

UNIVERSITY OF IOWA TRACK & FIELD



Peaches Roach
NCAA Automatic Qualifier -- High Jump

**2005 NCAA INDOOR CHAMPIONSHIPS
TYSON INDOOR TRACK CENTER
FAYETTEVILLE, AR - MARCH 11-12, 2005**

THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



WOMEN'S CONTACT: TARA MEEKMA

MARCH 8, 2005

2005 WOMEN'S INDOOR SCHEDULE & RESULTS

J 15	Iowa Open	9 champs
J 22	at Gold Country Classic	4 champs
J 28-29	at Panther Classic	0 champs
F 5	at Sevigne Husker Invite	1 champ
F 11-12	at Iowa State Classic	1 champ
F 18	Iowa Open	3 champs
F 26-27	at Big Ten Champ's	9th/1 champ
M 11-12	at NCAA Championships <i>(Fayetteville, AR)</i>	

2005 WOMEN'S INDOOR SEASON BESTS

Running Events

60 MetersPeaches Roach7.45
60 HurdlesTiffany Johnson8.50
200 MetersKineke Alexander24.94
400 MetersKineke Alexander^53.11
600 YardsJordan Laney1:28.37
600 MetersKineke Alexander1:34.58
800 MetersShannon Stanley2:12.13
MileMeghan Armstrong4:53.38
3,000 Meters	.Nikki Chapple9:38.19
5,000 Meters	.Nikki Chapple17:04.12

Relays

1,600-Meter Relay3:45.73
<i>(McCalla, Johnson, Alexander, Sheeley)</i>	
Distance Medley Relay11:39.29
<i>(Armstrong, Alexander, Stanley, Chapple)</i>	

Field Events

High JumpPeaches Roach\$*6-0 3/4
Long JumpKamesha Marshall	..18-11 3/4
Triple Jump	...Tiffany Johnson39-7 3/4
Pole VaultSarah Burgett11-6 1/4
Shot PutKamesha Marshall49-2 1/4
Wt. ThrowBecca Franklin49-5
PentathlonKamesha Marshall^3,701

\$ -- NCAA Automatic Qualifier

^ -- NCAA Provisional Qualifier

* -- school record

THIS WEEK -- The Iowa women's track team qualified two competitors for the 2005 NCAA Indoor Championships Friday and Saturday in Fayetteville, AR. Hawkeye sophomore **Peaches Roach** and freshman **Kineke Alexander** will represent the Hawkeyes at the national meet. All events will be held at the Randal Tyson Indoor Track on the University of Arkansas campus.

NCAA QUALIFIERS -- **Roach** will compete in the high jump and **Alexander** in the 400 meters. Following is a list of their events, qualifying marks, their national rank and when they are scheduled to compete at the NCAA meet. All times are Central.

Name	Event	NCAA Rank	Competing
Peaches Roach	High Jump	5th	Friday - 2:30 p.m.
Kineke Alexander	400 Meters	13th	Friday - 5:40 p.m.

ROACH AT THE NCAA'S -- Hawkeye sophomore **Peaches Roach** is no stranger to the NCAA Championships. The Kingston, Jamaica native, competed in the high jump at both the indoor and outdoor national meets last season. She tied for 15th at the indoor meet with a mark of 5-8, and tied for ninth at the outdoor meet with a jump of 5-11 1/4. She will be trying for her first all-America honor this season. If she reaches that goal, **Roach** will be the first Hawkeye field event competitor to earn the honor since Lisa Van Steenwyk in the shot put in 1992, and the first Hawkeye high jumper since Mary Mol in 1983.

2005 BIG TEN INDOOR CHAMPIONSHIPS REVIEW -- The Iowa women's team placed ninth with 39 points at the Big Ten Indoor Championships. **Roach** defended her conference high jump title, winning the event with a jump of 5-10 3/4. She also placed fourth in the 60 meters with a season-best 7.45. **Alexander** placed second in the 400 meters (54.31) and senior **Kamesha Marshall** placed third in the shot put (49-2 1/4).

NEXT COMPETITION -- The women's team will open the 2005 outdoor season March 18-19 at the Shamrock Invitational in Conway, SC. The meet will be hosted by Coastal Carolina University. The men's team is idle that week.

University of Iowa Sports Information Office

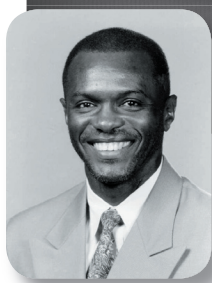
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HEAD COACH JAMES GRANT



JAMES GRANT
HEAD COACH

20TH SEASON AT IOWA
EASTERN MICHIGAN, 1971

James Grant enters his ninth season at the helm of the Iowa women's track and field program. Grant was the former assistant coach at Iowa for 11 years (1986-96).

The past two seasons have been outstanding ones for Grant and the Hawkeyes. Iowa placed third at the 2004 Big Ten Indoor Championships in Iowa City and sixth at the 2003 conference outdoor meet. Both were Iowa's highest placings during Grant's tenure, and the third-place indoor finish tied the team's highest conference finish in school history. In 2003 and 2004, the Hawkeyes crowned 10 Big Ten Champions, 14 regional qualifiers, 13 all-region selections, 20 NCAA qualifiers and one all-American, and set 10 school records.

In 2004, Shellene Williams became the second student-athlete in program history to win four Big Ten titles, winning three titles in the 400 meters and one as part of the 1,600-meter relay. Despite the fact that she has only competed for the Hawkeyes for two seasons (2003, 2004), she holds school records in three individual events and two relays. Freshman Peaches Roach gave Iowa its first Big Ten high jump titles, winning that event at the indoor and outdoor conference meets to earn outdoor Freshman of the Year honors.

Even though the 2005 season is only a few months old, it has already brought success for the Hawkeyes. Roach defended her Big Ten indoor high jump title in February, becoming the second Hawkeye to win two consecutive Big Ten titles in the same event in school history. Roach also set the school record in that event, breaking the 6-0 mark for the first time of her collegiate career.

Grant also had immense success in his first two seasons at the Hawkeye helm. Wynsome Cole earned all-America status in the 400-meter hurdles at the 1997 NCAA Championships, and winning a Big Ten title in that event in 1998. Ellen Grant won 400-meter titles at the 1997 Big Ten Indoor and Outdoor Championships. Cole still holds the 400-meter hurdles school record, while Grant still holds the indoor 400 meters record. The Hawkeyes' 400-meter relay team of Tara Underwood, Cole, Grant and Kaydene Wynter also won a title at the 1997 Big Ten Championships. Erica Broomfield won the Big Ten 200-meter title, and was runner-up in the 55 meters to earn Big Ten Indoor Freshmen of the Year accolades in 1998.

While improving in the league standings is considered a priority, Iowa's track and field team also concerns itself with performance

in the classroom. During Grant's tenure, 34 Hawkeyes have earned 63 academic all-Big Ten honors. This includes a team record 11 honorees in 2001.

As Iowa's assistant coach from 1986-96, Grant coached several Hawkeyes to success. In 1995, Yolanda Hobbs was an all-American in the 55 and 200 meters after winning the 55-meter Big Ten title. In 1994, Iowa's 400 meter-relay of Tina Floyd, Hobbs, Marlene Poole and Tanja Reid earned a spot in the Hawkeye record books it won Iowa's first Big Ten title in that event, earned all-America honors and set meet and school records. Karen Layne won the 1990 600-meter Big Ten title, while Senta Hawkins won the Big Ten 400 meters in 1988. In 1989, Iowa's 1,600-meter relay placed second at the Big Ten Indoor and Outdoor Championships.

A former Jamaican track standout, Grant coached at the high school level in Jamaica for 11 years prior to joining the Hawkeye program. From 1982-86, Grant coached men's and women's track at G.C. Foster College of Physical Education and Sport. There he led the men's team to two national championships and two second-place finishes, and the women's team to three national titles. During that time he coached world outdoor champion quarter-miler Bert Cameron, and world indoor champion quarter-miler Devon Morris.

A graduate of Eastern Michigan University, Grant captained the 1970 and 1971 Huron track teams, earning all-America honors while specializing in the 400 meters, 400-meter hurdles, and the mile relay. During this time, he was the Jamaican 400-meter hurdle national record holder, with a time that was ranked in the top-20 in the world. Grant also represented Jamaica at the Pan American Games and the Commonwealth Games for six years. In 1991, he was inducted into the Eastern Michigan Hall of Fame.

He was the 1965 and 1966 Jamaican national champion in both the 200 and 400-meters as a high school athlete at Jamaica's Kingston College.

Grant received his bachelor's degree in sociology and history from Eastern Michigan, and his master's degree in physical education from the German College of Physical Education in Leipzig, Germany.

Grant at Iowa

Year	Indoor Big 10 Place/Champs	Outdoor Big 10 Place/Champs	Indoor/Outdoor All-Americans
1997	T9th/1	10th/5	0/1
1998	9th/1	9th/1	0/0
1999	9th/0	9th/0	0/0
2000	10th/0	9th/0	0/0
2001	10th/0	9th/0	0/0
2002	9th/0	10th/0	0/0
2003	9th/0	6th/6	0/0
2004	3rd/2	10th/2	0/1
2005	9th/1		
Total	--/5	--/14	0/2



HAWKEYES TO WATCH



KINEKE ALEXANDER

SPRINTS

FRESHMAN
GLENSIDE, MESAPOTAMIA
ST. VINCENT & THE GRENADINES
ST. JOSEPH'S CONVENT MARIAQUA

2005 -- Indoor - provisionally qualified for NCAA Indoor Championships in 400 meters with a collegiate-best 53.11 at Iowa State Classic, which ranks 13th in the nation and third on Iowa's all-time best performers list... runner-up in 400 meters (54.31) at Big Ten Championships... ran anchor leg on 1,600-meter relay that placed fifth at Big Ten meet (3:48.54)... leads team in 200, 400 and 600 meters, and ran on team-leading 1,600-meter and distance medley relays... won 600 meters (1:34.58) at Iowa Open and 200 meters (24.94) at Gold Country Classic.

High School -- runner-up in under-20 400 meters at 2004 CARIFTA Junior Championships... set junior national record (53.83) in that event... also ran 400 meters at 2001 and 2003 World Youth Championships and 2001, 2002 and 2003 CARIFTA Junior Championships... coaches were Keith Joseph, Wilma Bertha and Gideon Labban.

Personal -- born February 21, 1986.

Alexander's Collegiate Bests

Event	Mark	Meet	Date
200 meters (I)	24.94	at Gold Country Classic	1/22/05
400 meters (I)	53.11	at Iowa State Classic	2/12/05
600 meters (I)	1:34.58	Iowa Open	1/15/05



PEACHES ROACH

JUMPS

SOPHOMORE
KINGSTON, JAMAICA
ALPHA ACADEMY

2005 -- Indoor - automatically qualified for NCAA Championships in high jump with school-record setting 6-0 3/4 at Husker Invite... that mark ranks fifth in the nation... Big Ten high jump champion (5-10 3/4) and placed fourth in 60 meters with a collegiate-best 7.45... that 60-meter mark ranks second on Iowa's all-time best performers list... leads team in high jump and 60 meters... won 60 meters and high jump at Iowa Open (7.68, 5-10 3/4) and Gold Country Classic (7.56, 6-0 1/2).

2004 -- Indoor - Big Ten high jump champion with a NCAA provisional qualifying mark of 5-11 1/4... placed fifth in 60 meters (7.50) at Big Ten meet, running a season-best 7.48 in prelims... led team in high jump and 60 meters... tied for 15th in high jump (5-8) at NCAA Championships...

Outdoor - Big Ten high jump champion (5-11 1/4)... Big Ten Freshman of the Year... qualified for NCAA Championships in high jump, placing fifth (5-10 1/2) at NCAA Midwest Regional meet to earn all-region honors... tied for ninth place in high jump (5-11 1/4) at NCAA Championships... led team in that event and 100 meters (11.80)... her best high jump ranks second and best 100 meters ranks 10th on Iowa's all-time best performers list... won high jump (5-10.25) at Texas Southern Relays... placed third in 100 meters (11.80) at Texas-Arlington Relays... ran second leg on team-leading 400-meter relay that placed seventh at Big Ten Championships (46.44) after running a season-best 46.18 in prelims... letterwinner.

High School -- placed sixth in high jump (6-0) at 2002 World Junior Championships... 2003 Jamaican National Champion and High School National Champion in high jump... best jump is 6-1 3/4 (1.87 meters)... placed ninth (5-10 3/4) in high jump at 2003 Pan American Games... coaches were Lorna Vernon and Kavon Lewis.

Roach's Collegiate Bests

Event	Mark	Meet	Date
60 meters (I)	7.45	at Big Ten's	2/26/05
100 meters (O)	11.80	at UTA Relays	3/27/04
200 meters (I)	25.23	at Gold Ctry. Classic	1/24/04
High Jump (I)	6-0 3/4 (1.85)	at Husker Invite	2/5/04

