



IOWA HAWKEYES

MEN'S SWIMMING & DIVING

ESTABLISHED 1917

2015-16 SCHEDULE

| Date | Opponent | Time |
|----------------|-------------------------|---------------------------|
| Sept. 25-26 | at Illinois Chicago | W, 155-77 |
| Oct. 9 | Intrasquad Meet | Black, 94-79 |
| Oct. 15-16 | *Michigan State | W, 188-91 |
| Oct. 30 | *#20 Minnesota | L, 130.5-169.5 |
| Nov. 6 | *at Purdue | L, 112-188 |
| Dec. 4-6 | Hawkeye Invitational | 10 a.m./ 6 p.m./4 p.m. |
| Dec. 15-10 | Winter Nationals | TBA |
| Jan. 23 | *at Northwestern | 11 a.m. |
| Jan. 29-30 | Shamrock Invitational | TBA |
| Feb. 5 | Western Illinois | 6 p.m. |
| Feb. 24-27 | Big Ten Championships | 10 a.m./6 p.m. |
| March 8-10 | NCAA Zone Diving | TBA |
| March 24-27 | NCAA Championships | 10 a.m./6 p.m. |

All times Central and subject to change.

* - Big Ten dual |

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THIS WEEK

The University of Iowa men's swimming and diving team travels to Evanston, Illinois, for a Big Ten Conference dual at Northwestern on Saturday at 11 a.m. (CT) at the Norris Aquatics Center.

LIVE RESULTS

Up-to-date results will be available on <http://results.teamunify.com/isnasa/>. Fans can also follow the meet via Twitter by following @IowaSwimDive.

RACKING IN THE NCAA "B" QUALIFYING TIMES

Iowa has posted 13 NCAA "B" cuts during the first half of the 2015-16 season. Below is a rundown of the Hawkeyes performances:

- 50 Free: Jack Smith (20.14), Jackson Allen (20.14)
- 100 Free: Jack Smith (44.26)
- 200 Free: Jack Smith (1:37.80)
- 100 Back: Kenneth Mende (47.83)
- 200 Back: Kenneth Mende (1:45.27), Andrew Parker (1:46.15)
- 100 Breast: Roman Trussov (53.32), Mike Nelson (54.78)
- 200 Breast: Roman Trussov (1:56.18)
- 100 Fly: Jerzy Trussov (46.97), Jackson Allen (47.78)
- 200 Fly: Jerzy Twarowski (1:45.41)

BACKING INTO FIRST

Redshirt freshman Kenneth Mende showed his best against Big Ten foe, Purdue. The Germany native swam to two wins and a runner-up finish. Mende had a first-place showing in the 100 back (49.03) and 200 back (1:49.11). He also led off the runner-up 200-medley relay, where he had a split of 22.92--the fastest of the meet. Mende's season-best time of 48.84 in the 100 back is the eighth-fastest in program history.

BRENNER BIG FRESHMAN OF THE WEEK

Freshman Will Brenner was named the Big Ten Freshman of the Week on Dec. 9 after breaking the school record on the 1-meter springboard at the Hawkeye Invitational. This record had stood since 2004 (Timo Klami); Brenner broke it by nearly seven points.

DIVING TO NCAA ZONE STANDARDS

Four Hawkeye divers have posted NCAA Zone diving standards so far in the 2015-16 season. Will Brenner (365.00) set the school record in the 1-meter followed by Brandis Heffner (341.55), Addison Boschult (334.43) and Andrew Hull (332.25) have posted qualifying scores off the 1-meter, while Heffner (366.90), Hull (346.25), and Boschult (347.40) have qualifying scores on the 3-meter. Seniors Boschult (354.30) and Hull (339.25) have posted standards in Platform Diving.

FIRST PLACE FLYER

Sophomore Jerzy Twarowski flew fast in Iowa's Nov. 6 meet against Purdue. The Krakow, Poland, native swam to two first place finishes, touching first in the 100 fly in 48.50 seconds and 200 fly in 1:49.28. Twarowski has an NCAA "B" qualifying time in the 100 fly, posting a time of 48.04 in the dual meet against Minnesota.



FRESHMEN SET TO GO THE DISTANCE

Freshman Ben Colin has helped to lead the Hawkeyes in distance freestyle events this season. Colin swam a season-best time in the 1,000 free against Purdue on Nov. 6, touching at a time of 9:36.75, and touched in 4:35.06 in the 500, also a season best. Fellow freshman Drew Eisen leads the Hawkeyes in the 1,650, swimming a time of 16:05.22.

BOUNDING BREASTROKER

Senior Roman Trussov has led the way for the Hawkeyes in breaststroke competition this season. The Kazakhstan native swam to three top-three finishes against Purdue on Nov. 6. He had a season-best time of 55.49 in the 100 breast.

RETURNING NCAA QUALIFIERS

The Hawkeyes return Roman Trussov Mike Nelson, Jerzy Twarowski and Addison Boschult from the NCAA Championships this season. Trussov placed 18th in the 200 medley relay (1:26.19), 19th in the 400-medley relay (3:10.03), 24th in the 100 breast (53.17), and 28th in the 200 breast (1:55.04), Nelson served as an alternate in the 100 and 200 breaststroke, Twarowski finished 18th in the 200-medley relay (1:26.19) and 19th in the 400-medley relay (3:10.03), and Boschult

placed 10th at the NCAA Championships with a score of 386.50 and was second overall off the platform at NCAA Zone D Diving Championships (387.70).

TRUSSOV: 2-TIME NCAA QUALIFIER

Senior Roman Trussov returns for his senior season as a two-time NCAA qualifier (2013, 2015). The Kazakhstan native holds the school records in the 100 breast (52.85), 200 breast (1:54.57) and as part of the 200 (1:25.53) and 400 (3:08.56) medley relays. Trussov placed 24th overall in the 100 breast and 28th in the 200 breast at the 2015 NCAA Championships.

TOP FLYER RETURNS

Sophomore Jerzy Twarowski is back for his second season as a Hawkeye and his second season competing in the yards distances. Twarowski became the first Iowa butterfly swimmer to break the 47-second mark during his first collegiate season, posting a school-record time of 46.70. He also broke a 22-year old school record (Rafal Szukala) in the 200 fly, finishing with a time of 1:44.00.

CAMPUS RECREATION AND WELLNESS CENTER

Ground was broken for the Campus Recreation and Wellness Center in October 2007. The facility opened in August 2010 and is home for the Hawkeyes. It is located at the corner of Burlington and Madison streets and cost approximately \$69 million. The facility includes a 50-meter competition pool, a separate diving well, a leisure pool with lap lanes and 24,000 square feet of fitness space.

IOWA SWIMMING AND DIVING TRADITION

Iowa was one of the first schools in the nation to compete on a collegiate level and competed at the first NCAA Championship. From 1937 to 1960, Iowa placed in the NCAA top 10 18 times, crowning nine NCAA and 22 Big Ten champions.

ON THE HORIZON

The Hawkeyes return to action Jan. 29-30, heading to South Bend, Indiana, for the Shamrock Invitational.

2015-16 SEASON-BEST TIMES

| | | |
|------------------|-------------------------------------|------------------|
| 50 Free | Jackson Allen/Jack Smith | 20.14 (B) |
| 100 Free | Jack Smith | 44.26 (B) |
| 200 Free | Jack Smith | 1:37.80 (B) |
| 500 Free | Logan Samuelson | 4:31.28 |
| 1,000 Free | Chris Dawson | 9:36.75 |
| 1,650 Free | Chris Dawson | 15:49.22 |
| 100 Back | Kenneth Mende | 47.83 (B) |
| 200 Back | Kenneth Mende | 1:45.33 (B) |
| 100 Breast | Roman Trussov | 53.32(B) |
| 200 Breast | Roman Trussov | 1:56.18 (B) |
| 100 Fly | Jerzy Twarowski | 46.97 (B) |
| 200 Fly | Jerzy Twarowski | 1:45.41 (B) |
| 200 IM | Roman Trussov | 1:49.18 |
| 400 IM | Chris Dawson | 3:57.84 |
| 200-Free Relay | J. Allen, Halsmer, Smith, Farnum | 1:19.58 |
| 400-Free Relay | J. Allen, Smith, Halsmer, Ernstsson | 2:56.37 |
| 800-Free Relay | Smith, Ernstsson, Gannon, J. Allen | 6:39.96 |
| 200-Medley Relay | Mende, Trussov, Twarowski, Smith | 1:26.48 |
| 400-Medley Relay | Mende, Trussov, Twarowski, Smith | 3:10.83 |
| 1-Meter Diving | William Brenner | 365.00 (SR) (ZS) |
| 3-Meter Diving | Brandis Heffner | 366.90 (ZS) |
| Platform Diving | Addison Boschult | 354.30 (ZS) |

(A) - NCAA A Cut (B) - NCAA B Cut (SR) -- school record ** Pool Record (ZS) - NCAA Diving Zone Standard



| Meet | 50 Free | 100 Free | 200 Free | 500 Free | 1,000/1,650 Free |
|-----------------|----------------------------------|-------------------------|---------------------------|---------------------------|-------------------------|
| at UIC | Jack Smith (21.31) | Brandon Farnum (46.7) | Jackson Halsmer (1:42.60) | Logan Samuelson (4:43.29) | -- |
| Intrasquad | Jack Smith (20.79) | Jack Smith (45.34) | -- | Chris Dawson (4:37.71) | -- |
| Mich. St. | Jackson Allen (20.32) | Jack Smith (45.74) | Andrew Parker (1:51.2) | Chris Dawson (4:38.72) | Chris Dawson (9:36.75) |
| Minnesota | Jackson Allen (20.51) | Jack Smith (45.29) | Jack Smith (1:40.72) | Ben Colin (4:37.28) | Drew Eisen (16:05.22) |
| at Purdue | Jackson Allen (20.75) | Jackson Halsmer (45.76) | David Ernstsson (1:41.31) | Ben Colin (4:35.06) | Ben Colin (9:36.25) |
| Hawkeye Invite | Jackson Allen/Jack Smith (20.14) | Jack Smith (44.26) | Jack Smith (1:37.80) | Logan Samuelson (4:31.28) | Chris Dawson (15:49.22) |
| at N'western | | | | | |
| Shamrock Invite | | | | | |
| W. Illinois | | | | | |
| B1G Champ. | | | | | |
| NCAA Champ. | | | | | |

| Meet | 100 Back | 200 Back | 100 Breast | 200 Breast |
|-----------------|-----------------------|-------------------------|-----------------------|-------------------------|
| at UIC | Matthew Boyd (51.90) | -- | Mike Nelson (58.48) | -- |
| Intrasquad | Kenneth Mende (49.28) | -- | Mike Nelson (58.37) | -- |
| Mich. St. | Andrew Parker (51.07) | Andrew Parker (1:51.25) | Roman Trussov (56.30) | Quinn Risley (2:15.27) |
| Minnesota | Kenneth Mende (48.80) | Kenneth Mende (1:49.37) | Roman Trussov (55.98) | Roman Trussov (2:00.85) |
| at Purdue | Kenneth Mende (49.03) | Kenneth Mende (1:49.11) | Roman Trussov (55.49) | Roman Trussov (2:01.25) |
| Hawkeye Invite | Kenneth Mende (47.83) | Kenneth Mende (1:45.33) | Roman Trussov (53.32) | Roman Trussov (1:56.18) |
| at N'western | | | | |
| Shamrock Invite | | | | |
| W. Illinois | | | | |
| B1G Champ. | | | | |
| NCAA Champ. | | | | |

| Meet | 100 Fly | 200 Fly | 200 IM | 400 IM |
|-----------------|-----------------------------|---------------------------|-------------------------|------------------------|
| at UIC | Jackson Allen (50.30) | -- | -- | -- |
| Intrasquad | Jerzy Twarowski (48.75) | -- | -- | -- |
| Mich. St. | Jackson Allen (49.02) | Jerzy Twarowski (1:51.25) | Roman Trussov (1:54.59) | -- |
| Minnesota | Jerzy Twarowski (48.04) (B) | Jerzy Twarowski (1:48.28) | Roman Trussov (1:53.15) | -- |
| at Purdue | Jerzy Twarowski (49.50) | Jerzy Twarowski (1:49.38) | Roman Trussov (1:53.68) | -- |
| Hawkeye Invite | Jerzy Twarowski (46.97) | Jerzy Twarowski (1:45.41) | Roman Trussov (1:49.18) | Chris Dawson (3:57.84) |
| at N'western | | | | |
| Shamrock Invite | | | | |
| W. Illinois | | | | |
| B1G Champ. | | | | |
| NCAA Champ. | | | | |

| Meet | 200 Free Relay | 400 Free Relay | 800 Free Relay |
|-----------------|--|---|--|
| at UIC | Halsmer, Rathbun, Dawson, Gannon (1:25.97) | -- | -- |
| Intrasquad | Casey, Farnum, Ernstsson, J. Allen (1:22.48) | -- | -- |
| Mich. St. | Halsmer, J. Allen, Kamin, Farnum (1:21.68) | Smith, Halsmer, Ernstsson, J. Allen (3:01.29) | Kamin, Gannon, Ernstsson, Smith (6:48.26) |
| Minnesota | -- | Kamin, Ernstsson, Halsmer, Smith (2:59.40) | -- |
| at Purdue | -- | Smith, Ernstsson, Kamin, Halsmer (3:02.14) | -- |
| Hawkeye Invite | Allen, Halsmer, Smith, Farnum(1:19.58) | J. Allen, Smith, Halsmer, Ernstsson (2:56.37) | Smith, Ernstsson, Gannon, J. Allen (6:39.96) |
| at N'western | | | |
| Shamrock Invite | | | |
| W. Illinois | | | |
| B1G Champ. | | | |
| NCAA Champ. | | | |

| Meet | 200 Medley Relay | 400 Medley Relay |
|-----------------|---|--|
| at UIC | C. Allen, Nichols, J. Allen, Kamin (1:33.91) | -- |
| Intrasquad | Mende, Nelson, Twarowski, Halsmer (1:31.05) | -- |
| Mich. St. | Ernstsson, Trussov, J. Allen, Halsmer (1:30.77) | -- |
| Minnesota | -- | Mende, Trussov, Twarowski, Smith (3:15.96) |
| at Purdue | Mende, Trussov, Twarowski, Allen (1:30.07) | |
| Hawkeye Invite | Mende, Trussov, Twarowski, Smith (1:26.48) | Mende, Trussov, Twarowski, Smith (3:10.83) |
| at N'western | | |
| Shamrock Invite | | |
| W. Illinois | | |
| B1G Champ. | | |
| NCAA Champ. | | |

| Meet | 1-Meter | 3-Meter | Platform |
|------------------|---------------------------|--------------------------|---------------------------|
| at UIC | -- | -- | -- |
| Intrasquad | -- | -- | -- |
| Mich. St. | William Brenner (306.15) | Andrew Hull (331.55) | -- |
| Minnesota | Addison Boschult (327.38) | Andrew Hull (340.80) | -- |
| at Purdue | William Brenner (331.20) | Brandis Heffner (341.55) | -- |
| Hawkeye Invite | William Brenner (365.00) | Brandis Heffner (366.90) | Addison Boschult (354.30) |
| Winter Nationals | | | |
| at N'western | | | |
| Shamrock Invite | | | |
| W. Illinois | | | |
| B1G Champ. | | | |
| NCAA Zone Diving | | | |
| NCAA Champ. | | | |

| Athlete | 50 Free | 100 Free | 200 Free | 500 Free | 1,000 Free | 1,650 Free | 100 Back | 200 Back |
|------------------|---------|----------|----------|----------|------------|------------|----------|----------|
| Colter Allen | | | | | | | 50.53 | |
| Jackson Allen | 20.14 | 44.96 | 1:44.95 | | | | | |
| Matthew Boyd | | | | | | | 50.41 | 1:54.93 |
| Ike Casey | 21.30 | 47.42 | | | | | | |
| Ben Colin | | | 1:41.43 | 4:32.36 | 9:36.25 | 16:16.39 | | |
| Chris Dawson | | | 1:42.35 | 4:31.39 | 9:36.75 | 15:49.22 | | |
| Drew Eisen | | 47.53 | 1:47.65 | 4:38.98 | 9:45.33 | 16:05.22 | | |
| David Ernstsson | 20.84 | 44.82 | 1:38.33 | | | | 49.49 | |
| Brandon Farnum | 20.47 | 45.33 | | | | | 53.45 | |
| Kyle Gannon | 21.06 | 45.85 | 1:38.35 | 4:32.94 | | | | |
| Jackson Halsmer | 20.21 | 44.84 | 1:42.42 | | | | | |
| RJ Hemmingsen | 20.69 | | | | | | 50.71 | |
| Garrett Hoce | | | 1:46.77 | | | | | |
| Charles Holliday | 20.62 | 45.61 | | | | | | |
| Maverick Hovey | 21.12 | | | | | | 51.97 | |
| Matthew Kamin | 20.77 | 45.36 | 1:40.81 | | | | | |
| Kenneth Mende | | | | | | | 47.83 | 1:45.21 |
| Mike Nelson | 22.20 | | | | | | | |
| Tanner Nelson | 23.03 | | | | | | | |
| Tyler Nichols | 20.86 | | | | | | | |
| Andrew Parker | | | 1:50.84 | | | | 49.47 | 1:46.15 |
| Kyle Patnode | 21.08 | | | | | | 49.88 | 1:49.63 |
| Thomas Rathbun | | | 1:41.34 | 4:34.26 | | | 51.68 | 1:49.12 |
| Quinn Risley | 21.10 | | | | | | | |
| Logan Samuelson | | | 1:41.50 | 4:31.28 | 9:38.81 | 15:58.49 | | |
| Sam Sauerbrei | | | | | | | | |
| Jack Smith | 20.14 | 44.26 | 1:37.80 | | | | 54.35 | |
| Luke Snow | 20.85 | 45.77 | 1:40.47 | | | | | |
| Roman Trussov | 21.28 | | | | | | | |
| Jerzy Twarowski | 20.80 | 45.79 | | 4:49.65 | | | | |

| Athlete | 100 Breast | 200 Breast | 100 Fly | 200 Fly | 200 IM | 400 IM |
|------------------|------------|------------|---------|---------|---------|---------|
| Colter Allen | | | 49.23 | 1:51.76 | 1:53.17 | |
| Jackson Allen | | | 47.78 | | | |
| Matthew Boyd | 1:02.15 | | | | 1:52.80 | |
| Ike Casey | | | | | | |
| Ben Colin | | | | | | |
| Chris Dawson | | | | | | 3:57.84 |
| Drew Eisen | | | | | | 4:07.39 |
| David Ernstsson | | | | | | |
| Brandon Farnum | | | 51.28 | | | |
| Kyle Gannon | | | | | | |
| Jackson Halsmer | 1:00.79 | | | | | |
| RJ Hemmingsen | | | 48.97 | 1:51.85 | | |
| Garrett Hoce | | | | 1:56.56 | 1:53.87 | 4:03.79 |
| Charles Holliday | | | 52.50 | | | |
| Maverick Hovey | | | 49.61 | 1:52.98 | | |
| Matthew Kamin | 1:02.46 | | | | | |
| Kenneth Mende | | | | | 1:49.81 | 4:05.32 |
| Mike Nelson | 54.78 | 2:01.28 | | | 1:57.88 | |
| Tanner Nelson | 56.84 | 2:07.12 | | | 1:58.89 | |
| Tyler Nichols | 55.87 | 2:02.99 | 49.23 | 1:55.05 | | |
| Andrew Parker | | | | | 1:54.77 | |
| Kyle Patnode | | | 48.76 | | | |
| Thomas Rathbun | | | | | | |
| Quinn Risley | 58.04 | 2:09.39 | | | 1:56.78 | |
| Logan Samuelson | | | | | | |
| Sam Sauerbrei | | | 1:53.24 | | 1:55.67 | |
| Jack Smith | | | 55.70 | | | |
| Luke Snow | | | | | | |
| Roman Trussov | 53.32 | 1:56.18 | | | 1:49.18 | |
| Jerzy Twarowski | | | 46.97 | 1:45.41 | | |

| Athlete | 1-Meter | 3-Meter | Platform |
|------------------|---------|---------|----------|
| Addison Boschult | 327.38 | 347.40 | 354.30 |
| William Brenner | 365.00 | 299.63 | -- |
| Brandis Heffner | 331.70 | 366.90 | -- |
| Andrew Hull | 301.20 | 346.25 | 339.25 |
| Evan Hull | -- | 247.25 | -- |
| Matt Mauser | -- | -- | -- |

INDIVIDUAL WINS

| Name | Event | Meet |
|-----------------|----------------|------------------------|
| Jackson Allen | 100 fly | at UIC, 9/26/15 |
| Jackson Allen | 50 free | Michigan St., 10/16/15 |
| Jackson Allen | 100 fly | Michigan St., 10/16/15 |
| Jackson Allen | 50 free | Minnesota 10/30/15 |
| Matthew Boyd | 100 back | at UIC, 9/26/15 |
| Will Brenner | 1-Meter Diving | Michigan St., 10/15/15 |
| Chris Dawson | 500 free | Michigan St., 10/16/15 |
| Brandon Farnum | 100 free | at UIC, 9/26/15 |
| Jackson Halsmer | 200 free | at UIC, 9/26/15 |
| Kenneth Mende | 200 back | Minnesota 10/30/15 |
| Kenneth Mende | 100 back | at Purdue 11/06/15 |
| Kenneth Mende | 200 back | at Purdue 11/06/15 |
| Mike Nelson | 100 breast | at UIC, 9/26/15 |
| Andrew Parker | 200 back | Michigan St., 10/16/15 |
| Logan Samuelson | 500 free | at UIC, 9/26/15 |
| Jack Smith | 50 free | at UIC, 9/26/15 |
| Jack Smith | 100 free | Michigan St., 10/16/15 |
| Jack Smith | 200 free | Michigan St., 10/16/15 |
| Jack Smith | 100 free | Minnesota 10/30/15 |
| Roman Trussov | 100 breast | Michigan St., 10/16/15 |
| Roman Trussov | 200 IM | Michigan St., 10/16/15 |
| Roman Trussov | 100 breast | Minnesota 10/30/15 |
| Jerzy Twarowski | 200 fly | Michigan St., 10/16/15 |
| Jerzy Twarowski | 200 fly | Minnesota 10/30/15 |
| Jerzy Twarowski | 100 fly | Minnesota 10/30/15 |
| Jerzy Twarowski | 200 fly | at Purdue 11/06/15 |

RELAY WINS

| Names | Event | Meet |
|---------------------------------------|------------------|------------------------|
| Halsmer, Rathbun, Dawson, Gannon | 200 free relay | at UIC, 9/26/15 |
| C. Allen, Nichols, J. Allen, Kamin | 200 medley relay | at UIC, 9/26/15 |
| Halsmer, J. Allen, Kamin, Fanum | 200 free relay | Michigan St., 10/15/15 |
| Kamin, Gannon, Ernstsson, Smith | 800 free relay | Michigan St., 10/15/15 |
| Ernstsson, Trussov, J. Allen, Halsmer | 200 medley relay | Michigan St., 10/16/15 |
| Smith, Halsmer, Ernstsson, J. Allen | 400 free relay | Michigan St., 10/16/15 |
| Mende, Trussov, Twarowski, Smith | 400 medley relay | Minnesota 10/30/15 |