

# THE UNIVERSITY OF IOWA



# Women's Gymnastics

Women's Gymnastics Contact -- Jana Hemphill

January 12, 2004

## 2004 Schedule

<i>Cancun Invitational</i>	2nd, 195.35
<b>J17 Iowa State</b>	<b>7 p</b>
<b>J24 Michigan</b>	<b>2 p</b>
<b>J31 NC State</b>	<b>2 p</b>
<i>F6 at Utah</i>	<i>7 p</i>
<i>F14 at Maryland</i>	<i>7 p</i>
<i>F20 at Illinois State</i>	<i>7 p</i>
<b>F27 Minnesota</b>	<b>7 p</b>
<i>M5 at Washington, Utah</i>	<i>7 p</i>
<i>M12 at Iowa State</i>	<i>7 p</i>
<i>M20 at Big Ten Champs</i>	<i>6 p</i>
<i>A3 at NCAA Regionals</i>	<i>6 p</i>
<i>A15 at NCAA Nationals</i>	<i>TBA</i>

## 2004 Indiv./Team Bests

<b>Vault:</b> .....	<b>9.9</b>
<i>Alexis Maday at Cancun Invite (1/2)</i>	
<b>Uneven Bars:</b> .....	<b>9.95<sup>^</sup></b>
<i>Alexis Maday at Cancun Invite (1/2)</i>	
<b>Balance Beam:</b> .....	<b>9.875</b>
<i>Alexis Maday at Cancun Invite (1/2)</i>	
<b>Floor Exercise:</b> .....	<b>9.925</b>
<i>Alexis Maday at Cancun Invite (1/2)</i>	
<b>All-Around:</b> .....	<b>39.65<sup>^</sup></b>
<i>Alexis Maday at Cancun Invite (1/2)</i>	
<b>Team Vault:</b> .....	<b>49.0</b>
<i>at Cancun Invite (1/2)</i>	
<b>Team Uneven Bars:</b> .....	<b>48.625</b>
<i>at Cancun Invite (1/2)</i>	
<b>Team Balance Beam:</b> .....	<b>48.5</b>
<i>at Cancun Invite (1/2)</i>	
<b>Team Floor:</b> .....	<b>49.225</b>
<i>at Cancun Invite (1/2)</i>	
<b>Team Total:</b> .....	<b>195.35</b>
<i>at Cancun Invite (1/2)</i>	

<sup>^</sup> – Ties School Record  
\* – School Record

## GymHawks Host Iowa State in Home Opener

**This Week:** The 12th-ranked Iowa women's gymnastics squad will host the sixth-ranked Iowa State Cyclones Saturday on the main floor of the Field House at 7 p.m. Admission is \$3.

**Cyclones:** Iowa State finished last year ranked 13th, with a 6-8 overall record. Freshman Erin Dethloff competed at the NCAA Championships in the all-around and returns for the Cyclones this year. Of last year's 24 routines, 20 are back. Additionally, Iowa State boasts six newcomers.

**Cyclones Lead Series:** The Cyclones and Hawkeyes have met 55 times. Iowa State leads the series 35-20.

**Last Year Against the Cyclones:** The GymHawks competed against Iowa State twice last season. Iowa traveled to Ames and lost to the Cyclones. **Alexis Maday** had two first-place finishes, while **Annie Rue** won the all-around. At the second meeting, Iowa won in Iowa City. Maday tied for first on vault with **Kortny Williamson**. Maday also won bars and took the all-around.

**Season Kicked Off at Cancun:** Iowa began its 2004 campaign with the Cancun Invitational at Cancun, Mexico. The GymHawks finished second while the Washington Huskies took first. Oklahoma came in third, and Texas Woman's University finished fourth. **Alexis Maday** dominated the competition, taking three individual titles and the all-around. Maday also tied career bests on the uneven bars and all-around.

**Season-Opening Record Broken in 2004:** In the GymHawks' season opener at the Cancun Invitational, Iowa broke its season-opening record by more than two points. The previous record of 193.25 was shattered by the new total of 195.35.

**Gymnasts Begin Season By Breaking Career Records:** Several Iowa gymnasts broke or tied career records at the Cancun Invitational. Sophomore **Kortny Williamson** tied for sixth on beam with a career-high 9.825. **Liz Grajewski** scored a 9.875 on floor, tying her career-best and finishing tied for fifth. Additionally, **Alexis Maday** tied her career-best on bars and all-around.

**GymHawks Welcome New Addition:** Freshman **Romina Mazzoni** will join the GymHawks at the beginning of the spring semester. Mazzoni is a transfer from the University of Oklahoma. Her most recent accomplishments include a bronze medal in the most recent Pan American Games. Mazzoni will have an immediate impact on the uneven bars.

## GymInfo Poll

Top 25 - Jan. 12 (by High Score)

Team	High
1. Utah*	197.500
2. Alabama	196.725
3. Nebraska	196.550
4. Washington*	196.450
5. UCLA	196.375
6. Iowa State*	196.300
7. Stanford	196.200
8. Florida	195.950
9. Arkansas	195.575
10. Georgia	195.550
11. Arizona	195.425
12. Iowa	195.350
Missouri	195.350
14. Oklahoma*	195.212
15. Michigan*	195.075
16. LSU	194.875
17. Minnesota	194.675
18. Central Michigan	194.475
19. New Hampshire	194.250
20. Oregon State	193.775
21. Ohio State*	193.675
22. Illinois*	193.675
23. Kentucky	193.637
24. Denver	193.600
25. Pittsburgh	193.450

\* - GymHawks 2003 opponents (includes dual and Big Ten Championships)

### Team Event

FX	8th	49.225
V	9th	49.000

### Individual Event

UB	Alexis Maday	t2nd	9.95
AA	Alexis Maday	4th	39.650
FX	Alexis Maday	t7th	9.925

## Sports Information

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## Gymnastics Quick Facts

Head Coach: ..... Mike Lorenzen  
 Alma Mater/Year: ..... Maryland/1986  
 Record at Iowa/Years: ..... 17-21/4  
 Overall Record/Years: ..... same  
 Associate Head Coach: ..... Larissa Libby  
 Alma Mater/Year: ... Louisiana State/1996  
 Assistant Coach: ..... Derek May  
 Alma Mater/Year: ..... San Jose State/1994  
 Gymnastics Secretary: ..... Irene Pearson  
 Gymnastics Office Phone: ... (319) 335-9741  
 2003 Record: ..... 5-5  
 2003 Conference Record/Finish: .... 3-0/2nd  
 2003 Postseason: ..... NCAAAs/11th  
 Letterwinners Returning/Lost: ..... 11/3  
 Newcomers: ..... 4

## Hawkeyes on the Web

The media and public can find a valuable and timely source of information about Iowa athletics at its world wide web site:

[www.hawkeyesports.com](http://www.hawkeyesports.com)

## Hawkeye Gymnastics Continued...

**Maday Earns Gymnast of Week Honor:** Senior **Alexis Maday** was selected as the first Big Ten Gymnast of the Week after her strong performance at the Cancun Invitational. Maday placed first on vault (9.9), beam (9.875), floor (9.925) and all-around (39.65). Maday's all-around score tied the school record, previously set by her. Maday also finished second on bars with a career-tying 9.95. It's the fifth time Maday has been named Big Ten Gymnast of the Week.

**In the Rankings:** Iowa remains 12th in the latest GymInfo Poll, tied with Missouri. The ranking is the GymHawks highest in school history.

**Quoting Lorenzen:** "We're very excited to open our home season against our in-state rivals. Iowa State has a very talented team this year and they're always really well-coached so we're expecting a terrific competition."

## 2004 Iowa Gymnastics Roster

Name	Ht.	Yr.	Hometown
Nathalie Balfour	5-5	So.	West Vancouver, British Columbia
Beth Dilick	5-3	Fr.	King George, VA
Liz Grajewski	5-4	So.	Covington, WA
Stephanie Gran	5-0	Sr.	Wauconda, IL
Brandy Killian	5-3	Sr.	Owosso, MI
Tiffany Kwan	5-3	So.	Unionville, Ontario
Danielle Legeai	4-11	Fr.	New Orleans, LA
Mindi Levitz	5-0	Jr.	Sunnyvale, CA
Krista Lewis	5-3	Fr.	Woodridge, IL
Alexis Maday	5-6	Sr.	Upper Marlboro, MD
Annie Rue	5-4	Jr.	Reisterstown, MD
Melissa Saliba	5-1	So.	Nashville, TN
Kortny Williamson	5-4	So.	Manheim, PA
Nicole Wong	5-7	Sr.	Virginia Beach, VA
Bobbie Zimmerman	5-5	Fr.	Naperville, IL

**Head Coach:** Mike Lorenzen (fifth season)

**Associate Head Coach:** Larissa Libby (fourth season)

**Assistant Coach:** Derek May (third season)