

2013-14 IOWA WRESTLING

University of Iowa
Athletic Communications
Chris Brewer
S300 Carver-Hawkeye Arena
Iowa City, Iowa 52245

QUICK FACTS

School Information

Name: University of Iowa
Location: Iowa City, Iowa
Enrollment: 31,065
President: Sally Mason
Director of Athletics: Gary Barta
Colors: Black & Gold (PMS 116)
Nickname: Hawkeyes
Mascot: Herky the Hawk
Conference: Big Ten
Facility (Capacity): Carver-Hawkeye Arena (15,400)

Athletics Communications

Wrestling Contact: Chris Brewer
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Mailing Address: S300 Carver-Hawkeye Arena, Iowa City, IA 52242
Web Site: hawkeyesports.com

Team Information

Head Coach (Alma Mater, Yr.): Tom Brands (Iowa, 1992)
School Record (Yrs.): 131-13-1 (8th year)
Overall Record (Yrs.): 148-32-1 (10th year)
Office Phone: 319/335-9405
Office Fax: 319/353-5999
Assoc. Head Coach (Alma Mater, Yr.): Terry Brands (Iowa, 1992)
Asst. Coaches: Ryan Morningstar (Iowa, 2009), Ben Berhow (Minn. 2011)
2012-13 Record: 20-3
2012-13 Conference Record/Finish: 8-0/1st
2012-13 Conference Tournament: 3rd
2012-13 NCAA Finish: 4th
2012-13 Letterwinners Returning/Lost: 21/4
NCAA Qualifiers Returning/Lost: 7/2
All-Americans Returning/Lost: 4/0
Returning All-Americans (Wt., NCAA Finish):
Tony Ramos (133, 2nd)
Derek St. John (157, 1st)
Ethen Lofthouse (184, 5th)
Mike Evans (174, 6th)

TEAM ROSTER

Name	Wt.	Yr.	Hometown (High School/Last School)
Broc Berge	197	Fr.	Mantorville, Minn. (Kasson-Mantorville)
Artie Bess	285	*Fr.	Deerfield, Ill. (Deerfield)
Faraan Brantley	165	Fr.	Homewood, Ill. (Flossmoor)
Sammy Brooks	184	*Fr.	Oak Park, Ill. (Oak Park-River Forest)
Nathan Burak	197	So.	Colorado Springs, Colo. (Coronado)
Topher Carton	133	*Fr.	Rock Island, Ill. (Davenport Assumption)
Cory Clark	125	*Fr.	Pleasant Hill, Iowa (Southeast Polk)
Joe DuCharme	149/157	Sr.	Pagosa Springs, Colo. (Pagosa Springs)
Josh Dziejwa	141	Jr.	Yardley, Pa. (Council Rock)
Mike Evans	174	Jr.	Enola, Pa. (Blair Academy)
Jeremy Fahler	184/197	Jr.	Deerfield, Ill. (Deerfield)
Walt Gillmor	165	Jr.	Donahue, Iowa (North Scott)
Thomas Gilman	125	*Fr.	Council Bluffs, Iowa (Skutt Catholic)
Lenzell Green	285	*Fr.	St. Louis, Mo. (Hazelwood East)
Brody Grothus	149	So.	Davenport, Iowa (Assumption)
Matt Gurule	125	Jr.	Grand Junction, Colo. (Central)
Josh Haug	285	Jr.	Mt. Vernon, Iowa (Mt. Vernon)
Terrance Jean-Jacques	285	*Fr.	Haverhill, Pa. (Rutgers)
Jake Kadel	149	So.	New London, Iowa (New London)
Michael Kelly	149	Jr.	Cedar Falls, Iowa (Cedar Falls)
Kris Klapprodt	174/184	So.	Rapid City, S.D. (Stevens)
Phillip Laux	125	*Fr.	Brighton, Iowa (Iowa City West)
Tomas Lira	184/197	Sr.	Nichols, Iowa (West Liberty)
Ethen Lofthouse	184	Sr.	Avon, Utah (Mountain Crest)
Jacob Marlin	141	Fr.	Creston, Iowa (Creston)
Logan McQuillen	174	Fr.	Monticello, Iowa (Monticello)
Alex Meyer	184	*Fr.	Pleasant Hill, Iowa (Southeast Polk)
Nick Moore	165	Jr.	Iowa City, Iowa (West)
Ethan Owens	141/149	Jr.	Vansant, Va. (Grundy)
Tony Ramos	133	Sr.	Carol Stream, Ill. (Glenbard North)
Patrick Rhoads	149/157	So.	Kansas City, Mo. (Staley)
Connor Ryan	141	*Fr.	Bettendorf, Iowa (Bettendorf)
Chance Shelton	125	Fr.	Harvard, Ill. ((Harvard)
Brandon Sorensen	149	Fr.	Cedar Falls, Iowa (Denver)
Derek St. John	157	Sr.	Parnell, Iowa (Iowa City West)
Bobby Telford	285	Jr.	Hockessin, Del. (St. Mark's)
Logan Thomsen	157	Fr.	La Porte City, Iowa (Union)
Nick Trizzino	133/141	Sr.	Bettendorf, Iowa (Bettendorf)

* -- indicates redshirt freshman

IOWA WRESTLING SCHEDULE (all times CT)

NOVEMBER

16 Luther Open All Day
22 Iowa City Duals 10 AM

DECEMBER

1 at Iowa State 2 PM
5 at Edinboro 6 PM
12 Buffalo 7 PM
21 Penn State 8 PM
29-30 Midlands All Day

JANUARY

3 at Purdue 6:30 PM
5 Michigan State 7 PM
10 Oklahoma State 7 PM
12 Indiana 2 PM
17 at Nebraska 4:30 PM
25 Minnesota 1 PM
31 at Northwestern 7 PM

FEBRUARY

9 Michigan 2 PM
14 at Lehigh 6 PM
23 at Wisconsin 1 PM

MARCH

8-9 Big Ten Championships (Madison, Wisc.)
20-22 NCAA Championships (Oklahoma City)

IOWA WRESTLING ROSTERS - BY CLASS, WEIGHT

2013-14 Team Roster - By Class

SENIORS (6)

Joe DuCharme	149/159	5-9	Sr.	Pagosa Springs, Colo. (Pagosa Springs)
Tomas Lira	184/197	5-10	Sr.	Nichols, Iowa (West Liberty)
Ethen Lofthouse	184	5-9	Sr.	Avon, Utah (Mountain Crest)
Tony Ramos	133	5-4	Sr.	Carol Stream, Ill. (Glenbard North)
Derek St. John	157	6-0	Sr.	Parnell, Iowa (Iowa City West)
Nick Trizzino	133/141	5-6	Sr.	Bettendorf, Iowa (Bettendorf)

JUNIORS (10)

Josh Dziewa	141	5-6	Jr.	Yardley, Pa. (Council Rock)
Mike Evans	174	6-0	Jr.	Enola, Pa. (Blair Academy)
Jeremy Fahler	184/197	6-1	Jr.	Deerfield, Ill. (Deerfield)
Walt Gillmor	165	6-1	Jr.	Donahue, Iowa (North Scott)
Matt Gurule	125	5-5	Jr.	Grand Junction, Colo. (Central)
Josh Haug	285	6-2	Jr.	Mt. Vernon, Iowa (Mt. Vernon)
Michael Kelly	149	5-8	Jr.	Cedar Falls, Iowa (Cedar Falls)
Nick Moore	165	5-8	Jr.	Iowa City, Iowa (West)
Ethan Owens	141/149	5-7	Jr.	Vansant, Va. (Grundy)
Bobby Telford	285	6-4	Jr.	Hockessin, Del. (St. Mark's)

SOPHOMORES (5)

Brody Grothus	149	5-10	So.	Davenport, Iowa (Assumption)
Jake Kadel	149	5-8	So.	New London, Iowa (New London)
Kris Klapprodt	174/184	5-11	So.	Rapid City, S.D. (Stevens)
Patrick Rhoads	149/157	5-9	So.	Kansas City, Mo. (Staley)
Nathan Burak	197	6-1	So.	Colorado Springs, Colo. (Coronado)

REDSHIRT FRESHMEN (10)

Arite Bess	285	6-3	*Fr.	Deerfield, Ill. (Deerfield)
Sammy Brooks	184	6-0	*Fr.	Oak Park, Ill. (Oak Park-River Forest)
Topher Carton	133	5-5	*Fr.	Rock Island, Ill. (Davenport Assumption)
Cory Clark	125	5-6	*Fr.	Pleasant Hill, Iowa (SE Polk)
Thomas Gilman	125	5-5	*Fr.	Council Bluffs, Iowa (Skutt Catholic)
Lenzell Green	285	5-10	*Fr.	St. Louis, Mo. (Hazelwood East)
Terrance Jean-Jacques	285	6-1	*Fr.	Haverhill, Pa. (Rutgers)
Phillip Laux	125	5-8	*Fr.	Brighton, Iowa (Iowa City West)
Alex Meyer	184	6-0	*Fr.	Pleasant Hill, Iowa (SE Polk)
Connor Ryan	141	5-10	*Fr.	Bettendorf, Iowa (Bettendorf)

FRESHMEN (7)

Broc Berge	197	6-0	Fr.	Mantorville, Minn. (Kasson-Mantorville)
Faraan Brantley	165	6-0	Fr.	Homewood, Ill. (Flossmoor)
Jacob Marlin	141	5-4	Fr.	Creston, Iowa (Creston)
Logan McQuillen	174	5-11	Fr.	Monticello, Iowa (Monticello)
Chance Shelton	125	5-10	Fr.	Harvard, Ill. ((Harvard))
Brandon Sorensen	149	5-8	Fr.	Cedar Falls, Iowa (Denver)
Logan Thomsen	157	5-8	Fr.	La Porte City, Iowa (Union)

-- indicates redshirt freshman

Pronunciation Guide

Broc Berge	BUR-gee
Joe DuCharme	doe-SHARM
Josh Dziewa	JEVA
Jeremy Fahler	FAYE-lur
Brody Grothus	GROW-thus
Matt Gurule	gurr-LAY
Josh Haug	HAYG
Terrance Jean-Jacques	JOAN-Jax
Jake Kadel	KAY-dull
Kris Klapprodt	CLAP-rod
Phillip Laux	LAUX
Tomas Lira	TOE-mahs
Nick Trizzino	Trih-ZEE-no

Weight-By-Weight Breakdown

125	165
Cory Clark	Faraan Brantley
Thomas Gilman	Walt Gillmor
Matt Gurule	Nick Moore
Phillip Laux	
Chance Shelton	174
	Mike Evans
133	Kris Klapprodt
Topher Carton	Logan McQuillen
Tony Ramos	
Nick Trizzino	184
	Sammy Brooks
141	Jeremy Fahler
Josh Dziewa	Kris Klapprodt
Jacob Marlin	Ethen Lofthouse
Ethan Owens	Tomas Lira
Connor Ryan	Alex Meyer
Nick Trizzino	
	197
149	Broc Berge
Joe DuCharme	Nathan Burak
Brody Grothus	Jeremy Fahler
Jake Kadel	Tomas Lira
Michael Kelly	
Ethan Owens	285
Patrick Rhoads	Artie Bess
Brandon Sorensen	Lenzell Green
	Josh Haug
157	Terrance Jean-Jacques
Joe DuCharme	Bobby Telford
Patrick Rhoads	
Derek St. John	
Logan Thomsen	

IOWA WRESTLING TEAM/INDIVIDUAL RANKINGS

PRESEASON TEAM RANKINGS

**NWCA/USA Today/AWN
Division I Coaches Poll
(11/2/13)**

Rank	Team	Points
1	Penn State (7)	397
2	Minnesota (3)	392
3	Oklahoma State	379
4	IOWA	371
5	Oklahoma	357
6	Cornell	333
7	Illinois	324
8	Virginia Tech	302
9	Edinboro	296
10	Ohio State	291
11	Oregon State	287
12	Nebraska	286
13	Missouri	278
14	Virginia	274
15	Pittsburgh	271
16	Iowa State	264
17	Bloomsburg	216
18	Northern Iowa	207
19	Michigan	205
20	Wisconsin	200
21	Northwestern	196
22	Lehigh	162
23	Purdue	113
24	Central Michigan	104
25	Maryland	98

Others receiving votes: Old Dominion 77, Ohio 71, North Carolina 61, Boise State 49, Stanford 49, Penn, 32, Wyoming 22, North Dakota State 19, Arizona State 17.

INTERMAT (as of 10/8/13)

Wt.	Name	Yr.	Rank
125	Cory Clark	Fr.	4
133	Tony Ramos	Sr.	1
141	Josh Dziewa	Jr.	15
157	Derek St. John	Sr.	1
165	Nick Moore	Jr.	8
174	Mike Evans	Jr.	6
184	Ethen Lofthouse	Sr.	2
197	Nathan Burak	So.	11
285	Bobby Telford	Jr.	4

AMATEUR WRESTLING NEWS (as of 11/6/13)

125	Cory Clark	Fr.	5
133	Tony Ramos	Sr.	1
157	Derek St. John	Sr.	1
165	Nick Moore	Jr.	10
174	Mike Evans	Jr.	6
184	Ethen Lofthouse	Sr.	2
197	Nathan Burak	So.	8
285	Bobby Telford	Jr.	4

WIN MAGAZINE (as of 9/30/13)

Wt.	Name	Yr.	Rank
133	Tony Ramos	Sr.	1
141	Josh Dziewa	Jr.	15
149	Michael Kelly	Jr.	15
157	Derek St. John	Sr.	1
165	Nick Moore	Jr.	8
174	Mike Evans	Jr.	6
184	Ethen Lofthouse	Sr.	2
197	Nathan Burak	So.	10
285	Bobby Telford	Jr.	3

IOWA WRESTLING

2012-13 LEADERS, DUAL RESULTS

2012-13 Top Five Statistical Rankings

Overall Wins

1. Derek St. John (157).....	31
2. Tony Ramos (133).....	30
3. Kris Klapprodt (174).....	23
4. Mark Ballweg (141).....	23
Mike Evans (174).....	23
6. Matt McDonough (125).....	22
Ethen Lofthouse (184).....	22

Overall Winning Percentage

1. Derek St. John (157).....	.939
2. Tony Ramos (133).....	.938
3. Matt McDonough (125).....	.815
4. Bobby Telford (285).....	.769
5. Mike Evans (174).....	.767
Mark Ballweg (141).....	.767
Kris Klapprodt (174).....	.767
8. Ethen Lofthouse (174).....	.710

Dual Wins

1. Tony Ramos (133).....	23
Derek St. John (157).....	22
3. Mark Ballweg (141).....	18
Matt McDonough (125).....	18
5. Mike Evans (174).....	17

Dual Winning Percentage

1. Tony Ramos (133).....	1.000
Derek St. John (157).....	1.000
3. Matt McDonough (125).....	.941
4. Mark Ballweg (141).....	.900
5. Mike Evans (174).....	.882

Big Ten Dual Wins

1. Tony Ramos (133).....	8
Derek St. John (157).....	8
3. Mark Ballweg (141).....	7
Mike Evans (174).....	7
5. Matt McDonough (125).....	6
Nick Moore (165).....	6

Big Ten Dual Winning Percentage

1. Tony Ramos (133).....	1.000
Derek St. John (157).....	1.000

Dual Meet Team Points Scored

1. Tony Ramos (133).....	114
2. Derek St. John (157).....	85
3. Matt McDonough (125).....	74
4. Bobby Telford (285).....	70
5. Mark Ballweg (141).....	69

Falls

1. Tony Ramos (133).....	14
Tomas Lira (197).....	12
3. Kris Klapprodt (174).....	8
4. Walt Gillmor (174).....	6
5. Matt McDonough (125).....	5
Josh Dziewa (141).....	5
Bobby Telford (285).....	5

Fastest Falls

1. Tomas Lira (197).....	0:19
2. Josh Haug (285).....	0:36
3. Bobby Telford (295).....	0:51
4. Kris Klapprodt (174).....	0:55
5. Nick Moore (165).....	0:56

Technical Falls

1. Derek St. John (157).....	3
2. Mike Evans (174).....	2
3. 8 tied with.....	1

Major Decisions

1. Mark Ballweg (141).....	10
Mike Evans (174).....	10
3. Tony Ramos (133).....	8
4. Derek St. John (157).....	7
5. Michael Kelly (149).....	5
Ethen Lofthouse (184).....	5

Career Dual Starts

1. Matt McDonough (125).....	77
2. Tony Ramos (133).....	53
3. Ethen Lofthouse (184).....	52
4. Derek St. John (157).....	50
5. Mark Ballweg (141).....	39

Career Wins

1. Matt McDonough (125).....	122
2. Tony Ramos (133).....	88
3. Derek St. John (157).....	76
4. Ethen Lofthouse (184).....	70
5. Grant Gambrall (184).....	62
Mark Ballweg (141).....	62

2012-13 Results

(20-3 Overall, 8-0 Big Ten)

Date	Opponent	Result
11/16	vs. Cumberland (Tenn.).....	W, 52-0
	vs. #17 Virginia.....	W, 26-12
	at Chattanooga.....	W, 37-6
11/24	SIU-Edwardsville*.....	W, 49-0
	Cornell College*.....	W, 49-3
	Iowa Central (exh.)*.....	W, 45-6
12/1	Iowa State.....	W, 32-3
12/6	#23 Lehigh.....	W, 26-9
12/16	vs. Hofstra^.....	W, 42-0
	vs. Bucknell^.....	W, 34-9
12/17	at Buffalo.....	W, 39-3
1/4	#4 Ohio State.....	W, 22-9
1/6	#21 Purdue.....	W, 29-9
1/13	at #2 Oklahoma State.....	L, 12-18
1/18	at #18 Michigan.....	W, 33-10
1/20	at Michigan State.....	W, 27-12
1/26	at #3 Minnesota.....	W, 16-15
2/1	#1 Penn State.....	W, 22-16
2/8	at #8 Illinois.....	W, 25-12
2/10	#13 Nebraska.....	W, 31-7
2/16	#15 Edinboro.....	W, 31-6
2/22	vs. #9 Cornell+.....	W, 21-16
2/23	at #4 Minnesota+.....	L, 15-22
	vs. #6 Missouri+.....	L, 16-18
3/9-10	at Big Ten Championships.....	3rd/133.5 points
3/21-23	at NCAA Championships.....	4th/73 points

*Iowa City Duals

^Grapple at the Garden

+NWCA/National Duals (Minneapolis)

2012-13 Big Ten Regular Season Standings

	Team	Big Ten		Overall	
		W-L	Pct.	W-L	Pct.
1.	IOWA	8-0	1.000	20-3	.870
2.	Penn State	7-1	.875	12-1	.923
	Minnesota	7-1	.875	16-2	.888
4.	Ohio State	5-3	.625	11-4	.733
	Purdue	5-3	.625	17-6	.739
6.	Nebraska	4-4	.500	11-6	.647
	Wisconsin	4-4	.500	7-8	.467
8.	Michigan	3-5	.375	10-7	.588
	Illinois	3-5	.375	7-6	.538
10.	Northwestern	2-6	.250	9-8	.529
11.	Indiana	0-8	.000	9-10	.474
	Michigan State	0-8	.000	4-14	.222

IOWA WRESTLING

2012-13 INDIVIDUAL RESULTS

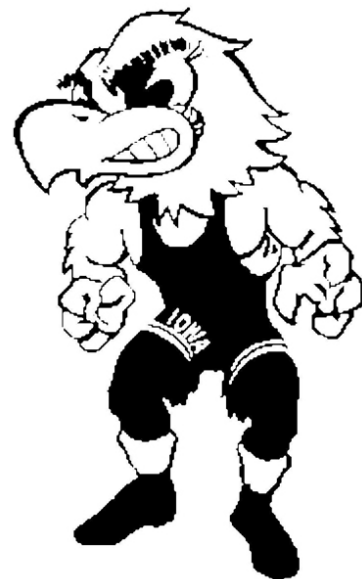
2012-13 INDIVIDUAL SEASON STATISTICS FOR ATTACHED COMPETITORS

Wrestler, Wt.	Career	2011-12	Dual	Big 10	Win	Career CHA	Career	Dual Pts.	OT	MD	TF	Pins	Fastest
	Record	Record	Record	Record	Streak	Record	Dual Starts	Scored	W-L	W-L	W-L	W-L	Fall
Matt McDonough, 125	122-9	22-5	18-2	6-1	0	36-1	77	74	1-2	4-0	1-0	5-0	1:17
Matt Gurule, 125	18-9	6-4	2-1	0-1	0	0-1	3	6	0-0	1-0	0-0	1-0	4:13
Tony Ramos, 133	88-12	30-2	23-0	8-0	0	24-0	53	114	1-1	8-0	1-0	14-0	1:33
Mark Ballweg, 141	62-23	23-7	18-4	7-1	0	13-4	39	69	1-0	10-2	1-0	2-0	2:13
Josh Dziewa, 141/149	28-7	15-4	1-0	0-0	0	1-0	2	4	0-0	3-0	0-0	5-0	2:27
Ethan Owens, 141/149	32-12	14-5	0-1	0-0	0	0-0	1	0	0-0	1-0	1-0	1-1	6:41
Nick Trizzino, 141	17-7	0-0	0-0	0-0	3	2-0	3	0	0-0	0-0	0-0	0-0	-----
Brody Grothus, 149	6-8	6-8	2-8	0-5	0	1-4	10	9	0-0	0-3	0-0	3-0	2:36
Jeret Chiri, 149	4-6	0-0	0-0	0-0	0	0-2	5	0	0-0	0-0	0-0	0-0	-----
Michael Kelly, 149	25-22	10-8	6-6	0-3	0	4-4	24	23	0-0	5-1	1-0	2-1	1:10
Patrick Rhoads, 149	3-2	3-2	0-0	0-0	0	0-0	0	0	0-0	2-0	0-1	0-0	-----
Joe DuCharme, 157	8-12	1-4	0-0	0-0	0	0-0	0	0	0-0	0-2	0-0	0-0	-----
Jake Kadel, 157	8-7	8-7	0-0	0-0	0	0-0	0	0	0-0	1-3	0-0	2-0	2:00
Derek St. John, 157	76-11	31-2	22-1	8-0	7	23-0	50	85	0-0	7-0	3-0	4-0	2:47
Joey Trizzino, 157/165	0-0	0-0	0-0	0-0	0	0-0	0	0	0-0	0-0	0-0	0-0	-----
Nick Moore, 165	30-16	18-10	15-6	6-2	0	9-3	28	60	0-0	3-1	0-2	5-0	0:56
Mike Evans, 165/174	49-15	23-7	17-3	7-1	0	16-0	38	68	1-0	10-0	2-0	2-1	2:54
Walt Gillmor, 165/174	15-11	12-7	0-0	0-0	0	0-0	1	0	0-0	4-1	0-1	6-0	2:03
Grant Gambrall, 174/184	62-31	3-5	3-5	0-2	0	12-6	36	11	1-1	0-1	1-0	0-1	-----
Kris Klapprodt, 174	23-7	23-7	0-0	0-0	0	0-0	0	0	1-1	4-1	0-0	8-0	0:55
Jeremy Fahler, 184	20-8	8-3	1-0	0-0	5	2-1	5	6	0-0	0-0	0-0	1-0	1:47
Ethen Lofthouse, 184	70-28	22-9	14-6	4-2	1	18-5	52	58	1-0	5-1	1-0	4-0	1:30
Nathan Burak, 197	20-17	20-17	7-12	4-4	0	3-5	19	23	2-2	4-1	1-0	2-1	2:34
Tomas Lira, 197	41-23	17-6	1-2	0-0	0	2-3	11	6	0-0	1-0	0-0	12-0	0:19
Josh Haug, 285	4-7	0-0	0-0	0-0	0	0-0	0	0	0-0	0-1	0-0	4-1	0:36
Bobby Telford, 285	49-15	20-6	16-5	4-2	3	14-3	37	70	0-2	2-0	1-0	5-0	0:51

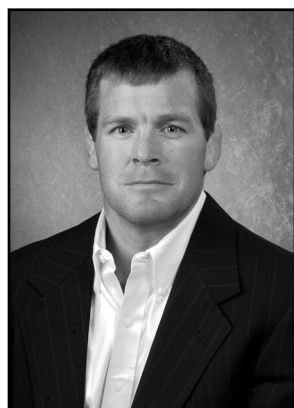
2012-13 INDIVIDUAL SEASON STATISTICS FOR UNATTACHED COMPETITORS

Wrestler, Wt.	Overall	OT	MD	TF	Pins	Fastest	Win
	Record	W-L	W-L	W-L	W-L	Fall	Streak
Cory Clark, 125	20-2	0-1	2-0	1-0	9-0	1:20	8
Thomas Gilman, 125	23-5	0-0	4-1	8-0	2-0	1:23	7
Topher Carton, 133/141	6-7	0-0	0-2	1-0	1-0	0:35	0
Connor Ryan, 141/149	10-5	0-0	0-0	0-0	3-0	1:32	0
Sammy Brooks, 184	19-9	0-1	3-0	5-1	4-0	1:39	0
Alex Meyer, 184	11-8	0-0	0-2	0-0	3-1	1:28	2
Artie Bess, 285	6-6	0-0	0-0	0-1	3-3	3:17	0

CHA - Carver-Hawkeye Arena, SV - sudden victory, TB - tiebreak, MD - major decision, TF - technical fall



IOWA WRESTLING HEAD COACH TOM BRANDS



Tom Brands Head Coach (University of Iowa, 1992)

Three-time Big Ten Coach of the Year, Tom Brands, is in his eighth season as head wrestling coach at the University of Iowa. A 1996 Olympic gold medalist and member of wrestling's Hall of Fame, Brands is only the eighth wrestling coach at the University of Iowa. The former Hawkeye wrestler was a four-time All-American and three-time national champion (1989-92) at Iowa. He has a 131-13-1 (.907) overall and 51-5 (.911) Big Ten coaching record at Iowa, and a 148-32-1 (.820) career mark.

In seven seasons as Iowa's head coach, Brands has led the Hawkeyes to three NCAA and Big Ten team titles, crowning eight NCAA champions, 10 Big Ten champions and 38 All-Americans. Iowa has honored 53 academic all-Big Ten honorees, including a school-record 12 in 2011-12. The Hawkeyes have qualified 62 wrestlers for the NCAA Championships in the last seven years, sending the entire 10-man lineup in 2009-10. Iowa has also won five of the last six Big Ten regular season titles.

During Brands' tenure, Iowa set school records for longest dual unbeaten (84) and winning streaks (69), longest dual road unbeaten (51) and winning streaks (44), most Carver-Hawkeye Arena victories (11) and most dual shutouts (8).

Iowa also made another entry in the record books, setting the national collegiate dual meet attendance record of 15,955 when it hosted Iowa State Dec. 6, 2008, at Carver-Hawkeye Arena. The previous record of 15,646 was set Feb. 1, 2002, when Minnesota hosted Iowa at the Target Center in Minneapolis. The Hawkeyes won the Iowa State dual, 20-15. Iowa has led the nation in attendance in each of Brands' six seasons, setting an NCAA all-time attendance average of 9,014 in 2011-12.

Brands was named 2008 NWCA Coach of the Year after leading the Hawkeyes to their first NCAA team title since 2000 and their first Big Ten team title since 2004. He was named Big Ten Coach of the Year in 2008, 2009 and 2010, becoming the first coach in conference history to earn the honor in three consecutive seasons.

Brands served as head coach at Virginia Tech University for two seasons (2005-06), recording a 17-20 dual mark. In his first season with the Hokies, Brands led the team to the 2005 regular season Atlantic Coast Conference title, set a school record for dual meet wins (16) and had a school-record five wrestlers qualify for the NCAA Championships. During his tenure, Virginia Tech crowned five ACC champions and had two All-Americans. Senior heavyweight Mike Faust was named 2006 ACC Wrestler of the Year.

Prior to taking the helm at Virginia Tech, Brands was an assistant coach at Iowa for 12 seasons (1993-2004). He helped the Hawkeyes to a 177-27 dual record, seven NCAA and eight Big Ten titles, while crowning 23 NCAA champions, 73 All-Americans and 36 Big Ten champions. He was named the National Wrestling Coaches Association Assistant Coach of the Year in 2000.

In 2004, he was one of three coaches for the U.S. Olympic freestyle wrestling team, participating in Athens. Brands also served as assistant coach for the 2002 and 2003 U.S. Freestyle World Teams, earning Freestyle Coach of the Year honors from USA Wrestling both years. He was also a member of the U.S. coaching staff at the 2001 World Championships, and has coached a number of other U.S. teams in international competition.

As a competitor, Brands won the 1996 Olympic freestyle gold medal at 136.5 pounds in Atlanta, GA. He also won a gold medal at the 1993 World Freestyle Championships in Toronto, two World Cup gold medals (1994, 1995) and was the 1995 Pan American Games champion. He won four U.S. National titles (1993-96) and made four straight U.S. World or Olympic teams (1993-96). Along with his twin brother, Terry, Tom was named 1993 USA Wrestling Athlete of the Year, the 1993 John Smith Outstanding Freestyle Wrestler and 1993 Amateur Wrestling News Man of the Year. He was inducted into wrestling's Hall of Fame in 2001.

Brands was a four-time All-American at Iowa (1989-92). During his Hawkeye career, he won three NCAA titles and was named Outstanding Wrestler of the 1992 NCAA Championships. Also a three-time Big Ten champion, Brands won 95 percent of his matches at Iowa. His career mark of 158-7-2, included an undefeated season in 1991 (45-0).

The Sheldon, Iowa, native was born April 9, 1968. He earned his B.S. degree in physical education from Iowa in 1992. He and his wife, Jeni, have three children, Madigan, Kinsee and Tommy.

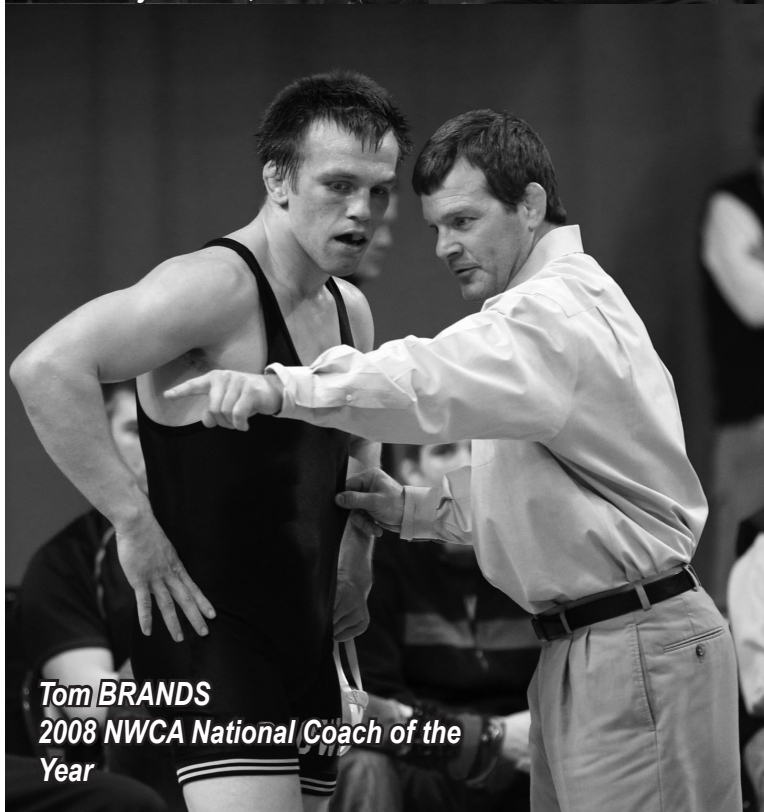
Brands At Iowa

Year	Overall Dual Record	Big Ten Dual Record	Big Ten Place	NCAA Place	Big Ten Champions	NCAA Champions	All-Americans	NCAA Qualifiers	Academic All-Big Ten
2006-07	14-5-0	5-3	3rd	8th	1	1	3	8	4
2007-08	21-1-0	8-0	1st	1st	1	2	7	9	6
2008-09	24-0-0	8-0	1st	1st	2	0	5	9	9
2009-10	23-0-0	8-0	1st	1st	2	3	8	10	5
2010-11	15-0-1	8-0	2nd	3rd	2	0	5	9	10
2011-12	14-4-0	6-2	3rd	3rd	2	1	6	8	12
2012-13	20-3-0	8-0	3rd	4th	0	1	4	9	7
Total	131-13-1	51-5			10	8	38	62	53

IOWA WRESTLING HEAD COACH TOM BRANDS



Tom BRANDS
Three-time NCAA Champion
University of Iowa, 1992



Tom BRANDS
2008 NWCA National Coach of the
Year

Tom Brands - Hawkeye Head Coach - 2006-Present

National Champions (8)

Jay Borschel (2010)
Matt McDonough (2010, 2012)
Brent Metcalf (2008, 2010)
Mark Perry (2007, 2008)
Derek St. John (2013)

All-Americans (38)

Jay Borschel (2008-10)
Daniel Dennis (2009-10)
Dan Erikson (2009-10)
Mike Evans (2013)
Charlie Falck (2007-08)
Matt Fields (2008)
Grant Gambrell (2011)
Phillip Keddy (2008-10)
Ethen Lofthouse (2012-13)
Luke Lofthouse (2011)
Eric Luedke (2007)
Montell Marion (2010-12)
Matt McDonough (2010-12)
Brent Metcalf (2008-10)
Ryan Morningstar (2009-10)
Mark Perry (2007-08)
Tony Ramos (2012-13)
Derek St. John (2011-13)
Joe Slaton (2008)
Bobby Telford (2012)

Big Ten Champions (10)

Jay Borschel (2010)
Dan Erikson (2009-10)
Matt McDonough (2011-12)
Brent Metcalf (2008-09)
Mark Perry (2007)
Blake Rasing (2011)
Derek St. John (2012)

Academic All-Big Ten (53)

Jacob Ballweg (2012)
Matt Ballweg (2008-11)
Jay Borschel (2008-09-10)
Tyler Clark (2011-12)
Joe DuCharme (2011-13)
Josh Dziewa (2012-13)
Mike Evans (2013)
Jeremy Fahler (2012)
Matt Fields (2008)
Josh Haug (2012-13)
Brody Grothus (2013)
Alex Grunder (2007)
Michael Kelly (2012)
Kris Klapprodt (2013)
Nick Kolegraff (2009)
J.J. Krutsinger (2009-12)
Dan LeClere (2008-09-10)
T.H. Leet (2008-09)
Tomas Lira (2011-12)
Luke Lofthouse (2011)
Eric Luedke (2007)
Lucas Magnani (2007)
Matt McDonough (2012-13)
Brent Metcalf (2008-10)
Joe Moore (2009-11)
Blake Rasing (2009-12)
Ethan Sebert (2009-10-11)
Bobby Telford (2012)
Joe Uker (2007)
Vinnie Wagner (2011)

Tom Brands - Hawkeye Wrestler - 1989-92

- Won gold medal at 1996 Olympics
- Four-time All-American
- Three-time NCAA Champion
- Three-time Big Ten Champion
- Outstanding Wrestler at 1992 NCAA Championships
- Career record was 158-7-2 at 126 and 134 pounds
- Holds school record for best season winning percentage (100.0 in 1991 and 1992) with 12 other Hawkeyes
- Ranks second (to Barry Davis) in school history in season wins (45, 1991) and career wins (158)
- Ranks third in career winning percentage (.952), seventh in career pins (46) and eighth in season wins (41, 1992) in school history

IOWA WRESTLING RETURNING NCAA QUALIFIERS



Tony Ramos

133 Pounds - Senior - Carol Stream, Ill. - Glenbard North High School

- Ranked #1 by Intermat, *Amateur Wrestling News*, and *W.I.N. Magazine*
- Placed runner-up at 2013 Big Ten and 2013 NCAA Championships (133 pounds)
- Earned All-America honors with a third place finish at 2012 NCAA Championships (133 pounds)
- Runner-up at 2012 Big Ten Championships (133 pounds)
- Scored a team-high 114 points in dual meets, posting a 23-0 record and a team-high 14 pins
- Placed second at 2012 Midlands
- Three-time NCAA qualifier

Ramos' Career Record

Year	Overall Record	Dual Record	Big Ten Record	Dual Pts. Scored	Big Ten Place	NCAA Place	OT W-L	MD W/L	TF W/L	Pins W/L	Fastest Pin
2010-11	25-6	12-0	8-0	47	3rd	--	1-2	6/0	3/0	2/0	2:00
2011-12	33-4	17-1	7-1	74	2nd	3rd	2-1	5/0	7/0	8/0	2:12
2012-13	30-2	23-0	8-0	114	2nd	2nd	1-1	8-0	1-0	14-0	1:33
Career	88-12	52-1	23-1	235			4-4	19-0	11-0	24-0	1:33



Derek St. John

157 Pounds - Senior - Parnell, Iowa - Iowa City West High School

- Ranked #1 by Intermat, *Amateur Wrestling News* and *W.I.N. Magazine*
- 2013 NCAA Champion (157 pounds)
- Placed third at 2013 Big Ten Championships (157 pounds)
- 2013 Mike Howard Most Valuable Wrestler
- Runner-up at 2012 NCAA Championships (157 pounds)
- 2012 Big Ten champion, won title as No. 6 seed, defeated No. 1, 2 & 3 seeds en route to title
- Three-time NCAA qualifier, three-time All-American
- Earned Mike J. McGivern Award for most courageous wrestler in 2012 and 2013

St. John's Career Record

Year	Overall Record	Dual Record	Big 10 Dual Record	Dual Pts. Scored	Big 10 Place	NCAA Place	OT W-L	MD W/L	TF W/L	Pins W/L	Fastest Pin
2010-11	24-6	15-1	7-1	55	2nd	4th	0-0	5/2	0/0	3/1	2:05
2011-12	21-3	9-2	2-1	37	1st	2nd	3-0	4/1	3/0	2/0	3:14
2012-13	31-2	22-1	8-0	85	3rd	1st	0-0	7-0	3-0	4-0	2:47
Career	76-11	46-4	17-2	177			3-0	16-3	6-0	9-1	2:05



Nick Moore

165 Pounds - Junior - Iowa City, Iowa - Iowa City West High School

- Ranked #8 by Intermat and *W.I.N. Magazine*, and #10 by *Amateur Wrestling News*
- Placed fourth at 2013 Big Ten Championships, earning his first berth to the NCAA Tournament (165 pounds)
- Named Most Improved Wrestler
- Named Big Ten Wrestler of the Week on Jan. 29
- No. 10 seed at 2013 NCAA Championships (165 pounds)

Evan's Career Record

Year	Overall Record	Dual Record	Big 10 Dual Record	Dual Pts. Scored	Big 10 Place	NCAA Place	OT W-L	MD W/L	TF W/L	Pins W/L	Fastest Pin
2011-12	12-7	3-4	2-3	10	--	--	0-0	4-1	0-0	3-2	0:40
2012-13	18-10	15-6	6-2	60	4th	--	0-0	3-1	0-2	5-0	0:56
Career	30-17	18-10	8-5	70			0-0	7-2	0-2	8-2	0:40



Mike Evans

174 Pounds - Junior - Enola, Pa. - Blair Academy

- Ranked #6 by Intermat, *Amateur Wrestling News* and *W.I.N. Magazine*
- Earned All-America honors following sixth-place finish at 2013 NCAA Championships (174 pounds)
- Runner-up at 2013 Big Ten Championships (174 pounds)
- 10 major decisions in 2013 ranked second on the team
- Runner-up at 2012 Big Ten Championships (165 pounds)
- Two-time NCAA qualifier

Evans's Career Record

Year	Overall Record	Dual Record	Big 10 Dual Record	Dual Pts. Scored	Big 10 Place	NCAA Place	OT W-L	MD W/L	TF W/L	Pins W/L	Fastest Pin
2011-12	26-8	14-4	6-2	61	2nd	--	0-1	5/3	3/0	7/0	1:10
2012-13	23-7	17-3	7-1	68	2nd	6th	1-0	10-0	2-0	2-1	2:54
Career	49-15	31-7	13-3	129			1-1	15-3	5-0	9-1	1:10



Ethen Lofthouse

184 Pounds - Senior - Avon, Utah - Mountain Crest High School

- Ranked #2 by Intermat, *Amateur Wrestling News* and *W.I.N. Magazine*
- Two-time All-American
- Placed fifth at 2013 NCAA Championships (184 pounds)
- Placed third at 2013 Big Ten Championships (184 pounds)
- Placed seventh at 2012 NCAA Championships (174 pounds)
- Placed third at 2012 Big Ten Championships (174 pounds)
- Three-time NCAA qualifier (174 pounds in 2011-12, 184 pounds in 2013)

Lofthouse's Career Record

Year	Overall Record	Dual Record	Big Ten Dual Record	Dual Pts. Scored	Big Ten Place	NCAA Place	OT W-L	MD W/L	TF W/L	Pins W/L	Fastest Pin
2010-11	20-10	10-5	3-4	40	3rd	--	0-0	5/1	1/0	2/0	0:52
2011-12	28-9	13-4	5-2	53	3rd	7th	0-2	3/1	3/0	4/0	1:06
2012-13	22-9	14-6	4-2	58	3rd	5th	1-0	5-1	1-0	4-0	1:30
Career	70-28	37-15	12-8	151			1-2	13-3	5-0	10-0	0:52



Nathan Burak

197 Pounds - Sophomore - Colorado Springs, Colo. - Coronado High School

- Ranked #8 by *Amateur Wrestling News*, #10 by *W.I.N. Magazine*, and #11 by Intermat
- Advanced to the round of 12 at the 2013 NCAA Championships (197 pounds)
- Placed fourth at 2013 Big Ten Championships (197 pounds), earning his first NCAA Tournament berth
- Placed third at Lindenwood Open
- Named Most Improved Wrestler

Burak's Career Record

Year	Overall Record	Dual Record	Big Ten Dual Record	Dual Pts. Scored	Big Ten Place	NCAA Place	OT W-L	MD W/L	TF W/L	Pins W/L	Fastest Pin
2012-13	22-9	14-6	4-2	58	3rd	5th	1-0	5-1	1-0	4-0	1:30



Bobby Telford

285 Pounds - Junior - Hockessin, Del. - St. Mark's High School

- Ranked #3 by *W.I.N. Magazine*, and #4 by Intermat and *Amateur Wrestling News*
- injury default after opening round win at 2013 NCAA Championships (285 pounds)
- Earned #6 seed at 2013 NCAA Championships (285 pounds)
- Placed third at 2013 Big Ten Championships (285 pounds)
- Placed fifth at 2012 NCAA Championships (285) to earn All-America honors
- Two-time NCAA qualifier

Telford's Career Record

Year	Overall Record	Dual Record	Big 10 Dual Record	Dual Pts. Scored	Big 10 Place	NCAA Place	OT W-L	MD W/L	TF W/L	Pins W/L	Fastest Pin
2011-12	29-9	9-5	2-2	36	2nd	5th	1-2	2/1	1/0	9/0	0:23
2012-13	20-6	16-5	4-2	70	3rd	--	0-2	2-0	1-0	5-0	0:51
Career	49-15	25-10	6-4	106			1-4	4-1	2-0	14-0	0:23

IOWA WRESTLING

NOVEMBER 7, 2013



UNIVERSITY OF IOWA
ATHLETIC COMMUNICATIONS

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23 NATIONAL TITLES • 34 BIG TEN TITLES • 80 NCAA INDIVIDUAL TITLES • 190 BIG TEN INDIVIDUAL TITLES • 301 ALL-AMERICA HONORS

HAWKEYE WRESTLING HISTORY

Iowa's overall dual meet record is 926-222-31 (.799) in 103 seasons. The Hawkeyes have won 23 national titles and 34 Big Ten titles. Iowa's 52 NCAA Champions have won a total of 80 NCAA individual titles, crowning six three-time and 16 two-time champions. The Hawkeyes' 105 Big Ten champions have won a total of 190 conference titles. There have been seven four-time, 18 three-time and 28 two-time Iowa winners. Iowa's 148 All-Americans have earned All-America status 301 times, including 17 four-time, 32 three-time and 38 two-time honorees.

ALL-AMERICAN STREAK

The Hawkeyes have crowned at least one All-American every year since 1972, a span of 42 seasons. Iowa has totaled 255 All-America honors during that stretch. The Hawkeyes return five All-Americans to this year's squad. Tony Ramos (2nd-133), Derek St. John (1st-157), Mike Evans (6th-174) and Ethen Lofthouse (5th-184) join 2012 All-American Bobby Telford (5th-285) in the 2013-14 lineup.

40 YEARS OF DOMINANCE

Since 1974, only seven schools have captured the NCAA Championship. During that 40-year span, the Hawkeyes have won 23 team titles, including nine straight from 1978-86. The other schools include Oklahoma State (7), Minnesota (3), Penn State (3), Iowa State (2), Arizona State (1) and Oklahoma (1).

MEDIA CREDENTIALS

Please submit your requests for press credentials to Chris Brewer at 319-335-9267 or christopher-brewer@hawkeyesports.com. Include your name and the mailing address of your media outlet, and the names of the staff members who need credentials. Media will be issued a separate parking pass for Lot 40 (located east of Carver-Hawkeye Arena -- commonly referred to as the dental lot).

MEDIA AVAILABILITY

Coaches and wrestlers will be available Tuesdays at 3 p.m. inside the Dan Gable Wrestling Complex. Coach Brands will address the media at 3 p.m., wrestlers will follow. Please enter through the North Entrance and take the stairs or elevator to the second level. Proceed down the long hall across from the practice gym and through the double doors into the Dan Gable Wrestling Complex. **Please submit your student-athlete requests via email to Chris Brewer before 2 p.m. Monday.** Media availability is subject to change, depending on academic and athletic schedules.

IOWA ON THE AIR

Beginning, Nov. 22, Iowa wrestling events will be broadcast by KXIC and streamed online at Hawkeye All-Access throughout the 2013-14 season. Steven Grace and Mark Ironside will call the action for Hawkeye Sports Properties, a property of Learfield Sports.

2013-14 SCHEDULE

Ten of Iowa's 17 dual opponents are ranked in the top 25 of the pre-season NWCA/USA Today/AWN Division I Coaches Poll. They include Penn State (1), Minnesota (2), Oklahoma State (3), Edinboro (9), Nebraska (12), Iowa State (16), Michigan (19), Wisconsin (20), Northwestern (21), and Purdue (23). Iowa's schedule includes two regular season tournaments, 17 duals, eight home dates and two postseason events -- Big Ten Championships (Mar. 8-9), and NCAA Championships (Mar. 20-22).

NCAA EXPERIENCE

The Hawkeyes return seven wrestlers with NCAA Championships experience. Senior Derek St. John (157) is the defending national champion at 157 pounds and a three-time All-American. Seniors Ethen Lofthouse (184) and Tony Ramos (133) are three-time NCAA qualifiers and two-time All-Americans. Juniors Mike Evans (174) and Bobby Telford (285) are two-time NCAA qualifiers. Telford earned All-America honors in 2012, while Evans earned All-America honors in 2013. Junior Nick Moore (165), and sophomore Nathan Burak (197) both qualified for their first NCAA Championships in 2013.

ATTENDANCE LEADERS AT IT AGAIN

The seventh-largest dual crowd in NCAA history saw Iowa defeat top-ranked Penn State on Friday, Feb. 1, 2013. The Hawkeyes drew a sellout crowd of 15,077, the sixth-largest wrestling crowd in Carver-Hawkeye Arena history.

In seven home dates last season, Iowa averaged 8,764 fans per dual. It marked the fifth straight year Iowa averaged over 8,000 fans, and the seventh straight season the Hawkeyes led the nation in attendance. The dual wrestling attendance record for Carver-Hawkeye Arena is 15,955, set when Iowa defeated Iowa State (20-15) on Dec. 6, 2008.

TICKET INFORMATION

Season and single-meet tickets are now available for purchase on hawkeyesports.com. Season tickets for nine home duals (including the Iowa City Duals, but not including the Penn State dual) are available for \$85. Single-meet tickets for Iowa City Duals (11/22), Buffalo (12/12), Michigan State (1/4), Indiana (1/12) and Michigan (2/9) are \$12 for adults and \$8 for youth. Single-meet tickets to Penn State (12/21), Oklahoma State (1/10) and Minnesota (1/25) are \$15 for adults and \$8 for youth. Kids five-years old and younger are admitted free to all wrestling events, but everyone entering the arena must have a ticket.