



# IOWA FIELD HOCKEY

**VS. #6 VIRGINIA – GRANT FIELD, IOWA CITY, IOWA**

## 2014 SCHEDULE (1-1, 0-0)

8/30	vs. #11 Wake Forest^	W, 4-1
8/31	at #2 North Carolina^	L, 1-4
9/4	<b>#6 Virginia</b>	<b>3 p.m.</b>
9/11	vs. UC Davis	3 p.m.
9/12	at Stanford	2 p.m.
9/14	at Pacific	1 p.m.
9/21	at Rutgers*	11 a.m.
9/26	<b>Indiana*!</b>	<b>2:30 p.m.</b>
9/28	<b>Missouri State</b>	<b>1 p.m.</b>
10/3	<b>Ball State</b>	<b>7 p.m.</b>
10/5	<b>Northwestern*</b>	<b>Noon</b>
10/10	<b>Michigan*</b>	<b>7 p.m.</b>
10/12	<b>Miami (Oh)</b>	<b>11 a.m.</b>
10/17	at Michigan State*	2 p.m.
10/19	at Ohio State*	11 a.m.
10/25	<b>Penn State*</b>	<b>1 p.m.</b>
11/1	at Maryland*	Noon

### Big Ten Tournament (Ann Arbor, Mich.)

11/6	First Round*	TBA
11/7	Semi Finals*!	TBA
11/9	Final*!	TBA

### NCAA Tournament (TBA)

11/15	First Round	TBA
11/16	Second Round	TBA
11/21	Semifinals	TBA
11/23	Championship	TBA

All games listed are Central

^ ACC/Big Ten Challenge

\* Big Ten Conference Games

! Televised by Big Ten Network

# Streamed live on BTN.com

## RANKINGS

No.	Team	Points
1.	Maryland*	881 (22)
2.	North Carolina*	855 (8)
3.	Connecticut	831 (14)
4.	Duke	766 (1)
5.	Syracuse	729 (1)
6.	Virginia*	572
7.	Princeton	571
8.	Penn State*	552
9.	Old Dominion	516
10.	Massachusetts	406
11.	Wake Forest*	381
12.	Stanford*	366
13.	Boston College	361
14.	Northwestern*	303
15.	Louisville	258
16.	Michigan State*	216
17.	Michigan*	204
18.	Delaware	194
19.	American	186
20.	<b>Iowa</b>	<b>173 (1)</b>

\* - 2014 Opponent

### THIS WEEK

The 20th-ranked University of Iowa field hockey team (1-1) hosts No. 6 Virginia (1-1) in its home opener at Grant Field in Iowa City, Iowa, Thursday at 3 p.m.

### PROMOTIONS

THE HAWKEYES WILL HOST THE HAWKS NEST TAILGATE THURSDAY PRIOR TO THE START OF THE GAME. STUDENTS AT THE TAILGATE WILL HAVE THE OPPORTUNITY TO ENTER A DRAWING FOR A "PILL SPEAKER" BY DR. DRE BEATS. THE FIRST 150 FANS WILL RECEIVE A CUP WITH THE 2014 FIELD HOCKEY SCHEDULE ON IT.

### SCOUTING NO. 6 VIRGINIA

After a 9-0 opening-day victory at William & Mary in which six different Cavaliers scored goals, Virginia was shut out at No. 8 Penn State on Sunday, 3-0. The Nittany Lions and Cavaliers each took 11 shots in the game with sophomore midfielder Lucy Hyams (Whitstable, England) taking seven for Virginia.

Hyams leads the Cavaliers with five points, two goals, and an assist. Sophomore Riley Tata (Virginia Beach, Va.) has a perfect 1.000 shooting percentage, scoring two goals on two shots. Freshman Liz Stern-Green (Hummelstown, Pa.) scored a goal on her only shot in the William & Mary game.

### WE MEET AGAIN

The Hawkeyes are 2-3 all-time against Virginia. Iowa lost its last meeting with the Cavaliers, 3-2, on Nov. 10, 2012 in the NCAA tournament in Charlottesville, Va. Iowa is 1-0 against Virginia at home.

### IN THE RANKINGS

The University of Iowa field hockey team is ranked 20th in the country in the 2014 Penn Monto/National Field Hockey Coaches Association (NFHCA) Division I Preseason Poll. The Hawkeyes garnered 173 points in the rankings, and one first place vote. Iowa has been ranked each week (33 weeks) in the poll dating back to Sept. 6, 2011. Iowa is one of six Big Ten Conference schools in the team rankings along with Maryland (first), Penn State (eighth), Northwestern (14th), Michigan State (16th), and Michigan (17th).

### QUICK CAP-NO. 11 WAKE FOREST

The Hawkeyes took an early 3-0 lead in the first half, benefitting from goals by Stephanie Norlander (3:09), Sarah Watro (15:21), and Natalie Cafone (26:03). Norlander lifted the Hawkeyes to a three-goal advantage in the second half, 4-1, with her second score in the game (45:46). Goalkeeper Alexandra Pecora finished the game with four saves as the Hawkeyes picked up their first win of the season, defeating the Demon Deacons 4-1 on Saturday.

### QUICK CAP-NO. 2 NORTH CAROLINA

The Tar Heels took an early 1-0 lead in the first minute of the game coming off the stick of Loren Shealy. The home team's momentum continued as the Tar Heels climbed to a 4-0 advantage going into the half. Iowa made a late push at the 61-minute mark with a goal from junior Natalie Cafone to narrow the gap, 4-1, but were unable to complete the comeback.

### IOWA AT GRANT FIELD

The Hawkeyes own an overall home record of 139-46, a conference record of 60-25 at home, and an 11-2 record in NCAA Tournament games played in Iowa City.

### BIG TEN WATCH LIST

Three University of Iowa field hockey players -- Natalie Cafone, Dani Hemeon and Stephanie Norlander -- were named to the 2014 Big Ten Players to Watch List. Cafone, a junior from Fairfield, New Jersey, enters the 2014 campaign coming off an outstanding sophomore season where she started every contest and led the nation in points per game (2.48); the first Hawkeye to do so in 22 years (Kristy Gleason, 1992). Cafone was named to the NFHCA Division I All-America second team, NFHCA West Region All-America first team, All-Big Ten first team, All-Big Ten tournament team, and was named the University of Iowa's 2014 Female Athlete of the Year. Hemeon, a senior native of Gilroy, California, saw action in all of Iowa's 21 contests last season, making 20 starts. Hemeon led the team with eight defensive saves and recorded a hat trick against Indiana on Oct. 11. Hemeon was named NFHCA Division I All-America third team, NFHCA West Region All-America first team, All-Big Ten first team, and All-Big Ten tournament team. Norlander, a sophomore native of North Vancouver, Canada, appeared in 18 games last season and made 17 starts. As a freshman, Nor-

## BIG TEN STANDINGS

	Conf.	Over.
Indiana	0-0	2-0
Rutgers	0-0	2-0
Maryland	0-0	2-0
Penn State	0-0	2-0
<b>IOWA</b>	<b>0-0</b>	<b>1-1</b>
Michigan State	0-0	1-1
Northwestern	0-0	1-1
Michigan	0-0	0-2
Ohio State	0-0	0-1

## 2014 ROSTER

00	Katie Jones	Fr.
1	Chandler Ackers	So.
2	Torie Berkel	Fr.
4	Pommeline Korstanje	Fr.
5	JoElla Guagliardo	Fr.
6	Mallory Lefkowitz	Fr.
7	Sophie Plasteras	So.
8	Stephanie Norlander	So.
9	Natalie Cafone	Jr.
10	Sara Watro	Sr.
11	Brynn Gitt	Sr.
12	Taylor Omweg	Fr.
13	Emily George	Fr.
16	Jessy Silfer	So.
17	Mackenzie Sapp	Fr.
19	Dani Hemeon	Sr.
20	Veronique Declercq	Fr.
21	Isabella Licciardello	Jr.
24	Melissa Progar	Fr.
44	Alexandra Pecora	So.
54	Liz Leh	Jr.

## ATHLETIC COMMUNICATIONS

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## MEDIA INFORMATION

**PRACTICE ATTENDANCE** - All practices are open to the media, and interviews may be conducted 15 minutes prior to or at the completion of practice. However, media must inform Ben Schmitz of their intention to attend practice. The Hawkeyes practice daily from 2:30-5 p.m. at Grant Field.

**PLAYER INTERVIEWS** - All player interviews are coordinated through Ben Schmitz of the sports information office. Please contact Ben (319-335-9411) so that he may set a time which does not interfere with the student-athlete's academic or practice schedules.

lander ranked third on the team in goals (nine), and points (19). Norlander capped her freshman campaign with NFHCA West Region All-America second team and Big Ten Freshman of the Year honors.

### ALL-AMERICANS

Natalie Cafone and Dani Hemeon were named 2013 Long-streth/NFHCA Division I All-Americans. Cafone was named to the second team, while Hemeon garnered third team honors. Cafone and Hemeon are the 84th and 85th national All-Americans in program history. Only four programs nationally have had more.

### CAFONE STEPS UP

Junior Natalie Cafone was named the University of Iowa's 2014 Female Athlete of the Year. The Fairfield, N.J., native was the NCAA statistical champion for points per game in 2013, leading the nation in points per game (2.48) the first Hawkeye to lead nation in points per game since Kristy Gleason in 1992 (3.95). Cafone was named to the NFHCA Division I All-America second team, NFHCA West Region All-America first team, All-Big Ten first team and the All-Big Ten tournament team. The Fairfield, New Jersey, native has scored in 4 consecutive games dating back to the second round of the 2013 Big Ten Tournament last season. Cafone has scored 24 goals over her last 23 games.

### ROSTER BREAKDOWN

21 student-athletes on the UI field hockey roster:

- 10 freshmen
- Five sophomores
- Three juniors
- Three seniors

### HAWKEYES BY STATE/COUNTRY

VIRGINIA: 4      ILLINOIS: 2      MICHIGAN: 1  
 PENNSYLVANIA: 4      CANADA: 2  
 NEW JERSEY: 3      BELGIUM: 2  
 CALIFORNIA: 2      NEW YORK: 1

Four members of the Iowa roster were also teammates in high school. Sophie Plasteras and Stephanie Norlander played alongside one another at Handsworth Secondary in North Vancouver, Canada, while Taylor Omweg and Melissa Progar competed for Tabb High School in Yorktown, Va.

### IOWA NEWCOMERS

The Black and Gold feature 10 freshman on the 2014 roster. Taylor Omweg and Veronique Declercq will both see action in the backfield. Torie Berkel, JoElla Guagliardo and Mallory Lefkowitz will contribute to the Hawkeye forward line. Pommeline Kortanje, Emily George, Mackenzie Sapp and Melissa Progar will each add to the midfielder's depth. Freshman goal keeper Katie Jones rounds out the Hawkeye newcomers.

### LOOKING AHEAD

The Hawkeyes hit the road for a four-game stretch from Sept. 11, through Sept. 21. Iowa will take on UC Davis, Stanford, Pacific, and will conclude the trip opening Big Ten play in Piscataway, N.J., taking on Rutgers.

### HAWKEYES ON BTN

The Big Ten Network will be airing at least one Hawkeye

contest this season. Iowa will appear on BTN Sept. 26, hosting Indiana at 2:30 p.m. (CT) at Grant Field in Iowa City, Iowa.

### HAWKEYES IN THE NCAA TOURNAMENT

The Hawkeyes have been selected to the NCAA Tournament 22 times in program history -- the most of any school as a member of the Big Ten Conference. The Hawkeyes are 26-23 all-time in tournament play, including 9-5 in first round match-ups and 11-6 in second round contests. Iowa has advanced to 11 NCAA Final Fours, winning the 1986 national championship. The Hawkeyes 26 tournament victories and 11 NCAA Final Fours are the most of any school as a member of the Big Ten Conference.

### 4 EARN ALL-BIG HONORS IN 2013

Junior Natalie Cafone and Senior Dani Hemeon were named to the first team. 2013 senior Karli Johansen was selected to the second team, and Stephanie Norlander was tabbed as the Big Ten Freshman of the Year, becoming the first Hawkeye to earn the award since Meghan Beamesderfer in 2006. She becomes the fourth Hawkeye to win the award, joining Beamesderfer, Caitlin McCurdy (2005), and Tiffany Leister (1999). Hemeon was also named Iowa's sportsmanship award honoree.

### HAWKEYES SELECTED TO U.S. NATIONAL TEAM

Junior Natalie Cafone and former UI All-American Lauren Pfeiffer were selected to the 2014-15 U.S. Women's National Team. Pfeiffer, a member of the U.S. National Team since 2009 who has earned 66 caps, was a two time All-American at Iowa. During her career, Pfeiffer earned all-region honors three times, first-team All-Big Ten honors twice, and was named the Big Ten Tournament MVP twice.

### NATIONAL ACADEMIC HONORS

The University of Iowa field hockey team was awarded the 2013 Gladiator SGI/NFHCA Division I National Academic Team Award. The National Academic Team Award recognizes those institutions that have achieved a team GPA of 3.0 or higher during the first semester of the 2013-14 academic year. Brynn Gitt and Jessy Silfer were named 2013 Gladiator SGI/NFHCA Division I Scholars of Distinction. The honor is awarded to student-athletes who achieved a cumulative GPA of 3.90 or higher through the first semester of the 2013-14 academic year.

### IOWA CAREER ALL-TIME SAVES:

1. Lisa Cellucci - 592
2. Donna Lee - 492
3. Andrea Wieland - 472
4. Barb Weinberg - 371
5. Kathleen McGraw - 330

### FOLLOW THE HAWKEYES

Become fans of the official Iowa Field Hockey fan page by going to [facebook.com/iowafieldhockey](http://facebook.com/iowafieldhockey) to follow the Hawkeyes on Facebook. Fans can also follow on Twitter at [twitter.com/iowafieldhockey](http://twitter.com/iowafieldhockey).