

THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



MEN'S CONTACT: TRACI WAGNER, WOMEN'S CONTACT: AARON BLAU FEBRUARY 16, 2004

2004 MEN'S INDOOR SCHEDULE

Jan. 17	Hawkeye Invite	6 champs
Jan. 24	at Gold Country Classic	0 champs
Jan. 31	at UNI Invitational	3 champs
Feb. 7	at Husker Invitational	0 champs
Feb. 13-14	at ISU Classic	0 champs
Feb. 20	Iowa Open - Iowa City, IA	
Feb. 28-29	at Big Ten Championships (Ann Arbor, MI)	
Mar. 6	at NCAA Last Chance (Ames, IA)	
Mar. 12-13	at NCAA Championships (Fayetteville, AR)	

2004 MEN'S INDOOR SEASON BESTS

60 MetersDerrick Burks 6.87
200 Meters	...Zach Digney 21.86
400 Meters	...Juan Coleman 48.31
600 YardsMatt O'Hollearn 1:12.06
600 Meters	...Jason Nolting 1:21.03
800 Meters	...Josh Tweedy 1:54.30
1,000 Meters	Ben Lloyd 2:34.49
MileBen Lloyd 4:15.30
3,000 Meters	Matt Esche 8:18.63
5,000 Meters	Matt Esche 14:18.43
Two Miles	...Matt Esche 9:03.82
60 HurdlesRussell Peterson 8.27
Shot PutKen Kemeny ^59-10 1/2
Wt. Throw	...Brad Daufeldt 60-4 1/2
1600-Meter Relay 3:13.81
	<i>(Coleman, Peterson, O'Hollearn, Digney)</i>	
Distance Medley Relay 10:02.09
	<i>(Trainor, Leick, Tweedy, Rakaric)</i>	
	^NCAA provisional qualifier	

2004 BIG TEN INDOOR CHAMPIONSHIPS

The University of Iowa women's track and field team will host the 2004 Big Ten Indoor Track and Field Championships, February 28-29 at the University Recreation Building in Iowa City. For more information go to www.hawkeyesports.com or www.bigten.org.

THIS WEEK -- The Hawkeyes will host the co-ed Iowa Open Friday at the University of Iowa Recreation Building. Field events are set to start at 5:30 p.m., with running events starting at 6:30 p.m. Competing teams include Augustana, Coe and Loras.

BIG TEN CHAMPIONSHIPS PRESS CONFERENCE -- Women's Head Coach **James Grant** will hold a press conference Monday, February 23 at 2 p.m. to preview the upcoming Big Ten Indoor Women's Championships, which will be hosted by the University of Iowa. The press conference will be held in the press room, which is located on the ground floor of Carver-Hawkeye Arena. One or two student-athletes will accompany Grant. The Big Ten meet is Feb. 28-29.

IN THE RANKINGS -- Iowa has qualified 10 student-athletes for the 2004 NCAA Indoor Championships in six individual events and one relay. Fourteen athletes are ranked in the top five in their respective events in the Big Ten. Their events, best performances, whether they are an automatic or provisional qualifier, and where they rank in the nation and Big Ten are listed below.

Athlete	Event	Qualifier	Mark	Nation/Big 10
Sarah Arens	Dist. Med. Relay	PQ	11:30.36	12th/2nd
Atalie Barber	1,600-M Relay	---	3:48.08	--/4th
Derrick Burks	60 Meters	---	6.87	--/3rd
Nikki Chapple	3,000 Meters	PQ	9:34.17	26th/1st
Aisha Hume	600 Meters	---	1:33.44	--/2nd
	1,600-M Relay	---	3:48.08	--/4th
Tiffany Johnson	60-Meter Hurdles	---	8.62	--/5th
Ken Kemeny	Shot Put	PQ	59-10 1/2 (18.25m)	19th/4th
Michelle Lahann	Mile	PQ	4:47.23	22nd/3rd
	800 Meters	---	2:09.75	--/2nd
	Dist. Med. Relay	PQ	11:30.36	12th/2nd
Lindsey McCalla	1,600-M Relay	---	3:48.08	--/4th
Peaches Roach	High Jump	PQ	5-10 1/2 (1.79 m)	16th/1st
Erin Sheeley	1,600-M Relay	---	3:48.08	--/4th
Shannon Stanley	Dist. Med. Relay	PQ	11:30.36	12th/2nd
Jesse Strand	Pole Vault	---	11-11 3/4 (3.80 m)	---/5th
Shellene Williams	200 Meters	PQ	23.62	11th/2nd
	400 Meters	AQ	52.83	6th/1st
	Dist. Med. Relay	PQ	11:30.36	12th/2nd
	60 Meters	---	7.50	--/5th

PQ -- provisional qualifier, AQ -- automatic qualifier

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2004 WOMEN'S INDOOR SCHEDULE

Jan. 17	Hawkeye Invite	12 champs
Jan. 24	at Gold Country Classic	4 champs
Jan. 30-31	at UNI Invitational	1 champ
Jan. 31	at Illinois Invite.	4th/1 champ
Feb. 7	at Husker Invitational	1 champ
Feb. 13-14	at ISU Classic	3 champs
Feb. 20	Iowa Open -- Iowa City, IA	
Feb. 28-29	Big Ten Championships (Iowa City, IA)	
Mar. 6	at NCAA Last Chance (Ames, IA)	
Mar. 12-13	at NCAA Championships (Fayetteville, AR)	

2004 WOMEN'S INDOOR SEASON BESTS

60 MetersShellene Williams 7.50
200 Meters	...Shellene Williams ^123.62
400 Meters	...Shellene Williams \$152.83
600 YardsAisha Hume 1:21.74
600 Meters	...Aisha Hume 1:33.44
800 Meters	...Michelle Lahann 2:09.75
MileMichelle Lahann ^4:47.23
3,000 Meters	Nikki Chapple ^9:34.17
5,000 Meters	Nikki Chapple 16:48.21
60 HurdlesTiffany Johnson 8.62
High JumpPeaches Roach ^5-10 1/2
Long Jump	...Tiff Pedersen 17-5 1/4
Triple Jump	..Tiffany Johnson 38-9 3/4
Pole VaultSarah Burgett 11-11 3/4
Shot PutKamesha Marshall	... 46-4 1/4
Wt. Throw	...Erin O'Hearn 41-5 3/4
PentathlonTiff Pedersen 3,269
1600-Meter Relay	3:48.08
	(McCalla, Hume, Barber, Sheeley)	
Distance Medley Relay	^11:30.36
	(Lahann, Williams, Stanley, Arens)	

\$ NCAA Automatic Qualifier
 ^NCAA Provisional Qualifier
 !School Record

LAST WEEK -- The Hawkeyes posted some outstanding performances at the two-day Iowa State Classic in Ames. Senior **Shellene Williams** automatically qualified for the NCAA Championships in the 400 meters, setting a school record with a time of 52.83. **Williams** also ran the second leg on Iowa's distance medley relay that provisionally qualified with its winning time of 11:30.36. Seniors **Michelle Lahann** and **Sarah Arens** and freshman **Shannon Stanley** were also on the relay. Freshman high jumper **Peaches Roach** also provisionally qualified in her event with a season-best leap of 5-10 1/2. Winning events for the Hawkeyes were freshman **Nikki Chapple** (5,000 meters in 16:48.21) and senior **Aisha Hume**, who broke the 600-yard meet record she set last year with a time of 1:21.74. Senior **Ken Kemeny** improved his provisional qualifying mark in the shot put with a throw of 59-10 1/2. That mark tied his personal best, and earned him second place. Junior **Matt Esche** placed eighth in the 5,000 meters (14:18.43), senior **Brad Daufeldt** placed eighth in the weight throw (59-5), and the men's distance medley relay also placed eighth in 10:02.09.

HAWKEYE COACHES -- **Larry Wieczorek** is in his eighth year as Iowa's men's head track coach. As a runner, **Wieczorek** was a six-time Big Ten champion for Iowa, winning four track and two cross country titles. He was also a four-time all-American. In 1998, **Wieczorek** was inducted into the National Iowa Varsity Club Hall of Fame. He is assisted by former Iowa all-American and world-class 400-meter hurdler **Pat McGhee** and three-time all-American and two-time Big Ten shot put champion **Scott Cappos**.

James Grant is in his eighth year at the helm of the women's track and field program. Grant and the Hawkeyes had success in 2003, as the team placed sixth at the Big Ten Outdoor Championships. It was Iowa's highest finish during Grant's tenure. They also crowned a school-record six individual event champions, including two-time winner Shellene Williams who was the third female student-athlete in school history to win two events at the same conference meet. During his career at Iowa, Grant has coached one all-American and 14 Big Ten Champions. As a runner, Grant captained Eastern Michigan University's 1970 and 1971 track teams, earning all-America honors while specializing in the 400-meter dash, 400-meter hurdles and the mile relay. Grant is assisted by **Steve Callaway**, who was a decathlete and pole vault school record holder at Indiana, and **Layne Anderson**, a three-time Southern Conference champion who set 10 school records at The Citadel.

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