



IOWA FIELD HOCKEY

BIG TEN TOURNAMENT - COLUMBUS, OHIO

2013 SCHEDULE (11-7, 2-4)

8/30 vs. Bucknell W, 3-1
9/1 at Lafayette College W, 3-0
9/7 #18 Wake Forest^ W, 2-0
9/8 #1 North Carolina^ L, 3-1
9/13 Central Michigan W, 7-1
9/15 #10 Stanford# L, 2-0
9/21 vs. Drexel L, 2-1
9/22 at Kent State W, 6-0
9/27 at #12 Northwestern*! L, 4-3
10/5 at #19 Michigan* L, 3-2
10/7 Missouri State# W, 7-1
10/11 Indiana*# W, 5-1
10/13 Pacific# W, 7-2
10/18 at Ohio State* W, 3-1
10/20 at Miami (Ohio) W, 3-1
10/25 #6 Penn State*! L, 2-1
10/27 UC Davis W, 5-1
11/2 Michigan State* L, 4-3

Big Ten Tournament (Columbus, Ohio)		
11/7 Michigan# 9 a.m.
11/8 Semifinals! 9 a.m.
11/10 Final! 11 a.m.

NCAA Tournament (TBA)		
11/16 First Round TBA
11/17 Second Round TBA

All games listed are Central
 ^ Big Ten/ACC Challenge
 * Big Ten Conference Games
 ! Televised by Big Ten Network
 # Streamed live on BTN.com

No.	Team	Points
1.	Maryland (18-1)	680
2.	Syracuse (15-2)	638
3.	*North Carolina (14-4)	570
4.	Virginia (15-4)	567
5.	Old Dominion (12-6)	514
6.	*Penn State (13-4)	474
7.	Connecticut (15-4)	472
8.	Duke (13-5)	457
9.	Princeton (12-4)	420
10.	*Stanford (14-4)	344
11.	Boston College (12-6)	322
12.	Massachusetts (16-4)	293
13.	*Northwestern (15-4)	259
14.	Louisville (15-4)	231
15.	*Wake Forest (11-7)	214
16.	Albany (15-4)	155
17.	Delaware (14-4)	126
18.	*Michigan (12-7)	77
19.	Temple (14-5)	75
20.	IOWA (11-7)	66

* - 2013 Opponent

THIS WEEK

The 20th-ranked University of Iowa field hockey team travels to the Big Ten Tournament in Columbus, Ohio this week. The fifth-seeded Hawkeyes open tournament play against No. 4 seed Michigan at 9 a.m. (CT) at Buckeye Varsity Field on Thursday.

TOURNAMENT SCHEDULE

Thursday, Nov. 7

- #4 Michigan vs. #5 Iowa - 9 a.m.
- #2 Northwestern vs. #7 Ohio State - 11:15 a.m.
- #3 Michigan State vs. #6 Indiana - 1:30 p.m.

Friday, Nov. 8 - Semi Finals

- #1 Penn State vs. #4 Michigan/#5 Iowa - 9 a.m.
- #2 Northwestern/#7 Ohio State vs. #3 Michigan State/#6 Indiana - 11:30 a.m.

Sunday, Nov. 10 - Championship

Semifinal #1 winner vs. Semifinal #2 winner - 11 a.m.

THE BIG TEN TOURNAMENT ON BTN

BTN will provide live coverage of the quarterfinals, semifinals and final of the Big Ten Field Hockey Tournament at Ohio State. Live streamed coverage of the quarterfinal round will begin at 9 a.m. (CT) on Thursday, Nov. 7, with the second and third games to follow at approximately 11:15 a.m. (CT) and 1:30 p.m. (CT). Coverage of the semifinal round will begin live at 9 a.m. (CT) on Friday, Nov. 8, with the second game to air on delay at 11 p.m. (CT) that evening on BTN. The championship game will air live on BTN at 11 a.m. (CT) on Sunday, Nov. 10.

HAWKEYES BIG TOURNAMENT HISTORY

The Hawkeyes have won three of the last seven Big Ten Tournaments winning three-straight from 2006-2008. Iowa is one of three schools that has claimed at least four championships (1994, 2006, 2007, 2008), joining Penn State and Michigan. Penn State is the only other school to win three-straight titles. Iowa is 27-15 (.643) all-time in conference tournament play, which marks the most tournament wins for any Big Ten School.

Iowa holds a number of Big Ten Tournament records. Anne-Marie Thomas and Vicki Sax are tied for the most goals (4) in one game. Thomas holds the record for most points (9) in one game. As a team, the Hawkeyes hold the mark for most goals in a game (8, against Indiana in 2007) and most goals in a tournament (15, in 2007).

IOWA'S SEEDING HISTORY

Iowa will be the fifth seed for the sixth time in school history at the 2013 Big Ten Tournament. The Hawkeyes hold a 4-4 record when seeded fifth. The last time the Hawkeyes were seeded fifth in the Big Ten Tournament in 2006, Iowa took home the championship. The fifth-seeded Hawkeyes defeated third-seeded Penn State in the championship round, 2-1. Additionally, the last time the Big Ten Tournament was held in Columbus, Ohio (2007), the Hawkeyes were crowned champions, defeating Michigan in the championship round.

SCOUTING MICHIGAN

Michigan finished its regular season with a 12-7 overall record, including a 4-2 conference mark. Michigan is lead by former Hawkeye standout Marcia Pankratz. Pankratz is in her 14th season at the helm of the program. On the field, Michigan is lead by Rachel Mack. Mack leads the Big Ten in points with 48 and in goals with 21. Michigan defeated the Hawkeyes in Ann Arbor earlier this season on Oct. 5, 3-2.

IOWA KEEPS ROLLING ON OFFENSE

The Hawkeyes finished the regular season leading the conference in goals scored with 62 and a 3.44 goals per game average. Iowa last led the Big Ten in goals per game in 2004 with a 2.67 goals per game average. Sophomore Natalie Cafone has led the way for the Hawkeyes on offense. Cafone finished the regular season second in the league in points with 45 and second in goals with 19.

SILFER NAMED BIG FRESHMAN OF THE WEEK

Jessy Silfer was named Big Ten Freshman of the week on Oct. 22, helping anchor an Iowa defense that allowed only two goals in the Hawkeyes' two victories at Ohio State and Miami (Ohio). Silfer and the Hawkeyes first took down Ohio State (Oct. 18), 3-1, surrendering only eight shots. Next, Iowa defeated Miami (Ohio) (Oct. 20), 3-1, and only allowed seven shots. Iowa won five Player of the Week awards this season.

BIG TEN STANDINGS

	Conf.	Over.
Northwestern	5-1	15-4
Penn State	5-1	13-4
Michigan	4-2	12-7
Michigan State	4-2	9-9
IOWA	2-4	11-7
Indiana	1-5	9-9
Ohio State	0-6	5-12

2013 ROSTER

1	Chandler Ackers	Fr.
2	Aubrey Coleman	Sr.
7	Sophie Plasteras	Fr.
8	Stephanie Norlander	Fr.
9	Natalie Cafone	So.
10	Sara Watro	Jr.
11	Brynn Gitt	Jr.
12	Kelsey Mitchell	Sr.
14	Marika Stribos	Jr.
16	Jessy Silfer	Fr.
17	Danielle Peirson	RS Jr.
18	Karli Johansen	Sr.
19	Dani Hemeon	Jr.
21	Isabella Licciardello	So.
22	Ali Campos	Fr.
28	Kelsey Boyce	RS Sr.
44	Alexandra Pecora	Fr.
49	Niki Schultheis	Sr.
54	Liz Leh	So.

ATHLETIC COMMUNICATIONS

Jimmy Novak
Field Hockey Contact



Area Code (319)
Office Phone..... 335-9411
FAX 335-9417
Press Box Number 319-215-7503
E-mail james-r-novak@uiowa.edu

MEDIA INFORMATION

PRACTICE ATTENDANCE - All practices are open to the media, and interviews may be conducted 15 minutes prior to or at the completion of practice. However, media must inform Jimmy Novak of their intention to attend practice. The Hawkeyes practice daily from 2:30-5 p.m. at Grant Field.

PLAYER INTERVIEWS - All player interviews are coordinated through Jimmy of the sports information office. Please contact Jimmy (319-335-9411) so that he may set a time which does not interfere with the student-athlete's academic or practice schedules.

HEMEON, NORLANDER NAMED BIG PLAYERS OF WEEK

Iowa junior Dani Hemeon and freshman Stephanie Norlander earned Big Ten Offensive Player of the Week and Freshman of the Week, respectively, on Oct. 15. The weekly honor was the first of Hemeon's career, while it was the second honor for Norlander. She earned Freshman of the Week honors on Sept. 24. Hemeon exploded offensively for the Hawkeyes, scoring four goals in two games, including a hat trick in the 5-1 win against Big Ten foe Indiana (Oct. 11). Hemeon's hat trick was the first by a Hawkeye since sophomore Natalie Cafone accomplished the feat at Kent State on Sept. 22. Hemeon is second on the team in points with 26, including 11 goals. Norlander was a big part of Iowa's two victories over the weekend, scoring a goal on three shots. Norlander scored the opening goal against Pacific (Oct. 13), which helped set the tone early. Iowa went on to beat Pacific, 7-2.

3 HAWKEYES COMPETE IN PAN AMERICAN CUP

Iowa freshman Stephanie Norlander and former Hawkeye All-Americans Jessica Barnett and Meghan Beamesderfer competed in the 2013 Pan American Cup, Sept. 21-28, in Mendoza, Argentina. Norlander and Barnett represent ed-Canada, while Beamesderfer played for the United States National Team. Beamesderfer earned a silver medal as the United States placed second, while Norlander and Barnett received bronze medals for a third place finish with Team Canada. Norlander was the youngest player on Team Canada.

HAWKEYES DANCING AGAIN

Iowa garnered an at-large bid to the NCAA Tournament for the second-straight season last year, earning back-to-back bids for the first time since 2007-08. The Hawkeyes fell in the first round of the tournament at No. 7 Virginia, 3-2.

IOWA IN THE NCAA TOURNAMENT

The Hawkeyes were selected to the NCAA Tournament last year for the sixth time in nine years, and for the 22nd time in program history -- the most of any school as a member of the Big Ten Conference. The Hawkeyes are 26-23 all-time in tournament play, including 9-5 in first round match-ups and 11-6 in second round contests. Iowa has advanced to 11 NCAA Final Fours, winning the 1986 national championship. The Hawkeyes 26 tournament victories and 11 NCAA Final Fours are the most of any school as a member of the Big Ten Conference.

IOWA NEWCOMERS

The Black and Gold feature six freshmen on the 2013 roster. Jessy Silfer and Chandler Ackers have both seen action in the backfield. Ali Campos, Stephanie Norlander, and Sophie Plasteras have contributed to the Hawkeye forward line. Freshman goal keeper Alexandra Pecora earned her first career win on Oct. 7 against Missouri State.

HAWKEYES ON WATCH LIST

Three University of Iowa field hockey players -- Karli Johansen, Niki Schultheis, and Marika Stribos -- appear on the 2013 Big Ten Field Hockey Players to Watch List.

Johansen, a senior from North Vancouver, Canada, has played in 64 career games and made 59 starts for the

Hawkeyes. She was named to the Big Ten All-Tournament team as a sophomore and junior. Johansen was selected to the Canadian Women's National Team in April. Johansen, who served as captain of the Canadian Junior World Cup Team in July, is one of eight Big Ten field hockey standouts also named to the list last season.

Schultheis, a senior from Hamburg, Germany, enters her fourth year as a starter for the Hawkeyes. Schultheis started all 21 games and posted a career-high 10 assists in 2012. The 10 assists marked the second-highest total on the team and ranked 10th in the Big Ten. Schultheis is a two-time Academic All-Big Ten honoree and a three-time NFHCA National Academic Squad member.

Stribos, a senior from Brussels, Belgium, has played in 73 career games for the Hawkeyes with 70 career starts. Last season as a junior, Stribos was named a Longstreth/NFHCA First Team West Region All-American, in addition to being a second team All-Big Ten selection. She is a two-time Academic All-Big Ten honoree and a three-time NFHCA National Academic Squad member.

DR. GRANT SELECTED TO NFHCA HALL OF FAME

Former University of Iowa women's athletic director Dr. Christine H.B. Grant has been selected to the NFHCA Hall of Fame. Grant joins Virginia head coach Michele Madison, a former Iowa assistant (1982-89), and Ursinus College head coach Laura Moliken in the Class of 2013.

A pioneer in intercollegiate athletics in the United States, Grant became the first women's athletics director at the University of Iowa in 1973. In her 27 years at the helm of a separate Women's Athletic Department, Grant helped coaches develop highly competitive teams at the national level and at the conference level where they won 27 Big Ten Conference titles. A native of Scotland, Grant has earned national acclaim for her dedication to gender equity in athletics. She has testified on Title IX and Gender Equity before several U.S. House of Representatives Subcommittees and has served as an expert witness in many Title IX lawsuits. She served as President of both the AIAW and the NACWAA.

She was given an Honorary Doctorate of Humane Letters by Luther College and also by the University of Northern Iowa and named one of the 100 Most Influential Sports Educators in America by the Institute of International Sport.

Iowa's home facility -- Grant Field -- is named in honor of Grant, the founder of Iowa field hockey.

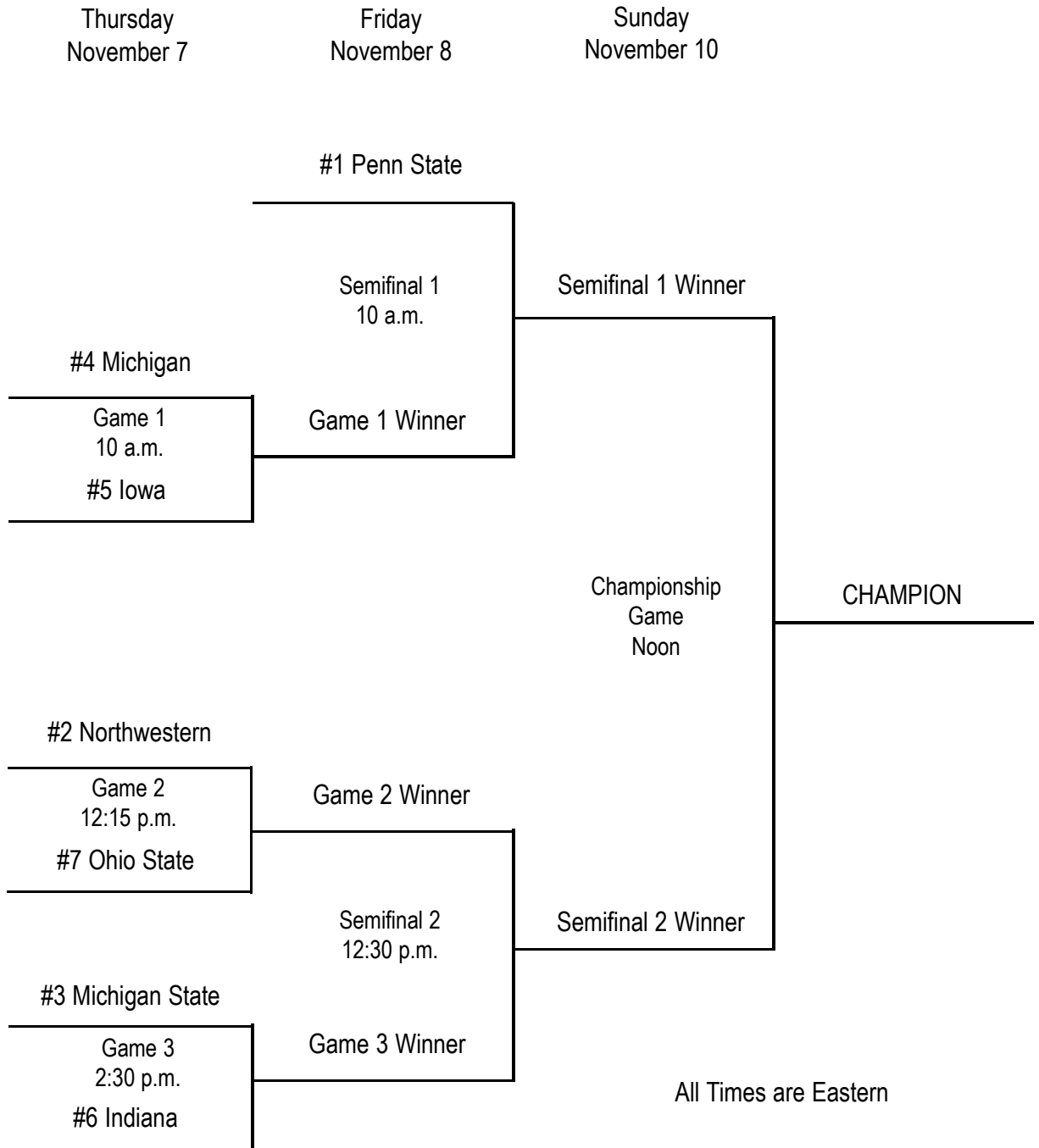
FOLLOW THE HAWKEYES ON FACEBOOK AND TWITTER

Become fans of the official Iowa Field Hockey fan page by going to facebook.com/iowafieldhockey to follow the Hawkeyes on Facebook. Fans can also follow the Black and Gold on Twitter and Instagram (@iowafieldhockey).

2013 Big Ten Field Hockey Tournament

Hosted by Ohio State University

All games will be played at Buckeye Varsity Field



All Times are Eastern



**FIELD HOCKEY
TOURNAMENT**

Iowa Hawkeye Field Hockey
Iowa Combined Team Statistics (as of Nov 02, 2013)
All games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	11-7	6-4	4-2	1-1
CONFERENCE	2-4	1-2	1-2	0-0
NON-CONFERENCE	9-3	5-2	3-0	1-1

Date	Opponent	Score	Att.	##	Player	gp	g	a	pts	sh	sh%	sog	sog%	gw	ps-att	dsv	
Aug 30	vs Bucknell	w	3-1	212	9	Cafone, Natalie	18	19	7	45	74	.257	51	.689	5	0-0	0
Sep 01	at Lafayette	w	3-0	357	19	Hemeon, Dani	18	12	4	28	65	.185	41	.631	0	0-0	6
Sep 07	#18 WAKE FOREST	w	2-0	235	8	Norlander, Stephanie	15	8	0	16	30	.267	18	.600	3	0-0	0
Sep 08	#1 NORTH CAROLINA	L	1-3	337	12	Mitchell, Kelsey	18	6	2	14	27	.222	17	.630	0	0-0	0
Sep 13	CENTRAL MICHIGAN	w	7-1	188	49	Schultheis, Niki	18	3	7	13	5	.600	5	1.000	0	0-0	0
Sep 15	#10 STANFORD	L	0-2	210	14	Stribos, Marike	18	4	2	10	25	.160	10	.400	1	1-1	0
Sep 21	vs DREXEL	L	1-2	73	18	Johansen, Karli	18	4	0	8	26	.154	12	.462	2	3-4	0
Sep 22	at Kent State	w	6-0	224	2	Coleman, Aubrey	18	3	0	6	9	.333	7	.778	0	0-0	0
* Sep 27	at #12 Northwestern	Lot	3-4	168	10	Watro, Sara	18	3	0	6	7	.429	7	1.000	0	0-0	0
* Oct 05	at #19 Michigan	L	2-3	428	11	Gitt, Brynn	8	0	1	1	0	.000	0	.000	0	0-0	0
Oct 07	MISSOURI STATE	w	7-1	111	21	Licciardello, I.	18	0	0	0	2	.000	2	1.000	0	0-0	0
* Oct 11	INDIANA	w	5-1	324	7	Plasteras, Sophie	15	0	0	0	2	.000	2	1.000	0	0-0	0
Oct 13	PACIFIC	w	7-2	152	54	Leh, Liz	7	0	0	0	1	.000	0	.000	0	0-0	0
* Oct 18	at Ohio State	w	3-1	251	16	Silfer, Jessy	18	0	0	0	1	.000	1	1.000	0	0-0	0
Oct 20	at Miami	w	3-1	115	22	Campos, Ali	8	0	0	0	0	.000	0	.000	0	0-0	0
* Oct 25	#6 PENN STATE	L	1-2	403	17	Peirson, Danielle	18	0	0	0	0	.000	0	.000	0	0-0	0
Oct 27	UC DAVIS	w	5-1	379	1	Ackers, Chandler	6	0	0	0	0	.000	0	.000	0	0-0	0
* Nov 02	MICHIGAN STATE	L	3-4	84													
						Total	18	62	23	147	274	.226	173	.631	11	4-5	6
						Opponents	18	29	23	81	162	.179	89	.549	7	1-3	3

TEAM STATISTICS	IOWA	OPP
SHOT STATISTICS		
Goals-Shot attempts	62-274	29-162
Goals scored per game	3.44	1.61
Shot pct.	.226	.179
Shots on goal-Attempts	173-274	89-162
SOG pct.	.631	.549
Shots/Game	15.2	9.0
PENALTY CORNERS	107	111
PENALTY STROKES	4-5	1-3
PENALTIES		
Green cards	16	11
Yellow cards	4	3
Red cards	0	0
ATTENDANCE		
Total	2423	1543
Dates/Avg Per Date	10/242	6/257
Neutral Site #/Avg	2/142	

##	Goalie	GP	Min.	GA	GAAvg	Saves	Pct	W-L-T	Sho
28	Boyce, Kelsey	17	1164:00	26	1.56	54	.675	10-7-0	3.0
44	Pecora, Alexandra	2	105:00	3	2.00	0	.000	1-0-0	0.0
	Total	18	1269:00	29	1.60	60	.674	11-7-0	3
	Opponents	18	1269:00	62	3.42	111	.642	7-11-0	1

Goals by Period	1st	2nd	OT	Total
Iowa	26	36	0	62
Opponents	16	12	1	29

Shots by Period	1st	2nd	OT	Total
Iowa	133	140	1	274
Opponents	70	86	6	162

Saves by Period	1st	2nd	OT	Total
Iowa	22	36	2	60
Opponents	66	44	1	111

Corners by Period	1st	2nd	OT	Total
Iowa	54	53	0	107
Opponents	45	62	4	111

Iowa Hawkeye Field Hockey
Iowa Combined Team Statistics (as of Nov 02, 2013)
Conference games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	2-4	1-2	1-2	0-0
CONFERENCE	2-4	1-2	1-2	0-0
NON-CONFERENCE	0-0	0-0	0-0	0-0

Date	Opponent	Score	Att.	#	Player	gp	g	a	pts	sh	sh%	sog	sog%	gw	ps-att	dsv
* Sep 27	at #12 Northwestern	Lot 3-4	168	9	Cafone, Natalie	6	6	2	14	23	.261	17	.739	2	0-0	0
* Oct 05	at #19 Michigan	L 2-3	428	19	Hemeon, Dani	6	6	1	13	29	.207	16	.552	0	0-0	0
* Oct 11	INDIANA	w 5-1	324	8	Norlander, Stephanie	5	2	0	4	8	.250	5	.625	0	0-0	0
* Oct 18	at Ohio State	w 3-1	251	49	Schultheis, Niki	6	1	2	4	1	1.000	1	1.000	0	0-0	0
* Oct 25	#6 PENN STATE	L 1-2	403	12	Mitchell, Kelsey	6	1	1	3	7	.143	5	.714	0	0-0	0
* Nov 02	MICHIGAN STATE	L 3-4	84	14	Stribos, Marike	6	1	1	3	4	.250	2	.500	0	0-0	0

TEAM STATISTICS **IOWA** **OPP**

SHOT STATISTICS			
Goals-Shot attempts	17-82	15-64	
Goals scored per game	2.83	2.50	
Shot pct.	.207	.234	
Shots on goal-Attempts	51-82	33-64	
SOG pct.	.622	.516	
Shots/Game	13.7	10.7	
PENALTY CORNERS	31	43	
PENALTY STROKES	0-0	0-1	
PENALTIES			
Green cards	3	1	
Yellow cards	1	1	
Red cards	0	0	
ATTENDANCE			
Total	811	847	
Dates/Avg Per Date	3/270	3/282	
Neutral Site #/Avg	0/0		

21	Licciardello, I.	6	0	0	0	1	.000	1	1.000	0	0-0	0
16	Silfer, Jessy	6	0	0	0	1	.000	1	1.000	0	0-0	0
10	Watro, Sara	6	0	0	0	1	.000	1	1.000	0	0-0	0
7	Plasteras, Sophie	5	0	0	0	1	.000	1	1.000	0	0-0	0
2	Coleman, Aubrey	6	0	0	0	1	.000	1	1.000	0	0-0	0
17	Peirson, Danielle	6	0	0	0	0	.000	0	.000	0	0-0	0
1	Ackers, Chandler	1	0	0	0	0	.000	0	.000	0	0-0	0
Total		6	17	7	41	82	.207	51	.622	2	0-0	0
Opponents		6	15	13	43	64	.234	33	.516	4	0-1	1

#	Goalie	GP	Min.	GA	GAAvg	Saves	Pct	W-L-T	Sho
28	Boyce, Kelsey	6	429:00	15	2.45	18	.545	2-4-0	0.0
Total		6	429:00	15	2.45	18	.545	2-4-0	0
Opponents		6	429:00	17	2.77	34	.667	4-2-0	0

Goals by Period				
	1st	2nd	OT	Total
Iowa	6	11	0	17
Opponents	9	5	1	15

Shots by Period				
	1st	2nd	OT	Total
Iowa	37	44	1	82
Opponents	27	31	6	64

Saves by Period				
	1st	2nd	OT	Total
Iowa	7	9	2	18
Opponents	20	13	1	34

Corners by Period				
	1st	2nd	OT	Total
Iowa	15	16	0	31
Opponents	15	24	4	43