mar. 26 Big Ten Champs 6 p.m.
 Apr. 9..... NCAA Regionals..... TBA
 Apr. 21 .. NCAA Champs TBA

* Home meets in bold

* Times are local to site and subject to change.

2005 INDIVIDUAL/TEAM BESTS

Individual Bests

Vault:..... 9.900
Kortny Williamson at Denver (1/15)
 Uneven Bars:..... 9.800
Annie Rue at Iowa State (1/28)
 Balance Beam:..... 9.775
Danielle Legeai at Illinois (2/5)
 Floor Exercise:..... 9.800
Liz Grajewski vs Ill-Chicago (1/23)
 All-Around:..... 38.750
Liz Grajewski at Denver (1/15)

Team Bests

Vault:..... 48.875
at Denver (1/15)
 Uneven Bars:..... 48.550
at Super Six Challenge (1/7)
 Balance Beam:..... 48.675
at Illinois (2/5)
 Floor Exercise:..... 48.650
at Illinois (2/5)
 Team Total:..... 194.025
at Illinois (2/5)

IOWA ON THE WEB



GYM HAWKS COMPETE AT HEARTS INVITE

THIS WEEK

The University of Iowa women's gymnastics team travels to Raleigh, NC Friday for the Hearts Invitational. The GymHawks will compete against North Carolina State, George Washington and William & Mary. Competition will take place at Reynolds Coliseum at 6 p.m. CST.

NC STATE NOTES

The Wolfpack are 7-2, with wins over Rutgers, Boise State, UC-Davis, William & Mary, James Madison, Maryland and Towson. NC State has only lost to No. 11 Denver and North Carolina.

NC State's top all-rounder is Kylah Bachman. The Wolfpack have also had strong performances from Cori Goldstein and Rachel Katz.

GEORGE WASHINGTON NOTES

The Colonels are 6-6. They have wins over Gustavus Adolphus, Penn, Temple, Cornell, William & Mary and Ball State. Losses have come against Oklahoma, Brigham Young, North Carolina, Towson, Kentucky and Ohio State.

George Washington's top all-rounders are Erin Aiken and Heather Kaufman. Amy Stack and Jess Guilbert are top vaulters, and Tiffany Jones is strong on bars and beam.

WILLIAM & MARY NOTES

William & Mary is 2-8, with two wins over James Madison. Last week, the school had its best team performance of the season, finishing with a 189.8. Top individuals for William & Mary are Stevie Waldman and Christina Padilla.

TOP PERFORMANCES AT ILLINOIS QUADRANGULAR

The GymHawks scored a season-high 194.025 to finish first, defeating Illinois, Illinois-Chicago and Illinois State. On beam, the Hawkeyes dominated competition with the top four routines. **Danielle Legeai** won the event, with **Annie Rue** and **Kortny Williamson** tying for second and **Ally Zipse** tying for fourth. On vault, **Natalie Padilla** and **Williamson** shared first place.

HEAD COACH LARISSA LIBBY

Larissa Libby is in her first season as head coach of the GymHawks. Last season, Libby served as associate head coach after three years as an assistant. Libby has already made a lasting impact on the GymHawks as the team's choreographer and beam coach. The top 10 school beam performances have all been under her guidance, including the school record of 49.425. Libby coached four gymnasts to score a 9.9 or higher on beam in 2004. She also guided sophomore **Danielle Legeai** to tie for second on beam at NCAA regionals last season.