



# IOWA FIELD HOCKEY

## VS. MICHIGAN STATE / OHIO STATE

### 2014 SCHEDULE (9-4, 2-2)

8/30	..... vs. #11 Wake Forest^	..... W, 4-1
8/31	..... at #2 North Carolina^	..... L, 1-4
9/4	..... #6 Virginia	..... W, 4-3
9/11	..... vs. UC Davis	..... W, 3-1
9/12	..... at #8 Stanford	..... L, 1-2 (OT)
9/14	..... at Pacific	..... W, 5-1
9/21	..... at Rutgers*	..... W, 3-0
9/26	..... #17 Indiana*!	..... W, 4-1
9/28	..... Missouri State	..... W, 7-0
10/3	..... Ball State	..... W, 8-0
10/5	..... #11 Northwestern*	..... L, 1-3
10/10	..... #14 Michigan*	..... L, 1-3
10/12	..... Miami (Oh)	..... W, 3-1
10/17	..... at Michigan State*	..... 2 p.m.
10/19	..... at Ohio State*	..... 11 a.m.
10/25	..... Penn State*	..... 1 p.m.
11/1	..... at Maryland*	..... Noon

#### Big Ten Tournament (Ann Arbor, Mich.)

11/6	..... First Round*	..... TBA
11/7	..... Semi Finals*!	..... TBA
11/9	..... Final*!	..... TBA

#### NCAA Tournament (TBA)

11/15	... First Round	..... TBA
11/16	... Second Round	..... TBA
11/21	... Semifinals	..... TBA
11/23	... Championship	..... TBA

All games listed are Central

^ ACC/Big Ten Challenge

\* Big Ten Conference Games

! Televised by Big Ten Network

# Streamed live on BTN.com

### RANKINGS

No.	Team	Points
1.	North Carolina*	806
2.	Maryland*	758
3.	Stanford*	680
4.	Connecticut	640
5.	Penn State*	628
6.	Virginia*	594
7.	Louisville	530
8.	Duke	499
9.	Northwestern*	496
10.	Syracuse	430
11.	Albany	397
12.	<b>Iowa</b>	<b>342</b>
13.	Wake Forest*	307
14.	Michigan*	302
15.	Northeastern	287
16.	Temple	264
17.	Boston College	251
18.	Indiana*	129
19.	Old Dominion	74
20.	Maine	36

\* - 2014 Opponent

### THIS WEEK

The 12th-ranked University of Iowa field hockey team (9-4, 2-2 Big Ten) hits the road this weekend squaring off with Michigan State (7-6, 2-3 Big Ten) on Friday at 2 p.m. (CT), and Ohio State (5-8, 0-4 Big Ten) on Sunday at 11 a.m. (CT).

### SCOUTING MICHIGAN STATE

The Spartans are led by fourth-year head coach Helen Knull who has the Green and White off to a 7-6 start with a 2-3 mark in Big Ten play. MSU senior Abby Barker paces the Spartan offense with 34 points on 12 goals and 10 assists. Defensively, MSU sophomore Sierra Patton (7-5) has started all 13 games as goalkeeper. Patton has collected 87 saves and surrendered 31 goals.

### SCOUTING OHIO STATE

Head coach Anne Wilkinson enters her 19th season at the helm of the Ohio State field hockey program. Wilkinson has the Buckeyes off to a 5-8 start to the season with an 0-4 record in Big Ten play. OSU freshmen Maddy Humphrey leads the Scarlet and Grey offense with 30 points on 11 goals and eight assists. Defensively, OSU freshmen Liz Tamburro (4-8) has started all 13 games for the Buckeyes collecting 90 saves while surrendering 39 goals.

### WE MEET AGAIN

The Hawkeyes have history with both Big Ten opponents this weekend. Iowa scored a 3-1 victory on the road over the Buckeyes on Oct. 18, and fell to Michigan State, 3-2, on Nov. 10 in the Big Ten Championship game in Columbus, Ohio.

### ALL-TIME SERIES

The Hawkeyes hold the edge in the all-time series against both opponents this week. Iowa posts a 48-13-1 all-time mark against Michigan State, and a 48-13 all-time record against Ohio State.

### IN THE RANKINGS

The University of Iowa ranks 12th in the 2014 Penn Monto/National Field Hockey Coaches Association (NFHCA) Division I Poll. The Hawkeyes garnered 342 points in the rankings. Iowa has been ranked each week (40 weeks) in the poll dating back to Sept. 6, 2011. Iowa is one of six Big Ten Conference schools in the rankings along with Maryland (second), Penn State (fifth), Northwestern (ninth), Michigan (14th), and Indiana (18th).

### IOWA SITS NO. 15 IN RPI RANKINGS

The Rating Percentage Index, commonly known as the RPI, is a quantity used to rank teams based upon a team's wins and losses and its strength of schedule. Released Oct. 14th, the Hawkeyes landed a No. 15 national ranking.

### HAWKEYES IN THE NATIONAL RANKINGS

Natalie Cafone -- the reigning 2013 national points leader -- ranks fourth nationally, and leads the Big Ten in goals per game (1.23). UI sophomore Stephanie Norlander ranks tied for fifth (1.00). The Hawkeyes also rank ninth nationally in team goals per game (3.43).

### LOOKING AHEAD

Iowa returns to Grant Field next Saturday for the Hawkeyes final regular season home game against Penn State. UI seniors will be recognized prior the start of the match.

### IOWA AT GRANT FIELD

The Hawkeyes own an overall home record of 144-48, a conference record of 61-27 at home, and an 11-2 record in NCAA Tournament games played in Iowa City.

## BIG TEN STANDINGS

	Conf.	Over.
Northwestern	4-0	10-4
Maryland	4-1	11-2
Michigan	4-1	9-5
Penn State	2-2	11-3
<b>IOWA</b>	<b>2-2</b>	<b>9-4</b>
Michigan State	2-3	7-6
Indiana	1-3	9-3
Rutgers	1-4	6-7
Ohio State	0-4	5-8

## 2014 ROSTER

00	Katie Jones	Fr.
1	Chandler Ackers	So.
2	Torie Berkel	Fr.
4	Pommeline Kortanje	Fr.
5	JoElla Guagliardo	Fr.
6	Mallory Lefkowitz	Fr.
7	Sophie Plasteras	So.
8	Stephanie Norlander	So.
9	Natalie Cafone	Jr.
10	Sara Watro	Sr.
11	Brynn Gitt	Sr.
12	Taylor Omweg	Fr.
13	Emily George	Fr.
16	Jessy Silfer	So.
17	Mackenzie Sapp	Fr.
19	Dani Hemeon	Sr.
20	Veronique Declercq	Fr.
21	Isabella Licciardello	Jr.
24	Melissa Progar	Fr.
44	Alexandra Pecora	So.
54	Liz Leh	Jr.

## ATHLETIC COMMUNICATIONS

### Ben Schmitz Field Hockey Contact



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## MEDIA INFORMATION

**PRACTICE ATTENDANCE** - All practices are open to the media, and interviews may be conducted 15 minutes prior to or at the completion of practice. However, media must inform Ben Schmitz of their intention to attend practice. The Hawkeyes practice daily from 2:30-5 p.m. at Grant Field.

**PLAYER INTERVIEWS** - All player interviews are coordinated through Ben Schmitz of the sports information office. Please contact Ben (319-335-9411) so that he may set a time which does not interfere with the student-athlete's academic or practice schedules.

## Chasing History

Junior Natalie Cafone enters the weekend with 46 career goals -- two away from emerging into the program's top-10 list. Cafone sits behind her former high school coach Diane DeMiro. DeMiro -- a 1996 UI graduate -- recorded 48 goals in her time at Iowa.

## HAT TRICKS

Three Hawkeyes -- Natalie Cafone, Dani Hemeon and Stephanie Norlander -- have scored hat tricks in the 2014 season. Junior Natalie Cafone's came against No. 6 Virginia on Sept. 4, in a 4-3 win at home. Sophomore Stephanie Norlander registered her first one in the opening 12 minutes in the win over Missouri State on Sept. 28 in Iowa City. Norlander and Hemeon both achieved the scoring accomplishment on Oct. 3rd against Ball State. The last time two Hawkeyes scored a hat trick in the same game came against Saint Louis on Sept. 19, 2009 when Jess Werley and Dean Tricia each scored a trio of goals in Iowa's 12-0 win over the Billikens.

## CAFONE NAMED B1G PLAYER OF THE WEEK

Junior Natalie Cafone was named Big Ten Offensive Player of the Week on Sept. 9. Cafone paced Iowa's offensive attack with three goals on five shots in a 4-3 win over No. 6 Virginia in Iowa's home opener on Sept. 4. This marked Cafone's second Big Ten Player of the Week honor (Sept. 24, 2013).

## NORLANDER NAMED B1G PLAYER OF THE WEEK

University of Iowa sophomore Stephanie Norlander was named Big Ten Offensive Player of the Week on Sept. 30. Norlander paced Iowa's offensive attack with a combined five goals on 12 shots over two games, which included a hat trick in the opening 12 minutes against Missouri State.

## ALL-AMERICANS

Natalie Cafone and Dani Hemeon were named 2013 Longstreth/NFHCA Division I All-Americans. Cafone was named to the second team, while Hemeon garnered third team honors. Cafone and Hemeon are the 84th and 85th national All-Americans in program history. Only four programs nationally have had more.

## CAFONE STEPS UP

Junior Natalie Cafone was named the University of Iowa's 2014 Female Athlete of the Year. The Fairfield, N.J., native was the NCAA statistical champion for points per game in 2013, leading the nation in points per game (2.48) the first Hawkeye to lead nation in points per game since Kristy Gleason in 1992 (3.95). Cafone was named to the NFHCA Division I All-America second team, NFHCA West Region All-America first team, All-Big Ten first team and the All-Big Ten tournament team. Cafone has scored 38 goals over her last 34 games.

## IOWA NEWCOMERS

The Black and Gold feature 10 freshmen on the 2014 roster. Taylor Omweg and Veronique Declercq both see action in the backfield. Torie Berkel, JoElla Guagliardo and Mallory Lefkowitz are contributing to the Hawkeye forward line. Pommeline Kortanje, Emily George, Mackenzie Sapp and Melissa Progar each add to the mid-fielder's depth. Freshman goalkeeper Katie Jones rounds out the Hawkeye newcomers.

## ROSTER BREAKDOWN

21 student-athletes on the UI field hockey roster:  
- 10 freshmen  
- Five sophomores  
- Three juniors  
- Three seniors

Four members of the Iowa roster were also teammates in high school. Sophie Plasteras and Stephanie Norlander played alongside one another at Handsworth Secondary in North Vancouver, Canada, while Taylor Omweg and Melissa Progar competed for Tabb High School in Yorktown, Va.

## HAWKEYES IN THE NCAA TOURNAMENT

The Hawkeyes have been selected to the NCAA Tournament 22 times in program history -- the most of any school as a member of the Big Ten Conference. The Hawkeyes are 26-23 all-time in tournament play, including 9-5 in first round match-ups and 11-6 in second round contests. Iowa has advanced to 11 NCAA Final Fours, winning the 1986 national championship. The Hawkeyes 26 tournament victories and 11 NCAA Final Fours are the most of any school as a member of the Big Ten Conference.

## HAWKEYES SELECTED TO U.S. NATIONAL TEAM

Junior Natalie Cafone and former UI All-American Lauren Pfeiffer were selected to the 2014-15 U.S. Women's National Team. Pfeiffer, a member of the U.S. National Team since 2009 who has earned 66 caps, was a two time All-American at Iowa. During her career, Pfeiffer earned all-region honors three times, first-team All-Big Ten honors twice, and was named the Big Ten Tournament MVP twice.

## NATIONAL ACADEMIC HONORS

The University of Iowa field hockey team was awarded the 2013 Gladiator SGI/NFHCA Division I National Academic Team Award. The National Academic Team Award recognizes those institutions that have achieved a team GPA of 3.0 or higher during the first semester of the 2013-14 academic year. Brynn Gitt and Jessy Silfer were named 2013 Gladiator SGI/NFHCA Division I Scholars of Distinction. The honor is awarded to student-athletes who achieved a cumulative GPA of 3.90 or higher through the first semester of the 2013-14 academic year.

## FOLLOW THE HAWKEYES

Become fans of the official Iowa Field Hockey fan page by going to [facebook.com/iowafieldhockey](http://facebook.com/iowafieldhockey) to follow the Hawkeyes on Facebook. Fans can also follow on Twitter: @iowafieldhockey



# IOWA FIELD HOCKEY

## SEASON STATS

### Iowa Field Hockey IOWA Combined Team Statistics (as of Oct 12, 2014) All games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	9-4	5-2	2-2	2-0
CONFERENCE	2-2	1-2	1-0	0-0
NON-CONFERENCE	7-2	4-0	1-2	2-0

Date	Opponent	Score	Att.	#	Player	gp	g	a	pts	sh	sh%	sog	sog%	gw	ps-att	dsv
Aug 30	vs #11 Wake Forest	w 4-1	405	9	Cafone, Natalie	13	16	5	37	50	.320	35	.700	3	0-0	0
Aug 31	at #2 North Carolina	L 1-4	457	8	Norlander, Stephanie	13	13	3	29	50	.260	30	.600	3	0-0	0
Sep 04	#6 VA	w 4-3	117	19	Hemeon, Dani	13	6	3	15	55	.109	26	.473	2	0-0	1
09/11/14	vs UC Davis	w 3-1	67	10	Watro, Sara	13	4	1	9	8	.500	7	.875	0	0-0	0
Sep 12	at #8 Stanford	Lot 1-2	304	6	Lefkowitz, Mallory	13	2	3	7	5	.400	4	.800	1	0-0	0
Sep 14	at PACIFIC	w 5-1	107	7	Plasteras, Sophie	11	2	0	4	7	.286	6	.857	0	0-0	0
* Sep 21	at Rutgers	w 3-0	266	13	George, Emily	5	1	0	2	1	1.000	1	1.000	0	0-0	0
* Sep 26	#17 INDIANA	w 4-1	198	16	Silfer, Jessy	13	1	0	2	3	.333	2	.667	0	0-0	0
Sep 28	MISSOURI STATE	w 7-0	384	24	Progar, Melissa	13	0	0	0	2	.000	1	.500	0	0-0	0
Oct 03	BALL STATE	w 8-0	198	54	Leh, Liz	12	0	0	0	3	.000	1	.333	0	0-0	0
* Oct 05	#11 NORTHWESTERN	L 1-3	238	2	Berkel, Torie	2	0	0	0	0	.000	0	.000	0	0-0	0
* Oct 10	#14 MICHIGAN	L 1-3	223	00	Jones, Katie	3	0	0	0	0	.000	0	.000	0	0-0	0
Oct 12	MIAMI(OHIO)	w 3-1	180	21	Licciardello, I.	13	0	0	0	3	.000	3	1.000	0	0-0	0
				20	Declercq, Veronique	9	0	1	1	6	.000	2	.333	0	0-0	0
				17	Sapp, Mackenzie	4	0	0	0	3	.000	2	.667	0	0-0	0
				12	Omweg, Taylor	13	0	0	0	1	.000	0	.000	0	0-0	0
				11	Gitt, Brynn	13	0	0	0	5	.000	2	.400	0	0-0	0
				5	Guagliardo, JoElla	5	0	0	0	0	.000	0	.000	0	0-0	0
				4	Korstanje, Pommeline	13	0	2	2	3	.000	1	.333	0	0-0	0
				1	Ackers, Chandler	13	0	6	6	4	.000	0	.000	0	0-0	0
					Total	13	45	24	114	209	.215	123	.589	9	0-0	1
					Opponents	13	20	18	58	133	.150	73	.549	4	0-0	2

TEAM STATISTICS	IOWA	OPP
SHOT STATISTICS		
Goals-Shot attempts	45-209	20-133
Goals scored per game	3.46	1.54
Shot pct.	.215	.150
Shots on goal-Attempts	123-209	73-133
SOG pct.	.589	.549
Shots/Game	16.1	10.2
PENALTY CORNERS	83	77
PENALTY STROKES	0-0	0-0
PENALTIES		
Green cards	12	11
Yellow cards	3	2
Red cards	0	0
ATTENDANCE		
Total	1538	1134
Dates/Avg Per Date	7/220	4/284
Neutral Site #/Avg	2/236	

#	Goalie	GP	Min.	GA	GAAvg	Saves	Pct	W-L-T	Sho
00	Jones, Katie	2	82:59	0	0.00	4	1.000	1-0-0	1/1
44	Pecora, Alexandra	12	835:39	20	1.68	48	.706	8-4-0	1/1
	Total	13	918:38	20	1.52	53	.726	9-4-0	3
	Opponents	13	918:38	45	3.43	78	.634	4-9-0	0

Goals by Period	1st	2nd	OT	Total
IOWA	26	19	0	45
Opponents	12	7	1	20

Shots by Period	1st	2nd	OT	Total
IOWA	92	117	0	209
Opponents	66	66	1	133

Saves by Period	1st	2nd	OT	Total
IOWA	22	31	0	53
Opponents	25	53	0	78

Corners by Period	1st	2nd	OT	Total
IOWA	31	52	0	83
Opponents	34	41	2	77

