

THE UNIVERSITY OF IOWA



HAWKEYE ROWING

Rowing Contact: Ashley Carlson

March 16, 2010

Schedule

Spring 2011

- 3/19-20 at Longhorn Invitational
Austin, TX
- 3/26 Minnesota
Solon, IA
- 4/2-3 at San Diego Crew Classic
San Diego, CA
- 4/9 at Ohio State & Indiana
Columbus, OH
- 4/30 at East Coast Race
Ithaca, NY
- 5/15 at Big Ten Championships
Indianapolis, IN
- 5/26-29 at NCAA Championships
Sacramento, CA

Iowa Quick Facts

Head Coach:Mandi Kowal
 Assistant Coaches:Carrie Callen
Scott Ramsey
 2010 Big Ten Finish:6th

Sports Information

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HAWKEYES TO KICK OFF SPRING SEASON AT LONGHORN INVITATIONAL

THIS WEEK: Iowa will kick off the spring racing season at the Longhorn Invitational, hosted by the University of Texas. The Hawkeyes will face the University of Oklahoma, San Diego, Kansas State and Texas. The Hawkeyes will be racing varsity 8's, varsity 4's, novice 4's and novice 8's in all four sessions.

THE RACE: The competition will take place on Ladybird Lake in Austin, TX. Iowa will race Oklahoma Friday at 5:20 p.m. Saturday, Iowa will race the Texas Longhorns beginning at 8:00 a.m., and take on San Diego at 4:00 p.m. Racing concludes Sunday when the Hawkeyes meet Kansas State, beginning at 9:45 a.m.

Iowa is taking full advantage of their spring break by training in Austin twice a day.

LIVE RESULTS: Live results throughout the invitational can be accessed by visiting austinrowing.org/liveresults/.

LAST EVENT: The University of Iowa's rowing team finished the fall season on Halloween when it hosted the Head of the Iowa. The Hawkeyes raced in front of their home crowd down a 2.5-mile stretch of the Iowa River. Iowa competed in the varsity 8's, varsity 4's and women's pairs. The Hawkeyes raced Wisconsin, Creighton, Drake and other schools.

After the conclusion of the fall season, the team has spent much of the winter working on strength and technical skills. The Hawkeyes have a challenging race schedule, facing many ranked teams. Competing against strong teams will help the Hawkeyes prepare for the Big Ten Championships and the NCAA qualifier.

HOME OF THE HAWKEYES: The P. Sue Beckwith, M.D., Boathouse was dedicated September 18, 2009. The state of the art facility for the Hawkeyes is located within the city of Iowa City's Terrell Mill Park, next to the Iowa River.

It is an ideal site to fulfill all the needs of the rowing team. More efficient boat storage racks, an indoor rowing tank, and an erg room (for machine rowing) is incorporated in the building.

HEAD COACH: Mandi Kowal is in her 16th year as head coach of the Hawkeyes. In the 1997 and 1998 NCAA Rowing Championships, she coached the Varsity 4+ teams to fourth and eighth-places finishes, respectively. Kowal began her rowing career at the University of Wisconsin in 1981. She was a two-time rowing World Champion in the Women's Lightweight 4- (1986-1987). She was named Female Athlete of the Year in 1987 by the US Rowing Association and was inducted into the United States Rowing Hall of Fame in 1997.