OCT. 30 | IOWA CITY, IOWA



CTADUCUED 101

IOWA HAWKEYES **MEN'S SWIMMING & DIVING**

ESTABLISHED 1	917		
<u>Date</u> Sept. 25-26	2015-16 SCHEDULE Opponent at Illinois Chicago	<u>Time</u> W, 155-77	THIS WEEK The University of Iowa men's Ten Conference dual Friday at
0ct. 9	Intrasquad Meet	Black, 94-79	LIVE RESULTS/LIVE STREAN Up-to-date results will be ava
0ct. 15-16	*Michigan State	W, 188-91	be available through Hawkeye can also follow the meet via T
0ct. 30	*#20 Minnesota	5 p.m.	DIVING TO NCAA ZONE STAN
Nov. 6	*at Purdue	4 p.m.	lowa got off to a strong start and 3-meter events against <i>I</i> 1-meter with a NCAA Zone qu
Dec. 4-6	Hawkeye Invitational	10 a.m./6 p.m.	with a NCAA Zone standard o the 1-meter, as he was the ru
Dec. 15-10	Winter Nationals	TBA	J. ALLEN IS ON FIRE
Jan. 23	*at Northwestern	11 a.m.	Senior Jackson Allen swam to relays and three individual vio
Jan. 29-30	Shamrock Invitational	TBA	time on the lowa team this se
Feb. 5	Western Illinois	6 p.m.	WAIT, HE'S A FRESHMAN? Jack Smith has hit the ground Stoke-On-Trent, England, post
Feb. 24-27	Big Ten Championships	10 a.m./6 p.m.	is leading the Hawkeyes in the third-fastest 50 free (20.79) ti
March 8-10	NCAA Zone Diving	TBA	HE CAN GO THE DISTANCE
March 24-27	NCAA Championships	10 a.m./6 p.m.	Sophomore Chris Dawson is lo the top times in the 500 free Iowa's dual win over Michigar
All times Cent	ral and subject to change	<u>.</u>	
* - Big Ten du	al		RETURNING NCAA QUALIFII The Hawkeyes return Roman T Championships this season. Tru relay (3:10.03), 24th in the 100
	TIC COMMUNICATIONS	alternate in the 100 and 200	
Assistant Dire		_James Allan	and 19th in the 400-medley re
Email	james-allar	n@uiowa.edu	score of 386.50 and was secon

Cell Phone (319) 530-5792 Elise Goodvin Swimming & Diving Contact elise-goodvin@uiowa.edu Email Cell Phone (319) 330-7922 Athletic Communications Phone _ (319) 335-9411 Athletic Communications Fax (319) 335-9417 Website hawkeyesports.com

's swimming and diving team will host 20th-ranked Minnesota in a Big t 5 p.m. (CT) at the Campus Recreation and Wellness Center Natatorium.

Μ

ailable on livestats.hawkeyesports.com. A live stream of the dual will also e All-Access on hawkeyesports.com. It is a subscription-based service. Fans Twitter by following @lowaSwimDive.

NDARDS

t in its first springboard competition of the season, winning the 1-meter Michigan State on Oct. 16. Freshman Will Brenner dove to a win on the qualifying standard of 306.15, while junior Andrew Hull won the 3-meter of 331.55. Iowa also got a NCAA standard from junior Brandis Heffner off unner-up with a score of 301.73.

o six first place finishes against Michigan State on Oct. 16, including three ictories. Allen's 50 free time of 20.32 was a collegiate best and is the top eason.

d (or water) running (or sprinting) for the Hawkeyes. The freshman from sted five first place finishes in Iowa's dual victory over Michigan State. Smith e 100 free (45.34) and 200 free (1:41.82) this season, while also posting the time. Smith is also part of the top 400 free and 800 free relays.

lowa's top distance swimmer early in the season. The Colorado native has e (4:37.71) and 1,000 free (9:36.75). Dawson claimed an event victory in In State, taking home the top time in the 500 free in 4:38.72.

IERS

Trussov Mike Nelson, Jerzy Twarowski and Addison Boschult from the NCAA russov placed 18th in the 200 medley relay (1:26.19), 19th in the 400-medley 0 breast (53.17), and 28th in the 200 breast (1:55.04), Nelson served as an breaststroke, Twarowski finished 18th in the 200-medley relay (1:26.19) elay (3:10.03), and Boschult placed 10th at the NCAA Championships with a nd overall off the platform at NCAA Zone D Diving Championships (387.70).

TRUSSOV: 2-TIME NCAA QUALIFIER

Senior Roman Trussov returns for his senior season as a two-time NCAA qualifier (2013, 2015). The Kazakhstan native holds the school records in the 100 breast (52.85), 200 breast (1:54.57) and as part of the 200 (1:25.53) and 400 (3:08.56) medley relays. Trussov placed 24th overall in the 100 breast and 28th in the 200 breast at the 2015 NCAA Championships.





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TOP FLYER RETURNS

Sophomore Jerzy Twarowski is back for his second season as a Hawkeye and his second season competing in the yards distances. Twarowski became the first lowa butterfly swimmer to break the 47-second mark during his first collegiate season, posting a school-record time of 46.70. He also broke a 22-year old school record (Rafal Szukala) in the 200 fly, finishing with a time of 1:44.00.

A LONG WAYS FROM HOME

This year's team will feature five Hawkeyes from overseas. Jerzy Twarowski comes to the UI program from Krakow, Poland, Roman Trussov from Ust-Kamenogorsk, Kazakhstan, David Ernstsson from Stockholm, Sweden, Kenneth Mende from Chemnitz, Saxony, Germany, and Jack Smith from Stoke-On-Trent, England.

SEASON RECAP

The Hawkeyes, who finished eighth at the 2015 Big Ten Championships return their top performers in 10-of-14 swimming events, 3-of-3 diving events, and four top performers in relays. Among the returnees are 4-of-5 swimmers and diver who competed in the 2015 NCAA Championships.

2015 1C CEACON DECT TIME

RECORD BREAKING YEAR

The Hawkeyes broke nine school records in 2015-16. Individually, Grant Betulius (100 backstroke - 45.56) and (200 backstroke - 1:42.19), Roman Trussov (100 breaststroke - 52.85) and (200 breaststroke - 1:54.57), Jerry Twaroski (100 butterfly - 46.70) and (200 butterfly - 1:44.00) and Addison Boschult (platform diving 409.20) all broke school records in their respective events. 200 medley relay of Betulius, Trussov, Twarowski, and Halsmer with the time of 1:25.53 and 400 medley relay of Betulius, Trussov, Twarowski, and Halsmer with the time of 3:08.56).

CAMPUS RECREATION AND WELLNESS CENTER

Ground was broken for the Campus Recreation and Wellness Center in October 2007. The facility opened in August 2010 and is_home for the Hawkeyes. It is located at the corner of Burlington and Madison streets and cost approximately \$69 million. The facility includes a 50-meter competition pool, a separate diving well, a leisure pool with lap lanes and 24,000 square feet of fitness space.

IOWA SWIMMING AND DIVING TRADITION

lowa was one of the first schools in the nation to compete on a collegiate level and competed at the first NCAA Championship. From 1937 to 1960, lowa placed in the NCAA top 10 18 times, crowning nine NCAA and 22 Big Ten champions.

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ON THE HORIZON

The Hawkeyes return to the pool Nov. 6, heading to West Lafayette, Indiana, for a road dual at Purdue.

50 Free	Jackson Allen	20.39
100 Free		
200 Free		
500 Free		
1,000 Free		
1,650 Free		
100 Back		
200 Back		1:51.25
100 Breast		
200 Breast		
100 Fly		
200 Fly		
200 IM		
400 IM		
200-Free Relay		1:21.68
400-Free Relay	Smith, Halsmer, Ernstsson, J. Allen	
800-Free Relay		
200-Medley Relay		
400-Medley Relay		
1-Meter Diving		306.15 (ZS)
3-Meter Diving		
Platform Diving		

(A) - NCAA A Cut (B) - NCAA B Cut (SR) -- school record ** Pool Record (ZS) - NCAA Diving Zone Standard





2015-16 IOWA MEN	TOP TIMES AND DIVES BY MEET				
Meet	50 Free	100 Free	200 Free	500 Free	1,000/1,650 Free
at UIC Intrasquad Mich. St. Minnesota at Purdue Hawkeye Invite at N'western Shamrock Invite W. Illinois B1G Champ. NCAA Champ.	Jack Smith (21.31) Jack Smith (20.79) Jackson Allen (20.32)	Jack Smith (45.34)	son Halsmer (1:42.60) drew Parker (1:51.2)	Logan Samuelson (4:43.29) Chris Dawson (4:37.71) Chris Dawson (4:38.72)	 Chris Dawson (9:36.75)
Meet at UIC Intrasquad Mich. St. Minnesota at Purdue Hawkeye Invite at N'western Shamrock Invite W. Illinois B1G Champ. NCAA Champ.	100 Back Matthew Boyd (51.90) Kenneth Mende (49.28) Andrew Parker (51.07)	200 Back Andrew Parker (1:51.25	Mike	100 Breast e Nelson (58.48) e Nelson (58.37) in Trussov (56.30)	<u>200 Breast</u> Quinn Risley (2:15.27)
Meet	100 Fly	200 Fly		200 IM	400 IM
at UIC Intrasquad Mich. St. Minnesota at Purdue Hawkeye Invite at N'western Shamrock Invite W. Illinois B1G Champ. NCAA Champ.	Jackson Allen (50.30) Jerzy Twarowski (48.75) Jackson Allen (49.02)	 Jerzy Twarowski (1:51.2!	5) Romar	 1 Trussov (1:54.59)	
Meet	200 Free Relay	400 Free Re	lay	800 Free Re	lay
at UIC Intrasquad Mich. St. Minnesota at Purdue Hawkeye Invite at N'western Shamrock Invite W. Illinois B1G Champ. NCAA Champ.	Halsmer, Rathbun, Dawson, Gannon (1:25. Casey, Farnum, Ernstsson, J. Allen (1:22. Halsmer, J. Allen, Kamin, Farnum (1:21.	48)	J. Allen (3:01.29)	 Kamin, Gannon, Ernstsson,	Smith (6:48.26)
Meet	200 Medley Relay	400 Medley R	<u>lelay</u>		
at UIC Intrasquad Mich. St. Minnesota at Purdue Hawkeye Invite at N'western Shamrock Invite W. Illinois B1G Champ. NCAA Champ.	C. Allen, Nichols, J. Allen, Kamin (1:33.91) Mende, Nelson, Twarowski, Halsmer (1:3 Ernstsson, Trussov, J. Allen, Halsmer (1:3(1.05)			
Meet	1-Meter	3-Meter		<u>Platform</u>	
at UIC Intrasquad Mich. St. Minnesota at Purdue Hawkeye Invite Winter Nationals at N'western Shamrock Invite W. Illinois B1G Champ.	 Will Brenner (306.15)	 Andrew Hull (331.55)			

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Athlete	50 Free	100 Free	200 Free	500 Free	1,000 Free	1,650 Free	100 Back	200 Bac
<u>Colter Allen</u> Jackson Allen	20.32		1:44.95					
Matthew Boyd	20.32		1.44.95				51.65	1:54.93
lke Casey	21.30	47.42					J1.0J	1.J4.73
Ben Colin	21.50	27.12		4:39.16	9:42.40			
Chris Dawson				4:37.71	9:36.75			
Drew Eisen		47.53		4:46.20	9:45.33			
David Ernstsson		46.32	1:42.09					
Brandon Farnum	21.19	46.75					53.45	
Kyle Gannon		47.20	1:42.41	4:45.37				
Jackson Halsmer	20.74	46.24	1:42.60					
RJ Hemmingsen								
Garrett Hoce			1:46.77					
Charles Holliday	21.14	47.03						
Maverick Hovey	21.92	46.20	1 42 00					
Matthew Kamin	21.10	46.38	1:42.90				40.20	
Kenneth Mende Mike Nelson							49.28	
Mike Nelson Tanner Nelson								
Tyler Nichols								
Andrew Parker			1:50.84				51.05	1:51.25
Kyle Patnode			1.55.01				51.05	1:56.48
Thomas Rathbun			1:42.17				52.88	1:55.19
Quinn Risley	21.79		· · ·					
Logan Samuelson			1:44.06	4:39.54	9:38.81			
Sam Sauerbrei								
Jack Smith	20.79	45.34	1:41.82					
Luke Snow		47.43	1:45.43					
Roman Trussov								
Jerzy Twarowski		48.24		4:49.65				
Athlete	100 Breast	200 Breast	100 Fly	200 Fly	200 IM	400 IM		
Colter Allen			51.14					
Jackson Allen Matthew Boyd	1:02.15		49.00					
lke Casey	1.02.15							
Ben Colin								
Chris Dawson								
Drew Eisen								
David Ernstsson								
Brandon Farnum								
Kyle Gannon								
Jackson Halsmer								
RJ Hemmingsen			51.00					
Garrett Hoce				1:58.87	1:56.71			
Charles Holliday			F1 0.4					
Maverick Hovey	1.03 50		51.04					
Matthew Kamin Kenneth Mende	1:02.59							
Kenneth Mende Mike Nelson	58.37	2:10.89						
Tanner Nelson	59.56	2:10.89						
Tyler Nichols	59.02	2:11.45	52.91					
Andrew Parker	37.02	2.11.17	JZ.71					
Kyle Patnode								
Thomas Rathbun								
Quinn Risley	59.40	2:15.27						
Logan Samuelson								
Sam Sauerbrei			1:53.24		1:55.67			
lack Smith			55.70					
Luke Snow								
Roman Trussov	56.30				1:54.59			
lerzy Twarowski			48.75	1:51.25				
Athlete	1-Meter	3-Meter	Platform					
Addison Boschult	293.48	314.70						
Will Brenner	306.15	272.55 317.60						
Brandis Heffner	301 73	117 / ^						

Brandis Heffner	
Andrew Hull	
Evan Hull	
Matt Mauser	

301.73 281.03 317.60 331.55

2015-16 IOWA MEN • INDIVIDUAL & RELAY WINS

INDIVIDUAL WINS

Name	Event	Meet
Jackson Allen	100 fly	at UIC, 9/26/15
Jackson Allen	50 free	Michigan St., 10/16/15
Jackson Allen	100 fly	Michigan St., 10/16/15
Matthew Boyd	100 back	at UIC, 9/26/15
Will Brenner	1-Meter Diving	Michigan St., 10/15/15
Chris Dawson	500 free	Michigan St., 10/16/15
Brandon Farnum	100 free	at UIC, 9/26/15
Jackson Halsmer	200 free	at UIC, 9/26/15
Mike Nelson	100 breast	at UIC, 9/26/15
Andrew Parker	200 back	Michigan St., 10/16/15
Roman Trussov	100 breast	Michigan St., 10/16/15
Roman Trussov	200 IM	Michigan St., 10/16/15
Jerzy Twarowski	200 fly	Michigan St., 10/16/15
Logan Samuelson	500 free	at UIC, 9/26/15
Jack Smith	50 free	at UIC, 9/26/15
Jack Smith	100 free	Michigan St., 10/16/15
Jack Smith	200 free	Michigan St., 10/16/15

RELAY WINS

Names

Halsmer, Rathbun, Dawson, Gannon
C. Allen, Nichols, J. Allen, Kamin
Halsmer, J. Allen, Kamin, Fanum
Kamin, Gannon, Ernstsson, Smith
Ernstsson, Trussov, J. Allen, Halsmer
Smith, Halsmer, Ernstsson, J. Allen

Event 200 free relay 200 medley relay 200 free relay 200 medley relay 400 free relay

Meet at UIC, 9/26/15 at UIC, 9/26/15 Michigan St., 10/15/15 Michigan St., 10/15/15 Michigan St., 10/16/15