



IOWA HAWKEYES

MEN'S SWIMMING & DIVING

ESTABLISHED 1917

2013-14 SCHEDULE			<u>THIS WEEK</u>
<u>Date</u>	<u>Opponent</u>	<u>Time</u>	
Sep. 27-28	at Michigan * Michigan Water Carnival (Ann Arbor, Mich.)	L, 110-182	The University of Iowa men's swimming and diving team opens its home conference slate Friday in Iowa City, Iowa, with a dual against Michigan State. The dual will be held at the Campus Recreation and Wellness Center Pool beginning at 4 p.m. (CT).
Oct. 11	Intrasquad Meet (Iowa City, Iowa)	Black, 122-104	<u>LIVE RESULTS</u> Fans can follow the intrasquad meet via live results by following this link (http://www.livestats.hawkeyesports.com).
Oct. 18	Michigan State * (Iowa City, Iowa)	4 p.m.	<u>PROMOTIONS</u> All kids who attend the meet will receive free pizza, play life-sized board games, and have the opportunity to get autographs from their favorite Hawkeyes after the dual.
Nov. 1	Minnesota * (Iowa City, Iowa)	5 p.m.	<u>BLACK SQUAD CLAIMS INTRASQUAD MEET</u> The black squad downed the gold team, 122-104, on Oct. 11 at the Black & Gold Intrasquad Meet at the Campus Recreation and Wellness Center Pool. Senior Dustin Rhoads paced the black team, posting a pair of wins to go along with a runner-up finish. The Ames, Iowa, native, placed first as part of the 200-medley relay team (1:30.76) along with junior Grant Betulius, Andrew Marciniak, and Jackson Halsmer. Sophomore Roman Trussov made a strong contribution to the gold squad, posting two first place finishes. He won the 100-breast in 54.60 -- an NCAA "B" cut time -- while also being a member of the winning 200-free relay (1:23.36) along with sophomores Jackson Allen and David Ernstsson and senior Gianni Sesto.
Nov. 8	at Purdue/Ohio State * (West Lafayette, Ind.)	3 p.m.	<u>NCAA 'B' CUTS</u> Sophomore Ruman Trussov became the first Hawkeye to post an NCAA 'B' cut time this season. On Oct. 11, Trussov posted a time of 54.60 in the 100-breast to qualify for an NCAA 'B' cut.
Dec. 6 - 8	Hawkeye Invitational (Iowa, Notre Dame, Denver, Milwaukee)	10 a.m./ 6 p.m.	<u>HAWKEYES SET WORLD RECORD</u> The University of Iowa swimming and diving team swam to a World Record in the 200 short course meters mixed-medley relay at the Michigan Water Carnival. In the second-to-last event, the Hawkeyes swam to a World Record time when seniors Dustin Rhoads and Andrew Marciniak, junior Haley Gordon and sophomore Olivia Kabacinski finished with a time of 1:47.61. Iowa also bested a previous World Record time in the mixed 200-meter freestyle relay when sophomore Jackson Allen, senior Gianni Sesto, freshman Emma Sougstad and sophomore Allie Orvis posted a time of 1:40.26. Michigan took down the old record, finishing in 1:36.78.
Jan. 18	Missouri/Indiana (Iowa City, Iowa)	11 a.m.	<u>ZITO EARNS BIG FRESHMAN OF THE WEEK HONORS</u> Freshman Nick Zito was named Big Ten Freshman of the Week on Oct. 1. Competing in his first collegiate dual at defending national champion Michigan, Zito swam four events for the Hawkeyes, placing second twice, third, and seventh. In the 200-yard breaststroke, the Lombard, Ill., native placed second (2:02.10), behind fellow teammate and NCAA qualifier Roman Trussov. In the 400-yard freestyle relay, Zito swam the anchor leg, touching out in 3:03.27. He also placed third in the 200-yard IM in 1:54.56, and placing seventh in the 200-yard freestyle.
Jan. 25	at Northwestern (Evanston, Ill.)	11 a.m.	<u>SEASON RECAP</u> The Hawkeyes enter the 2013-14 season after a successful 2012-13 campaign. The men's team posted a 7-3 record in dual meets, while going 2-3 in the Big Ten. Iowa placed 32nd in the country
Jan 31 - Feb 1	Shamrock Invitational (South Bend, Ind.)	All Day	
Feb. 7	Western Illinois (Iowa City, Iowa)	6 p.m.	
Feb. 26 - March 1	Big Ten Championships (Ann Arbor, Mich.)	All Day	
Feb. 27 - March 1	Iowa Senior Championships (Iowa City, Iowa)	All Day	
March 10 - 12	NCAA Zone Diving (Minneapolis, Minn.)	All Day	
March 27 - 29	NCAA Championships (Austin, Texas)	All Day	
April 12	Long Course Intrasquad (Iowa City, Iowa)	TBA	

All times Central and subject to change[*] -- Conference Event





HEAD COACH MARC LONG

Marc Long is in his 10th season as head coach for the University of Iowa swimming and diving team, and ninth leading both the men and women's squads. He served two seasons as the Iowa women's assistant coach (2003-04) before taking over the helm for the 2004-05 season. He also served as the Hawkeye men's assistant coach from 1998-2001.

During his tenure as head coach of both programs, 75 school records have fallen and 112 Hawkeyes have automatically or provisionally qualified for the NCAA Championships.

In 2012-13, Long guided the Hawkeyes to a 32nd place finish at the NCAA Championships, marking the program's second-straight finish among the top-32 teams nationally. Six men's student-athletes competed at the championships, and Iowa earned honorable mention All-America honors in three events -- 200-medley relay, 400-medley relay and 100 backstroke.

Twenty-one school records went down during the course of the season and 20 Iowa student-athletes posted NCAA automatic or provisional times. The men's team finished seventh at the Big Ten Championships with 245 points, while the women's squad was 10th with 113 points.

The men's team finished the 2013 season ranked 20th in the CollegiateSwimming.com/CSCAA Coaches Poll after posting a 7-3 dual record; the women's squad received votes in the rankings during the season and finished the year with an 8-2 record. Academically, 25 Hawkeyes earned Academic All-Big Ten recognition.

During the 2011-12 season, Long led the UI men's team to a fifth place showing at the Big Ten Championships, the program's highest finish since 1996. Two Iowa relays -- the 200 and 400 free relays -- won Big Ten titles, marking the program's first relay crown in 17 years. Five Hawkeyes garnered first team All-Big Ten recognition.

The women's team finished ninth at the 2012 Big Ten Championships with 201 points. Freshman Becky Stoughton became the first Hawkeye to be selected as the Big Ten Freshman of the Year after finishing in the top six in three individual events.

The Iowa men's team posted a 26th place finish at the NCAA Championships, its best showing since 1995, and three Hawkeye relays earned honorable mention All-America honors. Stoughton became the first UI female swimmer to advance to the NCAA Championships since 2005 and the first freshman since 2002. She earned honorable mention All-America honors after placing ninth in the 1,650 free.

The men's team finished the season with a 7-2 dual meet record, running its four-year mark to an impressive 31-5. The team climbed to a program best 10th in the CSCAA dual meet rankings and finished the season ranked 14th. The Hawkeye women posted a 10-6 record, the most dual victories since the 1985-86 season.

Twenty-four Iowa student-athletes garnered Academic All-Big Ten honors during the 2011-12 season. Four women's swimmers were recognized with the Big Ten Distinguished Scholar All-American Award, and nine Hawkeyes earned Scholar All-America recognition by the College Swimming Coaches Association of America (CSCAA). The women's team earned Scholar All-America team honors for the eighth straight year, finishing with the third-best grade point average in the nation.

Iowa set 18 school records during the 2011-12 season (11 men, seven women) and 18 Hawkeyes posted a NCAA qualifying time. In June 2012, 14 Hawkeyes represented the program at the 2012 U.S. Olympic Team Trials in Omaha.

at NCAA Championships with a team score of 14 points. The Hawkeyes earned honorable mention All-America honors in three events. Junior Grant Betulius placed 13th in the 100 back, while teaming up with Andrew Marciniak, Byron Butler, and Jordan Huff to place 16th and 13th in the 200 and 400 medley relay, respectively.

DOMINATING DUALS

Since the 2008-09 athletic year, the UI men's team has been dominating dual competition. The Hawkeyes have posted a 38-8 dual meet record, which includes a 10-1 mark in 2009-10, the second best record in school history. Last season, the team went 7-3 overall and 2-3 in Big Ten duals, which included a 161-122 win over Northwestern.

RETURNING ALL-AMERICANS

The men's squad returns junior Grant Betulius and senior Andrew Marciniak who earned All-America recognition last season. Betulius earned honorable mention All-America honors in the 100 back as well as being a part of the 200 and 400 medley relays. Marciniak was also a member of both medley relays. Iowa also returns NCAA qualifiers David Ernstsson and Roman Trussov. Ernstsson swam in the 800-free relay, while Trussov finished 24th in the 200-breaststroke.

HAWKEYE NEWCOMERS

The men's team features 11 new members to its roster this season. Brandon Farnum, Greg Forster, Kyle Gannon, Josh Gill, Peter Grumhaus, Jackson Halsmer, Brandis Heffner, Andrew Marsh, Kyle Patnode, Jeremy Temprano, and Nick Zito all come to Iowa City after impressive prep careers. This incoming class features seven members from Illinois, two from Iowa, one from Michigan, and one from Wisconsin.

RECORD BREAKING YEAR

The Hawkeyes are coming off a 2012-13 season where nine records were broken. Individually, Grant Betulius (100 back - 46.33), Byron Butler (200 back - 1:43.59, 100 fly - 47.05), Andrew Marciniak (100 breast - 53.59), Roman Trussov (200 breast - 1:55.84), and Tyler Lentz (200 IM - 1:46.15) all captured school records. Jordan Huff, David Ernstsson, Gianni Sesto and Betulius broke the record in the 800 free relay (6:26.79). In the 200 medley relay, the record was broken by Betulius, Korey Schneider, Butler and Huff (1:25.82). The quartet of Betulius, Marciniak, Butler and Huff broke the record in the 400 Medley Relay (3:09.66).

CHAMPIONSHIP SEASON

Ten Hawkeyes competed in the U.S. Open Championships this past summer in Irvine Calif. Manuel Belzer, Tyler Lentz, Andrew Marciniak, Dustin Rhoads, Grant Betulius, Brian Donatelli, Matthew Boyd, Mike Nelson, Quillan Oak, and Andrew Parker all competed in the national event. For Betulius and Nelson, it was their second national event of the summer, as both competed at the Phillips 66 National Championships in Indianapolis as well.

2012-2013 MVP

Grant Betulius returns as one of two Hawkeyes named Armbruster/Patton MVP last season. Betulius was a honorable mention All-American in three events in 2013, while also being a school-record holder in four events -- 100 back (46.33), 200-medley relay (1:25.82), 400-medley relay (3:09.66) and 800-free relay (6:26.79). He ranks second in school history in the 200 back (1:43.65) and eighth in the 100 butterfly (48.41).

ACADEMIC HONORS

One member from the 2012-13 men's team was named to the Scholar All-America First Team while two other members were named honorable mention. Byron Butler was named to the first team after being an honorable mention selection in 2011-12. Joining Butler were teammates Dustin Rhoads and Manuel Belzer. For Belzer, it is his second consecutive



year earning honorable mention recognition, while Rhoads earned the distinction for the first time. The team was recognized as a CSCAA All-America Team for the third time in program history.

HEAD COACH MARC LONG

Marc Long is in his 10th season as head coach for the University of Iowa swimming team. It's his eighth as head coach of the combined program. During his tenure as head coach of both programs, 75 school records have fallen and 112 Hawkeyes have provisionally qualified for the NCAA Championships.

COACHING ADDITIONS

Brandon King is in his first season as an assistant coach with the Iowa swimming and diving program. King joins the Hawkeyes out of Naperville, Ill., where he served as a senior assistant coach alongside decorated head coach Dave Krotiak for the Fox Valley Swim Team from 2011-13. During his time with the program, King assisted the Illinois Senior Coach of the Year and coached multiple swimmers competing at the Junior Nationals, Grand Prix meets and Olympic Trials.

CAMPUS RECREATION AND WELLNESS CENTER

Ground was broken for the Campus Recreation and Wellness Center in October 2007. The facility opened in August 2010 and is home for the Hawkeyes. It is located at the corner of Burlington and Madison streets and cost approximately \$69 million. The facility includes a 50-meter competition pool, a separate diving well, a leisure pool with lap lanes and 24,000 square feet of fitness space.

IOWA SWIMMING AND DIVING TRADITION

Iowa was one of the first schools in the nation to compete on a collegiate level and competed at the first NCAA Championship. From 1937 to 1960, Iowa placed

in the NCAA top 10 18 times, crowning nine NCAA and 22 Big Ten champions.

NEXT EVENT

The Hawkeyes return to action Nov. 11 in Iowa City, Iowa, for a conference dual against Minnesota. The competition is slated to begin at 5 p.m. (CT) at the CRWC.

2013-14 SEASON-BEST TIMES

50 Free	Jackson Allen	20.89
100 Free	David Ernstsson	45.86
200 Free	David Ernstsson	1:41.05
500 Free	Manuel Belzer	4:35.63
1,000 Free	Manuel Belzer	9:36.78
1,650 Free	n/a	n/a
100 Back	Dustin Rhoads	49.01
200 Back	Dustin Rhoads	1:48.23
100 Breast	Roman Trussov	54.60 (B)
200 Breast	Roman Trussov	2:01.80
100 Fly	Jackson Allen	49.49
200 Fly	Tyler Lentz	1:53.02
200 IM	Kyle Noser	1:51.23
400 IM	n/a	n/a
200 Free Relay	Allen, Trussov, Ernstsson, Sesto	1:23.36
400 Free Relay	Allen, Ernstsson, Sesto, Zito	3:03.27
800 Free Relay	n/a	n/a
200 Medley Relay	Betulus, Marciniak, Ernstsson, Sesto	1:30.53
400 Medley Relay	n/a	n/a
One-Meter Diving	Addison Boschult	289.65
Three-Meter Diving	Addison Boschult	323.40
Platform Diving	n/a	n/a

(A) - NCAA A Cut (B) - NCAA B Cut * -- school record ** Pool Record

