University of Iowa Athletic Communications -- Elise Goodvin, Rowing Contact

9 a.m.

All Day

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WOMEN'S ROWING WEEKLY RELEASE

Wisconsin, Minnesota (Lake Macbride) 8 a.m.

2015-16 SCHEDULE

vs. #12 Indiana, #15 Lousiville

Lake Natoma Invitational

OPENING THE SEASON

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The University of Iowa women's rowing team opens the regular season at the Big Ten/ ACC Double Dual on Sunday, April 3 in Bloomington, Indiana. Competition is set to begin at 9 a.m. (CT) on Lake Lemon.

RACING ALTERATIONS

Due to expected windy conditions, the Big Ten/ACC Double Dual was moved from Saturday to Sunday. With No. 16 Notre Dame unable to compete following the schedule change, the racing structure was altered. The Hawkeyes, who were ranked No. 19 in the CRCA/USRowing Preseason Poll and are receiving votes in the most recent release, will now face No. 14 Indiana and No. 18 Louisville.

SUNDAY SCHEDULE

lowa will compete in seven races Sunday. The schedule is listed below. All times listed are Central and subject to change with weather conditions.

8 a.m. - Coxswain meeting

9 a.m. -- 1V8: Iowa, Louisville, Indiana

- 9:12 a.m. -- 2V8: Louisville, Indiana, Iowa
- 9:24 a.m. -- 1V4: Indiana, Iowa, Louisville
- 9:36 a.m. -- 2V4: Iowa, Louisville, Indiana
- 9:48 a.m. -- 1N8/3V8: Louisville (3V8), Indiana (1N8), Iowa (1N8)
- 10 a.m. -- 2N8/4V8: Iowa, Indiana
- 10:12 a.m. -- 3V4: Indiana, Iowa, Louisville

FOLLOW ALONG

Fans can keep up with the competition on Twitter @lowaRowing or @lndianaRowing. Live stream and live results are unavailable for the regatta, but fans can listen to live audio of the action. A link is available on the rowing schedule page at hawkeyesports.com.

SCOUTING THE COMPETITION

• No. 12 Indiana finished 11th at the NCAA Championships for the second consecutive season in 2015.

• The Hoosiers finished fourth for the second year in a row at the Big Ten Championships in 2015.

• This Sunday is the first regatta of the regular season for the Hoosiers.

• No. 15 Louisville placed fourth at the 2015 ACC Championships behind Virginia, Notre Dame, and Syracuse. The squad was not selected to compete in the NCAA Championships last season.

 The Cardinals opened the regular season at the Oak Ridge Cardinal Invitational, posting five wins and four runner-up finishes on day one and six runner-up finishes on day two. Louisville met strong competition in Virginia, Clemson, Minnesota, West Virginia, UCF, and Notre Dame crews.

BIG TEN STRENGTH

All seven rowing programs in the Big Ten Conference are represented in the CRCA/US-Rowing Coaches Poll, with four top 20 teams and three collecting votes. Three-time defending NCAA Champion Ohio State is ranked No. 3, followed by No. 7 Michigan, No. 12 Indiana, and No. 13 Wisconsin. Iowa, Michigan State, and Minnesota are all receiving votes in the most recent release. The conference saw four programs compete at the NCAA Championships last year and boast the national champion in each of the last three seasons.

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4/23 vs. Kansas, Oklahoma 5/1 vs. Tennessee, Clemson, UCF

Big Ten/ACC Double Dual

Big Ten/Big12 Double Dual

4/3

4/9

4/16-17

- 5/14-15 Big Ten Championships
- 5/27-29 NCAA Championships

All times are Central and subject to change.

Bold denotes home events.

COACHES

Andrew Carter	Head Coach	(Third Year)
Jeff Garbutt	Assistant Coach	(Third Year)
Julie Quoss	Assistant Coach	(Fourth Year)
Megan Fitzpatrick	Graduate Assistant	(Second Year)
Gabrielle Watson	Volunteer Assistant	(First Year)

FOLLOW THE HAWKEYES

A member of the lowa rowing staff will offer interactive Twitter content live at every regatta this season via @iowarowing. This feature gives Hawkeye fans the opportunity to stay up to date on the latest news and scores during every regatta.

Web Address: hawkeyesports.com (check the schedule page for live stats and live streams)

Facebook: facebook.com/iowawomensrowing

Twitter: twitter.com/iowarowing

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CRCA/USROWING COACHES POLL (as of March 29, 2016)

1 Brown (20) 2 California, Berkeley (5) 3 Ohio State 4 Virginia 5 Yale 6 Stanford 7 Michigan 8 Washington 9 Texas 10 Princeton 11 Washington State 12 Indiana 13 Wisconsin 14 Southern California 15 Louisville 16 Notre Dame 17 Harvard 18 Gonzaga 19 Syracuse

20 UCLA

Other Receiving Votes (alphabetical order): Duke,

Michigan State, Northeastern, Iowa, Minnesota, San Diego





FALL = FULL OF HIGHLIGHTS

• The Hawkeyes met several training benchmarks and made strides in the fall season. Iowa opened at the Head of the Des Moines, earning the collegiate trophy with top finishes in women's collegiate eight, collegiate four, and novice eight events. The team's top eight posted the fastest time across all levels of the competition field.

 The Hawkeyes also hosted elite competition in Indiana, welcoming the Hoosiers for two days of scrimmage action. The top two varsity eight crews from each program raced in a time trial, or head race, format on day one. The Hawkeyes held their own, topping Indiana in each 4,000-meter piece.

• The second day of scrimmaging included five 1,000-meter match races. The lowa varsity eights traded wins with the Hoosiers, while the Hawkeye fours dominated the day, winning all five races in the 1V4+ and 2V4+ divisions.

 Seeing a top program nationally prepared the Hawkeyes for their next challenge at the historic Head of the Charles Regatta. The team's top varsity eight and four crews headed east to for the first time since 2007 and met the challenge with impressive results.

• The varsity four placed sixth overall and third among collegiate crews behind Virginia and Brown, teams that placed first and third in the event at the NCAA Championship in 2015. Iowa's varsity eight placed ninth in a field of 32, which also included top NCAA programs from all the elite conferences. Both finishes were the best ever recorded by Hawkeye crews in the history of the 51-year-old event.

· lowa also sent crews to the Jayhawk Jamboree, jumping up a level to fill the roster spots left open by the student-athletes rowing in Boston.

• In the varsity eight, the Hawkeyes faced top crews from Kansas, Kansas State, and Tulsa, and earned an impressive third place finish. In the varsity four, Iowa's top crew was the runner-up. As at the Head of the Des Moines Regatta, the novice eight capped the day with a win.

ELITE INVITATIONS

Two lowa rowers received elite invitations to national rowing camps and had the opportunity to put the Tigerhawk on the map in the summer months. Morgan Grastorf and Gemma Kerr were selected to attend the 2015 U.S. Women's Under 23 National Team Selection Camp and the 2015 Junior Canadian National Team Selection Camp, respectively.

INTERNATIONAL COMPETITORS

lowa was visible in international competition last summer with Gemma Kerr and Hannah Bristowe representing Canada at the CanAmMex Regatta in Mexico City from July 6-11.

A LOOK BACK: BIG TEN CHAMPIONSHIP SUMMARY

The Hawkeyes finished sixth at the 2015 Big Ten Championship held at Eagle Creek Park in Indianapolis, Indiana. Iowa's point total of 79 is the second-highest scoring performance at the Big Ten Championships in program history, and the highest since 2003 when the Hawkeyes totaled 99 points for a fourth place result.

lowa's third varsity four posted the top finish with a third place result, while the first varsity four and second varsity four crews each finished fourth. The first varsity eight and first novice eight both placed sixth in the field. Following the competition, Beth Baustian (first team) and Cristy Hartman (second team) earned All-Big Ten honors, while Zoe Ribar received Iowa's Sportsmanship Award.

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IOWA KAWKEYES

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CRCA AWARDS ROUNDUP

Eight members of the lowa rowing team earned Collegiate Rowing Coaches Association recognition in 2015. Morgan Grastorf earned her second consecutive first team All-Central Region nod, while Victoria Bricker (Health & Human Physiology), Ellen Cranberg (English), Madeline Anglin (Nursing), Katie Brown (Psychology), Destinee Gwee (Biochemistry), Gabrielle Watson (Speech and Hearing Science), and Hannah Hawks (Journalism & Mass Communication) were named CRCA Scholar Athletes. To qualify for the honor student-athletes must possess a 3.5 cumulative GPA or higher, race in 75 percent of lowa's races, and be in their second, third or fourth year of eligibility. Anglin, Brown, and Gwee were also honored as scholar athletes in 2014, while Watson received the third honor of her career.

THE CARTER FILE

Andrew Carter was named the third head coach in University of Iowa rowing history in July 2013. In his first season at the helm, Carter helped the Hawkeyes attract the attention of the rowing community and receive votes in the Collegiate Rowing Coaches Association (CRCA)/USRowing Coaches Poll throughout the season. Freshman Morgan Grastorf -- who began the season as a novice -- garnered Pocock All-America Second Team and All-Central Region First Team recognition. She was also invited to attend the 2014 USRowing Women's Pre-Elite Camp in June, which grooms up-and-coming rowers for the national teams. Following the Big Ten Championship, sophomore Zoe Ribar was named first team All-Big Ten, sophomore Lauren Subler was named second team All-Big Ten and junior Gabrielle Watson received Iowa's Sportsmanship Award. The 2V4 crew of junior Rachel Crosley, freshman Kasia Gniatczyk, freshman Bec Clayton, sophomore Skylar McSorley and sophomore coxswain Rachel Chambers were recognized as Big Ten Boat of the Week following their first place result in the season opening regatta at Clemson. It marked Iowa's first weekly conference honor since April 15, 2008 and just the second boat of the week nod for Iowa all-time. The Hawkeyes also excelled in the classroom with five earning CRCA Scholar Athlete honors and 16 receiving Academic All-Big Ten recognition. Mackenzie Norton and Skylar McSorley (4.0) were also named Big Ten Distinguished Scholars.

In 2015, the Hawkeyes continued to take steps forward. The lowa rowing program garnered votes in the polls and closed the year ranked fifth among Region Four of the NCAA. Freshman Gemma Kerr was invited to attend the 2015 Junior Canadian National Team Selection Camp and sophomore Morgan Grastorf was selected to attend the U.S. Women's Under 23 National Team Selection Camp. The Hawkeyes tallied 79 points to finish sixth at the 2015 Big Ten Championship. Iowa's point total marked the second highest scoring performance at the Big Ten Championships in program history, and the highest since 2003 when the Hawkeyes totaled 99 points to finish fourth. After the competition, senior Beth Baustian earned first team All-Big Ten recognition, junior Cristy Hartman earned second team All-Big Ten honors, and junior Zoe Ribar was Iowa's Sportsmanship Award recipient. Grastorf earned her second consecutive first team All-Central Region honor, while Victoria Bricker, Ellen Cranberg, Madeline Anglin, Katie Brown, Destinee Gwee, Gabrielle Watson, and Hannah Hawks were named CRCA Scholar Athletes. Anglin, Brown, and Gwee were also honored as scholar athletes in 2014, while Watson received the third honor of her career.

During his coaching career, Carter has earned more than 50 championship medals, and over the last 14 years, he has coached eight All-Americans and 36 National Scholar-Athletes. Before becoming a Hawkeye, he turned Miami into a nationally-ranked program, and led Clemson to its first-ever ACC title and NCAA Championship appearance.

UP NEXT

lowa hosts its first home event since 2014 at Lake Macbride in Solon, Iowa, on April 9. The double dual features Big Ten opponents Minnesota and Wisconsin. The Hawkeyes meet the Badgers in the morning session and the Gophers in the afternoon session.

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