

IOWA HAWKEYES

University of Iowa Sports Information -- Chris Brewer, Cross Country Contact



CROSS COUNTRY WEEKLY RELEASE

September 29, 2003

2003 Women's Schedule

Aug. 29	Hawkeye Invitational <i>(1st/2 teams)</i>
Sept. 12	at Iowa State Open <i>(no team scores)</i>
Oct. 4	at Willamette Invitational Salem, OR
Oct. 18	at Pre-National Meet <i>Cedar Falls, IA</i>
Nov. 2	at Big Ten Championships <i>East Lansing, MI</i>
Nov. 15	at NCAA Midwest Regional <i>Stillwater, OK</i>
Nov. 24	at NCAA Championships <i>Cedar Falls, IA</i>

2003 Top Times

5,000-meters

Sarah Arens	18:32
Georgia Millward	19:46
Shannon Stanley	19:50
Atalie Barber	20:00
Christine Kotarba	20:11
Jenni Capista	20:36
Vanessa Menze	20:50
Chloe Millward	20:52
Michelle Sokol	21:42

3,000-meters

Sarah Arens	10:41
Katie Donlon	11:08
Shannon Stanley	11:14
Christine Kotarba	11:17
Atalie Barber	11:20
Georgia Millward	11:26
Jenni Capista	11:33
Chloe Millward	11:42
Michelle Sokol	12:01
Vanessa Menze	12:18

THIS WEEK - The University of Iowa women's cross country team travels to Salem, OR, to compete in the Willamette University Cross Country Invitational. The 5,000-meter race will begin at 1:30 p.m. Saturday at Bush Park.

AT-LARGE CONSIDERATION -- The Willamette Invitational will be Iowa's first opportunity to earn recognition for an at-large postseason bid. The top two finishers from each NCAA Regional Championship earn automatic bids to the NCAA Championships. The final Championship competitors are selected on an at-large basis.

HAWKEYE RUNNERS -- Hawkeye runners competing at the Willamette Invitational include Sarah Arens, Atalie Barber, Jenni Capista, Nikki Chapple, Katie Donlon, Christine Kotarba, Georgia Millward and Shannon Stanley.

IOWA FOES -- The Hawkeyes will face NCAA Division I schools, Junior Colleges, club teams and individuals competing unattached. Notable Division I opponents include Hawaii, Marquette, Nevada, Oregon, Portland, Portland State and Santa Clara.

HAWKEYE COACH LAYNE ANDERSON - Layne Anderson enters his first season as Iowa women's head cross country coach. Anderson served as the head men's and women's cross country coach and assistant track coach at Auburn University prior to joining the Iowa staff. During his tenure at Auburn, he coached seven all-Americans, two SEC champions and 58 academic all-SEC performers.

QUOTING COACH -- "We are going against good competition. Probably the best competition we are going to see talent wise. The girls are very excited. We have our running legs underneath us and this is a fast course so it is a great opportunity for us to reach midseason form. This really could be a break out meet for us."

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