

# THE UNIVERSITY OF IOWA



## HAWKEYE TRACK & FIELD



TRACK CONTACTS: STEPHANIE DITTMER

March 28, 2011

### 2010-11 IOWA TRACK & FIELD INDOOR SCHEDULE

Date	Meet
Mar. 25-26	Stanford (W) Stanford, CA
April 1-2	LSU Invite Baton Rouge, LA
April 8-9	Sun Angel Classic Tempe, AZ
April 15-17	Mt. SAC Relays Walnut, CA
April 23	Musco Twilight XII Iowa City, IA
April 28-30	Drake Relays Des Moines, IA
May 6	Central Invite Pella, IA
May 13-15	Big Ten Championships Iowa City, IA

### IOWA COACHING STAFF

<b>Layne Anderson</b> .....	Head Women's Coach
<b>Larry Wieczorek</b> .....	Head Men's Coach
<b>Scott Cappos</b> .....	Assistant Coach Men's and Women's Throws
<b>Clive Roberts</b> .....	Assistant Coach Horizontal jumps, women's short sprints, hurdles, relays
<b>Christi Smith</b> .....	Assistant Coach Combined events, vertical jumps
<b>Joey Woody</b> .....	Assistant Coach Men's sprints, short hurdles and relays women's long sprints and hurdles

#### THIS WEEK

The University of Iowa track and field team travels to Baton Rouge, La., to compete in the LSU Invite Saturday. The invite will be held at the Bernie Moore Stadium.

#### IOWA WOMEN RUN AT STANFORD

The women's track team sent competitors to the Stanford Invite last weekend. Junior Betsy Flood was the top Iowa performer of the weekend, posting a time of 16:16.41 in the women's 5,000 meter run.

Junior Danielle Berndt was the lone Hawkeye to run the 3k steeplechase. The Bloomington, Minn., native posted a career best time of 10:51.21 to take seventh place in the race.

Junior Brooke Eilers paced the Hawkeyes in the 5,000 meter run. Eilers crossed the finish line in 16:29.47 to place fourth in the event and etch her name into the top-performers list at eighth. McKenzie Melander, an All-American miler, posted a time of 16:30.63, a career best time and the ninth best performance in Iowa history.

#### OUTDOOR SEASON AT A GLANCE

The Hawkeyes will compete in seven meets prior to the Big Ten Championships, including the Drake Relays in Des Moines, Iowa, April 28-30.

Iowa is set to host the Musco Twilight XII meet April 23. The event will take place at the Francis X. Cretzmeyer Track.

The Hawkeyes will also be hosting the 2011 Big Ten Outdoor Championships. The three day event will begin Friday, May 13 and continue through Sunday, May 15.

Fans can stay up to date on all the championship information throughout the outdoor season by visiting the championship central site on [hawkeyesports.com](http://hawkeyesports.com).

#### LAYNE ANDERSON

Layne Anderson is in his third year as head coach of the University of Iowa women's track and field team. He has served as the Hawkeyes' head women's cross country coach for the past seven seasons, and was the interim head women's track and field coach in 2008.

From 2003-07, he served as an assistant women's track and field coach for the Hawkeyes.

#### LARRY WIECZOREK

Larry Wieczorek is in his 24th season as head men's cross country coach and his 15th season as head men's track and field coach at the University of Iowa. He served as an assistant track and field coach for 12 years before taking the helm in 1997.

Last season, Wieczorek guided 28 qualifiers, made up of 20 student-athletes competing in 13 individual events and two relays, to the NCAA Outdoor Championships.

#### INDOOR NCAA CHAMPIONSHIPS

The men's and women's track and field teams had exceptional indoor seasons that included 10 NCAA Championship qualifiers and All-America honorees.

The men's team placed eighth at the national championships, the highest an Iowa men's

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team has ever finished. The Hawkeyes boasted eight men among the top-10 athletes in the country. Notably, Erik Sowinski placed fourth in the men's 800 meter run and aided the 1,600-meter relay team in a fourth place finish.

The Iowa women's team was represented by school record holders Bethany Praska and McKenzie Melander. Praska placed seventh in the final run of the 800 meters and Melander finished 15th in the women's mile run.

Ten Hawkeye student-athletes earned All-America honors after their superb performances in the national spotlight.

### COMING UP

The Hawkeyes travel to Tempe, Ariz. for the Sun Angel Classic April 8-9.

### 2010-11 OUTDOOR SEASON LEADERS

MEN'S	WOMEN'S
100 meters .....	100 meters .....
110-meter hurdles.....	100-meter hurdles.....
200 meters .....	200 meters.....
400 meters .....	400 meters.....
400-meter hurdles .....	400-meter hurdles.....
800 meters .....	800 meters.....
1,500 meters .....	1,500 meters..... Lauren Hardesty..... 4:27.80
3,000 meters .....	3,000 meters.....
Steeple Chase.....	Steeple Chase..... Danielle Berndt..... 10:51.21
5,000 meters .....	5,000 meters..... Betsy Flood..... 16:16.41
10,000 meters .....	10,000 meters .....
Shot Put.....	Hammer Throw.....
Discus .....	Javelin.....
Hammer .....	Discus.....
Javelin .....	Shot Put.....
High Jump .....	Long Jump.....
Long Jump.....	High Jump.....
Triple Jump .....	Pole Vault.....
Pole Vault.....	Heptathlon.....
Decathlon .....	400-meter relay.....
400-meter relay.....	800-meter relay.....
1,600-meter relay .....	1,600-meter relay.....

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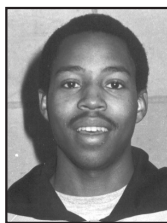
## HAWKEYE TRACK & FIELD



### TRACK CONTACTS: STEPHANIE DITTMER



Jeremy Allen



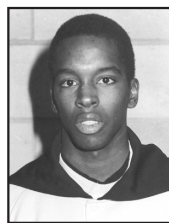
Gordon Beecham



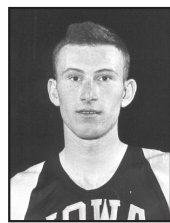
A.J. Curtis



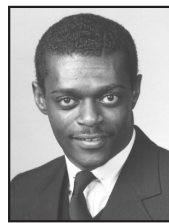
Chris Davis



Terrence Duckett



Bill Frazier



Victor Greer

#### 100 Meters

- George Page, 1996.....10.25
- Anthuan Maybank, 1994.....10.31  
Tim Dwight, 1997.....10.31
- Bob Lawson, 1976.....10.36
- Robert Smith, 1984.....10.39
- Curtis Chang, 1987.....10.40
- Jeff Patrick, 1983.....10.41  
Tim Dodge, 2002.....10.41
- Jerry Fisher, 1991.....10.45
- Andre Morris, 1996.....10.47

#### 110-Meter High Hurdles

- Pat McGhee, 1989.....13.50
- Dion Trowers, 1996.....13.62
- Ronnie McCoy, 1985.....13.66
- James Armstrong, 1991.....13.89
- Doug Jones, 1986.....14.06  
Jordan Mullen, 2010.....14.06
- Chris Williams, 1983.....14.24
- Rajeev Balkrishnan, 1993.....14.29
- Gary Falls, 1992.....14.48
- Ethan Holmes, 2010.....14.49

#### 200 Meters

- Jeff Patrick, 1983.....20.47
- Anthuan Maybank, 1994.....20.55
- Andre Morris, 1995.....20.64
- George Page, 1996.....20.67
- Terrence Duckett, 1982.....20.74
- Tim Dodge, 2002.....20.78
- Bashir Yamini, 1999.....20.82
- Dennis Kohl, 1966.....20.84
- Tim Dwight, 1997.....20.91
- Victor Greer, 1984.....20.98

#### 400 Meters

- Anthuan Maybank, 1993.....44.99
- Andre Morris, 1995.....45.15
- Mike Mondane, 1967.....45.20
- Steven Willey, 2010.....45.78
- Gary Hollingsworth.....46.30
- Harold Leonard, 1986.....46.45
- Tony Branch, 1999.....46.60
- Prince Riley, 2007.....46.61
- George Page, 1996.....46.66
- Dick Eisenlauer, 1973.....46.74  
Terrence Duckett, 1983.....46.74

#### 400-Meter Hurdles

- Pat McGhee, 1988.....48.83
- Monte Raymond, 1998.....50.09
- Ray Varner, 2010.....50.24
- Paul Steele, 1989.....50.45
- Russell Peterson, 2001.....50.50
- Adam Kunkel, 2001.....50.73
- Jon Reimer, 1967.....50.94
- Gary Falls, 1991.....51.08
- Rajeev Balkrishnan, 1993.....51.14
- Scott Williamson, 2000.....51.74

#### 800 Meters

- Bill Frazier, 1962.....\*1:47.64
- D'Juan Strozier, 1990.....1:47.82
- Erik Sowinski, 2010.....1:48.00
- Michael Layne, 1999.....1:49.61
- Bill Thiesen, 1985.....1:49.74
- Adam Hairston, 2008.....1:49.96
- Andy Wiese, 1985.....1:50.22
- Paul Chepkwony, 1984.....1:50.36
- Rod Chambers, 1989.....1:50.60
- Jim Donovan, 1998.....1:50.68

#### 1,500 Meters

- Jeff Thode, 2010.....3:43.02
- Joel Moeller, 1978.....3:44.01
- Jim Docherty, 1978.....3:44.30
- Dan Waters, 1986.....3:46.35
- Kevin Herd, 1994.....3:46.64
- John Clark, 1977.....3:46.84
- Ted Wheeler, 1956.....3:48.24
- Jesse Luciano, 2007.....3:49.99
- M. VanDenend, 2007.....3:50.20
- John Dobbs, 1985.....3:50.70

#### 3,000-Meter Steeplechase

- Deacon Jones, 1956.....8:47.40
- Steve Pershing, 1978.....8:54.59
- Andy Morris, 2000.....8:56.21
- Matt Gerard, 1994.....8:57.01
- Andy Napier, 2008.....8:57.54
- Rollie Kitt, 1967.....9:02.90
- Al Greene, 1985.....9:02.96
- Tony Rakaric, 2005.....9:03.29
- Mark Battista, 2010.....9:04.60
- Sean Gale, 1993.....9:08.00

#### 5,000 Meters

- Micah VanDenend, 2007.....13:49.31
- Larry Wiczorek, 1968.....13:56.00
- Kevin Herd, 1993.....13:59.00
- Stetson Steele, 2000.....14:02.76
- Eric MacTaggart, 2005.....14:04.79
- Dan Haut, 2006.....14:07.30
- Jesse Luciano, 2010.....14:08.71
- Matt Esche, 2006.....14:12.07
- Chase Kadlec, 2010.....14:14.45
- Jeff Kent, 2007.....14:21.05

#### 10,000 Meters

- Stetson Steele, 2000.....28:44.47
- Eric MacTaggart, 2006.....28:50.23
- Nick Nordheim, 2002.....29:44.71
- Trent Corey, 2002.....29:45.25
- Chad Schwitters, 1999.....29:56.00
- Nick Holmes, 2010.....30:02.31
- Dan Haut, 2006.....30:03.08
- Kevin Herd, 1994.....30:05.21
- Paul Sarris, 2001.....30:08.40
- Matt Esche, 2004.....30:08.82

#### Decathlon

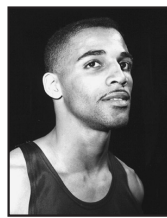
- Dan Rolling, 2010.....6,957 pts
- Scott Faber, 2000.....6,839 pts
- Ryan Niver, 2008.....6,837 pts
- Chad Ohly, 1994.....6,641 pts
- Gary Kostrubala, 1984.....6,498 pts
- Frank Prill, 2008.....6,381 pts
- Jacob Drewry, 1994.....5,820 pts

#### High Jump

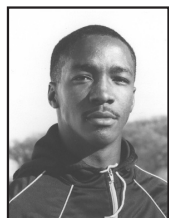
- Bill Hansen, 1978.....7-4 (2.23)
- Bill Knoedel, 1975.....7-4 (2.23)
- M. Cunningham, 1986.....7-1 (2.16)
- Kenneth Lansing, 1988.....7-1 (2.16)
- Pat Meade, 1987.....7-0 (2.13)
- Scott Huddek, 1993.....6-11 (2.11)
- Jeremy Petsche, 2008.....6-11 (2.11)
- G. Valdes, 2010.....6-11 (2.11)
- Ryan Kelly, 2008.....6-10 3/4 (2.10)
- Brandon Oest.....6-10 3/4 (2.10)



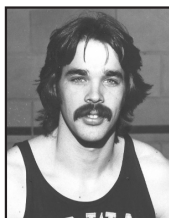
Bill Hansen



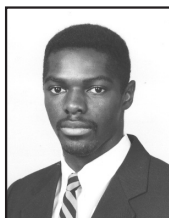
Deacon Jones



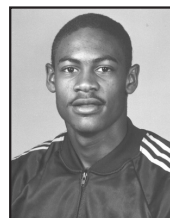
Paul Jones



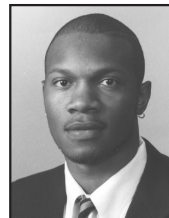
Bill Knoedel



Anthuan Maybank



Pat McGhee



Andre Morris

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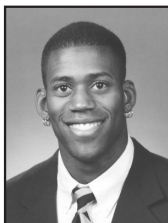
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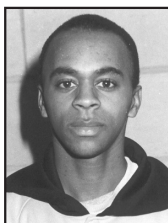
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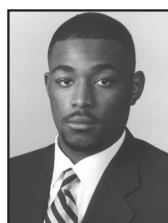
George Page



Jeff Patrick



Dan Rolling



Ed Rozell



Robert Smith



Stetson Steele

#### Long Jump

1. Anthuan Maybank, 1993 ..... 27-1 (8.25)
2. Bashir Yamini, 1997 ..... 26-8 1/4 (8.13)
3. Paul Jones, 1989 ..... 25-10 1/4 (7.88)
4. Darren Smith, 1991 ..... 25-9 3/4 (7.86)
5. Quinn Early, 1986 ..... 25-7 1/4 (7.80)
6. Ed Gordon, 1931 ..... 25-4 3/8 (7.68)
7. Matty Gorman, 2006 ..... 25-1 1/4 (7.65)
8. Ronnie McCoy, 1985 ..... 25-0 (7.62)
9. Jeffery Herron, 2010 ..... 24-9 (7.54)
10. Joe Robinson, 1976 ..... 24-2 3/4 (7.38)

#### Triple Jump

1. Paul Jones, 1990 ..... 52-0 1/2 (15.86)
2. Gordon Finch, 1988 ..... 50-9 1/4 (15.47)
3. Mike Lacy, 1984 ..... 50-5 (15.36)
4. Pat Miller, 1985 ..... 49-8 1/2 (15.25)
5. Matty Gorman, 2008 ..... 49-2 1/2 (15.00)
6. Owen Gill, 1982 ..... 49-1 (14.96)
7. Josh Bean, 2010 ..... 48-10 3/4 (14.90)
8. Ed Gordon, 1931 ..... 48-0 1/8 (14.63)
9. Mike Means, 1981 ..... 47-0 1/2 (14.34)
10. Aaron Reed, 2005 ..... 45-3 1/2 (13.80)

#### Pole Vault

1. Todd Wigginton, 1984 ..... 17-0 (5.18)
2. Chad Ohly, 1994 ..... 16-8 3/4 (5.10)
3. Curt Broek, 1978 ..... 16-8 (5.08)
4. Phil Wertman, 1971 ..... 16-7 (5.05)
5. Kelly Scott, 1988 ..... 16-7 (5.05)
6. John Teffer, 1972 ..... 16-2 (4.93)
7. Kyle Reid, 2010 ..... 16-1 1/4 (4.91m)
8. Alex Zona, 2009 ..... 16-0 3/4 (4.90)
9. Steve Brewer, 1983 ..... 16-0 (4.88)
- Doug Pennino, 1985 ..... 16-0 (4.88)

#### Shot Put

1. Jeremy Allen, 2001 ..... 63-2 3/4 (19.27)
2. Ken Kemeny, 2005 ..... 62-3 (18.97)
3. Shane Maier, 2006 ..... 62-2 1/4 (18.95)
4. Andy Banse, 2005 ..... 61-11 1/2 (18.88)
5. John Hickey, 2008 ..... 61-9 1/2 (18.83)
6. Chris Gambol, 1987 ..... 60-0 1/2 (18.30)
7. A.J. Curtis, 2008 ..... 59-8 1/4 (18.19)
8. A. van der Westhuizen, 2000 ..... 58-8 3/4 (17.90)
9. Ryan Lamparek, 2010 ..... 58-4 (17.78)
10. Gary Kostrubala, 1985 ..... 58-1 (17.70)

#### Discus

1. A. J. Curtis, 2007 ..... 202-11 (61.84)
2. Gary Kostrubala, 1986 ..... 202-4 (61.68)
3. Jeremy Allen, 2001 ..... 195-4 (59.54)
4. Tim Brodersen, 2005 ..... 193-6 (58.98)
5. Brad Daufeldt, 2004 ..... 185-0 (56.40)
6. Nick Brayton, 2009 ..... 180-11 (55.15)
7. Andy Banse, 2005 ..... 180-0 (54.86)
8. Eric Rothwell, 2004 ..... 179-7 (54.73)
9. Shane Maier, 2008 ..... 178-7 (54.43)
10. Ryan Lamparek, 2009 ..... 177-3 (54.04)

#### Hammer

1. A. van der Westhuizen, 2001 ..... 222-11 (67.94)
2. Adam Hamilton, 2007 ..... 222-2 (67.73)
3. Jim Costello, 2002 ..... 217-7 (66.32)
4. Brad Daufeldt, 2004 ..... 207-10 (63.34)
5. Chris Voller, 2005 ..... 206-0 (62.80)
6. Jeremy Allen, 2001 ..... 199-0 (60.66)
- Matt Banse, 2010 ..... 199-0 (60.66)
8. Ben Stancombe, 2010 ..... 185-11 (56.68)
9. Ryan Jordan, 2007 ..... 184-6 (56.23)
10. Ryan Lamparek, 2010 ..... 181-7 (55.35)

#### Javelin

1. Bill Neumann, 2002 ..... 244-8 (74.58)
2. Matt Byers, 2010 ..... 232-2 (70.76)
3. Dan Ralph, 2000 ..... 227-10 (69.44)
4. Zach Schimp, 2010 ..... 211-0 (64.32)
5. Kale Katt, 2007 ..... 204-0 (62.17)
6. Joel Storm, 2004 ..... 203-5 (62.01)
7. Matt Stank, 2001 ..... 199-0 (60.66)
8. A. van der Westhuizen, 1999 ..... 173-11 (53.00)
9. Craig Jennings, 2006 ..... 173-4 (52.83)
10. Scott Faber, 2000 ..... 173-1 (52.78)

#### 400-Meter Relay

1. Beecham, Duckett, Greer, R. Smith, 1984 ..... 39.48
2. Page, Davis, Rozell, Morris, 1996 ..... 39.73
3. Felix, Branch, Dodge, Yamini, 1999 ..... 39.96
4. Beecham, Duckett, Greer, Patrick, 1983 ..... 39.99
5. Dwight, Branch, Davis, Yamini, 1998 ..... 40.00
- Goode, Fisher, Morris, Maybank, 1994 ..... 40.00
- 1998 ..... 40.00
- Dwight, Branch, Dodge, Yamini, 1999 ..... 40.00
9. Williamson, Dodge, Peterson, Digney, 2002 ..... 40.04
10. McCoy, Duckett, Greer, Smith, 1984 ..... 40.07

#### 1,600-Meter Relay

1. Morris, Davis, Page, Rozell, 1995 ..... 3:03.11
2. Branch, Dwight, Dodge, Yamini, 1999 ..... 3:03.29
3. Ferree, Frazier, Mondane, Reimer, 1967 ..... 3:04.10
4. Rozell, Morris, Davis, Yamini, 1996 ..... 3:04.71
5. Willey, Barton, Richards, Sowinski, 2010 ..... 3:05.61
6. Cameron, Williams, McGhee, McCoy, 1985 ..... 3:06.00
7. Rozell, Davis, Dwight, Raymond, 1997 ..... 3:06.06
- Dodge, Kunkel, Coleman, Peterson, 2001 ..... 3:06.06
9. Davis, Rozell, Morris, Raymond, 1996 ..... 3:06.54
10. Williamson, Dodge, Strang, Coleman, 2002 ..... 3:06.69

#### Distance Medley Relay

1. Pershing, Moeller, Slack, Docherty, 1978 ..... 9:39.94
2. Young, Barton, Kuczwarra, Luciano, 2010 ..... 9:42.97
3. Theisen, Williams, Wiesa, Waters, 1985 ..... 9:54.04
4. Luciano, Pierre, Hairston, VanDenend, 2007 ..... 9:54.07
5. VanDenend, Riley, O'Hollearn, Rakaric, 2006 ..... 9:54.97
6. Feeldy, Eischeid, Novotny, Peters, 1996 ..... 9:55.71
7. Thomas, Wise, Cunningham, S.Allen, 2001 ..... 10:01.57
8. Thomas, Wakenight, Dziubski, Rakaric, 2003 ..... 10:01.72
9. Trainor, Coleman, Cunningham, Allen, 2002 ..... 10:01.93
10. English, Blackman, Stroler, Chambers, 1988 ..... 10:04.25



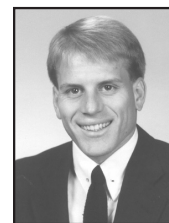
Jeff Thode



Micah  
VanDenend



Arno van der  
Westhuizen



Todd Wigginton



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Kineke Alexander



Meghan Armstrong



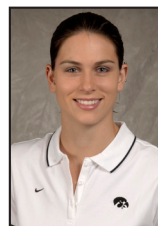
Nicole Charles



Nan Doak



Tina Floyd



Becca Franklin



Yolanda Hobbs

#### 100 Meters

1. Vivien McKenzie, 1985.....11.45
2. Davera Taylor, 1984.....11.51
3. Erica Broomfield, 1998.....11.53
4. Jiselle Providence, 2001.....11.57
5. Tanja Reid, 1994.....11.60
6. Peaches Roach, 2005.....11.60
7. Yolanda Hobbs, 1995.....11.62
8. Elanie Jones, 1985.....11.69
9. R.K. Trusty, 2010.....11.74
10. Lakeya Boatright, 2000.....11.77

#### 100-Meter Hurdles

1. Tiffany Johnson, 2007.....13.20
2. Karessa Farley, 2009.....13.53
3. C. Prendergast, 1999.....13.60
4. Paula Ruen, 2000.....13.60
5. Sarah Steffen, 2002.....13.65
6. Ruqayya Raheem, 1998.....13.90
7. Brenda Calhoun, 1984.....13.94
8. Wynsome Cole, 1997.....14.10
9. Kimberly Stanford, 2008.....14.11
10. Renee White, 2008.....14.20

#### 200 Meters

1. Shellene Williams, 2004.....23.50
2. Kineke Alexander, 2006.....23.58
3. Davera Taylor, 1984.....23.59
4. Vivien McKenzie, 1985.....23.61
5. Yolanda Hobbs, 1995.....23.65
6. R.K. Trusty, 2010.....23.74
7. Tanja Reid, 1995.....23.75
8. Elaine Jones, 1983.....23.84
9. Jiselle Providence, 2001.....24.00
10. Lakeya Boatright, 2000.....24.14

#### 400 Meters

1. Kineke Alexander, 2006.....51.35
2. Shellene Williams, 2004.....51.94
3. Ellen Grant, 1996.....52.65
4. Senta Hawkins, 1988.....54.01
5. Marlene Poole, 1994.....54.03
6. Elaine Jones, 1983.....54.40
7. Nicole Charles, 2001.....54.48
8. Stacey-Leigh Bynoe, 2000.....54.73
9. R.K. Trusty, 2010.....55.09
10. Alycia Simpson, 1987.....55.18
- Aisha Hume, 2004.....55.18

#### 400-Meter Hurdles

1. Mary Knoblauch, 1981.....56.16
2. Wynsome Cole, 1998.....56.67
3. Chris Davenport, 1981.....59.18
4. Sarah Steffen, 2002.....59.59
5. Beverly Powell, 1991.....59.96
6. Diane Steinhart, 1980.....1:00.56
7. Ruqayya Raheem, 1999.....1:00:62
8. Keely Huber, 2002.....1:00.98
9. Tiffany Hendricks, 2010.....1:01.36
10. Aditya Jones, 2007.....1:01.65

#### 800 Meters

1. Kay Stormo, 1982.....2:05.67
2. Michelle Lahann, 2004.....2:06.79
3. Aisha Hume, 2005.....2:08.50
4. J. Kruckeberg, 1987.....2:08.75
5. Ann Pare, 1997.....2:09.25
6. M. Armstrong, 2006.....2:10.15
7. Sophia Poncé, 2007.....2:10.35
8. Briana Benning, 1996.....2:10.47
9. Bethany Praska, 2010.....2:10.85
10. Tami Hoskins, 1990.....2:11.47

#### 1,500 Meters

1. Meghan Armstrong, 2006...4:17.41
2. Betsy Flood, 2010.....4:17.75
3. J. Kruckeberg 1989.....4:19.71
4. Lauren Hardesty, 2010.....4:20.40
5. Diane Nukuri, 2007.....4:20.95
6. McKenzie Melander, 2010.4:21.18
7. Penny O'Brien, 1985.....4:21.43
8. Kay Stormo, 1982.....4:22.24
9. Michelle Lahann, 2004.....4:24.00
10. Shannon Stanley, 2006.....4:25.08

#### 3,000 Meters

1. Diane Nukuri, 2008.....9:18.82
2. Penny O'Brien, 1985.....9:20.61
3. Betsy Flood, 2010.....9:22.63
4. Nan Doak, 1985.....9:23.04
5. Tracy Dahl, 1992.....9:23.53
6. M. Armstrong, 2006.....9:28.03
7. J. Kruckeberg, 1989.....9:30.69
8. Jennifer Brower, 1992.....9:34.59
9. Jodi Hershberger, 1982.....9:36.44
10. Tina Stec, 1994.....9:38.39

#### 3,000-Meter Steeplechase

1. Jessica Schmidt, 2008.....10:27.18
2. Sarah Arens, 2004.....10:34.50
3. Hannah Roeder, 2009.....10:40.86
4. **Danielle Berndt, 2011.....10:51.21**
5. Katie Ellis, 2010.....11:02.62
6. Michelle Lahann, 2003.....11:16.21
7. B. Thompson, 2003.....11:19.50

#### 5,000 Meters

1. Nan Doak, 1985.....15:45.84
2. Diane Nukuri, 2008.....15:59.39
3. M. Armstrong, 2008.....16:08.83
4. **Betsy Flood, 2011.....16:16.41**
5. Jenny Spangler, 1983.....16:17.21
6. Tracy Dahl, 1992.....16:18.77
7. R. Marchand, 2008.....16:27.02
8. **Brooke Eilers, 2011.....16:29.47**
9. **McKenzie Melander, 2011.16:30.63**
10. Amanda Haresty, 2010.....16:37.01

#### 10,000 Meters

1. Diane Nukuri, 2008.....33:17.01
2. Jennifer Brower, 1991.....33:23.38
3. M. Armstrong, 2008.....33:28.00
4. Nan Doak, 1985.....33:33.03
5. Jenny Spangler, 1983.....33:39.24
6. R. Marchand, 2008.....34:05.87
7. Tracy Dahl, 1992.....34:30.09
8. Nikki Chapple, 2004.....35:06.35
9. Megan Lessard, 2010.....35:28.03
10. Lindsay Anderson, 2010..35:31.40

#### Heptathlon

1. Tammilee Kerr, 2008.....5,532
2. Kathy Gillespie, 1983.....5,262
3. Tiff Pedersen, 2004.....4,976
4. Janet Adams, 1981.....4,855
5. Ruqayya Raheem, 1997.....4,665
6. Angela Chadwick, 1993.....4,493
7. Missy Miller, 2010.....4,227
8. Angie Hensel, 2004.....4,073
9. Janelle Jaspers, 1987.....4,000



Aisha Hume



Aisha James



Tiffany Johnson



Tammilee Kerr



Vivien McKenzie



Tiffany Medenwald



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# THE UNIVERSITY OF IOWA



## HAWKEYE TRACK & FIELD



### TRACK CONTACTS: STEPHANIE DITTMER



**Marlene Poole**



**Alana Redfern**



**Tanja Reid**



**Peaches Roach**



**Jessica Schmidt**



**Sarah Steffen**



**Kay Stormo**

#### High Jump

1. Peaches Roach, 2006.....6-1 1/4 (1.86)
2. Mary Mol, 1983 .....6-0 (1.83)
3. Caleigh Bacchus, 2010 .....5-10 (1.78)
4. Lynn McMillan, 1988 .....5-9 1/4 (1.76)
5. Kacey Childs, 2001 .....5-8 1/2 (1.74)
6. Kristi Dinkla, 1985 .....5-8 (1.73)
7. Becky Kaza, 1995 .....5-8 (1.73)
8. Eve Cullinan, 2003 .....5-8 (1.73)
9. Jenni Elbert, 2005 .....5-7 (1.70)
10. Nancy Tessmer, 1991 .....5-6 1/2 (1.69)
- Tammilee Kerr, 2008 .....5-6 1/2 (1.69)

#### Long Jump

1. Aisha James, 2003.....22-3 (6.78)
2. Renee White, 2008 .....20-3 3/4 (6.19)
3. Becki Borg, 1988 .....19-7 1/4 (5.97)
4. Lisa Moats, 1986.....19-6 (5.95)
5. Tammilee Kerr, 2008.....19-4 1/4 (5.90)
6. Yolanda Hobbs, 1993.....19-2 1/2 (5.85)
7. Jane Dunlevy, 1977 .....18-6 (5.64)
8. Ruqayya Raheem, 1997 .....18-5 1/4 (5.62)
9. Tiff Pedersen, 2004.....18-5 1/4 (5.62)
10. Angie Hensel, 2005.....18-5 (5.61)

#### Triple Jump

1. Renee White, 2008 .....43-10 (13.36)
2. Tiffany Johnson, 2007.....41-8 3/4 (12.72)
3. Becki Borg, 1988 .....40-7 1/2 (12.38)
4. Lynn McMillan, 1988 .....39-6 1/2 (12.05)
5. Lynn, 1998 .....39-0 (11.88)
6. Kacey Childs, 2001 .....37-8 (11.48)
7. Becca Franklin, 2004 .....36-10 1/2 (11.24)
8. Janna Houtz, 1984 .....33-10 1/2 (10.32)
9. Latoya Stiffend, 2002 .....32-6 (9.90)
10. Bridget Besch, 2003.....30-10 1/2 (9.41)

#### Shot Put

1. Lisa Van Steenwyk, 1992.....50-8 (15.44)
2. Gail Smith, 1984.....50-3 1/4 (15.32)
3. Denise Taylor, 1992 .....50-1 3/4 (15.28)
4. Kamesha Marshall, 2005 .....48-6 3/4 (14.80)
5. Laura Kriener, 1990 .....48-2 1/2 (14.69)
6. Jennifer Gilson, 2002 .....47-10 (14.58)
7. Jennifer Moon, 2000 .....47-5 1/4 (14.46)
8. Mandy Chandler, 2006.....46-0 (14.02)
9. Tiffany Medenwaldt, 2010 .45-11 3/4 (14.01)
10. Shelley Redies, 1985 .....45-7 (13.89)

#### Discus

1. Tiffany Medenwaldt, 2010 .....161-3 (49.16)
2. Denise Taylor, 1992 .....160-5 (48.90)
3. Majesty Tutson, 2010.....159-4 (48.56)
4. Lisa Van Steenwyk, 1991.....159-1 (48.50)
5. Gail Smith, 1983.....158-2 (48.22)
6. Kamesha Marshall, 2005 .....152-11 (46.62)
7. Jennifer Moon, 2000 .....150-8 (45.92)
8. Laura Kriener, 1989 .....150-3 (45.80)
9. Megan Maurer, 1997 .....149-2 (45.48)
10. Cheryl Bradley, 1982.....146-5 (44.64)

#### Hammer Throw

1. Becca Franklin, 2007 .....195-0 (59.45)
2. Tiffany Medenwaldt, 2010 .....171-11 (52.40)
3. Erin O'Hern, 2008 .....168-9 (51.45)
4. Kerri Blackstone, 1999 .....161-10 (49.32)
5. Majesty Tutson, 2010.....156-09 (47.77)
6. Mandy Chandler, 2009 .....154-6 (47.09)
7. Megan Maurer, 1998 .....145-6 (44.36)
8. Jennifer Gilson, 2002 .....142-6 (43.44)
9. Jennifer Moon, 2000 .....139-3 (42.44)
10. Kara Hinz, 2000 .....125-1 (38.14)

#### Javelin

1. Alana Redfern, 2003 .....181-5 (55.30)
2. Tammilee Kerr, 2008.....163-5 (49.81)
3. Mandy Beck, 1999 .....153-4 (46.74)
4. Terri Soldan, 1983 .....152-6 1/4 (46.48)
5. Shani Renning, 1990.....152-3 (46.40)
6. Clara Simon, 1981 .....149-9 (45.64)
7. Janet Adams, 1984 .....148-7 (45.28)
8. Mickey Schoborg, 1985.....137-5 1/4 (41.88)
9. Sara Joens, 1987 .....127-1 (38.74)
10. Angela Chadwick, 1992 .....124-2 (37.86)

#### Pole Vault

1. Jessie Strand, 2003 .....12-10 1/4 (3.92)
2. Sarah Burgett, 2006.....12-1 3/4 (3.70)
3. Katie Truedson, 2010.....11-5 1/4 (3.49)
4. K. Weistmantle, 2010 .....11-3 3/4 (3.45m)
5. Gina Shannon, 2001 .....11-2 1/4 (3.41)
6. Kacey Childs, 2000 .....8-0 1/2 (2.45)
7. Gina Shannon, 1998 .....8-0 (2.44)

#### 400-Meter Relay

1. Poole, Reid, Floyd, Hobbs, 1994.....44.63
2. Charles, Williams, Providence, James, 2003 .....44.71
3. Floyd, Hobbs, Poole, Reid, 1994.....44.80
4. Fouchè, Williams, Providence, James, 2003.....45.02
5. Alexander, Granger, Johnson, Roach, 2006 .....45.11
6. Johnson, Roach, Clarke, Trusty, 2007 .....45.21
7. Johnson, Alexander, Granger, Roach, 2005 .....45.30
8. Granger, Johnson, Alexander, Roach, 2005 .....45.39
9. Underwood, Reid, Philip, Hobbs, 1995.....45.50
10. Boatright, Bynoe, Providence, Prendergast, 2000 .....45.50

#### 1,600-Meter Relay

1. Hume, Charles, Steffen, Williams, 2003.....3:36.26
2. McCalla, Granger, Alexander, Johnson, 2006.....3:38.36
3. Alexander, Graham, Jones, M. Mims, 2007 .....3:39.36
4. Jones, Alexander, Johnson, M. Mims, 2007 .....3:39.64
5. McCalla, Alexander, Sheeley, Hume, 2005.....3:39.67
6. Hendricks, Trusty, Erickson, Praska, 2010.....3:39.88
7. McCalla, Hume, Sheeley, Alexander, 2005 .....3:40.43
8. Layne, Simpson, Powell, McRell, 1989 .....3:41.23
9. Bynoe, Cole, Wynter, Grant, 1997.....3:41.74
10. Charles, Fouchè, Williams, Hume, 2003 .....3:42.18

#### Distance Medley Relay

1. Hoskins, Powell, Schneckloth, Kruckeberg, 1989 11:22.18
2. Armstrong, Alexander, Poncé, Stanley, 2007.....11:25.05
3. Stanley, McCalla, Hume, Armstrong, 2005 .....11:34.04
4. Barber, Williams, Hume, Arens, 2004 .....11:34.56
5. Thompson, Williams, Hume, Arens, 2003 .....11:39.02
6. 2000.....11:39.83
7. Davenport, xx, xx, xx, 1981 .....11:41.44
8. Pare, Grant, Benning, Gilchrist, 1997.....11:41.92
9. Dhy, Erickson, Docherty, Anderson, 2010 .....11:43.06
10. Butler, Hume, Barber, Arens, 2001 .....11:47.16

