

SF State Distance Carnival - 4/3/2015 to 4/4/2015**San Francisco State University (Cox Stadium)****Results****Women 800 Meter Run**

	Name	Yr	School	Finals
Section 1				
1	Jessica Pahkala	JR	AK Anchorage	2:10.59
2	Lynelle Decker	JR	Seattle Pacific	2:10.64
3	Bailey Henshaw	SR	Chico State	2:11.91
4	Carina Gillespie	FR	Air Force	2:11.96
5	Aimee Bryson	FR	BYU	2:12.89
6	Kelsey Lathrop	SO	Wichita State	2:13.01
7	Addy Townsend	SR	Unattached	2:16.35
8	Rebecca Zaiter	SR	Illinois-Chicago	2:17.23
9	Alicia Williams	FR	Cal Baptist	2:17.79
Section 2				
1	Tamara Perez	FR	AK Anchorage	2:13.31
2	Rebekah Ent	FR	UC Santa Barbara	2:13.72
3	Kaitlin Large	SO	UC Santa Barbara	2:14.67
4	Kyrah Vaughn	JR	Stanislaus	2:14.93
5	Sarah Brandt	SO	Butte	2:15.09
6	Aman Hundal	JR	Stanislaus	2:15.45
7	Akia Buford	FR	Stanislaus	2:15.56
8	Ericka Taylor	FR	Academy of Art	2:16.67
9	Kayla Lennea	JR	Simon Fraser	2:17.34
10	Kaelyn Harbison	SO	Academy of Art	2:18.20
11	Sophie Dodd	FR	Simon Fraser	2:18.76
12	Ashlie Standow	SO	Washington St	2:18.85
13	Marie Brashears	SR	UC Irvine	2:18.89
14	Tatiana Gillick	FR	Humboldt St	2:22.15
Section 3				
1	Ariel Jensen	FR	Lewis-Clark	2:13.91
2	Allison Aafedt	JR	Utah	2:14.56
3	Bailey Beeson	JR	Western Oregon	2:14.71
4	Christa Collmer	SR	Concordia (Or)	2:14.77
5	Kylie Jorgensen	FR	BYU	2:14.98
6	Ali Teliha	SO	St. Mary's (Ca)	2:15.86
7	Alana Mussatto	FR	Simon Fraser	2:16.85
8	Hannah Magnuson	JR	Loyola (Ill.)	2:18.16
9	Leanne Asper	SO	Washington St	2:18.84
10	heidi Low	SR	ForÅsa Running	2:19.57
11	Stephanie Stuckey	JR	Western Oregon	2:24.59
12	Myha Castro	FR	SF State	2:24.59
13	Marayne Martin	FR	San Jose St.	2:28.86
Section 4				
1	Susie Garza	FR	Oregon Tech	2:15.34
2	Makenzie Clark	FR	Utah	2:15.41
3	Aspen Abbott	SO	Southern Ore	2:16.48
4	Ashlie Renfro	JR	Lewis-Clark	2:17.94
5	Kendall Reed	SO	Rhodes	2:18.15
6	Kylie Cleveland	FR	Stanislaus	2:18.17
7	Jocelyne Ferrufino	SR	Northridge	2:18.36
8	Brittany Householder	SR	Humboldt St	2:18.51
9	Amia Nash	SR	Santa Clara	2:18.56
10	Millie Leitich	SO	Cal Baptist	2:19.04
11	Elizabeth Khuu	SR	Academy of Art	2:20.14
12	Suzie Van De Grift	FR	Western Oregon	2:20.41

13	Morgan Pugh	Unattached	2:21.38
14	Murphy Nicholson	SR UC Davis	2:23.10
15	Sophie Meads	FR Loyola (Ill.)	2:24.70
16	Claren Fraher	FR Gonzaga	2:32.79

Section 5

1	Raeanna Cortez	JR Northridge	2:18.03
2	Rachel Crawford	SO Western Oregon	2:18.10
3	Molly Stroosma	SO Gonzaga	2:19.48
4	Cassie Stansbury	SO CCSF	2:19.97
5	Madison Grenier	FR Chico State	2:21.10
6	Charlie Davidson	FR Cal Baptist	2:21.62
7	Nyralee Chhotu	JR St. Mary's (Ca)	2:21.84
8	Sarah Bailey	SR Pacific	2:22.30
9	Morgan McFaddin	JR Chico State	2:22.32
10	Miranda DosSantos	FR San Jose St.	2:22.55
11	Anna Henning	FR Monterey Bay	2:22.77
12	Janica Pegram	SO Unattached	2:24.22
13	Annie Roberts	FR Humboldt St	2:29.24

Section 6

1	Kody Atkins	JR Unattached	2:19.64
2	Denise Reis	FR Stanislaus	2:21.22
3	Isabella Fauria	7 Unattached	2:23.06
4	Lauren Nakaso	JR Pacific	2:25.14
5	Niki Hemminger	SO Humboldt St	2:25.52
6	Greer Chrisman	FR Santa Clara	2:25.90
7	Amanda Reynolds	SR Humboldt St	2:26.48
8	Marylu Pulido	FR Unattached	2:28.05
9	Sara Dionne	SR Monterey Bay	2:28.94
10	Victoria Olaiz	SR Northridge	2:32.52
11	Skylar Fenton	FR San Francisco	2:38.69

Section 7

1	Karen Mac	FR Santa Clara	2:24.37
2	Marlene Alcantar	FR Sequoias	2:24.51
3	Hannah Peterson	SR Santa Clara	2:25.04
4	Rachael Duriez	SO Northridge	2:25.68
5	Lizzie Meredith	FR UC Santa Cruz	2:26.46
6	Ane Archuleta	FR American River	2:26.96
7	Autumn Burton	FR UC Santa Cruz	2:30.20
8	Iris Martinez	SR East Bay	2:31.81
9	Vanessa Mares	JR East Bay	2:32.65
10	Allyson Richmond	JR William Jessup	2:33.49
11	Jordan Hitchcock	St Peters NZ	2:33.88
12	Evelyn Muros	SO UC Santa Cruz	2:34.00
13	Mackenzie Theiler	FR American River	2:36.69
14	Cynia Sapp	FR East Bay	2:36.74
15	Amber Taylor	FR William Jessup	2:37.25
16	Jessica Stacey	SO San Jose St.	2:38.48

Women 1500 Meter Run

	Name	Yr	School	Finals
Section 1				
1	Jennifer Beckingham	JR	San Jose St.	4:26.82
2	Katie Nicholls	JR	Idaho State	4:27.88
3	Olivia Watt	JR	Chico State	4:29.62
4	Lizette Huerta	JR	Pomona	4:32.19

SF State Distance Carnival - 4/3/2015 to 4/4/2015

San Francisco State University (Cox Stadium)

Results

Section 1 ... (Women 1500 Meter Run)

Name	Yr	School	Finals
5 Caroline Weiler	FR	Utah State	4:33.45
6 Margo Richardson		Unattached	4:33.63
7 Ashley Heller		Idtc	4:34.47
8 Kristi Rush	SO	BYU	4:34.84
9 Giulia Vessa	FR	Air Force	4:38.83
10 Paige Nock	FR	Simon Fraser	4:41.00
11 Rebecca Zaiter	SR	Illinois-Chicago	4:44.72
12 Audrey Michaelson	SO	Loyola (Ill.)	4:45.95

Section 2

1 Nikki Rietz	JR	Utah	4:34.49
2 Lora James	JR	Chico State	4:34.84
3 Olivia Mancl	FR	Willamette	4:35.29
4 Courtney Kriegshauser	FR	Vanderbilt	4:35.94
5 Rebecca Bassett	SO	Simon Fraser	4:37.43
6 Hannah Magnuson	JR	Loyola (Ill.)	4:37.75
7 Anna Holdiman	FR	Boise State	4:37.76
8 Miryam Bassett	FR	Simon Fraser	4:40.48
9 Tess Wilberding	SO	Iowa	4:40.56
10 Rebecca Esselstein	SR	Air Force	4:43.51
11 Kansas Mackenzie	SO	Simon Fraser	4:44.68
12 Tiffany Christensen	SO	Wichita State	4:45.72

Section 3

1 Veronica Hall	JR	Cal Baptist	4:31.88
2 Alyssa Steed	FR	BYU	4:33.89
3 Stephanie Stuckey	JR	Western Oregon	4:34.23
4 Hannah Bell	SO	Monterey Bay	4:35.12
5 Maddie Criscione	FR	Vanderbilt	4:38.18
6 Erika Nash	SO	BYU	4:38.37
7 Angelica Parodi	FR	San Jose St.	4:42.18
8 Rachel Crawford	SO	Western Oregon	4:43.28
9 Megan Huebner	FR	Vanderbilt	4:43.59
10 Sophie Meads	FR	Loyola (Ill.)	4:45.11
11 Sarah Miranda	JR	Stanislaus	4:47.97
12 Laura Oâ€™neill	SR	Unattached	4:49.57
13 Sierra Brown	SO	Northwest Chr	5:00.42

Section 4

1 Monica Huston	SO	BYU	4:39.52
2 Jenna Hinkle	FR	UC Santa Barbara	4:40.01
3 Ashlie Standow	SO	Washington St	4:40.17
4 Tatiana Gillick	FR	Humboldt St	4:41.30
5 Sophie Bush	JR	Lewis-Clark	4:42.86
6 Camille Hansen	SO	East Bay	4:43.49
7 Kaelyn Harbison	SO	Academy of Art	4:44.62
8 Kandace Compton	SO	American River	4:45.68
9 Dakota Grossman	FR	Utah	4:47.11
10 Jessy McIntyre	FR	Monterey Bay	4:47.34
11 Elizabeth Khuu	SR	Academy of Art	4:48.83
12 Oddysey Tapia	SR	East Bay	4:50.34
13 Ericka Taylor	FR	Academy of Art	4:52.98
14 Olivia Goins	SO	UC Davis	4:58.09
15 Sarah Whybark	SR	Concordia (Or)	5:04.75

Section 5

1 Jessie Rozario	SR	Southern Ore	4:36.50
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2 Jocelyne Ferrufino	SR	Northridge	4:42.00
3 Isabella Fauria	7	Unattached	4:42.12
4 Zoe Urcadez	JR	Gonzaga	4:42.97
5 Sierra Ungerman	SO	Mt. Sac	4:43.38
6 Kim Rabenstein	SO	Cal Baptist	4:44.48
7 Hannah Wood	FR	Santa Clara	4:46.40
8 Sarah Perrin	SO	East Bay	4:48.41
9 Raeanna Cortez	JR	Northridge	4:48.79
10 Claren Fraher	FR	Gonzaga	4:52.90
11 Cia Bywater	JR	Concordia (Or)	4:54.52
12 Nicole Dillavou	SR	Lewis-Clark	4:56.09
13 Kaitlyn Kuehn	SO	Santa Clara	5:00.04
14 Madison Hiatt	FR	Cal Baptist	5:01.14

Section 6

1 Nyrilee Chhotu	JR	St. Mary's (Ca)	4:45.18
2 Dalen Richardson	FR	Concordia (Or)	4:45.75
3 Mary Charleson	FR	Seattle Pacific	4:47.27
4 Morgan Pugh		Unattached	4:49.06
5 Lauren Nakaso	JR	Pacific	4:49.25
6 Megan Perkins	FR	Utah State	4:52.38
7 Erin Thomas	FR	San Francisco	4:52.53
8 Karli Lundquist	JR	Utah State	4:53.15
9 Jacquie Adams	FR	Chico State	4:53.65
10 Annie Roberts	FR	Humboldt St	4:56.89
11 Lauren Wilch	SO	San Francisco	4:57.95
12 Sophia Blair	FR	Unattached	4:58.39
13 Kathia Avila	JR	SF State	5:04.61
14 Amanda Reynolds	SR	Humboldt St	5:12.47

Section 7

1 Hannah Calvert	SO	Seattle Pacific	4:48.52
2 Lizzie Meredith	FR	UC Santa Cruz	4:50.08
3 Chloe Rock	FR	SF State	4:52.85
4 Sara Dionne	SR	Monterey Bay	4:54.69
5 Marylu Pulido	FR	Unattached	4:56.32
6 Emily Harper	FR	SF State	4:56.56
7 Maria Hurtado Leyva	FR	Sonoma St.	4:57.00
8 Abby Watkins	FR	Rhodes	4:57.14
9 Rachael Duriez	SO	Northridge	4:57.53
10 Gabriela Maldonado	SO	Stanislaus	4:57.82
11 Natalie Berania		Unattached	4:57.90
12 Frankie Loayza	FR	UC Santa Cruz	4:58.75
13 Diana Orozco	JR	San Jose St.	5:11.23
14 Fattima Momini	FR	Monterey Bay	5:13.44

Section 8

1 Cristina Hernandez	JR	Monterey Bay	4:56.04
2 Rebecca Hook	JR	NW Nazarene	4:59.35
3 Victoria Olaiz	SR	Northridge	5:01.05
4 Jamie Morris	FR	Academy of Art	5:01.30
5 Marisa Rudolph	FR	Santa Clara	5:02.37
6 Emily McCarty	SO	Academy of Art	5:02.90
7 Autumn Burton	FR	UC Santa Cruz	5:03.09
8 Cynthia Salazar	SR	Impala RT	5:08.68
9 Alma Zamora	FR	Sequoias	5:09.01
10 Michele Perez-Lopez	FR	De Anza	5:11.67
11 Motana Loveday	FR	Chico State	5:11.95

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Name	Yr	School	Finals
12 Breanna Garcia	JR	San Jose St.	5:18.20
13 Crystal Raygoza	FR	Northridge	5:20.75

Section 9

1 Abby Utic	FR	Sonoma St.	5:07.15
2 Ty Jones	JR	Stanislaus	5:09.55
3 Savannah Silacci	FR	Sonoma St.	5:10.59
4 Nancy Rodriguez	FR	Hartnell	5:11.29
5 Adeline Blair	FR	Sequoias	5:11.82
6 Jessica Stip	FR	Sonoma St.	5:14.26
7 Kaitlin Coleman	JR	Chico State	5:15.28
8 Camille Dyer	JR	Santa Clara	5:16.08
9 Georgina Pena	SR	Cal Baptist	5:17.73
10 Jane Stevens	FR	CCSF	5:17.75
11 Lupita Fausto	FR	Northridge	5:18.26
12 Bethany Scherer	SR	Cal Baptist	5:19.53
13 Agnes Portal	JR	San Jose St.	5:22.04
14 Jennifer Ramirez	FR	Sequoias	5:23.43
15 Elle Knorzer	FR	Rocklin	5:37.94

Women 5000 Meter Run

Name	Yr	School	Finals
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Section 1

1 Sarah Reiter	SO	Eastern Wash	16:36.28
2 Anna Patti	JR	Seattle Pacific	16:41.56
3 Maggie Jones	JR	Gonzaga	16:46.29
4 Amelia Evans	JR	Gonzaga	16:47.08
5 Yesenia Silva	SO	Sequoias	16:48.88
6 Jessica Sams	SO	Utah	16:49.26
7 Kylie Hutchison	SR	Idaho State	16:53.55
8 Natalie Baker	JR	Oklahoma St	16:54.62
9 Mary Kriege	JR	Santa Clara	16:56.77
10 Hanna Peterson	JR	Arizona	16:59.60
11 Molly Haar	SO	Cal Poly	17:02.43
12 Evelyn Chavez	FR	Lamar	17:02.69
13 Berenice Penaloza	JR	Eastern Wash	17:05.41
14 Mackenzie Landa	FR	Fresno State	17:10.63
15 Emma Bolduc	SR	Sacred Heart	17:15.56
16 Haley Goers	JR	Illinois St	17:16.02
17 Emily Helms	SO	Oklahoma St	17:20.81
18 Megan Cunningham	SO	Missouri	17:29.57
19 Morgan Willson	SO	Washington St	17:31.82
20 Michelle Read	SO	Cal Poly	17:45.39
21 Gracie Tostenson	FR	Boise State	17:46.12
22 Peggy Noel	SO	Simon Fraser	17:50.11
23 Tess Ehrhardt	JR	Illinois-Chicago	17:51.95
24 Emma Chadsey	SO	Simon Fraser	18:27.12

Section 2

1 Sophie Curatilo	SR	Seattle U.	16:50.10
2 Amy Johnston	SR	AK Anchorage	16:52.50
3 Taylor Janssen	SO	North Dakota	17:04.79
4 Presli Hutchison	FR	Idaho State	17:05.23
5 Kelsey Nielsen	FR	San Francisco	17:07.25
6 Addi Zerrenner	FR	Arizona	17:09.63

7 Sabrina Lopez		Skechers	17:10.31
8 Alyssa Harmon	SO	Northwest Chr	17:11.97
9 Caroline Kurgat	FR	AK Anchorage	17:15.05
10 Shaylen Crook	FR	Utah	17:15.56
11 Quetta Peinado	JR	Chico State	17:16.83
12 Nicole Lane	SO	UC Davis	17:17.46
13 Lindy Long	SO	Air Force	17:19.39
14 Kylie Nishisaka	SO	Cal Poly	17:20.84
15 Sydney Szabo	FR	Cal Poly	17:24.50
16 Regina Lopez	SR	Pomona	17:24.51
17 Sarah Macdonald	SO	Seattle Pacific	17:25.16
18 Rachel Weathered	SO	Northwestern	17:28.09
19 Lycia Hollon	FR	Wichita State	17:28.23
20 Karlee Deeter	JR	Utah State	17:28.40
21 Olivia Hill		Strawberry Cyn	17:28.86
22 Isabel Seidel	FR	Northwestern	17:31.11
23 Daryl Phill	SO	San Francisco	17:32.30
24 Taryn Treadway	SR	Northern Arizona	17:33.52
25 Ashley Moffett	SO	San Francisco	17:37.30
26 Kylee Kieser	SR	Northern Arizona	17:42.72
27 Carina Novell	JR	St. Mary's (Ca)	17:43.77
28 Lauren Mills	SR	Utah	17:44.43
29 Heather LaPlante	SO	Northern Arizona	17:45.51
30 Kelsey O'Connell	SO	UC Santa Barbara	17:47.02
31 Allison Jacobsen	SO	Northwestern	17:48.92
32 Renee Wellman	SO	Northwestern	17:51.11
33 Ashley Tyndall	FR	Southern Utah	17:51.56
34 Angie Nickerson	FR	Southern Utah	17:56.61
35 Kelly Ryan	SR	Santa Clara	17:57.25
36 Megan Gentes	SO	Strawberry Cyn	17:57.63
37 Allison Duvenez	SR	Northwest Chr	18:08.16
38 Mallory Abel	SO	Northwestern	18:24.68

Section 3

1 Sophie Smith	FR	UC Santa Barbara	17:37.35
2 Jacqueline Heaps	SO	Utah State	17:37.57
3 Mary Matchett	SR	Oregon Tech	17:40.76
4 Malena Grover	FR	Hartnell	17:42.24
5 Jaqueline Winterton	JR	Utah State	17:44.28
6 Kacee Houle		ForÅsa Running	17:45.26
7 Hannah Dorman	FR	Chico State	17:54.50
8 Lindsay Wourms	JR	Pacific	17:55.91
9 Megan Lang		Strawberry Cyn	17:59.83
10 Emily Lopez	FR	UC Santa Barbara	18:02.52
11 Olivia Evans	FR	Gonzaga	18:05.17
12 Jordan Thurston	FR	Gonzaga	18:08.12
13 Alison Fraher	SR	Gonzaga	18:13.54
14 Alyssa`` Gutscher-Cerminara	SO	St. Mary's (Ca)	18:14.95
15 Tarin Lachowitz	SO	North Dakota	18:15.22
16 Nichelle Jackson	SO	Mt. Sac	18:17.50
17 Claire Rainey	FR	Cal Baptist	18:19.72
18 Candace Greenwood	SO	Utah State	18:20.65
19 Madison Denny	6	Unattached	18:21.28
20 Giovanna Romo	SO	Humboldt St	18:26.24
21 Becky Grabow	JR	Pacific	18:28.09
22 Ashley Matsen	FR	Humboldt St	18:32.43

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Results

Section 3 ... (Women 5000 Meter Run)

Name	Yr	School	Finals
23 Ashley Litoff	FR	Rhodes	18:34.80
24 Mariah Burroughs	FR	AK Anchorage	18:35.13
25 Margarita Lauer	FR	Unattached	18:43.12
26 Courtney Sharar	JR	UC Irvine	18:45.56
27 Melanie Fujiwara	SO	San Jose St.	18:48.21
28 Jessica Varela	SR	Chico State	18:52.37
29 Kim Avalos	SO	St. Mary's (Ca)	18:56.58
30 Elsa Valenzuela	JR	Santa Clara	19:00.22
31 Elizabeth Winters	SO	Utah State	19:20.30
32 Elle Farrar	SR	Azusa Pacific	19:36.43
33 Julie Finn	SO	Chico State	19:55.57

Section 4

1 Jamie West	JR	UC Santa Cruz	18:08.76
2 Caitlin Devlin	JR	UC Santa Cruz	18:15.19
3 Marissa Suan	FR	Unattached	18:17.56
4 Brandi Hobson	SO	Hartnell	18:28.74
5 Cori Harral	FR	SF State	18:30.16
6 Jennie Yeaman	SR	Monterey Bay	18:38.72
7 Jessica Malagon	JR	Cal Baptist	18:41.93
8 Audrey Hiatt	SR	Santa Clara	18:42.39
9 Irene Graham		Strawberry Cyn	18:50.42
10 Courtney Hochstetler	JR	George Fox	18:53.09
11 Marthie Ponty	JR	UC Irvine	18:56.21
12 Kimberly Sanchez		Strawberry Cyn	18:56.74
13 Dominique Delgado	FR	Mt. Sac	18:56.78
14 Erica Ruiz	FR	Santa Rosa	18:59.22
15 Diane Leach	SO	Utah State	19:00.69
16 Rhonda Costin	JR	Oregon Tech	19:01.49
17 Luz Sanchez	SO	Santa Rosa	19:04.19
18 Karina Nunes	SO	San Jose St.	19:11.47
19 Samantha Ogan	FR	Mt. Sac	19:13.85
20 Alysa Avila	SO	Cal Baptist	19:16.31
21 Rachel Shimabukuro	SO	Hartnell	19:18.06
22 Nicole Novales	SR	SF State	19:18.34
23 Jerriann Wells	FR	Unattached	19:25.70
24 Maritza Ruelas	SO	Hartnell	19:26.61
25 Skylar Jaregui	FR	Stanislaus	19:27.88
26 Kelly Toms	SR	George Fox	19:47.26
27 Erin Bank		Impala Racing	20:10.68
28 Leslie Carrillo	SO	Unattached	20:15.09

Women 10000 Meter Run

Name	Yr	School	Finals
Section 1			
1 Madeline van Santen		Impala Racing	35:26.83
2 Caitlin Keen	SR	SMU	35:31.36
3 Caroline Barkechir	SO	Cal Baptist	35:43.87
4 Audrey Urlacher	SR	Idaho State	35:47.38
5 Michelle Meyer		Impala Racing	35:53.29
6 Eileen Stressling	FR	Azusa Pacific	35:56.32
7 Kimberly Christensen	SR	Illinois St	36:04.69
8 Elena Barham	SO	Northwestern	36:10.99
9 Shea Vallaire	SO	Northwest Chr	36:17.42
10 Sarah Saccoach	SO	Boston U.	36:43.14

11 Lauren Mugnaini	SR	Sacramento St	36:49.32
12 Emily Johnston	SO	Sacramento St	36:58.25
13 Michele Palmer		Impala Racing	38:01.98
14 Susanna Fleming	SR	NW Nazarene	38:23.67
--- Courtney Brown	SO	Missouri	DNF

Section 2

1 Sadie Gastelum	SO	Chico State	36:34.92
2 Emma Lundberg	SR	Humboldt St	36:42.31
3 Rachel Cundy	JR	Lewis-Clark	36:45.34
4 Elena Smith	JR	Seattle U.	36:49.34
5 Jasmyn Hildebrandt	JR	Southern Utah	36:51.23
6 Katie Timmermans	SR	Stanislaus	36:58.99
7 Rebecca Lupescu	JR	Southern Ore	37:14.74
8 Rosa Schmidt	FR	Northwest Chr	37:17.80
9 Jenica Dodge	FR	American River	37:35.48
10 Marie Schaller		Hays Track	37:37.24
11 Imogene Carson	JR	Humboldt TC	37:44.73
12 Taylor de Laveaga	JR	Seattle U.	37:47.48
13 Micki Krzesinski	SO	Fort Hays St	37:48.12
14 McKaela Christenson	SO	Academy of Art	37:58.48
15 Anysja Manzer	FR	NW Nazarene	38:17.78
16 Mei-Tung Chen	SR	Excelsior RC	38:18.87
17 Taylor Khan	SO	St. Mary's (Ca)	38:31.38
18 Megan Magdaleno	SR	Northridge	38:33.38
19 Elizabeth Lyons	SR	Azusa Pacific	38:52.75
20 Danielle Oden	FR	Chico State	38:59.31
21 Laticia Joven	JR	Stanislaus	39:08.85
22 Zoe Kaufman	JR	Humboldt St	39:20.65
23 Megan Alfi	JR	Humboldt St	39:33.55
24 Jess Aguilar	FR	Azusa Pacific	39:35.58
25 Mo Lee Thornburg	JR	Humboldt St	40:06.32

Women 3000 Meter Steeplechase

Name	Yr	School	Finals
Section 1			
1 Amy Schnittger	SR	Sra/Skechers	10:26.21
2 Shelby Mills	SO	Gonzaga	10:28.22
3 Michaela Freeby	SR	Willamette	10:30.09
4 Alex Burkhart	FR	Chico State	10:32.58
5 Dani Eggleston	JR	Central Wash	10:42.05
6 Grayson Murphy	FR	Santa Clara	10:44.71
7 Lauren Justus	SR	Northern Arizona	10:45.61
8 Kayla Deighan	SO	Wichita State	10:47.49
9 Katrina Nolan	JR	Lewis-Clark	10:49.40
10 Maxine Goyette		Bronze	10:51.94
11 Taylor Ostrander	JR	Willamette	10:52.24
12 Jessica Rawlins	FR	Seattle Pacific	10:52.79
13 Alexa Lua	JR	Stanislaus	10:59.11
14 Dallas Campbell	SR	Stanislaus	11:00.65
15 Gina Wood	JR	Stanislaus	11:06.37
16 Beatrice Decker	JR	AK Anchorage	11:06.96
17 Bryn Rohner	SO	BYU	11:14.00
18 Rebecca Garcia	JR	San Jose St.	11:15.94
19 Anne Whitford	SR	Cal Poly	11:36.87
20 Teylar Adelsberger	SO	Missouri	11:48.27

SF State Distance Carnival - 4/3/2015 to 4/4/2015

San Francisco State University (Cox Stadium)

Results

Section 2 ... (Women 3000 Meter Steeplechase)

Name	Yr	School	Finals
Section 2			
1 Becky Sarmiento	SO	Utah	10:57.25
2 Katie Deimling	FR	Cal Baptist	11:01.79
3 McCall Habermehl	SO	Chico State	11:03.40
4 Kayla Rossi	JR	Stanislaus	11:05.60
5 Lauren Schultz		Strava TC	11:07.05
6 Michelle Fletcher	SO	Northwest Chr	11:10.68
7 Dana Snell	SO	Utah	11:19.42
8 Elissa Stoltz	JR	Oregon Tech	11:20.67
9 Gabriella Nathan-Funk	FR	Unattached	11:26.24
10 Sara Howard	SR	Oregon Tech	11:26.66
11 Joanna Boyd	JR	Utah State	11:38.60
12 Jocelyn Stillwell	SO	American River	11:46.17
13 Lalida Maokhamphiou	JR	San Jose St.	11:46.23
14 Andie LeDesma	SO	Humboldt St	11:48.05
15 Rachel Shimabukuro	SO	Hartnell	11:52.73
16 Adriana Calva	FR	SF State	11:56.01
17 Jacqueline Foley	FR	SF State	11:57.51
18 Sara Aguayo	JR	Stanislaus	11:58.60
19 Mia Owens	JR	Humboldt St	11:58.63
20 Dana Townsend	FR	Simon Fraser	12:00.31
21 Morgan Spurlock	FR	Cal Baptist	12:10.53
22 Ellery Hayden	FR	Rhodes	12:13.75
23 Tori Dwyer	JR	Sonoma St.	12:18.13
24 Marisa D'Orfani	SO	De Anza	12:20.30

Women High Jump

Name	Yr	School	Finals
Flight 1			
1 Adrianna Reagan	FR	American River	1.63m
2 Brittainy Chown		Unattached	J1.63m
3 Rachel Miller	FR	NW Nazarene	1.58m
4 Olivia Bryce	SR	St Peters NZ	J1.58m
5 Courtney Brewer	SR	NW Nazarene	1.53m
6 Loreal Taylor	FR	Dominguez Hills	J1.53m
7 Mackenzie Theiler	FR	American River	J1.53m
8 Kawena Warren	FR	NW Nazarene	J1.53m
8 Danica Davies		New Zealand	J1.53m
10 Janessa Dyk	SO	NW Nazarene	1.48m
11 Veronica Norris	FR	Oregon Tech	J1.48m
12 Nyesa Enakaya	SR	Stanislaus	J1.48m
13 Olivia Gemperle	FR	Cuesta	1.43m
13 Rebecca Laible	SR	Western Oregon	1.43m
15 Dorian Aberouette	FR	CCSF	J1.43m
15 Michelle Cottier	FR	Oregon Tech	J1.43m
--- Lea Butler	SO	Stanislaus	NH
--- Aun'Twanette Murphy	JR	Dominguez Hills	NH
--- Cierra Booz	FR	Stanislaus	NH
--- Megan Murphy	FR	Pacific	NH

Women Pole Vault

Name	Yr	School	Finals
Flight 1			
1 Jenna Yowell		Unattached	3.76m

2 Augusta Thomason	FR	Cuesta	J3.76m
3 Ariel Maroon	JR	UC Davis	J3.76m
4 Lea Butler	SO	Stanislaus	3.31m
5 Amanda Hall	JR	Stanislaus	3.16m
6 Siena Morgan	SO	American River	J3.16m
7 Katie Ingram	SO	Oregon Tech	3.01m
--- McKenna Emmert	SO	Central Wash	NH
--- Lindi Burgeson	SO	NW Nazarene	NH

Women Long Jump

Name	Yr	School	Finals
Flight 1			
1 Mackenzie Theiler	FR	American River	5.40m 3.4
2 Alexia Blalock	SO	AK Anchorage	5.32m 1.5
3 Malika Wilson	SR	SF State	5.10m 1.4
4 Chelsea Temple	SR	Rhodes	5.08m 1.2
5 Jasmine Jenkins	FR	Pacific	4.90m 1.7
6 Chloe Ramos	FR	Dominguez Hills	4.81m NWI
7 Jennah Richmond	SO	William Jessup	4.76m 1.4
8 Abigail Finlayson	FR	American River	4.72m 1.2
9 Jaeiyn Griffith	SO	Dominguez Hills	4.67m +0.0
10 Shelby Thompson	FR	Oregon Tech	4.51m 0.7
--- Tyler McKinney	SO	SF State	FOUL
--- Marina Tucker	SO	SF State	FOUL

Flight 2

1 Hilary King	SR	SF State	5.62m 1.1
2 Brianna Hardeman	FR	Rhodes	5.61m 0.3
3 Jordan Guerrero	SO	SF State	5.51m 1.3
4 Natasha Lazeki	SO	Simon Fraser	5.35m 3.7
5 Nyesa Enakaya	SR	Stanislaus	5.31m +0.0
6 Lea Butler	SO	Stanislaus	5.30m 0.9
7 Cierra Booz	FR	Stanislaus	5.21m 0.7
8 Kossiwa Tossoukpe	FR	CCSF	J5.21m +0.0
9 Angel Hill	SO	SF State	5.01m -2.0
--- Kenya Shakoor	FR	San Francisco	FOUL

Women Triple Jump

Name	Yr	School	Finals
Flight 1			
1 Ella Brown	SO	Simon Fraser	11.42m -0.3
2 Alexia Blalock	SO	AK Anchorage	11.30m +0.0
3 Jordan Guerrero	SO	SF State	11.22m -0.3
4 Rebecca Laible	SR	Western Oregon	11.14m 1.1
5 Kylie Reinholdt	FR	Western Oregon	10.95m -1.4
6 Angel Hill	SO	SF State	10.87m +0.0
7 Destiny Smith		Unattached	10.59m NWI
7 Malika Wilson	SR	SF State	10.59m -0.1
9 Shelby Thompson	FR	Oregon Tech	10.07m -1.1
10 Carli Shaul	SO	NW Nazarene	9.90m -0.5
11 Chloe Ramos	FR	Dominguez Hills	9.62m +0.0
--- Tyler McKinney	SO	SF State	FOUL
--- Marquel Love	FR	Humboldt St	FOUL
--- Marina Tucker	SO	SF State	FOUL

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Results

Women Hammer Throw

	Name	Yr	School	Finals
Flight 1				
1	Caitlin Curtis	SR	NW Nazarene	46.34m
2	Emmi Collier	JR	Western Oregon	46.26m
3	Brittnee Jones	JR	SF State	43.56m
4	Kassandra Johnson	SR	NW Nazarene	43.12m
5	Allison Cook	SR	Western Oregon	42.82m
6	Taylor VanValey	JR	NW Nazarene	40.66m
7	Alexandra Jones	SO	SF State	39.05m
8	Alison Sexson	FR	SF State	37.86m
9	Sha-Fee Simms-Jackson	JR	SF State	36.49m

Men 800 Meter Run

	Name	Yr	School	Finals
Section 1				
1	Abraham Alvarado	SO	Stanislaus	1:49.29
2	Anthony Johnson	SO	Ohio State	1:50.75
3	Cain Winebrenner	SO	Missouri	1:51.71
4	Andrew Farkas	JR	UC Santa Barbara	1:52.28
5	Nathan Kipchumba	FR	AK Anchorage	1:52.39
6	George Espino	FR	Southern Utah	1:52.91
7	Hironmoy Redman	SO	Washington St	1:53.60
8	John Guerrero		Asics Aggie	1:53.90
9	Sam Naffziger	JR	Western Oregon	1:54.66
10	David Hickerson	SR	adidas/Rogue	1:54.72
11	Paul Mohr	SO	UC Santa Barbara	1:56.92

Section 2

1	Jesse Miller	JR	AK Anchorage	1:52.20
2	Demetrius Rhodes	JR	Concordia (Or)	1:52.51
3	Brandon Sutton	FR	San Jose St.	1:53.02
4	Austin Murray	FR	Academy of Art	1:53.28
5	Trent Winegar	JR	BYU	1:53.79
6	Max Trummer	FR	Simon Fraser	1:54.40
7	Ian Brooks	FR	Stanislaus	1:54.43
8	Dylan Freinhofer	FR	Simon Fraser	1:55.16
9	Derek Morton	FR	Unattached	1:59.95
10	Adam Commandeur	SO	AK Anchorage	2:01.10

Section 3

1	Michael Mendenhall	SO	AK Anchorage	1:53.86
2	Craig Elliott	SO	Unattached	1:54.39
3	Gabe Toscano	SO	Mt. Sac	1:54.79
4	pierce miller	SO	Unattached	1:55.11
5	Danielle Richards	SO	Sequoias	1:55.33
6	Edixon Puglisi	SO	UC Santa Barbara	1:55.46
7	Lorenzo Smith	JR	Simon Fraser	1:55.58
8	Ramon Vargas	FR	Stanislaus	1:55.81
9	Beau Armstrong		Team Run Eugene	1:55.83
10	Josh Dempsey	SO	Western Oregon	1:56.09
11	Parker Marson	FR	Western Oregon	1:56.64
12	Liam Lindsay	FR	AK Anchorage	1:57.23
13	Arshaad Rahh	JR	Northridge	1:58.01
14	Aaron Whitaker	SO	Western Oregon	2:02.81

Section 4

1	Evan Malone-White	SO	Unattached	1:56.14
2	Connor Devereux	SO	Oregon Tech	1:56.17
3	David Ribich	FR	Western Oregon	1:56.21
4	michael good	FR	Unattached	1:56.41
5	Alex Chorn	SO	American River	1:57.53
6	Epi Nunez	SO	American River	1:57.59
7	David Salas	JR	St. Mary's (Ca)	1:58.02
8	Daryon Baynard	SR	Unattached	1:58.67
9	Christian Ferrey	FR	CCSF	1:58.90
10	Nick Fowler	JR	US Air Force	1:59.62
11	Daniel Swann	JR	Cal Baptist	1:59.76
12	Alex Mason		Wvtc	2:00.01
13	Leo Theus	JR	East Bay	2:00.15
14	Adam Vare	FR	Santa Clara	2:01.61
15	Oliver Abundez-Dominguez	FR	UC Davis	2:04.93

Section 5

1	Christian Parr	FR	George Fox	1:57.00
2	Javier Ubaldo	FR	Mt. Sac	1:57.47
3	Xavier Gaulman	FR	American River	1:57.77
4	Alex Lull	JR	George Fox	1:58.36
5	Aaron Smith	SR	Humboldt St	1:58.42
6	Nicholas Mantovani	JR	Santa Clara	1:58.57
7	Austin Esposito	SO	Academy of Art	1:59.02
8	Arvin Ignacio	SO	De Anza	1:59.11
9	Aaron Molstad	SR	George Fox	1:59.42
10	Kyle Fetter	FR	East Bay	2:01.55
11	Logan Means	SO	Academy of Art	2:01.72
12	Michael Mrgudic	SO	Stanislaus	2:02.42
13	Maurilio Sanchez	FR	Academy of Art	2:03.49
14	James Pearson	SO	Oregon Tech	2:06.52

Section 6

1	Cristhian Montenegro		Unattached	1:56.34
2	Christian Ojeda	SO	Mt. Sac	1:56.93
3	Tearso Torrento	SO	Mt. Sac	1:58.27
4	Devon Hallinan	FR	Cuesta	1:59.26
5	Joey Davis	SO	Lewis-Clark	1:59.66
6	David Guerrero	SO	Sequoias	1:59.91
7	Tylor Wallace	FR	Long Beach	2:00.30
8	Jon Ahnberg	SO	Santa Rosa	2:00.69
9	George Mundo	SR	Unattached	2:01.02
10	Josh Gruver	5	Unattached	2:01.82
11	Aidan Schraer	SO	American River	2:02.72
12	Takehiro Yamaya	FR	UC Santa Cruz	2:02.78
13	Micah Rankin	SO	American River	2:04.11
14	Anthony Sanchez	FR	American River	2:04.62
---	Alan Quintero	FR	American River	DNF

Section 7

1	Kevin Chavira	FR	Fresno	1:57.29
2	Anthony Avila	FR	Cal Baptist	1:58.68
3	Derrick Unger	FR	Sequoias	2:00.72
4	Malik Bobino	FR	CCSF	2:02.20
5	Taylor Castanon	SR	Unattached	2:02.89
6	Christian Wichmann	JR	William Jessup	2:03.96
7	Leo Ochoa	FR	American River	2:03.96

SF State Distance Carnival - 4/3/2015 to 4/4/2015

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Results

Section 7 ... (Men 800 Meter Run)

Name	Yr	School	Finals
8 Justin Whelpley	SO	William Jessup	2:04.16
9 Andrew Gaddis	SR	Santa Clara	2:05.33
10 Christian Jezina	FR	Long Beach	2:05.94
11 Edward Hill	SR	Strawberry Cyn	2:06.17
12 Marlo Maldonado	SO	Marin	2:16.54

Section 8

1 Latee Piggee	FR	East Bay	2:02.22
2 Ismaeel Muhammad	FR	CCSF	2:02.96
3 Daniel Van Beurden	FR	Cuesta	2:04.89
4 James Atwell	FR	Cal Baptist	2:05.26
5 Tycho Meimban		Unattached	2:05.77
6 Jason Tsugawa	SO	Davis Xc&Tc	2:07.40
7 Elias Galvan	JR	Unattached	2:08.82
8 Irvin Parada	SR	East Bay	2:10.53
9 David Cabellero	FR	East Bay	2:11.78
10 Josue Lopez	FR	Marin	2:11.95

Men 1500 Meter Run

Name	Yr	School	Finals
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Section 1

1 Anass Zouhry	JR	Northridge	3:45.13
2 Jose Martinez		Mx Int'l Elite	3:47.52
3 Richard Shroy	SR	Washington St	3:49.04
4 Federico Gasbarri	FR	Lamar	3:49.41
5 Garrett Migliozi	FR	Cal Poly	3:49.85
6 Matt Jackson	SR	Lamar	3:50.12
7 Wayde Hall	FR	Minnesota	3:50.65
8 David Hickerson	SR	adidas/Rogue	3:51.13
9 Kevin Jorgensen	SR	Southern Ore	3:52.20
10 Ben Goodman	JR	Missouri	3:55.86
11 Phillipe Gravel	FR	Simon Fraser	3:58.20

Section 2

1 Chase Horrocks	SO	BYU	3:50.92
2 Evan Argyle	SO	BYU	3:51.11
3 KC Hunsicker	JR	Idaho State	3:51.35
4 Robbie Martinez-Garcia	SR	Wichita State	3:51.64
5 Thomas Poston	SR	UC Santa Barbara	3:51.96
6 Brad Prettyman	SR	Concordia (Or)	3:52.47
7 Aric Champagne		Asics Aggie	3:54.05
8 Brad Littooy	JR	UC Santa Barbara	3:54.56
9 Riley Macon	SO	Minnesota	3:54.61
10 Sam Levora	FR	Washington St	3:55.65
11 Gordon Sturgess		Asics Aggie	3:59.28
12 Zach Boyd-Helm	SR	Southern Ore	3:59.56

Section 3

1 Jordan Beutler	FR	Utah State	3:51.72
2 Andrew Verdin	SO	UC Santa Barbara	3:52.21
3 Michael Kinuthia	JR	Fort Hays St	3:52.35
4 Sean Gomes	SR	San Francisco	3:53.47
5 Karson Fronk	FR	BYU	3:53.48
6 Michael Godbout	FR	Arizona	3:53.65
7 Michael Sclarici	SR	Saint Louis	3:54.03
8 Connor Fisher	SO	Cuesta	3:54.69

9 Rob McLauchlan	SR	Team Run Eugene	3:55.09
10 Ryan Hocker	SR	Wichita State	3:55.50
11 Wyatt Landrum		Unattached	3:55.68
12 Ephraim Tadesse	FR	Simon Fraser	3:56.50
13 Trent Brendel	SO	Unattached	3:58.26
14 Ryan Rampoldi	SO	Chico State	3:58.71
15 Jarrett Moore		Unattached	4:00.59
16 Max Leach	FR	Unattached	4:01.13
17 Lucas Graham	JR	Cal Baptist	4:01.59

Section 4

1 Brandon Messerly	SO	Cuesta	3:53.07
2 Steven Broadhurst	SR	Lewis-Clark	3:53.50
3 Chandler Diffie	SO	Loyola (Ill.)	3:53.59
4 Sam Naffziger	JR	Western Oregon	3:53.90
5 Tyler Potts	FR	Mt. Sac	3:54.24
6 Brandon Pollard	FR	Gonzaga	3:54.52
7 David Ribich	FR	Western Oregon	3:54.56
8 David Aguilar	SO	De Anza	3:55.36
9 Kevin Rooke	SR	AK Anchorage	3:55.62
10 Jake Williams	JR	UC Irvine	3:56.89
11 Kinsly Smith	SO	Gonzaga	4:00.98
12 Austin Esposito	SO	Academy of Art	4:03.13
13 Adam Smith	SR	Unattached	4:03.67
14 Josh Helton		Asics Aggie	4:07.54
15 Luis Luna	SO	American River	4:10.77
16 Riley Martin	JR	UC Irvine	4:12.40

Section 5

1 Dustin Randall	FR	Utah State	3:58.64
2 Lowell Kirkwood	SO	St. Mary's (Ca)	3:59.83
3 Josh Dempsey	SO	Western Oregon	3:59.95
4 Adam Avischious	JR	Seattle Pacific	4:00.21
5 Brian Exline	JR	St. Mary's (Ca)	4:00.27
6 Roman Kirkov	JR	Concordia (Or)	4:00.45
7 Xavier Gaulman	FR	American River	4:00.86
8 Geofry Sarco	FR	Northridge	4:00.87
9 Dillon Maggard	FR	Utah State	4:01.23
10 Greg Scott	SR	Unattached	4:01.28
11 Omar Solis	SO	San Francisco	4:01.77
12 Jeff Schaefer	SO	Strawberry Cyn	4:03.03
13 Martin Hernandez		Asics Aggie	4:06.30

Section 6

1 Russell Brandt	SO	Butte	3:58.31
2 Ethan Livermore	SO	Concordia (Or)	3:59.01
3 Felix Soto	SR	Unattached	3:59.60
4 Jeffrey Stalun	JR	Unattached	3:59.63
5 Kevin Chavira	FR	Fresno	4:00.06
6 Michael Mrgudic	SO	Stanislaus	4:03.66
7 Robert Leija	SO	Fresno	4:04.19
8 Charlie Nettle	FR	Northridge	4:04.82
9 Mitchell Pettit	FR	Utah State	4:05.04
10 Epi Nunez	SO	American River	4:05.72
11 Logan Stanley	SO	Santa Rosa	4:06.36
12 Logan Means	SO	Academy of Art	4:07.13
13 Tyre Hines	JR	Cal Baptist	4:07.15
14 Temesgen Petros		Unattached	4:12.43

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Results

Section 6 ... (Men 1500 Meter Run)

	Name	Yr	School	Finals
15	Maurilio Sanchez	FR	Academy of Art	4:23.75

Section 7

1	Bhavik Kanzaria		Unattached	4:02.83
2	Aidan Schraer	SO	American River	4:03.26
3	Joshua Bernd	FR	UC Davis	4:03.44
4	Cristian Nazarek	SO	Santa Rosa	4:05.72
5	Mateo de Dalmases	FR	Simon Fraser	4:07.14
6	Huruy Zeratsion	FR	San Jose St.	4:07.44
7	Galen Fritz	FR	American River	4:07.74
8	Oliver Abundez-Dominguez	FR	UC Davis	4:08.36
9	Joseph Grovers	SO	De Anza	4:09.02
10	Alan Quintero	FR	American River	4:09.18
11	Christopher Goode	SO	Unattached	4:09.85
12	Ian Young	FR	San Jose St.	4:09.86
13	Aaron Hutton	FR	Humboldt TC	4:11.57
14	Ivan Sanchez	SO	Northridge	4:13.30
15	Jose Agustin Morales	SR	Unattached	4:13.95
16	Sean Roe	SR	Santa Clara	4:17.91
17	Jorge Tafolla	FR	San Mateo	4:30.71

Section 8

1	Ken Kipkorir	NA	Cal Baptist	4:08.93
2	Takehiro Yamaya	FR	UC Santa Cruz	4:09.88
3	Trevor Stangle	FR	Cuesta	4:10.95
4	Patrick Johnson	SO	William Jessup	4:12.07
5	Matt Burke	SO	Santa Clara	4:12.81
6	Reyes Said Morones	SR	Unattached	4:13.72
7	Brett Bermudez	FR	Academy of Art	4:15.68
8	Ryan Dimick	FR	UC Davis	4:18.40
9	Tyler Gershman	FR	Unattached	4:19.64
10	Jason Tsugawa	SO	Davis Xc&Tc	4:20.36
11	Chris myers	FR	Davis Xc&Tc	4:21.04
12	Zach Kanlong	SO	East Bay	4:21.45
13	Michael Kinoshita	SO	Unattached	4:24.76

Men 1 Mile Run Elite

	Name	Yr	School	Finals
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Section 1

1	Kyle Medina	FR	Chico State	4:05.12
2	Cameron Proceviat	JR	Simon Fraser	4:05.26
3	Cole Peterson	SR	U. of Victoria	4:06.47
4	Marc-Antoine Rouleau	FR	Simon Fraser	4:06.84
5	Andy Phillips	SR	Gonzaga	4:07.24
6	Travis Vugteveen	SR	Simon Fraser	4:07.62
7	Zach Hansen	JR	St. Mary's (Ca)	4:07.63
8	Cormac McCullaugh	SR	St. Mary's (Ca)	4:07.74
9	Falco DiGiallonardo	SO	Chico State	4:08.77
10	Jon Thomas		Bay Area TC	4:10.04
11	Valentin Pepiot	JR	Academy of Art	4:10.74
12	Darius Terry		Asics Aggies	4:12.96
13	Dawson Vorderbruegge	8	Strava TC	4:13.34
14	Joey Berriatua	SO	Santa Clara	4:13.97
15	John Hogan	FR	Unattached	4:17.95
---	Michael Coe		Asics Aggies	DNF

Men 5000 Meter Run

	Name	Yr	School	Finals
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Section 1

1	Brady Johnson	SO	Wichita State	14:03.58
2	Dominik Notz	JR	AK Anchorage	14:07.05
3	Alex Baker	SO	Loyola (Ill.)	14:07.81
4	Henry Cheseto	FR	AK Anchorage	14:08.86
5	Luis Morales	JR	Cal Poly	14:10.62
6	Sam Atkin	JR	Lewis-Clark	14:11.26
7	Anthony Costales	7	Skechers Elite	14:15.76
8	Mark Huizar	SO	Pomona	14:20.02
9	Philipp Baar	SR	Unattached	14:20.79
10	Louis McAfee	FR	Boise State	14:22.43
11	Tyler Huntley	JR	Cal Poly	14:25.01
12	Dylan Anthony	SR	AK Anchorage	14:26.84
13	Andrew Fenske	SR	Loyola (Ill.)	14:29.28
14	Jonathan Harper	SO	BYU	14:29.29
15	Albert Gamez	JR	Cal Poly	14:31.55
16	Oliver Jorgensen	SO	Simon Fraser	14:32.19
17	John Whelan	SO	Washington St	14:34.44
18	Conor McCandless	SO	Gonzaga	14:36.55
19	Clayton Hutchins	SO	Cal Poly	14:38.71
20	Alan Garcia		Mx Int'l Elite	14:41.77
21	Alex Dunbar	JR	Lamar	14:43.18
22	Mark Tedder	SO	Cornell	14:45.61
23	Dan Roe	SO	Missouri	14:49.19
24	Louis Falland	SR	Cornerstone	14:50.29
25	dayne gradone		Skechers	14:56.30
26	Kurt Ruegg	SR	Santa Clara	14:57.12
27	Tyler Schneider	SO	Missouri	15:16.07
---	Evan Argyle	SO	BYU	DNF

Section 2

1	Michael Williams	FR	Washington St	14:16.80
2	Dylan Alexander	JR	Southern Ore	14:17.19
3	Jared Hixon	JR	Unattached	14:18.49
4	Alex Tebbe	SR	UC Irvine	14:18.99
5	Anthony Monroy	SO	UC Santa Barbara	14:21.49
6	Matthew Crichlow	JR	Gonzaga	14:22.03
7	Swarnjit Boyal	FR	Cal Poly	14:22.51
8	Francisco Gomez	JR	Pomona	14:23.23
9	Ben Branagh	FR	San Jose St.	14:25.60
10	Michael Giguere	FR	Cal Poly	14:26.03
11	Craig Lautenslager	JR	Texas-Arlington	14:28.69
12	Kyle Eller	SO	Air Force	14:29.28
13	Rhys Park	SO	Boise State	14:29.63
14	Jordan Cook	SO	Missouri	14:30.75
15	Lucas Degree	SR	North Dakota	14:32.73
16	Matthew Wright	JR	Southern Utah	14:33.84
17	Jonathan McKinley		Strawberry Cyn	14:34.25
18	James Tracy	SR	BYU	14:36.35
19	Nick Elswick	FR	Ohio State	14:37.27
20	Gabriel Haughey	FR	Unattached	14:38.36
21	Liam Kennell	FR	Southern Utah	14:39.61
22	Marc Dubrick	FR	Missouri	14:40.82
23	Scott Foley		Wick's Army	14:46.55

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	Name	Yr	School	Finals
24	Aaron Back	JR	Boise State	14:47.41
25	Carlos Guijarro		Goon Squad	14:50.14
26	Eric Colvin	FR	Minnesota	14:57.05
27	Jackson Bright	SR	Goon Squad	14:58.04
28	Jonathan Sees		Unattached	15:08.10
29	Roman Acosta		Unattached	15:22.89
---	Chase Horrocks	SO	BYU	DNF

Section 3

1	Andrew Johnston	FR	Air Force	14:22.70
2	Neal Fitzpatrick	SO	Saint Louis	14:23.39
3	Miles Dunbar	SR	Unattached	14:25.09
4	Nick Grubiss	FR	Chico State	14:27.43
5	Jason Engel	SO	Air Force	14:27.72
6	Valentin Robert	JR	Cal Baptist	14:28.18
7	Nolan Ryan	FR	Lewis-Clark	14:30.52
8	Nathan Kwan	SO	Davis Xc&Tc	14:31.55
9	Cody Larson	JR	Lewis-Clark	14:32.19
10	Alan Cuevas	SR	Chico State	14:34.49
11	Kyle Branch	JR	Gonzaga	14:34.81
12	Daniel Huff	SO	Iowa	14:36.69
13	Gus Arroyo	JR	Seattle U.	14:37.94
14	Nicolas Montanez	JR	BYU	14:39.27
15	Germay Tesfai	SR	Chico State	14:39.58
16	Mike Bills	SR	Utah State	14:40.93
17	Rob McLauchlan	SR	Team Run Eugene	14:42.13
18	Nick Welch		Club Northwest	14:44.57
19	Taylor Guske	SR	Cal Baptist	14:45.74
20	Ray Schireman	FR	Southern Ore	14:45.96
21	Andrew Salinas	SR	Goon Squad	14:46.73
22	Nick Spector	5	Unattached	14:49.04
23	Daniel Harrigan-Cota	FR	Mt. Sac	14:49.92
24	Drew White	SO	Missouri	14:52.33
25	Johnny Sanchez	SR	Chico State	14:53.51
26	Max Hampton	JR	College of ID	14:55.50
27	Ryan Smith	SO	Strawberry Cyn	14:57.50
28	Dan Williams	JR	College of ID	15:02.30
29	Thomas Bradley	SO	San Francisco	15:09.34
30	Hiob Gebisso	SO	Saint Louis	15:19.97
31	Danny Lunder	JR	Gonzaga	15:22.68
32	Tim Zellmer	SR	Saint Louis	15:23.29
---	Karson Fronk	FR	BYU	DNF
---	Clayton Bunn	FR	Southern Ore	DNF

Section 4

1	Diego Leon	SO	Hartnell	14:38.64
2	Adam Avila	SO	UC Santa Barbara	14:44.31
3	Austin Goins	SO	UC Davis	14:48.30
4	Isaac Mitchell	FR	NW Nazarene	14:50.94
5	Salvador Salinas	JR	Unattached	14:52.96
6	George Baier	SO	UC Santa Barbara	14:57.28
7	Brandon Messerly	SO	Cuesta	14:57.72
8	Marcus Montalvo	FR	Unattached	14:58.22
9	Matt Seidel	FR	Seattle U.	14:59.22
10	Quentin Purtzer	FR	San Francisco	15:02.62

11	Xavier Uranga	SR	Humboldt St	15:04.84
12	Lucas Dorman	SO	UC Davis	15:05.69
13	Ivan Medina	SR	Sra Elite	15:07.36
14	Mario Castillo	JR	Humboldt TC	15:09.57
15	Jeff Lautenslager	SO	Boise State	15:11.00
16	Kade Jensen	SR	Utah State	15:11.08
17	Brendan Wong	SO	Simon Fraser	15:11.16
18	Roberto Bazan	FR	Cuesta	15:11.55
19	Omar Torres	SO	Long Beach	15:11.67
20	Jason Intravaia	FR	Chabot	15:11.72
21	Jesus Salas	SO	Sequoias	15:13.07
22	Terry Fenske	SO	Mt. Sac	15:15.39
23	Arturo Arevalo	FR	Unattached	15:17.21
24	Gabe Arias-Sheridan	FR	St. Mary's (Ca)	15:19.35
25	Patrick Fitzgerald	JR	UC Davis	15:22.26
26	Eddie Strnad	SR	So Cal Elite	15:28.47
27	Miles Ranck	JR	College of ID	15:37.25
28	Keegan McCormick	SO	Boise State	15:53.29
29	Justin Carrancho	SO	Hartnell	16:03.77
30	Peter Stephens	SR	Santa Clara	16:04.76
31	Nick Valenzuela	FR	Chico State	16:04.84
32	Kody Tarbell	SR	George Fox	16:47.38

Section 5

1	Ben Schulz	SO	Oregon Tech	15:11.47
2	Geofry Sarco	FR	Northridge	15:12.39
3	Jesse Chestnut	JR	Humboldt St	15:13.90
4	Cristian Nazarek	SO	Santa Rosa	15:15.95
5	Jonathan Horvath	SO	Davis Xc&Tc	15:16.46
6	Raul Rodarte		Wolfpack Run	15:17.35
7	Tomislav Smith	SO	Lewis-Clark	15:20.15
8	Brent Ritschel	SR	Humboldt St	15:25.08
9	Dylan Crevelt	JR	Lewis-Clark	15:25.66
10	James Stuckey	SO	Rhodes	15:26.29
11	Jonathan Briskman		Unattached	15:26.90
12	Andrew Selevos	FR	Ride Or Die	15:27.49
13	Luis Vargas	SO	Hartnell	15:28.85
14	Reed Breuer		Cal Poly Dist	15:28.88
15	Alan Jackson		Unattached	15:29.73
16	Jack Johnson	FR	Unattached	15:29.81
17	Colin Gannon	SR	Strawberry Cyn	15:30.60
18	Colin Briskman		Strawberry Cyn	15:31.26
19	Matt Dsida	JR	Rhodes	15:33.44
20	Stephen Agar		Unattached	15:35.04
21	Javier Garcia	FR	Hartnell	15:38.47
22	Austin Magin	FR	Ride Or Die	15:40.35
23	Garrett Kraal	FR	Northwest Chr	15:43.43
24	Nick Lopez	SR	Northwest Chr	15:51.48
25	Matthew Ruiz	FR	Unattached	15:53.18
26	Tanner Deutsch	FR	Unattached	15:59.00
27	David Aguilar	SO	Cal Baptist	16:19.64

Section 6

1	Tyler Potts	FR	Mt. Sac	15:18.58
2	Theron Carmichael	SR	UC Santa Cruz	15:35.32
3	Carlos Cruz III	FR	Humboldt St	15:37.55
4	Will Burschinger	FR	Santa Clara	15:42.98

SF State Distance Carnival - 4/3/2015 to 4/4/2015

San Francisco State University (Cox Stadium)

Results

Section 6 ... (Men 5000 Meter Run)

Name	Yr	School	Finals
5 Kyle Bueckert	SO	Azusa Pacific	15:43.37
6 Jack Roberts	JR	Oregon Tech	15:44.72
7 Michael Young	JR	Unattached	15:45.99
8 Ryan Pierce	FR	Oregon Tech	15:47.36
9 Eric Palmer		Unattached	15:47.67
10 Matt Kane		Wvtc	15:49.64
11 Ryan Torres	SO	Unattached	15:51.44
12 Matthew Scott		St Peters NZ	15:52.04
13 David Pleitez	JR	Unattached	15:52.88
14 Juan Emanuel Morales	SO	Chabot	15:55.16
15 Morgan Shaw	SO	Rhodes	15:55.32
16 Jeremy Zadoorian	FR	SF State	15:58.35
17 Cristian Flores		Unattached	15:59.96
18 Taylor Kraal	JR	Northwest Chr	16:01.01
19 Rene Felix		Wolfpack Run	16:10.31
20 Alex Reyes	JR	Stanislaus	16:15.46
21 Connor Blalock	SR	Cal Poly Dist	16:16.04
22 Sam Aguirre	FR	American River	16:16.73
23 Alex Hascall	SO	Cuesta	16:20.92
24 Cody Griffith	FR	Cuesta	16:31.62
25 Ryan Sanchez	SO	Unattached	17:11.00

Men 10000 Meter Run

Name	Yr	School	Finals
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Section 1

1 Andreas Å...hwall		Unattached	29:41.33
2 Cory Keehn	SR	Fort Hays St	29:44.68
3 Blake Taneff	JR	Ohio State	29:52.58
4 Aaron Mora	SO	Chico State	29:55.47
5 Victor Montanez		Mx Int'l Elite	30:14.84
6 Brian Eimstad	JR	Cornell	30:16.45
7 Dan Caddigan	JR	Air Force	30:22.64
8 Drew Feldman	FR	SF State	30:23.34
9 Malcolm Richards		Wvtc	30:27.56
10 Victor Samoei	JR	AK Anchorage	30:28.53
11 Jonny Bernasky	JR	Fort Hays St	30:30.08
12 Marcel Berni		Unattached	30:36.41
13 Steven Martinez	NA	Unat-Chico St	30:45.09
14 Jesse Hahne	SO	Illinois St	30:47.09
15 Max Runia	JR	Southern Ore	30:50.63
16 Bruk Assefa	SR	Cal Baptist	30:53.34
17 Daniel Shellhouse	JR	Air Force	31:04.51
18 Tyler Shipley	JR	Puget Sound	31:05.24
19 Rogan Meza	SR	Saucony Hurr	31:07.16
20 Jannik Ernst	JR	San Jose St.	31:36.01
21 Dillon Breen	SR	Chico State	32:10.51
22 Aaron Thomas	SR	Chico State	32:10.91
--- Jon Phillips	SR	Cornell	DNF
--- Eric Rupe	SR	Youngstown St	DNF
--- Colin Smith	SR	Occidental	DNF
--- Nick Welch		Club Northwest	DNF

Section 2

1 Tom Derr	SR	Utah State	30:13.57
2 Eric Ghelfi	SR	Southern Ore	30:24.90

3 Jacob Campbell	JR	Idaho State	30:25.52
4 Amar Dholakia	JR	UC Davis	30:28.34
5 Joey Nunes	SR	Wolfpack R.C	30:28.55
6 Edwin Kangogo	FR	AK Anchorage	30:31.17
7 Malcom Richards2		Wvtc	30:40.34
8 Drew Keefer	SR	NW Missouri	30:46.12
9 Jason McCullough	0	Hays Track	30:55.02
10 Martin Joyce	SR	North Dakota	30:57.58
11 Cody Drisko	FR	Azusa Pacific	31:00.01
12 Turner Wiley	JR	Seattle Pacific	31:03.68
13 Alex Villaescusa	SR	Stanislaus	31:04.34
14 Caleb Diaz	SO	Southern Ore	31:18.77
15 Jeremy Porter	FR	Azusa Pacific	31:24.84
16 Michael Garaventa	JR	SF State	31:25.30
17 Connor Cushman	SO	Southern Ore	31:37.34
18 Nolan Zimmer	JR	NW Missouri	31:37.67
19 Dallin Webb	SR	Idaho State	31:40.79
20 Samuel Scheuer	SO	Unattached	31:41.30
21 Alex Noel	JR	Rhodes	31:41.49
22 Francis Reynolds		Tacoma City	31:41.72
23 Omar Padilla	JR	Humboldt TC	31:46.16
24 Abdul Hamid	FR	American River	32:03.40
25 Scott Trummer	SO	Chabot	32:05.12
26 Kenny Trejo	SO	SF State	32:08.83
27 Scott Minor		Unattached	32:09.78
28 Geoff Hull	SR	Chico State	32:15.44
29 Kurt Lutz	SR	Unattached	32:58.32
30 Andrew Melendez	FR	Santa Clara	33:24.85
31 phillip kruse	FR	Unattached	33:26.45

Section 3

1 Justin Jayme	SR	St. Mary's (Ca)	31:50.66
2 Angel Alcantar	JR	Northridge	31:54.90
3 Leandro Santillan	SR	Cal Baptist	32:03.43
4 Seth Deal	SO	Lewis-Clark	32:15.24
5 Logan Smith	JR	SF State	32:19.59
6 Dylan Paulk	SR	Southern Ore	32:21.07
7 Benji Preciado	SO	SF State	32:23.83
8 Bryton Reim	SR	Cal Baptist	32:24.54
9 Peter Van Beurden		Cal Poly Dist	32:38.27
10 Jeremiah Gotts	SO	Cal Baptist	32:39.81
11 Jason Morris	SO	American River	32:42.94
12 Blake Zufall	SO	Davis Xc&Tc	32:47.56
13 Matt Rouse	FR	San Mateo	32:59.39
14 Chris Costa	FR	Academy of Art	33:02.14
15 Matt Goodwin	JR	College of ID	33:11.27
16 Will Parke-Hoffman	SR	Southern Ore	33:15.53
17 Bentley Regehr		Hays Track	33:18.20
18 Jacob Potter	SR	Humboldt St	33:19.13
19 Tony Ferrari	SR	Santa Clara	33:34.59
20 David Urista	SR	Wvtc	33:43.82
21 Caleb Kauffman	FR	Oregon Tech	33:46.76
22 Maxx Antush	SR	Lewis-Clark	33:57.63
23 Jesse Fenn	JR	SF State	34:01.56
24 Luke Rodgers	FR	American River	34:03.23
25 Jorge Estrada	JR	Cal Baptist	34:06.79

SF State Distance Carnival - 4/3/2015 to 4/4/2015

San Francisco State University (Cox Stadium)

Results

Section 3 ... (Men 10000 Meter Run)

Name	Yr	School	Finals
26 Logan Coe	SR	Unattached	34:13.58
27 Ryan Lawler	SR	Humboldt St	34:39.44
28 Connor Prior	SO	De Anza	35:20.35
--- Josh Spooner	FR	St. Mary's (Ca)	DNF
--- Zach Newsom	JR	St. Mary's (Ca)	DNF
--- Greg Garcia	JR	Southern Ore	DNF

Men 3000 Meter Steeplechase

Name	Yr	School	Finals
Section 1			
1 Barron Maizland	SR	Chico State	8:55.21
2 Troy Fraley	SO	Gonzaga	8:56.23
3 Andres De La Cruz	SR	Run With Us	9:00.96
4 Tyler Crofts	FR	BYU	9:04.95
5 Mohamed Aziz	FR	San Francisco	9:05.28
6 Mitchell Briggs	SO	BYU	9:07.08
7 Dallin Taylor	FR	BYU	9:08.87
8 Hayden Randall	SR	Lewis-Clark	9:10.67
9 Sheldon Keence	FR	Missouri	9:12.09
10 Brady Beagley	SR	Unattached	9:12.78
11 Logan Marshall	FR	Cal Poly	9:13.29
12 Kevin Bierig	SR	Arizona	9:19.85
13 Mitch Baum	JR	Loyola (Ill.)	9:20.58
14 Nicholas Plumb	SO	BYU	9:24.91
15 Jonas Legernes	JR	Arizona	9:25.94
16 Chafik Oussemgane	JR	Northridge	9:30.69
17 Devon Grove	FR	Cal Poly	9:31.84
18 Chris Christoff		Denver TC	9:32.07
19 Dan Oekerman	FR	Boise State	9:37.48
20 Tommy Newton-Neal	SR	UC Irvine	9:45.68

Section 2

1 Harry Ewing	SR	St Peters NZ	9:11.39
2 Dustyn Salomon	FR	Humboldt TC	9:16.50
3 Omar Pulido	SR	Chico State	9:18.09
4 David Galvez	SO	Cal Poly	9:22.11
5 Zach Holloway	JR	Western Oregon	9:22.70
6 Noah McDermott	FR	St. Mary's (Ca)	9:25.37
7 Brandon Taylor	JR	Chico State	9:30.25
8 Mack Marbas	FR	Academy of Art	9:30.44
9 Jordan Kurtz	SO	St. Mary's (Ca)	9:30.79
10 Craig Huff	FR	San Jose St.	9:31.05
11 Uriel Carlos		Unattached	9:33.94
12 Jesus Ortiz	SR	Stanislaus	9:49.79
13 Michael Gordon	SR	NW Nazarene	10:02.57
14 Josh Gruver	5	Unattached	10:04.49

Section 3

1 Tyler James	JR	Idaho State	9:20.13
2 Conner Johnsen	FR	Washington St	9:26.02
3 Ryan Hodgins		Cal Poly Dist	9:33.28
4 Eric Brooks	SR	Stanislaus	9:33.59
5 Cristian Flores		Unattached	9:36.99
6 Kevin Poteracke	FR	Santa Rosa	9:37.07
7 Jared Jones	FR	Long Beach	9:41.78

8 Zach Hammond	JR	Oregon Tech	9:45.96
9 Landon Woollard		Cal Poly Dist	9:46.22
10 Tito Chaidez	SO	Hartnell	9:50.32
11 Ian O'Brien	JR	Humboldt St	9:51.65
12 Jackson Higgins	JR	Northridge	9:52.56
13 Lawrence Stokes	FR	Cuesta	9:56.10
14 Joel Perez	JR	Unattached	9:57.67
15 Kamron Perry	SO	De Anza	10:08.45
16 Colin Atchison	FR	George Fox	10:11.49
17 Bryant Quinn	JR	George Fox	10:13.14
18 Jake Hartline	JR	Rhodes	10:16.47
19 Matt Morris	FR	American River	10:23.55

Men High Jump

Name	Yr	School	Finals
Flight 1			
1 Shane Ryan	SO	UC Davis	1.99m
2 Tevin Gladden	SO	AK Anchorage	1.94m
3 Robert Eason	FR	Rhodes	1.94m
4 Kyle McLaughlin	JR	NW Nazarene	1.89m
5 Lee Hanson	SO	Oregon Tech	1.84m
5 Max Attwell		New Zealand	1.84m
7 Drake Foote	FR	UC Davis	1.84m
8 Daniel Brattain	FR	Oregon Tech	1.79m
9 Seth Gretz	FR	Oregon Tech	1.79m
--- Jonty Barry-Leach	SR	St Peters NZ	NH
--- Luke Conklin	JR	NW Nazarene	NH

Men Pole Vault

Name	Yr	School	Finals
Flight 1			
1 Joe Dreyer	SO	Cuesta	4.46m
1 Cambron Lyles	FR	American River	4.46m
3 Jared Webster	FR	NW Nazarene	4.46m
4 Kevin Hammer	SO	UC Davis	4.31m
5 Michael Mannon	SO	Cuesta	4.31m
6 Parker Johnson	FR	Cuesta	4.16m
6 Zach McClanahan	JR	NW Nazarene	4.16m
8 Dylan Seay	SO	Oregon Tech	4.16m
9 Jared Malone	FR	Humboldt St	4.01m
--- Bryan Pipkin	FR	Cuesta	NH
--- Adam Arrington	SO	Oregon Tech	NH
--- Dominic Chavarria	FR	Unattached	NH
--- Daniel Brattain	FR	Oregon Tech	NH
--- Seth Gretz	FR	Oregon Tech	NH

Men Long Jump

Name	Yr	School	Finals
Flight 1			
1 Nile Norwood	SR	San Francisco	6.72m +0.0
2 Kirk Gartrell	SO	NW Nazarene	6.40m 1.1
3 Daniel Voloshin	SO	Simon Fraser	6.32m +0.0
4 Tom Maslin		New Zealand	6.30m 1.7
5 Nathan Moore	FR	NW Nazarene	6.29m +0.0
6 Jerry He	JR	Simon Fraser	6.27m 0.8
7 Nate Ellis	SR	William Jessup	5.95m +0.0

SF State Distance Carnival - 4/3/2015 to 4/4/2015**San Francisco State University (Cox Stadium)****Results****Flight 1 ... (Men Long Jump)**

	Name	Yr	School	Finals	
8	Lucas Jones	FR	Oregon Tech	5.80m	+0.0
9	Robert Eason	FR	Rhodes	5.55m	+0.0
10	Bailey States	FR	Oregon Tech	5.00m	1.0

Flight 2

1	Vladislav Tsygankov	FR	Simon Fraser	7.31m	1.3
2	Keith Lester		Unattached	6.84m	1.4
3	Jeremy Phillips	SR	Rhodes	6.70m	1.2
4	Drake Foote	FR	UC Davis	6.70m	2.2
5	Tevin Gladden	SO	AK Anchorage	6.64m	1.9
6	Adrian Shocks	FR	San Francisco	6.43m	1.0
7	Andy Vo	FR	Simon Fraser	6.40m	1.6

Men Triple Jump

	Name	Yr	School	Finals	
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Flight 1

1	Keith Lester		Unattached	14.54m	1.3
2	Vladislav Moldavanov	JR	Simon Fraser	14.45m	1.6
3	Robert Eason	FR	Rhodes	12.78m	+0.0
4	Nathan Moore	FR	NW Nazarene	12.57m	+0.0
5	Nate Ellis	SR	William Jessup	12.54m	+0.0
6	Aaron Browne-Moore	FR	Oregon Tech	12.45m	+0.0
7	Isaiah Caldwell	FR	American River	12.40m	+0.0
8	Tom Maslin		New Zealand	12.17m	0.8
9	Lucas Jones	FR	Oregon Tech	11.96m	0.2
10	Bailey States	FR	Oregon Tech	11.58m	+0.0

Men Hammer Throw

	Name	Yr	School	Finals	
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Flight 1

1	Viet Duong	SR	Humboldt St	50.55m	
2	Maximilian Metzger	JR	Humboldt St	48.75m	
3	Matt Silva	SR	NW Nazarene	47.45m	
4	John VanBeuren	JR	NW Nazarene	45.36m	