



UNIVERSITY OF IOWA TRACK AND FIELD



**OUTDOOR TRACK
AND FIELD
CHAMPIONSHIPS**

May 11-13, 2012

Dan McClimon Memorial Track Complex

THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



TRACK AND FIELD CONTACT: BRANDEE BRITT

May 8, 2012

2012 IOWA TRACK & FIELD OUTDOOR SCHEDULE

Date	Meet
Mar. 30-31	Arkansas Invite (Fayetteville, Ark.)
Apr. 6-7	Stanford Invite (Palo Alto, Calif.)
Apr. 7	LSU Invitational (Baton Rouge, La.)
Apr. 13-14	Tom Botts Invitational (Columbia, Mo.)
Apr. 20-21	Musco Twilight XIII (Iowa City, Iowa)
Apr. 26-28	Drake Relays (Des Moines, Iowa)
May 4	UNI Messersmith Invite (Cedar Falls, Iowa)
May 11-13	Big Ten Outdoor Championships (Madison, Wis.)
May 24-26	NCAA First Round (Austin, Texas)
June 6-9	NCAA Championships (Des Moines, Iowa)

IOWA COACHING STAFF

Larry Wieczorek	Director of Track & Field
Layne Anderson	Head Track & Field Coach
Scott Cappos	Director of Field Events
Clive Roberts	Assistant Coach/ Director of Recruiting Horizontal jumps, women's short sprints, hurdles, relays
Christi Smith	Assistant Coach Combined events, vertical jumps
Joey Woody	Assistant Coach Men's sprints, short hurdles and relays

THIS WEEK

The University of Iowa track and field team travels to Madison, Wis., to compete at the 2012 Big Ten Championships on Friday-Sunday. The event will be held at the Dan McClimon Memorial Track Complex on the campus of the University of Wisconsin.

TICKET INFORMATION

All-session tickets are available for \$20 at UWBadgers.com. Single-session tickets are available for \$10 at the gate.

CHAMPIONSHIPS COVERAGE

BTN will air the Big Ten Championships on a tape delay beginning at 11 a.m. May 20. Mike Wolf, Craig Virgin, Rebecca Haarlow and Kenny McReynolds will have the call.

LIVE RESULTS

Live results are available on the track and field schedule page at hawkeyesports.com.

IN THE RANKINGS

The men's track team is ranked 21st in the USTFCCA national rankings. The Big Ten has five schools ranked in the top 25, including Indiana (8), Wisconsin (15), Nebraska (17), Iowa (21) and Minnesota (25). Only one Big Ten women's team cracked the top 25. Ohio State is ranked No. 24.

DEFENDING CHAMPIONS

2011 Big Ten Coach of the Year Larry Wieczorek led the Hawkeyes to their first conference championship in 44 years last season. The Hawkeye men captured three individual titles (Justin Austin, 200m; Matt Byers, javelin; Troy Doris, triple jump) and earned medals in 11 events while setting a program record for total points at the outdoor conference championships (125.5). Minnesota placed second with 123 points. The Hawkeye women will defend their 1,600-meter relay title in 2012. Last year's 800m champion Bethany Praska was lost to graduation.

AUSTIN SHINES ON CONFERENCE STAGE

Junior Justin Austin was named Big Ten Track Athlete of the Year and Athlete of the Outdoor Championships in 2011. Austin contributed 21 points to Iowa's school-record point total. He broke a 28-year old school record en route to his 200 meter Big Ten title (20.46) and captured a third place finish in the 100 meters with a school record performance of 10.21. He also anchored the 400-meter relay to a fourth place finish.

Austin currently ranks fourth in the conference in the 100m (10.40) and 11th in the 200m (21.21).

BYERS THE FAVORITE FOR A THREE-PEAT

Junior Matt Byers enters the championship field as the top-seed in the javelin. Byers' season best throw of 223-3 (68.06m) ranks first in the Big Ten and 35th nationally. Byers is the two-time defending champion in the event and will attempt to become the fifth Hawkeye in school history to win an outdoor championship in the same event three times. Pat McGee was the last Hawkeye to perform the feat. McGee won the 400-meter hurdles in 1986, 88-89.

THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



TRACK AND FIELD CONTACT: BRANDEE BRITT

ATOP THE BIG TEN

The Hawkeyes have 14 athletes ranked among the top five in the Big Ten. Those athletes include top ranked Matt Byers (javelin), Troy Doris (triple jump), Jeffery Herron (high jump), McKenzie Melander (5,000m), and Eric Sowinski (800m).

Sowinski also ranks fifth in the 400m. Justin Austin (3rd; 100m), Dan Davis (3rd; 110m hurdles), Ethan Holmes (3rd; 110m hurdles and 3rd; 400m hurdles), Gabe Hull (2nd; discus), Ashley Liverpool (2nd; 400m), Jordan Mullen (2nd; 110m hurdles), Megan Ranegar (5th; 5000m), Mareike Schrulle (2nd; 5000m), and Graham Valdes (5th; high jump) are also ranked in the conference's top five.

4x4 DEFENSE

The Hawkeyes' 4x400-meter relay team enters the conference championships the defending champions and the No. 4 seed in 2012. Nicole Erickson and Ashley Liverpool return for the defending champions. Junior Hannah Simonson and freshman Victoria Sack replace graduated seniors Tiffany Hendricks and 800m Big Ten Champion Bethany Praska. This year's top time of 3:37.57 is one second behind last year's winning time of 3:36.51.

DIRECTOR OF TRACK AND FIELD LARRY WIECZOREK

Larry Wieczorek is in his 25th season as head men's cross country coach and his 16th season as head men's track and field coach at the University of Iowa. He served as an assistant track and field coach for 12 years before taking the helm in 1997.

Last season, Wieczorek guided 28 qualifiers, made up of 20 student-athletes competing in 13 individual events and two relays, to the NCAA Outdoor Championships preliminary round. He was named Big Ten Coach of the Year after leading Iowa to its first conference team title since 1967.

HEAD COACH LAYNE ANDERSON

Layne Anderson is in his fourth year as head coach of the University of Iowa women's cross country and track and field teams. He has served as the Hawkeyes' head women's cross country coach for the past eight seasons, and was the interim head women's track and field coach in 2008. From 2003-07, he served as an assistant women's track and field coach for the Hawkeyes.

2012 OUTDOOR SEASON LEADERS

MEN'S

100 meters	Justin Austin	10.40
110-meter hurdles	Ethan Holmes	13.86
200 meters	Justin Austin	21.21
400 meters	Erik Sowinski	46.81
400-meter hurdles	Ethan Holmes	51.17
800 meters	Erik Sowinski	1:47.02
1,500 meters	Jeff Thode	3:46.32
3,000 meters	Kevin Lewis	8:35.86
5,000 meters	Nick Holmes	14:29.77
Shot Put	Matt Banse	56-11 1/2 (17.36m)
Discus	Gabe Hull	192-7 (58.70m)
Hammer	Matt Banse.....	195-11 (59.71m)
Javelin	Matt Byers	223-3 (68.06m)
High Jump	Jeffery Herron.....	7-4 1/4 (2.24m)
Long Jump	Jeffery Herron.....	24-5 (7.44m)
Triple Jump	Troy Doris	53-10 1/4 (16.41m)
Pole Vault	Kyle Reid.....	15-9 1/4 (4.81m)
400-meter relay	Mincy, Larney, Richards, Austin	40.33
1,600-meter relay	Austin, Richards, Davey, Sowinski.....	3:06.49

WOMEN'S

100 meters	Erin Jones	11.92
100-meter hurdles	Khanishah Williams.....	14.78
200 meters	Erin Jones	23.86
400 meters	Ashley Liverpool.....	53.12
400-meter hurdles	Hannah Simonson.....	59.54
800 meters	Adrienne Alexia.....	2:11.04
1,500 meters	McKenzie Melander	4:20.22
3,000 meters	McKenzie Melander	9:21.59
3,000-meter Steeple ...	Danielle Berndt.....	10:39.17
5,000 meters	McKenzie Melander	15:57.13
Hammer Throw	Annemie Smith	187-7 (57.19m)
Javelin	Amanda Stahle.....	140-11 (42.95m)
Discus	Majesty Tutson ..	172-11 (52.72 m)
Shot Put	Sarah Ryan.....	34-5 3/4 (10.51m)
Long Jump	Carisa Leacock	19-0 3/4 (5.81m)
Triple Jump	Carisa Leacock	38-1 1/4 (11.61m)
High Jump	Zinnia Miller.....	5-7 1/4 (1.71m)
Pole Vault	Kirsten Weismantle.	11-11 3/4 (3.65m)
400-meter relay	Jones, Liverpool, R. Moore, Simonson	46.02
1,600-meter relay	Simonson, Liverpool, Erickson, Sack	3:37.57

University of Iowa Track and Field

Big Ten Outdoor Championships 2012

- Big Ten & National Leaders -

Men	Event	Time/Distance	Big Ten Ranking	National Ranking
Justin Austin	100m	10.40	4th	62nd
Erik Sowinski	400m	46.81	5th	55th
Erik Sowinski	800m	1:47.02	1st	5th
Brennan Davey	400m	47.15	8th	90th
Ethan Holmes	110mH	13.86	3rd	27rd
Ethan Holmes	400mH	51.17	3rd	26th
Jordan Mullen	110mH	13.88	4th	31st
Dan Davis	110mH	14.01	5th	45th
Keaton Rickels	400mH	51.80	7th	55th
D'Juan Richardson	400mH	52.41	9th	85th
Jeffery Herron	High Jump	2.24m	1st	4th
Jeffery Herron	Long Jump	7.44m	7th	65th
Graham Valdes	High Jump	2.12m	7th	59th
Troy Doris	Long Jump	7.36m	9th	94th
Troy Doris	Triple Jump	16.41m	1st	4th
Matt Banse	Shot Put	17.36m	10th	69th
Matt Banse	Hammer	59.71	10th	57rd
Gabe Hull	Discus	59.73m	2nd	5th
Matt Byers	Javelin	68.06m	1st	35th
Jack Eckert	Javelin	57.01m	9th	214th

Women	Event	Time/Distance	Big Ten Ranking	National Ranking
Erin Jones	200m	23.86	6th	99th
Ashley Liverpool	200m	23.98	8th	128th
Ashley Liverpool	400m	53.12	2nd	23rd
McKenzie Melander	1,500m	4:20.22	6th	43rd
McKenzie Melander	5,000m	15:57.13	1st	15th
Mareike Schrulle	5,000m	16:13.73	2nd	40th
Megan Ranegar	5,000m	16:33.12	6th	97th
Hannah Simonson	400mH	59.54	5th	56th
Nicole Erickson	400mH	59.98	10th	81st
Zinnia Miller	High Jump	1.71m	10th	131st
Majesty Tutson	Discus	52.72m	7th	34th
Annemie Smith	Hammer	57.19m	8th	65th
Jasmine Simpson	Hammer	55.42m	10th	103rd
Amanda Stahle	Javelin	42.95m	9th	124th

OUTDOOR ALL-TIME TOP TEN PERFORMERS



Jeremy Allen



Justin Austin



Matt Byers



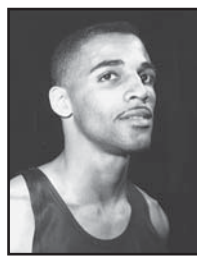
A.J. Curtis



Troy Doris



Jeffery Herron



Deacon Jones

100 Meters

1. **Justin Austin, 2011**10.21
2. George Page, 199610.25
3. Anthuan Maybank, 1994.....10.31
Tim Dwight, 1997.....10.31
5. Bob Lawson, 1976.....10.36
6. Robert Smith, 1984.....10.39
7. Curtis Chang, 1987.....10.40
8. Jeff Patrick, 1983.....10.41
Tim Dodge, 200210.41
10. Jerry Fisher, 1991.....10.45

110-Meter High Hurdles

1. Pat McGhee, 1989.....13.50
2. Dion Trowers, 199613.62
3. Ronnie McCoy, 198513.66
4. **Ethan Holmes, 2011**.....13.73
5. **Jordan Mullen, 2011**13.79
6. James Armstrong, 1991.....13.89
7. **Dan Davis, 2012**14.01
8. Doug Jones, 198614.06
9. Chris Williams, 1983.....14.24
10. Rajeev Balkrishnan, 1993.....14.29

200 Meters

1. **Justin Austin, 2011**20.31
2. Jeff Patrick, 1983.....20.47
3. Anthuan Maybank, 1994.....20.55
4. Andre Morris, 199520.64
5. George Page, 199620.67
6. Terrence Duckett, 198220.74
7. Tim Dodge, 200220.78
8. Bashir Yamini, 1999.....20.82
9. Dennis Kohl, 196620.84
10. Tim Dwight, 1997.....20.91

400 Meters

1. Anthuan Maybank, 1993.....44.99
2. Andre Morris, 199545.15
3. Mike Mondane, 196745.20
4. Steven Willey, 201045.78
5. Gary Hollingsworth,46.30
6. Harold Leonard, 1986.....46.45
7. Tony Branch, 1999.....46.60
8. Prince Riley, 2007.....46.61
9. George Page, 199646.66
10. Dick Eisenlauer, 1973.....46.74
Terrence Duckett, 198346.74
Patrick Richards, 201046.74

400-Meter Hurdles

1. Pat McGhee, 1988.....48.83
2. Monte Raymond, 199850.09
3. Ray Varner, 2010.....50.24
4. Paul Steele, 1989.....50.45
5. Russell Peterson, 200150.50
6. **Ethan Holmes, 2011**.....50.65
7. Adam Kunkel, 200150.73
8. Jon Reimer, 196750.94
9. Gary Falls, 199151.08
10. D'Juan Richardson, 201151.12

800 Meters

1. **Erik Sowinski, 2012**1:47.02
2. Bill Frazier, 1962.....1:47.64
3. D'Juan Strozier, 19901:47.82
4. Adam Hairston, 2009.....1:48.53
5. Michael Layne, 19991:49.61
6. Bill Thiesen, 1985.....1:49.74
7. Andy Wiese, 19851:50.22
8. Paul Chepkwony, 1984.....1:50.36
9. Rod Chambers, 19891:50.60
10. Jim Donovan, 1998.....1:50.68

1,500 Meters

1. **Jeff Thode, 2010**3:43.02
2. Joel Moeller, 19783:44.01
3. Jim Docherty, 1978.....3:44.30
4. Dan Waters, 1986.....3:46.35
5. Kevin Herd, 1994.....3:46.64
6. John Clark, 19773:46.84
7. Ted Wheeler, 1956.....3:48.24
8. **Nick Holmes, 2012**.....3:49.53
9. Jesse Luciano, 2007.....3:49.99
10. Micah VanDenend, 20073:50.20

3,000-Meter Steeplechase

1. Deacon Jones, 1956.....8:47.40
2. Steve Pershing, 19788:54.59
3. Andy Morris, 20008:56.21
4. Matt Gerard, 19948:57.01
5. Andy Napier, 20088:57.54
6. Rollie Kitt, 19679:02.90
7. Al Greene, 19859:02.96
8. Tony Rakaric, 2005.....9:03.29
9. Mark Battista, 2010.....9:04.60
10. Sean Gale, 1993.....9:08.00

5,000 Meters

1. Micah VanDenend, 200713:49.31
2. Larry Wieczorek, 1968.....13:56.00
3. Kevin Herd, 1993.....13:59.00
4. Stetson Steele, 200014:02.76
5. Eric MacTaggart, 2005.....14:04.79
6. Dan Haut, 200614:07.30
7. Jesse Luciano, 2010.....14:08.71
8. Matt Esche, 2006.....14:12.07
9. **Jeff Thode, 2011**.....14:12.40
10. **Chase Kadlec, 2010**.....14:14.45

OUTDOOR ALL-TIME TOP TEN PERFORMERS



Anthuan Maybank



Pat McGhee



Dan Rolling



Erik Sowinski



Stetson Steele



Jeff Thode



Micah VanDenend

10,000 Meters

1. Stetson Steele, 200028:44.47
2. Eric MacTaggart, 2006.....28:50.23
3. Nick Nordheim, 200229:44.71
4. Trent Corey, 200229:45.25
5. Chad Schwitters, 199929:56.00
6. Nick Holmes, 201030:02.31
7. Dan Haut, 200630:03.08
8. Kevin Herd, 199430:05.21
9. Paul Sarris, 200130:08.40
10. Matt Esche, 2004.....30:08.82

Decathlon

1. Dan Rolling, 2010 6,957 pts
2. Scott Faber, 2000 6,839 pts
3. Ryan Niver, 2008 6,837 pts
4. Chad Ohly, 1994 6,641 pts
5. Gary Kostrubala, 1984..... 6,498 pts
6. Frank Prill, 2008 6,381 pts
7. Jacob Drewry, 1994 5,820 pts

High Jump

1. Jeffery Herron, 2012 7-4 1/4 (2.24)
2. Bill Hansen, 1978 7-4 (2.23)
Bill Knoedel, 1975..... 7-4 (2.23)
4. M. Cunningham, 1986 7-1 (2.16)
Kenneth Lansing, 1988..... 7-1 (2.16)
6. Pat Meade, 1987 7-0 1/4 (2.14)
7. **Graham Valdes, 2012..... 6-11 3/4 (2.12)**
8. Peter Hlavin, 1979 6-11 (2.11)
Scott Hudek, 1993 6-11 (2.11)
Jeremy Petsche, 2008 6-11 (2.11)

Long Jump

1. Anthuan Maybank, 1993.....27-1 (8.25)
2. Bashir Yamini, 199726-8 1/4 (8.13)
3. Paul Jones, 1989.....25-10 1/4 (7.88)
4. Darren Smith, 199125-9 3/4 (7.86)
5. Quinn Early, 198625-7 1/4 (7.80)
6. Ed Gordon, 193125-4 3/8 (7.68)
7. Matty Gorman, 2006.....25-1 1/4 (7.65)
8. Ronnie McCoy, 198525-0 (7.62)
9. **Jeffery Herron, 201024-9 (7.54)**
10. Joe Robinson, 1976.....24-2 3/4 (7.38)

Triple Jump

1. **Troy Doris, 201154-0 (16.46)**
2. Paul Jones, 1990 52-0 1/2 (15.86)
3. Gordon Finch, 1988 50-9 1/4 (15.47)
4. Mike Lacy, 1984 50-5 (15.36)
5. Pat Miller, 1985 49-8 1/2 (15.25)
6. Matty Gorman, 2008 49-2 1/2 (15.00)
7. Owen Gill, 1982 49-1 (14.96)
8. Josh Bean, 2010 48-10 3/4 (14.90)
9. Ed Gordon, 1931 48-0 1/8 (14.63)
10. Mike Means, 1981 47-0 1/2 (14.34)

Pole Vault

1. Todd Wigginton, 1984 17-0 (5.18)
2. Chad Ohly, 1994 16-8 3/4 (5.10)
3. Curt Broek, 1978 16-8 (5.08)
4. Phil Wertman, 1971 16-7 (5.05)
Kelly Scott, 1988 16-7 (5.05)
6. John Teffer, 1972 16-2 (4.93)
7. **Kyle Reid, 201016-1 1/4 (4.91m)**
8. Alex Zona, 2009 16-0 3/4 (4.90)
9. Steve Brewer, 1983 16-0 (4.88)
Doug Pennino, 1985 16-0 (4.88)

Shot Put

1. Jeremy Allen, 2001 63-2 3/4 (19.27)
2. Ken Kemeny, 2005 62-3 (18.97)
3. Shane Maier, 2006 62-2 1/4 (18.95)
4. Andy Banse, 2005 61-11 1/2 (18.88)
5. John Hickey, 2008 61-9 1/2 (18.83)
6. Chris Gambol, 1987 60-0 1/2 (18.30)
7. A.J. Curtis, 2008 59-8 1/4 (18.19)
8. A. van der Westhuizen, 2000 58-8 3/4 (17.90)
9. **Ryan Lamparek, 2010.....58-4 (17.78)**
10. Gary Kostrubala, 1985.....58-1 (17.70)

Discus

1. A.J. Curtis, 2007 202-11 (61.84)
2. Gary Kostrubala, 1986 202-4 (61.68)
3. Jeremy Allen, 2001 195-4 (59.54)
4. Tim Brodersen, 2005 193-6 (58.98)
5. **Gabe Hull, 2012192-7 (58.70)**
6. Brad Daufeldt, 2004 185-0 (56.40)
7. **Nick Brayton, 2009 180-11 (55.15)**
8. Andy Banse, 2005 180-0 (54.86)
9. Eric Rothwell, 2004 179-7 (54.73)
10. Shane Maier, 2008 178-7 (54.43)

Hammer

1. A. van der Westhuizen, 2001 222-11 (67.94)
2. Adam Hamilton, 2007 222-2 (67.73)
3. Jim Costello, 2002 217-7 (66.32)
4. Brad Daufeldt, 2004 207-10 (63.34)
5. Chris Voller, 2005 206-0 (62.80)
6. **Matt Banse, 2011..... 199-11 (60.94)**
7. Jeremy Allen, 2001 199-0 (60.66)
8. **Ben Stancombe, 2011.....197-6 (60.20)**
9. Ryan Jordan, 2007 184-6 (56.23)
10. **Ryan Lamparek, 2010..... 181-7 (55.35)**

Javelin

1. **Matt Byers, 2011245-8 (74.89)**
2. Bill Neumann, 2002 244-8 (74.58)
3. Dan Ralph, 2000 227-10 (69.44)
4. Zach Schimp, 2010 211-0 (64.32)
5. Kale Katt, 2007 204-0 (62.17)
6. Joel Storm, 2004 203-5 (62.01)
7. Matt Stank, 2001 199-0 (60.66)
8. **Jack Eckert, 2012.....187-0 (57.01)**
9. A. van der Westhuizen, 1999 173-11 (53.00)
10. Craig Jennings, 2006 173-4 (52.83)



Todd Wigginton



Arno van der Westhuizen

OUTDOOR ALL-TIME TOP TEN PERFORMERS

400-Meter Relay

1.	Beecham, Duckett, Greer, R. Smith, 1984	39.48
2.	Page, Davis, Rozell, Morris, 1996	39.73
3.	Mincy , Sayon, Chaney, Jr., Austin , 2011	39.86
4.	Richardson , Sayon, Chaney, Jr., Bee, 2009	39.94
5.	Felix, Branch, Dodge, Yamini, 1999	39.96
6.	Beecham, Duckett, Greer, Patrick, 1983	39.99
7.	Dwight, Branch, Davis, Yamini, 1998	40.00
	Goode, Fisher, Morris, Maybank, 1994	40.00
	1998	40.00
	Dwight, Branch, Dodge, Yamini, 1999	40.00

Shuttle Hurdle Relay

1.	McGhee, Armstrong, Falls, Stelle, 1989	57.80
2.	Wigginton, Jones, Lacey, McCoy, 1985	59.77
3.	1975	1:05.20

800-Meter Relay

1.	Richardson , Sayon, Richards , Chaney, Jr., 2009	1:24.85
2.	Barclay, McCalister, Jensen, Elliott, 1979	1:26.39
3.	Thomas, Balkrishnan, Patterson, Freidrich 1991	1:28.38
4.	Balkrishnan, Patterson, Thomas, Freidrich, 1991	1:29.04

1,600-Meter Relay

1.	Morris, Davis, Page, Rozell, 1995	3:03.11
2.	Branch, Dwight, Dodge, Yamini, 1999	3:03.29
3.	Ferree, Frazier, Mondane, Reimer, 1967	3:04.10
4.	Rozell, Morris, Davis, Yamini, 1996	3:04.71
5.	Willey, Barton, Richards , Sowinski , 2010	3:05.61
6.	Willey, Richards , Sowinski , Barton, 2011	3:05.64
7.	Cameron, Williams, McGhee, McCoy, 1985	3:06.00
8.	Rozell, Davis, Dwight, Raymond, 1997	3:06.06
	Dodge, Kunkel, Coleman, Peterson, 2001	3:06.06
10.	Austin , Richards , Davey , Sowinski , 2012	3:06.49

Sprint Medley Relay

1.	Sayon, Austin , Willey, Sowinski , 2011	3:16.18
2.	Richards , Larney, Davey , Sowinski , 2012	3:17.25
3.	Richardson , Richards , Willey, Sowinski , 2010	3:17.74
4.	Armstrong, Thomas, Maybank, Strozier, 1991	3:18.93
5.	Yamini, Davis, Dodge, Donovan, 1999	3:19.87
6.	Richards , Chaney, Jr., Barton, Hairston, 2009	3:20.05
7.	McCorkle, Armstrong, Chung, Strozier, 1990	3:20.43
8.	Dodge, Yamini, Branch, Donovan, 1999	3:20.83
9.	Goode, Fisher, Thomas, Falls, 1992	3:21.02
10.	Dwight, Davis, Raymond, Donovan, 1997	3:21.05

3,200 Meter Relay

1.	Hairston, Prom , Thode , Sowinski , 2011	7:23.77
2.	Corrigan, Blackman, Strozier, Chambers, 1989	7:29.00
3.	Willey, Braff, Sowinski , Hairston, 2009	7:33.08
4.	Tweedy, Gajewski, Linden, O'Hollearn, 2005	7:33.12
5.	Cunningham, Tweedy, S. Allen, Thomas, 2001	7:34.12
6.	Long, Tweedy, Dziubski, O'Hollearn, 2004	7:35.10
7.	1999	7:36.43
8.	Prom , Slaymaker , Wheeler , Weir , 2012	7:38.15
9.	1986	7:40.18
10.	Novotny, Holtkamp, Rerko, Feeldy, 1995	7:44.68

Distance Medley Relay

1.	Pershing, Moeller, Slack, Docherty, 1978	9:39.94
2.	Kuczvara , Barton, Hairston, Thode , 2011	9:41.37
3.	N. Holmes , Van Cleave , Sowinski , Thode , 2012	9:41.59
4.	Young, Barton, Kuczvara , Luciano, 2010	9:42.97
5.	Theisen, Williams, Wiesa, Waters, 1985	9:54.04
6.	Luciano, Pierre, Hairston, VanDenend, 2007	9:54.07
7.	VanDenend, Riley, O'Hollearn, Rakaric, 2006	9:54.97
8.	Feeldy, Eischeid, Novotny, Peters, 1996	9:55.71
9.	Thomas, Wise, Cunningham, S.Allen, 2001	10:01.57
10.	Thomas, Wakenight, Dziubski, Rakaric, 2003	10:01.72

6,400 Meter Relay

1.	Rakaric, Webster, MacTaggart, VanDenend, 2006	16:55.43
2.	Paul, Kadlec , Thode , Luciano, 2010	17:01.46
3.	N. Holmes , Witt , Thode , Lewis , 2012	17:02.26
4.	Thomas, Allen, Rakaric, Lloyd, 2003	17:06.27
5.	Pittman, Novotny, Feeldy, Marquardt, 1995	17:12.49
6.	Bakker, Feeldy, Peters, Pittman, 1996	17:13.10
7.	Allen, Trainor, McDermott, Esche, 2002	17:14.53
8.	Kadlec , E. MacTaggart, Paul, Marchese, 2009	17:17.63
9.	Schwitters, Nordheim, Moeller, Thomas, 1999	17:18.04
10.	White, Roehl, Wood, Roseman, 1992	17:28.90

OUTDOOR ALL-TIME TOP TEN PERFORMERS



Kineke Alexander



Meghan Armstrong



Danielle Berndt



Nan Doak



Becca Franklin



Aisha James



Tiffany Johnson

100 Meters

1. Vivien McKenzie, 1985	11.45
2. Davera Taylor, 1984	11.51
3. Erica Broomfield, 1998	11.53
4. Jiselle Providence, 2001	11.57
5. Tanja Reid, 1994	11.60
6. Peaches Roach, 2005	11.60
7. Yolanda Hobbs, 1995	11.62
8. Elanie Jones, 1985	11.69
9. Rhonda Kaye Trusty, 2010	11.74
10. Lakeya Boatright, 2000	11.77

100-Meter Hurdles

1. Tiffany Johnson, 2007	13.20
2. Karessa Farley, 2009	13.53
3. C. Prendergast, 1999	13.60
4. Paula Ruen, 2000	13.60
5. Sarah Steffen, 2002	13.65
6. Ruqayya Raheem, 1998	13.90
7. Brenda Calhoun, 1984	13.94
8. Wynsome Cole, 1997	14.10
9. Kimberly Stanford, 2008	14.11
10. Renee White, 2008	14.20

200 Meters

1. Shellene Williams, 2004	23.50
2. Kineke Alexander, 2006	23.58
3. Davera Taylor, 1984	23.59
4. Vivien McKenzie, 1985	23.61
5. Yolanda Hobbs, 1995	23.65
6. Rhonda Kaye Trusty, 2010	23.74
7. Tanja Reid, 1995	23.75
8. Elaine Jones, 1983	23.84
9. Erin Jones, 2012	23.86
10. Ashley Liverpool, 2012	23.98

400 Meters

1. Kineke Alexander, 2006	51.35
2. Shellene Williams, 2004	51.94
3. Ellen Grant, 1996	52.65
4. Ashley Liverpool, 2012	53.12
5. Senta Hawkins, 1988	54.01
6. Bethany Praska, 2011	54.01
7. Marlene Poole, 1994	54.03
8. Elaine Jones, 1983	54.40
9. Nicole Charles, 2001	54.48
10. Stacey-Leigh Bynoe, 2000	54.73

400-Meter Hurdles

1. Mary Knoblauch, 1981	56.16
2. Wynsome Cole, 1998	56.67
3. Chris Davenport, 1981	59.18
4. Hannah Simonson, 2012	59.54
5. Sarah Steffen, 2002	59.59
6. Tiffany Hendricks, 2011	59.63
7. Beverly Powell, 1991	59.96
8. Nicole Erickson, 2012	59.98
9. Kelsey Quinn, 2012	1:00.28
10. Diane Steinhart, 1980	1:00.56

800 Meters

1. Bethany Praska, 2011	2:03.78
2. Kay Stormo, 1982	2:05.67
3. Michelle Lahann, 2004	2:06.79
4. Aisha Hume, 2005	2:08.50
5. Jeanne Kruckeberg, 1987	2:08.75
6. Ann Pare, 1997	2:09.25
7. Meghan Armstrong, 2006	2:10.15
8. Sophia Poncé, 2007	2:10.35
9. Briana Benning, 1996	2:10.47
10. Lauren Hardesty, 2010	2:10.90

1,500 Meters

1. Meghan Armstrong, 2006	4:17.41
2. Betsy Flood, 2010	4:17.75
3. Jeanne Kruckeberg, 1989	4:19.71
4. McKenzie Melander, 2012	4:20.22
5. Lauren Hardesty, 2009	4:20.40
6. Diane Nukuri, 2007	4:20.95
7. Penny O'Brien, 1985	4:21.43
8. Kay Stormo, 1982	4:22.24
9. Michelle Lahann, 2004	4:24.00
10. Shannon Stanley, 2006	4:25.08

3,000 Meters

1. Diane Nukuri, 2008	9:18.82
2. Penny O'Brien, 1985	9:20.61
3. McKenzie Melander, 2012	9:21.59
4. Betsy Flood, 2010	9:22.63
5. Nan Doak, 1985	9:23.04
6. Tracy Dahl, 1992	9:23.53
7. Meghan Armstrong, 2006	9:28.03
8. Brooke Eilers, 2011	9:30.08
9. Jeanne Kruckeberg, 1989	9:30.69
10. Jennifer Brower, 1992	9:34.59

3,000-Meter Steeplechase

1. Danielle Berndt, 2011	10:26.54
2. Jessica Schmidt, 2008	10:27.18
3. Sarah Arens, 2004	10:34.50
4. Hannah Roeder, 2011	10:35.22
5. Kelsey Hart, 2011	10:47.56
6. Katie Ellis, 2010	11:02.62
7. Michelle Lahann, 2003	11:16.21
8. Becca Thompson, 2003	11:19.50

5,000 Meters

1. Nan Doak, 1985	15:45.84
2. McKenzie Melander, 2012	15:57.13
3. Diane Nukuri, 2008	15:59.39
4. Betsy Flood, 2011	16:04.46
5. Meghan Armstrong, 2008	16:08.83
6. Brooke Eilers, 2011	16:11.86
7. Mareike Schulle, 2012	16:13.73
8. Jenny Spangler, 1983	16:17.21
9. Tracy Dahl, 1992	16:18.77
10. Racheal Marchand, 2008	16:27.02

OUTDOOR ALL-TIME TOP TEN PERFORMERS



Diane Nukuri



Tammilee Kerr



Vivien McKenzie



Bethany Praska



Alana Redfern



Peaches Roach



Jessie Strand

10,000 Meters

1. Diane Nukuri, 2008 33:17.01
2. Jennifer Brower, 1991 33:23.38
3. Meghan Armstrong, 2008 33:28.00
4. Nan Doak, 1985 33:33.03
5. Jenny Spangler, 1983 33:39.24
6. Racheal Marchand, 2008 34:05.87
7. Tracy Dahl, 1992 34:30.09
8. **Betsy Flood, 2011** 35:05.10
9. Nikki Chapple, 2004 35:06.35
10. Megan Lessard, 2010 35:28.03

Heptathlon

1. Tammilee Kerr, 2008 5,532
2. Kathy Gillespie, 1983 5,262
3. Tiff Pedersen, 2004 4,976
4. Janet Adams, 1981 4,855
5. Ruqayya Raheem, 1997 4,665
6. Angela Chadwick, 1993 4,493
7. **Missy Miller, 2010** 4,227
8. Angie Hensel, 2004 4,073
9. Janelle Jaspers, 1987 4,000

High Jump

1. Peaches Roach, 2006 6-1 1/4 (1.86)
2. Mary Mol, 1983 6-0 (1.83)
3. Caleigh Bacchus, 2010 5-10 (1.78)
4. Lynn McMillan, 1988 5-9 1/4 (1.76)
5. Kacey Childs, 2001 5-8 1/2 (1.74)
6. Kristi Dinkla, 1985 5-8 (1.73)
7. Becky Kaza, 1995 5-8 (1.73)
8. Eve Cullinan, 2003 5-8 (1.73)
9. **Zinnia Miller, 2012** 5-7 1/4 (1.71)
10. Jenni Elbert, 2005 5-7 (1.70)
- Khanishah Williams, 2012** 5-7 (1.70)

Long Jump

1. Aisha James, 2003 22-3 (6.78)
2. Renee White, 2008 20-3 3/4 (6.19)
3. **Carisa Leacock, 2011** 19-11 1/2 (6.08)
4. Becki Borg, 1988 19-7 1/4 (5.97)
5. Lisa Moats, 1986 19-6 (5.95)
6. Tammilee Kerr, 2008 19-4 1/4 (5.90)
7. Yolanda Hobbs, 1993 19-2 1/2 (5.85)
8. Jane Dunlevy, 1977 18-6 (5.64)
9. Ruqayya Raheem, 1997 18-5 1/4 (5.62)
10. Tiff Pedersen, 2004 18-5 1/4 (5.62)

Triple Jump

1. Renee White, 2008 43-10 (13.36)
2. Tiffany Johnson, 2007 41-8 3/4 (12.72)
3. Becki Borg, 1988 40-7 1/2 (12.38)
4. Lynn McMillan, 1988 39-6 1/2 (12.05)
5. Lynn, 1998 39-0 (11.88)
6. **Carisa Leacock, 2012** 38-1 1/4 (11.61)
7. Kacey Childs, 2001 37-8 (11.48)
8. Becca Franklin, 2004 36-10 1/2 (11.24)
9. Janna Houtz, 1984 33-10 1/2 (10.32)
10. Latoya Stiffend, 2002 32-6 (9.90)

Pole Vault

1. Jessie Strand, 2003 12-10 1/4 (3.92)
2. Sarah Burgett, 2006 12-1 3/4 (3.70)
3. **Kirsten Weistmantle, 2011** 12-0 (3.66)
4. **Katie Truedson, 2010** 11-5 1/4 (3.49)
5. Gina Shannon, 2001 11-2 1/4 (3.41)
6. **Brittany Holst, 2012** 11-0 1/4 (3.36)
7. Kacey Childs, 2000 8-0 1/2 (2.45)

Shot Put

1. Lisa Van Steenwyk, 1992 50-8 (15.44)
2. Gail Smith, 1984 50-3 1/4 (15.32)
3. Denise Taylor, 1992 50-1 3/4 (15.28)
4. Kamesha Marshall, 2005 48-6 3/4 (14.80)
5. Laura Kriener, 1990 48-2 1/2 (14.69)
6. Jennifer Gilson, 2002 47-10 (14.58)
7. Jennifer Moon, 2000 47-5 1/4 (14.46)
8. **Rachel Curry, 2011** 46-5 (14.03)
9. Mandy Chandler, 2006 46-0 (14.02)
10. Tiffany Medenwaldt, 2010 45-11 3/4 (14.01)

Discus

1. **Majesty Tutson, 2012** 172-11 (52.72)
2. Tiffany Medenwaldt, 2010 161-3 (49.16)
3. Denise Taylor, 1992 160-5 (48.90)
4. Lisa Van Steenwyk, 1991 159-1 (48.50)
5. Gail Smith, 1983 158-2 (48.22)
6. **Ashlyn Gulvas, 2011** 154-11 (47.23)
7. **Courtney Fritz, 2012** 154-1 (46.96)
8. Kamesha Marshall, 2005 152-11 (46.62)
9. Jennifer Moon, 2000 150-8 (45.92)
10. Laura Kriener, 1989 150-3 (45.80)

Hammer Throw

1. Becca Franklin, 2007 195-0 (59.45)
2. **Annemie Smith, 2012** 187-7 (57.19)
3. **Ashlyn Gulvas, 2011** 182-3 (55.55)
4. **Jasmine Simpson, 2012** 181-10 (55.42)
5. **Kelsey Taylor, 2011** 177-0 (53.95)
6. Tiffany Medenwaldt, 2010 171-11 (52.40)
7. Erin O'Hern, 2008 168-9 (51.45)
8. Kerri Blackstone, 1999 161-10 (49.32)
9. **Majesty Tutson, 2010** 156-9 (47.77)
10. Mandy Chandler, 2009 154-6 (47.09)

Javelin

1. Alana Redfern, 2003 181-5 (55.30)
2. Tammilee Kerr, 2008 163-5 (49.81)
3. Mandy Beck, 1999 153-4 (46.74)
4. Terri Soldan, 1983 152-6 1/4 (46.48)
5. Shani Renning, 1990 152-3 (46.40)
6. Clara Simon, 1981 149-9 (45.64)
7. Janet Adams, 1984 148-7 (45.28)
8. **Amanda Stahle, 2012** 140-11 (42.95)
9. Mickey Schoborg, 1985 137-5 1/4 (41.88)
10. Sara Joens, 1987 127-1 (38.74)



Majesty Tutson



Lisa Van Steenwyk



Renee White



Shellene Williams

OUTDOOR ALL-TIME TOP TEN PERFORMERS

400-Meter Relay

1. Poole, Reid, Floyd, Hobbs, 1994 44.63
2. Charles, Williams, Providence, James, 2003 44.71
3. Floyd, Hobbs, Poole, Reid, 1994 44.80
4. Fouchè, Williams, Providence, James, 2003..... 45.02
5. Alexander, Granger, Johnson, Roach, 2006..... 45.11
6. Johnson, Roach, Clarke, Trusty, 2007..... 45.21
7. Johnson, Alexander, Granger, Roach, 2005..... 45.30
8. Granger, Johnson, Alexander, Roach, 2005..... 45.39
9. Underwood, Reid, Philip, Hobbs, 1995..... 45.50
10. Boatright, Bynoe, Providence, Prendergast, 2000 45.50

Shuttle Hurdle Relay

1. Prendergast, Cole, Raheem, Ruen, 1998 56.44
2. Cole, Prendergast, Raheem, Ruen, 1998 56.54
3. Raheem, Prendergast, Cole, Ruen, 1998 57.53

800-Meter Relay

1. Hobbs, Reid, Floyd, Poole, 1994 1:35.69
2. Roach, McCalla, Alexander, Johnson, 2006..... 1:36.19
3. Williams, Charles, Fouchè, Providence, 2003..... 1:37.49
4. Herrmann, McCalla, Raymond, Roach, 2004..... 1:37.66
5. Charles, Dixon, Knight, Prendergast, 2002 1:38.15
6. Trusty, Hendricks, Graham, Erickson, 2009 1:38.79
7. Prendergast, Dixon, Knight, Providence, 2001..... 1:38.73
8. Dixon, Knight, Prendergast, Providence, 2001..... 1:38.93
9. Dixon, Providence, Knight, Charles, 2001..... 1:39.68
10. Underwood, Bynoe, Raheem, Wynter, 1997 1:39.72

1,600-Meter Relay

1. Praska, Hendricks, **Liverpool, Erickson**, 2011 3:35.93
2. Hume, Charles, Steffen, Williams, 2003..... 3:36.26
3. Praska, Hendricks, **Erickson, Liverpool**, 2011 3:36.51
4. **Simsonson, Liverpool, Erickson, Sack**, 2012 3:37.57
5. McCalla, Granger, Alexander, Johnson, 2006 3:38.36
6. Alexander, Graham, Jones, M. Mims, 2007 3:39.36
7. Jones, Alexander, Johnson, M. Mims, 2007 3:39.64
8. McCalla, Alexander, Sheeley, Hume, 2005..... 3:39.67
9. Hendricks, Trusty, **Erickson**, Praska, 2010..... 3:39.88
10. McCalla, Hume, Sheeley, Alexander, 2005..... 3:40.43

Sprint Medley Relay

1. **Jones**, Hendricks, **Liverpool**, Praska, 2011 3:48.63
2. Trusty, **R. Moore**, Hendricks, Praska, 2010 3:56.53
3. Reid, Philip, Hobbs, Benning, 1995..... 3:56.54
4. Roach, Alexander, McCalla, Stanley, 2005..... 3:56.99
5. Clarke, Graham, Jones, Poncé, 2007 3:59.34
6. Underwood, Clarke, Philip, Benning, 1995..... 3:59.75
7. **Jones, R. Moore, Erickson, Alexia**, 2012 4:00.19
8. 2005..... 4:00.26
9. Dixon, Providence, Hume, Butler, 2001..... 4:01.11
10. Providence, Dixon, Charles, Hume, 2001 4:03.39

3,200-Meter Relay

1. Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987..... 8:46.45
2. Lahann, Stanley, Hume, Barber, 2004..... 8:48.87
3. Schneckloth, Roberts, Hawkins, Kruckeberg, 1989 8:49.38
4. **Flood, Dlhy**, L. Hardesty, Docherty, 2009..... 8:53.91
5. Armstrong, Stanley, Laney, Hume, 2005 8:54.27
6. O'Brien, Camarigg, Williams, Stormo, 1981 8:54.36
7. **Flood, Melander**, Praska, Hardesty, 2010..... 8:54.45
8. Drapcho, Schlader, Williams, Stormo, 1980 8:56.14
9. Drapcho, Mitchell, Schlader, Stormo, 1979 8:57.24
10. Lahann, Hume, Thompson, Barber, 2003..... 9:02.58

Distance Medley Relay

1. Hoskins, Powell, Schneckloth, Kruckeberg, 1989 11:22.18
2. Armstrong, Alexander, Poncé, Stanley, 2007 11:25.05
3. Stanley, McCalla, Hume, Armstrong, 2005..... 11:34.04
4. Barber, Williams, Hume, Arens, 2004..... 11:34.56
5. Thompson, Williams, Hume, Arens, 2003 11:39.02
6. 2000..... 11:39.83
7. **Schrulle, Erickson, Placzek, Eilers**, 2012 11:40.57
8. Davenport, xx, xx, xx, 1981 11:41.44
9. Pare, Grant, Benning, Gilchrist, 1997 11:41.92
10. Dlhy, Erickson, Docherty, Anderson, 2010..... 11:43.06

6,400-Meter Relay

1. **Flood, Melander**, A. Hardesty, L. Hardesty, 2010..... 19:05.63
2. Nukuri, Marchand, Henize, Armstrong, 2008..... 19:15.42
3. **Flood, Laesch, Ranegar, Melander**, 2012 19:16.73
4. **Flood, Eilers, Melander**, L. Hardesty, 2011 19:17.52
5. **Flood, Melander**, A. Hardesty, **Eilers**, 2009..... 19:36.43
6. Chapple, Laney, Donlon, Sokol, 2005 20:39.12
7. Arens, Barber, Butler, Roberts, 2001..... 20:40.89
8. Benning, Boland, Fleck, Coleman, 1995 20:43.07
9. Arens, Sokol, Barber, Donlon, 2003 20:48.08

University of Iowa Track and Field

2012 Big Ten Outdoor Championships

- HAWKEYES TO WATCH -



Troy Doris

Senior - Jumps
Bolingbrook, Ill.
College of DuPage

Hawk Item -- 2011 All-American... placed fifth in triple jump (53-3, 16.23m) at NCAA Championships... won 2011 Big Ten triple jump title with a leap of 53-8 1/2 (16.37m)... currently holds school record in the triple jump (54-0; 16.46m)... three-time Big Ten triple jump champion (Indoor, 2011-12; Outdoor, 2011).



Erik Sowinski

Senior - Middle Distance
Waukesha, Wis.
West High School

Hawk Item -- 2011 second team All-American... placed 15th in 800 meters with a time of 1:47.83 at NCAA Championships... currently holds the school record in the 800 meters (1:47.02)... placed second in 800m at 2011 Big Tens.
Personal -- born December 21, 1989... son of Bryan and Jane Sowinski... integrative physiology major.



Jeffery Herron

Senior - Jumps
Richmond, Texas
University of Texas-SanAntonio

Hawk Item -- 2011 second team All-American... placed 13th in high jump (7-0 1/4; 2.14m) at NCAA Championships... currently holds the school record in the high jump (7-4 1/4; 2.24m).
Personal -- born April 22, 1990... son of Greatha Williams... sport studies major.



Ethan Holmes

Junior - Sprints
Clinton, Iowa
Clinton

Hawk Item -- 2011 second-team All-American... placed 14th in 400-meter hurdles (51.06) and 22nd in 110-meter hurdles (14.06) at NCAA Championships... placed second in 110m and 400m hurdles at 2011 Big Tens.
Personal -- born March 16, 1991... son of Dan and Renee Holmes... art and health and human physiology major.



McKenzie Melander

Senior - Distance
Apple Valley, Minn.
Eastview

Hawk Item -- Leads team in 1,500 meters (4:20.22) and 5,000 meters (15:57.13)... placed sixth in 5,000 meters with a time of 16:28.47 and eighth in 1,500 meters (4:29.65) at 2011 Big Ten Championships.
Personal -- born October 12, 1989... daughter of Mark and DeeDee Melander... speech and hearing science major.



Betsy Flood

Senior - Middle Distance
Des Moines, Iowa
Dowling

Hawk Item -- 2011 second team All-American... placed 15th in 5,000 meters (16:08.63) at NCAA Championships... placed second in 5k and 10k at 2011 Big Ten Championships.
Personal -- born March 24, 1990... daughter of Steve and Ann Flood... international studies major.



Ashley Liverpool

Sophomore - Sprints
Cincinnati, Ohio
Walnut Hills

Hawk Item -- 2011 Big Ten Champion, anchoring winning 1,600-meter relay to a facility record-setting time of 3:36.51... currently leads the team in 400m (53.12).
Personal -- born February 11, 1992... daughter of Lee and Jacqueline May Jr. and Gregory Liverpool, Jr... health and human physiology interest.



Majesty Tutson

Junior - Throws
Iowa City, Iowa
City

Hawk Item -- Finished second in the discus at the 2011 Big Ten Championships (172-4; 52.52m)... currently holds the school record in the discus (172-11; 52.72m).
Personal -- born May 2, 1991... daughter of James and LaVerne Tutson... leisure studies major.

Big Ten Conference Outdoor Track & Field Championships Schedule

Madison, WI - McClimon Track & Field Complex - May 11-13, 2012

Friday, May 11

12:00 p.m. Decathlon 100-meters
 12:15 p.m. Heptathlon 100-meter hurdles
 12:45 p.m. Decathlon long jump
 12:50 p.m. Heptathlon high jump
 1:30 p.m. Men's hammer throw (trials & finals)
 1:30 p.m. Men's pole vault (trials & finals)
 2:00 p.m. Decathlon shot put
 2:45 p.m. Decathlon high jump
 2:50 p.m. Heptathlon shot put
 3:30 p.m. Women's hammer throw (trials & finals)
 4:00 p.m. Heptathlon 200-meters
 5:00 p.m. Decathlon 400-meters
 8:30 p.m. Men's 10,000-meters
 9:15 p.m. Women's 10,000-meters

Saturday, May 12

9:30 a.m. Decathlon 110-meter hurdles
 10:10 a.m. Decathlon discus
 10:15 a.m. Heptathlon long jump
 11:20 a.m. Decathlon pole vault
 11:30 a.m. Heptathlon javelin
 1:15 p.m. Decathlon javelin
 1:20 p.m. Men's long jump (trials & finals)
 1:45 p.m. Heptathlon 800-meters
 2:10 p.m. Women's 4x100-meter relay (trials)
 2:15 p.m. Men's high jump (trials & finals)
 2:20 p.m. Men's 4x100-meter relay (trials)
 2:30 p.m. Women's 1,500-meters (trials)
 2:35 p.m. Men's discus (trials & finals)
 2:50 p.m. Men's 1,500-meters (trials)
 3:10 p.m. Decathlon 1,500-meters
 3:20 p.m. Women's 400-meters (trials)
 3:30 p.m. Women's shot put (trials & finals)
 3:35 p.m. Men's 400-meters (trials)
 3:50 p.m. Women's 100-meters (trials)
 4:05 p.m. Men's 100-meters (trials)
 4:20 p.m. Women's 100-meter hurdles (trials)
 4:35 p.m. Women's long jump (trials & finals)
 4:35 p.m. Men's 110-meter hurdles (trials)
 4:50 p.m. Women's 800-meters (trials)
 5:15 p.m. Men's 800-meters (trials)
 5:20 p.m. Women's javelin (trials & finals)
 5:25 p.m. Women's 200-meters (trials)
 5:40 p.m. Men's 200-meters (trials)
 5:55 p.m. Women's 400-meter hurdles (trials)
 6:15 p.m. Men's 400-meter hurdles (trials)
 6:30 p.m. Men's 3,000-meter steeplechase
 6:45 p.m. Women's 3,000-meter steeplechase

Sunday, May 13

10:55 a.m. National Anthem
 11:00 a.m. Women's triple jump (trials & finals)
 11:00 a.m. Women's discus (trials & finals)
 12:00 p.m. Women's pole vault (trials & finals)
 12:30 p.m. Men's shot put (trials & finals)
 12:30 p.m. Women's high jump (trials & finals)
 12:45 p.m. Women's 4x100-meter relay (finals)
 12:55 p.m. Men's 4x100-meter relay (finals)
 1:05 p.m. Women's 1,500-meters (finals)
 1:15 p.m. Men's 1,500-meters (finals)
 1:25 p.m. Women's 100-meter hurdles (finals)
 1:30 p.m. Men's triple jump (trials & finals)
 1:30 p.m. Men's javelin (trials & finals)
 1:35 p.m. Men's 110-meter hurdles (finals)
 1:40 p.m. Women's 400-meters (finals)
 1:45 p.m. Men's 400-meters (finals)
 1:50 p.m. Women's 100-meters (finals)
 1:55 p.m. Men's 100-meters (finals)
 2:03 p.m. Women's 800-meters (finals)
 2:08 p.m. Men's 800-meters (finals)
 2:18 p.m. Women's 400-meter hurdles (finals)
 2:28 p.m. Men's 400-meter hurdles (finals)
 2:35 p.m. Women's 200-meters (finals)
 2:42 p.m. Men's 200-meters (finals)
 2:49 p.m. Women's 5,000-meters (finals)
 3:11 p.m. Men's 5,000-meters (finals)
 3:33 p.m. Women's 4x400-meter relay (sections if necessary)
 3:45 p.m. Men's 4x400-meter relay (sections if necessary)



**OUTDOOR TRACK
 AND FIELD
 CHAMPIONSHIPS**