

IOWA HAWKEYES

University of Iowa Athletic Communications --Brandee Britt, Cross Country



CROSS COUNTRY WEEKLY RELEASE

Sept. 25, 2013

2013 Cross Country Season Schedule

- 8/30 Hawkeye Early Bird Invite (Iowa City, Iowa)
- 9/13 Iowa Black & Gold Invite (Iowa City, Iowa)
- 9/28 **Roy Griak Invitational (Minneapolis)**
- 10/19 Wisconsin Inter-Regional (W) (Madison, Wis.)
- 10/20 Pre National Invite (M) (Terre Haute, Ind.)
- 11/3 Big Ten Championships (West Lafayette, Ind.)
- 11/15 NCAA Midwest Regional (Ames, Iowa)
- 11/23 NCAA Championships (Terre Haute, Ind.)

2013 Cross Country Quick Facts

General Information

Location: Iowa City, Iowa
Enrollment: 31,065
Conference: Big Ten
Facility: Ashton Cross Country Course

Coaching Information

Head Men's Coach: Larry Wieczorek
Year at Iowa: 27th
Alma Mater, Year: Iowa, 1969

Head Women's Coach: Layne Anderson
Year at Iowa: 11th
Alma Mater, Year: The Citadel, 1989

Media Information

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* Find coach and student-athlete bios, schedules, results and features at hawkeyesports.com.

THIS WEEK

The University of Iowa men's and women's cross country teams travel to Minneapolis to compete at the Roy Griak Invitational on Saturday. The 28th annual event is held at the Les Bolstad Golf Course on the campus of the University of Minnesota. The men's 8,000-meter race begins at 12:20 p.m. (CT). The women's 6,000-meter race begins at 1:10 p.m. (CT).

WATCH THE RACE

FloTrack.com will provide a live video stream of the Roy Griak Invitational. A direct link can be found on cross country schedule page at hawkeyesports.com.

IN THE RANKINGS

Both the men's and women's cross country teams are ranked in the latest USTFCCA Regional rankings. The women's team is ranked 15th in the Midwest Region, while the men moved up two spots to No. 9.

FRESHMAN EXPERIENCE

Freshman Kevin Docherty returns to the Twin Cities as a Roy Griak veteran. A native of Saint Paul, Minn., Docherty competed in the prep division at the Roy Griak in each of his four seasons as a student at St. Paul High School.

NATIONAL CHALLENGE

The Hawkeye women will face nine teams ranked inside the Top 30, including Minnesota, the top-ranked team in the Midwest Region, and Iowa State, ranked No. 26 in the nation. The Hawkeye men will race against four of the nation's top 30 teams, including BYU (4), Syracuse (9), NC State (24), and Arizona State (29).

ROY GRIAK EXPERIENCE, INEXPERIENCE

The men are sending five runners with previous Roy Griak experience. Kevin Lewis, Jon Michael Brandt and Ben Witt have each participated in the two previous Griak races. Sam Chaney and Anthony Gregorio each competed in the 2012 event. Brandt was Iowa's top finisher a year ago (25:20, 20th).

The Hawkeye women see the Les Bolstad Course for the first time in their careers. None of the participants have previously raced at the Roy Griak Invitational.

FRESHMAN SCORING

The Roy Griak Invitational marks the first NCAA scoring event of the season. Iowa can gain points for NCAA at-large consideration with wins against potential NCAA automatic qualifiers.

In the first two events this season, Iowa has had six freshmen finish among its top 5 scorers. Kevin Docherty (1/5) and Samantha Zishka (5/14) scored in both the Hawkeye Early Bird and Black & Gold Invite. Ben Aderson (4) and Tess Wilberding (3) scored at the Hawkeye Early Bird, and Quentin Shaffer (7) and Katie Adams (15) at the Black and Gold Invite.

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Men's Top 10 All-Time Best Performers

6,000 Meters

1. Eric MacTaggart..... 18:18 2005 Hawkeye Invite
2. Jeff Thode..... 18:21 2009 Hawkeye Invite
3. Dan Haut 18:24 2005 Hawkeye Invite
4. Jeff Kent..... 18:27 2005 Hawkeye Invite
5. Nick Holmes 18:30 2009 Hawkeye Invite
6. Sam Bailin 18:33 2009 Hawkeye Invite
- Kevin Lewis..... 18:33 2013 Black and Gold Invite**
- Adam Roche..... 18:33 2005 Hawkeye Invite
9. Jesse Luciano..... 18:40 2008 Hawkeye Invite
10. Tommy Tate 18:41 at 2006 Early Bird Invite

8,000 Meters

1. Jesse Luciano..... 23:01 at 2008 Auburn Invite
2. Micah VanDenend 23:39 at 2006 Pre-Nationals
3. Eric MacTaggart..... 23:24 at 2008 Auburn Invite
4. Jeff Thode..... 23:27 at 2010 Bradley Classic
5. Sam Bailin 23:36 at 2008 Auburn Invite
6. Tommy Tate 23:46 at 2008 Auburn Invite
7. Mark Battista..... 23:48 at 2008 Auburn Invite
8. Andy Napier..... 23:56 at 2008 Auburn Invite
9. Brendan Camplin..... 24:01 at 2008 Auburn Invite
10. Bruce MacTaggart 24:04 at 2008 Auburn Invite

10,000 Meters

1. Jeff Thode..... 29:55 at 2010 NCAA Regional
2. Matt Esche..... 30:10 at 2002 NCAA Regional
3. Jesse Luciano..... 30:17 at 2008 NCAA Champ's
4. Micah VanDenend 30:26 at 2002 NCAA Regional
5. Kevin Herd..... 30:28 1993
6. Joe Welter..... 30:28 at 2002 NCAA Regional
7. Tony Rakaric..... 30:31 at 2002 NCAA Regional
8. Dan Haut 30:39 at 2002 NCAA Regional
9. Alex Webster 30:40 at 2006 NCAA Regional
10. Nick Holmes 30:43 at 2011 Chili Pepper Festival

Women's Top 10 All-Time Best Performers

3,000 Meters

1. Diane Nukuri..... 9:47 2006 Hawkeye Open
2. Meghan Armstrong 10:01 2006 Hawkeye Open
3. Brooke Eilers 10:15 2010 Iowa Invite
4. Besty Flood 10:18 2010 Iowa Invite
5. Amanda Hardesty..... 10:21 2009 Hawkeye Invite
- Lauren Hardesty..... 10:21 2010 Hawkeye Invite
7. Kelsey Hart..... 10:22 2011 Iowa Invite
8. Shannon Stanley 10:25 2006 Hawkeye Open
- Krista Anderson 10:25 2006 Hawkeye Open
- Racheal Marchand 10:25 2008 Hawkeye Invite

4,000 Meters

1. Diane Nukuri..... 13:14 2007 Hawkeye Open
2. Kayla Beattie 13:41 2012 Toledo Bubble Buster
3. Megan Ranegar..... 13:45 2012 Toledo Bubble Buster
4. Meghan Armstrong..... 13:47 2007 Hawkeye Open
- Mareike Schrulle..... 13:47 2012 Toledo Bubble Buster
6. Nicole Benson 13:52 2012 Toledo Bubble Buster
7. Jolly Burke 14:03 2007 Hawkeye Open
8. Nikki Chapple 14:09 2004 Hawkeye Triangular
9. Krista Anderson 14:14 2007 Hawkeye Open
- 10. Lisa Gordon..... 14:17 2012 Toledo Bubble Buster**

5,000 Meters

1. Diane Nukuri..... 15:55 at 2007 Auburn Invite
2. Racheal Marchand 16:15 at 2008 Auburn Invite
3. Meghan Armstrong 16:25 at 2007 Auburn Invite
4. Nan Doak 16:31 at 1983 Big Ten Champ's
5. Jolly Burke 16:33 at 2007 Auburn Invite
6. Jenny Spangler 16:34 at 1983 Big Ten Champ's
7. Renee Doyle..... 16:41 at 1986 Purdue Invite
8. Tracy Dahl 16:42 at 1991 Illinois St. Invite
9. Sarah Spencer Perry..... 16:50 at 2008 Auburn Invite
10. Brooke Eilers 16:53 at 2008 Auburn Invite

6,000 Meters

1. Diane Nukuri..... 19:37 at 2007 NCAA Regional
at 2007 Big Ten Champ's*
2. Mareike Schrulle..... 19:43 at 2012 NCAA Champ's
3. Racheal Marchand 19:54 at 2008 NCAA Champ's
4. Meghan Armstrong 20:07 at 2007 NCAA Regional
5. Jolly Burke 20:20 at 2007 Big Ten Champ's
6. Betsy Flood 20:22 at 2010 NCAA Regional
7. McKenzie Melander..... 20:41 at 2011 Big Ten Champ's
8. Megan Ranegar..... 20:43 at 2012 NCAA Champ's
9. Kayla Beattie 20:54 at 2011 Wisconsin Invite
10. Nikki Chapple 21:04 at 2004 NCAA Regional

* - This time is also the Big Ten Championships Record.

Ashton Cross Country Course Records

Women's 3,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/9/06 9:47

Women's 4,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/15/07 13:14

Women's 6,000 Meters

Danette Doetzel, Michigan St. - Big Ten Champ's - 10/31/04..... 20:33

Men's 6,000 Meters

Eric MacTaggart, Iowa - Hawkeye Invitational - 9/2/05 18:18

Men's 8,000 Meters

Simon Bairu, Wisconsin - Big Ten Champ's - 10/31/04 23:45

Men's 10,000 Meters

Antonio Vega, Minnesota - NCAA Regional - 11/12/05 30:52