

THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



TRACK CONTACTS: TRACI WAGNER, NATHAN SHEEHAN

JANUARY 26, 2009

2009 IOWA TRACK & FIELD INDOOR SCHEDULE & RESULTS

Date	Meet	Time (CT)/Result
1/10	Illinois % (Iowa City, IA)	W, 92-77
1/17	Iowa Open (Iowa City, IA)	13 champs
1/23-24	at Razorback Invite % (Fayetteville, AR)	0 champs
1/24	at Jack Johnson Classic & (Minneapolis, MN)	1 champ
1/30-31	at Jack Jennett Invite & 3 p.m./10:50 a.m. (Cedar Falls, IA)	
1/30	at Millrose Games % (New York, NY)	6:57 p.m.
2/6-7	at Meyo Invite & (South Bend, IN)	5 p.m./9 a.m.
	at New Balance Invite % 2:45 p.m./12:15 p.m. (New York, NY)	
2/13-14	at Iowa St. Classic & (Ames, IA)	9 a.m./10 a.m.
2/14	at Husky Classic & (Seattle, WA)	10:30 a.m.
2/20	Iowa Invite & (Iowa City, IA)	4 p.m.
2/28-3/1	at Big Ten Championships % (University Park, PA)	
	at Big Ten Championships ^ (Bloomington, MN)	
3/6-7	at Alex Wilson Invite & 5 p.m./10:30 a.m. (South Bend, IN)	
3/7	at Washington Qualifier & (Seattle, WA)	1 p.m.
3/7	at Last Chance Meet & (Ames, IA)	10:30 a.m.
3/14-15	at NCAA Championships & (College Station, TX)	

& - co-ed event
^ - women's only event
% - men's only event

THIS WEEK

The majority of the Hawkeye men's track team and some competitors from the Iowa women's squad will compete at the Jack Jennett Invite Friday and Saturday in Cedar Falls, IA. All events will be held at the UNI-Dome on the University of Northern Iowa campus. Events are scheduled to start at 3 p.m. Friday and 10:50 a.m. Saturday.

The Hawkeye men will also send a 3,200-meter relay team to the 102nd annual Millrose Games Friday in New York, NY. Hawkeye junior **Adam Hairston**, sophomore **Dan Kuhlman** and freshmen **Zack Braff** and **Erik Sowinski** are set to run the relay for Iowa. Hawkeye sophomore **Steven Willey** will serve as an alternate. The race is set for 6:57 p.m. (CT) and will be run in Madison Square Garden. The event will be aired live on ESPN2. A one-hour taped-delay broadcast will be shown on NBC Sports Saturday at 1:30 p.m.

LAST MEET

Iowa hit the road last weekend, sending one group to the Razorback Invite in Fayetteville, AR, and the other group to the Jack Johnson Classic in Minneapolis, MN.

The Hawkeye throws and middle distance groups provided the highlights in Minnesota. Senior **John Hickey** provisionally qualified for the NCAA Championships in the men's shot put for the second straight week, winning that event with a throw of 58-6. Five of the top 10 shot put finishers were Hawkeyes. Senior **Mandy Chandler** posted a collegiate-best 52-5 1/4 in the women's weight throw, which was a collegiate-best and ranks third on Iowa's all-time best performers list. Eleven of Iowa's 12 milers posted collegiate-best times. Freshman **Betsy Flood** led Iowa in the women's 800 meters with a collegiate best 2:16.67.

Several Hawkeye newcomers led the men's team at Arkansas, while some Hawkeye veterans led the women's squad. Iowa freshman **D'Juan Richardson** placed fifth in the consolation 60 meters (6.88) and sixth

IOWA'S NCAA QUALIFIERS

The Hawkeyes have provisionally qualified one student-athlete for the NCAA Indoor Championships, which will be held March 14-15 in College Station, TX. His event, qualifying marks and where he ranks in the Big Ten and the nation are listed below.

Name	Event	Mark	Big 10/NCAA Rank
John Hickey	Shot Put	59-8 1/2 (18.20 m)	1st/8th

University of Iowa Sports Information Office - 157 Carver-Hawkeye Arena, Iowa City, IA 52242
Phone: 319/335-9411 - Fax: 319/335-9417 - www.hawkeyesports.com

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MEN'S 2009 INDOOR SEASON BESTS

Event	Team Leader	Mark
60 Meters	Zeke Sayon	6.86
60 Hurdles	D'Juan Richardson	8.20
200 Meters	D'Juan Richardson	21.59
400 Meters	Ray Varner	47.98
600 Meters	Adam Hairston	1:19.05
800 Meters	Adam Hairston	1:51.67
Mile	Jesse Luciano	4:13.99
3,000 Meters	Eric MacTaggart	8:24.64
1,600-Meter Relay		3:12.48
Distance Medley Relay		10:53.41
<i>(Hairston, Splan, Paul, Kadlec)</i>		
High Jump	Ryan Kelly	6-9 1/2 (2.07 m)
	Dan Rolling	6-9 1/2 (2.07 m)
Pole Vault	Alex Zona	15-3 (4.65 m)
Long Jump	Cody Mixon	21-4 1/2 (6.51 m)
Triple Jump	Josh Bean	48-6 (14.78 m)
Shot Put	John Hickey	* 59-8 1/2 (18.20 m)
Wt. Throw	Matt Banse	54-8 1/4 (16.67 m)

WOMEN'S 2009 INDOOR SEASON BESTS

Event	Team Leader	Mark
60 Meters	Rhonda-Kaye Trusty	7.67
60 Hurdles	Karessa Farley	8.52
200 Meters	Rhonda-Kaye Trusty	24.90
300 Meters	Rhonda-Kaye Trusty	40.15
400 Meters	Bethany Praska	56.58
600 Meters	Bethany Praska	1:33.19
800 Meters	Betsy Flood	2:16.67
Mile	McKenzie Melander	4:57.34
3,000 Meters	Racheal Marchand	9:52.10
Shot Put	Mandy Chandler	42-11 1/2 (13.09 m)
Wt. Throw	Mandy Chandler	52-5 1/4 (15.98 m)

* - NCAA Provisional Qualifier

in the 60-meter hurdles finals (8.21). Freshmen **Zack Braff** and **Erik Sowinski** placed third (1:53.72) and fourth (1:54.22), respectively, in the 800 meters with collegiate-best times. Junior **Paul Chaney, Jr.**, made his season debut with a sixth-place finish in the consolation 60 meters (6.89). Five Hawkeyes also placed in the top 30 in the 400 meters. Junior **Ray Varner** led that group with a sixth-place finish (47.98).

Sophomores **Bethany Praska** and **Tiffany Hendricks** represented the women's sprinters well with collegiate-bests in the 400 meters. Praska's time of 56.58 ranks 10th in school history, while Hendricks posted a 57.66. Sophomore **Karessa Farley** placed fifth in the 60-meter hurdles (8.63), running a season-best 8.52 in the prelims. Junior **Rhonda-Kaye Trusty** rounded out the Hawkeye performances with a fifth-place finish in the 60-meter consolation race with a season-best 7.67.

HAWKEYE TRACK STAFF

The Hawkeye coaching staff has some new faces and responsibilities for the 2009 season. **Larry Wieczorek** is the men's head track and cross country coach, and **Layne Anderson** is the women's head track and cross country coach. The teams now share administrative responsibilities, coordinate their competition schedules and divide coaching responsibilities by event instead of gender. Assistant **Scott Cappos**, who is in his 13th year at Iowa, will coach the throws, while third-year assistant **Joey Woody** will coach the men's sprints, short hurdles and relays, and women's long sprints and hurdles. First-year assistant **Clive Roberts** will coach the women's short sprints, hurdles and relays, as well as the horizontal jumps for both groups. First-year assistant **Christi Smith** will direct the multi-events and vertical jumps.

NEXT UP

The Hawkeyes will split competition between two meets for the weekend of Feb. 6-7.

The men's throwers will head to New York for the New Balance Invitational at the Armory Track. The men's shot put is set for 2:45 p.m. Friday and the men's weight throw will be at 12:15 p.m. Saturday.

The rest of the team will compete at the Meyo Invite in South Bend, IN. Events are set to start at 5 p.m. Friday and 9 a.m. Saturday, and will be held at the Loftus Center of the Notre Dame University campus.

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