



**UNIVERSITY OF IOWA  
TRACK AND FIELD**



**NCAA OUTDOOR TRACK & FIELD CHAMPIONSHIPS**

**June 5-8, 2013**

**Eugene, Ore. • Hayward Field**

# THE UNIVERSITY OF IOWA



## HAWKEYE TRACK & FIELD



TRACK AND FIELD CONTACT: BRANDEE BRITT

June 3, 2013

### 2013 IOWA TRACK & FIELD OUTDOOR SCHEDULE

Date	Meet
Mar. 22-23	Alabama Relays <i>(Tuscaloosa, Ala.)</i>
Mar. 28	Central Invite <i>(Pella, Iowa)</i>
Mar. 29	Stanford Invite <i>(Palo Alto, Calif.)</i>
Apr. 4-6	Jim Click Invite <i>(Tucson, Ariz.)</i>
Apr. 12-13	Lee Calhoun Invite <i>(Macomb, Ill.)</i>
Apr. 20	Musco Twilight XIV <i>(Iowa City, Iowa)</i>
Apr. 25-27	Drake Relays <i>(Des Moines, Iowa)</i>
May 10-12	Big Ten Championships <i>(Columbus, Ohio)</i>
May 23-25	NCAA Regionals <i>(Austin, Texas)</i>
June 5-8	NCAA Championships <i>(Eugene, Ore.)</i>

### IOWA COACHING STAFF

Larry Wieczorek .....	Director of Track & Field
Layne Anderson...	Head Track & Field Coach
Scott Cappos .....	Director of Field Events
Clive Roberts.....	Assistant Coach/ ..... Director of Recruiting
Mike Scott.....	Assistant Coach
Joey Woody .....	Assistant Coach

#### THIS WEEK

The University of Iowa track and field team travels to Eugene, Ore., to compete at the 2013 NCAA Outdoor Track and Field Championships on June 5-8. Eight Hawkeyes advanced to the NCAA final site to compete in the championship field of 24. The championships are hosted by Hayward Field on the campus of the University of Oregon.

#### LIVE RESULTS

Live results are available on the track and field schedule page at [hawkeyesports.com](http://hawkeyesports.com).

#### ON YOUR TELEVISION/COMPUTER

ESPNU will provide live coverage Friday beginning at 6:30 p.m. (CT) and Saturday at 4 p.m. (CT). ESPN3 will provide a live stream of the events beginning Thursday at 5:50 p.m. (CT), Friday at 6:30 p.m. (CT), and Saturday at 6:30 p.m. (CT).

#### HAWKEYES STACK UP WELL AGAINST REST OF COUNTRY

The Iowa men qualified for the NCAA final site in nine events, tied for the eighth most in the country. The Hawkeyes have five qualifiers in sprints/hurdles, two in throws, and one each in jumps and relays. Iowa's nine qualifiers ties Nebraska and Ohio State for the most in the Big Ten.

#### HAWKEYE MEN BACK IN THE POLLS AT NO. 20

The Iowa men are back in the USTFCCCA top 25 after a one week hiatus. The Hawkeyes debuted in the poll on April 23 at No. 12, the highest ranking in program history. Iowa slid out of the poll after a fifth place finish at the conference championships, but are back at No. 20 in the May 28 poll. The Hawkeyes are one of five Big Ten teams rated among the top 25, only the SEC has more schools (8) ranked among the nation's best. Iowa's weekly jump from No. 30 to No. 20 was tied with Oklahoma State (17) for the biggest jump in the country.

#### PAST CHAMPIONS

Thirteen Hawkeye student-athletes have combined for 14 NCAA titles since Eric Wilson won the 220 meters in 1921 and 1923. Tracy Dahl and Ed Gordon also won multiple NCAA titles -- Dahl in the 5K (1992-93) and Gordon in the long jump (1929-31). The women's last NCAA champion was Kineke Alexander (2006, 400m). The men's most recent title came from Bashir Yamini (1998, long jump). Erik Sowinski earned a runner-up finish in the 800 meters in 2012.

#### JUSTIN AUSTIN -- 100 METERS, 200 METERS, 4X1 RELAY

Senior Justin Austin advanced to the NCAA final site for the third straight season in the 200 meters. He's making his first NCAA Championships appearance in the 100 meters, and will run the second leg of Iowa's 4x1 relay. He owns the school record in all three events -- 100 (10.21), 200 (20.31) and 4x1 (39.35). He also earned a gold medal in all three events at the 2013 Big Ten Championships, where he was named Athlete of the Year and Athlete of the Championships. Austin's best NCAA Championships finish was 13th in the 200 meters in 2012.

#### MATT BYERS -- JAVELIN

A four-time NCAA qualifier, senior Matt Byers placed seventh (234-01) in the West Regional to advance to the NCAA Championships' final site for the third time in his career (he placed 21st at the NCAA Championships in 2010 and 10th in 2012). He won the javelin conference title from 2010-12 and placed runner-up in 2013. He holds the school record with a mark of 245-8 (74.89m).

# THE UNIVERSITY OF IOWA



## HAWKEYE TRACK & FIELD



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### KLYVENS DELAUNAY -- TRIPLE JUMP

Freshman Klyvens Delaunay placed ninth at the West Region and enters the final site as the No. 10 seed following his personal best mark of 51-10 1/2 (15.81m) in Austin, Texas. Delaunay's PR ranks No. 3 in school history.

### ETHAN HOLMES -- 400-METER HURDLES, 4X1 RELAY

Senior Ethan Holmes advanced to the NCAA final site in 400-meter hurdles for the third straight year. He also runs the third leg on Iowa's 400-meter relay. Holmes placed 12th in the 400-meter hurdles with a personal best 50.51 in Austin, Texas, a mark that ranks sixth in school history. The 4x1 team holds the school record (39.35) and enters the final site as the No. 13 seed with a qualifying time of 39.79.

### GABE HULL -- DISCUS

Sophomore Gabe Hull is making his first career appearance at the NCAA Championships' final site after placing third (191-10; 58.47m) in the discus. His qualifying mark ranks No. 6 at the final site. Hull set a personal-best mark of 196-2 (59.80m) earlier this season, a mark that ranks No. 3 in school history. He also earned second runner-up in discus at the 2013 conference championships.

### JOSH LARNEY -- 100 METERS, 4X1 RELAY

Senior Josh Larney is making his first career appearance at the Division I NCAA final site. He was a three-time NJCAA All-American while competing at Iowa Central in 2011. He qualified as the No. 21 seed in the 100 meters with a mark of 10.59 at the West Regional. He also ran the anchor leg of Iowa's school record 4x1 relay (39.35). Larney's 10.31 personal-best, set at the NCAA West Regional prelims, ranks No. 3 all-time in school history.

### JORDAN MULLEN -- 110-METER HURDLES, 4X1 RELAY

Senior Jordan Mullen is making his first career appearance at the NCAA Outdoor Championships final site. He was an All-American at the 2011 and 2013 Indoor Championships, placing ninth in the 60-meter hurdles both years. Mullen placed 10th at the West Regional to grab the first at-large berth with a time of 13.81. He set a personal record in the event and placed second at the Big Ten Championships with a time of 13.76. He also runs the lead leg of Iowa's 400-meter relay.

### MAJESTY TUTSON -- DISCUS

Senior Majesty Tutson is a four-time NCAA qualifier in the discus, but she's making her first appearance at the NCAA final site following a sixth place finish (175-00 (53.33m) at the West Regional. Tutson was the Big Ten runner-up in the discus at the 2013 conference championships, and she broke her own school record with a toss of 181-1 (55.19m) at the 2013 Drake Relays.

## 2013 OUTDOOR SEASON LEADERS

### MEN

100 meters	Justin Austin	10.22
110-meter hurdles	Jordan Mullen	13.76
200 meters	Justin Austin	20.53
400 meters	Kaleb VanCleave	47.94
400-meter hurdles	Ethan Holmes	50.51
800 meters	Ryan Weir	1:50.01
1,500 meters	Ben Witt	3:52.72
3,000 meters	Jon Michael Brandt	8:46.09
3,000 meter steeple	Caleb Wilfong	9:14.36
5,000 meters	Kevin Lewis	14:08.04
10,000 meters	Kevin Lewis	30:15.29
High Jump	Kevin Spejcher	6-9 (2.06m)
Shot Put	Gabe Hull	56-9 1/4 (17.30m)
Discus	Gabe Hull	196-2 (59.80m)
Hammer	Ben Stancombe	193-6 (58.98m)
Javelin	Matt Byers	237-8 (72.45m)
Long Jump	Josh Larney	24-0 3/4 (7.33m)
Triple Jump	Klyvens Delaunay	51-10 1/2 (15.81m)
Pole Vault	Kyle Reid	16-8 3/4 (5.10m)
Decathlon	Kyle Reid	7,203 points
400-meter Relay	Mincy, Austin, Holmes, Larney	39.35
1,600-meter Relay	VanCleave, Rickels, Flattery, Weir	3:10.43

### WOMEN

100 meters	Lake Kwaza	11.56
100-meter hurdles	Khanishah Williams	14.49
200 meters	Raven Moore	24.00
400 meters	Tayo Oladele-Ajose	1:00.61
400-meter hurdles	MonTayla Holder	59.71
800 meters	Adrienne Alexia	2:08.61
1,500 meters	Lisa Gordon	4:29.16
3,000 meters	Lisa Gordon	9:42.19
5,000 meters	Mareike Schrulle	16:12.66
Hammer Throw	Jasmine Simpson	197-7 (60.23m)
Javelin	Amanda Stahle	139-10 (42.64m)
Discus	Majesty Tutson	181-1 (55.19m)
Shot Put	Rachel Curry	47-9 1/4 (14.56m)
Long Jump	Sarah Ryan	18-11 3/4 (5.78m)
Triple Jump	Carisa Leacock	40-0 (12.19m)
High Jump	Khanishah Williams	5-11 1/4 (1.81m)
Pole Vault	Brittany Holst	11-1 (3.38m)
Heptathlon	Sarah Ryan	4,567 points
400-meter Relay	Kwaza, Moore, Holder, Miller	45.61
1,600-meter Relay	Holder, Moore, Kwaza, Nelson	3:43.13

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# University of Iowa Track and Field

## 2013 NCAA Outdoor Championships

### HAWKEYES/EVENT/SCHEDULE



#### **Justin Austin**

Senior • 100m, 200m, 400m-relay  
Milwaukee, Wis. -- Brown Deer

- 400-meter relay -- Wednesday, 6:15 p.m. (s); Saturday, 4:12 p.m. (f)
- 100 meters -- Wednesday, 7:45 p.m. (s); Friday, 7:10 p.m. (f)
- 200 meters -- Thursday, 6:15 p.m. (s); Saturday, 4:50 p.m. (f)



#### **Matt Byers**

Senior • Javelin  
Wichita, Kan. -- Wichita East

- Javelin -- Saturday, 2:30 p.m. (trials/finals)



#### **Klyvens Delaunay**

Freshman • Triple Jump  
Claremont, Calif. -- Claremont

- Triple Jump -- Saturday, 2:30 p.m. (trials/finals)



#### **Ethan Holmes**

Senior - 400m-hurdles, 400m-relay  
Clinton, Iowa -- Clinton

- 400-meter relay -- Wednesday, 6:15 p.m. (s); Saturday, 4:12 p.m. (f)
- 400-meter hurdles -- Wednesday, 8:15 p.m. (s); Friday, 6:40 p.m. (f)



#### **Gabe Hull**

Sophomore • Discus  
Bloomington, Ind. -- South

- Discus -- Thursday, 4 p.m. (trials/finals)



#### **Josh Larney**

Senior • 100m, 400m-relay  
Cleveland, Ohio -- Iowa Central

- 400-meter relay -- Wednesday, 6:15 p.m. (s); Saturday, 4:12 p.m. (f)
- 100 meters -- Wednesday, 7:45 p.m. (s); Friday, 7:10 p.m. (f)



#### **Jordan Mullen**

Senior • 110m hurdles, 400m-relay  
Atlantic, Iowa -- Atlantic

- 400-meter relay -- Wednesday, 6:15 p.m. (s); Saturday, 4:12 p.m. (f)
- 110-meter hurdles -- Thursday, 7:20 p.m. (s); Saturday, 5:16 p.m. (f)



#### **Majesty Tutson**

Senior • Discus  
Iowa City, Iowa -- City

- Discus -- Thursday, 4 p.m. (trials/finals)

## 2013 NCAA QUALIFIERS' SEASON & COLLEGIATE BEST PERFORMANCES

### 100 METERS (School Record - 10.21)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Justin Austin	10.22	2x, last at NCAA West Preliminary - 5/23/13	10.21	Big Ten Championships – 5/15/11
Josh Larney	10.31	at NCAA West Preliminary - 5/23/13	10.31	at NCAA West Preliminary - 5/23/13

### 110-METER HURDLES (School Record - 13.63)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Jordan Mullen	13.76	at Big Ten Championships - 5/12/13	13.76	at Big Ten Championships - 5/12/13

### 200 METERS (School Record - 20.31)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Justin Austin	20.53	at NCAA West Preliminary - 5/25/13	20.31	at USATF Championships - 6/23/11

### 400-METER HURDLES (School Record - 48.83)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Ethan Holmes	50.51	at NCAA West Preliminary - 5/24/13	50.51	at NCAA West Preliminary - 5/24/13

### 400-METER RELAY (School Record - 39.35)

Names	Season Best	Meet - Date
Mincy, Austin, E. Holmes, Larney	39.35 *	at Jim Click Shootout - 4/6/13
Mullen, Austin, E. Holmes, Larney	39.66	at Drake Relays – 4/27/13

### TRIPLE JUMP (School Record - 16.66 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Klyvens Delaunay	51-10 1/2 (15.81m)	at NCAA West Preliminary - 5/25/13	51-10 1/2 (15.81m)	at NCAA West Preliminary - 5/25/13

### DISCUS (School Record - 61.84 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Gabe Hull	196-2 (59.80m)	at Lee Calhoun Invitational – 4/12/13	196-2 (59.80m)	at Lee Calhoun Invitational – 4/12/13

### JAVELIN (School Record - 74.89 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Matt Byers	237-8 (72.45m)	at Big Ten Championships - 5/12/13	245-8 (74.89m)	at LSU Invitational – 4/2/11

### DISCUS THROW (School Record – 55.19 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Majesty Tutson	181-1 (55.19m) *	at Drake Relays – 4/26/13	181-1 (55.19m) *	at Drake Relays – 4/26/13

\* - school record, % - part of decathlon

# OUTDOOR ALL-TIME TOP 10 PERFORMERS



Jeremy Allen



Justin Austin



Matt Byers



A.J. Curtis



Troy Doris



Jeffery Herron



Deacon Jones

## 100 Meters

1. Justin Austin, 2011	10.21
2. George Page, 1996	10.25
3. Anthuan Maybank, 1994	10.31
Tim Dwight, 1997	10.31
Josh Larney, 2013	10.31
6. Bob Lawson, 1976	10.36
7. Robert Smith, 1984	10.39
8. Curtis Chang, 1987	10.40
9. Jeff Patrick, 1983	10.41
Tim Dodge, 2002	10.41

## 110-Meter High Hurdles

1. Pat McGhee, 1989	13.50
2. Dion Trowers, 1996	13.62
3. Ronnie McCoy, 1985	13.66
4. Ethan Holmes, 2011	13.73
5. Jordan Mullen, 2013	13.76
6. James Armstrong, 1991	13.89
7. Dan Davis, 2012	14.01
8. Doug Jones, 1986	14.06
9. Chris Williams, 1983	14.24
10. Rajeev Balkrishnan, 1993	14.29

## 200 Meters

1. Justin Austin, 2011	20.31
2. Jeff Patrick, 1983	20.47
3. Anthuan Maybank, 1994	20.55
4. Andre Morris, 1995	20.64
5. George Page, 1996	20.67
6. Terrence Duckett, 1982	20.74
7. Tim Dodge, 2002	20.78
8. Bashir Yamini, 1999	20.82
9. Dennis Kohl, 1966	20.84
10. Tim Dwight, 1997	20.91



Todd Wigginton



Arno van der Westhuizen

## 400 Meters

1. Anthuan Maybank, 1993	44.99
2. Andre Morris, 1995	45.15
3. Mike Mondane, 1967	45.20
4. Steven Willey, 2010	45.78
5. Gary Hollingsworth	46.30
6. Harold Leonard, 1986	46.45
7. Tony Branch, 1999	46.60
8. Prince Riley, 2007	46.61
9. George Page, 1996	46.66
10. Dick Eisenlauer, 1973	46.74
Terrence Duckett, 1983	46.74
Patrick Richards, 2010	46.74

## 400-Meter Hurdles

1. Pat McGhee, 1988	48.83
2. Monte Raymond, 1998	50.09
3. Ray Varner, 2010	50.24
4. Paul Steele, 1989	50.45
5. Russell Peterson, 2001	50.50
6. Ethan Holmes, 2013	50.51
7. Adam Kunkel, 2001	50.73
8. Jon Reimer, 1967	50.94
9. Gary Falls, 1991	51.08
10. D'Juan Richardson, 2011	51.12

## 800 Meters

1. Erik Sowinski, 2012	1:45.90
2. Bill Frazier, 1962	1:47.64
3. D'Juan Strozier, 1990	1:47.82
4. Adam Hairston, 2009	1:48.53
5. Michael Layne, 1999	1:49.61
6. Bill Thiesen, 1985	1:49.74
7. Ryan Weir, 2013	1:50.01
8. Andy Wiese, 1985	1:50.22
9. Paul Chepkwony, 1984	1:50.36
10. Rod Chambers, 1989	1:50.60

## 1,500 Meters

1. Jeff Thode, 2010	3:43.02
2. Joel Moeller, 1978	3:44.01
3. Jim Docherty, 1978	3:44.30
4. Dan Waters, 1986	3:46.35
5. Kevin Herd, 1994	3:46.64
6. John Clark, 1977	3:46.84
7. Ted Wheeler, 1956	3:48.24
8. Nick Holmes, 2012	3:49.53
9. Jesse Luciano, 2007	3:49.99
10. Micah VanDenend, 2007	3:50.20

## 3,000-Meter Steeplechase

1. Deacon Jones, 1956	8:47.40
2. Steve Pershing, 1978	8:54.59
3. Andy Morris, 2000	8:56.21
4. Matt Gerard, 1994	8:57.01
5. Andy Napier, 2008	8:57.54
6. Rollie Kitt, 1967	9:02.90
7. Al Greene, 1985	9:02.96
8. Tony Rakaric, 2005	9:03.29
9. Mark Battista, 2010	9:04.60
10. Sean Gale, 1993	9:08.00

## 5,000 Meters

1. Micah VanDenend, 2007	13:49.31
2. Larry Wieczorek, 1968	13:56.00
3. Kevin Herd, 1993	13:59.00
4. Stetson Steele, 2000	14:02.76
5. Eric MacTaggart, 2005	14:04.79
6. Dan Haut, 2006	14:07.30
7. Kevin Lewis, 2013	14:08.04
8. Jesse Luciano, 2010	14:08.71
9. Matt Esche, 2006	14:12.07
10. Jeff Thode, 2011	14:12.40

# OUTDOOR ALL-TIME TOP 10 PERFORMERS



Anthuan Maybank



Pat McGhee



Kyle Reid



Erik Sowinski



Stetson Steele



Jeff Thode



Micah VanDenend

## 10,000 Meters

1. Stetson Steele, 2000 .....28:44.47
2. Eric MacTaggart, 2006.....28:50.23
3. Nick Nordheim, 2002 .....29:44.71
4. Trent Corey, 2002 .....29:45.25
5. **Kevin Lewis, 2012.....29:54.02**
6. Chad Schwitters, 1999 .....29:56.00
7. Nick Holmes, 2010 .....30:02.31
8. Dan Haut, 2006 .....30:03.08
9. Kevin Herd, 1994 .....30:05.21
10. Paul Sarris, 2001 .....30:08.40

## Decathlon

1. **Kyle Reid, 2013 ..... 7,203 pts**
2. Dan Rolling, 2010 ..... 6,957 pts
3. Scott Faber, 2000 ..... 6,839 pts
4. Ryan Niver, 2008 ..... 6,837 pts
5. **Jack Eckert, 2012..... 6,813 pts**
6. Chad Ohly, 1994 ..... 6,641 pts
7. Gary Kostrubala, 1984..... 6,498 pts
8. Frank Prill, 2008 ..... 6,381 pts
9. Jacob Drewry, 1994 ..... 5,820 pts

## High Jump

1. Jeffery Herron, 2012 ..... 7-4 1/4 (2.24)
2. Bill Hansen, 1978 ..... 7-4 (2.23)
- Bill Knoedel, 1975..... 7-4 (2.23)
4. M. Cunningham, 1986 ..... 7-1 (2.16)
- Kenneth Lansing, 1988..... 7-1 (2.16)
6. Pat Meade, 1987 ..... 7-0 1/4 (2.14)
7. Graham Valdes, 2012 ..... 6-11 3/4 (2.12)
8. Peter Hlavin, 1979 ..... 6-11 (2.11)
- Scott Hudek, 1993 ..... 6-11 (2.11)
- Jeremy Petsche, 2008..... 6-11 (2.11)
- Brandon Oest, 2012..... 6-11 (2.11)**

## Pole Vault

1. Todd Wigginton, 1984 ..... 17-0 (5.18)
2. Chad Ohly, 1994 ..... 16-8 3/4 (5.10)
- Kyle Reid, 2013 ..... 16-8 3/4 (5.10)**
4. Curt Broek, 1978 ..... 16-8 (5.08)
5. Phil Wertman, 1971 ..... 16-7 (5.05)
- Kelly Scott, 1988..... 16-7 (5.05)
7. John Teffer, 1972 ..... 16-2 (4.93)
8. Alex Zona, 2009 ..... 16-0 3/4 (4.90)
9. Steve Brewer, 1983 ..... 16-0 (4.88)
- Doug Pennino, 1985..... 16-0 (4.88)

## Long Jump

1. Anthuan Maybank, 1993..... 27-1 (8.25)
2. Bashir Yamini, 1997 ..... 26-8 1/4 (8.13)
3. Paul Jones, 1989 ..... 25-10 1/4 (7.88)
4. Darren Smith, 1991 ..... 25-9 3/4 (7.86)
5. Quinn Early, 1986 ..... 25-7 1/4 (7.80)
6. Ed Gordon, 1931 ..... 25-4 3/8 (7.68)
7. Matty Gorman, 2006..... 25-1 1/4 (7.65)
8. Ronnie McCoy, 1985 ..... 25-0 (7.62)
9. Jeffery Herron, 2010 ..... 24-9 (7.54)
10. Joe Robinson, 1976..... 24-2 3/4 (7.38)

## Triple Jump

1. Troy Doris, 2012 ..... 54-8 (16.66)
2. Paul Jones, 1990..... 52-0 1/2 (15.86)
3. **Klyvens Delaunay, 2013 .. 51-10 1/2 (15.81)**
4. Gordon Finch, 1988..... 50-9 1/4 (15.47)
5. Mike Lacy, 1984..... 50-5 (15.36)
6. **Babatunde Amosu, 2013... 50-3 1/4 (15.32)**
7. Pat Miller, 1985..... 49-8 1/2 (15.25)
8. Matty Gorman, 2008..... 49-2 1/2 (15.00)
9. Owen Gill, 1982 ..... 49-1 (14.96)
10. Josh Bean, 2010..... 48-10 3/4 (14.90)

## Shot Put

1. Jeremy Allen, 2001 ..... 63-2 3/4 (19.27)
2. Ken Kemeny, 2005 ..... 62-3 (18.97)
3. Shane Maier, 2006 ..... 62-2 1/4 (18.95)
4. Andy Banse, 2005 ..... 61-11 1/2 (18.88)
5. John Hickey, 2008 ..... 61-9 1/2 (18.83)
6. Chris Gambol, 1987..... 60-0 1/2 (18.30)
7. A.J. Curtis, 2008 ..... 59-8 1/4 (18.19)
8. A. van der Westhuizen, 2000 .... 58-8 3/4 (17.90)
9. Ryan Lamparek, 2010 ..... 58-4 (17.78)
10. Gary Kostrubala, 1985..... 58-1 (17.70)

## Discus

1. A.J. Curtis, 2007 ..... 202-11 (61.84)
2. Gary Kostrubala, 1986..... 202-4 (61.68)
3. **Gabe Hull, 2013..... 196-2 (59.80)**
4. Jeremy Allen, 2001 ..... 195-4 (59.54)
5. Tim Brodersen, 2005 ..... 193-6 (58.98)
6. Brad Daufeldt, 2004..... 185-0 (56.40)
7. Nick Brayton, 2009 ..... 180-11 (55.15)
8. Andy Banse, 2005 ..... 180-0 (54.86)
9. Eric Rothwell, 2004..... 179-7 (54.73)
10. Shane Maier, 2008 ..... 178-7 (54.43)

## Hammer

1. A. van der Westhuizen, 2001 222-11 (67.94)
2. Adam Hamilton, 2007 ..... 222-2 (67.73)
3. Jim Costello, 2002 ..... 217-7 (66.32)
4. Brad Daufeldt, 2004..... 207-10 (63.34)
5. Chris Voller, 2005 ..... 206-0 (62.80)
6. Matt Banse, 2012 ..... 201-11 (61.55)
7. Jeremy Allen, 2001 ..... 199-0 (60.66)
8. **Ben Stancombe, 2011..... 197-6 (60.20)**
9. Ryan Jordan, 2007 ..... 184-6 (56.23)
10. Ryan Lamparek, 2010 ..... 181-7 (55.35)

## Javelin

1. **Matt Byers, 2011 ..... 245-8 (74.89)**
2. Bill Neumann, 2002 ..... 244-8 (74.58)
3. Dan Ralph, 2000..... 227-10 (69.44)
4. Zach Schimp, 2010..... 211-0 (64.32)
5. **Sam Joens, 2013..... 206-9 (63.03)**
6. Kale Katt, 2007 ..... 204-0 (62.17)
7. Joel Storm, 2004 ..... 203-5 (62.01)
8. Matt Stank, 2001 ..... 199-0 (60.66)
9. **Jack Eckert, 2012..... 187-0 (57.01)**
10. Kyle Reid, 2013 ..... 182-10 (55.73)

# OUTDOOR ALL-TIME TOP 10 PERFORMERS

## 400-Meter Relay

1.	<b>Mincy, Austin, E. Holmes, Larney, 2013</b> .....	39.35
2.	Beecham, Duckett, Greer, R. Smith, 1984 .....	39.48
3.	<b>Mullen, Austin, E. Holmes, Larney, 2013</b> .....	39.66
4.	Page, Davis, Rozell, Morris, 1996 .....	39.73
5.	<b>Mincy, Sayon, Chaney, Jr., Austin, 2011</b> .....	39.86
6.	Richardson, Sayon, Chaney, Jr., Bee, 2009.....	39.94
7.	Felix, Branch, Dodge, Yamini, 1999 .....	39.96
8.	Beecham, Duckett, Greer, Patrick, 1983 .....	39.99
9.	Dwight, Branch, Davis, Yamini, 1998.....	40.00
	Goode, Fisher, Morris, Maybank, 1994 .....	40.00
	1998.....	40.00
	Dwight, Branch, Dodge, Yamini, 1999 .....	40.00

## Shuttle Hurdle Relay

1.	McGhee, Armstrong, Falls, Stelle, 1989 .....	57.80
2.	Wigginton, Jones, Lacey, McCoy, 1985.....	59.77
3.	1975.....	1:05.20

## 800-Meter Relay

1.	Richardson, Sayon, Richards, Chaney, Jr., 2009 .....	1:24.85
2.	<b>Austin, Brown, Larney, VanCleave, 2013</b> .....	1:25.60
3.	Barclay, McCalister, Jensen, Elliott, 1979.....	1:26.39
4.	Thomas, Balkrishnan, Patterson, Freidrich 1991 .....	1:28.38
5.	Balkrishnan, Patterson, Thomas, Freidrich, 1991.....	1:29.04

## 1,600-Meter Relay

1.	Morris, Davis, Page, Rozell, 1995 .....	3:03.11
2.	Branch, Dwight, Dodge, Yamini, 1999.....	3:03.29
3.	Ferree, Frazier, Mondane, Reimer, 1967.....	3:04.10
4.	Rozell, Morris, Davis, Yamini, 1996.....	3:04.71
5.	Willey, Barton, Richards, Sowinski, 2010 .....	3:05.61
6.	Willey, Richards, Sowinski, Barton, 2011.....	3:05.64
7.	Richards, <b>Davey, E. Holmes, Sowsinski, 2012</b> .....	3:05.77
8.	Cameron, Williams, McGhee, McCoy, 1985.....	3:06.00
9.	Rozell, Davis, Dwight, Raymond, 1997 .....	3:06.06
	Dodge, Kunkel, Coleman, Peterson, 2001 .....	3:06.06

## Sprint Medley Relay

1.	Sayon, <b>Austin, Willey, Sowinski, 2011</b> .....	3:16.18
2.	Richards, <b>Larney, Davey, Sowinski, 2012</b> .....	3:17.25
3.	Richardson, Richards, Willey, Sowinski, 2010.....	3:17.74
4.	Armstrong, Thomas, Maybank, Strozier, 1991 .....	3:18.93
5.	Yamini, Davis, Dodge, Donovan, 1999.....	3:19.87
6.	Richards, Chaney, Jr., Barton, Hairston, 2009.....	3:20.05
7.	McCorkle, Armstrong, Chung, Strozier, 1990 .....	3:20.43
8.	Dodge, Yamini, Branch, Donovan, 1999.....	3:20.83
9.	Goode, Fisher, Thomas, Falls, 1992.....	3:21.02
10.	Dwight, Davis, Raymond, Donovan, 1997 .....	3:21.05

## 3,200 Meter Relay

1.	Hairston, <b>Prom, Thode, Sowinski, 2011</b> .....	7:23.77
2.	Corrigan, Blackman, Strozier, Chambers, 1989 .....	7:29.00
3.	Willey, Braff, Sowinski, Hairston, 2009 .....	7:33.08
4.	Tweedy, Gajewski, Linden, O'Hollearn, 2005 .....	7:33.12
5.	Cunningham, Tweedy, S. Allen, Thomas, 2001 .....	7:34.12
6.	Long, Tweedy, Dziubski, O'Hollearn, 2004 .....	7:35.10
7.	1999.....	7:36.43
8.	<b>Prom, Slaymaker, Wheeler, Weir, 2012</b> .....	7:38.15
9.	1986.....	7:40.18
10.	Novotny, Holtkamp, Rerko, Feeldy, 1995 .....	7:44.68

## Distance Medley Relay

1.	Pershing, Moeller, Slack, Docherty, 1978.....	9:39.94
2.	Kuczwarra, Barton, Hairston, Thode, 2011 .....	9:41.37
3.	<b>N. Holmes, Van Cleave, Sowinski, Thode, 2012</b> .....	9:41.59
4.	Young, Barton, Kuczwarra, Luciano, 2010.....	9:42.97
5.	<b>Prom, Davey, Weir, Witt, 2013</b> .....	9:53.83
6.	Theisen, Williams, Wiesa, Waters, 1985 .....	9:54.04
7.	<b>Wilfong, Slaymaker, Teubel, Witt, 2013</b> .....	9:54.05
8.	Luciano, Pierre, Hairston, VanDenend, 2007 .....	9:54.07
9.	VanDenend, Riley, O'Hollearn, Rakaric, 2006 .....	9:54.97
10.	Feeldy, Eischeid, Novotny, Peters, 1996 .....	9:55.71

## 6,400 Meter Relay

1.	Rakaric, Webster, MacTaggart, VanDenend, 2006.....	16:55.43
2.	Paul, Kadlec, Thode, Luciano, 2010.....	17:01.46
3.	<b>N. Holmes, Witt, Thode, Lewis, 2012</b> .....	17:02.26
4.	Thomas, Allen, Rakaric, Lloyd, 2003.....	17:06.27
5.	Pittman, Novotny, Feeldy, Marquardt, 1995.....	17:12.49
6.	Bakker, Feeldy, Peters, Pittman, 1996.....	17:13.10
7.	Allen, Trainor, McDermott, Esche, 2002 .....	17:14.53
8.	Kadlec, E. MacTaggart, Paul, Marchese, 2009 .....	17:17.63
9.	Schwitters, Nordheim, Moeller, Thomas, 1999 .....	17:18.04
10.	White, Roehl, Wood, Roseman, 1992 .....	17:28.90



# OUTDOOR ALL-TIME TOP 10 PERFORMERS



Kineke Alexander



Meghan Armstrong



Danielle Berndt



Nan Doak



Aisha James



Tiffany Johnson



Diane Nukuri

## 100 Meters

1. Vivien McKenzie, 1985	11.45
2. Davera Taylor, 1984	11.51
3. Erica Broomfield, 1998	11.53
4. <b>Lake Kwaza, 2013</b>	<b>11.56</b>
5. Jiselle Providence, 2001	11.57
6. Tanja Reid, 1994	11.60
7. Peaches Roach, 2005	11.60
8. Yolanda Hobbs, 1995	11.62
9. Elanie Jones, 1985	11.69
10. Rhonda Kaye Trusty, 2010	11.74

## 100-Meter Hurdles

1. Tiffany Johnson, 2007	13.20
2. Karessa Farley, 2009	13.53
3. C. Prendergast, 1999	13.60
4. Paula Ruen, 2000	13.60
5. Sarah Steffen, 2002	13.65
6. Ruqayya Raheem, 1998	13.90
7. Brenda Calhoun, 1984	13.94
8. Wynsome Cole, 1997	14.10
9. Kimberly Stanford, 2008	14.11
10. Renee White, 2008	14.20

## 200 Meters

1. Shellene Williams, 2004	23.50
2. Kineke Alexander, 2006	23.58
3. Davera Taylor, 1984	23.59
4. Vivien McKenzie, 1985	23.61
5. Yolanda Hobbs, 1995	23.65
6. Erin Jones, 2012	23.71
7. Rhonda Kaye Trusty, 2010	23.74
8. Tanja Reid, 1995	23.75
9. Elaine Jones, 1983	23.84
10. Ashley Liverpool, 2012	23.98

## 400 Meters

1. Kineke Alexander, 2006	51.35
2. Shellene Williams, 2004	51.94
3. Ashley Liverpool, 2012	52.47
4. Ellen Grant, 1996	52.65
5. Senta Hawkins, 1988	54.01
6. Bethany Praska, 2011	54.01
7. Marlene Poole, 1994	54.03
8. Elaine Jones, 1983	54.40
9. Nicole Charles, 2001	54.48
10. Stacey-Leigh Bynoe, 2000	54.73

## 400-Meter Hurdles

1. Mary Knoblauch, 1981	56.16
2. Wynsome Cole, 1998	56.67
3. Chris Davenport, 1981	59.18
4. Hannah Simonson, 2012	59.54
5. Sarah Steffen, 2002	59.59
6. Tiffany Hendricks, 2011	59.63
7. <b>MonTayla Holder, 2013</b>	<b>59.71</b>
8. Nicole Erickson, 2012	59.77
9. Beverly Powell, 1991	59.96
10. Kelsey Quinn, 2012	59.99

## 800 Meters

1. Bethany Praska, 2011	2:03.78
2. Kay Stormo, 1982	2:05.67
3. Michelle Lahann, 2004	2:06.79
4. Aisha Hume, 2005	2:08.50
5. <b>Adrienne Alexia, 2013</b>	<b>2:08.61</b>
6. Jeanne Kruckeberg, 1987	2:08.75
7. <b>Kaitlyn Nelson, 2013</b>	<b>2:08.83</b>
8. Ann Pare, 1997	2:09.25
9. Meghan Armstrong, 2006	2:10.15
10. Sophia Poncé, 2007	2:10.35

## 1,500 Meters

1. Meghan Armstrong, 2006	4:17.41
2. Betsy Flood, 2010	4:17.75
3. Jeanne Kruckeberg, 1989	4:19.71
4. McKenzie Melander, 2012	4:20.22
5. Lauren Hardesty, 2009	4:20.40
6. Diane Nukuri, 2007	4:20.95
7. Penny O'Brien, 1985	4:21.43
8. Kay Stormo, 1982	4:22.24
9. Michelle Lahann, 2004	4:24.00
10. Shannon Stanley, 2006	4:25.08

## 3,000 Meters

1. Diane Nukuri, 2008	9:18.82
2. Penny O'Brien, 1985	9:20.61
3. McKenzie Melander, 2012	9:21.59
4. Betsy Flood, 2010	9:22.63
5. Nan Doak, 1985	9:23.04
6. Tracy Dahl, 1992	9:23.53
7. Meghan Armstrong, 2006	9:28.03
8. <b>Brooke Eilers, 2011</b>	<b>9:30.08</b>
9. Jeanne Kruckeberg, 1989	9:30.69
10. Jennifer Brower, 1992	9:34.59

## 3,000-Meter Steeplechase

1. Danielle Berndt, 2011	10:26.54
2. Jessica Schmidt, 2008	10:27.18
3. Sarah Arens, 2004	10:34.50
4. Hannah Roeder, 2011	10:35.22
5. <b>Kelsey Hart, 2011</b>	<b>10:47.56</b>
6. Katie Ellis, 2010	11:02.62
7. Michelle Lahann, 2003	11:16.21
8. Becca Thompson, 2003	11:19.50

## 5,000 Meters

1. Nan Doak, 1985	15:45.84
2. McKenzie Melander, 2012	15:57.13
3. Diane Nukuri, 2008	15:59.39
4. Betsy Flood, 2011	16:04.46
5. Meghan Armstrong, 2008	16:08.83
6. <b>Brooke Eilers, 2011</b>	<b>16:11.86</b>
7. <b>Mareike Schulle, 2013</b>	<b>16:12.66</b>
8. Jenny Spangler, 1983	16:17.21
9. Tracy Dahl, 1992	16:18.77
10. Racheal Marchand, 2008	16:27.02



Majesty Tutson



Lisa Van Steenwyk



Renee White



Shellene Williams

# OUTDOOR ALL-TIME TOP 10 PERFORMERS



Tammilee Kerr



Vivien McKenzie



Bethany Praska



Alana Redfern



Peaches Roach



Jasmine Simpson



Jessie Strand

## 10,000 Meters

1. Diane Nukuri, 2008.....33:17.01
2. Jennifer Brower, 1991 .....33:23.38
3. Meghan Armstrong, 2008 .....33:28.00
4. Nan Doak, 1985.....33:33.03
5. Jenny Spangler, 1983.....33:39.24
6. Racheal Marchand, 2008 .....34:05.87
7. McKenzie Melander, 2012 .....34:29.83
8. Tracy Dahl, 1992 .....34:30.09
9. Betsy Flood, 2011.....35:05.10
10. Nikki Chapple, 2004 .....35:06.35

## Heptathlon

1. Tammilee Kerr, 2008 .....5,633 pts
2. Kathy Gillespie, 1983.....5,262 pts
3. Tiff Pedersen, 2004 .....4,976 pts
4. Janet Adams, 1981.....4,855 pts
5. **Sarah Ryan, 2012..... 4,819 pts**
6. Ruqayya Raheem, 1997.....4,665 pts
7. Angela Chadwick, 1993.....4,493 pts
8. Missy Miller, 2010.....4,227 pts
9. Angie Hensel, 2004 .....4,073 pts
10. Janelle Jaspers, 1987.....4,000 pts

## High Jump

1. Peaches Roach, 2006 ..... 6-1 1/4 (1.86)
2. Mary Mol, 1983..... 6-0 (1.83)
3. **Khanishah Williams, 2013.... 5-11 1/4 (1.81)**
4. Caleigh Bacchus, 2010..... 5-10 (1.78)
5. Lynn McMillan, 1988..... 5-9 1/4 (1.76)
6. Kacey Childs, 2001..... 5-8 1/2 (1.74)
7. Kristi Dinkla, 1985..... 5-8 (1.73)
- Becky Kaza, 1995..... 5-8 (1.73)
- Eve Cullinan, 2003 ..... 5-8 (1.73)
10. **Zinnia Miller, 2012..... 5-7 1/4 (1.71)**

## Pole Vault

1. Jessie Strand, 2003..... 12-10 1/4 (3.92)
2. Sarah Burgett, 2006 ..... 12-1 3/4 (3.70)
3. **Kirsten Weismantle, 2011 ..... 12-0 (3.66)**
4. **Katie Truedson, 2010 ..... 11-5 1/4 (3.49)**
5. Gina Shannon, 2001..... 11-2 1/4 (3.41)
6. **Brittany Holst, 2013 ..... 11-1 (3.38)**
7. Kacey Childs, 2000..... 8-0 1/2 (2.45)

## Long Jump

1. Aisha James, 2003 ..... 22-3 (6.78)
2. Renee White, 2008..... 20-3 3/4 (6.19)
3. **Carisa Leacock, 2011 ..... 19-11 1/2 (6.08)**
4. Becki Borg, 1988 ..... 19-7 1/4 (5.97)
5. Lisa Moats, 1986 ..... 19-6 (5.95)
6. Tammilee Kerr, 2008 ..... 19-4 1/4 (5.90)
7. Yolanda Hobbs, 1993 ..... 19-2 1/2 (5.85)
8. **Sarah Ryan, 2013..... 18-11 3/4 (5.78)**
9. Jane Dunlevy, 1977 ..... 18-6 (5.64)
10. Ruqayya Raheem, 1997..... 18-5 1/4 (5.62)
- Tiff Pedersen, 2004 ..... 18-5 1/4 (5.62)

## Triple Jump

1. Renee White, 2008..... 43-10 3/4 (13.36)
2. Tiffany Johnson, 2007 ..... 41-8 3/4 (12.72)
3. **Carisa Leacock, 2012 ..... 40-10 1/2 (12.46)**
4. Becki Borg, 1988 ..... 40-7 1/2 (12.38)
5. Lynn McMillan, 1988..... 39-6 1/2 (12.05)
6. Lynn, 1998..... 39-0 (11.88)
7. Kacey Childs, 2001..... 37-8 (11.48)
8. Becca Franklin, 2004..... 36-10 1/2 (11.24)
9. Janna Houtz, 1984 ..... 33-10 1/2 (10.32)
10. Latoya Stiffend, 2002..... 32-6 (9.90)

## Shot Put

1. Lisa Van Steenwyk, 1992 ..... 50-8 (15.44)
2. Gail Smith, 1984 ..... 50-3 1/4 (15.32)
3. Denise Taylor, 1992 ..... 50-1 3/4 (15.28)
4. Kamesha Marshall, 2005..... 48-6 3/4 (14.80)
5. Laura Kriener, 1990..... 48-2 1/2 (14.69)
6. Jennifer Gilson, 2002..... 47-10 (14.58)
7. **Rachel Curry, 2013 ..... 47-9 1/4 (14.56)**
8. Jennifer Moon, 2000..... 47-5 1/4 (14.46)
9. Mandy Chandler, 2006 ..... 46-0 (14.02)
10. Tiffany Medenwaldt, 2010 .. 45-11 3/4 (14.01)

## Discus

1. **Majesty Tutson, 2013 ..... 181-1 (55.19)**
2. Tiffany Medenwaldt, 2010 ..... 161-3 (49.16)
3. Denise Taylor, 1992 ..... 160-5 (48.90)
4. Lisa Van Steenwyk, 1991 ..... 159-1 (48.50)
5. Gail Smith, 1983..... 158-2 (48.22)
6. **Ashlyn Gulvas, 2011..... 154-11 (47.23)**
7. **Courtney Fritz, 2012 ..... 154-1 (46.96)**
8. Kamesha Marshall, 2005..... 152-11 (46.62)
9. Jennifer Moon, 2000..... 150-8 (45.92)
10. Laura Kriener, 1989..... 150-3 (45.80)

## Hammer Throw

1. **Jasmine Simpson, 2013 ..... 197-7 (60.23)**
2. Becca Franklin, 2007 ..... 195-0 (59.45)
3. **Ashlyn Gulvas, 2013..... 189-6 (57.76)**
4. **Annemie Smith, 2013 ..... 188-7 (57.49)**
5. Kelsey Taylor, 2011..... 177-0 (53.95)
6. Tiffany Medenwaldt, 2010 ..... 171-11 (52.40)
7. Erin O'Hern, 2008..... 168-9 (51.45)
8. **Chelsea Colpitts, 2013 ..... 162-5 (49.51)**
9. Kerri Blackstone, 1999 ..... 161-10 (49.32)
10. **Majesty Tutson, 2013 ..... 161-5 (49.20)**

## Javelin

1. Alana Redfern, 2003..... 181-5 (55.30)
2. Tammilee Kerr, 2008 ..... 163-5 (49.81)
3. Mandy Beck, 1999..... 153-4 (46.74)
4. Terri Soldan, 1983 ..... 152-6 1/4 (46.48)
5. Shani Renning, 1990 ..... 152-3 (46.40)
6. Clara Simon, 1981 ..... 149-9 (45.64)
7. Janet Adams, 1984..... 148-7 (45.28)
8. **Amanda Stahle, 2012..... 141-5 (43.10)**
9. Mickey Schoborg, 1985 ..... 137-5 1/4 (41.88)
10. **Allison Gattone, 2013 ..... 138-8 (42.27)**

# OUTDOOR ALL-TIME TOP 10 PERFORMERS

## 400-Meter Relay

1.	Poole, Reid, Floyd, Hobbs, 1994	44.63
2.	Charles, Williams, Providence, James, 2003	44.71
3.	Floyd, Hobbs, Poole, Reid, 1994	44.80
4.	Fouchè, Williams, Providence, James, 2003	45.02
5.	Alexander, Granger, Johnson, Roach, 2006	45.11
6.	Johnson, Roach, Clarke, Trusty, 2007	45.21
7.	Johnson, Alexander, Granger, Roach, 2005	45.30
8.	Granger, Johnson, Alexander, Roach, 2005	45.39
9.	Jones, <b>R. Moore</b> , Liverpool, Simonson, 2012	45.45
10.	Underwood, Reid, Philip, Hobbs, 1995	45.50
	Boatright, Bynoe, Providence, Prendergast, 2000	45.50

## Shuttle Hurdle Relay

1.	Prendergast, Cole, Raheem, Ruen, 1998	56.44
2.	Cole, Prendergast, Raheem, Ruen, 1998	56.54
3.	Raheem, Prendergast, Cole, Ruen, 1998	57.53

## 800-Meter Relay

1.	Hobbs, Reid, Floyd, Poole, 1994	1:35.69
2.	Roach, McCalla, Alexander, Johnson, 2006	1:36.19
3.	Williams, Charles, Fouchè, Providence, 2003	1:37.49
4.	Herrmann, McCalla, Raymond, Roach, 2004	1:37.66
5.	Charles, Dixon, Knight, Prendergast, 2002	1:38.15
6.	Trusty, Hendricks, Graham, Erickson, 2009	1:38.79
7.	Prendergast, Dixon, Knight, Providence, 2001	1:38.73
8.	Dixon, Knight, Prendergast, Providence, 2001	1:38.93
9.	Dixon, Providence, Knight, Charles, 2001	1:39.68
10.	Underwood, Bynoe, Raheem, Wynter, 1997	1:39.72

## 1,600-Meter Relay

1.	Praska, Hendricks, Liverpool, Erickson, 2011	3:35.93
2.	Hume, Charles, Steffen, Williams, 2003	3:36.26
3.	Praska, Hendricks, Erickson, Liverpool, 2011	3:36.51
4.	Simonson, Liverpool, Erickson, Sack, 2012	3:37.57
5.	McCalla, Granger, Alexander, Johnson, 2006	3:38.36
6.	Simonson, Liverpool, Quinn, Erickson, 2012	3:38.49
7.	Liverpool, Jones, Erickson, Quinn, 2012	3:38.68
8.	Alexander, Graham, Jones, M. Mims, 2007	3:39.36
9.	Jones, Alexander, Johnson, M. Mims, 2007	3:39.64
10.	McCalla, Alexander, Sheeley, Hume, 2005	3:39.67

## Sprint Medley Relay

1.	Jones, Hendricks, Liverpool, Praska, 2011	3:48.63
2.	<b>Kwaza, R. Moore, Holder, Alexia, 2013</b>	<b>3:54.51</b>
3.	Trusty, <b>R. Moore</b> , Hendricks, Praska, 2010	3:56.53
4.	Reid, Philip, Hobbs, Benning, 1995	3:56.54
5.	Roach, Alexander, McCalla, Stanley, 2005	3:56.99
6.	<b>Kwaza, R. Moore, Alexia, Nelson, 2013</b>	<b>3:58.72</b>
7.	Clarke, Graham, Jones, Poncé, 2007	3:59.34
8.	Underwood, Clarke, Philip, Benning, 1995	3:59.75
9.	Jones, <b>R. Moore</b> , Erickson, <b>Alexia</b> , 2012	4:00.19
10.	2005	4:00.26

## 3,200-Meter Relay

1.	Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987	8:46.45
2.	Lahann, Stanley, Hume, Barber, 2004	8:48.87
3.	Schneckloth, Roberts, Hawkins, Kruckeberg, 1989	8:49.38
4.	Flood, Dlhly, L. Hardesty, Docherty, 2009	8:53.91
5.	Armstrong, Stanley, Laney, Hume, 2005	8:54.27
6.	O'Brien, Camarigg, Williams, Stormo, 1981	8:54.36
7.	Flood, Melander, Praska, Hardesty, 2010	8:54.45
8.	Drapcho, Schlader, Williams, Stormo, 1980	8:56.14
9.	Drapcho, Mitchell, Schlader, Stormo, 1979	8:57.24
10.	Lahann, Hume, Thompson, Barber, 2003	9:02.58

## Distance Medley Relay

1.	Hoskins, Powell, Schneckloth, Kruckeberg, 1989	11:22.18
2.	Armstrong, Alexander, Poncé, Stanley, 2007	11:25.05
3.	Stanley, McCalla, Hume, Armstrong, 2005	11:34.04
4.	Barber, Williams, Hume, Arens, 2004	11:34.56
5.	Thompson, Williams, Hume, Arens, 2003	11:39.02
6.	2000	11:39.83
7.	<b>Schrulle, Erickson, Placzek, Eilers, 2012</b>	<b>11:40.57</b>
8.	Davenport, xx, xx, xx, 1981	11:41.44
9.	Pare, Grant, Benning, Gilchrist, 1997	11:41.92
10.	Dlhly, Erickson, Docherty, Anderson, 2010	11:43.06

## 6,400-Meter Relay

1.	Flood, Melander, A. Hardesty, L. Hardesty, 2010	19:05.63
2.	Nukuri, Marchand, Henize, Armstrong, 2008	19:15.42
3.	Flood, Laesch, <b>Ranegar</b> , Melander, 2012	19:16.73
4.	Flood, <b>Eilers</b> , Melander, L. Hardesty, 2011	19:17.52
5.	Flood, Melander, A. Hardesty, <b>Eilers</b> , 2009	19:36.43
6.	<b>Scott, Gordon, Schrulle, Gambrell, 2013</b>	<b>19:41.15</b>
7.	Chapple, Laney, Donlon, Sokol, 2005	20:39.12
8.	Arens, Barber, Butler, Roberts, 2001	20:40.89
9.	Benning, Boland, Fleck, Coleman, 1995	20:43.07
10.	Arens, Sokol, Barber, Donlon, 2003	20:48.08

**2013 NCAA DIVISION I OUTDOOR TRACK AND FIELD CHAMPIONSHIP**

*Times listed are Pacific Time Zone.*

**WEDNESDAY, JUNE 5**

Time	Track Event	Division	Round
4:00 PM	4x100 Relay	Women	Semifinal
4:15 PM	4x100 Relay	Men	Semifinal
4:30 PM	800 Meters	Women	Semifinal
4:45 PM	800 Meters	Men	Semifinal
5:00 PM	400 Meters	Women	Semifinal
5:15 PM	400 Meters	Men	Semifinal
5:30 PM	100 Meters	Women	Semifinal
5:45 PM	100 Meters	Men	Semifinal
6:00 PM	400 Hurdles	Women	Semifinal
6:15 PM	400 Hurdles	Men	Semifinal
6:30 PM	400 Meters	Men	Decathlon
6:45 PM	3000 Steeplechase	Men	Semifinal
7:10 PM	10,000 Meters	Women	Final

Time	Field Event	Division	Round
1:30 PM	Hammer	Women	Trials/Final
4:00 PM	Pole Vault	Men	Final
4:15 PM	Long Jump	Women	Trials/Final
5:15 PM	Javelin	Women	Trials/Final
5:30 PM	Shot Put	Men	Trials/Final

**Combined Event**

The combined events will be on a rolling schedule with 30 minutes between each event. Decathlon will begin at Noon with the 100 meters.

**THURSDAY, JUNE 6**

Time	Track Event	Division	Round
4:00 PM	200 Meters	Women	Semifinal
4:15 PM	200 Meters	Men	Semifinal
4:30 PM	1500 Meters	Women	Semifinal
4:45 PM	1500 Meters	Men	Semifinal
5:05 PM	100 Hurdles	Women	Semifinal
5:20 PM	110 Hurdles	Men	Semifinal
5:35 PM	3000 Steeplechase	Women	Semifinal
6:05 PM	200 Meters	Women	Heptathlon
6:20 PM	4x400 Relay	Women	Semifinal
6:40 PM	4x400 Relay	Men	Semifinal
7:00 PM	1500 Meters	Men	Decathlon
7:15 PM	10,000 Meters	Men	Final

Time	Field Event	Division	Round
1:30 PM	Hammer	Men	Trials/Final
2:00 PM	Discus	Women	Trials/Final
4:30 PM	Long Jump	Men	Trials/Final

**Combined Event**

The combined events will be on a rolling schedule with 30 minutes between each event. Decathlon will begin at 11:00 a.m. with the 110 hurdles and the Heptathlon at 1:00 p.m. with the 110 hurdles.

**FRIDAY, JUNE 7**

Time	Track Event	Division	Round
4:30 PM	400 Hurdles	Women	Final
4:40 PM	400 Hurdles	Men	Final
4:50 PM	800 Meters	Women	Heptathlon
5:00 PM	100 Meters	Women	Final
5:10 PM	100 Meters	Men	Final
5:20 PM	800 Meters	Women	Final
5:30 PM	800 Meters	Men	Final
5:40 PM	3000 Steeplechase	Men	Final
5:55 PM	400 Meters	Women	Final
6:05 PM	400 Meters	Men	Final
6:15 PM	5000 Meters	Women	Final

Time	Field Event	Division	Round
3:15 PM	Pole Vault	Women	Final
3:20 PM	High Jump	Men	Final
3:25 PM	Triple Jump	Women	Trials/Final
4:00 PM	Discus	Men	Trials/Final

**Combined Event**

The combined events will be on a rolling schedule with 30 minutes between each event. Heptathlon will begin at 12:30 p.m. with the long jump.

**SATURDAY, JUNE 8**

Time	Track Event	Division	Round
2:05 PM	4x100 Relay	Women	Final
2:12 PM	4x100 Relay	Men	Final
2:19 PM	1500 Meters	Women	Final
2:31 PM	1500 Meters	Men	Final
2:43 PM	200 Meters	Women	Final
2:50 PM	200 Meters	Men	Final
2:57 PM	3000 Steeplechase	Women	Final
3:09 PM	100 Hurdles	Women	Final
3:16 PM	110 Hurdles	Men	Final
3:23 PM	5000 Meters	Men	Final
3:43 PM	4x400 Relay	Women	Final
3:50 PM	4x400 Relay	Men	Final

Time	Field Event	Division	Round
12:30 PM	Triple Jump	Men	Trials/Final
12:30 PM	Javelin	Men	Trials/Final
12:45 PM	High Jump	Women	Final
1:00 PM	Shot Put	Women	Trials/Final



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DIVISION I • EUGENE, OREGON