

UNIVERSITY OF IOWA

TRACK & FIELD



Kineke Alexander
400 Meters



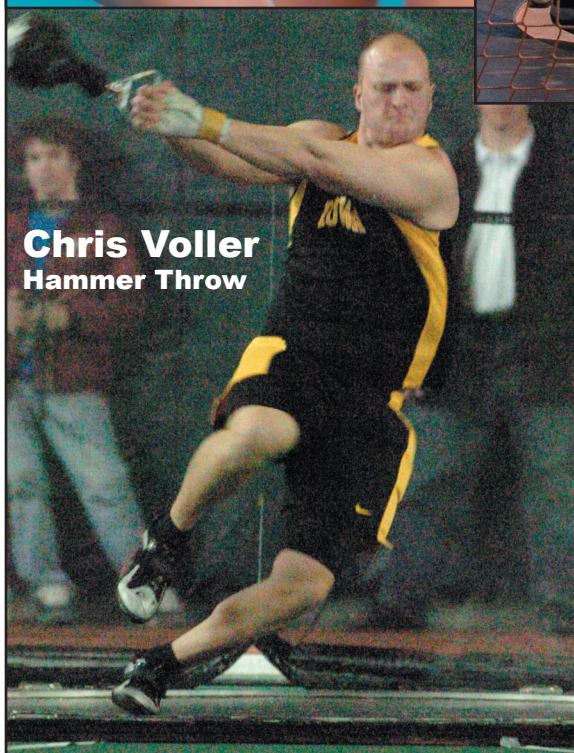
Tim Brodersen
Discus



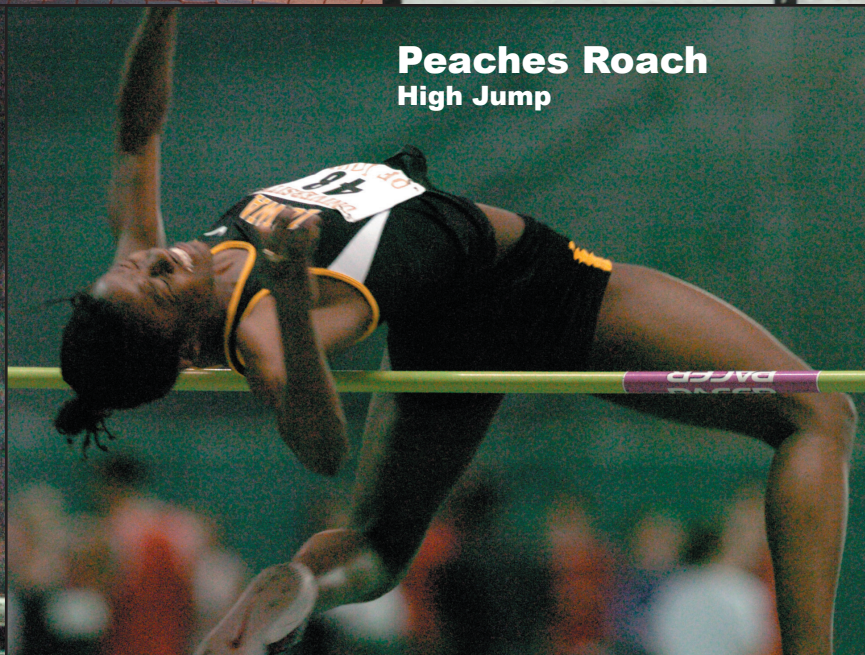
Ken Kemeny
Shot Put



Chris Voller
Hammer Throw



Peaches Roach
High Jump



2005 NCAA OUTDOOR CHAMPIONSHIPS

ALEX G. SPANOS SPORTS COMPLEX -- JUNE 8-11 -- SACRAMENTO, CA

THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



MEN'S CONTACT: TRACI WAGNER, WOMEN'S CONTACT: TARA MEEKMA

JUNE 6, 2005

2005 WOMEN'S OUTDOOR SCHEDULE & RESULTS

M 19	at Shamrock Invite	8 champs
M 25-26	at Florida Relays	0 champs
A 9	at M. Messersmith Invite	10 champs
A 15-17	at Mt. SAC Relays	2 champs
A 16	at Jim Duncan Invite	3 champs
A 16	at Long Beach Invite	0 champs
A 23	Iowa Musco Twilight VII	5 champs
A 27-30	at Drake Relays	0 champs
M 13-15	at Big Ten Champ's	9th/0 champs
M 27-28	at Midwest Regional	17th/0 champs
J 8-11	at NCAA Championships <i>(Sacramento, CA)</i>	

2005 WOMEN'S OUTDOOR SEASON BESTS

100 MetersPeaches Roach*11.60
100 Hurdles	...Tiffany Johnson^*13.57
200 MetersKineke Alexander24.96
400 MetersKineke Alexander*52.34
800 MetersAisha Hume2:08.50
1,500 Meters	..Meghan Armstrong	..*4:27.10
3,000 Meters	..Meghan Armstrong9:49.70
3,000 SCJessica Schmidt11:28.23
5,000 Meters	..Nikki Chapple17:13.15
10,000 M.Nikki Chapple37:34.52
400-Meter Relay*45.30
	<i>(Johnson, Alexander, Granger, Roach)</i>	
1,600-Meter Relay*3:39.67
	<i>(McCalla, Alexander, Sheeley, Hume)</i>	
Distance Medley Relay11:34.04
	<i>(Stanley, McCalla, Hume, Armstrong)</i>	
6,400-Meter Relay^20:39.12
	<i>(Chapple, Laney, Donlon, Sokol)</i>	
High JumpPeaches Roach*5-11 1/4
Long JumpAngie Hensel18-5 3/4
Triple Jump	...Tiffany Johnson^*40-9 1/2
Pole VaultSarah Burgett11-1 3/4
Shot PutKamesha Marshall48-6 3/4
DiscusKamesha Marshall152-11
JavelinTammilee Kerr136-11
HammerBecca Franklin^*181-11
HeptathlonTammilee Kerr4,924 pts.

^ - regional qualifier; * - school record, % - wind aided

THIS WEEK -- The Iowa men and women's track teams will send five athletes to the 2005 NCAA Championships, Wednesday thru Saturday in Sacramento, CA. All events will be held at the Alex G. Spanos Sports Complex. All-session reserved tickets are \$55, all-session general admission adult tickets are \$40 and all-session general admission tickets for senior citizens, children and students are \$25. Tickets can be purchased by calling (916) 566-6560. Events start at 1 p.m. Wednesday and Saturday, 2:15 p.m. Thursday and 2 p.m. Friday (CDT).

NCAA QUALIFIERS -- The Hawkeyes have qualified five individuals for the NCAA Championships. Their events, qualifying marks and where they rank in the nation are listed below.

Name	Event	Mark	NCAA Rank
Kineke Alexander	400 Meters	52.34	14th
Tim Brodersen	Discus	190-8 (58.12 m)	10th
Ken Kemeny	Shot Put	62-3 (18.97 m)	16th
Peaches Roach	High Jump	5-11 1/4 (1.81 m)	11th
Chris Voller	Hammer	206-0 (62.80 m)	24th

SCHEDULE OF EVENTS -- Following is the NCAA Championships schedule of events that will include Hawkeye competitors. All times are Central.

Wednesday, June 8

3:00 p.m.	Men's Hammer Throw Qualifier
8:25 p.m.	Women's 400 Meters, Round One
10:00 p.m.	Men's Shot Put Qualifier

Thursday, June 9

5:00 p.m.	Women's High Jump Qualifier
5:15 p.m.	Men's Discus Qualifier

Friday, June 10

4:00 p.m.	Men's Hammer Throw Final
9:40 p.m.	Women's 400 Meters Semifinal
10:15 p.m.	Men's Shot Put Final

Saturday, June 11

5:30 p.m.	Men's Discus Final
8:10 p.m.	Women's 400 Meters Final
9:00 p.m.	Women's High Jump Final

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HAWKEYE TRACK & FIELD



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2005 MEN'S OUTDOOR SCHEDULE & RESULTS

M 25-26	at Florida Relays	0 champs
M 25-26	at Cardinal Open	0 champs
A 2	at Cal St. Northridge	2 champs
A 9	at M. Messersmith Invite	4 champs
A 15-16	at Tom Botts Invite	3 champs
A 23	Iowa Musco Twilight VII	4 champs
A 27-30	at Drake Relays	0 champs
M 13-15	at Big Ten Champ's	8th/1 champ
M 27-28	at Midwest Regional	17th/0 champs
J 8-11	at NCAA Championships <i>(Sacramento, CA)</i>	

2005 MEN'S OUTDOOR SEASON BESTS

100 MetersDerrick Burks.....	10.67
100 Hurdles	...Ryan Niver.....	#15.98
200 MetersJuan Coleman.....	21.87
400 MetersJason Nolting.....	47.55
400 Hurdles	...Steve Ketels.....	57.87
800 MetersMatt O'Hollearn.....	1:52.07
1,500 MetersEric MacTaggart.....	3:56.45
3,000 MetersAdam Roche.....	8:43.93
3,000 SCTony Rakaric.....	^9:03.29
5,000 MetersEric MacTaggart.....	^14:04.79
10,000 MAdam Roche.....	30:56.33
400-Meter Relay	41.51
	<i>(Beach, Burks, Gorman, Milder)</i>	
1,600-Meter Relay	3:16.76
	<i>(Nolting, Coleman, O'Hollearn, Beach)</i>	
3,200-Meter Relay	7:33.12
	<i>(Tweedy, Gajewski, Linden, O'Hollearn)</i>	
High JumpR. Niver/J. Petsche.....	6-4 3/4
Long JumpMatty Gorman.....	^24-1 3/4
Triple Jump	...Matty Gorman.....	48-9 1/2
Pole VaultJeff Raymond.....	14-7 1/4
Shot PutKen Kemeny.....	^62-3
DiscusTim Brodersen.....	^190-8
HammerChris Voller.....	^206-0
JavelinBill Neumann.....	205-3
DecathlonRyan Niver.....	6,531 pts.

^ - regional qualifier; # - decathlon event

BREAKIN' RECORDS -- Iowa set four school records during the outdoor season. Sophomore **Tiffany Johnson** set marks in the triple jump and 100-meter hurdles. She broke the triple jump record of 40-7 1/2 set in 1988 by **Becki Borg** with a leap of 40-9 1/2 at the Mt. SAC Relays. She also broke the 100-meter hurdles record of 13.60 set in 1999 by **Colleen Prendergast** and in 2000 by **Paula Ruen** with the 13.57 she ran in the Big Ten Championship prelims. Sophomore **Becca Franklin** shattered the hammer throw record of 161-10 set in 1999 by **Kerri Blackstone** with an 181-11 at the Iowa Musco Twilight VII. The 6,400-meter relay of sophomores **Nikki Chapple** and **Jordan Laney**, and seniors **Katie Donlon** and **Michelle Sokol** also set a school record (20:39.12) at the Drake Relays. The previous record was 20:40.89 set in 2001 by **Sarah Arens**, **Atalie Barber**, **Katie Butler** and **Ericka Roberts**.

2004 NCAA OUTDOOR CHAMPIONSHIPS REVIEW -- The Hawkeyes sent seven competitors to the 2004 NCAA Outdoor Championships in Austin, TX. Senior **Shellene Williams** and sophomore **Adam Hamilton** took home all-America honors. **Williams** placed sixth in the 400 meters with a school-record setting time of 51.94. **Hamilton** placed 10th in the hammer throw (206-9), throwing a collegiate-best 208-11 in the prelims. Freshman **Peaches Roach** placed 11th in the high jump (5-11 1/4), senior **Brad Daufeldt** placed 17th in the hammer throw (200-1) and 23rd in the discus (172-5) and junior **Ken Kemeny** placed 15th in the shot put (59-5 1/2). Also competing for Iowa were seniors **Sarah Arens** (3,000-meter steeplechase) and **Russell Peterson** (400-meter hurdles).

IOWA IN NCAA OUTDOOR HISTORY -- The Iowa men's track team has crowned 13 NCAA Champions and 80 all-Americans in program history. Its highest finish at the NCAA outdoor meet was tying for seventh in 1967. The women's team has crowned three NCAA Champions and 38 all-Americans, and its highest finish at the NCAA outdoor meet was 10th in 1992. Sophomore **Peaches Roach** and freshman **Kineke Alexander** both earned their first all-America honors during the 2005 indoor season. **Roach** placed sixth in the high jump (6-0) and **Alexander** placed sixth in the 400 meters (54.06).

2005 NCAA MIDWEST REGIONAL REVIEW -- The men's and women's teams each placed 17th at the 2005 NCAA Midwest Regional in Norman, OK, May 27-28. The women's team scored 17 team points, while the men scored 15, and both automatically qualified two competitors for the NCAA Outdoor Championships. Seniors **Ken Kemeny** and **Tim Brodersen** automatically qualified in the shot put and discus, respectively. **Roach** and **Alexander** placed second in the high jump and 400 meters, respectively, to earn automatic bids in those events.

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Iowa's Outdoor Season Bests

MEN'S 100 METERS (RQ - 10.50, SR - 10.25)

Derrick Burks..... 10.67 at Big Ten Champ's... 5/14/05
Max Milder 10.87 at Big Ten Champ's... 5/14/05
Matty Gorman..... 11.07 Musco Twilight VII.. 4/23/05
Robert Beach..... 11.12 at Tom Botts Invite... 4/16/05
Ryan Niver 11.32 at Messersmith Invite .4/9/05

WOMEN'S 100 METERS (RQ - 11.75, SR - 11.45)

Peaches Roach *11.60 at Big Ten Champ's... 5/14/05
Ashley Granger 12.04 at Big Ten Champ's... 5/14/05
Tiffany Pedersen %12.47 at Messersmith Invite .4/9/05
Angie Hensel..... %13.68 at Jim Duncan Invite 4/16/05

MEN'S 100 HURDLES (RQ - 14.33, SR - 13.63)

Ryan Niver &15.98 at Big Ten Champ's... 5/14/05

WOMEN'S 100 HURDLES (RQ - 13.95, SR - 13.57)

Tiffany Johnson..... *^13.57 at Big Ten Champ's... 5/14/05
Tiff Pedersen 14.41 at Messersmith Invite .4/9/05
Tammilee Kerr #14.63 at Big Ten Champ's... 5/13/05
Latoya Stiffend..... 15.06 Musco Twilight VII.. 4/23/05

MEN'S 200 METERS (RQ - 21.19, SR - 20.47)

Juan Coleman..... 21.87 at Tom Botts Invite... 4/16/05
Max Milder 22.27 at Tom Botts Invite... 4/16/05
Derrick Burks..... 22.91 at Big Ten Champ's... 5/14/05

WOMEN'S 200 METERS (RQ - 23.96, SR - 23.50)

Kineke Alexander..... 24.96 Musco Twilight VII.. 4/23/05
Lindsay McCalla 25.65 at Shamrock Invite ... 3/19/05
Tammilee Kerr #25.73 at Big Ten Champ's... 5/13/05
Ashley Granger 26.06 at Shamrock Invite ... 3/19/05
Erin Sheeley 26.19 Musco Twilight VII.. 4/23/05
Aditya Jones..... 26.47 Musco Twilight VII.. 4/23/05
Tiff Pedersen #26.42 at Big Ten Champ's... 5/13/05

MEN'S 400 METERS (RQ - 47.26, SR - 44.99)

Jason Nolting 47.55 at Cal St. Northridge ... 4/2/05
Juan Coleman..... 48.26 at Big Ten Champ's... 5/14/05
Robert Beach..... 50.25 at Messersmith Invite .4/9/05
Ryan Niver 52.18 at Tom Botts Invite... 4/16/05

WOMEN'S 400 METERS (RQ - 54.61, SR - 51.94)

Kineke Alexander..... *52.34 at NCAA Regional ... 5/28/05
Lindsay McCalla 56.38 at Big Ten Champ's... 5/14/05
Aisha Hume 57.06 at Shamrock Invite ... 3/19/05
Erin Sheeley 58.35 at Long Beach Invite 4/16/05
Aditya Jones 59.09 at Jim Duncan Invite 4/16/05

MEN'S 400 HURDLES (RQ - 52.51, SR - 48.83)

Steve Ketels 57.87 at Messersmith Invite .4/9/05

MEN'S 800 METERS (RQ - 1:50.40, SR - 1:47.64)

Matt O'Hollearn..... 1:52.07 at Tom Botts Invite... 4/16/05
Joe Gajewski 1:53.62 at Tom Botts Invite... 4/16/05
Josh Tweedy..... 1:54.64 Musco Twilight VII.. 4/23/05
Davis Linden..... 1:55.58 at Tom Botts Invite... 4/16/05
Dan Dziubski 1:58.98 at Big Ten Champ's... 5/14/05

WOMEN'S 800 METERS (RQ - 2:09.80, SR - 2:05.67)

Aisha Hume *2:08.50 at NCAA Regional ... 5/27/05
Shannon Stanley..... 2:14.90 at Long Beach Invite 4/16/05
Meghan Armstrong 2:16.54 at Messersmith Invite .4/9/05
Jordan Laney 2:17.13 at Shamrock Invite ... 3/18/05
Michelle Sokol 2:17.20 at Jim Duncan Invite 4/16/05
Ashley Merry 2:24.50 Musco Twilight VII.. 4/23/05
Allison Billhardt..... 2:26.16 Musco Twilight VII.. 4/23/05
Monica Mims 2:29.48 at Jim Duncan Invite 4/16/05
Tammilee Kerr #2:31.86 at Big Ten Champ's... 5/14/05
Tiff Pedersen #2:52.26 at Big Ten Champ's... 5/14/05

MEN'S 1,500 METERS (RQ - 3:48.21, SR - 3:44.01)

Eric MacTaggart..... 3:56.45 at Tom Botts Invite... 4/16/05
Adam Roche..... 3:57.88 at Tom Botts Invite... 4/16/05
Dan Haut 3:58.24 at Tom Botts Invite... 4/16/05
Josh Tweedy..... 4:00.38 at Tom Botts Invite... 4/16/05
Tony Rakaric 4:03.39 Musco Twilight VII.. 4/23/05
Jeff Kent..... 4:07.98 at Tom Botts Invite... 4/16/05
Ryan Niver &5:26.67 at Big Ten Champ's... 5/14/05

WOMEN'S 1,500 METERS (RQ - 4:27.80, SR - 4:19.71)

Meghan Armstrong *4:27.10 at Mt. SAC Relays ... 4/15/05
Nikki Chapple 4:30.76 at Florida Relays 3/25/05
Shannon Stanley..... 4:32.99 at Big Ten Champ's... 5/14/05
Racheal Marchand 4:41.96 at Big Ten Champ's... 5/14/05
Jordan Laney 4:45.40 at Jim Duncan Invite 4/16/05
Michelle Sokol 4:46.87 Musco Twilight VII.. 4/23/05
Katie Donlon..... 4:49.88 at Florida Relays 3/25/05
Jessica Schmidt 4:52.42 at Jim Duncan Invite 4/16/05
Molly Esche 4:52.56 at Jim Duncan Invite 4/16/05
Ashley Merry 4:52.70 at Jim Duncan Invite 4/16/05
Jenni Capista 4:59.82 at Jim Duncan Invite 4/16/05
Christine Kotarba 5:01.19 at Shamrock Invite ... 3/19/05

MEN'S 3,000 METERS

Adam Roche..... 8:43.93 Musco Twilight VII.. 4/23/05
Jeff Kent..... 8:54.89 Musco Twilight VII.. 4/23/05



Iowa's Outdoor Season Bests

WOMEN'S 3,000 METERS (SR - 9:20.61)

Meghan Armstrong9:49.70 Musco Twilight VII..4/23/05
Molly Esche 10:31.34 Musco Twilight VII..4/23/05
Jenni Capista 10:43.95 Musco Twilight VII..4/23/05

MEN'S STEEPLECHASE (RQ - 9:08.15, SR - 8:47.4)

Tony Rakaric *9:03.29 at Big Ten Champ's..5/14/05

WOMEN'S STPLCHASE (RQ - 10:52.10, SR - 10:34.50)

Jessica Schmidt 11:28.23 Musco Twilight VII..4/23/05

MEN'S 5,000 METERS (RQ - 14:15.75, SR - 13:56.0)

Eric MacTaggart..... *14:04.79 at Stanford Invite.....3/25/05
Dan Haut *14:08.90 at Stanford Invite.....3/25/05
Jeff Kent..... 14:28.70 at Stanford Invite.....3/25/05
Adam Roche..... 14:47.59 at Stanford Invite.....3/25/05
Matt Esche 15:00.06 at Tom Botts Invite...4/16/05

WOMEN'S 5,000 M. (RQ - 16:52.00, SR - 15:45.84)

Nikki Chapple 17:13.15 at Mt. SAC Relays ...4/15/05
Meghan Armstrong 17:29.53 at Big Ten Champ's..5/15/05
Racheal Marchand 18:08.54 at Big Ten Champ's..5/15/05
Katie Donlon 18:12.49 at Mt. SAC Relays ...4/15/05

MEN'S 10,000 M. (PQ - 29:45.00, SR - 28:44.77)

Adam Roche..... 30:56.33 at Big Ten Champ's..4/14/05
Dan Haut 31:12.33 at Big Ten Champ's..4/14/05

WOMEN'S 10,000 M. (PQ - 35:15.00, SR - 33:23.38)

Nikki Chapple 37:34.52 at Big Ten Champ's..4/14/05
Molly Esche 38:45.97 at Big Ten Champ's..4/14/05
Katie Donlon 38:55.23 at Big Ten Champ's..4/14/05

MEN'S 400-M RELAY (RQ - 40.66, SR - 39.48)

Beach, Burks, Gorman, Milder 41.51
..... at Tom Botts Invite - 4/16/05
Beach, Burks, Coleman, Milder..... 41.94
..... at Drake Relays - 4/29/05
Iowa..... 42.06
..... at Big Ten Championships - 5/15/05

WOMEN'S 400-M RELAY (RQ - 45.80, SR - 44.63)

Johnson, Alexander, Granger, Roach *45.30
..... at Drake Relays - 4/30/05
Granger, Alexander, Johnson, Roach *45.39
..... at Mt. SAC Relays - 4/17/05

WOMEN'S 800-M RELAY (SR - 1:35.69)

Alexander, Sheeley, Roach, Granger 1:41.04
..... at Messersmith Invite - 4/9/05

MEN'S 1,600-M RELAY (RQ - 3:10.00, SR - 3:03.11)

Nolting, Coleman, O'Hollearn, Beach..... 3:16.76
..... at Drake Relays - 4/29/05
Iowa..... 3:17.63
..... at Big Ten Championships - 5/15/05
Gajewski, O'Hollearn, Tweedy, Linden..... 3:22.12
..... at Tom Botts Invite - 4/16/05
Milder, Gajewski, Tweedy, Ketels 3:28.50
..... at Iowa Musco Twilight - 4/23/05

WOMEN'S 1,600-M RELAY (RQ - 3:42.00, SR - 3:36.26)

McCalla, Alexander, Sheeley, Hume *3:39.67
..... at NCAA Midwest Regional - 5/28/05
McCalla, Hume, Sheeley, Alexander *3:40.43
..... at Mt. SAC Relays - 4/17/05
Sheeley, Alexander, Granger, Roach..... 3:51.13
..... at Messersmith Invite - 4/9/05
Sheeley, McCalla, Jones, Hume..... 3:51.18
..... at Shamrock Invite - 4/9/05

MEN'S SPRINT MEDLEY RELAY (SR - 3:18.93)

Milder, Coleman, Nolting, O'Hollearn 3:26.12
..... at Drake Relays - 4/30/05

WOMEN'S SPRINT MED. RELAY (SR - 3:56.54)

Roach, Alexander, McCalla, Stanley 3:56.99
..... at Florida Relays - 3/25/05
Iowa "B" 4:00.26
..... at Florida Relays - 3/25/05

MEN'S 3,200-METER RELAY (SR - 7:29.00)

Tweedy, Gajewski, Linden, O'Hollearn 7:33.12
..... at Drake Relays - 4/30/05

WOMEN'S 3,200-METER RELAY

Armstrong, Stanley, Laney, Hume 8:54.27
..... at Drake Relays - 4/30/05

WOMEN'S DISTANCE MED. RELAY (SR - 11:22.18)

Stanley, McCalla, Hume, Armstrong 11:34.04
..... at Drake Relays - 4/29/05

WOMEN'S 6,400-METER RELAY (SR - 20:39.12)

Chapple, Laney, Donlon, Sokol ^20:39.12
..... at Drake Relays - 4/28/05



Iowa's Outdoor Season Bests

MEN'S HIGH JUMP (RQ - 2.10 m, SR - 2.23 m)

Ryan Niver6-4 3/4 (1.95)at Cal St. Northridge 4/2/05
Jeremy Petsche...6-4 3/4 (1.95)at Messersmith Invite 4/9/05

WOMEN'S HIGH JUMP (RQ - 1.75 m, SR - 1.83 m)

Peaches Roach ...*5-11 1/4 (1.81).....at NCAA Regional ..5/28/05
Jenni Elbert5-7 (1.70)at Shamrock Invite ..3/19/05
5-7 (1.70).....at Big Ten Champ's.5/15/05
Tiff Pedersen5-1 3/4 (1.57)at Drake Relays4/27/05
Tammilee Kerr ..5-0 1/4 (1.53)at Shamrock Invite ..3/19/05
#5-0 1/4 (1.53)at Big Ten Champ's.5/14/05

MEN'S LONG JUMP (RQ - 7.34 m, SR - 8.25 m)

Matty Gorman ...*24-1 3/4 (7.36)at Big Ten Champ's.5/14/05
Aaron Reed23-3 1/2 (7.10)at Big Ten Champ's.5/14/05
Ryan Niver21-8 1/4 (6.61)at Messersmith Invite 4/9/05

WOMEN'S LONG JUMP (RQ - 5.95 m, SR - 6.78 m)

Angie Hensel.....18-5 3/4 (5.61)at Simpson Twilight 4/29/05
Tammilee Kerr ...18-0 1/2 (5.50)at Messersmith Invite 4/9/05
Tiff Pedersen#17-2 3/4 (5.25)at Big Ten Champ's.5/14/05

MEN'S TRIPLE JUMP (RQ - 15.08 m, SR - 15.86 m)

Matty Gorman....48-9 1/2 (14.87)at Messersmith Invite 4/9/05
Aaron Reed45-3 1/2 (13.80)at Tom Botts Invite..4/16/05

WOMEN'S TRIPLE JUMP (RQ - 12.26 m, SR - 12.43 m)

Tiffany Johnson..*^40-9 1/2 (12.43)..at Mt. SAC Relays ..4/17/05

MEN'S POLE VAULT (RQ - 5.05 m, SR - 5.18 m)

Jeff Raymond.....14-7 1/4 (4.45)at Messersmith Invite 4/9/05
14-7 1/4 (4.45)at Tom Botts Invite..4/16/05
Ryan Niver14-4 (4.37).....Musco Twilight VII.4/23/05

WOMEN'S POLE VAULT (RQ - 3.80 m, SR - 3.92 m)

Sarah Burgett11-1 3/4 (3.40).....at Jim Duncan Inv. ..4/16/05

MEN'S SHOT PUT (RQ - 16.61 m, SR - 19.27 m)

Andy Banse.....*61-11 1/2 (18.88) ..at Cal Northridge4/2/05
Ken Kemeny*62-3 (18.97 m)at NCAA Regional ..5/27/05
Ryan Niver&37-8 3/4 (11.50) ..at Big Ten Champ's.5/13/05

WOMEN'S SHOT PUT (RQ - 14.30 m, SR - 15.54 m)

K. Marshall*48-6 3/4 (14.80) ..at Drake Relays4/29/05
Tiff Pedersen36-5 3/4 (11.12)at Shamrock Invite ..3/18/05
Tammilee Kerr ...#37-6 (11.43)at Big Ten Champ's.5/13/05

MEN'S DISCUS (RQ -- 50.37 m, SR -- 61.68 m)

Tim Brodersen....*190-8 (58.12).....at Messersmith Invite 4/9/05
Andy Banse.....*180-0 (54.86).....at Messersmith Invite 4/9/05
Ken Kemeny*168-3 (51.28).....at Big Ten Champ's.5/14/05
Clint Huntrods....154-11 (47.21).....Musco Twilight VII.4/23/05
Ryan Niver125-10 (38.35).....at Cal St. Northridge 4/2/05

WOMEN'S DISCUS (RQ - 47.30 m, SR - 48.90 m)

K. Marshall152-11 (46.62).....at Messersmith Invite 4/9/05

MEN'S HAMMER (RQ -- 55.63 m, SR -- 67.94 m)

Chris Voller*206-0 (62.80).....at Big Ten Champ's.5/13/05
Tim Brodersen....173-4 (52.83).....at Tom Botts Invite..4/15/05
Ryan Jordan.....168-0 (51.20).....Musco Twilight VII.4/23/05
Kale Katt160-2 (48.83).....at Messersmith Invite 4/9/05

WOMEN'S HAMMER (RQ - 54.15 m, SR - 55.44 m)

Becca Franklin ...^*181-11 (55.44)....Musco Twilight VII.4/23/05
Erin O'Hern158-0 (48.17).....Musco Twilight VII.4/23/05

MEN'S JAVELIN (RQ -- 61.62 m, SR -- 74.58 m)

Bill Neumann....*205-3 (62.56).....at Big Ten Champ's.5/14/05
Kale Katt187-3 (57.07).....at Big Ten Champ's.5/14/05
Ryan Niver162-5 (49.50).....at Big Ten Champ's.5/14/05

WOMEN'S JAVELIN (RQ - 43.15 m, SR - 55.31 m)

Tammilee Kerr ...136-11 (41.74)at Shamrock Invite ..3/19/05
Tiff Pedersen116-1 (35.38).....at Jim Duncan Inv. ..4/16/05

DECATHLON (PQ - 7,000 points; SR - 6,839 points)

Ryan Niver6,531 points.....at Big Ten Champ's.5/14/05

HEPTATHLON (PQ - 5,000 pts., SR - 5,262 pts.)

Tammilee Kerr ...4,924 points.....at Big Ten Champ's.5/14/05
Tiff Pedersen4,379 points.....at Big Ten Champ's.5/14/05

RQ/ -- regional qualifying mark, SR/^ -- school record,
PQ -- provisional qualifier, % -- wind-aided performance,
- heptathlon event, \$ - decathlon event*



All-Time Top 10 Outdoor Best Performers

Men's 100 Meters

1. George Page, 199610.25
2. Anthuan Maybank, 1994.....10.31
Tim Dwight, 199710.31
4. Bob Lawson, 197610.36
5. Robert Smith, 198410.39
6. Curtis Chung, 198710.40
7. Jeff Patrick, 198310.41
Tim Dodge, 200210.41
9. Jerry Fisher, 199110.45
10. Andre Morris, 1996.....10.47

Women's 100 Meters

1. Vivien McKenzie, 198511.45
2. Davera Taylor, 1984.....11.51
3. Erica Broomfield, 1998.....11.53
4. Jiselle Providence, 200111.57
5. Tanja Reid, 199411.60
Peaches Roach, 200511.60
7. Yolanda Hobbs, 199511.62
8. Elanie Jones, 1985.....11.69
9. Lakeya Boatright, 2000.....11.77
10. Tamara Dixon, 2002.....11.79

Men's 110-Meter High Hurdles

1. Pat McGhee, 1989.....13.50
2. Dion Trowers, 1996.....13.62
3. Ronnie McCoy, 198513.66
4. James Armstrong, 1991.....13.89
5. Doug Jones, 1986.....14.06
6. Chris Williams, 1983.....14.24
7. Rajeev Balkrishnan, 199314.29
8. Gary Falls, 199214.48
9. Monte Raymond, 1996.....14.51
10. Tony Branch, 1998.....14.58

Women's 100-Meter Hurdles

1. **Tiffany Johnson, 2005.....13.57**
2. Colleen Prendergast, 199913.60
Paula Ruen, 200013.60
4. Sarah Steffen, 200213.65
5. Ruqayya Raheem, 199813.90
6. Brenda Calhoun, 1984.....13.94
7. Wynsome Cole, 199714.10
8. **Tiff Pedersen, 2002.....14.23**
9. Colleen Prendergast, 200114.24
10. Diane Steinhart, 1979.....14.25

Men's 200 Meters

1. Jeff Patrick, 198320.47
2. Anthuan Maybank, 1994.....20.55
3. Andre Morris, 1995.....20.64
4. George Page, 199620.67
5. Terrence Duckett, 198220.74
6. Tim Dodge, 200220.78
7. Bashir Yamini, 1999.....20.82
8. Dennis Kohl, 196620.84
9. Tim Dwight, 199720.91
10. Victor Greer, 1984.....20.98

Women's 200 Meters

1. Shellene Williams, 200423.50
2. Davera Taylor, 1984.....23.59
3. Vivien McKenzie, 198523.61
4. Yolanda Hobbs, 199523.65
5. Tanja Reid, 199523.75
6. Elaine Jones, 1983.....23.84
7. Jiselle Providence, 2001.....24.00
8. Lakeya Boatright, 2000.....24.14
9. Wynsome Cole, 199824.25
10. Alycia Simpson, 198724.35

Men's 400 Meters

1. Anthuan Maybank, 1993.....44.99
2. Andre Morris, 1995.....45.15
3. Mike Mondane, 196745.20
4. Gary Hollingsworth,.....46.3
5. Harold Leonard, 198646.45
6. Tony Branch, 199946.60
7. George Page, 199646.66
8. Dick Eisenlauer, 197346.74
Terrence Duckett, 198346.74
10. Ed Rozell, 1996.....46.78

Women's 400 Meters

1. Shellene Williams, 200451.94
2. **Kineke Alexander, 200552.34**
3. Ellen Grant, 199652.65
4. Senta Hawkins, 1988.....54.01
5. Marlene Poole, 199454.03
6. Elaine Jones, 1983.....54.4
7. Nicole Charles, 2001.....54.48
8. Stacey-Leigh Bynoe, 2000.....54.73
9. Alycia Simpson, 198755.18
Aisha Hume, 200455.18

Men's 400-Meter Hurdles

1. Pat McGhee, 1988.....48.83
2. Monte Raymond, 1998.....50.09
3. Paul Steele, 1989.....50.45
4. Russell Peterson, 200150.50
5. Adam Kunkel, 200150.73
6. Jon Reimer, 196750.94
7. Gary Falls, 199151.08
8. Rajeev Balkrishnan, 199351.14
9. Scott Williamson, 200051.74
10. Kenny Williams, 1986.....51.89

Women's 400-Meter Hurdles

1. Mary Knoblauch, 198156.16
2. Wynsome Cole, 1998.....56.67
3. Chris Davenport, 198159.18
4. Sarah Steffen, 200259.59
5. Beverly Powell, 1991.....59.96
6. Diane Steinhart, 1980.....1:00.56
7. Ruqayya Raheem, 19991:00:62
8. Keely Huber, 20021:00.98
9. Sherri Hull, 1987.....1:02.60
10. Gina Shannon, 1998.....1:04.68

Men's 800 Meters

1. Bill Frazier, 1962*1:47.64
2. D'Juan Strozier, 1990.....1:47.82
3. Michael Layne, 1999.....1:49.61
4. Bill Thiesen, 19851:49.74
5. Andy Wiese, 19851:50.22
6. Paul Chepkwony, 19841:50.36
7. Rod Chambers, 1989.....1:50.60
8. Jim Donovan, 19981:50.68
9. James Porter, 19941:51.00
10. Mike Cunningham, 2002.....1:51.64

Women's 800 Meters

1. Kay Stormo, 19822:05.67
2. Michelle Lahann, 20042:06.79
3. **Aisha Hume, 20052:08.50**
4. Jeanne Kruckeberg, 1987.....2:08.75
5. Ann Pare, 1997.....2:09.25
6. Briana Benning, 19962:10.47
7. Tami Hoskins, 19902:11.47
8. **Shannon Stanley, 20042:12.01**
9. Christine Salsberry, 19902:12.05
10. Janet Wodek, 19872:12.74



All-Time Top 10 Outdoor Best Performers

Men's 1,500 Meters

1. Joel Moeller, 1978.....3:44.01
2. Jim Docherty, 19783:44.30
3. Dan Waters, 1986.....3:46.35
4. Kevin Herd, 1994.....3:46.64
5. John Clark, 19773:46.84
6. Ted Wheeler, 19563:48.24
7. John Dobbs, 1985.....3:50.70
8. Sean Corrigan, 1987.....3:51.05
9. Chad Feeldy, 1996.....3:51.40
10. Rod Chambers, 1989.....3:51.73

Women's 1,500 Meters

1. Jeanne Kruckeberg, 19894:19.71
2. Penny O'Brien, 1985.....4:21.43
3. Kay Stormo, 19824:22.24
4. Michelle Lahann, 20044:24.00
5. **Meghan Armstrong, 2005 . 4:27.10**
6. Tracy Dahl, 1992.....4:27.44
7. Jenny Hayden, 1982.....4:27.54
8. Tina Stec, 1994.....4:28.71
9. Jill Scheibel, 19994:29.49
10. Sherri Suppelsa, 19874:29.53

Women's 3,000 Meters

1. Penny O'Brien, 1985.....9:20.61
2. Nan Doak, 19859:23.04
3. Tracy Dahl, 1992.....9:23.53
4. Jeanne Kruckeberg, 19899:30.69
5. Jennifer Brower, 19929:34.59
6. Jodi Hershberger, 19829:36.44
7. Tina Stec, 1994.....9:38.39
8. Jenny Spangler, 19829:47.54
9. Kim Schneckloth, 1987.....9:48.81
10. Anne Dobrowolski, 19849:49.10

Men's 3,000 Steeplechase

1. Deacon Jones, 1956.....8:47.40
2. Steve Pershing, 1978.....8:54.59
3. Andy Morris, 2000.....8:56.21
4. Matt Gerard, 19948:57.01
5. Rollie Kitt, 1967.....9:02.9
6. Al Greene, 19859:02.96
7. **Tony Rakaric, 2005 9:03.29**
8. Sean Gale, 19939:08.00
9. Nick Nordheim, 2000.....9:12.06
10. Chad Schwitters, 19989:13.58

Women's 3,000 Steeplechase

1. Sarah Arens, 200410:34.50
2. Michelle Lahann, 200311:16.21
3. Becca Thompson, 200311:19.50
4. **Jessica Schmidt, 2005.....11:28.23**

Men's 5,000 Meters

1. Larry Wiczorek, 1968.....13:56.0
2. Kevin Herd, 199313:59.0
3. Stetson Steele, 200014:02.76
4. **Eric MacTaggart, 2005 ... 14:04.79**
5. **Dan Haut, 2005..... 14:08.90**
6. **Matt Esche, 2004 14:15.73**
7. **Brian Rae, 2004 14:22.83**
8. **Tony Rakaric, 2003 14:22.92**
9. Danny Waters, 198614:23.43
10. **Jeff Kent, 2005..... 14:28.70**

Women's 5,000 Meters

1. Nan Doak, 198515:45.84
2. Jenny Spangler, 198316:17.21
3. Tracy Dahl, 1992.....16:18.77
4. Jennifer Brower, 199116:37.09
5. Renee Doyle, 1988.....16:39.46
6. Jodi Hershberger, 198216:48.04
7. Anne Dobrowolski, 198416:50
8. Penny O'Brien, 1985.....17:00.44
9. Erin Boland, 199517:04.61
10. Renee Doyle, 198717:06.71

Men's 10,000 Meters

1. Stetson Steele, 200028:44.47
2. Nick Nordheim, 2002.....29:44.71
3. Trent Corey, 2002.....29:45.25
4. Chad Schwitters, 199929:56.00
5. Kevin Herd, 1994.....30:05.21
6. Paul Sarris, 200130:08.40
7. **Matt Esche, 2004 30:08.82**
8. Eric McDermott, 200230:11.16
9. **Adam Roche, 2005..... 30:56.33**
10. **Tony Rakaric, 2004 30:58.59**

Women's 10,000 Meters

1. Jennifer Brower, 199133:23.38
2. Nan Doak, 198533:33.03
3. Jenny Spangler, 198333:39.24
4. Tracy Dahl, 1992.....34:30.09
5. **Nikki Chapple, 2004..... 35:06.35**
6. Jenny Johnson, 199235:45.53
7. Anne Dobrowolski, 1985 ...35:59.98
8. Renee Doyle, 198736:32.4
9. Katie Donlon, 200337:17.28
10. Georgia Millward, 200437:22.04

Decathlon

1. Scott Faber, 20006,839 points
2. Chad Ohly, 19946,641 points
3. **Ryan Niver, 2005 6,531 points**
4. Gary Kostrubala, 1984 .6,498 points
5. Jacob Drewry, 1994.....5,820 points
1. *Mike Lacy, 19846,860 points

Heptathlon

1. Kathy Gillespie, 1983 ..5,262 points
2. **Tiff Pedersen, 2004.... 4,976 points**
3. **Tammilee Kerr, 2005. 4,924 points**
4. Janet Adams, 19814,855 points
5. Ruqayya Raheem, 19974,665 points
6. Angela Chadwick, 19934,493 points
7. **Angie Hensel, 2004 4,073 points**
8. Janelle Jaspers, 19874,000 points
9. Marjie Tweto, 19963,967 points

1. Kathy Gillespie, 1983 5,448 points*
* according to 1962-1984 scoring table

Men's High Jump

1. Bill Hansen, 1978.....7-4 (2.23 m)
- Bill Knoedel, 19757-4 (2.23 m)
3. M. Cunningham, 1986 .7-1 (2.16 m)
- Kenneth Lansing, 1988 7-1 (2.16 m)
5. Pat Meade, 1987.....7-0 (2.13 m)
6. Scott Hudek, 1993.....6-11 (2.11 m)
7. Mike Lacy, 1985 . 6-10 1/2 (2.09 m)
8. Damion Turner, 19986-9 1/2 (2.07 m)
9. Luke Nessa, 2000.. 6-8 3/4 (2.05 m)



All-Time Top 10 Outdoor Best Performers

Women's High Jump

1. Mary Mol, 1983 6-0 (1.83 m)
2. **Peaches Roach, 2004** **5-11 1/4 (1.81 m)**
3. Lynn McMillan, 1988 5-9 1/4 (1.76 m)
4. Kacey Childs, 2001 5-8 1/2 (1.74 m)
5. Kristi Dinkla, 1985 5-8 (1.73 m)
- Becky Kaza, 1995 5-8 (1.73 m)
- Eve Cullinan, 2003 5-8 (1.73 m)
8. **Jenni Elbert, 2005** **5-7 (1.70 m)**
9. Nancy Tessmer, 1991 5-6 1/2 (1.69 m)
10. Janet Adams, 1981 5-6 1/4 (1.68 m)

Men's Long Jump

1. Anthuan Maybank, 1993 27-1 (8.25 m)
2. Bashir Yamini, 1997 26-8 1/4 (8.13 m)
3. Paul Jones, 1989 25-10 1/4 (7.88 m)
4. Darren Smith, 1991 25-9 3/4 (7.86 m)
5. Quinn Early, 1986 25-7 1/4 (7.80 m)
6. Ed Gordon, 1931 25-4 3/8 (7.68 m)
7. Ronnie McCoy, 1985 25-0 (7.62 m)
8. Joe Robinson, 1976 24-2 3/4 (7.38 m)
9. **Matty Gorman, 2005** **24-1 3/4 (7.36 m)**
10. Pat Miller, 1986 23-4 1/2 (7.12 m)

Women's Long Jump

1. Aisha James, 2003 22-3 (6.78 m)
2. Becki Borg, 1988 19-7 1/4 (5.97 m)
3. Lisa Moats, 1986 19-6 (5.95 m)
4. Yolanda Hobbs, 1993 19-2 1/2 (5.85 m)
5. Jane Dunlevy, 1977 18-6 (5.64 m)
6. **Angie Hensel, 2005** **18-5 3/4 (5.61 m)**
- Ruqayya Raheem, 1997 18-5 1/4 (5.62 m)
- Tiff Pedersen, 2004** **18-5 1/4 (5.62 m)**
9. Niki Fisher, 1996 18-1 1/2 (5.52 m)
10. **Tammilee Kerr, 2005** **18-0 1/2 (5.50 m)**

Men's Triple Jump

1. Paul Jones, 1990 52-0 1/2 (15.86 m)
2. Gordon Finch, 1988 50-9 1/4 (15.47 m)
3. Mike Lacy, 1984 50-5 (15.36 m)
4. Pat Miller, 1985 49-8 1/2 (15.25 m)
5. Owen Gill, 1982 49-1 (14.96 m)
6. **Matty Gorman, 2005** **48-9 1/2 (14.87 m)**
7. Ed Gordon, 1931 48-0 1/8 (14.63 m)
8. **Aaron Reed, 2005** **45-3 1/2 (13.80 m)**

Women's Triple Jump

1. **Tiffany Johnson, 2005** **40-9 1/2 (12.43 m)**
2. Becki Borg, 1988 40-7 1/2 (12.38 m)
3. Lynn McMillan, 1988 39-6 1/2 (12.05 m)
4. Lynn, 1998 39-0 (11.88 m)
5. Kacey Childs, 2001 37-8 (11.48 m)
6. **Becca Franklin, 2004** **36-10 1/2 (11.24 m)**
7. Janna Houtz, 1984 33-10 1/2 (10.32 m)
8. Latoya Stiffend, 2002 32-6 (9.90 m)
9. Bridget Besch, 2003 30-10 1/2 (9.41 m)
10. Eve Cullinan, 2003 30-6 1/2 (9.31 m)

Men's Pole Vault

1. Todd Wigginton, 1984 17-0 (5.18 m)
2. Chad Ohly, 1994 16-8 3/4 (5.10 m)
3. Curt Broek, 1978 16-8 (5.08 m)
4. Phil Wertman, 1971 16-7 (5.05 m)
- Kelly Scott, 1988 16-7 (5.05 m)
6. John Teffer, 1972 16-2 (4.93 m)
7. Doug Pennino, 1985 16-0 (4.88 m)

Women's Pole Vault

1. Jessie Strand, 2003 12-10 1/4 (3.92 m)
2. Gina Shannon, 2001 11-2 1/4 (3.41 m)
3. **Sarah Burgett, 2005** **11-1 3/4 (3.40 m)**
4. Becky Kaza, 1998 8-6 (2.59 m)
- Amy Kasparbauer, 2001 8-6 (2.59 m)
6. Kacey Childs, 2000 8-0 1/2 (2.45 m)
7. Gina Shannon, 1998 8-0 (2.44 m)

Men's Shot Put

1. Jeremy Allen, 2001 63-2 3/4 (19.27 m)
2. **Ken Kemeny, 2005** **62-3 (18.97 m)**
3. **Andy Banse, 2005** **61-11 1/2 (18.88 m)**
4. Chris Gambol, 1987 60-0 1/2 (18.30 m)
5. Arno van der Westhuizen, 2000 58-8 3/4 (17.90 m)
6. Gary Kostrubala, 1985 58-1 (17.70 m)
7. Alex Smith, 1998 57-9 (17.60 m)
8. Chris Cassata, 2000 57-3 3/4 (17.47 m)
9. Norm Balke, 1984 56-10 1/2 (17.33 m)
10. **Shane Maier, 2004** **55-2 1/4 (16.82 m)**



All-Time Top 10 Outdoor Best Performers

Women's Shot Put

1. Lisa Van Steenwyk, 199250-8 (15.44 m)
2. Gail Smith, 1984 50-3 1/4 (15.32 m)
3. Denise Taylor, 1992 50-1 3/4 (15.28 m)
4. **Kamesha Marshall, 2005 48-6 3/4 (14.80 m)**
5. Laura Kriener, 1990 48-2 1/2 (14.69 m)
6. Jennifer Gilson, 200247-10 (14.58 m)
7. Jennifer Moon, 2000 47-5 1/4 (14.46 m)
8. Shelley Redies, 198545-7 (13.89 m)
9. Megan Maurer, 1998 44-9 3/4 (13.66 m)
10. Katie Hoback, 200244-4 (13.51 m)

Men's Discus

1. Gary Kostrubala, 1986202-4 (61.68 m)
2. Jeremy Allen, 2001195-4 (59.54 m)
3. **Tim Brodersen, 2005 190-8 (58.12 m)**
4. Brad Daufeldt, 2004185-0 (56.40 m)
5. **Andy Banse, 2005 180-0 (54.86 m)**
6. Eric Rothwell, 2004179-7 (54.73 m)
7. Norm Balke, 1985175-10 (53.60 m)
8. Chris Gambol, 1987175-7 (53.52 m)
9. Tom Knutson, 1967 174-8 1/2 (53.24 m)
10. Jim Costello, 2000173-1 (52.76 m)

Women's Discus

1. Denise Taylor, 1992160-5 (48.90 m)
2. Lisa Van Steenwyk, 1991159-1 (48.50 m)
3. Gail Smith, 1983158-2 (48.22 m)
4. **Kamesha Marshall, 2005152-11 (46.62 m)**
5. Jennifer Moon, 2000150-8 (45.92 m)
6. Laura Kriener, 1989150-3 (45.80 m)
7. Megan Maurer, 1997149-2 (45.48 m)
8. Cheryl Bradley, 1982146-5 (44.64 m)
9. Mickey Schoborg, 1985146-2 (44.56 m)
10. Jodi Peterson, 1993 142-1 3/4 (43.32 m)

Men's Hammer

1. Arno van der Westhuizen, 2001222-11 (67.94 m)
2. Jim Costello, 2002217-7 (66.32 m)
3. **Adam Hamilton, 2004208-11 (63.68 m)**
4. Brad Daufeldt, 2004207-10 (63.34 m)
5. **Chris Voller, 2005 206-0 (62.80 m)**
6. Jeremy Allen, 2001199-0 (60.66 m)
7. **Tim Brodersen, 2004 181-3 (55.24 m)**
8. Chris Cassata, 2000173-11 (53.00 m)
9. Andy Banse, 2003172-11 (52.72 m)

Women's Hammer Throw

1. **Becca Franklin, 2005181-11 (55.44 m)**
2. Kerri Blackstone, 1999161-10 (49.32 m)
3. **Erin O'Hern, 2005 158-0 (48.17 m)**
4. Megan Maurer, 1998145-6 (44.36 m)
5. Jennifer Gilson, 2002142-6 (43.44 m)
6. Jennifer Moon, 2000139-3 (42.44 m)
7. Kara Hinz, 2000125-1 (38.14 m)
8. Katie Hoback, 2002121-11 (37.16 m)

Men's Javelin

1. **Bill Neumann, 2002 244-8 (74.58 m)**
2. Dan Ralph, 2000227-10 (69.44 m)
3. Joel Storm, 2004203-5 (62.01 m)
4. Matt Stank, 2001199-0 (60.66 m)
5. **Kale Katt, 2005 187-3 (57.07 m)**
6. Arno van der Westhuizen, 1999173-11 (53.00 m)
7. Scott Faber, 2000173-1 (52.78 m)
8. Justin Silverman, 2000172-6 (52.58 m)
1. Mark Panther, 1934 *219-7 3/8

* distance according to old rules

Women's Javelin

1. Alana Redfern, 2003181-5 (55.30 m)
2. Mandy Beck, 1999153-4 (46.74 m)
3. Terri Soldan, 1983 152-6 1/4 (46.48 m)
4. Shani Renning, 1990152-3 (46.40 m)
5. Clara Simon, 1981149-9 (45.64 m)
6. Janet Adams, 1984148-7 (45.28 m)
7. Mickey Schoborg, 1985 137-5 1/4 (41.88 m)
8. **Tammilee Kerr, 2005136-11 (41.74 m)**
9. Sara Joens, 1987127-1 (38.74 m)
10. Angela Chadwick, 1992124-2 (37.86 m)

Men's 400-Meter Relay

1. Beecham, Duckett, Greer, Smith, 198439.48
2. Page, Davis, Rozell, Morris, 199639.73
3. Felix, Branch, Dodge, Yamini, 199939.96
4. Beecham, Duckett, Greer, Patrick, 198339.99
5. Dwight, Branch, Davis, Yamini, 199840.00
- Goode, Fisher, Morris, Maybank, 199440.00
- 199840.00
- Dwight, Branch, Dodge, Yamini, 199940.00
9. Williamson, Dodge, Peterson, **Digney**, 200240.04
10. McCoy, Duckett, Greer, Smith, 198440.07



All-Time Top 10 Outdoor Best Performers

Women's 400-Meter Relay

1. Poole, Reid, Floyd, Hobbs, 1994 44.63
2. Charles, Williams, Providence, James, 2003 44.71
3. Floyd, Hobbs, Poole, Reid, 1994 44.80
4. Fouchè, Williams, Providence, James, 2003 45.02
5. **Johnson, Alexander, Granger, Roach, 2005 45.30**
6. **Granger, Alexander, Johnson, Roach, 2005 45.39**
7. Underwood, Reid, Philip, Hobbs, 1995 45.50
8. Boatright, Bynoe, Providence, Prendergast, 2000 45.50
9. Prendergast, Cole, Boatright, Broomfield, 1998 45.51
10. Hawkins, McKenzie, Simpson, Taylor, 1986 45.55

Women's 800-Meter Relay

1. Hobbs, Reid, Floyd, Poole, 1994 1:35.69
 2. Williams, Charles, Fouchè, Providence, 2003 1:37.49
 3. Herrmann, **McCalla, Raymond, Roach, 2004 1:37.66**
 4. Charles, Dixon, Knight, Prendergast, 2002 1:38.15
 5. Prendergast, Dixon, Knight, Providence, 2001 1:38.73
 6. Dixon, Knight, Prendergast, Providence, 2001 1:38.93
 7. Dixon, Providence, Knight, Charles, 2001 1:39.68
 8. Underwood, Bynoe, Raheem, Wynter, 1997 1:39.72
 9. 1999 1:39.79
 10. 2000 1:41.04
- Alexander, Sheeley, Roach, Granger, 2005 1:41.04**

Men's 1,600-Meter Relay

1. Morris, Davis, Page, Rozell, 1995 3:03.11
2. Branch, Dwight, Dodge, Yamini, 1999 3:03.29
3. Ferree, Frazier, Mondane, Reimer, 1967 3:04.10
4. Rozell, Morris, Davis, Yamini, 1996 3:04.71
5. Cameron, Williams, McGhee, McCoy, 1985 3:06.00
6. Rozell, Davis, Dwight, Raymond, 1997 3:06.06
7. Dodge, Kunkel, **Coleman, Peterson, 2001 3:06.06**
8. Davis, Rozell, Morris, Raymond, 1996 3:06.54
9. Williamson, Dodge, **Strang, Coleman, 2002 3:06.69**
10. Raymond, Davis, Morris, Page, 1996 3:06.85

Women's 1,600-Meter Relay

1. Hume, Charles, Steffen, Williams, 2003 3:36.26
2. **McCalla, Alexander, Sheeley, Hume, 2005 3:39.67**
3. **McCalla, Hume, Sheeley, Alexander, 2005 3:40.43**
4. Layne, Simpson, Powell, McRell, 1989 3:41.23
5. Bynoe, Cole, Wynter, Grant, 1997 3:41.74
6. Charles, Fouchè, Williams, **Hume, 2003 3:42.18**
7. Fouchè, Charles, Williams, **Hume, 2003 3:42.52**
8. Powell, Hawkins, Taylor, Simpson, 1988 3:43.04
9. 1992 3:43.05
10. Wynter, Grant, Raheem, Bynoe, 1997 3:43.40

Women's Sprint Medley Relay

1. Reid, Philip, Hobbs, Benning, 1995 3:56.54
2. **Roach, Alexander, McCalla, Stanley, 2005 3:56.99**
3. Underwood, Clarke, Philip, Benning, 1995 3:59.75
4. **2005 4:00.26**
5. Dixon, Providence, Hume, Butler, 2001 4:01.11
6. Providence, Dixon, Charles, Hume, 2001 4:03.39
7. 1999 4:09.31
8. Broomfield, Boatright, Bynoe, Scheibel, 1998 4:12.59
9. **Hume, McCalla, Raymond, Williams, 2004 4:13.42**

Men's 3,200 Meter Relay

1. Corrigan, Blackman, Strozier, Chambers, 1989 7:29.00
2. **Tweedy, Gajewski, Linden, O'Hollearn, 2005 ... 7:33.12**
3. Cunningham, Tweedy, S. Allen, Thomas, 2001 7:34.12
4. Long, Tweedy, Dziubski, O'Hollearn, 2004 7:35.10
5. 1999 7:36.43
6. 1986 7:40.18
7. Novotny, Holtkamp, Rerko, Feeldy, 1995 7:44.68
8. Steussay, Tice, Olson, Newell, 1973 7:54.10
9. Dziubski, Lloyd, Long, Tweedy, 2004 8:03.10
10. 1985 9:08.82

Women's 3,200-Meter Relay

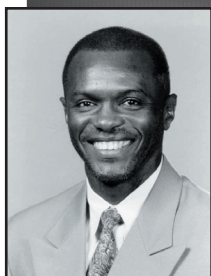
1. Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987 8:46.45
2. Lahann, **Stanley, Hume, Barber, 2004 8:48.87**
3. Schneckloth, Roberts, Hawkins, Kruckeberg, 1989... 8:49.38
4. **Armstrong, Stanley, Laney, Hume, 2005 8:54.27**
5. O'Brien, Camarigg, Williams, Stormo, 1981 8:54.36
6. Drapcho, Schlader, Williams, Stormo, 1980 8:56.14
7. Drapcho, Mitchell, Schlader, Stormo, 1979 8:57.24
8. Lahann, **Hume, Thompson, Barber, 2003 9:02.58**
9. Chow, Barber, Thompson, **Sokol, 2003 9:03.74**
10. Coleman, Benning, Pauling, Pare, 1996 9:04.41

Women's Distance Medley Relay

1. Hoskins, Powell, Schneckloth, Kruckeberg, 1989 11:22.18
2. **Stanley, McCalla, Hume, Armstrong, 2005 11:34.04**
3. Barber, Williams, **Hume, Arens, 2004 11:34.56**
4. Thompson, Williams, **Hume, Arens, 2003 11:39.02**
5. 2000 11:39.83
6. Davenport, xx, xx, xx, 1981 11:41.44
7. Pare, Grant, Benning, Gilchrist, 1997 11:41.92
8. Butler, **Hume, Barber, Arens, 2001 11:47.16**
9. Thompson, **Hume, Barber, Lahann, 2003 11:52.04**
10. Benning, Raheem, Coleman, Pare, 1996 11:53.60



University of Iowa Women's Head Coach



JAMES GRANT
HEAD COACH

20th SEASON AT IOWA
EASTERN MICHIGAN, 1971

James Grant is in his ninth season at the helm of the Iowa women's track and field program. Grant was the former assistant coach at Iowa for 11 years (1986-96).

The past three seasons have been outstanding ones for Grant and the Hawkeyes. Iowa placed third at the 2004 Big Ten Indoor Championships in Iowa City and sixth at the 2003 conference outdoor meet. Both were Iowa's highest placings during Grant's tenure, and the third-place indoor finish tied the team's highest conference finish in school history. In the last three seasons, the Hawkeyes have crowned 11 Big Ten Champions, 38 regional qualifiers, 15 all-region selections, 24 NCAA qualifiers and three all-Americans, and set 17 school records.

In 2004, Shellene Williams became the second student-athlete in program history to win four Big Ten titles, winning three titles in the 400 meters and one as part of the 1,600-meter relay. Despite the fact that she only competed for the Hawkeyes for two seasons (2003-04), she holds school records in three individual events and two relays. Peaches Roach gave Iowa its first Big Ten high jump titles, winning that event at the indoor and outdoor conference meets to earn outdoor Freshman of the Year honors.

In 2005, Roach and freshman Kineke Alexander became Grant's first indoor all-Americans. Roach defended her Big Ten indoor high jump title to become the second Hawkeye to win two consecutive Big Ten titles in the same event in school history. She also set the indoor school record in that event, breaking the 6-0 mark for the first time of her collegiate career. Sophomore Tiffany Johnson set school records in the indoor and outdoor triple jump and 100-meter hurdles, while sophomore Becca Franklin shattered the hammer throw record by over 20 feet. The 6,400-meter relay of sophomores Nikki Chapple and Jordan Laney, and seniors Katie Donlon and Michelle Sokol also set a school record.

Grant also had immense success in his first two seasons at the Hawkeye helm. Wynsome Cole was an all-American in the 400-meter hurdles at the 1997 NCAA Championships. Iowa won six Big Ten event titles in those two seasons, and Erica Broomfield was named 1998 Big Ten Indoor Freshman of the Year.

While improving in the league standings is considered a priority, Iowa's track and field team also concerns itself with performance in the classroom. During Grant's tenure, 44 Hawkeyes have earned 76 academic all-Big Ten honors.

As Iowa's assistant coach from 1986-96, Grant coached several Hawkeyes to success. In 1995, Yolanda Hobbs was an all-American in the 55 and 200 meters after winning the 55-meter Big Ten title. In 1994, Iowa's 400 meter-relay of Tina Floyd, Hobbs, Marlene Poole and Tanja Reid won Iowa's first Big Ten title in that event, earned all-America honors and set meet and school records. Karen Layne won the 1990 600-meter Big Ten title, while Senta Hawkins won the Big Ten 400 meters in 1988. In 1989, Iowa's 1,600-meter relay placed second at the Big Ten Indoor and Outdoor Championships.

A former Jamaican track standout, Grant coached at the high school level in Jamaica for 11 years prior to joining the Hawkeye program. From 1982-86, Grant coached men's and women's track at G.C. Foster College of Physical Education and Sport. There he led the men's team to two national championships and two second-place finishes, and the women's team to three national titles. During that time he coached world outdoor champion quarter-miler Bert Cameron, and world indoor champion quarter-miler Devon Morris.

A graduate of Eastern Michigan University, Grant captained the 1970 and 1971 Huron track teams, earning all-America honors while specializing in the 400 meters, 400-meter hurdles, and the mile relay. During this time, he was the Jamaican 400-meter hurdle national record holder, with a time that was ranked in the top-20 in the world. Grant also represented Jamaica at the Pan American Games and the Commonwealth Games for six years. In 1991, he was inducted into the Eastern Michigan Hall of Fame.

He was the 1965 and 1966 Jamaican national champion in both the 200 and 400 meters as a high school athlete at Jamaica's Kingston College.

Grant received his bachelor's degree in sociology and history from Eastern Michigan, and his master's degree in physical education from the German College of Physical Education in Leipzig, Germany.

Grant at Iowa

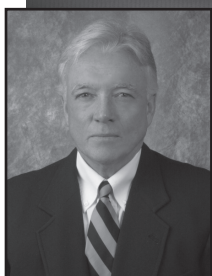
Year	Indoor Big 10 Place/Champs	Outdoor Big 10 Place/Champs	Indoor/Outdoor All-Americans
1997	T9th/1	10th/5	0/1
1998	9th/1	9th/1	0/0
1999	9th/0	9th/0	0/0
2000	10th/0	9th/0	0/0
2001	10th/0	9th/0	0/0
2002	9th/0	10th/0	0/0
2003	9th/0	6th/6	0/0
2004	3rd/2	10th/2	0/1
2005	9th/1	9th/0	2/
Total	--/5	--/14	2/2



2005 Iowa University of Iowa Track & Field



University of Iowa Men's Head Coach



LARRY WIECZOREK
HEAD COACH

21ST SEASON AT IOWA
UNIVERSITY of IOWA, 1969

Larry Wiecezorek is in his ninth season as head men's track and field coach at Iowa, and recently completed his 18th season as head men's cross country coach. He served as an assistant track and field coach for 12 years before taking the helm in 1997.

A six-time Big Ten champion and four-time all-American at Iowa, Wiecezorek once held conference marks in the one, two, three, four and five-mile runs. A member of Iowa's last Big Ten track championship team in 1967, he still owns Iowa records in the outdoor 5,000-meters and the indoor two miles, as well as third-fastest mark in the cross country 8,000 meters. He was inducted into Iowa's National Varsity Club Athletics Hall of Fame in 1998.

Under Wiecezorek, the cross country team has placed sixth or higher eight times at the NCAA Regional Championships, posted 22 all-region selections and qualified for the NCAA Championships three times. In 2002, Wiecezorek was named Midwest Regional Coach of the Year honors by the United States Cross Country Association after the Hawkeyes won the NCAA Regional for the first time in school history and advancing to the NCAA Championships for the second time in five years. Iowa also tied a school record with five NCAA all-Region selections. In 2004, the Hawkeyes recorded their highest placing at the Big Ten Championships (3rd) and NCAA Championships (13th) under Wiecezorek. Hawkeye sophomore Micah VanDenend earned second team all-Big Ten honors with his 14th place finish at the conference meet, which was hosted by Iowa on Ashton Cross Country Course. Iowa also crowned four all-region selections in seniors Matt Esche and Tony Rakaric, and juniors Dan Haut and Adam Roche.

Since Wiecezorek was named head men's track and field coach in 1997, his plan to build a strong sprint program around a national power 1,600-meter relay, and strong throws program is being realized. In his nine years at the helm, Wiecezorek has coached NCAA Champion long jumper Bashir Yamini, 23 all-Americans, 76 national qualifiers, 43 regional qualifiers and 36 Big Ten Champions. Iowa's 1,600-meter relay won the 1999 Big Ten outdoor title and has earned all-America honors twice during Wiecezorek's tenure. The Hawkeyes recorded their highest conference indoor placing (fourth) in 1997, and their highest

team finish at the Big Ten Outdoor Championships (second) in 33 years at the 1999 Big Ten outdoor meet.

Another of Wiecezorek's goals as head coach was to create an annual outdoor home event for the Hawkeyes that would be entertaining for the community and feature outstanding competition for participating student-athletes. Now in its seventh year of existence, the annual Iowa Musco Twilight Meet is just that. Named for Musco Lighting of Oskaloosa, IA, who supplies mobile lighting equipment, the co-ed meet which featured five teams in 2005, starts in the late afternoon and extends into the night. In its first four years, the meet had produced 43 NCAA provisional qualifiers. Since the creation of the regional qualifying system in 2003, 154 competitors have reached qualifying standards.

While improving in the league standings is considered a priority, the Hawkeyes also concern themselves with performance in the classroom. Under Wiecezorek, former cross country runners Kevin Herd, Chad Schwitters and Stetson Steele earned academic all-America honors. Iowa has had an academic all-Big Ten selection each year during his tenure, totaling 53 honorees in cross country and 55 in track.

Wiecezorek came to Iowa after 11 seasons as head track coach at Proviso (IL) West High School. He also served as an assistant there for three years. His prep teams were consistent placers on the state level and several of his athletes won state titles. He served on the Illinois track advisory board and founded the prestigious Proviso Indoor Track Classic. Wiecezorek was inducted into the Illinois High School Track and Cross Country Coaches Hall of Fame in 2000.

Wiecezorek was born on September 11, 1946, in Chicago, IL. He received his B.S. degree in physical education from Iowa in 1969 and his M.S. degree in physical education from Northern Illinois University in 1973. His wife's name is Jackie.

Wiecezorek at Iowa			
Year	Indoor Big 10 Place/Champs	Outdoor Big 10 Place/Champs	Indoor/Outdoor All-Americans
1997	4th/2	9th/2	1/0
1998	5th/2	3rd/6	6/2
1999	7th/1	2nd/11	0/4
2000	8th/1	6th/1	2/1
2001	10th/0	5th/6	0/3
2002	----/--	6th/2	1/2
2003	9th/0	9th/1	0/1
2004	10th/0	10th/0	0/1
2005	10th/0	8th/1	0/
Total	--/6	--/30	10/13



2005 Iowa University of Iowa Track & Field



Hawkeyes To Watch



KINEKE ALEXANDER

SPRINTS

FRESHMAN

Glenside, Mesopotamia

St. Vincent & The Grenadines

St. Joseph's Convent Mariaqua

2005 -- Indoor - all-American, placing sixth in 400 meters (54.06) at NCAA Championships... provisionally qualified for NCAA Indoor Championships in 400 meters (53.11)... that time ranks third on Iowa's all-time best performers list... runner-up in 400 meters (54.31) at Big Ten Championships... ran anchor leg on 1,600-meter relay that placed fifth at Big Ten meet (3:48.54)... led team in 200, 400 and 600 meters, and ran on team-leading 1,600-meter and distance medley relays... won 600 meters (1:34.58) at Iowa Open and 200 meters (24.94) at Gold Country Classic... **Outdoor** - runner-up in 400 meters with a collegiate-best 52.34 at NCAA Midwest Regional to earn all-region honors and qualify for NCAA Championships... that time ranks second on Iowa's all-time best performers list and 14th in the nation... qualified for NCAA Midwest Regional in 400 meters (52.73) and as part of 400 (45.30) and 1,600-meter (3:40.34) relays... ran second leg on 1,600-meter relay that placed eighth at NCAA Midwest Regional with a season-best 3:39.67, which leads the team and ranks second on Iowa's all-time bests list... ran second leg on 1,600-meter relay that placed third at Big Ten Championships (3:40.34)... ran second leg on 400-meter relay that placed eighth at Drake Relays (45.30), which leads team and ranks fifth on Iowa's all-time bests list... won 400 meters at Mt. SAC Relays (52.73) and placed fourth at Big Ten Championships (53.89)... placed eighth in special invitation 400 meters (54.94) at Drake Relays... leads team in 200 meters (24.96).

Alexander's Collegiate Bests

Event	Mark	Meet	Date
200 meters (I)	24.94	at Gold Country Classic	1/22/05
400 meters (O)	52.34	at NCAA Regional	5/28/05
600 meters (I)	1:34.58	Iowa Open	1/15/05



TIM BRODERSEN

THROWS

JUNIOR

Vermillion, SD

Vermillion High School

2005 -- Indoor - threw collegiate-best weight throw (55-8 1/2) at Iowa Open... that mark ranks ninth on Iowa's all-time bests list... placed 18th in weight at Big Ten Championships (55-7)... **Outdoor** - placed third in discus (179-1) at NCAA Midwest Regional to earn all-region honors and qualify for NCAA Championships... qualified for NCAA Midwest Regional in discus six times... threw collegiate-best discus (190-8) at Messersmith Invite... that mark leads team, ranks third on Iowa's all-time best list and 10th in the nation... Big Ten discus champion (187-0)... won discus at Musco Twilight VII (186-0), placed second at Florida Relays (177-5) and Cal State Northridge (177-7), and placed third at Drake Relays (177-0)... academic all-Big Ten.

Brodersen's Collegiate Bests

Event	Distance	Meet	Date
Weight (I)	55-8 1/2 (16.98)	Iowa Open	1/15/05
Hammer (O)	181-3 (55.24)	Musco Twilight VI	5/1/04
Discus (O)	190-8 (58.12)	at Messersmith Invite	4/9/05



KEN KEMENY

THROWS

SENIOR

Palatine, IL

Fremd High School

Iowa Item -- met the 2004 U.S. Olympic Trials "B" standard (62-1 3/4)... **2005** -- team captain... **Indoor** - provisionally qualified for NCAA Championships in shot put at Hawkeye Open (58-11 1/2)... placed fourth in shot (58-11 1/2) at Big Ten Championships... won shot (57-5 1/2) at Iowa Open and placed second at Gold Country Classic (57-9 1/2) and Hawkeye Open (58-8 1/2)... **Outdoor** - runner-up in shot put with a collegiate-best 62-3 at NCAA Midwest Regional to earn all-region honors and qualify for NCAA Championships... that mark leads team, ranks second on Iowa's all-time best performers list and ranks



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Hawkeyes To Watch

16th in the nation... qualified for NCAA Midwest Regional in shot put five times and discus once... placed fifth in shot put (60-9 1/2) and eighth in discus (168-3) at Big Ten Championships... won shot put at Musco Twilight VII (60-5 1/4), placed second at Cal State Northridge (60-5 3/4) and Drake Relays (59-0 3/4), and sixth at Tom Botts Invite (57-5 1/2).

Kemeny's Collegiate Bests

Event	Distance	Meet	Date
Shot (O)	62-3 (18.97)	at NCAA Regional	5/27/05
Discus (O)	171-6 (52.28)	at Olympic Trials L. Chance	6/24/04



PEACHES ROACH

JUMPS

Sophomore
KINGSTON, JAMAICA
Alpha Academy

2005 -- Indoor - all-American... placed sixth in high jump (6-0) at NCAA Championships... automatically qualified for NCAA meet in high jump with school-record setting 6-0 3/4 at Husker Invite... Big Ten high jump champion (5-10 3/4)... placed fourth in 60 meters at Big Ten meet with a collegiate-best 7.45, which ranks second on Iowa's all-time best performers list... won 60 meters and high jump at Iowa Open (7.68, 5-10 3/4) and Gold Country Classic (7.56, 6-0 1/2)... **Outdoor** - runner-up in high jump with a season-best 5-11 1/4 at NCAA Midwest Regional to earn all-region honors and qualify for NCAA Championships... that mark ranks 11th in the nation... qualified for NCAA Midwest Regional in high jump (5-10 3/4), 100 meters (11.60) and as part of 400-meter relay (45.30), leading team in those events... ran second leg on 400-meter relay that placed eighth at Drake Relays (45.30), which leads the team and ranks fifth on Iowa's all-time bests list... placed second in high jump (5-8 3/4) and third in 100 meters (11.66) at Big Ten Championships... ran collegiate-best 11.60 in 100 meters during Big Ten prelims, which ranks fifth on Iowa's all-time bests list... won 100 meters (11.70) and high jump (5-10 3/4) at Messersmith Invite... won 100 meters (11.75) at Musco Twilight VII... placed third in special invite high jump (5-9 3/4) at Drake Relays... academic all-Big Ten.

Roach's Collegiate Bests

Event	Mark	Meet	Date
60 meters (I)	7.45	at Big Ten's	2/26/05
100 meters (O)	11.70	at Messersmith Inv.	4/9/05
200 meters (I)	25.23	at Gold Ctry. Classic	1/24/04
High Jump (I)	6-0 3/4 (1.85)	at Husker Invite	2/5/04



CHRIS VOLLER

THROWS

6-2, 240, SENIOR
NAPERVILLE, IL
CENTRAL

2005 -- Indoor - provisionally qualified for NCAA Championships in weight throw with a collegiate-best 62-10 3/4 at Gold Country Classic... that mark ranks fifth on Iowa's all-time best performers list... runner-up in weight throw at Iowa Open (62-2 1/4), Gold Country Classic (62-10 3/4) and Hawkeye Open (63-4), and placed third at Carle/Health Alliance Classic (60-8 1/2)... placed ninth in weight throw (62-5) at Big Ten Championships... **Outdoor** - at-large qualifier in hammer throw for NCAA Championships... placed eighth in hammer throw (195-4) at NCAA Midwest Regional... qualified for NCAA Midwest Regional in hammer throw six times... runner-up in hammer with a collegiate-best 206-0 at Big Ten Championships... that mark ranks fifth on Iowa's all-time bests list and 24th in the nation... won hammer with Musco Twilight VII (200-0), placed second at Cal State Northridge (197-8), Tom Botts Invite (196-5) and Mark Messersmith Invite (199-6), and third at Drake Relays (203-1).

Voller's Collegiate Bests

Event	Distance	Meet	Date
Weight (I)	62-10 3/4 (19.17)	at Gold Ctry. Classic	1/22/05
Hammer (O)	206-0 (62.80)	at Big Ten Champ's	4/30/05



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