

THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



WOMEN'S CONTACT: AARON BLAU

MARCH 15, 2004

2004 WOMEN'S INDOOR SCHEDULE

M 19-20 at Texas Southern Relays
(Houston, TX)

M 27 at Texas-Arlington Invitational
A 10 at KT Woodman Classic
(Wichita, KS)
at John McDonnell Invite
(Fayetteville, AR)

A 15-18 at Mt. SAC Relays - Walnut, CA
A 17 at UNI Invitational - Cedar Falls
A 22-24 at Drake Relays - Des Moines

M 1 Musco Twilight VI - Iowa City
M 14-16 at Big Ten Championships
(East Lansing, MI)

M 28-29 at NCAA Regional Championships
(College Station, TX)

J 9-12 at NCAA Championships
(Austin, TX)

2004 WOMEN'S INDOOR SEASON BESTS

60 Meters Peaches Roach 7.48
200 Meters ... Shellene Williams ^1:23.62
400 Meters ... Shellene Williams \$1:52.83
600 Yards Aisha Hume 1:21.74
600 Meters ... Aisha Hume 1:32.41
800 Meters ... Michelle Lahann 2:09.75
Mile Michelle Lahann ^4:47.23
3,000 Meters Nikki Chapple ^9:34.17
5,000 Meters Nikki Chapple 16:48.21
60 Hurdles Tiffany Johnson 8.62
High Jump Peaches Roach ^5-11 1/4
Long Jump ... Tiff Pedersen 17-6 1/4
Triple Jump .. Tiffany Johnson 38-9 3/4
Pole Vault Jessie Strand !12-5 1/2
Shot Put Kamesha Marshall ... 46-4 1/4
Wt. Throw ... Erin O'Hearn 41-5 3/4
Pentathlon Tiff Pedersen 3,511
1600-Meter Relay !3:44.47
(McCalla, Williams, Sheeley, Hume)
Distance Medley Relay ^11:30.36
(Lahann, Williams, Stanley, Arens)

! - School Record, \$ - NCAA Automatic
Qualifier, ^ - NCAA Provisional Qualifier

THIS WEEK -- The University of Iowa women's track and field team will open up the 2004 outdoor season on March 19-20 at the Texas Southern University Relays, held at the Rice University Track and Field Complex in Houston, TX. Competition is scheduled to start at 9:30 a.m. on Friday and 10:00 a.m. on Saturday.

HAWKEYES COMPETE AT NCAA CHAMPIONSHIPS -- Three athletes competed at the 2004 NCAA Indoor Track and Field Championships on March 12-13. Seniors **Shellene Williams** and **Michelle Lahann**, along with freshman **Peaches Roach** made the trip to Fayetteville, AR. Williams competed in the 200 and 400 meter preliminaries, while Lahann competed in the 800 meter preliminaries. Both athletes failed to make the finals in their events. Roach placed 15th in the high jump with a mark of 5-8 (1.73m).

HAWKS FLY HIGH IN INDOOR SEASON -- The Hawkeyes had a very successful indoor season highlighted by their third-place finish at the 2004 Big Ten Women's Indoor Championships in Iowa City. Iowa's third place finish ties the highest finish for Iowa at a Big Ten Championship and is their best finish under Head Coach **James Grant**. Two Hawkeyes were crowned Big Ten champions and four athletes finished runner-up. Iowa also qualified eight athletes for the NCAA Indoor Championships and had three make the final cut. Two school records were also broken during the 2004 indoor campaign.

HAWKEYES CRACK TOP 20 -- The Hawkeyes are ranked 18th in the most recent United States Track Coaches Association Team Power Ranking. Teams are assigned a point total and ranked based on quality of athletic performance, team depth and dual meet scoring potential. Iowa has earned a score of 263.66. Nebraska is ranked first with a 313.95 score.

HAWKEYE COACHES -- **James Grant** is in his eighth year at the helm of the women's track and field program. The Hawkeyes crowned two individual champions and recorded their highest placing under Grant (third) and their highest team point total (89) in school history at the 2004 Big Ten Indoor Championships. During his career at Iowa, Grant has coached eight all-Americans and 16 Big Ten Champions. As a runner, Grant captained Eastern Michigan University's 1970 and 1971 track teams, earning all-America honors while specializing in the 400-meter dash, 400-meter hurdles and the mile relay. Grant is assisted by **Steve Callaway**, who was a decathlete and pole vault school record holder at Indiana, and **Layne Anderson**, a three-time Southern Conference champion who set 10 school records at The Citadel.

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