

THE UNIVERSITY OF IOWA



HAWKEYE ROWING

Rowing Contact: Amber Gartner

Sept. 22, 2003

Schedule

Fall 2003

at Milwaukee Challenge 2 Titles
(Milwaukee, WI)
9/27 Head of Des Moines
(Des Moines, IA)
10/12 Head of the Rock
(Rockford, IL)
10/18-19 Head of the Charles
(Boston, MA)
10/26 Head of the Iowa
(Iowa City, IA)

Spring 2004

3/19-21 at Longhorn Invitational
(Austin, TX)
3/27 Kansas State
(Iowa City, IA)
4/2-3 at San Diego Crew Classic
(San Diego, CA)
4/10 Wisconsin
(Iowa City, IA)
4/17 Indiana & Ohio State
(Bloomington, IN)
5/1 Big Ten Championships
(Iowa City, IA)
5/15-16 Central Regionals
(Oak Ridge, TN)
5/28-30 NCAA Championships

Iowa Quickfacts

Head Coach Mandi Kowal
Assistant Coaches Wendy Wisheart
..... Laura Macfarlane
2003 Big Ten Finish Fourth

Sports Information

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HAWKEYES TRAVEL TO HEAD OF THE DES MOINES

THIS WEEK: The University of Iowa rowing team will travel to Des Moines, IA, Saturday for the 20th annual Subaru Head of the Des Moines Regatta. The Des Moines Rowing Club hosts the Regatta, which is held on the Des Moines River between the Botanical Center and Prospect Park. Racing is scheduled to begin at 8:30 a.m.

SEASON OUTLOOK: The Hawkeye women's rowing team enters this season with a young but enthusiastic team. Fitness and universal technique have turned out to be the main focus of the fall season. The Novice squad has gotten off to a tremendous start with over 90 athletes trying out for the squad. Over 40 were selected. They are considered very athletic and talented which bodes well for the future of Iowa rowing.

LAST WEEK: The Hawkeyes competed at the Milwaukee River Challenge in Milwaukee, WI. The **Iowa A** boat captured first place in the Varsity 8+ with a time of 23:39. The **Iowa B** boat came in fourth with a time of 24:43. In the Varsity 4+, the **Iowa A** boat finished first and the **Iowa B** boat finished fourth.

HEAD COACH: **Mandi Kowal** is in her tenth year as head coach of the Hawkeyes. Her most recent accomplishments include leading Iowa to the NCAA Championship meet three of the past seven years. Kowal was a two-time rowing World Champion in the Women's Lightweight Four without coxswain in 1986 and 1987. She was named "Female Athlete of the Year" in 1987 by the US Rowing Association and was inducted into the United States Rowing Hall of Fame in 1997.

NEXT COMPETITION: The Hawkeyes will travel to Rockford, IL on Sunday, October 12 to compete at the Head of the Rock Regatta.