



Meet Schedule – Tentative  
February 1 - 2, 2019

**Friday, February 1<sup>st</sup>**

**Field Events**

4:00pm	Long Jump	W
4:00pm	Weight Throw	W
To Follow	Weight Throw	M
5:00pm	Pole Vault	M
6:00pm	High Jump	W
7:00pm	Triple Jump	M

**Running Events**

4:30pm	60 M Hurdles	W
4:50pm	60 M Hurdles	M
5:05pm	60 M Dash	W
5:25pm	60 M Dash	M
5:45pm	5000 M Run	W
6:25pm	5000 M Run	M
7:05pm	DMR	W
7:20pm	DMR	M
7:35pm	200 M Dash	W
8:05pm	200 M Dash	M
8:30pm	600 M Run	W
8:50pm	600 M Run	M

**Saturday, February 2<sup>nd</sup>**

**Field Events**

10:30am	Triple Jump	W
10:30am	Shot Put	W
To Follow	Shot Put	M
12:00pm	Pole Vault	W
1:00pm	High Jump	M
1:30pm	Long Jump	M

**Running Events**

9:45am	60 M Hurdles - Semi	W
9:55am	60 M Hurdles - Semi	M
10:05am	60 M Dash - Semi	W
10:10am	60 M Dash - Semi	M
10:15am	3000 M Run	W
10:45am	3000 M Run	M
11:15am	Mile Run	W
11:40am	Mile Run	M
12:05pm	400 M Dash	W
12:25pm	400 M Dash	M
12:45pm	800 M Run	W
1:05pm	800 M Run	M

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2:00pm	60 M Hurdles - Final	W
2:05pm	60 M Hurdles - Final	M
2:10pm	60 M Dash - Final	W
2:15pm	60 M Dash - Final	M
2:20pm	400 M Dash	W
2:25pm	400 M Dash	M
2:30pm	Meyo Mile	W
2:40pm	Meyo Mile	M
2:50pm	800 M Run	W
3:00pm	800 M Run	M
3:10pm	3000 M Run	W
3:30pm	Ryan Shay 3000	M
3:45pm	4x400 M Relay	W
4:05pm	4x400 M Relay	M